



GIFT

"If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water."

JOHN 4:10

Excerpted from the Lectionary for Mass ©2001, 1998, 1970 CCD. eum

3rd Sunday of Lent

When I became the pastor of a large parish, I soon found myself, for the first time in my life, riddled with anxiety, headaches, difficulty making decisions, and fatigue. I called a therapist friend and told her my symptoms and asked if she thought I needed a serious medical exam. She said, "How much water do you drink?" I told her, "I haven't had time to drink water lately." She responded, "You're chronically dehydrated. Drink eighty-five ounces a day and call me in a week." I started guzzling water and in a week all my symptoms went away. I felt great. Like me, the people in the Exodus wanderings were dehydrated. But unlike me, they knew it. Their symptoms were bad. They fight with each other. They accuse God of being a monster who wants them and their children to die of thirst. Their thirst drives them to plot the bloody assassination of the man who rescued them. God responds by using Moses to strike a rock from which rivers of living waters flow to quench their thirst for years to come. The Holy Spirit is the living water of love which flows from the pierced side of Jesus, the new Moses. What symptoms in your life suggest you're spiritually dehydrated? Anger at God? Cynicism at your leaders? Bitter rivalry and bickering with others? Don't panic. Of course we have those symptoms. Ask God to provide his water to quench your spiritual thirst, and he will. And all those symptoms will soon disappear.

MARCH 12TH 2023

CONTACT US | ST. HELENA PARISH

St. Helena Catholic Church

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St. Patrick Catholic Church

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Fullerton, ND 58441

Fr. Patrick Parks

Cell Phone: 701-261-4816 or
Patrick.Parks@fargodiocese.org

Mass Schedule

Saturday (vigil) 5pm, St. Helena
Sunday 8:30am (1st, 3rd, 5th Sundays)
10:30am (2nd, 4th Sundays)

Tue 7pm

Wed-Fri 8:00am

Confession Schedule

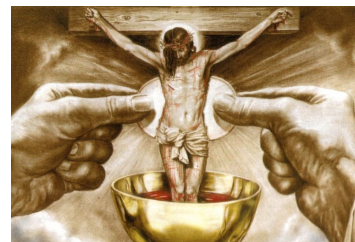
Saturday 3:30-4:30pm
Sunday Before 8:30 am mass (1st, 3rd, 5th Sundays)

Tuesday 6:30-6:50pm

Wed-Fri Before 8:00 am daily Mass | By appointment, call parish office

Adoration

Wed 5pm-8pm



ST. PATRICK PARISH

Mass Schedule

Sunday 10:30am
(1st, 3rd, 5th Sundays)
8:30 am (2nd, 4th Sundays)
Thursday 9:00am

Confession Schedule

Sundays after 10:30 am Mass
By appointment - call parish office

FROM OUR PASTOR : A Tour of Marian Apparitions: Our Lady of Medjugorje

Continued from last week. [The Five Stones](#)

3rd Stone: Confession

Our Lady asks us to go to monthly confession. Pilgrims who come to Medjugorje are always impressed by the number of people waiting in line for confession and the number of priests hearing confession. Many priests have had extraordinary experiences during confessions in Medjugorje. Many of our pilgrims who have come with us to Medjugorje go to Confession for the first time in 20, 30, 40, even 50 years. It is one of the fruits and miracles of Medjugorje.

Many people have a hard time with confession. Some have had a bad experience. It is important that we overcome any aversions we may have to confession and trust in Our Lady's request. Confession is a Sacrament, and when we receive Absolution, we receive special graces. I know for many people when they start to go to monthly confession (or more often) their lives change dramatically. The more you go the more you become aware of your sins. The harder we work on our sins the more graces God will give us to overcome our sins. When we see through the eyes of confession, with a truly contrite heart, God begins to build us up with the virtues that we lack.

"Make your peace with God and among yourselves. For that, it is necessary to believe, to pray, to fast, and to go to confession." (June 26, 1981)

"Pray, pray! It is necessary to believe firmly, to go to confession regularly, and, likewise, to receive Holy Communion. It is the only salvation." (February 10, 1982)

"Whoever has done very much evil during his life can go straight to Heaven if he confesses, is sorry for what he has done, and receives Communion at the end of his life." (July 24, 1982)

"Do not go to confession through habit, to remain the same after that. No, it is not good. Confession should give an impulse to your faith. It should stimulate you and bring you closer to Jesus. If confession does not mean anything for you, really, you will be converted with great difficulty." (November 7, 1983)

"Dear children! Open your heart to God's mercy in this lenten time. The heavenly Father desires to deliver each of you from the slavery of sin. Therefore, little children, make good use of this time and through meeting with God in confession, leave sin and decide for holiness. Do this out of love for Jesus, who redeemed you

all with his blood, that you may be happy and in peace. Do not forget, little children: your freedom is your weakness, therefore follow my messages with seriousness. Thank you for having responded to my call." February 25, 2007

Confession should not be a habit that would *"make sinning easy"*. Vicka says to every group of pilgrims, *"Confession is something that has to make a new human being out of you. Our Lady does not want you to think that confession will free you from sin and allow you to continue the same life after that. No, confession is a call to transformation. You must become a new person!"*

November 25, 1998 *"Dear children! Today I call you to prepare yourselves for the coming of Jesus. In a special way, prepare your hearts. May holy Confession be the first act of conversion for you and then, dear children, decide for holiness. May your conversion and decision for holiness begin today and not tomorrow. Little children, I call you all to the way of salvation and I desire to show you the way to Heaven. That is why, little children, be mine and decide with me for holiness. Little children, accept prayer with seriousness and pray, pray, pray. Thank you for having responded to my call."*

February 25, 2007 *"Dear children! Open your heart to God's mercy in this lenten time. The heavenly Father desires to deliver each of you from the slavery of sin. Therefore, little children, make good use of this time and through meeting with God in confession, leave sin*



Confession in Medjugorje in multiple languages

and decide for holiness. Do this out of love for Jesus, who redeemed you all with his blood, that you may be happy and in peace. Do not forget, little children: your freedom is your weakness, therefore follow my messages with seriousness. Thank you for having responded to my call." Next week, the Fourth Stone

3/14- Mass at 7pm with Adoration, Rosary, and Chaplet to follow for Peace

3/15- Adoration/Simple supper 5:00pm– 6pm. 6:10 Stations Of the Cross. Religious Ed 6:30—7:30. Adoration 6:30—8pm

3/22 - Live Stations

Altar Society Announcements

St Helena's is seeking donations for the 2023 Fall Raffle. Please turn in donations to Joyce G, Bernie T, or Michele T by March 31st so raffle permit can be obtained. Thank you in advance for your consideration and donation

Simple Suppers

What are they about? Simple Suppers started many years ago in the Parish and have continued over the years. We are thankful for past parishioners and families that have taken on the mission to continue them. But what is a Simple Supper?

- Light meal served on Wednesday evenings during Lent at St. Helena's Parish Center from 5:00 PM – 6:00 PM. We encourage you to stay and attend Stations of the Cross at 6:10 PM – 6:30 PM in the Church
- Supper is for BOTH St. Helena's and St. Patricks' parishioners, not only the CYO program. Parishioners of all ages are invited to attend. We just ask that you sign up if you plan to attend so we can prepare enough food for the week. Sign up sheet in the back of the church.
- Free will offering. Any profits collected this year will be donated to the Ellendale Community Food Pantry and to the Ellendale Public School 2nd meal fund.
- We are asking families to work together as a team to prep, serve and clean up. Shared work makes the workload light for all. Food, labor and monetary donations are being collected to help defray the costs. Please prayerfully consider this as part of your Lenten giving. If you are willing to help out, please reach out to Michele Thorpe.
- 2023 dates: March 1, March 8, March 15, March 22 and March 29



Please pray for our youth who will be making their first Holy Communion and Confirmation March 11th at Edjeley:

Vincent Glynn
Alex Lacina
Ella Maxon
Bently Sumption

And
Vivian Peterson

Who will be making her first confession



ST HELENA MINISTRY SCHEDULE

Mar 18/19 (5:00pm) (8:30am)

Usher	Volunteer	Richard Reis
Collection		Bob Radtke/Richard
Lector	Volunteer	Richard
EMHC		Nichole/Richard
Gift Bearers	Volunteer	Reis Family
Altar Servers		Levi

St. Helena Breakfast Servers for December

First one on the list please contact others

March 19 CarolLee, Kathy C, Colleen
Steinwand

WEEKLY GIVING

Sunday Mar 5th

Adult	735.00
Children	2.90
Plate	106
Total	843.90

Thank you for your generosity!

ST. PATRICK MINISTRY SCHEDULE

Sunday Mar 19 (10:30am)

Lector	Gene
Gift Carriers	Denny and Virginia
Altar Servers	Liam and Beckett

For the Month of March

Breakfast Server	Ruby and Amy A
Collection Counters	Steve and Brian
Church Cleaners	Amy G and Faye
Altar Society Meeting	None this month



WEEKLY MASS INTENTIONS

Tue. March 14

7:00 pm +Louis Reis

Wed. Mar 15

8:00 am (St H) Angela Mastel

Thur. Mar 16

8:00am (St H) Aloys and Angela Mastel

9:00:am (St P) Susan Lacina

Fri. Mar 17

8:00 am +Thomas Kelly Sr

Sat. Mar 18

5.00pm (St H) Mickey Thorpe

Sun. Mar 19

8:30am (St. H) Rosemary Krein

10:30am (St P) All Parishioners

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Please Pray

...for all who are sick, elderly or alone

Joanne Brokaw, Loretta Dingwall, Cindy Kelly Heupel, Val Hunt, Carla Engelstad, Susan Lacina, Betty Hahne, Ashtyn Hatlewig, Phyllis Zvorak, Angie Mastel, Marv Grueneich, Paul Brandenburger.

If you or someone you know would like to be added to, or removed from this list please call the parish office.

