

Sunday, January 18, 2026 2nd Sunday in Ordinary Time

St. Helena Ministries

Sun Jan 25	Sat Vigil	10:30 am
Usher	Volunteer	Eric Huang
Collection		Doneen M & Kathy M
EMHC		Daryl Monette
Lector	Volunteer	Volunteer
Gift Bearers	Volunteer	Huang Family
Altar Servers	Volunteer	Devin

Breakfast Servers

First one on the list contact the others

January 18	Darcy Seefeld, Kristi Gilbert, Mary Johnson
Feb 1 CYO	Macy N, Leah N, Mya G

Weekly Giving

	Jan 11
Adult	876
Children	12.40
Plate	69.00
Total	957.40

Thank you for your generosity!

St. Patrick Ministries

Sunday Jan 25	8:30 am
Lector	Megan Peterson
Gift Carriers	Megan Peterson family
Altar Servers	Owen & Faith

For the Month of January

Collection Counters	Ruby & Steve
Church Cleaners	Amy Gramlow, Pat Glynn, Shirlin Sand
Altar Society Mtg.	Following Mass on January 11

St. Helena's Capital Campaign	
Collected	Goal
\$32,995.00	\$200,000

Please send bulletin submissions (by Noon on Thursday) or prayer line request to Fr. Parks or gusaas@drtel.net

Weekly Mass Intentions

Mon. Jan 19	Private Mass	+Ann Parks
Tues. Jan 20	Adoration/Confession 6pm	
7:00 pm (St H)		+Marvin and Joan Grueneich
Wed. Jan 21	Adoration/Confession 7am	
8:00 am (St H)		+ Sylvester and Marie Radermacher
Thur. Jan 22	Adoration/Confession 7am	
8:00 am (St H)		Priscilla Brandenburger
9:00 am (St P)		+Sylvester and Marie Radermacher
Fri. Jan 23	Adoration/Confession 7am	
8:00am (St H)		+ Ken Bright
Sat. Jan 24		
5:00pm (St H)		+Paul Merkel
Sun. Jan 25		
8:30am (St. P)		+Curt Sand
10:30am (St H)		All Parishioners

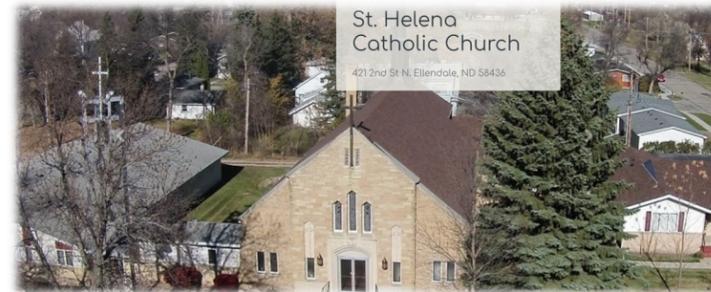
In Our Thoughts & Prayers

Please Pray ...for all who are sick, elderly or alone

Carla Engelstad, Betty Hahne, Paul & Priscilla Brandenburger, Geri Glynn, Nancy Fischer, Tina Flaherty, Jerry LaFave, Jim Glynn, Doug Davis, Virginia Hagen, Fr. Jeff Eppler, Robert Monette, Mike Demers. If you or someone you know would like to be added to, or removed from this list please call the parish office.



God's Gift Appeal 2025 Journey of Hope		
1-9-26	Collected	Goal
St. Helena	\$10594.	\$19,369.93
St. Patrick	\$8150.	\$6,636.00
Living Our Faith Building Our Future		
St. Helena	\$41,240.00	\$90,554.00
St. Patrick	\$15,500.00	\$30,299.00



St. Helena Catholic Church
421 2nd St N, Ellendale, ND 58436



St. Patrick's Catholic Church
North, 207 Monroe St, Fullerton, ND 58441

St. Helena Catholic Church
421 2nd St. N.
Box 796 Ellendale, ND 58436
701-349-3297

St. Helena Mass Schedule
Saturday (vigil) 5pm
Sunday 8:30am (1st, 3rd, 5th Sundays)
10:30am (2nd, 4th Sundays)

Tue 7pm
Wed-Fri 8:00am

Confession Schedule
Saturday 3:30-4:30pm
Sunday Before 8:30 am mass
(1st, 3rd, 5th Sundays)

Tuesday 6:00-6:50pm
Wed-Fri Before 8:00 am daily Mass
Or by appointment, call parish office

Fr. Patrick Parks
Cell Phone: 701 261 4816
Patrick.Parks@fargodiocese.org

St. Patrick Catholic Church
207 Monroe St N.
Fullerton, ND 58441
701-349-3297

Adoration
Wednesday
5pm-8pm &
1 hour before
daily mass
at St. Helena.
1 hour before
mass on 1st
Friday at St.
Patrick.

St Patrick Mass Schedule
Sunday 10:30am (1st, 3rd, 5th Sundays)
8:30 am (2nd, 4th Sundays)
Thursday 9:00am
Confession Schedule
Sundays after 10:30 am Mass
First Friday during adoration.
By appointment - call parish office
Website: sthelenascatholicparish.org

Sunday, Jan 18, 2026
2nd Sunday Ordinary Time

Behold the Lamb of God!

Meditation: John calls Jesus the *Lamb of God* and thus signifies Jesus' mission as the One who redeems us from our sins. The blood of the *Passover Lamb* (Exodus 12) delivered the Israelites in Egypt from slavery and death. The Lord Jesus freely offered up his life for us on the cross as the atoning sacrifice for our sins (1 Corinthians 5:7). The blood which he poured out for us on the cross cleanses, heals, and frees us from our slavery to sin, and from the "wages of sin which is death" (Romans 6:23) and the "destruction of both body and soul in hell" (Matthew 10:28).



The Holy Spirit reveals who Jesus truly is - the Son of God and Savior of the world
When John says he did not know Jesus (John 1:31,33) he was referring to the hidden reality of Jesus' divinity. But the Holy Spirit in that hour revealed to John Jesus' true nature, such that John bore witness that this is the Son of God. How can we be certain that Jesus is truly the Christ, the Son of the living God? The Holy Spirit makes the Lord Jesus Christ known to us through the gift of faith. God gives us his Spirit as our helper and guide who opens our hearts and minds to receive and comprehend the great mystery and plan of God - to unite all things in his Son, our Lord Jesus Christ (Ephesians 1:10).
Do you want to grow in the knowledge and love of Jesus Christ? Ask the Lord to pour his Holy Spirit upon you to deepen your faith, hope, and love for God and for the plan he has for your life.

January 13, 2026

by Gavin Haut | Propaedeutic Year Seminarian; St. Gregory the Great Seminary in Seward, Neb.

As my seminary’s introductory year (propaedeutic) class prepares for our pilgrimage to the Our Lady of Guadalupe Shrine in Mexico City, many of my classmates are going through a 33-day preparation for consecrating themselves to Jesus through Mary. This consecration, where someone gives themselves entirely to Mary so that she may bring them closer to her Son, is very common for seminarians to complete in their first year. I have already had the joy of making this consecration about a year before entering seminary, and I can say it has been nothing short of life-changing!

There’s a basic three-step outline for Marian consecration: pick a feast day, pick a preparation guide, and finally make the act of consecration. I have the great delight of celebrating my heavenly mother Mary’s birthday on the same day as my earthly mom’s birthday: I chose Sept. 8, the Feast of the Nativity of Mary, for my day of consecration. My preparation guide was *33 Days to Morning Glory* by Father Michael Gaitley, which is very accessible and comprehensive. Other famous guides are St. Louis de Montford’s *True Devotion to Mary* and St. Maximilian Kolbe’s *Behold Your Mother*. The act of consecration is as simple as writing out a prayer of consecration offered by one of these guides and then signing it. Many seminarians, upon making their consecration, wear Mary’s Miraculous Medal and a chain around their wrist to symbolize their total obedience to Mary. Marian writers recommend renewing the consecration every year on your feast day.

Some of my favorite aspects of Marian consecration are summed up in the “contract of consecration” which was inspired by St. Mother Teresa. *My duty* to make a “total gift of all that I have and am,” corresponds to *Mary’s duty* to “give of her spirit and heart.” I have noticed these duties greatly in my prayer life. When you give yourself completely to Mary, it becomes abundantly clear the ways in which she gives herself to you as well. As a seminarian, I receive Mary’s maternal relationship in my spiritual life. When the infinity and vastness of God is sometimes daunting, it is nice to spend time with Mary, who was human the same way we are.

Another one of Mary’s duties is to “provide for my spiritual and material needs” which corresponds to my duty to have “constant recourse to her.” Whether it’s been struggling through writing a paper at seminary or getting lost on a weekend hiking trip, I can honestly say that every time that I have gone to Mary for help in time of great need, she has always come through to help with her grace and provision. This is even truer in times of spiritual darkness and trial as she has given me spiritual strength and consolation to persevere immediately upon asking. After receiving her motherly vocation from Jesus on the Cross when he said, “Behold, your son,” Mary is always ready to provide in a motherly way to all to seek her.

The final part I resonate with, which can be difficult, is Mary’s “right to dispose of me, my prayers, intercessions, and graces,” which corresponds to my “right to avail myself to her and her energies for the sake of the kingdom.” This means that being consecrated to her gives me an obligation to offer all my prayers and energies towards what she sees fit. Even in deciding a topic for this reflection, I was planning on writing about something completely different until I experienced her gentle tug on my heart to write about Marian consecration instead. Although it can be challenging to surrender all of our plans to her, who could know better than Mary, who can see us from heaven?

Obviously, it is much more than a contract; it is a covenant, and as theologian Scott Hahn points out, covenants involve exchanges of life. They say “I am yours, you are mine.” Marian consecration is the best way to begin a life-long, intimate relationship with Mary. If you have considered a Marian consecration in the past, here is your encouragement: begin it now! After consecrating myself to Mary, I have truly experienced the meaning of her words to St. Juan Diego of Guadalupe, “Let not your heart be disturbed... Am I not here, who is your Mother? Are you not under my protection? ... Do not grieve nor be disturbed by anything.”



PARISH EVENTS AND ANNOUNCEMENT

- Tuesday** Adoration & Confession before Mass with Divine Mercy Chaplet and Rosary for World Peace after mass.
- Wednesday** Adoration 5:00 - 8:00pm CCD 6:30—7:30
- Wednesday** Adoration & Confessions starting at 7:00 AM, Divine Mercy Chaplet and Rosary after mass.
- Frid—Sund** Fr Parks helping out with mens retreat in Morehead/Fr Glover will be here for weekend Masses

**Next Meeting for St. Helena Altar Society
Feb. 1 after 8:30 Mass**

Consider one of these Retreats!
More information on some of these is found on the Fargo Diocese website: www.fargodiocese.org

UPCOMING EVENTS

- January 23-25** Made for Greatness Winter Men’s Retreat Maryvale
- Feb 13-15** Vianney Discernment Weekend Maryvale
- Feb. 27-Mar. 1** SEARCH for Christian Maturity
- February 27- March 1** Life-Giving Wounds Retreat for Adult Children of Divorce and Separation Hankinson Retreat Center
- March 13-15** Retrouvaille: Help for Hurting Marriages Fargo, ND
- March 20-22** Worldwide Marriage Encounter Valley City
- March 19-21, 2026** - Redeemed: Restoring Your Masculine Identity in Christ Moorehead, MN
- April 10-12** SEARCH for Christian Maturity
- May 7-9** Women’s Silent Preached Retreat Maryvale
- July 23-26** Steubenville Youth Conference Steubenville - St. Paul - Sold Out per Website
- Oct 5-17** Walking in the Footsteps of St. Paul

John points to Jesus’ saving mission - to offer up his life as the atoning sacrifice for our sins

It is significant that John was the son of Zachariah, a priest of Israel who participated in the daily sacrifice of a lamb in the temple for the sins of the people (Exodus 29). John recognized that Jesus was the perfect unblemished lamb offered by the Father in heaven as the one and only sacrifice that could cancel the debt of sin, and free us from death and the destruction of body and soul in hell.

Walking in the Footsteps of St. Paul

Dear brothers and sisters in Christ, I would like to personally invite you to join me on a pilgrimage to Greece & Turkey, walking in the footsteps of St. Paul. We will visit the holy sites of Corinth, Philippi, Thessaloniki, Ephesus, Meteora, Athens and Istanbul - places forever marked by the Apostle’s mission and witness.

I am grateful to offer this opportunity to you, and I hope you will join me. This will be more than a journey through beautiful landscapes - it will be a spiritual pilgrimage that brings Scripture to life. As we trace the path of St. Paul, we’ll reflect on his letters, grow in fellowship, and deepen our personal encounter with Christ.

Come with an open heart
- and return renewed in faith.

With God’s blessings, Bishop John T. Folda

Called by Name and Sent

The 2nd Sunday in Ordinary Time Year A shows us how God calls people for a purpose. We hear about a servant in Isaiah, a faithful person who listens and obeys. We also hear how John the Baptist points to Jesus and calls him the Lamb of God. Each person has a part in God’s plan.

In the Gospel, John the Baptist sees the Spirit come down on Jesus. He tells everyone that Jesus is the Son of God. This moment shows us who Jesus is and why he came. God chose him, and now he is ready to bring light and life to others.

Paul also reminds the people in Corinth that they are holy and called. This message is for us too. We belong to God. He calls us to live in peace and to follow Jesus. young-catholics.com/2262/2nd-sunday-in-ordinary-time-year-a/

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