

Sunday, January 11, 2026 The Baptism of the Lord

St. Helena Ministries

Sun Jan 18	Sat Vigil	8:30 am
Usher	Volunteer	Matt Thorpe
Collection		Richard R/Jeff U
EMHC		Matt Thorpe
Lector	Volunteer	Michele Thorpe
Gift Bearers	Volunteer	Davis Family
Altar Servers	Volunteer	Madilyn/Drew

Breakfast Servers

First one on the list contact the others

January 18	Darcy Seefeld, Kristi Gilbert, Mary Johnson
Feb 1 CYO	Macy N, Leah N, Mya G

Weekly Giving

	Mary Mother of God	Jan 4
Adult	295.	905.
Children		17.
Plate		160.
Total	\$295.	\$1082.

Thank you for your generosity!

St. Patrick Ministries

Sunday Jan 18	10:30 am
Lector	Gene
Gift Carriers	Gene & Faye
Altar Servers	Porter & Katie

For the Month of January

Collection Counters	Ruby & Steve
Church Cleaners	Amy Gramlow, Pat Glynn, Shirlin Sand
Altar Society Mtg.	Following Mass on January 11

St. Helena's Capital Campaign

Collected	Goal
\$32,995.00	\$200,000

Please send bulletin submissions (by Noon on Thursday) or prayer line request to Fr. Parks or gusaas@drtel.net

Weekly Mass Intentions

Mon. Jan 12	
Private Mass	+Ann Parks and Family
Tues. Jan 13	Adoration/Confession 6pm
7:00 pm (St H)	+Marvin & Joan Grueneichh
Wed. Jan 14	Adoration/Confession 7am
8:00 am (St H)	+Sylvester & Marie Radermacher
Thur. Jan 15	Adoration/Confession 7am
8:00 am (St H)	+Ann Parks & Family
9:00 am (St P)	+Don & Jeanne Glynn
Fri. Jan 16	Adoration/Confession 7am
8:00am (St H)	+Robert Hanson
Sat. Jan 17	
5:00pm (St H)	+Deceased Relatives Tom& Sandy Ulmer
Sun. Jan 18	
8:30am (St H)	+Eugene Kropp
10:30am (St P)	All Parishioners

In Our Thoughts & Prayers

Please Pray ...for all who are sick, elderly or alone

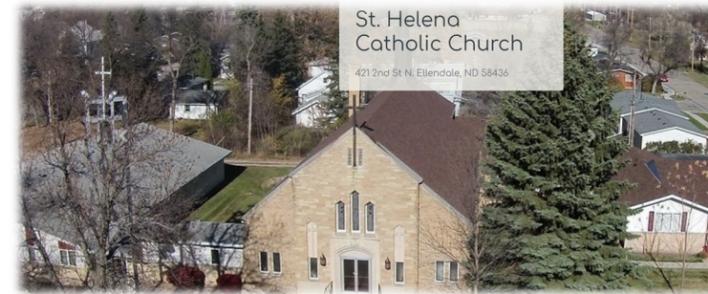
Carla Engelstad, Betty Hahne, Paul & Priscilla Brandenburger, Geri Glynn, Nancy Fischer, Tina Flaherty, Jerry LaFave, Jim Glynn, Doug Davis, Virginia Hagen, Fr. Jeff Eppler, Robert Monette, Mike Demers. If you or someone you know would like to be added to, or removed from this list please call the parish office.



Lord Jesus, fill me with your Holy Spirit and with the fire of your love and goodness. May I always find joy and delight in seeking to please you in doing your will just as you have delighted in the joy of pleasing your Father and doing his will.

God's Gift Appeal 2025 Journey of Hope

1-2-26	Collected	Goal
St. Helena	\$10579.	\$19,369.93
St. Patrick	\$8150.	\$6,636.00
Living Our Faith Building Our Future		
St. Helena	\$41,240.00	\$90,554.00
St. Patrick	\$15,500.00	\$30,299.00



St. Helena Catholic Church
421 2nd St N, Ellendale, ND 58436



St. Patrick's Catholic Church
North, 207 Monroe St, Fullerton, ND 58441

St. Helena Catholic Church
421 2nd St. N.
Box 796 Ellendale, ND 58436
701-349-3297

St. Helena Mass Schedule
Saturday (vigil) 5pm
Sunday 8:30am (1st, 3rd, 5th Sundays)
10:30am (2nd, 4th Sundays)

Tue 7pm
Wed-Fri 8:00am

Confession Schedule
Saturday 3:30-4:30pm
Sunday Before 8:30 am mass
(1st, 3rd, 5th Sundays)

Tuesday 6:00-6:50pm
Wed-Fri Before 8:00 am daily Mass
Or by appointment, call parish office

Fr. Patrick Parks
Cell Phone: 701 261 4816
Patrick.Parks@fargodiocese.org

**Adoration
Wednesday
5pm-8pm &
1 hour before
daily mass
at St. Helena.
1 hour before
mass on 1st
Friday at St.
Patrick.**

St. Patrick Catholic Church
207 Monroe St N.
Fullerton, ND 58441
701-349-3297

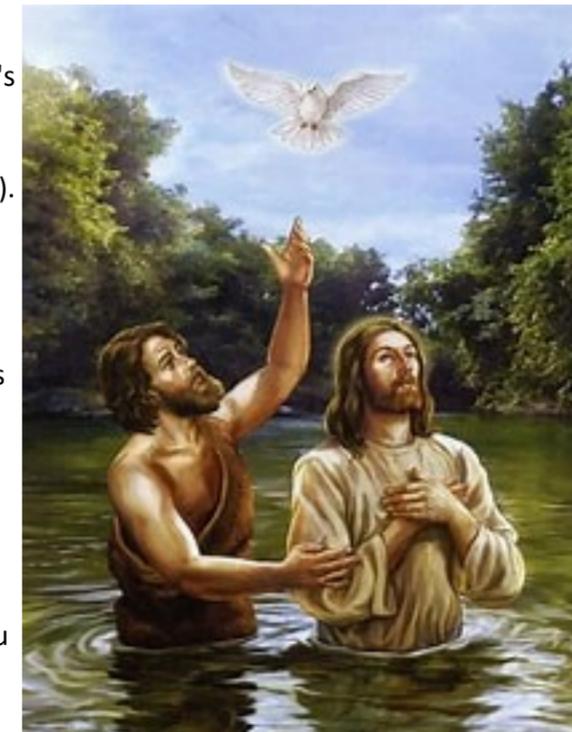
St Patrick Mass Schedule
Sunday 10:30am (1st, 3rd, 5th Sundays)
8:30 am (2nd, 4th Sundays)
Thursday 9:00am

Confession Schedule
Sundays after 10:30 am Mass
First Friday during adoration.
By appointment - call parish office
Website: sthelenascatholicparish.org

**Sunday, Jan 11, 2026
Baptism of the Lord**

Jesus Humbly Submitted to Baptism by John

Meditation: Why did Jesus, the Sinless One, submit himself to John's baptism at the River Jordan? John preached a baptism of repentance for the forgiveness of sins (Luke 3:3). In this humble submission of Jesus we see a foreshadowing of the "baptism" of his bloody death upon the cross. Jesus' baptism is the acceptance and the beginning of his mission as God's suffering Servant (Isaiah 42:1-4). He allowed himself to be numbered among sinners. Jesus submitted himself entirely to his Father's will. Out of love he consented to this baptism of death for the remission of our sins. Do you know the joy of trust and submission to God?



Jesus' baptism - beginning of a new creation
The Father proclaimed his entire delight in his Son and spoke audibly for all to hear. The Holy Spirit, too, was present as he anointed Jesus for his ministry which began that day as he rose from the waters of the Jordan river. Jesus will be the source of the Spirit for all who come to believe in him. At his baptism the heavens were opened and the waters were sanctified by the descent of Jesus and the Holy Spirit, signifying the beginning of a new creation.

Consecrating Oneself to Mary

3 methods to follow for Consecration with websites for more information

St. Louis de Montfort's Way Total Consecration

St. Louis de Montfort's method of devotion is known as "Total Consecration," "True Devotion," or "Holy Slavery." Background: Always a pious child and especially devoted to prayer before the Blessed Sacrament, when the brilliant St. Louis de Montfort (A.D. 31 January 1673 - 28 April 1716) reached the age of 19, he gave away all he had and resolved to live on alms. He was ordained a priest in Paris, worked for some time as a hospital chaplain, but then came to devote his time to preaching - a task he was extremely gifted at. He went on to found the Daughters of Wisdom -- an Order devoted to hospital work and educating poor girls -- and the Company of Mary (the Montfort Fathers), a missionary group of priests. It was his devotion to Mary, though, for which he is most remembered.

Step 1: Read "True Devotion to the Blessed Virgin Mary" by St. Louis de Montfort

Step 2: Choose a Day for Consecration

Step 3: Start the 33 day period of spiritual preparation

Step 4: Consecration

Step 5: After Consecration

For Details of each step:

www.fisheaters.com/totalconsecrationmontfort.html

33 Days to Morning Glory

People's lives today are often busy and challenging. Stage 1 of the Hearts Afire Parish-based Program offers individuals a quick and easy way to withdraw from the demands of daily life and enter into a peaceful interior reflection on their relationship with Christ in the context of Marian devotion. We begin with the Immaculate Heart because Mary leads us to the Sacred Heart of Jesus. The end result is that, by learning to entrust ourselves to the Mother of Our Lord, we can discover a transforming trust in Jesus himself.

Order a copy of the book here: <https://catholic.market/programs/hearts-afire/33-days-to-morning-glory/>

Guide to book with notes:

www.33daysmorningglory.com/reverend-gaitley-notes.html

6-Week Group Retreat

Retreat participants of the 33 Days to Morning Glory Group Retreat should meet once a week for 90 minutes.

Retreat Format:

allheartsafire.org/33-days-weekly-format/

St. Maximilian Kolbe

www.immaculatainstitute.org/marian-consecration

"With the act of consecration to the Immaculata we offer ourselves to her as her absolute property. There is no doubt that she is the most perfect instrument in God's hands, while we, on our part, must be instruments in her immaculate hands.

When, therefore, will we overcome evil in the most rapid and perfect way throughout the whole world? When we are going to let ourselves be guided by her in the most perfect manner. This is the most important and only issue."

-St. Maximilian Kolbe

Consecration Programs:

To promote this call of Christ, the Immaculata Institute offers different programs to assist in preparing for Marian consecration and then continuing to integrate it into diocesan and parish life as well as into the spiritual lives of individuals.

Who we are:

The Immaculata Institute is a Florida nonprofit organization in the process of becoming a federally recognized nonprofit.

Mission: The Immaculata Institute is dedicated to extending the Kingdom of the Most Sacred Heart of Jesus as far as possible by working towards consecrating all souls who live in the present and who will live in the future to the Immaculata—and all of this as soon as possible, as soon as possible, as soon as possible.

Vision: The goal of The Immaculata Institute is to consecrate the entire universe to the Immaculata. We aim to equip individuals, parishes, dioceses, and communities with resources, education, and opportunities for deepening their Marian devotion. Through multimedia, conferences, collaborative initiatives, and every other means possible, we strive to foster a missionary culture of holiness. In the spirit of St. Maximilian Kolbe, this will happen by bringing the entire universe under the mantle of Our Lady through the consecration of all souls who live in the present and who will live in the future to her—and all this as soon as possible, as soon as possible, as soon as possible.

Identity: We, The Immaculata Institute, are an apostolate dedicated to promoting the message and virtues of the Immaculate Heart of Mary. We provide approachable and practical resources through multimedia outlets to ensure that every person has access to materials, instruction, and education for total consecration to the Immaculata

PARISH EVENTS AND ANNOUNCEMENT

Tuesday Adoration & Confession before Mass with Divine Mercy Chaplet and Rosary for World Peace after mass.

Wednesday Adoration 5:00 - 8:00pm CCD 6:30—7:30

Wednesday Adoration & Confessions starting at 7:00 AM, Divine Mercy Chaplet and Rosary after mass.

Next Meeting for St. Helena Altar Society Feb. 1 after 8:30 Mass

Consider one of these Retreats!

More information on some of these is found on the Fargo Diocese website: www.fargodiocese.org

UPCOMING EVENTS

January 16-18 Healing Retreat with Fr. Samuel Medley SOLT Valley City, ND

January 23-25 Made for Greatness Winter Men's Retreat Maryvale

Feb 13-15 Vianney Discernment Weekend Maryvale

Feb. 27-Mar. 1 SEARCH for Christian Maturity
February 27- March 1 Life-Giving Wounds Retreat for Adult Children of Divorce and Separation Hankinson Retreat Center

March 13-15 Retrouvaille: Help for Hurting Marriages Fargo, ND

March 20-22 Worldwide Marriage Encounter Valley City

March 19-21, 2026 - Redeemed: Restoring Your Masculine Identity in Christ Moorehead, MN

April 10-12 SEARCH for Christian Maturity

July 23-26 Steubenville Youth Conference

Oct 5-17, 2026 Walking in the Footsteps of St. Paul fargodiocese.org/pilgrimages-Greece with Bishop Folda

World Wide Marriage Encounter

Worldwide Marriage Encounter is a weekend getaway that helps married couples rediscover themselves as individuals and as a couple. The Weekend format helps couples communicate openly and honestly, without any group sharing, therapy or marriage counseling. So help us support the Bishops' Initiative on marriage! Couples who attend Worldwide Marriage Encounter weekends not only rediscover the joy, intimacy & romance in their relationships, but also become more active in their parish.

Great Marriages Don't Just Happen.



SEARCH for Christian Maturity is a peer-to-peer ministry, allowing youth (ages 16 and 17) along with young adults (ages 18 and older) to minister to youth and young adults. SEARCH is a way to help you on your journey to discover God, yourself, and a Christian community. This is a time to experience a loving, supportive community of young people who want to learn and experience a closer relationship with God and with others. SEARCH is a time away from the busyness of day-to-day life for experiencing...

- The vibrant spirit of the young Catholic Christian community.
- The Sacraments of Reconciliation and Eucharist.
- Input and reflection for discerning your future vocation.
- Acceptance and support from caring peers.
- Personal and communal prayer services.
- Witness of faith by young adults.
- A weekend of FUN.
- Christ, alive and well

Who can attend?

SEARCH weekends are for any high school or college-age person, at least 16 years of age, and are open to all denominations and creeds. SEARCH is not designed as a means to convert to Catholicism but is an open invitation to join a Christ-centered community of youth and young adults. www.fargodiocese.org/search4cm

Location: Maryvale Retreat Center Valley City, ND 58072

Feb. 27-Mar. 1, 2026 (deadline: Feb. 9)

April 10-12, 2026 (deadline: March 23)

All marriages need attention, effort and nurturing. Worldwide Marriage Encounter provides an opportunity for you to explore your relationship together and find ways to make it more fulfilling and stronger for a lifetime. For more information: wwme.org/faqs/

Marriage Encounter Weekend: Mar. 20-22 Valley City, ND

to register: ndwwme.org/applyWeekend.php

Give the gift of your time and love by taking your spouse on a Marriage Encounter.

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SUPPORT OUR ADVERTISERS		Contact Fr. Parks to add your company	
Chad's Electric 701 535 0011	Rare Glimpse Photography, LLC 701 535 0871	Merxbauer-Maier Dental 605 725 0800	St. Helena and St. Patrick 701 349 3297
Ellendale Pharmacy 701 349 3390	Hoven Funeral Chapel 701 349 3233	K of C Insurance Joel Herman 701 219 5847	Z's Fresh Market 701 349 3244