



Do you ever feel restless? I certainly do. Daily tasks and challenges, but also the more basic demand of simply existing — sooner or later, this can all feel crushing and tire us out.

Which is why Jesus' words are such stunningly good news: "Come to me all you who labor and are burdened and I will give you rest" (Matthew 11:28). How vastly weird that this man speaks as though he is capable of giving us the deep repose we desire. Is his claim the height of absurd grandiosity? No, because next he immediately proclaims that he is "meek and humble of heart." We here touch a mystery: Jesus is capable of giving us rest because he is the one who forever reposes in the heart of God the Father. He is "yoked" to the Father in his divinity. But he is humbly "yoked" to us, sharing in our humanity.

The good news, my fellow tired-out friends: we don't have to despair in our burdens and exhaustion, no matter how heavy they feel. This week, join me in opening our hearts to hear him say to us, "Come! I will give you rest." We come to him in the Church, Eucharist, the Scriptures, prayer, in the poor. There he will give us rest.

— Father John Muir

Fall Dinner Sign up sheets and Raffle tickets in the church entry. Pick up yours today!

July 9th, 2023

## CONTACT US | ST. HELENA PARISH

**St. Helena Catholic Church**  
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701-349-3297

**St. Patrick Catholic Church**  
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Fullerton, ND 58441

Fr. Patrick Parks  
Cell Phone: 701-261-4816 or  
Patrick.Parks@fargodiocese.org

### Mass Schedule

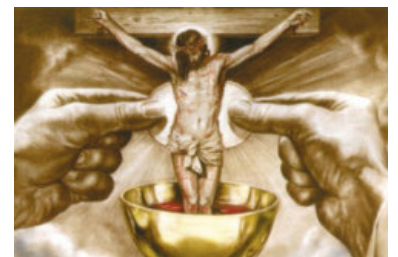
**Saturday** (vigil) 5pm, St. Helena  
**Sunday** 8:30am (1st, 3rd, 5th Sundays)  
10:30am (2nd, 4th Sundays)  
**Tue** 7pm  
**Wed-Fri** 8:00am

### Confession Schedule

**Saturday** 3:30-4:30pm  
**Sunday** Before 8:30 am mass  
(1st, 3rd, 5th Sundays)  
**Tuesday** 6:30-6:50pm  
**Wed-Fri** Before 8:00 am daily Mass  
Or by appointment, call parish office

### Adoration

**Wed** 5pm-8pm



## ST. PATRICK'S PARISH

### Mass Schedule

**Sunday** 10:30am  
(1st, 3rd, 5th Sundays)  
8:30 am (2nd, 4th Sundays)  
**Thursday** 9:00am

### Confession Schedule

**Sundays** after 10:30 am Mass  
By appointment - call parish office

## FROM OUR PASTOR : A Tour Continued: Our Lady of Happy Meetings

**Continued from last week** She would see priests at the altar shining with light or tarnished, according to the state of their conscience, and she would warn the latter. A young priest from Embrun said, "You cannot be in that chapel without trembling if your conscience is not clear."

The Blessed Virgin, for Her part, did not condone any failings in Her messenger. She counseled her and corrected her: "Take heart, My daughter! Have patience . . . Do your duty cheerfully . . . Bear no hatred towards the enemies of Laus . . . Do not be troubled and sick over it if people do not profit from your advice . . . Do not be disturbed by temptations, visible or invisible spirits, or temporal affairs . . . Strive never to forsake the presence of God, for whoever has any faith will not dare to offend Him."

The humble shepherd girl could not love Mary without having a deep love for Jesus, Her Divine Son. She had chosen Him as the only Bridegroom of her soul, and she hungered to suffer with Him for the conversion of sinners. There was a Cross overlooking Avançon at the entrance to the vale of Laus. Benoite descended to pray there every day, even when it snowed or rained. Kneeling down, she would gaze at our Saviour on His Cross, and her heart would melt with love and compassion at the thought of all He has done for the salvation of men. To reward her, it pleased our Saviour to appear to her in the reality of His sufferings. She saw Him crucified, bleeding and in agony, with the wounds in His hands, feet and side, and red gashes from the scourging covering His Body. Transported with sorrow, she said, "Oh, my Jesus, if You remain like this another instant, I will die!" The sight of His sufferings caused her such great distress that one day her Guardian Angel came to assure her, saying, "Do not be troubled, my Sister. Although our Divine Master has appeared to you in this condition, He is not suffering anything; it is solely to show you what He suffered out of love for the human race." But these words did not console her. The fact that her good and sweet Master had suffered in that manner and to such an extent was sufficient to maintain the compassion she felt.

On Friday, July 7, 1673, the bleeding Christ said to her, "My daughter, I am showing Myself to you in this condition so that you may participate in the sorrows of My Passion." Every week from that day on, she suffered a mystical crucifixion between Thursday evening and Saturday morning. This weekly crucifixion lasted fifteen years, with a two-year interruption from 1677 to 1679, when Benoite served food to the workers who were building the priests' residence; in November 1679, the mystical crucifixion was renewed at the Cross of Avançon.

The enemies of Laus, including some priests, regarded these occurrences as bouts of illness, phenomena related to epilepsy or hysteria. They called the pilgrim-

age chaplains "visionaries, idiots and fools for so easily believing a girl who has no common sense." As for Benoite, her exterior martyrdom caused her to suffer because it attracted the veneration of the people, thus offending her sensitive humility. One day Benoite said to her good Mother, "May my sufferings be even more cruel if such is God's good pleasure, but let them be less visible!" The Blessed Virgin appeared to her the following Saturday and said, "You will no longer have the Friday sufferings, but you will have many others." She certainly did have "many others." The devil's rage could be felt increasingly all around her. What is more, Christ always marks the authenticity of His works with the seal of His Cross.

Canon Gaillard states that from 1664 to 1672, incredulity made only a few small waves. But during the next twenty years unspeakable contradictions arose, especially among the clergy, then infected with Jansenist venom. Father Lambert, Vicar General of the diocese of Embrun, had passed away. A few members of the metropolitan Chapter who were prejudiced against Laus took advantage of the authority they exercised in the interim to issue an interdict against the holy girl; they posted their document on the doors of the cathedral of Embrun, and threatened with excommunication any priest who celebrated Mass in the Laus chapel. They also posted a sign on the church door at Laus forbidding public devotions on the site. The Blessed Virgin commanded Benoite, "Remove that paper... and let Mass be said here as it was before." She was obeyed.

The Apparitions at Laus and Benoite were to meet with much hostility over the next twenty years. The Bishop, now old and in a weakened state appointed two chaplains who were not in favor of Laus, and turned the faithful away and for fifteen years Benoite was kept under house arrest, permitted only Sunday Mass.

The devil even raised up visionaries to ape Benoite's devotions, to the point of deceiving weak souls. People necessarily stopped coming to Laus for a time. It was also during this sad period that the holy priests [Fr. Jean Peytieu and Fr. Barthelemy Hermitte] who had seconded Benoite passed away. Even so, nothing was to succeed in ruining the pilgrimage completely. Benoite's Angel comforted her by lifting a little of the veil that hid the future from her: "There will always be troubles at Laus until there are Religious established here."

**To be continued**

- 7/11- Adoration after Mass with Divine Mercy Chaplet and Rosary for World Peace
- 7/12- Adoration 5:00—8:00 pm

### Coming Back to Church

**Question:** I have been away from the Church for a few years and really want to get active again, not so much for me, but for my children. Is this a bad reason to come back to Church?

**Answer:**

If you are on your way to the supermarket, and you are forced to detour from your usual route because of road work, does the food you buy taste different? Is the meal less filling? Are the vegetables less tasty? Of course not. In our faith journey, there are many detours called sin. Some are greater than others, some are even a bit longer. But God's grace comes to us in ways we understand and recognize and need. Your children leading you back to the Church is not as important as the fact that you are back. This is an opportunity for you to renew, strengthen, and deepen your faith. Regardless of how we get to Church, or what draws us closer to God, the fact is we are there. Do what you need to do to get right with God and the Church. Go to confession, begin good family religious practices, and be involved in the ministries your parish offers. Be more than a lukewarm parishioner. Be the kind of Catholic you want your children to be.

### INSPIRATION FOR THE WEEK

The Christian life does not require wisdom, charisma, or strength — no, quite the opposite. To be Christian, we must embrace our faults, our littleness, our shortcomings — gather them up, and lay them all at the feet of Jesus. There, they will be transformed.

### QUESTIONS OF THE WEEK

**First Reading:**

The prophet Zechariah saw the future king of Israel restoring both the land and the people, bringing peace and justice to all the nations. How might you help build toward this promised future?

**Second Reading:**

Paul speaks of the power of the Spirit living in those who believe in Jesus. When have you felt or experienced the presence of the Holy Spirit in your life?

**Gospel:**

Jesus invites all who are burdened and laboring to find “rest” in him. What burdens do you or your family need lifted from your life?

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### Fall Dinner and Raffle information

Fall Dinner September 17, 11-2  
Raffle drawing at 1:30

Raffle tickets are ready and available for pick up in the back of the church.

Sign up sheets for the Fall Dinner are also available.

### APPROPRIATE ATTIRE:

What dress would you wear when you are to meet an important person? You would wear something elegant, presentable and appropriate for the occasion. The Holy Mass is a divine moment and it is important to be well-groomed and dressed appropriately with clean clothes. Modesty as well is a must. One cannot wear the same clothes for the Mass and for sports or for the beach. Help others to live the Mass well by living the virtue of modesty, avoiding to attract people with one's inappropriate attire. It is a holy celebration — the commemoration of Christ's Passion, Death and Resurrection — and your body is the Temple of the Holy Spirit, so cover it as it is only meant for your loved one.



### LIVE THE LITURGY

Our relationship with Christ is the ultimate starting point. The wellspring. Every good quality in our character, every kind action of our lives, every devout practice of our day must flow from this place where we encounter him in our hearts.

### 14TH SUNDAY IN ORDINARY TIME



## I ST HELENA MINISTRY SCHEDULE

<b>July 15/16</b>	<b>5:00 pm</b>	<b>8:30 am</b>
Usher	Volunteer	Richard Reis
Collection		Bob Radtke Richard Reis
Lector	Volunteer	Richard Reis
<b>EMHC</b>		Nicole/Richard Reis
Gift Bearers	Volunteer	Reis Family
Altar Servers		Levi

### Breakfast servers for July

First one on the list contact the others

July 16	Kathy M, Brenda H, Dina D, Gloria P
July 30	Knights of Columbus

## I WEEKLY GIVING

No report this week due to publication changes.

### REMEMBER ...

To pick up your raffle tickets in the entry of St. Helena's. Thank you for your help in support of this fundraiser for our parish. More details can be found on page 3 of this bulletin!

## I ST. PATRICK MINISTRY SCHEDULE

### Sunday July 16 (10:30am)

Lector	Gene
Gift Carriers	Faith and Owen
Altar Servers	Porter / Katie

### For the Month of July

#### Breakfast Server

Collection Counters	Ruby and Denny
Church Cleaners	Alana and Linda
Altar Society Meeting	None this month

### God's Gift Appeal 2023

*This is MY BODY that is for you*

Report as of 6-23-23

St. Helena's: \$7950. 42.11% participation, 41.98% of goal  
St. Patrick's: \$10,925. 35.71% participation, 165.04% of goal

**Thank you for your support!**

## WEEKLY MASS INTENTIONS

### Tues. July 11

7:00 pm (St H) +Phyllis Zvorak

### Wed. July 12

8:00 am (St H) +Fr Sautner

### Thur. July 13

8:00 am (St H) Riley Thorpe

9:00 am (St P) Don and Jeanne Glynn

### Fri. July 14

8:00am (St H) +Charles Bright

### Sat. July 15

5:00pm (St H) Sister Christina

### Sun. July 16

8:30am (St. H) +Angela Mastel

10:30am (St P) All Parishioners

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*...for all who are sick, elderly or alone*

Joanne Brokaw, Loretta Dingwall, Cindy Kelly Heupel, Val Hunt, Carla Engelstad, Betty Hahne, Ashtyn Hatlewig, Marv Grueneich, Paul Brandenburger, Larry Ulmer.

If you or someone you know would like to be added to, or removed from this list please call the parish office.







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