



# ST. HELENA ST. PATRICK

WELCOME TO OUR PARISHES!



## 8<sup>TH</sup> SUNDAY IN ORDINARY TIME

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." - Lk 6:43, 45

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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### LIVE THE LITURGY - INSPIRATION FOR THE WEEK

"From the fullness of the heart the mouth speaks." What we say reveals so much about who we are. It discloses what is really going on within us: our integrity, priorities, depth of conscience, level of compassion and understanding of mercy. People whose speech is judgmental or overly critical usually reveal an interior life that is angry, unsettled, defensive, and shallow. Our speech communicates our sense of right and wrong, the strength of our relationship with God and how we feel about our fellow human beings. We are also quick to point out the faults of others, concentrating on their shortcomings and wrongdoings before our own. Only God fully understands what is going on inside the human heart. Only God can see the depth of a human soul. Perhaps it would do us well to consider what may be happening inside our brothers and sisters and temper our critical speech of what we see occurring outside. Looking within will also help us identify our own sins and weakness so that we can be better positioned to offer the type of wisdom and compassionate guidance that can really be of help to our friends.

FEB 26/27 2022

## CONTACT US | ST. HELENA PARISH

**St. Helena Catholic Church**  
421 2nd St N, PO Box 796  
Ellendale, ND 58436  
701-349-3297

**St. Patrick Catholic Church**  
207 Monroe St N  
Fullerton, ND 58441

Fr. Patrick Parks  
Cell Phone: 701-261-4816 or  
Patrick.Parks@fargodiocese.org

### Mass Schedule

**Saturday** (vigil) 5pm, St. Helena  
**Sunday** 8:30am (1st, 3rd, 5th Sundays)  
10:30am (2nd, 4th Sundays)  
**Tue** 7pm  
**Wed-Fri** 8:00am

### Confession Schedule

**Saturday** 3:30-4:30pm  
**Sunday** Before 8:30 am mass (1st, 3rd, 5th Sundays)  
**Tuesday** 6:30-6:50pm  
**Wed-Fri** Before 8:00 am daily Mass | By appointment, call parish office  
**Adoration**  
**Wed** 5pm-8pm



## ST. PATRICK PARISH

### Mass Schedule

**Sunday** 10:30am  
(1st, 3rd, 5th Sundays)  
8:30 am (2nd, 4th Sundays)  
**Thursday** 9:00am

### Confession Schedule

**Sundays** after 10:30 am Mass  
By appointment - call parish office



## The first day of Lent

Ash Wednesday is one of the most popular and important holy days in the liturgical calendar. Ash Wednesday opens Lent, a season of fasting and prayer. Ash Wednesday takes place 46 days before Easter Sunday, and is chiefly observed by Catholics, although many other Christians observe it too. Ash Wednesday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head. The ashes symbolize the dust from which God made us. As the priest applies the ashes to a person's forehead, he speaks the words: "Remember that you are dust, and to dust you shall return."

Alternatively, the priest may speak the words, "Repent and believe in the Gospel."

Ashes also symbolize grief, in this case, grief that we have sinned and caused division from God.

Writings from the Second-century Church refer to the wearing of ashes as a sign of penance.

Priests administer ashes during Mass and all are invited to accept the ashes as a visible symbol of penance. Even non-Christians and the excommunicated are welcome to receive the ashes.

The ashes are made from blessed palm branches, taken from the previous year's palm Sunday Mass.

**It is important to remember that Ash Wednesday is a day of penitential prayer and fasting.**

Some faithful take the rest of the day off work and remain home. It is generally inappropriate to dine out, to shop, or to go about in public after receiving the ashes. Feasting is highly inappropriate. Small children, the elderly and sick are exempt from this observance. It is not required that a person wear the ashes for the rest of the day, and they may be washed off after Mass. However, many people keep the ashes as a reminder until the evening. Recently, movements have developed that involve pastors distributing ashes to passersby in public places. This isn't considered taboo, but Catholics should know this practice is distinctly Protestant. Catholics should still receive ashes within the context of Mass. In some cases, ashes may be delivered by a priest or a family member to those who are sick or shut-in. Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption. Why we receive the ashes Following the example of the Ninevites, who did penance in sackcloth and ashes, our foreheads are marked with ashes to humble our hearts and reminds us that life passes away on Earth. We remember this when we are told "Remember, Man is dust, and unto dust you shall return." Ashes are a symbol of penance made sacramental by the blessing of the Church, and they help us develop a spirit of humility and sacrifice.

The distribution of ashes comes from a ceremony of ages past. Christians who had committed grave faults performed public penance. On Ash Wednesday, the Bishop blessed the hair shirts which they were to wear during the forty days of penance, and sprinkled over them ashes made from the palms from the previous year. Then, while the faithful recited the Seven Penitential Psalms, the penitents were turned out of the church because of their sins — just as Adam, the first man, was turned out of Paradise because of his disobedience. The penitents did not enter the church again until Maundy Thursday after having won reconciliation by the toil of forty days' penance and sacramental absolution. Later, all Christians, whether public or secret penitents, came to receive ashes out of devotion. In earlier times, the distribution of ashes was followed by a penitential procession.

The ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year. The ashes are christened with Holy Water and are scented by exposure to incense. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts. His Divine mercy is of utmost importance during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season with reflection, prayer and penance.



- 3/2 Ash Wednesday Mass 9am St Patrick, 6:30 pm. No Religious Ed Classes
- 3/4 No Mass, Fr Parks in Hankinson
- 3/5 No 1st Saturday Mass at St Patrick
- 3/3-6 Men's Cursillo in Hankinson/ Fr Parks attending/Fr Glover here for weekend
- 3/9 Simple supper, stations, Religious ed.
- 3/10-13 Women's Cursillo in Hankinson
- 4/5 Parish Finance Council Ellendale/ 4/1 Parish Finance Council Fullerton

## YOUTH UPDATES

### What is Search?

SEARCH is a peer-to-peer ministry, allowing youth (ages 16 and 17) along with young adults (ages 18 and older) to minister to youth and young adults. SEARCH is a way to help you on your journey to discover God, yourself, and a Christian community. This is a time to experience a loving, supportive community of young people who want to learn and experience a closer relationship with God and with others.

SEARCH is a time away from the busyness of day-to-day life for experiencing...

- The vibrant spirit of the young Catholic Christian community.
- The Sacraments of Reconciliation and Eucharist.
- Input and reflection for discerning your future vocation.
- Acceptance and support from caring peers.
- A weekend of FUN.

#### Who can attend?

SEARCH weekends are for any high school or college-age person, at least 16 years of age, and are open to all denominations and creeds. SEARCH is not designed as a means to convert to Catholicism but is an open invitation to join a Christ-centered community of youth and young adults.

952-210-2219 (call or text)

search4cm@gmail.com

March 4-6, 2022

Deadline for participant application: February 14th

April 29 - May 1, 2022

Deadline for participant application: April 11th

"The GRACE of our Lord has been Abundant."

1 Timothy 1:14



**God's Gift  
Appeal 2022**

**Commitment Weekend**

February 26-27, 2022



**Diocese of Fargo  
Office of the Bishop**

5201 Bishop Blvd. S. Suite A  
Fargo, North Dakota 58104-7605  
Phone: 701-336-7900  
www.fargodiocese.org

funding for more than 40 different ministries that provide services throughout the diocese. This appeal is an opportunity for each Catholic household to help further the mission of the Church. Donate now through our secure payment processing site. *Many dioceses operate with both an annual and a parish assessment, also referred to as a **cathedraticum** - an annual collection and a parish assessment paid by a Catholic parish to the diocese for the support of the bishop and diocesan programs. There is no parish assessment or cathedraticum in the Diocese of Fargo. In 1958, the Fargo diocese leadership moved away from the assessment model of diocesan funding to an annual appeal model we call God's Gift Appeal - gifts freely given by parishioners in support of their bishop and the diocese.*

While parishes rely on the financial support of parishioners through weekly Sunday offertory collections, the diocese also relies on the faithful people of Eastern North Dakota to make possible the many services it is able to provide. The God's Gift Appeal provides more than 50% of the annual



Stations of the Cross and simple suppers will be on Wednesdays during Lent. Simple supper will run from 5pm—6 with Stations starting at 6:15. Sign-up sheets are in the back of the church for volunteers to make, serve and clean up after the meals. Also need servers for Stations. Any questions please contact Colleen Durheim.

Fish Fry will be April 1st.

# ST HELENA MINISTRY SCHEDULE

Mar 5/6	(5:00pm)	(8:30am)
Usher	Volunteer	Ivan Widhalm
Collection		Rick Ulmer
Lector	Volunteer	Darell Wall
EMHC	Volunteer	
Gift Bearers	Volunteer	Carol F, Rosmary
Altar Servers	Carson	Volunteers
St. Helena Breakfast Servers		

## WEEKLY GIVING

Sunday Feb 20

Adult	790.00
Children	2.30
Plate	47.00
<b>Total</b>	<b>839.30</b>

Thank you for your generosity!

# ST. PATRICK MINISTRY SCHEDULE

Sunday Mar 6	(10:30 am)
Lector	Jim
Gift Carriers	Kyle Glynn Family
Altar Servers	Kate ,Faith
For the Month of March	
Breakfast Server	Christy, Casey
Collection Counters	Brian Denny
Church Cleaners	Megan, Faye
Altar Society Meeting	None this month

Altar Society meeting and breakfast has been moved to Feb 27th

# WEEKLY MASS INTENTIONS

Tue. Mar 1

7:00 pm †Joanne and Paul Merkel

Wed. Mar 2

9:00am (St P) †Jeanne Glynn

6:30pm (St H) Lauri Blake

Thu. Mar 3

8:00am (St H) Timothy Parks

9:00 am (St. P) †Jeanne Glynn

Fri. Mar4

8 am No Mass/Fr Parks at Cursillo retrea

Sat. Mar 5

5.00pm †Laraine Haughton

Sun. Mar 6

8:30 am (St. H) †Jeanne Glynn

10:30 am (St. P) All Parishoners

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**REMEMBER**  
*in your prayers*

**Please Pray**

...for all who are sick, elderly or alone

Joanne Brokaw, Loretta Dingwall, Linda Siro, Cindy Kelly Heupel, Edna Scherman, Val Hunt, Carla Engelstad, Susan Lacina, Betty Hahne, Ashtyn Hatlewig

If you or someone you know would like to be added to, or removed from this list please call the parish office.

