

Our Lady of Guadalupe

7000 35th Avenue SW , Seattle, Washington, 98126

February 21, 2016



Cultivating A Jubilee Year Of Mercy

Mass Times

Saturday Vigil - 5:30 PM

Sunday Mornings - 8:30 AM and 11:00 AM

Weekday Mass - Wednesday, Thursday, and Friday - 9:00 AM

Holy Day Masses - 9:00 AM and 7:00 PM

Sacrament of Reconciliation - Saturdays - 4:15 to 5:00 PM (or by appointment through the Parish Office)

OLG Parish - www.olgseattle.org - parishoffice@olg.seattle.org - Phone: 206-935-0358

OLG Parish School - 3401 SW Myrtle, Seattle, WA 98126 - www.guadalupe-school.org
Phone: 206-935-0651



From the Pastor's Desk

What A Day It Was!!

On Tuesday, February 9th, our parish community experienced the loss of two long-time and faith filled parishioners. Kay Messina and Jim Theofolis. One died in the early morning and one late in the evening. In addition, a young woman, Marissa Valencia, died and our parish served her family with a service presided over by Helen Oesterle and Marion Kari. These three deaths gave full meaning to the words of Ash Wednesday: *"Remember you are dust and unto dust you shall return"*.

John O'Donohue, a Celtic spiritual writer, expresses so well our faith view about the death of loved ones in his book *Anam Cara*.

A Blessing For Death

I pray that you will have the blessing of being consoled and sure about your own death.

May you know in your soul that there is no need to be afraid when your time comes, may you be given every blessing and shelter you need.

May there be a beautiful welcome for you in the home you are going to.

You are not going someplace strange. You are going back to the home that you never left.

May you have a wonderful urgency to live your life to the fullest.

May you live compassionately and creatively and transfigure everything that is negative within you and about you.

May you be peaceful and happy and in the presence of those who really care for you.

May your going be sheltered and your welcome assured. - John O'Donohue, *Anam Cara*

What Are People Saying About Your Parish?

Recently, 60 parishioners gathered on a Saturday morning to have a community conversation about OLG. I deliberately was not present for the discussion but did come back with Donna Ramos, our school principal, to hear the summaries. Over the next few weeks, I will share with you the thoughts from your fellow parishioners.

Why OLG?

School - Brings many to our parish.

Music

Physical worship space.

Beacon Church

Location

Good working relationship between Priest, Principal and Music Director.

RCIA

Social Justice focus and outreach.

Next week, I will share the results of the question; If someone visited OLG after a five year break, what would you like them to find when they returned.

Listen to Fr. Jack's homilies online at www.olgseattle.org

Prayer & Liturgy



Let Us Pray For...

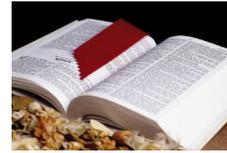
We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Thelma Bowman	Pat McCarthy	Donna Simonson
Bob Gage	Rae Nicklas	Lenora Tague

And for those who have recently passed: Jim Theofolis

Thank You

Ben Messina and family want to thank all of you who helped to celebrate the life of Kay Messina. Her life was formed by the many friendships that she made over the fifty-one years that we shared at OLG. Kay was always happy when she sang in the choir, and helped out at school. She supported the staff at OLG School as she trusted them to teach our three sons to be good Christians and citizens of our community. Even though Kay's mind was clouded by Alzheimer's, she was always happy to attend Mass until the very end. She will be missed.



Scripture Readings

This Week

Second Sunday Of Lent

Reading 1: Genesis 15:5-12, 17-18

Reading 2: Philippians 3:17-4:1

Gospel: Luke 9:28b-36

Next Week

Third Sunday Of Lent

Reading 1: Exodus 3:1-8a, 13-15

Reading 2: 1 Corinthians 10:1-6, 10-12

Gospel: Luke 13:1-9



**Catholic Leadership
INSTITUTE**

Disciple Maker Survey

Thank you to those who have completed the Disciple Maker Survey! If you have not yet completed either a paper survey or the online version, please take five minutes and do so before 2/15/16. After the 15th, you will only be able to complete the survey online at olgseattle.org. Call Peggy Behnken at 206-935-0358, Ext. 114 if you have questions.



Cultivating A Jubilee Year Of Mercy

"Compassionate Mercy of God"

A Retreat To Begin Holy Week

Saturday, March 19, 2016 from 9:00 a.m. to 12:30 p.m., Pastoral Center. Begin Holy Week with spending time with God, reflecting on His compassionate mercy. Hospitality will be provided, but please bring your own lunch. You are then welcome to come to our Parish Reconciliation Service at 1:00 p.m. For more information and to register, please contact the Parish Office, 206-935-0358 or heleno@olgseattle.org.

BUSINESS OF THE WEEK

[HomeStreet] Bank

PATRICK HENRY

Senior Loan Officer

West Seattle Branch 4022 SW Alaska Street

patrick.henry@homestreet.com

www.homestreet.com

206-201-9259 cell

206-538-5962 office

Lifetime member of The Catholic Community

For more information about "Prayer and Liturgy" go to www.olgseattle.org and click on the "Grow In Faith" tab.

Faith Formation



Some Ideas To Do With Your Children This Lent By Loyola Press

Bury the Alleluia

- To symbolize the removal of the Alleluia during Lent in anticipation of its return at Easter, write the word "Alleluia" on a card and place it in an envelope with the message on the outside: "To be opened at Easter". This can be placed on your family prayer table, or the place where you eat. This is a wonderful thing to do after Ash Wednesday so that during the first Sunday in Lent, you can explain that in place of the "Alleluia" we will be saying other proclamations such as: "Glory to You" "Word of God", "Lord Jesus Christ", or "Glory and Praise to You Lord Jesus Christ", "Praise and Honor to You, Lord Jesus Christ".
- It is important to point out that during Lent, we do not sing the Alleluia at Mass because it is considered an Easter word and by not using it for 40 days, perhaps we will come to appreciate more just how joyful this acclamation is.
- Explain to your children that when Easter arrives, we can't seem to sing enough "Alleluias"!

Family Fasting during Lent

- Talk as a family that during Jesus' 40 days in the desert, he fasted and prayed. Continue your discussion on what it means to fast: to do without food and that Catholics, during Lent, practice fasting in order to remind ourselves that our deepest hunger is for God.
- As a family, brainstorm some foods that will not be available for the 40 days of Lent. On Easter, as part of your celebration, you can bring these foods back. Look at what snacks can be replaced with the foods that will not be eaten during Lent and list them.
- Identify, as a family, by planning a weekly fasting meal. Engage your children in the preparation of this weekly meal to make it fun and meaningful for them.
- As a family, develop a family prayer which is said during Lent as part of your meal time ritual.

Junior High Rally 2016

The Junior High Rally welcomes all youth in grades 6th through 9th to attend a spirited rally at Forest Ridge School of the Sacred Heart on March 12, 2016. The Archdiocese of Seattle's annual Junior High rally is an opportunity for all to grow as disciples and deepen relationships with Jesus Christ. Our church is strengthened by having our youth from Our Lady of Guadalupe Church attend this wonderful event, to serve as living witnesses to our Light, Love and Mercy of Christ through our daily lives. We have not sponsored this event and are wanting to use our raffle proceeds to pay for any family that needs scholarship funds to attend. Our Lady of Guadalupe pray for us that many of our youth will be able to attend. Please refer to the insert flyer for more information on the youth rally.



Family Faith Sunday Invites You To Pray With Stations Of The Cross With Your Children On March 5, 2016!

When: March 5, 2016

Time: 9:30 a.m. to 10:34 a.m.

Where: In The Walmesley Center. All are encouraged to attend our Family Mass at 11:00 a.m.

Who Should Come: Families with school age children K-8th grade. Younger children will have a harder time relating to the topic and prayer environment.

The stations of the cross portray a picture story in 14 different "stations" of the pain and suffering Jesus went through for us from the time Pilot condemned Him to death until He was placed in the tomb after dying on the cross. Praying the "stations" with your children has been a wonderful tradition here at Our Lady of Guadalupe during Lent. All of us know what it is like to see someone we care about be hurt or sad or suffering in some capacity and it makes us feel sad inside too. The love and caring we have experienced when someone we love is hurt or sad, strengthens our "love bond" with them and brings us closer to them.

This is how it is with Our Lord Jesus - by praying the Stations of the Cross, we try to understand, from a "child's point of view", how much Jesus loved and suffered for each one of us by carrying the cross in our place. By walking the path that Jesus walked for us, we come to love Him more and He is able to fill us with His love. In this way, we open our hearts and allow the Holy spirit to teach us and fill us with a deeper love and gratitude for Jesus. In Lent, we are taking time out of our busy schedules to open our hearts in a deeper way by praying the Stations of the Cross as a family is a beautiful way to experience this and offers many opportunities at home to continue discussions and reflections on our relationship with Jesus.

Please mark your calendars for our Family Faith Sunday on March 5th and, in our Year of Mercy, invite a family member to come who has not been a part of our Family Faith Sunday program and experience praying the Stations of the Cross as a community!

Save The Date For Vacation Bible Camp!

Please save the date for Vacation Bible Camp - Cave Quest - Following Jesus The Merciful Light of the World! **June 27th through July 1st, 2016.**



Outreach Ministry

Drivers Needed To Deliver Food To Local Homeless Shelter

We are looking for a couple of drivers to add to our team. The likely commitment would be about one hour/month. Request: a willing, helpful soul to pick up food from a local restaurant and deliver to St. Martin de Porres Homeless Shelter on Sunday nights. This would be a shared responsibility with two other people and take approximately one hour to pick up and deliver the food and return home from West Seattle. Typically, 10 to 15 containers of food (12 x 20 x 3") are donated by the restaurant each week to the shelter. Please contact Joan Bateman, 206-938-0851, if you have an interest in participating.

St. Vincent de Paul

"Our home visits are more than opportunities to provide help preventing an eviction or keeping the utilities from being disconnected. In our Vincentian ministry of the home visit, we are given an extraordinary lens through which we experience first-hand the deep feelings of hopelessness and anxiety of people in distress. A variety of factors contribute to these situations: a job that does not pay an adequate wage, a limited education that cannot open doors to better employment, lack of having the self-confidence to speak up for oneself, not knowing where to turn for resources."

- St. Vincent de Paul Society of Seattle/King County, Reflection for February

Thank God and our Vincentian volunteers for this wonderful ministry!

2016 Day Of Service - April 16th

In 2014, we began a new OLG tradition....the OLG Day of Service. Each year, over 100 parishioners and friends have gathered to serve together at projects throughout our region. **The 2016 Day of Service is on Saturday, April 16th** and this year Peace Lutheran will join us! In honor of Pope Francis' Jubilee Year of Mercy, the Day of Service will offer people the opportunity to perform the seven Corporal Works of Mercy. We will also have opportunities to care for the environment, in honor of the recent papal encyclical "Laudato Si'". **To sign up, or for more details, go to www.olgseattle.org/day-of-service.**



Catholic Relief Services Rice Bowl Speaker.....

Thomas Awiapo From Ghana

A snack saved his life. Now he's dedicated himself to saving the lives of others. Orphaned before the age of ten, Thomas survived poverty and hunger in a small village in Ghana with the help of a CRS Food for Education program. Now, Thomas works for CRS, training community leaders in his home country and traveling through the United States sharing his story. Meet Thomas Awiapo of CRS Ghana on Wednesday, March 2nd from noon until 1:00 p.m. at the Archdiocese of Seattle's Isaac Orr Conference Center - 910 Marion Street, Seattle. A complimentary lunch will be served. **Please RSVP to the Missions Office by February 25th - 206-382-4580 or missionsoffice@seattlearch.org.**



Hungering To Give Back

This week, CRS Rice Bowl takes us to Laos, where Hongkham is using her love of cooking to provide for her family and feed an entire school. How do we use our passions and gifts for the betterment of those we meet? Visit csrtricebowl.org for more information. This year, you can get the free CRS Rice Bowl app for daily inspiration, follow them on Twitter and/or like them on Facebook. *Remember, what you give up for Lent changes lives!*



Pastoral Care

Home Ministries

If you or anyone you know is in need of the **Sacrament of the Eucharist**, the **Sacrament of Anointing**, or other Home Ministries, let us know by calling Marion Kari at 935-0358, ext. 113.

Prayers And Squares Quilt Ministry Needs Your Help!

Do you sew and have some time to devote to this wonderful ministry? If so, your talents and skills will be greatly appreciated. The growing need in our community for prayer quilts has been tremendous. Our Prayers and Squares Ministry is small and has a dedicated group of quilters. It does not matter if you have never made a quilt before as there will be lots of ways that you can use your abilities. This group meets on the first Tuesday of each month from 1:00 p.m. to 3:00 p.m. in the Pastoral Center. If you are interested, please contact Marion Kari at 206-935-0358, Ext. 113 or by email at marionk@olgseattle.org.

Samaritan
Center of Puget Sound

John Baumann, M. Div. LMHC
Counseling & Psychotherapy Services
206-527-2266, ext. 385
425- 830-9614 (cell)

May the Spirit who led Jesus into the Desert, Lead you through these Forty Holy Lenten Days.

“The Lenten Desert”

As the Holy Spirit of God leads me through the Purple Desert of these forty days, may I be united daily with a global multitude of Lenten Pilgrims. Help me to be aware, O God that as their Lenten prayers and works will influence my Easter pilgrimage, so my prayer and sacrifice will influence theirs. Together with all the Body of Christ, may we be reformed and renewed during these Desert Days of Lent.

Senior Coffee Hour

The Mayor's Office For Senior Citizens

All are welcome to attend the Senior Coffee Hour featuring Catherine Lester, Director for Seattle Human Service Department.

When: Thursday, March 18, 2016

Time: 10:00 a.m. to 11:00 a.m.

Where: The Central Building - 3rd Avenue on the first floor of Conference Room #810.

Have You Ever Wanted To Learn The Basics Of How To Use The Computer?

If you are interested in learning more about the basic use of a computer and want to practice using a mouse and a keyboard, here is the class for you.

Class Title: Computer Basics 1

When: Tuesday, March 1, 2016

Where: Boeing Technology Training Center - Room 4, Level 4

Time: 2:30 p.m. to 4:00 p.m.

Senior Services Is Now Sound Generations Featured Program This Month: Mobile Market!

The Mobile Market can bring groceries to your front door.

Phone: 206-448-5767

1-888-308-6325

When you shop at Mobile Market, you can find the grocery store at your front door each week with products that help you enjoy life at home. This service is very easy for the homebound resident and maintains their independence. You can select from a wide variety of competitively priced food items and other products. Mobile Market selection includes: bread, canned fruits and vegetables, packaged dinners, soups, rice, pasta, beans, fresh milk and cheese, nutritional supplements like Ensure and Glucerna, cleaning supplies, and personal hygiene and bathing products. The staff and volunteers put care in their work, from the delivery drivers who know each customer by name to the operator who gives personal attention while taking your order. Mobile Market shoppers, who are age 60 or more, may also benefit from the services of Meals on Wheels, which delivers delicious and nutritious meals to King County homes.



OLG Community

Book Sale Is Coming

So many good books have been donated to our Parish Library that our shelves cannot hold them. So, we are removing the duplicates and some of the very old books and putting them up for sale. The sale will be after all the Masses on February 20th and 21st in the vestibule. The asking price for each book is \$.50 - \$1. Come and find some great material for your Lenten reading and spiritual development. See you there.

Last Chance To Support

Our Vacation Bible Camp And Jr. High Rally

This weekend is the last time you can buy raffle tickets to raise funds supporting Vacation Bible Camp and the Jr. High Rally. We have a variety of beautiful theme baskets filled with all kinds of goodies, which will be on display in the back of church (including "Go Seahawks", "Taste of Italy", and "Movies, Movies, Movies"). You can buy raffle tickets for specific baskets at \$5 per ticket or \$20 for five tickets. The winning tickets will be drawn by Fr. Jack on Wednesday, February 24th and winners will be notified.

New On The Parish Website And Facebook Page

Find out more about Pope Francis' message about Our Lady of Guadalupe from his recent visit to Mexico. Also, learn more about how your donations to Rice Bowl are used to support people from around the world. www.olgseattle.org.

Assisted Hearing Devices

Hearing devices are available for persons who need them. Please contact Helen, 206-935-0358 for more information.

***For "Community Events",
please visit our website.***

50 Plus Funsters

Seniors, Please Check This Out.

February 23 - Spring Pot Luck at Walmesley Center

Doors open at 10:45 a.m. Please bring table decorations. We will eat shortly after noon. Please bring food items per your last name.

A - G - Hot Dish H - MIL - Salad MIM - Z - Desert

March 10 - Resume Breakfast at Be's - 9:30 a.m.

This date is deadline for payment of \$15/person for Taproot Theatre presentation at 2:00 p.m., April 20th as previously selected. If you wish, you can pay earlier by contacting Harry Schmitt at 206-937-5897.



Tens Of Thousands Of Marriages Helped

Is your marriage in trouble? Are you considering separation or divorce? Are you losing hope? There is help - it's called Retrouvaille (pronounced retro-vī). Retrouvaille can bring reconciliation and healing to seemingly hopeless marriages. You are not alone. For confidential information about, or to register for our upcoming program beginning April 8-10, 2016, call 360-671-6479 or visit our website at www.HelpOurMarriage.com.

Lenten Fish Fry Friday

March 4, 6:00 p.m. to 8:00 p.m.

In The Walmesley Center

All are invited to enjoy a delicious meal of baked cod fish, fries, and coleslaw, sponsored by our Knights of Columbus. \$6/child, \$8/senior, \$10/adult. A portion of the proceeds will go to Rice Bowl. Invite your neighbors and friends for a traditional Lenten meal!

Save The Date

Save the date for the OLG CYO Golf Tournament!

Saturday, May 7, 2016

at West Seattle Golf Course

OUR LADY OF GUADALUPE
OVER 65 LUNCHEON

Please come join us for a FREE meal prepared and served by the OLG 5th graders and their parents.

Sunday, March 6th, 2016
12:30-3:00pm

In the OLG School Hall
3401 SW Myrtle St, Seattle, WA 98126

Please RSVP to OLG Parish #206-935-0358

Transportation is available
(Please request when you RSVP)

We hope to see you there!



From The Pastoral Center



Stewardship Giving Made Easy Visit www.olgseattle.org

If you are looking for a more convenient way to make planned or additional financial contributions to support our parish ministries and programs, we encourage you to look at our electronic giving options. Visit our parish website to learn more. Go to www.olgseattle.org and click on the "Online Giving" button.

2015 Year-End Statement

The 2015 year-end contribution statement was mailed or emailed to all on Friday, January 29, 2016

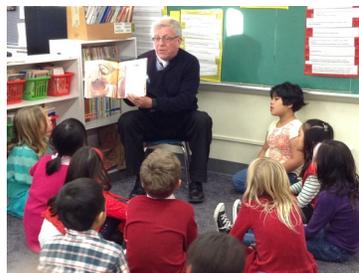
OLG School Happenings

Donna Ramos, Principal
dramos@guadalupe-school.org
206-935-0651 - X102

School Registration Now Open For 2016-2017

- Do you have a child entering preschool - 8th grade next year?
- Are you looking for a warm and supportive environment where your whole child will be nurtured and loved while learning?
- Do you want to have the highest quality academics as well as a focus on service, community and Catholic values?
- Do you want to be part of an active and involved parent community?

If you've answered yes to these questions, then OLG School may be the place for your family! We are currently accepting applications for the 2016-2017 academic year, with limited space available in most grades. For more information, please email Shelley Bradley at sbradley@guadalupe-school.org or call 206-936-0651.



Pastoral Center
Phone: 206-935-0358
Fax: 206-935-1230

Parish Staff
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Sal Pagan - Facilities Supervisor
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Marion Kari - Pastoral Care/Family Faith
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