

# Our Lady of Guadalupe

7000 35th Avenue SW , Seattle, Washington, 98126

February 7, 2016



## *Cultivating A Jubilee Year Of Mercy*

### Mass Times

**Saturday Vigil** - 5:30 PM

**Sunday Mornings** - 8:30 AM and 11:00 AM

**Weekday Mass** - Wednesday, Thursday, and Friday - 9:00 AM

**Holy Day Masses** - 9:00 AM and 7:00 PM

**Sacrament of Reconciliation** - Saturdays - 4:15 to 5:00 PM (or by appointment through the Parish Office)

**OLG Parish** - [www.olgseattle.org](http://www.olgseattle.org) - [parishoffice@olg.seattle.org](mailto:parishoffice@olg.seattle.org) - Phone: 206-935-0358

**OLG Parish School** - 3401 SW Myrtle, Seattle, WA 98126 - [www.guadalupe-school.org](http://www.guadalupe-school.org)  
Phone: 206-935-0651



## **From the Pastor's Desk**

### **Beginning Of Lent On Wednesday**

Not so many years ago, we all had the sign of the cross traced on our forehead with water and oil during our Baptism. This signature made us members of God's family. On Ash Wednesday, we are reminded again that we are in relationship with God. Just as we are in relationship with God in our joyful wet entry into our world, so we are in the dusty dry ashes of death.

The grit of our ashes remind us of the possibilities and the limitations of our human lives. We are reminded of our mortality not to cause us fear, but to remind us of the resurrection and the hope that is ours.

Lent allows us, perhaps, to let God out of the convenient places we put God for our own comfort. These weeks of Lent open up the possibility of a life with deeper human relationships and a closer walk with the one who placed the signature of the cross on our heads at our Baptism.

I invite every parishioner to look at the opportunities the parish is offering during the next forty days. I know that I need a continual transformation of my heart, how about you?

### **Questions For lent**

- What am I learning about Jesus as I listen to our Gospel writers? Try to be specific.
- What am I learning about myself when I hear the scriptures addressed to me?
- What in my life do I need to turn away from?

# Prayer & Liturgy



## Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Thelma Bowman      Pat McCarthy  
Rae Nicklas        Lenora Tague

And for those who have recently passed: Mary Jane Daniels.

## RSVP (Ritual, Scripture, Verse and Prayer) “Be Merciful: Reflections On The Spiritual And Corporal Works Of Mercy”

During the season of Lent, you are invited to participate in a six-week, parish-wide series designed to build closer relationships in community and foster a deeper spirituality. In the spirit of the Jubilee Year of Mercy, we will focus on the works of mercy and the Lenten Sunday Gospel readings. Small groups gather in parishioners’ homes, or at the parish. If you are new to the program, please fill out the form in the back of church or on our parish website and return it to the office or place it in the collection basket. You will be contacted about the meeting time and place. RSVP groups will be arranged to meet once a week from February 8th to March 20th. For more information, please contact Helen Oesterle at 206-935-0358, Ext. 108 or [heleno@olgseattle.org](mailto:heleno@olgseattle.org). You can also find more information at our parish website.

## Centering Prayer

July 13th - DeMazenod Room at 10:30 p.m.

### BUSINESS OF THE WEEK

deVrieze | Carney

Wills \* Trusts \* Probate \* Real Estate \* Elder Law

3909 California Avenue S.W.  
Seattle, WA 98116-3705

206-935-5500



## Scripture Readings

*This Week*

### Fifth Sunday In Ordinary Time

Reading 1: Isaiah 6:1-2a, 3-8

Reading 2: 1 Corinthians 15:1-11

Gospel: Luke 5:1-11

*February 10th*

### Ash Wednesday

Reading 1: Joel 2:12-18

Reading 2: 2 Corinthians 5:20-6:2

Gospel: Matthew 6:1-6, 16-18

*Next Week*

### First Sunday Of Lent

Reading 1: Deuteronomy 26:4-10

Reading 2: Romans 10:8-13

Gospel: Luke 4:1-13



## Cultivating A Jubilee Year Of Mercy

**Parish Lenten Retreat: The Compassionate Mercy of God** Saturday, February 13 from 10:00 a.m. to 4:00 p.m., Pastoral Center. *Presenter: Helen Oesterle.* Lent is a wonderful time to step back from the busyness of life and spend time with God. During this year of mercy, you will have an opportunity to reflect on God’s mercy in your own

life and how to share it more intentionally with others. Hospitality will be provided, but please bring your own lunch. For more information and to register, please contact the Parish Office, 206-935-0358. [heleno@olgseattle.org](mailto:heleno@olgseattle.org).

For more information about “Prayer and Liturgy”  
go to [www.olgseattle.org](http://www.olgseattle.org) and click on the  
“Grow In Faith” tab.

# Faith Formation



## Some Ideas To Do With Your Children This Lent By Loyola Press

### Bury the Alleluia

- To symbolize the removal of the Alleluia during Lent in anticipation of its return at Easter, write the word "Alleluia" on a card and place it in an envelope with the message on the outside: "To be opened at Easter". This can be placed on your family prayer table, or the place where you eat. This is a wonderful thing to do after Ash Wednesday so that during the first Sunday in Lent, you can explain that in place of the "Alleluia" we will be saying other proclamations such as: "Glory to You" "Word of God", "Lord Jesus Christ", or "Glory and Praise to You Lord Jesus Christ", "Praise and Honor to You, Lord Jesus Christ".
- It is important to point out that during Lent, we do not sing the Alleluia at Mass because it is considered an Easter word and by not using it for 40 days, perhaps we will come to appreciate more just how joyful this acclamation is.
- Explain to your children that when Easter arrives, we can't seem to sing enough "Alleluias"!

### Family Fasting during Lent

- Talk as a family that during Jesus' 40 days in the desert, he fasted and prayed. Continue your discussion on what it means to fast: to do without food and that Catholics, during Lent, practice fasting in order to remind ourselves that our deepest hunger is for God.
- As a family, brainstorm some foods that will not be available for the 40 days of Lent. On Easter, as part of your celebration, you can bring these foods back. Look at what snacks can be replaced with the foods that will not be eaten during Lent and list them.
- Identify, as a family, by planning a weekly fasting meal. Engage your children in the preparation of this weekly meal to make it fun and meaningful for them.
- As a family, develop a family prayer which is said during Lent as part of your meal time ritual.



## Family Faith Sunday It All Comes Down To Mercy And Letting Jesus Find Us This Lent!

On Sunday, February 7th, we will gather as families to share our faith together by participating in some fun activities that challenge us and engage us in a deeper reflection and discussion of our faith. We will meet in the Walmesley Center from 9:30 a.m. to 10:45 a.m. We will then participate in Mass together. This is a wonderful pre-lent activity as a family as we will be discussing why we receive ashes on Ash Wednesday, February 10th, marking the beginning of the Season of Lent. We will participate in activities that help us engage in this wonderful season through penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday.

It doesn't matter if you have never participated in any of our Family Faith Sundays, or if you have attended many, this is a wonderful opportunity as a family to discuss your faith, and continue the discussion at home. In celebration of our Jubilee year of Mercy, we will be making a fun project entitled "Works of Mercy Tree" which Fr. Jack will bless during Mass. This tree symbolizes how we can participate in Corporal and Spiritual Works of Mercy in a fun way as a family. We so look forward to having you share with us on February 7th!

## Are You Interested In Learning More About The Catholic Faith And/Or Becoming Catholic?

You are invited to participate in the RCIA (Rite of Christian Initiation of Adults), a process of initiation into the Catholic community of faith. It encompasses the study of Scripture, Catholic teaching, and Christian values - the development and deepening of a life of prayer and action - all with the support and involvement of the parish community. A new inquiry session has just begun on Wednesday evenings, 6:30 p.m. to 8:00 p.m. in the Pastoral Center. For more information, please contact Helen Oesterle at 206-935-0358, Ext. 108; [heleno@olgseattle.org](mailto:heleno@olgseattle.org). You can also find more information at our parish website.

## Save The Date For Vacation Bible Camp!

Please save the date for Vacation Bible Camp - Cave Quest - Following Jesus The Merciful Light of the World! **June 27th through July 1st, 2016.**



# Outreach Ministry

## **Parish Mental Health Survey**

Pope Francis has encouraged us, as disciples of Christ, with these words, "Let us open our eyes and see the misery. . . of our brothers and sisters who are denied their dignity. . . May we reach out to them and support them so they can feel the warmth of our presence, our friendship, and our fraternity." According to the National Alliance on Mental Illness, "One in five Americans live with a mental health condition." Sadly, in our society, there is often a stigma attached to mental illness; and there is too often isolation experienced both by those struggling with mental health issues as well as by their family members. During this year of Mercy, the parish Life, Justice and Peace Commission would like to focus our efforts on this issue, growing together as a parish community that is welcoming, inclusive and supportive of those struggling with mental illness. To assist the commission in our planning, we will be inviting your support by means of a very brief survey, which will be conducted at the conclusion of all Masses on the weekend of February 6th and 7th. This survey will also be made available on our parish website. Your thoughtful and prayerful participation is greatly appreciated.

## **St. Vincent de Paul**

*"Why do people stand in awe at the ruins of an old church but are not in awe at the ruins of a man?"* GK Chesterton is credited with asking this question almost one hundred years ago. Like many of his observations, the question still applies today. We have just heard that Seattle has more homeless people on the street than we have ever had before. Thank God for our mayor and the City Council who are trying to help them, as well as those for whom the city is building low income housing. Thank God for our St. Vincent de Paul Society at Guadalupe who are trying to help them as well. Thank God for the partnerships between you, our parish partners, and those who are working among our poor brothers and sisters. Keep up the good work!



## **Rice Bowl Is Starting.....**

### **Hungry For The Journey**

Join our parish community and nearly 14,000 Catholic communities across the United States in a life-changing Lenten journey with Catholic Relief Services Rice Bowl. You can pick up your Rice Bowl at the Ash Wednesday Masses, where they will be blessed in our community. CRS Rice Bowls can be used to collect alms for people experiencing hunger around the world. They are also filled with wonderful educational and prayer resources to deepen your Lenten experience. This year, you can also get the free CRS Rice Bowl app for daily inspiration, follow them on Twitter and/or like them on Facebook. *Remember, what you give up for lent changes lives.*



# Pastoral Care

## Home Ministries

If you or anyone you know is in need of the **Sacrament of the Eucharist**, the **Sacrament of Anointing**, or other Home Ministries, let us know by calling Marion Kari at 935-0358, ext. 113.

## Prayers And Squares Quilt Ministry Needs Your Help!

Do you sew and have some time to devote to this wonderful ministry? If so, your talents and skills will be greatly appreciated. The growing need in our community for prayer quilts has been tremendous. Our Prayers and Squares Ministry is small and has a dedicated group of quilters. It does not matter if you have never made a quilt before as there will be lots of ways that you can use your abilities. This group meets on the first Tuesday of each month from 1:00 p.m. to 3:00 p.m. in the Pastoral Center. If you are interested, please contact Marion Kari at 206-935-0358, Ext. 113 or by email at [marionk@olgseattle.org](mailto:marionk@olgseattle.org).

**Samaritan**  
Center of Puget Sound

John Baumann, M. Div. LMHC  
Counseling & Psychotherapy Services  
206-527-2266, ext. 385  
425- 830-9614 (cell)

## Listening Heart Ministry Training In Spanish This February

Want to learn excellent pastoral care and communication skills? Cabrini Ministry Training will be offering their "Listening Heart" program in Spanish this February on Saturdays from 1:00 p.m. to 3:00 p.m. at St. Andrew's in Sumner and Sundays from 2:00 p.m. to 4:00 p.m. at St. Mary's in Seattle. Classes are scheduled to begin the weekend of February 13/14 and the registration deadline is February 9. Registration forms are available in your parish office. For more information, contact [olaf@stmarysseattle.org](mailto:olaf@stmarysseattle.org) (206-324-7100, Ext. 13) or [olaf@standrewsumner.org](mailto:olaf@standrewsumner.org) (253-863-3220).

## Inspiration When Caring For A Loved One!

"To care for others as they become weaker and closer to death is to allow them to fulfill their deepest vocation, that of becoming ever more fully what they already are: daughters and sons of God".

- Henri Nouwen - "Our Greatest Gift"

## Catholic Hospital Ministry At Harborview Medical Center

Volunteers are needed to bring Holy Communion and provide a presence to patients and their families at Harborview hospital. Volunteers must complete all necessary paperwork, background checks, personal interviews and Orientation/Training sessions. Time expectation is once a week - 3-4 hour shift, plus bimonthly check-in gatherings. There is lots of flexibility in regards to specific day/time. If you would like to participate, call 206-965-1646 or email Deacon Steve Wodzanowski at [stevew@stjosephparish.org](mailto:stevew@stjosephparish.org).

*Serving as a Eucharistic Minister at Harborview is one of the most rewarding volunteer activities I have ever done. I strongly feel the presence of Christ when I visit a patient, and the patients are usually so grateful to have someone bring them Holy Communion. Many of them are often moved to tears after receiving the sacrament. The experience also makes me grateful for my own health and God's blessings. This has been a rich experience for me. -Dick Malloy*

## Our Prayer Quilt Ministry Has Touched Two Lives Powerfully!

Have you ever wondered what happens when Our Lady of Guadalupe prayer quilts are presented to the people who have requested them? Recently, a member of our community shared a beautiful story when her nephews received their prayer quilts. You may recall that we prayed for two boys, Mason and Hudson Langhams, late last year for guidance for their medical team, strength and support for their family, and peace, strength and courage for Mason and Hudson. When Mason's Grandmother presented the boy's with their prayer quilt, Mason put the prayer quilt around his shoulders and said "I now know that I am going to be okay".

What a powerful witness of faith and hope these two boys have shared with us all. Thank you to all of our members who so faithfully tie prayer knots for our quilts and thank you to all of the wonderful ladies in our prayer quilt ministry who share the gift of time and talent for the benefit of others to receive. This example is just one of so many in our community of how we show mercy to others.



### ***Book Sale Is Coming***

So many good books have been donated to our Parish Library that our shelves cannot hold them. So, we are removing the duplicates and some of the very old books and putting them up for sale. The sale will be after all the Masses on February 20th and 21st in the vestibule. The asking price for each book is \$.50 - \$1. Come and find some great material for your Lenten reading and spiritual development. See you there.

### ***Buy Raffle Tickets To Support Our Family Faith Programs***

Raffle tickets are now on sale after our weekend Masses for the next three weeks to raise funds supporting Vacation Bible Camp, Jr. High Rally, and staff formation. We have a variety of theme baskets filled with all kinds of goodies, which will be on display in the back of church. You can buy raffle tickets for specific baskets at \$5 per ticket or \$20 for five tickets. The drawing will take place on **Monday, February 22nd** and winners will be notified. The theme baskets are:

Children's - Wine - Coffee - Movie - Garden - Seahawk's

### ***Scouting/Campfire Sunday - February 7th***

All Scouts and Campfire Youth and Leaders are invited to join us at the 11:00 a.m. Mass to ask God's blessings upon you as you grow in Christian maturity to become Christ's witnesses in the world. You are encouraged to wear your uniform.

Note: Campfire Youth will be selling candy after the Masses.

### ***New On The Parish Website And Facebook Page***

You can now hear Fr. Jack's homilies. You can access them in a variety of ways. Look for them under the "Quick Links" section of the home page, or go directly to the Pastor's Page. You can also hear Brian Callanan's inspiring (and humorous) reflection given at the 11:00 a.m. Mass last weekend celebrating Catholic Education. [www.olgseattle.org](http://www.olgseattle.org).

### ***Holy Family School Reunion***

The 1960 graduating class of Holy Family Grade School is having a 56 year reunion in September, 2016 in the Seattle area. Classmates can contact Joan Nitkey at 509-998-0654 or by email at [sckphd72@msn.com](mailto:sckphd72@msn.com).

### ***50 Plus Funsters***

### **Seniors, Please Check This Out.**

**February 11** - Breakfast at Be's.

This is cancelled due to remodeling at Be's.

**February 23** - Spring Pot Luck at Walmsley Center

Doors open at 10:45 a.m. Please bring table decorations. We will eat shortly after noon. Please bring food items per your last name.

A - G - Hot Dish      H - MIL - Salad      MIM - Z - Desert

**March 10** - Resume Breakfast at Be's - 9:30 a.m.

This date is deadline for payment of \$15/person for Taproot Theatre presentation at 2:00 p.m., April 20th as previously selected. If you wish, you can pay earlier by contacting Harry Schmitt at 206-937-5897.

### **Knitters And Crocheters Needed!**

Do you knit or crochet? Why not join us? We knit and crochet hats and scarves for the needy. We also knit and crochet prayer shawls for Hospice patients. Beginners welcome! We meet monthly on the 2nd or 3rd Sunday of the month from 12:20 p.m. until 3:00 p.m. Our next meeting is on January 24th in the Pastoral Center West Room. You can bring your needles/hooks, yarn and whatever patterns you wish to work on, or pick some up at the meeting. Snacks will be provided. For more information, please contact Velma Jones at [jones\\_velma@hotmail.com](mailto:jones_velma@hotmail.com).

### **World Day Of The Sick**

### **Mass And Anointing Of The Sick**

Seattle Archbishop J. Peter Sartain will lead Mass and Anointing of the Sick for World Day of the Sick on Thursday, February 11, at Providence Mount St. Vincent in West Seattle. The public is invited to attend Mass, which begins at 9:30 a.m. and includes a reception afterwards. It will be in the Pigott chapel at Providence Mount St. Vincent, 4831 35th Avenue SW, Seattle, WA 98126. During the Anointing of the Sick, Archbishop Sartain, and other priests, will individually bless anyone who is poor or sick, bringing the hope and the healing of Lourdes to them. The St. James Music Ministry and Harpist Leslie McMichael will perform at the Mass. For more information, call 206-938-6191 or email [susan.p.clark@providence.org](mailto:susan.p.clark@providence.org). More information about Providence Mount St. Vincent can be found online at [www.providence.org/themount](http://www.providence.org/themount).

***For "Community Events",  
please visit our website.***

## Welcome to our newly baptized!

**Austin Anthony Tyree**

Baptized January 24, 2016

"Having Austin enter our world has brought a new light to our life. We are excited to raise him in the Catholic faith."



**Rylee Rose Marquez Sabay**

Baptized January 9, 2016

"Baptism for my daughter means a lot. My daughter is my world and I do everything with her. This occasion will be one of the biggest days that will ever happen. It is very important to all of us."

**Edwin Daquiz Babcock**

Baptized January 10, 2016

"We are excited to have Edwin formally join this incredible community of faith and action. Edwin is lucky to have the support and guidance of our family and friends and our church."



*"They are to walk always as children of the light. May they keep the flame of faith alive in their hearts. When the Lord comes, may they go out to meet him with all the saints in the heavenly kingdom."* From the Rite of Baptism



## ***From The Pastoral Center***

### ***Stewardship Giving Made Easy Visit [www.olgseattle.org](http://www.olgseattle.org)***

If you are looking for a more convenient way to make planned or additional financial contributions to support our parish ministries and programs, we encourage you to look at our electronic giving options. Visit our parish website to learn more. Go to [www.olgseattle.org](http://www.olgseattle.org) and click on the "Online Giving" button.

## ***OLG School Happenings***

Donna Ramos, Principal  
[dramos@guadalupe-school.org](mailto:dramos@guadalupe-school.org)  
206-935-0651 - X102

### ***Science Fair Thank You***

A HUGE thank you to all of the judges that volunteered at the science fair this weekend! Your presence provided students with an invaluable opportunity to present to the professional scientific community. This challenge provides each of them with unique recognition and acceptance along with a boost in confidence with presenting to a variety of audiences. Thanks again for this great service you've provided to the OLG middle school students and community!

- Nathan Franck  
Middle School Science and Spanish Teacher

### ***Open House Thank You***

OLG School held its annual Open House on Sunday and it was a resounding success! Thank you to all of our supportive parents and parishioners who came to lend a hand or to tour the school. We are proud to have such a committed and involved community!

#### **Pastoral Center**

Phone: 206-935-0358

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#### **Parish Staff**

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