

# *Our Lady of Mount Carmel*

Sunday, June 12, 2022  
The Most Holy Trinity



## **PARISH STAFF**

Father Abuchi F. Nwosu .....	Pastor
fatherabuchi@aol.com	
Father Peter Oddo .....	Weekend Assistant
Deacon Anthony Barile	
Deacon Al Kucinski	
Deacon Edward Muller (retired)	
Dan Salvatore.....	Coordinator of Religious Education
Caroline Mazzola .....	Secretary
Ann Johnson .....	Secretary

## **PARISH OFFICE**

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## **RELIGIOUS EDUCATION OFFICE**

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## **YOUTH MINISTER**

Aneesha Be graft .....	mtcarmelyouths@gmail.com
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## **DEACON AL KUCINSKI CONTACT INFORMATION**

(973)383-4158 ..... [askts@ptd.net](mailto:askts@ptd.net)

## **KNIGHTS OF COLUMBUS, Council 9920**

Vincent Kornmeyer .....	Grand Knight
<a href="mailto:olmckofc9920@gmail.com">olmckofc9920@gmail.com</a>	

## **WEEKEND MASSES**

Saturday .....	5:00 pm
Sunday.....	7:30, 9:00 & 11:00 am

## **DAILY MASSES**

Monday-Saturday.....	8:30 am (except Wednesday)
Wednesday .....	7:00 pm
Holy Days .....	8:30 am & 7:00 pm

## **EUCARISTIC ADORATION**

Monday .....	9:00 am - 12:00 pm
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## **SACRAMENT OF RECONCILIATION**

Saturday .....	4:15 - 4:45 pm
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## **SACRAMENTS OF BAPTISM, MARRIAGE & ANOINTING OF THE SICK**

Please contact the office to arrange.

## Masses for the Week

### Saturday, June 11 – Memorial of Saint Barnabas, Apostle

ACTS 11:21B-26; 12:1-3 / MT 5:33-37

8:30 am God's Blessing & Healing for

Thomas Trogani

by Mark Boettcher

5:00 pm Barbara Froetscher

by Parish Staff

### Sunday, June 12 – The Solemnity of the Most Holy Trinity

PRV 8:22-31 / ROM 5:1-5 / JN 16:12-15

7:30 am Mike & Phyllis Peragino

by Pat Rumsey

9:00 am Marie Curulli

by Dan & Dina Salvatore

11:00 am Rhona Prior

by John & Katrina Prior

### Monday, June 13 – Memorial of Saint Anthony of Padua, Priest & Doctor of the Church

1 KGS 21:1-16 / MT 5:38-42

8:30 am All Our Sick Parishioners

by Parish Staff

### Tuesday, June 14

1 KGS 21:17-29 / MT 5:43-48

8:30 am In Memory of William Muller

by Dcn. Ed & Mary Lou Muller

### Wednesday, June 15

2 KGS 2:1, 6-14 / MT 6:1-6, 16-18

7:00 pm Anne Savacool

by Liz & Joe Ryan

### Thursday, June 16

SIR 48:1-14 / MT 6:7-15

8:30 am Barbara Froetscher

by Froetscher Family

### Friday, June 17

2 KGS 11:1-4, 9-18, 20 / MT 6:19-23

8:30 am God's Blessings on Nancy Derbyshire &

Paul Di Gasbaro

by Valerie Derbyshire

### Saturday, June 18

2 CHR 24:17-25 / MT 6:24-34

8:30 am Sylvia Arotin

by Masino Family

5:00 pm All OLMC Father's Living & Deceased

### Sunday, June 19 – The Solemnity of the Most Holy Body and Blood of Christ

GN 14:18-20 / 1 COR 11:23-26 / LK 9:11B-17

7:30 am All OLMC Father's Living & Deceased

9:00 am All OLMC Father's Living & Deceased

11:00 am All OLMC Father's Living & Deceased

### Please Remember To Pray For The Following:



Colleen Apter, Ted Cassera, Matt Chapkosky, Fr. Angelus Croce, Stephanie Cuomo, John, Emma Finnegan, Jason, Patricia Johnson, Henry Kochanski, Bruce Konar, Susanne Martone, Mike Maldonado, Deacon Ed Muller, Yvette Murphy, Fr. Peter Oddo, Madelyn Patton, Don Poling, Rosemary Sciascia, George Shammas, Stephanie, Charles Sullivan, Thomas Trogani, Constance Van Hoven, James Welden

### This Week the Sanctuary Lamp Burns for Peggy Streeter



### A GOOD STEWARD

June 5 ----- \$ 3,030.00

Online Giving ----- \$ 640.00

\*This weekend's 2<sup>nd</sup> collection is for Diocesan Assessment

Thank you for your generosity!

### WOMEN AND MEN OF THE ARMED FORCES

We ask God the Father, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces. May they be brought back safely to those whom they love:

Captain Jason Gieniewski, US Army.



### Scripture Message June 12, 2022

This weekend's passage on Trinity Sunday reinforces our understanding of the unity shared by the members of the Trinity. Although the idea of one God in three persons remains a mystery, we have the assurance that, as Jesus and the Father share all, Jesus and the Spirit share all.



### Prayer of adoration to the Holy Trinity

Each day we can draw closer in our relationship with God, offering up prayers to the Holy Trinity.

Here is one such prayer, sometimes referred by its Latin name, *O Sanctissima Trinitas*.

*O most Holy Trinity,  
I adore you who dwell by your grace in my soul.  
Sanctify me more and more, make me love you more  
and more, abide with me evermore and be my true  
joy. Amen.*

### Don't take Summer vacation from God

The summer is already here. Of course, it is a great time. There are vacation plans, Sunday brunch, holidays, family reunions, and trips to the lake, beach or mountains. It's summer and everyone gets to play. Kids are off from school and sleep in, you read your summer novel, you meet friends for dinner, and it feels like everyone can breathe a sigh of relief from routine and busy schedules.

It's tempting to schedule weekend getaways and forget about church. But Church doors will always be open and there is daily Masses and Sunday Masses. People will say it doesn't hurt to miss a week or two. And while weekly Mass attendance doesn't make you holy, or earn you points with God, it is our best hope for growth in grace. And it does draw you closer to God. What's the purpose of vacation if not to reconnect with family? What's the purpose of summer activity if not to connect with friends and loved ones? And our relationship with God is no different. Use the blessing of slower schedules, beautiful weather and longer days to nurture your relationship with God too. Summer offers us so many opportunities to grow in our faith. If you take advantage of it, you may just find you have a better summer than you ever imagined you would!

We wouldn't expect our bodies to stay healthy if we binged on sugar or never exercised. We can't expect our souls to stay healthy either when we don't feed our spirits the Word of God and experience Him in Eucharistic celebration. As you enjoy your Summer break, please make some time and join us to pray together at weekday Masses and Sunday Masses.

**Quote of the week:** “I am the living bread that came down from heaven. Whoever Eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.” – John 6:51



**The Knights of Columbus, Our Lady of Mt. Carmel Council # 9920** will once again award a Scholarship to a member of Our Lady of Mt. Carmel Parish for the academic year 2021-

2022, in memory of Brother Knight, Joseph A. Lacovara. Applications are available on the table by the front doors of the church. Please read the instructions carefully and return the application by July 24th, 2022. If there are any questions, please ask one of the Knights, or email [olmckofc9920@gmail.com](mailto:olmckofc9920@gmail.com).

Also, The Knights are conducting a 50/50 raffle to help fund the scholarship. Tickets are \$5.00 each, or 5 tickets for \$20.00. Tickets are available at the doors of the church.

### Prayer to St. Anthony to find an item that was lost

Losing or misplacing something can be quite



frustrating. Especially when you lose an item or object that you urgently need. **The good news is that St. Anthony of Padua is here to help.**

**Saint Anthony is widely known as the “Patron Saint of Lost Things.” It all goes back to a story from his life. A novice stole a book of Psalms he had. When St. Anthony prayed to God for it to be recovered, the novice returned it to him.**

**Here is a popular prayer to St. Anthony to recover a lost item, as well as a catchy rhyme that is easy to memorize.**

St. Anthony, perfect imitator of Jesus, who received from God the special power of restoring lost things, grant that I may find [name the item] which has been lost. At least restore to me peace and tranquility of mind, the loss of which has afflicted me even more than my material loss. To this favor, I ask another of you: that I may always remain in possession of the true good that is God. Let me rather lose all things than lose God, my supreme good. Let me never suffer the loss of my greatest treasure, eternal life with God. Amen.



### The saints of June offer words of wisdom about the love of Christ on the Cross

*The month of the Sacred heart of Jesus is an opportunity to reflect on God's great love and mercy.*

During June, the month dedicated to the Sacred Heart of Jesus, we are reminded of Christ's totally unguarded, sacrificial love each time we look at that Heart. Let us be inspired to share the depth and beauty of His Passion and sacrifice with others, and let us turn to the wisdom of four great saints this month who can inspire us to do this.

**All of these saints were so consumed by their love for Christ that they spoke with great poetic beauty and truth about the depth of the Lord's sacrificial love through images: a door, a lamb, a cross, and a tree.**

#### June 22 – John Fisher, Bishop and Thomas Moore, Martyrs

Saint John Fisher was born in 1469. After completing his theological studies at Cambridge in England, he was ordained to the priesthood. Appointed bishop of Rochester, he led a most austere life and fulfilled his pastoral role by frequently visiting the faithful. He also composed works against the errors of the time.

St. Thomas More was born in 1477 and was educated at Oxford. He married and had one son and three daughters. While Chancellor in the King's Court, he wrote works on the governance of the realm and in defense of the Faith.

Both were beheaded in 1535 by order of King Henry VIII, whom they had resisted in the matter of his divorce: John Fisher on June 22 and Thomas More July 6. While detained in prison, Bishop Fisher was named to the College of Cardinals of the Holy Roman Church by Pope Paul III.

#### June 23 — The Nativity of St. John the Baptist

John the Baptist was born to Zachariah and Elizabeth, who was past her childbearing years, but this was made possible by God's grace. The angel Gabriel visited the couple to bring this news and to make it known that the child should be called John. He baptized his followers, and instructed His followers to follow Jesus; they became the first Christians. On the day of the Baptism of the Lord, when John recognized Christ, John told Him "I ought to be baptized by thee, and comest thou to me?"

In the words of St. John the Baptist in John 1:29: "Behold the Lamb of God; behold Him who taketh away the sin of the world!"

**To honor these words, it is important that we pay special attention to them during the Liturgy of the Eucharist each time we are at Mass.** St. John the Baptist tells us to "Behold!" and so let us be sure to look up at the Host as the priest raises it, and behold Our Lord and Our God. We should teach our children to do the same.

#### June 28 — St. Irenaeus (died 202)

St. Irenaeus was the second bishop of Lyons. He was heavily influenced by his mentor, St. Polycarp, who had known the apostles. As Gnosticism spread and was a threat to Christianity, the brilliant St. Irenaeus wrote a five-book series revealing the errors of gnosticism and refuting it perfectly. His work was the death-blow to gnosticism.

This Father of the Church knew how to defend and promote the faith. In the words of St. Irenaeus: "Just as a tree was the cause of the curse, so also we were saved through a tree: the cross."

To be reminded of this and honor the words of St. Irenaeus, plant a garden around a tree with a garden cross or religious statue beneath, and teach your children this quote.

Saints of June, as we seek and savor your words of wisdom, pray for us!

#### Annual Corpus Christi Food Collection for the Poor

This is reminder that weekend, the Feast of Corpus Christi, our parish will participate in a Diocesan-wide food collection for the poor. This collection sponsored by Catholic Charities and authorized by Bishop Sweeney and will help offer assistance to those most in need right in our communities. The entire Diocese of Paterson will join together in this effort.

More people are seeking the help of Catholic Charities, Diocese of Paterson's Food Pantries than any time in their 80-year history.

Our parish has been asked to provide canned carrots, peas, mixed vegetables and paper towels. Kindly bring your food donations with you at Mass next weekend and deposit them in the Church hall.

Monetary contributions will also be accepted.

This is a reminder to be prepared on that day to help address the needs of the poor in our Diocesan Community.



## HOLY TRINITY - It is a mystery beyond human understanding but also has confounded and challenged theologians for centuries.

This week we return to the liturgical season of Ordinary Time. This Sunday and next Sunday, however, are designated as solemnities, special days that call our attention to central mysteries of our faith. Today we celebrate the Solemnity of the Most Holy Trinity. As the Catechism of the Catholic Church rightly expresses it: "The mystery of the Holy Trinity is the central mystery of Christian faith and life" (number 234). This Solemnity invites us to reflect on some parts of Jesus' farewell speech. At first, he spoke to the apostles that he would return to the Father. Near the end of his speech he promised to be with them until the end of time. In addition, he promised that he and the Father will send the Holy Spirit, as an advocate and a comforter, to teach and remind the apostles of everything he taught them. So, this feast invites us to consider what we believe about God, who has revealed himself to us in the Trinity—one God in three persons.

The verses of today's Gospel come near the end of Jesus' long discourse at the Last Supper. In the early part of this discourse, Jesus offers assurances to the disciples. Even though he must leave the disciples, he tells them that they will have a future because of the help he will send them in the Holy Spirit. In this section he focuses more on the shape of the future, which will include Jesus' victory over the world that they will share in. The disciples of Jesus cannot know the future. They can only know that, whatever shape the future takes, they will not have to face it alone. They have the Spirit of Truth, who will continue to provide the teaching of Jesus in the future. Reading this passage on Trinity Sunday reinforces our understanding of the unity shared by the members of the Trinity. The idea of one God in three persons remains a mystery. This mystery, that is, the notion of one God in three persons has confounded and challenged theologians for centuries.

"But you don't need to grasp the theology to understand something fundamental about the Trinity and this feast. It is this blessed truth: God does not forsake us. He is with us, "until the end of the age." He is not detached from us. The God who created us is the same God who suffered with us and redeemed us—and he is the same God who dwells with us now in the Spirit of wisdom and wonder and hope. Through it all, across the ages, God is with us. The Trinity is a mystery, yes. But what isn't a mystery is the reality of God's love. It is constant. And it goes on—just as the gospel goes on. That is what Jesus wanted his followers to know."

The Holy Trinity is a mystery of unity, being indivisible, meaning the Trinity cannot be divided, yet at the same time composed of three Persons, Father, Son and Holy Spirit, as we said at the beginning. In other words, "We do not confess three gods, but one God in three persons" (Catechism of the Catholic Church, number 253). In Matthew's gospel, Jesus also clearly spoke about the unity of the Holy Trinity in his parting message to his apostles which concludes with the words: "Go therefore and make disciples of all nations," Jesus told his followers, "baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I have commanded you." There are two things that strike me about this: first "teaching them to observe all that I have commanded you." Teaching the world, in other words, to clothe the naked, feed the hungry, to shelter the homeless. Teaching those "disciples of all nations" to "love one another as I have loved you."

"Thus, the Holy Trinity is above all a mystery of love and the complete expression of the love of God, which in turn transforms those who come to God, who live and die in God." The unity in diversity of the Holy and Blessed Trinity is all-inclusive, meaning each and every human being is welcome to partake of the life of the Trinity."

On the Feast of the Holy Trinity, we should ask ourselves, "How can we live in harmony and peace with each other in our family, in our workplace and in this faith community? How can we work together corporately as the Holy Trinity does?" As long as we are on earth, that command is still a challenge for us. My dear friends, each of us has to live the doctrine of the Holy Trinity by building love and harmony. Many people ask: what is God's will in my life at this moment of my life? I respond: to live in harmony with your family, with your neighbors, with your coworkers, and with your friends, etc. This is how we can change our world and also evangelize unbelievers around us. Like the Blessed Trinity, we have to show our love and harmony in where we live and work. Unbelievers have to see the Trinity love in our caring and charity for each other. — Fr. Abuchi