

Sunday, February 8, 2026 5th Sunday in Ordinary Time

St. Helena Ministries

Sun Feb 15	Sat Vigil	8:30 am
Usher	Volunteer	Richard Reis
Collection		Richard R / Jeff U
EMHC		Nicole / Richard R
Lector	Volunteer	Richard Reis
Gift Bearers	Volunteer	Reis Family
Altar Servers	Volunteer	Samuel

Breakfast Servers

First one on the list contact the others

Feb 15	Sara Kuntz, Shannon Gulke, Sue Boniek, Theresa Kassa
March 1	CYO—Devin W, Samuel R, Connor G

Weekly Giving

	Feb 1
Adult	1115.
Children	13.
Plate	35.
Total	\$1163.

Thank you for your generosity!

St. Patrick Ministries

Sunday Feb 15	10:30 am
Lector	Ruby
Gift Carriers	Gabby & Reagan
Altar Servers	Vivian & Katie

For the Month of February

Collection Counters	Steve & Alan
Church Cleaners	Amy A & Ashley G
Altar Society Mtg.	None this month

St. Helena's Capital Campaign	
Collected	Goal
\$33,195.00	\$200,000

Please send bulletin submissions (by Noon on Thursday) or prayer line request to Fr. Parks or gusaas@drtel.net

Weekly Mass Intentions


Mon. Feb 9	Private Mass	+Ann Parks and Family
Tues. Feb 10	Adoration/Confession 6pm	
7:00 pm (St H)		+Robert Monette
Wed. Feb 11	Adoration/Confession 7am	
8:00 am (St H)		Priscilla Brandenburger
Thur. Feb 12	Adoration/Confession 7am	
8:00 am (St H)		+Special Intention
9:00 am (St P)		+Aloys and Alice Burgad
Fri. Feb 13	Adoration/Confession 7am	
8:00am (St H)		+Ann Parks
Sat. Feb 14		
5:00pm (St H)		+Ken Bright
Sun. Feb 15		
8:30am (St H)		Joseph & Anna Hoang
10:30am (St P)		All Parishioners

Lord Jesus, you guide me by the light of your saving truth. Fill my heart and mind with your light and truth and free me from the blindness of sin and deception that I may see your ways clearly and understand your will for my life. May I radiate your light and truth to others in word and deed.

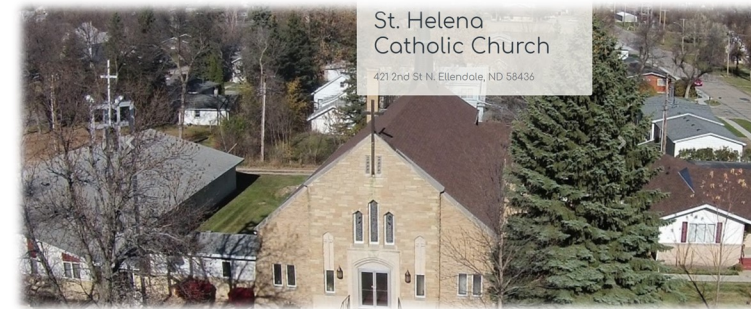
In Our Thoughts & Prayers

Please Pray ...for all who are sick, elderly or alone

Carla Engelstad, Betty Hahne, Paul & Priscilla Brandenburger, Geri Glynn, Nancy Fischer, Tina Flaherty, Jerry LaFave, Jim Glynn, Doug Davis, Virginia Hagen, Fr. Jeff Eppler, Robert Monette, Mike Demers. If you or someone you know would like to be added to, or removed from this list please call the parish office.



God's Gift Appeal 2025 Journey of Hope		
1-30-26	Collected	Goal
St. Helena	\$10594.	\$19,369.93
St. Patrick	\$8150.	\$6,636.00
Living Our Faith Building Our Future		
St. Helena	\$41,240.00	\$90,554.00
St. Patrick	\$15,500.00	\$30,299.00



St. Helena Catholic Church
421 2nd St N, Ellendale, ND 58436



St. Patrick's Catholic Church
North, 207 Monroe St, Fullerton, ND 58441

St. Helena Catholic Church
421 2nd St. N.
Box 796 Ellendale, ND 58436
701-349-3297

St. Helena Mass Schedule
Saturday (vigil) 5pm
Sunday 8:30am (1st, 3rd, 5th Sundays)
10:30am (2nd, 4th Sundays)

Tue 7pm
Wed-Fri 8:00am

Confession Schedule
Saturday 3:30-4:30pm
Sunday Before 8:30 am mass
(1st, 3rd, 5th Sundays)

Tuesday 6:00-6:50pm
Wed-Fri Before 8:00 am daily Mass
Or by appointment, call parish office

Fr. Patrick Parks
Cell Phone: 701 261 4816
Patrick.Parks@fargodiocese.org

St. Patrick Catholic Church
207 Monroe St N.
Fullerton, ND 58441
701-349-3297

Adoration
Wednesday
5pm-8pm &
1 hour before
daily mass
at St. Helena.
1 hour before
mass on 1st
Friday at St.
Patrick.

St Patrick Mass Schedule
Sunday 10:30am (1st, 3rd, 5th Sundays)
8:30 am (2nd, 4th Sundays)
Thursday 9:00am
Confession Schedule
Sundays after 10:30 am Mass
First Friday during adoration.
By appointment - call parish office
Website: sthelenascatholicparish.org

Sunday, Feb 8, 2026
5th Sunday in Ordinary Time

You Are the Salt of the Earth and Light of the World

Meditation: Jesus used ordinary images, such as salt and light, to convey extraordinary truths that transform our minds, hearts, and lives. What does salt and light have to teach us about God and the transforming power of his kingdom? Salt was a valuable commodity in the ancient world. People traded with it, like we trade with valuable goods, such as gold and stock. Salt also served a very useful purpose, especially in warmer climates before the invention of electricity and refrigeration. Salt not only gave rich flavor to food, it also preserved food from going bad and being spoiled.

The salt of God's kingdom for all
Jesus used the image of salt to describe the transforming effect of God's work in our lives - and how the Holy Spirit wants to work through us to bring the power and blessing of God's kingdom to others. As

salt purifies, preserves, and produces rich flavor for our daily food, we, too, as disciples of Jesus, are "salt" for the world of human society. The Lord wants to work in and through us to purify, preserve, and spread the rich flavor of God's kingdom everywhere - his "kingdom of righteousness, peace, and joy in the Holy Spirit" (Romans 14:17).

The aroma of Christ in the world
Paul the Apostle reminds us that we are called to be "the aroma of Christ to God among those who are being saved and among those who are perishing, to one a fragrance from death to death, to the other a fragrance from life to life" (2 Corinthians 2:15-16). Do you allow the fragrance of Christ's love, truth, and holiness to permeate every area of your life, your thoughts, words, actions, and relationships?



Winter Feast Party

Sunday, February 8

Following 10:30am Mass
St. Helena's Parish Center

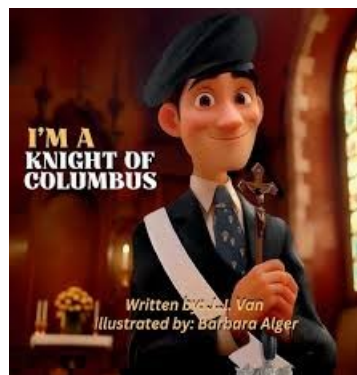
Join us for a Potluck Celebration

(Bring a dish to pass)

Honoring the Following:

Welcome our new Parishioners
Knights of Columbus Exemplification
Valentine's Day

All members of St. Helena's and
St. Patrick's to attend



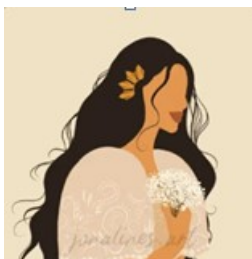
Joe & Sara



Jessica, Kellen, Oliver, Asher



Bernie and Bill



Camille



Chris, Samantha, Brayden, Isla, Aubree, Brinlee

PARISH EVENTS AND ANNOUNCEMENTS

Tuesday Adoration & Confession before Mass with Divine Mercy Chaplet and Rosary for World Peace after mass.

Wednesday Adoration 5:00—8:00 CCD 6:30—7:30

Wednesday Adoration & Confessions starting at 7:00 AM, Divine Mercy Chaplet and Rosary after mass.

All Members of St. Helena's and St. Patrick's

WINTER FEAST PARTY
SUNDAY, FEBRUARY 8
after 10:30 am Mass
ST. HELENA'S PARISH CENTER

Bring a dish to pass.

Honoring:
Welcome our new Parishioners
KC's Exemplification
Valentine's Day

Please keep in your prayers

Daryl Monette and Family.
Daryl's Brother, Robert, recently passed away.
Eternal rest grant unto him, O Lord,
and let Your perpetual light shine upon him.
May his soul and the souls of all
the faithful departed rest in peace. Amen.

EASTER FLOWERS

Please consider making our church look beautiful for Easter. Sign-up sheet available in the back of church, to purchase a lily or kalanchoe in memory and/honor of your loved ones. Lilies are \$40/plant or kalanchoe are \$35/plant. Please make payment payable to Saint Helena's Altar Society. May place in collection basket, clearly label "Easter Flowers" or give to Kathy or Michele. Deadline to order: March 22.



ASH WEDNESDAY MASS TIME

Wednesday, February 18
9:00 am St. Patrick's
6:30 pm at St. Helena's

Food Pantry—Help Needed

Volunteers needed to help with the food pantry on Saturday, Feb. 14 and Feb. 28, 9:45—12 noon. Thanks in advance. If able to help please contact Michele in advance so we can plan accordingly.

Do you like to do acts of charity or do you have extra time? Consider visiting a nursing home. We have a couple of parishioners in the nursing homes that may enjoy your company! Paul Brandenburger is in Ellendale at the Benedictine Living Community and Priscilla Brandenburger in Oakes at the Good Samaritan Society.

Upcoming events in our Diocese

Feb. 27-Mar. 1 [SEARCH for Christian Maturity](#)
February 27- March 1 [Life-Giving Wounds Retreat for Adult Children of Divorce and Separation](#) Hankinson Retreat Center
March 13-15 [Retrouvaille: Help for Hurting Marriages](#) Fargo, ND
March 20-22 [Worldwide Marriage Encounter](#) Valley City
March 19-21, 2026 - [Redeemed: Restoring Your Masculine Identity in Christ](#) Moorehead, MN
April 10-12 [SEARCH for Christian Maturity](#)
May 7-9 [Women's Silent Preached Retreat](#) Maryvale
July 23-26 [Steubenville Youth Conference](#)
Steubenville - St. Paul - Sold Out per Website
Oct 5-17 [Walking in the Footsteps of St. Paul](#)

SUPPORT OUR ADVERTISERS

Chad's Electric
701 535 0011

Rare Glimpse Photography, LLC
701 535 0871

Merxbauer-Maier Dental
605 725 0800

St. Helena and St. Patrick
701 349 3297

Ellendale Pharmacy
701 349 3390

Hoven Funeral Chapel
701 349 3233

K of C Insurance Joel Herman
701 219 5847

Z's Fresh Market
701 349 3244

Contact Fr. Parks to add your company