

Sunday, June 1, 2025 Seventh Sunday of Easter

St. Helena Ministries

Sun June 8	5:00 Vigil	10:30am
Usher	Volunteer	Peter Flynn Jr.
Collection		Darell & Marilyn W.
EMHC		Daryl Monette
Lector	Volunteer	Aaron Tschosik
Gift Bearers	Volunteer	Norton Family
Altar Servers	Volunteer	Madilyn & Drew T

Breakfast Servers

First one on the list contact the others

June 1	Mary J, Darcy S, Kristi G, Lynelle M
June 15	Mary U, Alica G, Sonja B

Weekly Giving

May 25

Adult	1584.
Children	21.
Plate	181.
Total	1786.

Thank you for your generosity!

St. Patrick Ministries

Sun June 8	8:30am
Lector	Amy
Gift Carriers	Megan Peterson Family
Altar Servers	Liam & Beckett

For the Month of June

Collection Counters	Alana and Steve
Church Cleaners	Corrine and Christy
Altar Society Mtg.	None this month

St. Helena's Capital Campaign

Collected	Goal
\$6220.00	\$200,000

Please send bulletin submissions (by Noon on Thursday) or prayer line request to Fr. Parks or gusaas@drtel.net

Weekly Mass Intentions

Mon. June 2	Private Mass	+Ann Parks and Family
Tues. June 3	Adoration/Confession 6pm	
7:00 pm (St H)		Priscilla Brandenburger
Wed. June 4	Adoration/Confession 7am	
8:00 am (St H)		+ Dave Eberle
Thur. June 5	Adoration/Confession 7am	
8:00 am (St H)		+Sylvester & Marie Radermacher
9:00 am (St P)		+MaryAnn Elcorn
Fri. June 6	A/C 7AM First Friday Purgatorial Society	
8:00am (St H)		+Purgatorial Society Members
10:00 am (St. P)	Confessions after mass	+Purgatorial Society Members
Sat. June 7	First Saturday	
	Ordination Mass at Cathedral	
5:00pm (St H)		Bill Goddard
Sun. June 8		
8:30am (St. P)		+Ray and Betty Monette
10:30am (St H)		All Parishioners

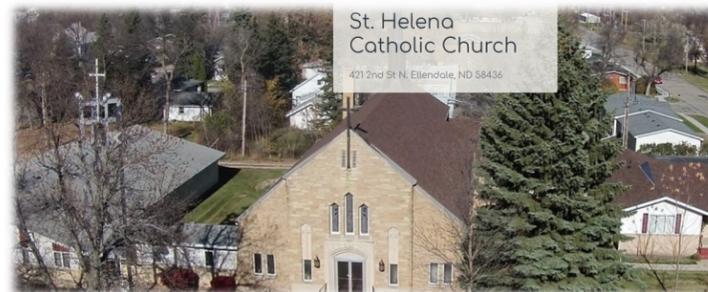
In Our Thoughts & Prayers

Please Pray ...for all who are sick, elderly or alone
 Carla Engelstad, Betty Hahne, Paul Brandenburger, Brandy Maxon, Geri Glynn, Nancy Fischer, Rosemary Krein, Tina Flarerty, Jerry LaFave, Don Glynn, Jim Glynn, Marlon Steinwand, Angie Viray and Haven Viray in NICU. If you or someone you know would like to be added to, or removed from this list please call the parish office.
 For those who are serving our country overseas
 Alan Davis, Payton Merkel



God's Gift Appeal 2025 Journey of Hope

5-21-25	Collected	Goal
St. Helena	\$6156.	\$19,369.93
St. Patrick	\$3100.	\$6,636.00
Living Our Faith Building Our Future		
St. Helena	\$39,740.00	\$90,554.00
St. Patrick	\$15,500.00	\$30,299.00



St. Helena Catholic Church
421 2nd St N, Ellendale, ND 58436



St. Patrick's Catholic Church
North, 207 Monroe St, Fullerton, ND 58441

St. Helena Catholic Church
421 2nd St. N.
Box 796 Ellendale, ND 58436
701-349-3297

St. Helena Mass Schedule
Saturday (vigil) 5pm
Sunday 8:30am (1st, 3rd, 5th Sundays)
10:30am (2nd, 4th Sundays)

Tue 7pm
Wed-Fri 8:00am

Confession Schedule
Saturday 3:30-4:30pm
Sunday Before 8:30 am mass
(1st, 3rd, 5th Sundays)

Tuesday 6:00-6:50pm
Wed-Fri Before 8:00 am daily Mass
 Or by appointment, call parish office

Fr. Patrick Parks
Cell Phone: 701 261 4816
Patrick.Parks@fargodiocese.org

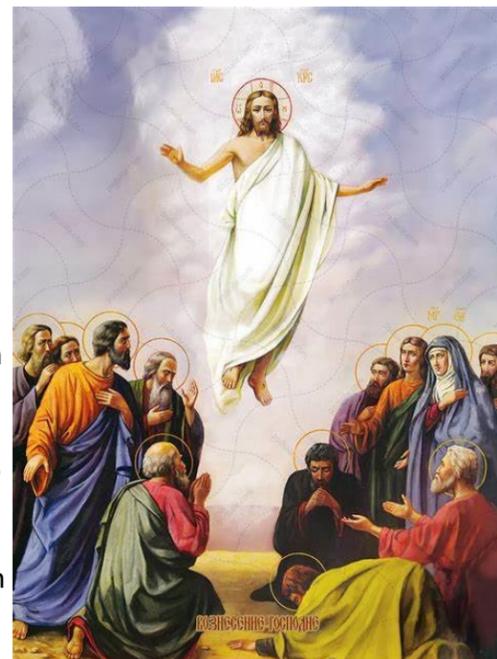
St. Patrick Catholic Church
207 Monroe St N.
Fullerton, ND 58441
701-349-3297

Adoration
Wednesday
5pm-8pm &
1 hour before
daily mass
at St. Helena.
1 hour before
mass on 1st
Friday at St.
Patrick.

St Patrick Mass Schedule
Sunday 10:30am (1st, 3rd, 5th Sundays)
8:30 am (2nd, 4th Sundays)
Thursday 9:00am
Confession Schedule
Sundays after 10:30 am Mass
 First Friday during adoration.
 By appointment - call parish office
Website: sthelenascatholicparish.org

Sunday, June 1, 2025
Feast of the Ascension - 7th Sunday of Easter

The Lord Jesus Was Taken up into Heaven
Meditation: Why did Jesus leave his disciples forty days after his resurrection? Forty is a significant number in the Scriptures. Moses went to the mountain to seek the face of God for forty days in prayer and fasting. The people of Israel were in the wilderness for forty years in preparation for their entry into the promised land. Elijah fasted for forty days as he journeyed in the wilderness to the mountain of God. For forty days after his resurrection Jesus appeared numerous times to his disciples to assure them that he had risen indeed and to prepare them for the task of carrying on the work which he began during his earthy ministry.



The Risen Lord is with us always to the end of time
 Jesus' departure and ascension into heaven was both an end and a beginning for his disciples. While it was the end of Jesus' physical presence with his beloved disciples, it marked the beginning of Jesus' presence with them in a new way. Jesus promised that he would be with them always to the end of time (Matthew 28:20). Now as the glorified and risen Lord and Savior, ascended to the right hand of the Father in heaven, Jesus promised to send them the Holy Spirit who would anoint them with power from on high on the Feast of Pentecost, just as Jesus was anointed for his ministry at the River Jordan (Luke 3:21-22, 4:1,18). When the Lord Jesus departed physically from the apostles, they were not left in sorrow or grief. Instead, they were filled with joy and with great anticipation for the coming of the Holy Spirit.

From Fr. Parks

The Ascension of the Lord

Reflection: The Solemnity of the Ascension of the Lord commemorates the fortieth day after the Resurrection when Jesus ascended body and soul into Heaven and took His seat at the right hand of His Father. Traditionally, the location of the Ascension is believed to be less than a mile east of the Old City of Jerusalem, and that spot is marked by the Chapel of the Ascension, which is said to contain a miraculous imprint of the footprints of Christ before He ascended. The event of the Ascension is found in the Gospels and Acts (Mark 16:19–20; Luke 24:50–53; Acts 1:6–12). It is also alluded to in various other passages (John 6:62; Ephesians 4:7–10; 1 Timothy 3:16; 1 Peter 3:21–22).

Only Jesus and His Blessed Mother have entered into the glories of Heaven, body and soul. Jesus’ Ascension implies that He did so by His own authority and power. The Blessed Virgin Mary’s Assumption implies that she entered Heaven, body and soul, by God’s power, and not her own.

The Ascension marks the completion of Jesus’ earthly mission. He first united His divine nature with human nature through the Incarnation at the moment of the Annunciation. Saint Thomas Aquinas teaches that from that moment on, Jesus, the Son of God, experienced three types of knowledge. First, being God, He had beatific knowledge, that is, a direct knowledge of His essence, the Father’s essence, and the Holy Spirit’s essence. Second, He had the perfection of infused knowledge, that is, a bestowal of all truths given to the angels in Heaven, especially those truths necessary for the completion of His divine mission. Third, He began to acquire learned knowledge, or experiential knowledge. This was the form of knowledge attained through His human nature from the senses and His human reason.

As Jesus fulfilled His mission through life, His learned knowledge continued to grow until it was perfected in human form. It was never imperfect in the sense of sin, but only in the sense of growth through human experience and human love. He experienced all things, allowed the perfection of His beatific and infused knowledge to guide His human experiences and brought those human experiences and knowledge to perfection. His free embrace of the Cross manifested the perfection of divine love in human form, and His Resurrection brought that perfect unity of human and divine love to a new and transformed resurrected state of human existence. But that was not all. Today we commemorate

the fact that Jesus took His perfected human nature into the Beatific Vision, enabling humanity itself to follow. The Blessed Virgin Mary was the first to do so given her sinless state.

The final stage of the salvation of humanity will take place when Jesus returns to judge the living and the dead. At that time, every human body will rise, will endure the final purification and transformation, and will share in the new and resurrected state in which the faithful will be able to stand, body and soul, before the Most Holy Trinity and experience the fullness of the Beatific Vision forever. What Jesus has already accomplished in His human form is what we look forward to in hope at the end of time.

The Feast of the Ascension was celebrated annually from as early as apostolic times. Saint John Chrysostom, Saint Gregory of Nyssa, and Saint Augustine all attest to this fact. When the Council of Nicaea set the date for the celebration of the Resurrection in 325, it chose to keep Easter on the first Sunday after the first full moon occurring on or after the vernal equinox in spring. This decision also set the day for the Ascension being forty days after Easter, on a Thursday. Today, many ecclesiastical provinces transfer the Thursday celebration to the following Sunday to provide for a wider celebration.

Though every aspect of Christ’s life is shrouded in mysteries which will only be fully understood by the faithful when they stand before Him and behold the Beatific Vision, today we especially ponder this beautiful and profound mystery of our faith. As we celebrate the Ascension, try to prayerfully meditate upon the perfect unity of Jesus’ human and divine natures. Ponder further the truth that because the Son of God is both God and man, and He beholds His Father and the Holy Spirit as both God and man, He invites each of us to begin to share in that glorious vision. Only after we fully die in and with Him and rise to new life in and with Him will we be able to know Him clearly and share in His glorious resurrected and ascended life. Until that moment comes, it’s important to ponder that which is incomprehensible. We must know that we do not know, believe what is beyond belief, hope in that which is more than we can understand. God is a mystery; the Ascension is a mystery—but they are mysteries that must be penetrated by prayer. Do so today as we commemorate this holy culmination of the earthly life and mission of Christ. mycatholic.life

PARISH EVENTS AND ANNOUNCEMENT

Tuesday Adoration & Confession before Mass with Divine Mercy Chaplet and Rosary for World Peace after mass.
Wednesday Adoration 5:00 - 8:00 pm
Wed, Thurs, Fri Adoration & Confessions starting at 7:00 AM, Divine Mercy Chaplet and Rosary after mass.

Jubilee Year Indulgence

During this Jubilee year, we have the opportunity to obtain special indulgences.

These indulgences can be obtained by the faithful in the following ways:

- 1.) **Make a pilgrimage to a major basilica in Rome, or other designated basilicas or shrines around the world, such as a Jubilee Pilgrimage Site in the Diocese of Fargo Jubilee.** For a list of sites in the Diocese of Fargo, click the “More information” button below.
- 2.) **Visit any Jubilee site in the world, including a Jubilee Pilgrimage Site in the Diocese of Fargo.** While there, engage in Eucharistic Adoration and meditation, concluding with the Our Father, the Profession of Faith (the creed), and invocations to Mary, the Mother of God (such as the Hail Mary, Hail Holy Queen, *Memorare*, etc.). *For the faithful who cannot participate, such as the elderly, the sick, or those imprisoned (or those who care for them in hospitals or other care facilities): offer up your sufferings or the hardships of your lives in a spirit of union with the faithful making pilgrimages or pious visits in person, and recite the Our Father, the Profession of Faith (the creed), and a prayer expressive of the Holy Year.*
- 3.) **Visit someone** in need or in difficulty, making a pilgrimage to Christ present in them.

The normal requirements to obtain an indulgence must also be met:

- be truly repentant and free from any affection for sin,
- be moved by a spirit of charity,
- be purified through the Sacrament of Penance,
- be refreshed by Holy Communion,

and pray for the intentions of the Supreme Pontiff

For more information on the requirements to receive the indulgence, follow the website:

www.fargodiocese.org/jubilee-indulgence

Knights of Columbus Free Financial Webinar

Join us online June 3 at 8:00 pm EST for [The Gift of a Lifetime](#), to learn more about how extended care planning can help you protect your family’s future. <https://tinyurl.com/KnightsJune3>



APPROPRIATE MASS ATTIRE:

What dress would you wear when you are to meet an important person? You would wear something elegant, presentable and appropriate for the occasion. The Holy Mass is a divine moment and it is important to be well-groomed and dressed appropriately with clean clothes. Modesty as well is a must. One cannot wear the same clothes for the Mass and for sports or for the beach. Help others to live the Mass well by living the virtue of modesty, avoiding to attract people with one’s inappropriate attire. It is a holy celebration—the commemoration of Christ’s Passion, Death and Resurrection- and your body is the Temple of the Holy Spirit, so cover it as it is only meant for your loved one.



Congratulations to Angie and Homer Viray on the birth and baptism of their daughter, Haven. Haven is in the NICU and prayers are still welcomed.

Ordination of our seminarians

Here is the schedule for ordination weekend: If you are unable to attend please keep these men in your prayers.

Holy Hour & Vespers
 Thurs, June 5, 2025 at 7 PM
 St. Paul's Newman Center,
 Fargo

Seminarian Diaconate Ordinations
 Fri, June 6, 2025 at 7 PM
 Holy Cross Church,
 West Fargo

Presbyterate Ordination
 Sat, June 7, 2025 at 10 AM
 Cathedral of St. Mary,
 Fargo

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Ellendale Pharmacy 701 349 3390	Hoven Funeral Chapel 701 349 3233	K of C Insurance Joel Herman 701 219 5847	Z’s Fresh Market 701 349 3244