

Sunday, December 7, 2025 Second Sunday of Advent

St. Helena Ministries

Sun Dec 14	5:00 Vigil	10:30am
Usher	Volunteer	Peter Flynn, Jr
Collection		Darell & Marilyn Wall
EMHC		Daryl Monette
Lector	Volunteer	Aaron Tschosik
Gift Bearers	Volunteer	Norton Family
Altar Servers	Volunteer	Madilyn/ Drew T

Breakfast Servers

First one on the list contact the others

December 7	Angie Sand, Deanne Monette, Nicole Reis
December 21	Colleen D, Kerry W, Linda G

Weekly Giving

Nov 30

Adult	1935.
Children	6.
Plate	152.
Total	\$2093.00

Thank you for your generosity!

St. Patrick Ministries

Sun Dec 14	8:30am
Lector	Amy
Gift Carriers	Porter, Harper
Altar Servers	Liam, Vincent

For the Month of December

Collection Counters	Alana & Ruby
Church Cleaners	Megan, Alana & Cyndal
Altar Society Mtg.	Following Mass on Dec 14

St. Helena's Capital Campaign

Collected	Goal
\$32,970.00	\$200,000

Please send bulletin submissions (by Noon on Thursday) or prayer line request to Fr. Parks or gusaas@drtel.net

Weekly Mass Intentions

Sun. Dec 8 HOLY DAY IMMACULATE CONCEPTION VIGIL

5:00 pm St. H + Anthony Muggli

Mon. Dec 8 HOLY DAY IMMACULATE CONCEPTION

10:00 am St. P +Don and Jeanne Glynn

5:00 pm St. H +Ann Parks

Tues. Dec 9 Adoration/Confession 6pm

7:00 pm (St H) +Robert Hanson

Wed. Dec 10 Adoration/Confession 7am

8:00 am (St H) +Sylvester & Marie Radermacher

Thur. Dec 11 Adoration/Confession 7am

8:00 am (St H) +Marv & Joan Grueneich

9:00 am (St P) +Sylvester & Marie Radermacher

Fri. Dec 12 Adoration/Confession 7am

8:00am (St H) Pete Flynn, Jr

Sat. Dec 13

5:00pm (St H) +Dave Eberle

Sun. Dec 14

8:30am (St. P) Fran Lux

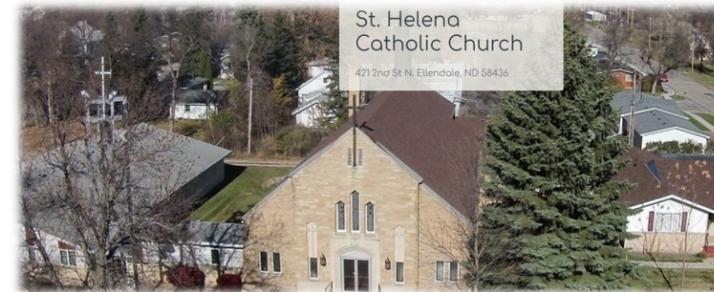
10:30am (St H) All Parishioners

In Our Thoughts & Prayers

Please Pray ...for all who are sick, elderly or alone
 Carla Engelstad, Betty Hahne, Paul & Priscilla Brandenburger, Geri Glynn, Nancy Fischer, Tina Flarerty, Jerry LaFave, Jim Glynn, Doug Davis, Virginia Hagen, Fr. Jeff Eppler, Robert Monette, Mike Demers. If you or someone you know would like to be added to, or removed from this list please call the parish office.



God's Gift Appeal 2025 Journey of Hope		
11-21-25	Collected	Goal
St. Helena	\$10314.	\$19,369.93
St. Patrick	\$8100.	\$6,636.00
Living Our Faith Building Our Future		
St. Helena	\$41,240.00	\$90,554.00
St. Patrick	\$15,500.00	\$30,299.00



St. Helena Catholic Church
421 2nd St N, Ellendale, ND 58436



St. Patrick's Catholic Church
North, 207 Monroe St, Fullerton, ND 58441

St. Helena Catholic Church
421 2nd St. N.
Box 796 Ellendale, ND 58436
701-349-3297

Fr. Patrick Parks
Cell Phone: 701 261 4816
Patrick.Parks@fargodiocese.org

St. Patrick Catholic Church
207 Monroe St N.
Fullerton, ND 58441
701-349-3297

St. Helena Mass Schedule
Saturday (vigil) 5pm
Sunday 8:30am (1st, 3rd, 5th Sundays)
10:30am (2nd, 4th Sundays)

Tue 7pm
Wed-Fri 8:00am

Confession Schedule
Saturday 3:30-4:30pm
Sunday Before 8:30 am mass
(1st, 3rd, 5th Sundays)

Tuesday 6:00-6:50pm
Wed-Fri Before 8:00 am daily Mass

Adoration
Wednesday
5pm-8pm &
1 hour before
daily mass
at St. Helena.
1 hour before
mass on 1st
Friday at St.
Patrick.

St Patrick Mass Schedule
Sunday 10:30am (1st, 3rd, 5th Sundays)
8:30 am (2nd, 4th Sundays)
Thursday 9:00am

Confession Schedule
Sundays after 10:30 am Mass
First Friday during adoration.
By appointment - call parish office
Website: sthelenascatholicparish.org

Sunday, Dec 7, 2025
Second Sunday of Advent



SECOND SUNDAY OF ADVENT
 John the Baptist's life was fueled by one burning passion - to point others to Jesus Christ and to the coming of his kingdom. Who is John the Baptist and what is the significance of his message for our lives? Scripture tells us that John was filled with the Holy Spirit even from his mother's womb (Luke 1:15, 41) by Christ himself, whom Mary had just conceived by the Holy Spirit. When Mary visited her cousin Elizabeth John leapt in her womb as they were filled with the Holy Spirit (Luke 1:41). Like the prophets of the Old Testament, John devoted his entire life to prayer and the word of God. He was led by the Holy Spirit into the wilderness where he was tested and grew in the word of God. John's clothing was reminiscent of the

John Points to the Coming of Christ and His Kingdom

prophet Elijah (see Kings 1:8). The Holy Spirit prepared John for the mission entrusted to him as forerunner of the Messiah, Jesus Christ - the Word of God who became man for our salvation (John 1:1,14). John pointed to Jesus as the Lamb of God who would take away the sins of the world by offering his life on the cross as the atoning sacrifice for our sins and the sin of the world (John 1:29).

John broke the prophetic silence of the previous centuries when he began to speak the word of God to the people of Israel. His message was similar to the message of the Old Testament prophets who chided the people of God for their unfaithfulness and who tried to awaken true repentance in them. Among a people unconcerned with the things of God, it was his work to awaken their interest, unsettle them from their complacency, and arouse in them enough good will to recognize and receive Christ when he came. Are you eager to hear God's word and to be changed by it through the power of the Holy Spirit?

From Fr. Parks

Each week of Advent, we'll provide an Ignatian prayer for you, inspired by a video from [Arts & Faith: Advent](#). The video and prayer for the First Week of Advent, Cycle A, is based on Isaiah 2:1-5.

www.ignatianspirituality.com/advent/

"The mountain of the Lord's house shall be established as the highest mountain." —Isaiah 2:2

Preparation

As we begin this time of quiet prayer, I invite you to find a comfortable place to sit with your back straight and your legs planted on the ground. Allow yourself to notice your breathing as you breathe normally. Breathe in. Breathe out.

Take a few moments and close your eyes, preparing yourself to listen to what God may be saying to you during this prayer. As you sit with your eyes closed, use these or similar words: "Here I am, Lord. Here I am." When you are ready, open your eyes and pray.

The Mountain of the Lord's House

Imagine you are climbing up the mountain of the Lord. As you start the path is wide with beautiful trees and flowers along the way. You fill your lungs with the cool, clean air. As you continue you notice the path is becoming narrow and steep. There seem to be more rocks sticking up from the ground. You find yourself a little out of breath as the air becomes thinner the higher you climb. You decide to rest on a large rock to catch your breath. You look up the path to see how much more you need to climb. You see someone in the distance. He's looking at you. It looks like his hand is waving for you to come. Though you are alone, you are not afraid. In fact, you feel a pull, a desire to go this person.

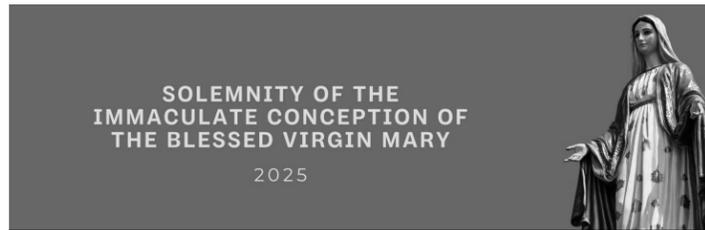
You are standing in front of him. He is dressed in long robes that are moving gently in the mountain air. He smiles at you and asks, "What are you seeking on this path?" What do you say to him? What are you seeking? "I am the prophet Isaiah. This is the mountain of the Lord. It is rich with life and dreams. What dreams do you bring to this place?" What are the dreams you bring to this mountain? What are your dreams that you want to share with the Lord?

Isaiah looks at you with eyes that know how to dream. "My dreams beat swords into plowshares. They are dreams of peace, of life, of hope." What are the swords in your heart that need to be changed? What are the swords that wound you and hold you back from dreaming and from climbing the mountain of the Lord? Give those swords to Isaiah, the prophet, the dreamer. Ask him to help you change them into something life-

giving. "I will change your swords into plowshares so you can till the soil of your soul and know that God is with you. Are you ready for this dream to be real?" You look into the eyes of this dreamer, Isaiah, and you say, *Yes. Yes, I am ready.* Isaiah smiles at you and takes your hand in his. He looks at you with eyes filled deep with hope and life. He understands you. "Come," he says, "let us walk in the light of the Lord!"

Concluding Prayer

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.



Immaculate Conception of the Blessed Virgin Mary Monday, December 8th, 2025 is a Holy Day of Obligation.

This means all Catholics are obligated to attend Mass on that day. Attending any Mass from 4:00 pm on Sunday, December 7, through midnight on Monday, December 8, fulfills the obligation for the Immaculate Conception. **Please note that you cannot fulfill two obligations with a single Mass, so if you attend a Mass late on Sunday to fulfill your Sunday Obligation, you must attend a second Mass to fulfill your obligation for the Holy Day.**

IMMACULATE CONCEPTION MASS TIMES

Sunday, Dec. 7 5:00 pm St. Helena's Vigil Mass

Monday, Dec. 8 10:00 am St. Patrick's

Monday, Dec. 8 5:00 pm St. Helena's

CHRISTMAS MASS TIMES

Wednesday, Dec 24 5:00 pm St. Patrick's

Wednesday, Dec. 24 7:00 pm St. Helena's

Thursday, Dec. 25 10:00 am St. Helena's

PARISH EVENTS AND ANNOUNCEMENT

Tuesday Adoration & Confession before Mass with Divine Mercy Chaplet and Rosary for World Peace after mass.

Wednesday Adoration 5:00 - 8:00pm CCD 6:30—7:30

Wednesday Adoration & Confessions starting at 7:00 AM, Divine Mercy Chaplet and Rosary after mass.

Ladies of St Helena Please pick up your 2026 Activity List in the church entry

Christmas Poinsettias

DEADLINE TODAY \$30.00 per plant Red or White
Sign up sheet is in the church entry for Poinsettias
Consider donating in memory or honor of a loved one(s) and help make our church beautiful for the Christmas Season. Checks payable to: St. Helena's Altar Society

Need a Christmas Gift for a family member/friend?

Consider one of these Retreats!

More information on some of these is found on the Fargo Diocese website: www.fargodiocese.org

UPCOMING EVENTS

- January 9-11** [SEARCH for Christian Maturity](#)
- Jan 10** [Women In the New Evangelization](#) Aberdeen
- January 16-18** [Healing Retreat with Fr. Samuel Medley](#) SOLT Valley City, ND
- January 23-25** [Made for Greatness Winter Men's Retreat](#) Maryvale
- Feb 13-15** [Vianney Discernment Weekend](#) Maryvale
- Feb 27—Mar 1** [Lifegiving Wounds Retreat](#) Hankinson Retreat Center
- Feb. 27-Mar. 1** [SEARCH for Christian Maturity](#)
- February 27- March 1** [Life-Giving Wounds Retreat for Adult Children of Divorce and Separation](#) Hankinson Retreat Center
- March 13-15** [Retrouvaille: Help for Hurting Marriages](#) Fargo, ND
- March 20-22** [Worldwide Marriage Encounter](#) Valley City
- March 19-21, 2026 -** [Redeemed: Restoring Your Masculine Identity in Christ](#) Moorehead, MN
- April 10-12** [SEARCH for Christian Maturity](#)
- July 23-26** [Steubenville Youth Conference](#)
- Oct 5-17, 2026** [Walking in the Footsteps of St. Paul](#) fargodiocese.org/pilgrimages-Greece with Bishop Folda

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Welcome to our new members who were recently Confirmed into the Catholic Faith.

Cody and Abby Smith and Dennis Harris.

