



# ST. HELENA ST. PATRICK &

WELCOME TO OUR PARISHES!



## 3<sup>rd</sup> SUNDAY IN ORDINARY TIME

“Come after me,  
and I will make you  
fishers of men.”  
- Mt 4:19

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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JANUARY 26, 2020

### CONTACT US |

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**St. Patrick Catholic Church**  
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Fullerton, ND 58441

**Rev. Jason Asselin, J.C.L.**

[sthelenascatholicparish.org](http://sthelenascatholicparish.org)

### LIVE THE LITURGY

Do you feel overly oppressed or burdened by life's demands or feel unsettled and anxious about where you find yourself? Many walk through life carrying very heavy sacks on their shoulders and are weighed down by them. Moments of joy and light are far and few between, with darkness and disappointment being more the norm. God desires that we live in light and experience joy. Christ has revealed this to us. Often, we give the world and things we have created too much power over us. We lose our sense of playfulness and freedom and allow other people and things to define and influence us. We are asked to reclaim ourselves today and realize that we are being asked to spread the Gospel of joy. Are we able and willing to do this?

**Parish Potluck Today following 10:30 Mass & Rectory Open House with refreshments and desserts.  
All are invited!**



## ST. HELENA PARISH

### Mass Schedule

**Saturday** (vigil) 7pm  
(Prince of Peace Care Center)

**Sunday** 8:30am (1st, 3rd, 5th Sundays)

10:30am (2nd, 4th Sundays)

**Tue–Fri** 8:00am

### Confession Schedule

**Saturday** 1:30-2:30pm

**Sunday** Before 8:30 am mass  
(1st, 3rd, 5th Sundays)

**Tues–Fri** Before 8:00 am daily  
Mass | By appointment, call  
parish office



## ST. PATRICK PARISH

### Mass Schedule

**Sunday** 10:30am  
(1st, 3rd, 5th Sundays)

8:30 am (2nd, 4th Sundays)

**Thursday** 9:00am

### Confession Schedule

**Sundays** after 10:30 am Mass  
By appointment - call parish  
office

## FROM OUR PASTOR

### Living in DC: Reflections on the March for Life

The Priesthood has brought me to many places. Before I moved to Ellendale, I was asked to complete a degree in Church law in Washington, DC. The mere mention of this city probably stirs-up many responses, especially during an election year! Today I simply offer my reflections on living in DC and participating in the March for Life.

Finding solitude and quiet in a big city is challenging. A benefit of living near Catholic University of America was the towering Basilica of the National Shrine of the Immaculate Conception. This enormous church provided many quiet places to pray and unwind from the stress of academic life. The number of small chapels dedicated to the Blessed Mother is seemingly endless. However, during the annual March for Life, the basilica would be filled with constant streams of young people from all over the country. I recall the amazement on the faces of pilgrims from our own diocese, many of whom were on their first trip away from home.

Airport runs were expected. I was called upon to get the bishop, drop him off at his hotel, and other errands as needed. A comical experience revolves around one of the famous DC roundabouts. I had two bishops in the car; we drove around at least that many times before I found the correct street! The only comment I received was "I'm glad you're driving," and, "as long as we make it to the airport on time is all that matters." Very gracious passengers to a stressed-out driver! Another driving experience ended differently.

I attempted to visit the travelers from Holy Spirit Church in Fargo. The group

was staying across the river in Virginia. I hailed a cab and got in. After asking the driver if he would take a credit card, it was clear that he didn't want to go as far as I desired. So, after giving me the riot act for wanting to use a card, he let me out in the middle of the nightlife of Downtown DC. Luckily, I knew my way to the Metro station and went home. The next day, after the March, I drove myself to Virginia to spend time with the familiar faces from Fargo. It was beautiful to hear the students talk about their experiences. They were excited to be included in such a large crowd of people making a peaceful statement. Some were shocked by the violent opposition and the vulgarity of their actions. Others were shaken by the realistic images of abortion that were present alongside one of the streets. Although the cold weather was nothing compared to ND, it was evident that their lives were touched and even changed.

The March for Life is seldom televised on the major news outlets. When it is covered, the youthfulness, joy and warmth of the attendees is passed over. Such reporting would hardly be able to capture the happiness that is found in the dark and dreary metro stations days before the March as the large crowds begin to arrive. Bringing it all back home, think about how often our routines are interrupted, and how many challenges and trials we face. Finding peaceful moments and getting where we want to go are not always easy. Be comforted by the words of the prophet Jeremiah: "Before I formed you in the womb I knew you... I appointed you a prophet to the nations" (Jer 1:5). Where and how is God calling you to stand up for the gift of human life? Fr. Asselin

## SACRAMENTS

### Matrimony

Those preparing for marriage must contact Fr. Asselin at least six months prior to the wedding date.

### Baptism

To schedule a baptism please contact the parish office.

### Anointing of the Sick

This sacrament is available anytime. Talk with the priest before or after Mass, or call the parish office to make an appointment. Don't hesitate to call, especially if you are preparing for a medical procedure or surgery.

### Why is the Church called apostolic?

The Church is apostolic because she is founded on the apostles, holds fast to their Tradition, and continues to be governed by their successors. (Catechism 857).

## PARISH EVENTS CALENDAR |

- 1/26—New Parishioners Potluck & Rectory Open House, following the 10:30 Mass
- 2/9—Food Pantry Volunteers 10:00-12:00
- 2/12—Parent Meeting for Confirmation 6:30pm

- o Fr. Asselin will be out of town from Jan 31-Feb 6. Please contact Fr. Miller in Edgeley for emergencies.
- o Parent Meeting for Confirmation is rescheduled to Wednesday, February 12.



### Help for Hurting Marriages

Retrouvaille is an international, peer-run program that has helped hurting married couples turn the tide, find new hope, and rediscover the love that initially brought them together. A weekend retreat will be held **February 7-9, 2020 in Fargo.** For more information visit [HelpOurMarriage.com](http://HelpOurMarriage.com) Call (701) 356-7962 email us at: [redriverretrouvaille@fargodiocese.org](mailto:redriverretrouvaille@fargodiocese.org)

### Women's Conference

**Save the Date: Mar. 27-28, 2020**

The conference begins Friday evening, Mar. 27, at the Fargo Avalon Events Center. The Vigil Project will guide you in worshipping Our Lord during Eucharistic Adoration, followed by a social hour. Saturday, Mar. 28, you will gain a new perspective on your femininity in relation to God and others through speakers, as well as Mass with Bishop Folda, confession, and fellowship with other women. Register by March

1, \$50 (after March 1, \$75). All food and refreshments included. For more information and registration: [fargodiocese.org/RedeemedWomen](http://fargodiocese.org/RedeemedWomen)

### Stress Management for Farmers

Catholic Charities North Dakota is pleased to announce that our Counseling Services team will be offering a series of presentations on stress management for farmers, ranchers and rural communities. For information visit [catholiccharitiesnd.org/](http://catholiccharitiesnd.org/) Presentations are scheduled in the following locations:

Rugby at Rugby High School Auditorium at 7pm on February 22, 2020 with Clinical Therapist Erin Rocheleau, MA, LPCC.

Casselton/Fargo TBD in January or February of 2020 with Clinical Therapist Kim Fritel MS, LPCC.

### Offering Envelopes

Have you picked up your offering envelopes for the new year? They

## VOLUNTEER OPPORTUNITIES

### Help Needed

St. Helena's is staffing the food pantry in February. Volunteers are needed on Feb. 8 & 22 from 10am to Noon. Three or four people are needed for each date. Please contact Michele Thorpe if you are able to help.

are available in the church entryway. Take your box home today.

### Religious Art Calendars

Bring some beautiful artwork into your home for free! 2020 religious art calendars are available in the church entryway. Compliments of Hoven Funeral Home.

### Connect with us on FLOCKNOTE

We use Flocknote to communicate important information about parish events. Receive text messages or emails, join the groups you want. You can Text to Join. Text the word: Helena to: 84576 or visit: [flocknote.com/sthelena1](http://flocknote.com/sthelena1)

### Registering for FORMED is easier than ever:

Go to [formed.org/signup](http://formed.org/signup) Select your parish Register with your name and email address Check that email account for a link to begin using FORMED

**NEW CONFESSION SCHEDULE:** Saturdays, 1:30-2:30pm in Ellendale (temporary change due to travels to Ashley)

## ST HELENA MINISTRY SCHEDULE

### Sunday February 2 (8:30 am)

Usher	Darell Wall
Collection	Dave Eberle
Lector	Daryl Monette
EMHC	Lori Wald
Gift Bearers	Thielges Family
Altar Servers	Tiahna W, Nicolas S, Macy N

### St. Helena Breakfast Servers

Feb. 2	Isaiah & Levi R, Emily O, Isabelle G
Feb. 16	Cindy F, Charlotte G, Kay K, Linda G

## WEEKLY GIVING

### Sunday, January 19

Adult	\$1365.00
Children's	\$5.00
Plate	\$15.00
Total	<b>\$1385.00</b>

**Thank you for your generosity!**

### End of Year Statements

If you would like your 2019 statement for tax purposes, a sign up sheet is available in the church entryway. Statements will only be printed upon your request.

## ST. PATRICK MINISTRY SCHEDULE

### Sunday February 2 (10:30 am)

Lector	Chuck
Gift Carriers	Alivia and Allen Lacina
Altar Servers	Boston, Lennon

### For the Month of February

Breakfast Server	Ruby and Virginia
Collection Counters	Alan Gramlow, Steve Peterson
Church Cleaners	Linda and Christy
Altar Society Meeting	Following Mass on Feb 9

**Advertiser of the Week**  
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## WEEKLY MASS INTENTIONS

Tue. Jan 28

8:00 am †George Gross

Wed. Jan 29

8:00 am George Ryan

Thu. Jan 30

8:00 am (St. H) †Cathy &amp; †Leo Schatz

9:00 am (St. P) **No Mass**

Fri. Jan 31

8:00 am **No Mass**

Sat. Feb 1

7:00 pm Philanne Lux

Sun. Feb 2

8:30 am (St. H) †Mark Wanzek

10:30 am (St. P) For the Parishioners

Holy Father's Prayer Intention for  
January

## Promotion of World Peace

That Christians, followers of other religions, and all people of goodwill may promote peace and justice in the world.

## Weekly Prayer of the Faithful Petitions

That we may faithfully follow Jesus, wherever and whenever He calls.



## Please Pray

*...for all who are sick, elderly or alone*

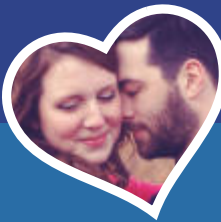
Jack Kelsh, Joanne Brokaw, Loretta Dingwall, Linda Siro, Cindy Kelly Heupel, Edna Scherman, Deacon James & Val Hunt, Carla Engelstad, Susan Lacina, Richard Rodlund.

If you or someone you know would like to be added to, or removed from this list please call the parish office.



Participate in Weekly Mass  
or the Rosary on the radio  
**Real Presence Radio**  
AM 1280/Fargo or AM 1370/Grand Forks  
Sunday Mass 7am  
Daily Rosary 8:30pm Lamb Radio  
FM 88.9/Aberdeen - Sunday Mass (Sacred  
Heart Parish, Aberdeen) 9:30am  
Morning Prayers including Rosary 6am

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