

Our Lady of Mount Carmel

Sunday, May 15, 2022
Fifth Sunday of Easter



PARISH STAFF

Father Abuchi F. Nwosu Pastor
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Father Peter Oddo Weekend Assistant
Deacon Anthony Barile
Deacon Al Kucinski
Deacon Edward Muller (retired)
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WEEKEND MASSES

Saturday 5:00 pm
Sunday 7:30, 9:00 & 11:00 am

DAILY MASSES

Monday-Saturday 8:30 am (except Wednesday)
Wednesday 7:00 pm
Holy Days 8:30 am & 7:00 pm

EUCCHARISTIC ADORATION

Monday 9:00 am - 12:00 pm

SACRAMENT OF RECONCILIATION

Saturday 4:15 - 4:45 pm

SACRAMENTS OF BAPTISM, MARRIAGE & ANOINTING OF THE SICK

Please contact the office to arrange.

Masses for the Week

Saturday, May 14, Feast of St. Matthias

ACTS 1:15-17, 20-26 / JN 15:9-17

8:30 am Harold Pickens *by Parish Staff*
 5:00 pm Joseph Sciascia *by Mike & Ann Monahan*

Sunday, May 15

ACTS 14:21-27 / REV 21:1-5a / JN 13:31-33a, 34-35

7:30 am Fr. Patrick O'Reilly *by Parish Staff*
 9:00 am Marie Curulli *by Parish Staff*
 11:00 am Michael Lamperello *by Patricia Cholasta*

Monday, May 16

ACTS 14:5-18 / JN 14:21-26

8:30 am Lanita Gonzales Ramos *by Parish Staff*

Tuesday, May 17

Acts 14:19-28 / JN 14:27-31A

8:30 am Intentions and God's blessings for Fr. Angelus Croce and Fr. Peter Oddo *by Parish Staff*

Wednesday, May 18

ACTS 15:1-6 / JN 15:1-8

7:00 pm Eleanor Sylvester *by Parish Staff*

Thursday, May 19

ACTS 15:7-21 / JN 15:9-11

8:30 am Barbara Froetscher *by Parish Staff*

Friday, May 20

ACTS 15:22-31 / JN 15:12-17

8:30 am James Hamilton McCheyne *by Tommy & Pauline Schoonover*

Saturday, May 21

ACTS 16:1-10 / JN 15:18-21

8:30 am Frank Roehrig, Sr. *by Frank Roehrig, Jr.*
 5:00 pm Richie Joseph *by Catherine Joseph*

Sunday, May 22

ACTS 15:1-2, 22-29 / REV 21:10-14, 22-23 / JN 14:23-29

7:30 am Bart J. Mele *by Parish Staff*
 9:00 am Joe Sciascia *by Parish Staff*
 11:00 am Patricia & Domingo Medina *by Corpus Family*

Please Remember To Pray For The Following:



Colleen Apter, Ted Cassera, Matt Chapkosky, Fr. Angelus Croce, Stephanie Cuomo, John, Emma Finnegan, Jason, Patricia Johnson, Henry Kochanski, Bruce Konar, Susanne Martone, Mike Maldonado, Deacon Ed Muller, Yvette Murphy, Fr. Peter Oddo, Madelyn Patton, Don Poling, Rosemary Sciascia, George Shammass, Stephanie, Charles Sullivan, Constance Van Hoven, James Welden

This Week the Sanctuary Lamp Burns for God's Blessings and Intentions for Fr. Angelus Croce and Fr. Peter Oddo



A GOOD STEWARD

May 8 -----	\$ 2,591.00
Online Giving -----	\$ 490.00
Diocesan Assessment -----	\$ 615.00
Online Giving -----	\$ 95.00

Thank you for your generosity!
Next weekend's 2nd collection is for Holy Father Peter's Pence

WOMEN AND MEN OF THE ARMED FORCES

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love:
 Captain Jason Gieniewski, US Army.



Scripture Message May 15, 2022

John's Gospel does not present a sentimental view of love. This is a type of love that is shown in service and sacrifice. It is difficult to choose to love when faced with hatred and anger. Jesus tells the disciples that all will know that they are his disciples because of the love they show for one another. This description of the early Christian community will be repeated in the Acts of the Apostles: "See how they love one another." Christian love is the hallmark of Christianity.

*Quote of the week: "I give you a new commandment, says the Lord: love one another as I have loved you."
– John 13:34*



First Communion
Congratulations to our Communicants who received the Sacrament of First Holy Communion on Sunday, May 8



The Secret to raising kids who stay Catholic

by Michael Rennie

Is there a magic parenting formula to ensuring your children practice the Catholic faith as adults?

To say yes to something, to give yourself to it, is a dangerous agreement. And yet, all of us, every single one of us, make agreements. We give little pieces of ourselves away to marriage, parenting, friendships, passions, and dreams. It's dangerous, but necessary. Self-gift is what it means to love. Without giving ourselves away, we're nothing.

One of the most reckless endeavors I've personally undertaken was becoming a father. The instant that first, squishy-faced child was born, she had me wrapped around her finger. I was a goner. **Taking up the challenge to love my children has drawn an entirely new man out of me.**

My children are still young. All of them live at home, each in their own way busy stretching their legs and shaking the moisture from their wings. They're still very much under the influence of the domestic life their mother and I have created for them, but once it's time for the first one to leap from the nest I suspect I'll be a wreck.

When I was a young father, I would ask questions of more experienced fathers. I wanted their parenting secrets. Now that I'm more experienced myself, younger fathers ask me those same questions I once asked. I'm not an expert by any means, but I'm comfortable with at least identifying the mistakes I've made and explaining what *not* to do.

In that sense, I feel more certain than 15 years ago. However, **there's still one question I regularly ask of older parents, those who have adult children: How did you raise children who are still faithful, practicing Catholics?** To be continued next week.

OLMC Garage Sale Saturday, May 21 9-5

We are joining the Stillwater Garage Sale Weekend. Proceeds to benefit church capital improvements. Next drop off dates are Thursday, May 19 and Friday, May 20 11-6. Items in good condition only. Sign-up sheets at the doors for volunteers. PLEASE SEE fliers at church doors, website and Facebook page for guidelines and additional information. Any questions call Patricia (973) 862-7385 or Dina (973) 670-3520

When the bread and wine become the Body and Blood of Christ, why do they look and taste like bread and wine?

In the celebration of the Eucharist, the glorified Christ becomes present under the appearances of bread and wine in a way that is unique, a way that is uniquely suited to the Eucharist. In the Church's traditional theological language, in the act of consecration during the Eucharist the "substance" of the bread and wine is changed by the power of the Holy Spirit into the "substance" of the Body and Blood of Jesus Christ. At the same time, the "accidents" or appearances of bread and wine remain. "Substance" and "accident" are here used as philosophical terms that have been adapted by great medieval theologians such as St. Thomas Aquinas in their efforts to understand and explain the faith. Such terms are used to convey the fact that what appears to be bread and wine in every way (at the level of "accidents" or physical attributes - that is, what can be seen, touched, tasted, or measured) in fact is now the Body and Blood of Christ (at the level of "substance" or deepest reality). This change at the level of substance from bread and wine into the Body and Blood of Christ is called "transubstantiation." According to Catholic faith, we can speak of the Real Presence of Christ in the Eucharist because this transubstantiation has occurred (cf. *Catechism*, no. 1376). This is a great mystery of our faith—we can only know it from Christ's teaching given us in the Scriptures and in the Tradition of the Church. Every other change that occurs in the world involves a change in accidents or characteristics. Sometimes the accidents change while the substance remains the same. For example, when a child reaches adulthood, the characteristics of the human person change in many ways, but the adult remains the same person—the same substance. At other times, the substance and the accidents both change. For example, when a person eats an apple, the apple is incorporated into the body of that person—is changed into the body of that person. When this change of substance occurs, however, the accidents or characteristics of the apple do not remain. As the apple is changed into the body of the person, it takes on the accidents or characteristics of the body of that person. Christ's presence in the Eucharist is unique in that, even though the consecrated bread and wine truly are in substance the Body and Blood of Christ, they have none of the accidents or characteristics of a human body, but only those of bread and wine.



**Stillwater Township's Memorial Day
Observance Ceremony**

Please join your neighbors this Memorial Day on Monday May 30, 2022 at 10:00am to honor and remember all those who have served our country to ensure our rights and liberties as Americans. The Memorial Day ceremony will be at Veterans Memorial Park on Pond Brook Road. All veterans are encouraged to participate. If you have any questions, please call Lou at 862 268 3553.

*Heavenly Father,
On this Memorial Day, we pray for those who courageously laid down their lives for the cause of freedom. May the example of their sacrifice inspire in us the selfless love of your Son, our Lord Jesus Christ. Bless the families of our fallen troops and fill their homes and their lives with your strength and peace. We pray through Christ our Lord. Amen.*

**Come and spend some time with me
Adoration Every Monday 9am-12pm**

This is a personal invitation to you from Jesus. Jesus waits for us in this sacrament of love. If Jesus were actually visible in church, everyone would run to welcome Him, but He remains hidden in the Sacred Host under the appearance of bread, because He is calling us to faith, that we many come to Him in humility.

"The Blessed Sacrament is the 'Living Heart' of each of our churches and it is our very sweet duty to honor and adore the Blessed Host, which our eyes see, the Incarnate Word, whom they cannot see." (Pope Paul VI, Credo of the People of God)

Just as you can't be exposed to the sun without receiving its rays, neither can you come to Jesus exposed in the Blessed Sacrament without receiving the divine rays of His grace, His love, His peace.



When your life is over what legacy will you leave behind?

When people are on the death bed or final days or hours of their lives some remarkable confessions are made. However, no one on their deathbed says, "I wish I would have spent more time at the office." You will rather hear how they wish they could spend more time with their loved ones. Today as we reflect on the final hours of our Lord, our reflection this week should be, "When your life is over what legacy will you leave behind? What kind of investment are you making right now to the future of the world, your family, your church and your friends? Do you realize the only true and worthwhile investment that pays the biggest dividend is when you invest your life in your family and others? What if you knew that you had only 24 hours to live? What would you do? Where would you go? What would you say in the brief time you had left on this earth? And also, with whom would you spend those precious few hours? I think most of us, when faced with such news, would drop all the unimportant things from our task list, and delete all the marginal people from our appointment book. And we would be left with just a very few precious people, and the decision on how to spend the last hours of our life with them.

Now consider the stories of that tragic day, September 11, 2001, we read of those who rode the doomed hijacked airliner that would ultimately crash into a Pennsylvania field, or those who were trapped in the upper floors of the World Trade Towers. In these stories, the victims had several hours to contemplate their impending death. Thanks to cell phones, many of them had the chance to call their loved ones. The stories of those calls will break your heart, for they are each stories of courage and love. In each call, the victims called their loved ones to say goodbye, and to say over and over again, "I love you." No one called to check on their investments, or to find out the latest sports news. In times like these, there are no trivial pursuits."

Let's reflect now on the last hours of Jesus's life. According to the gospel accounts, Jesus knew during the Last Supper that he would be killed within 24 hours. Our reading today from Saint John's gospel is taken from that final period of time. What did Jesus do? What did he say in those last moments? First, he took the time to perform some crucial symbolic acts. According to Mark, Luke and Matthew, Jesus used that last evening with the disciples to institute the Eucharist. "This ultimate mystery of faith, which forms the cornerstone of Christian worship, was established during that final calm before the storm in Jesus' life. And it is in this Supper, as the bread and wine are transformed into the body and blood of our Lord by the power and presence of God, that we experience our complete communion with God, and with the Church universal. What a powerful gift Jesus left us in those final hours!" "Foot washing experience was another gesture rich with symbolic significance for the Church. With this act Jesus focused the attention of the disciples on the quality of their relationships with each other, even as the Eucharist focused them on their relationship with Christ. He called them to offer service to one another. The same night he offered prayers for the unity of the apostles so that they will become one like He and the Father are one.

In addition, Jesus took the time to offer last words of encouragement and challenge as he speaks to them about his imminent departure. "And last of all, Jesus left the disciples with a final legacy. He left them in charge of continuing his mission, of establishing his Church. What an incredible trust Jesus must have had in them, and in us? But instead of laying out elaborate details of Church governance, or discipline, or organization, He offers them, as a sort of going-away present, a new commandment. "Love one another and by this everyone will know that you are my disciples," he said. "To love as Jesus loved would create an entirely new kind of community." The apostles responded to this love when they opened doors of faith to welcome the Gentiles as recorded in the first reading.

"As I have loved you, so you also should love one another." Those words may be among the most familiar, most comforting, in all of scripture. What Jesus commands here is not only that we love one another, but that we love one another as he loves us. I think most of us, if we are honest with ourselves, have to admit that we continually fall short of loving people like that. So, how is it that we are to love? How can we beat the odds that seem to doom every marriage, every family relationship, to conflict and jealousy? Maybe it is by maintaining some silence – refraining, just once, from calling the guy in the next cubicle at work an idiot or calling others bad names. Maybe it is by sacrificing your time – time spent listening to someone no one else will listen to, giving attention, offering support or friendship or consolation. Maybe it is by practicing forgiveness – letting go of rage or vengeance or hate, with Christ's words echoing in our heart: "As I have loved you so you also should love one another." St. Paul summarizes another aspect of this Christian love in his letter to the Corinthians. Everything we do in life must spring from love. Without love it is pointless. Love is kind and patient, endures all things and bears all things (1 Corinthians 12:31-13:8a). Spend the rest of your life with your family and people caring and loving them as Jesus loves you.

– Fr. Abuchi