

Our Lady of Guadalupe

7000 35th Avenue SW , Seattle, Washington, 98126

October 24 & 25, 2015



“We are called to look beyond, to focus on the heart to see of how much generosity everyone is capable .”...Pope Francis

Mass Times

Saturday Vigil - 5:30 PM

Sunday Mornings - 8:30 AM and 11:00 AM

Weekday Mass - Wednesday, Thursday, and Friday - 9:00 AM

Holy Day Masses - 9:00 AM and 7:00 PM

Sacrament of Reconciliation - Saturdays - 4:15 to 5:00 PM (or by appointment through the Parish Office)

OLG Parish - www.olgseattle.org - parishoffice@olg.seattle.org - Phone: 206-935-0358

OLG Parish School - 3401 SW Myrtle, Seattle, WA 98126 - www.guadalupe-school.org
Phone: 206-935-0651



From the Pastor's Desk

Pope Francis On Our Stewardship Commitment To OLG

On October 16, 2013, Pope Francis offered some reflections for every Catholic on the topic of stewardship of our gifts. *"The Church does not rest solely beneath the shadow of our steeples; rather the Church embraces a vast number of peoples and nations who profess the same faith, are nourished by the same Eucharist and are served by the same pastors."*

OLG certainly reflects how true this statement is. On Sunday mornings, particularly at the 11:00 a.m. Mass, our parish reflects the diversity and beauty of church. Pope Francis, refers to the church as a great orchestra in which there is great variety. We are not all the same and we are not called to be the same. We all have our own qualities and gifts that make our church beautiful.

Your Sunday, monthly, yearly stewardship commitment, allows OLG as a local community to reflect the vision of Pope Francis for our parish.

"This is the beauty of the Church: the presence of Christ among us."

Thank you for your generous prayer, your scripture reading and generosity that makes OLG a church whose mission and ministries are a constant reflection of the presence of Christ among us.

Questions & Answers On Stewardship 2015

When do I make my commitment?

Any time, up to and including November 7th which is our final commitment day. I also suggest making your commitment in light of your prayerful reading of the Gospels.

How do I make my commitment?

We have options to suite every parishioner.

- Like me, use the paper commitment card you received with your parish report or the cards in the pews.
- You can make your offering on-line.
- You can call the parish and we will assist you to set up safe on-line giving.

What is the goal for this year?

You may remember, we set a three year goal to reach a million dollars in annual commitment to support our ministries and our mortgage. Last year we received pledges of \$866,575.00.

Fr. Jack

Reflection - To Live Gracefully

I visited George in the hospital on a beautiful fall afternoon. He asked to be reconciled, anointed, and given viaticum in preparation for his impending death. As I ministered the sacraments, tears began to roll down his cheeks. Are you afraid to die, George?" I asked. No Father," he replied, "I'm afraid I haven't lived."

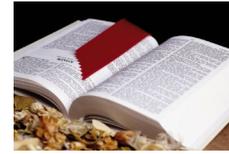
-John Meoska, OSB, is a monk of Saint John's Abbey and serves the community as formation director and novice master.

Prayer & Liturgy



Let Us Pray For

Bertha Okrusch	Pattie Quinn	Ann Toth
John Goold	Evelyn Soros	Delores Chapman
Carsten Maes	Lou and Sis Blumer	Craig Kaplan
Aaron Hubert	Nelly Villasenor	Joan Lewis
Judith Hull	Sandy Warren	Matthew Benoit
Barbara Duchscherer	Justin Shaw	Lennie Tague
Karen Kinner	Rocco Marrese	Richard Brodrick
Pete Baum	Sharon Schellong	Patricia Calhoun
Daniel Hansen	Andre Sasonoff	John Sisson
Robert Mollerus	Stella Casey	Pat McCarthy
Marge Zielaskowski	Velda Handler	Chris Hackett
Frank Coccia	Jeanette Denfeld	Jacque Fitzwater
Alfred Cruz	Tanya Wright	Janice Harvey
Ken Casey	Jennifer Wong	Essie Weingerger
Jake Steiner	Brianna Nelson	Dene Napolitan
Sinead Anne Cadde	Craig Duncan	Dominic Marrese
Ed Wagor	Paulina Beard	Robert Hedgcock
David Handler	James & Stacia Kratzer	Georgette Sankey
Doug Walker	Jenny Mattingly	Remedios Ponce
Donna Simonson	Joey Quiñones	Mary Jane Daniels



Scripture Readings

This Week

Thirtieth Sunday In Ordinary Time

Reading 1: Jeremiah 31:7-9

Reading 2: Hebrews 5:1-6

Gospel: Mark 10:46-52

Next Week

All Saints

Reading 1: Revelation 7:2-4, 9-14

Reading 2: 1 John 3:1-3

Gospel: Matthew 5:1-12a

Prayer Quilt Ministry

For the month of October, we continue to hold in prayer the following recipients who have received prayer quilts: Pete Davies, Marianne Carroll and Arlene Lutz.

Remembering Those Who Have Died

During the month of November, beginning next weekend, we remember all those who have died, including parishioners from this last year. We invite you to bring a picture of your loved one and place it on the Memorial Table near our All Souls Banners. You can also write their names in our special Book of Prayer. We will keep all of them in our prayers. *Eternal rest grant unto them O Lord. And let perpetual light shine upon them. Amen*

For more information about "Prayer and Liturgy" go to www.olgseattle.org and click on the "Grow In Faith" tab.

BUSINESS OF THE WEEK

[HomeStreet] Bank

PATRICK HENRY

Senior Loan Officer

West Seattle Branch - 4022 SW Alaska St.

patrick.henry@homestreet.com

www.homestreet.com

206-201-9259 cell

206-538-5962 office

Lifetime Member of The Catholic Community

Wanted!

Pumpkins And Gourds For Church Decorations

Please bring big or small gourds and pumpkins, including those with unique colors, to church before October 31st. They do need to be uncarved and unpainted. You can leave them in the narthex of the church and then see how our amazing Arts and Environment Committee transforms our worship space for the month of November.



Cultivating A Jubilee Year Of Mercy

Each week you will find information and resources to help individuals, families and our parish engage in Pope Francis' invitation to be more loving, more merciful, and more engaged in works of mercy, including caring for the environment, during this holy Jubilee Year. Check out our parish website, bulletin, and table in the back of church for information and updates.

This Week's Focus: Why is a Jubilee Year so important? (continued)

The Catholic Church has given to the Hebrew Jubilee a more spiritual significance. It consists in a general pardon, an indulgence open to all, and the possibility to renew one's relationship with God and neighbor. Thus, the Holy Year is always an opportunity to deepen one's faith and to live with a renewed commitment to Christian witness. With the Jubilee of Mercy, Pope Francis focuses attention upon the merciful God who invites all people to return to Him. The encounter with God inspires in one the virtue of mercy.

Faith Formation



Family Faith Sunday Is Off To A Wonderful Start!

On October 4th, over a dozen families participated in what it means to share their faith as a family and with our faith community. One of our activities was to reflect on what it means when Jesus speaks to us about the Kingdom of God. Often Jesus taught in parables to help us enter into this mystery, comparing it to a mustard seed, a precious pearl, or leaven in dough. Jesus used children as great examples to help us accept this mystery, and as followers of Jesus, we are asked to do the same. In small groups, families discussed among themselves three reflection questions:

- Can you think of something that is very small, yet very valuable?
- Why are little children important to Jesus?
- How has Jesus blessed you?

Two young men shared from their hearts their feelings and here is what touched them:

Kayden - "A diamond is small but very valuable. Children are the future of mankind! "I have a family, I'm not a foster child!"

Tyler - "My grandma is small, but she is very valuable to me." Children are the future of the world. "My mama birthed me so that I would have my precious grandma."

It is no wonder that Jesus invites us to take on the heart of children. We are so blessed to have so many wonderful families in our community at Our Lady of Guadalupe parish. As they share their faith together, we are all enriched by their commitment to grow as a family of faith.

We invite you to come to our next Family Faith Sunday - November 1st from 9:30 a.m. to 10:45 a.m. in the Walmesley Center where we will celebrate the blessings of the Saints around us!

All Saints' Day is a solemnity celebrated on November 1st by parts of Western Christianity, and on the First Sunday after Pentecost in Eastern Christianity, in honor of all the saints, known and unknown. All Souls' Day, on November 2nd, commemorates the faithful departed.

Keep Family Life A Priority

Recently, I came across an article from Loyola Press regarding six ways to leave stress of work behind, helping families make the transition from work to home more successful. As much as people like to complain about their jobs, most people feel positively about the work they do. Nonetheless, work can be so demanding that we can't leave it behind at the end of the day. Here are six tips to help families share together their on-the-job experiences with family members without letting work get in the way of family life.

1. Save some of your imagination and creativity for your family. Life as a family is a great adventure that gets better as you put more positive energy into it.
2. When you leave work, leave the work behind. Don't replay the events of the day imagining what you should have done or said. Focus on the moment and enjoy the blessings of family life.
3. Be multidimensional. You are more than your job. Make sure that you cultivate each part of your life, home, parish, work, community and self.
4. Share stories about work with your family. Doing so will help your family understand a major part of your life and will show your children how to be persons of character on the job.
5. Treat your family members with respect. You treat co-workers professionally and respectfully. Why shouldn't your family benefit from the same treatment at home?
6. Practice teamwork. Don't try to be super-mom, or super-dad at home. Ask your family members for better ways of handling situations. Share responsibility and welcome participation in both chores and the fun of family life.

Some families have shared strategies that have also been beneficial in the transition of work to home. One dad said that he has a special route to drive home which takes more time but is less stressful and gives him the opportunity to clear his head about work issues. By the time he gets home, he feels that he is fully present and can embrace his family with joy!



Outreach Ministry

Join OLG's Chicken Soup Brigade Team

A few hours a month can change lives!

Did you know that OLG has been a meal drop-off site for Chicken Soup Brigade for the past eight years? This program helps our homebound, aged, and chronically ill neighbors to get groceries and nutritious meals. OLG has a small team of volunteers who pick up the food and deliver it to people in need in West Seattle/White Center. We need one more driver and a couple of substitutes to help with the Thursday afternoon route. It's an approximately two hour commitment every 3-4 weeks. Working in a team provides some great flexibility and a chance to build community with others. *Interested?* Contact Jennifer Ibach at jibach@olgseattle.org or 206-935-0358, Ext. 120.

IPJC Young Adult Justice Cafés

Gather with other young adults in the Seattle area who are interested in working for justice. In October, the cafés will focus on the effects and influence of media. To find out about the location and date of the café closest to you, connect with the Intercommunity Peace and Justice Center (IPJC) at ipjc@ipjc.org or [Facebook.com/IPJCJusticeCafe](https://www.facebook.com/IPJCJusticeCafe).

Thank You For Supporting The CROP Walk

A HUGE THANK YOU to all of our walkers and donors for a wonderfully successful walk. Food is a blessing that all of us should have the good fortune to enjoy, and your generous gifts of time and treasure helped make that possible! We had a great walk...sunny weather, lots of chatting, and a huge turnout. It was a lot of fun - and a wonderful demonstration of our commitment to overcome hunger! OLG had over 35 participants and preliminary results show that we raised nearly \$3,000! This is the first time that we've participated in many years, so it was quite exciting to see those numbers.

Help Run The West Seattle Helpline Clothesline

The West Seattle Helpline has been helping neighbors since 1989. One of their programs is the Clothesline, a free "store" offering gently used or new clothing for men, women, children and infants. Whether they're shopping for back-to-school clothes for children, formal clothing for job interviews, or winter coats for colder weather, the Clothesline has something for everyone! The Clothesline is in need of volunteers to help sort and stage their store. They also need people who can help run the store and connect clients with the clothes they need. To volunteer, visit their website and fill out the application (<http://wshelpline.org/get-involved/volunteer/>) or email them at info@wshelpline.org.

Join Us At The October Community Meal

Come help us put on a fabulous meal for the community in the Walmesley Center. The Community Meal happens each month at OLG and aims to provide a free meal for anyone in the greater community who wishes to attend. We are looking for volunteers who can help on **October 25th** with food service and visiting with our guests (12:30 p.m.), or cleanup (2:00 p.m.). You do not need to volunteer all day - only during your shift! We are also looking for a few people to join our Community Meal team and provide backup support should one of our hosts or cooks become unavailable. If you're interested in any of these roles, please contact Colleen at collduff@gmail.com. Thank you for serving our OLG and West Seattle communities!

This month only, flue shots will be available on the stage in the Walmesley Center. Walgreens will be setting up a mobile clinic and can process insurance and payments just as if you were in the store!

Day Of Service - Save The Date!

Mark your calendars - the 2016 Day of Service will be held on **Saturday, April 16, 2016**. This is an opportunity for the OLG community to participate in one of several service projects helping others in our community. Stay tuned for more details. If you have any questions, contact Karen Fitton at fittonkaren@gmail.com or Jennifer Ibach at jibach@olgseattle.org.

St. Vincent de Paul

Let's call him John. He was a software engineer with a high paying job. At 55, he was at the top of his game and then, suddenly, his world crashed. He had a stroke which left him disabled both physically and mentally. Now, at 60 years of age, with no job and no income, he is living in a subsidized housing apartment. Disaster struck again last month when his grandparents had a terrible accident as they were driving home from church. John used his SSI payments to fly to California to help them. When he received an eviction notice because he had not paid his rent for two months, he called St. Vincent de Paul. We visited him in his well-kept, orderly apartment and determined that he desperately needed our help to keep him from becoming homeless. This is what we do, but only with your help. Thank you. Thank God for your generosity.



Pastoral Care

Home Ministries

If you or anyone you know is in need of the **Sacrament of the Eucharist**, the **Sacrament of Anointing**, or other Home Ministries, let us know by calling Marion Kari at 935-0358, ext. 113.

Prayers And Squares Quilt Ministry Needs Your Help!

Do you sew and have some time to devote to this wonderful ministry? If so, your talents and skills will be greatly appreciated. The growing need in our community for prayer quilts has been tremendous. Our Prayers and Squares Ministry is small and has a dedicated group of quilters. It does not matter if you have never made a quilt before as there will be lots of ways that you can use your abilities. If you are interested, please contact Marion Kari at 206-935-0358, Ext. 113 or by email at marionk@olgseattle.org.

Prayers And Squares Ministry

Prayers and Squares is an interfaith outreach ministry that combines the gift of prayer with the gift of a hand-tied quilt. The purpose is not only to make and distribute quilts, but especially to promote prayer with each tie made on the quilt.

If you have a family member, friend or relative who is struggling with a special challenge or illness and would like to receive a quilt that has been prayed over for their need, please contact Marion Kari at 206-935-0358, Ext. 113 or email at marionkari@olgseattle.org.

Save The Date - Sunday, October 25th Flu Shots Offered At OLG

Walmsley Center Stage Area In The Gym! 9:00 a.m. to 1:30 p.m.

Walgreens Pharmacy will partner with Our Lady of Guadalupe parish and offer flu shots on October 25th from 9:00 a.m. to 1:30 p.m. in the Walmsley Center. You will need to bring proof of insurance with you and the Walgreens staff will process your insurance the same as if you were to enter the pharmacy for your flue shot.

The flu and cold season is upon us and it is so important to get your flu shots early. Last year we partnered with Walgreens and we were able to get over 50 household flu shots. If you should have any questions, please do not hesitate to contact Marion Kari at 206-935-0358, Ext. 113 or marionk@olgseattle.org.

Save The Dates For The Mayor's Office For Senior Citizen's Coffee Hours!

Join in the conversation with Seattle City Council member John Okamoto.

**Thursday, November 19th
10:00 a.m. to 11:00 a.m.**

Catherine Lester

**Director Seattle Human Services Department
The Central Building, 1st Floor Conference Room
810 Third Avenue**

(between Columbia and Marion in downtown Seattle)

Come to the November coffee hour to meet Catherine Lester, the City of Seattle's new Human Services Department (HSD) director. Ms. Lester joined the department as Deputy Director in 2011 and served as Acting Director in late 2013 and early 2014. HSD funds and operates programs and services that meet the basic needs of families and individuals with low incomes, children, domestic violence and sexual assault victims, homeless people, older adults, and individuals with disabilities.

Support Group At The West Seattle Senior Center

Support Group Title: Aging Well

Date: Monday's from 1:00 p.m. to 2:00 p.m.

Cost: Suggested donation of \$5 per meeting.

Facilitated by: Holly McNeil, LICSW

Information About The Group: Are you overwhelmed by changes in your health, relationships, housing, mobility or income?

Are you looking for ways to make new connections, communicate, increase self-esteem, manage anxiety and cultivate acceptance? You are not alone. This support group is an on-going group for the purpose of exploring issues of change, loss and life transitions. Share stress, learn coping strategies, give and receive support from people sharing similar issues that you are facing. All sharing is confidential. If you want more information, please call the West Seattle Senior Center at 206-932-4044. They are located at 4217 SW Oregon Street, Seattle, WA 98116.

Samaritan
Center of Puget Sound

John Baumann, M. Div. LMHC
Counseling & Psychotherapy Services
206-527-2266, ext. 385
425- 830-9614 (cell)

OLG Community



50 Plus Funsters

Upcoming Event:

October 30th - Halloween Potluck in the Walmsley Center. Doors open at 10:45 a.m. and we will serve food shortly after noon. Please bring some table decorations and food based on your last name.

A - G - Salad H - MIL - Desert MIM - Z - Hot Dish



Save The Date And Book Your Babysitter

Saturday, November 14, 2015
CYO's Annual Italian Dinner And Dance
Invitations with details to come mid - October

A Parish Study Of The Pope's Document On The Environment ("LAUDATO SI")

During the coming months, our parish will be providing many different opportunities for you to learn more about the Pope's recent encyclical on the Environment. Our RSVP small groups program will study, reflect and share on it. In addition, those same resources will be available to parishioners who are unable to participate in RSVP but would like to do a more in-depth study of the document. And lastly, there will be additional information and resources in our bulletin and on our website. Everyone is encouraged to participate in some way to learn more about the Church's long tradition of advocating for the care of the environment, its implications for people, particularly the poor, and how we can make a difference in little and small ways as stewards of God's creation. For more information, please contact Helen at 206-935-0358 or check out our website at www.olgseattle.org.

Pancake Breakfast - Save The Date!

Sunday, November 15th, 2015

Enjoy another Knights of Columbus "world famous" all you can eat pancake breakfast. Pancakes, ham, sausage, fruit and beverages are served by our K of C chefs. Breakfast will be served from 9:30 a.m. to 1:00 p.m. in the school hall. All proceeds are donated for various charitable organizations and activities.

**For "Community Events",
Please visit our website.**

Halloween Carnival - Save The Date!

Saturday, October 25th, 2016 from 4:00 p.m. to 8:00 p.m.
Our Lady of Guadalupe School and The Walmsley Center
See our website for more details.

Over 65 Luncheon

Please join us for a free meal served by the OLG 5th grade class.

Sunday, November 8th

12:30 p.m. to 3:00 p.m.

OLG School Hall

R.S.V.P at 206-935-0358

Transportation available upon request.

"Firelight"

Mateo Messina's 18th Annual Benefit Concert For Seattle Children's Hospital

Mateo Messina, a Grammy winning composer and OLG alum will be performing his annual benefit concert at Benaroya Hall on Friday, November 6, 2015. The Symphony "Firelight" will feature choirs, dancers, Seattle rockers Sweetwater, and lots of unexpected fun. This is not your typical symphony - each year's performance is different and filled with surprises. Whether it's famous musicians backed by a full symphony, a marching band coming down the center aisle, or a full audience Neil Diamond singalong, these evenings are one-of-a kind and not to be missed. Details at <http://lumaquild.org/events/> or Seattle Symphony Events.



OUR LADY OF GUADALUPE
OVER 65 LUNCHEON

Please come join us for a FREE meal prepared and served by the OLG 5th graders and their parents.

Sunday, November 8th, 2015
12:30-3:00pm

In the OLG School Hall
3401 SW Myrtle St, Seattle, WA 98126

Please RSVP to OLG Parish #206-935-0358

Transportation is available
(Please request when you RSVP)

We hope to see you there!





From The Pastoral Center

Stewardship Giving Made Easy Visit www.olgseattle.org

If you are looking for a more convenient way to make planned or additional financial contributions to support our parish ministries and programs, we encourage you to look at our electronic giving options. Visit our parish website to learn more. Go to www.olgseattle.org and click on the "Online Giving" button. Renewal of Financial Stewardship - your pledge - can be done on-line.

World Mission Sunday

Thank you for your generous response to the Society for the Propagation of the Faith last weekend on World Mission Sunday. Our parish raised \$1,197. Some people are called to go to serve in other countries to develop the church and serve its people, but all of us can pay and support the Missions from right here in the parish.



OLG School Happenings

Donna Ramos, Principal
dramos@guadalupe-school.org
206-935-0651 - X102

Save the Date - An Evening in Paris - OLG School Auction and Gala Saturday, February 27, 2016

Last year, the first ever OLG Parish Consortium helped us create the amazing live auction package for the Herbfarm dinner and overnight stay (a local getaway weekend that helped the auction reach their goal of raising \$105,000)! Thank you so much for supporting your Parish School! Your generosity is truly appreciated and graciously received by the students and staff of Our Lady of Guadalupe.

This year, we are traveling abroad with our theme "An Evening in Paris"! The OLG Parent Organization is requesting donations to support our 44th annual school auction and gala. Procurement plans are already underway and we invite you to consider participating with a donation of services, items, catalog advertisements or event sponsorships. Cash donations are graciously accepted as part of our Parish Consortium opportunity. If you would like to make your donation in person, auction volunteers will be at Mass the weekends of November 7/8, November 21/22, and December 5/6. Donations may also be mailed or dropped off at the OLG School office. We will accept donations through Sunday, December 6th, 2015. Be a part of this amazing experience! Don't delay, get your auction donation in today! Please visit the OLG school website for more information. <http://www.guadalupe-school.org/fundraising/auction>. Questions? Please contact auction chair, Laura Vornbrock at 206-200-0634 or procurement chair, Alder Kuhn, at olg_auctionchair@outlook.com.

A Message From 6th Grade Teacher Nathan Franck

"I had the pleasure of participating in a two day educator retreat and workshop with Project Learning Tree and Project WILD on October 5th and 6th. The workshop's objectives were bringing art and science together through journaling; planning and implementing Next Generation Science Standards aligned units; and integrating the natural environment and field investigations into science curriculum.

I've already begun working with the 6th graders on their nature journaling skills and can't wait to apply my learning about outdoor investigations to enhance the Fauntleroy Creek and Salmon Stewardship project his year! This was a great opportunity to enhance the middle school science program through more rigorous scientific investigations in the outdoors!"

Help our school purchase library books and recess equipment! Drop off labels from Box Tops and Labels for Education products in the big Campbell's soup can located by the church library. To learn more about participating products, visit the fundraising section of the school web site, or contact Natalie Trius at 206-767-4236 or nate_trius@hotmail.com or Laura Wong at 206-777-3000 or lbeito@yahoo.com. Thank you for your help!

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