#### Sunday, March 24, 2024 Palm Sunday

St. Helena Ministries			
March 30/31	5:00 Vigil	8:30 am	
Usher	Volunteer	Austin Flynn	
Collection		Richard R & Jeff U	
ЕМНС		Richard R	
Lector	Volunteer	Mary Johnson	
Gift Bearers	Volunteer	Steinwand Family	
Altar Servers	Volunteer	Devin	

#### **Breakfast servers for March**

First one on	the list	contact	the	others
--------------	----------	---------	-----	--------

March 31	Easter Sunday No Breakfast	
April 7	CYO Isaiah & Ivan C, Jack B	

### **Weekly Giving**

Sunday, March 17	
Adult	1500

Children 17 Plate 114 \$1631. Total

Thank you for your generosity!

#### St. Patrick Ministries

Sun March 31	10:30am
Lector	Ruby
Gift Carriers	Steve and Christy
Altar Servers	Porter / Katie

#### For the Month of March

Christy and Brian **Collection Counters Church Cleaners** Pat and Alana Altar Society Mtg. None this Month

**Volunteers needed for the Easter Triduum Services** Sign up sheets can be found in the Church Entry **Graduates welcome to help!** 

Please send bulletin submissions (by Noon on Thursday) or prayer line request to Fr. Parks or gusaas@drtel.net

## **Weekly Mass Intentions**

Tues. March 26	
7:00 pm (St. H)	+Angela Mastel
Wed. March 27	
8:00 am (St. H)	+Sylvester and Marie Radermacher
Thur. March 28	HOLY THURSDAY
7:00 pm (St. H)	+Jason Thielges
Fri. March 29	GOOD FRIDAY
3:00 pm (St H)	
3:00 pm (St H)  Sat. March 30	HOLY SATURDAY
	HOLY SATURDAY +Marvin and Joan Grueneich
Sat. March 30	
Sat. March 30 9:00 pm (St H)	+Marvin and Joan Grueneich
9:00 pm (St H)  Sun. March 31	+Marvin and Joan Grueneich  EASTER SUNDAY



...for all who are sick, elderly or alone Joanne Brokaw, Cindy Kelly Heupel, Val Hunt, Carla Engelstad, Betty Hahne, Ashtyn Hatlewig, Paul Brandenburger, Ivan Widhalm, Dave Eberle, Marlon Steinwand, Kevin Knoepfle.

If you or someone you know would like to be added to, or removed from this list please call the parish office.

## God's Gift Appeal 2024

	Blessed to Given	<i>ie</i>	
Report 3-15-24	St. Helena	St. Patrick	
Amount Pledged	\$1515.	\$4700.	
Participation	9.59 %	20.83 %	
Goal	7.67 %	64.54%	
Thank you for your support!			





St. Helena Catholic Church 421 2nd St. N. Box 796 Ellendale, ND 58436 701-349-3297

Fr. Patrick Parks Cell Phone: 701 261 4816 Patrick.Parks@fargodiocese.org St. Patrick Catholic Church 207 Monroe St N. Fullerton, ND 58441 701-349-3297

St. Helena Mass Schedule Saturday (vigil) 5pm Sunday 8:30am (1st, 3rd, 5th Sundays) 10:30am (2nd, 4th Sundays)

**Tue** 7pm

Wed-Fri 8:00am

**Confession Schedule Saturday** 3:30-4:30pm **Sunday** Before 8:30 am mass (1st, 3rd, 5th Sundays)

**Tuesday** 6:30-6:50pm Wed-Fri Before 8:00 am daily Mass Or by appointment, call parish office

Adoration Wednesday 5pm-8pm St. Helena

St Patrick Mass Schedule Sunday 10:30am (1st, 3rd, 5th Sundays) 8:30 am (2nd, 4th Sundays)

**Confession Schedule** 

Thursday 9:00am

**Sundays** after 10:30 am Mass By appointment - call parish office

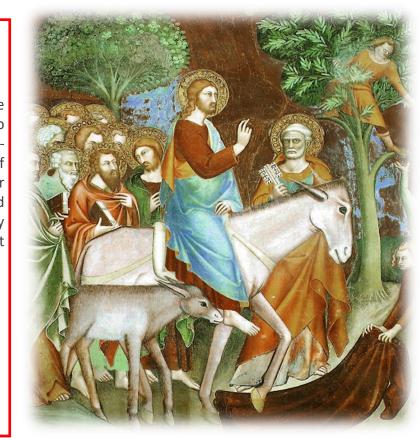
**Website:** sthelenascatholicparish.org

Sunday, March 24, 2024 Palm Sunday

## Blessed Is the King Who Comes in the Name of the Lord

Meditation: Does the King of glory find a welcome entry in your home and heart? Jesus went to Jerusalem knowing full well what awaited him betrayal, rejection, and crucifixion. The people of Jerusalem, however, were ready to hail him as their Messianic King! Little did they know what it would cost this king to usher in his kingdom. Jesus' entry into Jerusalem astride a colt was a direct fulfillment of the Messianic prophecy of Zechariah (9:9):

> Rejoice greatly, O daughter of Zion. Shout aloud, O daughter of Jerusalem. Lo, your king comes to you; triumphant and victorious is he, and riding on an donkey and upon a colt the foal of a donkey.



#### From Fr. Parks



Dear brethren in Christ, with Palm Sunday, the Holy Week, the most important week in the liturgical year, begins. But why is it called "holy".

The week is called "HOLY" because it commemorates the patent demonstration and summit of Our Lord's Holiest and Immense Love for the entire humanity— a love willing to suffer unto "death, death on the Cross" in order to save us from our sins, and a love which knows no end, conquering death itself with His Resurrection-, with His Passion, Death and Resurrection.

Jesus resurrects from the dead and triumphs over sin, death, evil, and the devil.

Let us thank God not only with feelings and words, but also with works, taking advantage of the Holy Week to grow in our self-giving to Him, -and for Him-, to His Church and all souls.

N.B. The events described in each day are based on the Gospel of the Holy Mass for each day. The Gospel for the Holy Wednesday Mass recounts how Judas made a deal with the chief priests to deliver Jesus to them for 30 pieces of silver. The betrayal is initiated and culminates to Jesus' arrest after the Last Supper.

## 12 MORTAL SINS WHICH MUST BE CONFESSED FIRST BEFORE RECEIVING COMMUNION

Receiving Our Lord in Holy Communion is **neither a reward, a right, nor a prize** for being present in the Holy Mass. Our Lord wants us to have a genuine respect and reverence towards Him in the Holy Eucharist by making sure that we are in the **state of grace** before receiving Him in the Holy Communion.

During the Last Supper, Jesus already indicated the necessity of being clean and purified so as to take part with Him before the institution of the Holy Eucharist upon replying to Peter's insistence not to be washed by Him.

#### Jesus answered him,

"If I do not wash you, you have no part in me." In 13; 8 When our Lord speaks about the Apostles being clean, now, just before the institution of the Blessed Eucharist, he is referring to the need for the soul to be free from sin if it is to receive this Sacrament.

St Paul repeats this teaching when he says:

"Whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord" (1 Cor 11:27).

On the basis of these teachings of Jesus and the Apostles, the Church lays down that anyone who is conscious of having committed a grave sin, or who has any positive doubt on that score, must go to Confession before receiving Holy Communion. If one has not gone to confession first, one must NOT receive Holy Communion if HE OR SHE IS GUILTY of having committed the following MORTAL sins, KNOWING that they are GRAVE and in spite of that, FREELY CHOSE to do it:

- 1. Having MISSED a <u>SUNDAY</u> or HOLY DAY MASS WITHOUT a valid reason (i. e., out of laziness, giving priority to sports, shopping, parties etc.)
- 2. Having <u>SEX OUTSIDE</u> of marriage, with <u>ONE'S SELF</u> (masturbation) or with <u>SOMEONE</u> else (either opposite or <u>same</u> sex); having voluntarily indulged in pornography.
- 3. <u>COHABITING with someone WITHOUT BEING MARRIED IN THE CHURCH and LIVING as if they were spouses</u> (either with opposite or <u>same sex</u>)
- 4. Having DESECRATED the Holy Eucharist or committed the sin of SACRILEGE (by receiving Holy Communion without being in the state of grace, i.e., free of any mortal sins)
- 5. Having used <u>CONTRACEPTIVES</u> (pills, condoms, IUD's, patches)
  6. Having committed <u>ABORTION</u>, encouraged someone to abort, or participated in the abortion
- 7. Having committed MURDER or participated in the destruction of lives, including embryos and mercy-killing or euthanasia.

  Having committed acts of violence, physical, verbal, psychological abuse against other persons and their integrity.

  8. Having committed GRAVE INJUSTICE towards one's subordinates or co-employees etc. or in the exercise of one's profession (for example, unjust wages, retainment of wages, unjust accusation, false testimony, defamation, calumnies, unjust firing of employees, kickbacks, corruption)

9. Refusing to ACKNOWLEDGE or PAY ONE'S DEBTS when one is

10. Having <u>STOLEN VALUABLE GOODS OR MONEY</u> from someone.

already capable of doing so.

- 11. HARBORING HATRED OR deep-seated ANGER towards someone.
- 12. HAVING COMMITTED GRAVE SINS OF PRIDE, GREED, LAZINESS, ENVY... etc.

If we have committed any mortal sin, let us go first and receive God's mercy and pardon in the Sacrament of Confession before receiving Him in Holy Communion; by not doing so, and proceeding to Communion in the state of mortal sin, one would commit another sin, which is the sin of sacrilege.

Dear brethren in Christ, let us **show our love and reverence to Jesus** truly and substantially present in the Holy Eucharist, making sure that **we have the proper dispositions** to receive Him in the Holy Communion.

A Blessed week ahead!

#### PARISH EVENTS AND ANNOUNCEMENT

Tues March 26

Adoration after Mass with Divine Mercy Chaplet and Rosary for World Peace and Confessions

#### **HOLY WEEK SCHEDULE**

#### **TUESDAY, MARCH 26**

MASS 7:00 PM followed by CONFESSIONS till 8:30 PM

#### **WEDNESDAY, MARCH 27**

MASS 8:00 AM ST. HELENA'S

CONFESSIONS 9:30—10:30 AM ST. PATRICK'S

CONFESSIONS 11:00—NOON ST. HELENA'S

#### **THURSDAY, MARCH 28**

CONFESSIONS 9:00—10:00 AM ST. HELENA

MASS OF THE LORD'S SUPPER 7:00 PM ST. HELENA'S

**CONFESSIONS following 7:00 PM MASS** 

#### FRIDAY, MARCH 29

**GOOD FRIDAY PASSION AND DEATH OF OUR LORD** 

SERVICE 3:00 PM ST. HELENA

CONFESSIONS 7:00-8:00 PM

#### **SATURDAY, MARCH 30**

EASTER VIGIL OF THE LORD'S RESURRECTION

MASS 9:00 PM ST. HELENA'S

SUNDAY, MARCH 31

**EASTER SUNDAY MASSES** 

8:30 AM ST. HELENA'S 10:30 ST. PATRICK'S

# Extending our Prayers and Sympathy To the Family of Loretta Dingwall Loretta passed away this past week.

Eternal rest grant unto her, O Lord, and let the perpetual light shine upon her, may her soul and all the souls of the faithful departed through the mystery of God rest in peace.

## Those who believe, hope, and love receive Christ's kingdom of peace and eternal life

The colt was a sign of peace. Jesus enters Jerusalem in meekness and humility, as the Messianic King who offers victory and peace to his people. That victory and peace would be secured in the cross and resurrection which would soon take place at the time of Passover.

Augustine, the great 5th century church father, comments on the significance of Jesus' entry into Jerusalem:

"The master of humility is Christ who humbled himself and became obedient even to death, even the death of the cross. Thus he does not lose his divinity when he teaches us humility... What great thing was it to the king of the ages to become the king of humanity? For Christ was not the king of Israel so that he might exact a tax or equip an army with weaponry and visibly vanquish an enemy. He was the king of Israel in that he rules minds, in that he gives counsel for eternity, in that he leads into the kingdom of heaven for those who believe, hope, and love. It is a condescension, not an advancement for one who is the Son of God, equal to the Father, the Word through whom all things were made, to become king of Israel. It is an indication of pity, not an increase in power." (Tractates on John 51.3-4)

Psalm 24 is another prophetic passage which echoes this triumphal procession of the King of glory:

Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.

Jesus Christ came to bring us the kingdom of God. He is the true King who offers peace, joy, and everlasting life for those who accept his kingship. Does the King of glory find a welcome entry in your heart and home? Do your walls echo with the praise of his glory?

Lord Jesus, be the King and Ruler of my heart, mind, life, and home. May my life reflect your meekness and humility that you may be honored as the King of glory!

SUPPORT OUR ADVERTISERS				
Chad's Electric Contact Fr. Parks Merxbauer-Maier Dental St. Helena and St. Patric 701 535 0011 to add your company 605 725 0800 701 349 3297				
Ellendale Pharmacy 701 349 3390	Hoven Funeral Chapel 701 349 3233	K Of C Insurance Joel Herman 701 219 5847	Z's Fresh Market 701 349 3244	