

Our Lady of Guadalupe

7000 35th Avenue SW , Seattle, Washington, 98126

December 04, 2016



"Relationship with the God-who-comes-to-visit gives to every gesture, every thing, a different light, a 'thickness', a symbolic value." "In this season of Advent, we are called to enlarge the horizons of our hearts, to be surprised by the life which is presented each day with its novelty." -Pope Francis

Mass Times

Saturday Vigil - 5:30 PM

Sunday Mornings - 8:30 AM and 11:00 AM

Weekday Mass - Wednesday, Thursday, and Friday - 9:00 AM

Holy Day Masses - 9:00 AM and 7:00 PM

Sacrament of Reconciliation - Saturdays - 4:15 PM to 5:00 PM (or by appointment through the Parish Office)

OLG Parish - www.olgseattle.org - parishoffice@olg.seattle.org - Phone: 206-935-0358

OLG Parish School - 3401 SW Myrtle, Seattle, WA 98126 www.guadalupe-school.org

Phone: 206-935-0651



From the Pastor's Desk

Advent Speaks To Political Weariness!

"Use words truly and well. Don't stoop to cheap whining. Then, but only then, will you speak for me. Let your words change them. Don't change your words to suit them." Jeremiah 15:19

We live in a world choked with words, as Hamlet wearily lamented, but most of them don't amount to much. Thomas Merton agreed. After a short trip outside the monastery, Merton observed: There is so much talking that goes on that is utterly useless. Alice Camille

Advent gives us an opportunity to focus on the Word that matters. The Word to be born and celebrated at Christmas. I encourage you this Advent Season to spend a little more time with the Word of God in Scripture, make time for the Word of Reconciliation with confession and our penance services. In such a busy season, perhaps we could all listen to the Word of silence by being unplugged just for a while.

I am looking forward to another Advent Season with you

Questions For Advent

- Under what conditions do you think war is necessary? This is related to the Isaiah reading for this first Sunday of Advent.
- What deeds of darkness are you being invited to surrender during Advent? This is related to the second reading for this first Sunday of Advent.

Holy Day On December 8th

Just a reminder of the wonderful opportunity for us to celebrate again the role of Mary in our salvation story. We will have two Masses on this Feast Day. There will be a morning Mass at 9:00 a.m. and an evening Mass at 7:00 p.m.

Thank you to all who prepared for and celebrated the Parish Feast Day of Our Lady of Guadalupe with our Light up the Night celebration and our students presenting the story of Our Lady of Guadalupe. This celebration is another example of how working together in faith creates the spirit of our parish.

Mercy Can Be Experienced Again!

Our two communal celebrations of the sacrament of Reconciliation will take place on Wednesday, December 14th at 7:00 p.m. and on Saturday, December 17th at 1:00 p.m. For those who are new to our parish, we offer this sacrament twice during Advent and Lent.

Those who participate in this communal form of the sacrament often report how much they appreciate the time to reflect, pray and receive the outward sign of God's mercy and encouragement to live the life God wants for us. In the midst of the secular preparation for Christmas, this is a respite from the hectic pace and an opportunity to refocus our lives. We have planned a very special music component of this celebration. The dates are earlier this year because Christmas falls on Sunday. Please, plan to join the community for this celebration of Reconciliation.

Fr. Jack

FROM A HEART OF GRATITUDE WE SHARE OUR TREASURE



As of November 28, 2016:

243 pledges received.

\$598,898.78 in pledges for 2017

657 of 900 households still to hear from

\$401,101.22 left to meet our Million-dollar goal.

Prayer & Liturgy



Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Lucy Budde	Denise Daubney-Lamp	Evelyn Soros
Ken Casey	Craig Duncan	Louis Soros
Robin DeLong	Hudson Langhams	Sam Soros
David Haywood	Mason Langhams	Juan Velasquez
Chantille Henry	Carolyn Longshore	Barbara Wilson
Rebecca Holden	Arlene Lutz	Ally Warnke
Sharon Lyons-Huber	Jenny Mattingly	
Betty Kamp	Donna Peters	

..and for those who have recently passed - Marilyn Sendek

Christmas Flower Donations

It is that time of year to begin planning for our Christmas celebrations. The Arts and Environment Committee is hard at work creating another wonderful place for worship and prayer and your donations can help with this effort. Envelopes are in the pews. You can also make a donation at our parish website. Donations in honor or in memory of a loved one are also possible. Thank you for your generosity!

Advent Reconciliation Services

Join us on Wednesday, December 14th at 7:00 p.m. or Saturday, December 17th at 1:00 p.m. to celebrate this wonderful sacrament of mercy and forgiveness. You can learn more about the Sacrament of Reconciliation by going to our parish website or see the insert in this week's bulletin.

BUSINESS OF THE WEEK

BELLACURE
RESTORING YOUR LIFESTYLE

Do You Have Arthritis Knee Pain?

Ask Your Doctor About The Bellacure
OA Knee Treatment Device

Have your doctor order from
Pacific Medical 1-800-726-9180

Covered by most Insurances - Medicare Approved



Scripture Readings

This Week

Second Sunday of Advent

Reading 1: Isaiah 11:1-10

Reading 2: Romans 15:4-9

Gospel: Matthew 3:1-12

December 8th - Masses at 9:00 a.m. and 7:00 p.m.

Feast of the Immaculate Conception of the Blessed Virgin Mary

Reading 1: Genesis 3:9-15, 20

Reading 2: Ephesians 1:3-6, 11-12

Gospel: Luke 1:26-38

Nest Week

Third Sunday of Advent

Reading 1: Isaiah 35:1-6a, 10

Reading 2: James 5:7-10

Gospel: Matthew 11:2-11

New On The Parish Website

View a great video "Advent in Two Minutes" by Busted Halo to learn more about the spirit of Advent. You will also find blessings for your Advent wreath, Christmas tree, nativity scene and for your (grand)children on St. Nicholas Day. Just click the Advent banner on the home page: www.olgseattle.org

Centering Prayer

December 10th, DeMazenod Room—10:30 a.m.

Gluten-Free Hosts

Gluten-free Hosts are available for persons who need them. Please contact Helen at 206-935-0358 for more information.

For more information about "Prayer and Liturgy" go to www.olgseattle.org and click on the "Grow In Faith" tab.

Faith Formation



Mark Your Calendars Family Faith Formation Schedule

Faith Formation Programs for the Month of November/December

December 4th - Parish Feast Day - No Family Faith Sunday

- December 11th - Regular Schedule
- Sacramental Prep Year One and Two, 3rd-8th grade; RCIA for older children - 9:30 a.m. to 10:45 a.m. - located in parish school
- Children's Liturgy of the Word - 11:00 a.m. Mass - Dismissal from the church
- Little Lambs, Lord Lions, and Good News Bears 10:45 a.m. to 12:00 p.m. - located in the school. Little Lambs located in the preschool classroom in the parish hall (basement of the school. Please come to the front entrance of the school to get to the classroom).
- **December 18th - No classes or Little Lambs - Christmas holiday Begins**

Check website at www.olgseattle.org Faith Formation for the schedule of all our Faith Formation programs for the year.

Fun Advent Activities To Do As A Family!

- Having a family service outing can be a very meaningful experience during Advent. One idea is to visit a nursing home or assisted living facility. Often residents do not get as many visitors as they would like, and seeing children always brings a smile to their faces. It is nice if you can bring cookies, home-made decorations or flowers. This also can be done with a couple of families together, sharing in the joy of spreading Christmas cheer.
- Write a family Christmas letter. Have each family member write or dictate an individual message on the letter. Tell something special about the past year or hopes for the coming new Year. Children can make drawings, to add a personal touch, and as a family, look at photo's that you want to share representing some special family outings that were especially meaningful.



Christmas Eve Gospel Pageant Welcome All Shepherds, Angels And Stable Animals

To Our Christmas Eve Children's Mass!

Our Lady of Guadalupe parish has a wonderful tradition of inviting all children who want to participate in our Christmas Eve Children's Mass on **December 24th** at 3:00 p.m. to join us. We have wonderful costumes for all children who want to participate in the reenactment of the Christmas Story. If your child wants to be part of this special tradition in our community, here is what they need to do:

- Attend a mandatory rehearsal on **Wednesday, December 21st** in the church from 6:30 p.m. to 7:30 p.m. Costume assignments will be made at the rehearsal to give time to make sure children have what they want in terms of costume fittings. We will rehearse the telling of the Gospel story and to make sure that the children are familiar with the pageant format. We will need older children who do not want to be in the pageant as readers and greeters, so there are lots of opportunities for anyone who wants to participate.
- We will have a second walk-through rehearsal on December 24th at 2:00 p.m., which is also mandatory, so that we can give as much support to the children as possible, enabling them to tell the greatest story ever told in a prayerful and meaningful way.
- Please note that any additional children who may come during the Christmas Eve Mass, and have not participated in the two required rehearsals, will have an opportunity to be part of the procession to the crèche with Fr. Jack carrying battery operated votive candles which will represent their light and gift to baby Jesus. Often friends and family have relatives who come to the special Family Mass, and it is our desire to welcome all children to share in the joy and excitement of this wonderful tradition.
- As it takes many people to assist the children into their costumes, hand out activities to occupy the children, and assist with a small protein snack, we will need parents and guardians to volunteer. Sign-up sheets will be in the church.

If you should have any questions about our Christmas Eve Children's Mass at 3:00 p.m., please feel free to call Marion Kari at 206-935-0358, Ext 113 or email at marionk@olgseattle.org.



Outreach Ministry

Shelter Volunteers Needed

Each year, on Saturdays and Sundays from September to June, Holy Rosary hosts an overflow shelter for women through Catholic Housing Services' Noel House. They are looking for volunteers to help with driving, hospitality and/or overnight hosting. Drivers will receive instructions on how to operate the bus and overnight hosts are paired with experienced volunteers for the first couple of nights. To sign up, go to <http://www.holyrosaryseattle.org/womens-shelter> or contact JoAnn Tobin at 206-937-1488, Ext. 203 or jtobin@holyroaryseattle.org.

St. Vincent de Paul

No one chooses to be a refugee - to uproot their lives, leaving all that is familiar behind them, but this happened to the Holy Family, and it has happened to the millions of people who have been pouring into America, including many of our neighbors here in Seattle. We visit them. We bring them food, support for rent and utilities, and vouchers to buy clothing and household goods. Most of all, we let them know that we care and that there is hope for a better future. Without your help, none of this would be possible. Thank you and God bless you as we remember Jesus, Mary and Joseph and their sojourn in Egypt where nothing was familiar.

Giving Tree Tags Are Here!

As Advent season begins (11/26-27), OLG's Giving Tree is filled with tags for children at Sanislo Elementary, Treehouse, and Catholic Housing Services' Santa Teresita housing program. Through the Giving Tree, students in need at Sanisol Elementary in Delridge will get a gift this holiday season and parents at Santa Teresita receive gift cards for their children, offering them the joy of picking out the perfect gift. The Treehouse tags have suggested items that will go to foster children of all ages. The collected donations stock Treehouse's *Wearhouse*, where foster families are able to 'shop' free-of-charge for their child. Santa Teresita cards go in the marked box in the church and are due by December 18th, while Treehouse and Sanislo gifts go unwrapped in the collection barrel in the narthex by December 11th. Thank you for your generosity!

Mental Health Ministry Information Session

The Life, Justice and Peace Commission has taken 2016 to focus on Mental Health. Based on significant interest in this ministry within our community, we would like to explore forming a new Mental Health Ministry at OLG! If you are interested, please attend an informal meeting on Sunday, December 11th at 9:30 a.m. in the Pastoral Center (parish offices). Look forward to seeing you there! olg.ljp.group@gmail.com.



Pastoral Care

Home Ministries

If you or anyone you know is in need of the **Sacrament of the Eucharist**, the **Sacrament of Anointing**, or other Home Ministries, let us know by calling Marion Kari at 935-0358, ext. 113.

Prayers And Squares Quilt Ministry Continues To Serve Our Community With Love

The beautiful quilts that you see in the back of our church are quilts made by our Prayers and Squares ministry team which meets on the first Tuesday of each month from 1:00 p.m. to 3:00 p.m. in the Parish Pastoral Center. If you want to join our ministry, please call the parish office at 206-935-0358. It does not matter if you have been a quilter for years or have no experience and just want to learn, please come and fellowship with some wonderful ladies who serve our community so faithfully.

Quilts become prayer quilts as a result of the prayers that are tied into them. When a request for a prayer quilt is made from a family, we ask for any special prayer intentions that we can make available for our community to pray for when tying the prayer knots. When the prayer quilt is presented, they can feel each prayer by all of the prayer knots that are tied just for them. Here is what you do:

- Pick up untied thread and make a square knot (right over left, then left over right). Pull the knot firmly against the surface of the quilt.
- Offer a prayer for the person who will receive the quilt. Please remember that person in your regular prayers throughout the week.

Samaritan
Center of Puget Sound

John Baumann, M. Div. LMHC
Counseling & Psychotherapy Services
206-527-2266, ext. 385
425- 830-9614 (cell)

Dependable Caring Adult Needed To Provide Evening Care for a Delightful Disabled Man

If you are a big hearted, gracious person with medical training who delights in helping the disabled, you are a good match for this wonderful family located in West Seattle.

Daily activities include assistance with applicable ADLS, walking, bowling, basketball, swimming, exercise and Mariner games!

If you find yourself in need of extra income, this is a fun way to meet that goal.

Hours are Monday, Thursday, Friday and Saturday evenings from 7:30 p.m. to 10:30 p.m. For more information email joanbateman@earthlink.net.

Lifelong Recreation (50+)

Lifelong Recreation programs focus on physical activity, social engagement, education, arts, creativity, and healthy lifestyles. Recreational programs are designed to serve adults of all abilities - those who are physically active, those who are just becoming active, and programs for those who have age-related limitations. Lifelong Recreation programs are aimed at increasing individual health and wellness while fostering a stronger, healthier community. Many of our participants boast about completing a half marathon each year, making meaningful social connections, losing weight, increasing flexibility balance, and travelling to regional destinations.

Recreation Program Contacts

Cheryl Brown - Recreation Program Coordinator

Phone: 206-615-0619

Cheryl.Brown@seattle.gov

(mailto:Cheryl.brown@seattle.gov)

Northwest Seattle - Robin O'Leary, Recreation Specialist

Phone: 206-233-7138

Robin.Oleary@seattle.gov

(mailto:Robin.oleary@seattle.gov)

Sound Steps Hikes

Walking Program Lifelong Recreation - Explore Seattle on foot, meet new friends, and stay in shape! Join a Sound Steps weekly walking group, monthly hike, training program, or special event! Beginners welcome. Questions? Contact Jill Ellison at sound.step@seattle.gov or 206-684-4664.

Lincoln Park Sound Steps Walks - Mondays, 10:00 a.m. to 11:15 a.m. Lincoln Park, FREE 3 miles, some hills, natural and paved surface trails along Puget Sound. Moderate pace. Meet at the south end of the north parking lot.

The Second Week Of Advent

by Creighton University

Preparing our Hearts and asking for the Grace

We prepare this week by stepping up the longing. We move through this week by naming deeper and more specific desires.

Each morning this week, if even for that brief moment at the side of our beds, we want to light a second inner candle. We want to let it represent "a bit more hope." Perhaps we can pause, breathe deeply and say, "*Lord, I place my trust in you.*"

Each day this week, as we encounter times that are rushed, even crazy, we can take that deep breath, and make that profound prayer. Each time we face some darkness, some experience of " parched land" or desert, some place where we feel "defeated" or "trapped," we hear the words, "Our God will come to save us!"

The grace we desire for this week is to be able to hear the promise and to invite our God to come into those real places of our lives that dearly need God's coming. We want to be able to say: "*Lord, I place my trust in your promise. Please, Lord, rouse your power and come into this place in my life, this relationship, into this deep self-defeating pattern. Please come here and save me.*"



50 Plus Funsters

December 11th - Christmas Dinner at Angelo's in Burien at 5:30 p.m. in the Family Room.

Questions, or to register, please call Harry Schmitt at 937-5897

Women's Spiritual Book Group

The Women's Spiritual Book Group is currently reading "Stewardship of the Earth" by Stephen Binz (from the Threshold Bible Study.)

We meet twice a month to read, discuss and pray about aspects of the faith-based study guides which include references to the Hebrew and Christian Scripture.

Our meetings take place on the first and third Thursday of every month from 9:30 a.m. to 11:00 a.m. in the Pastoral Center. All women are invited to attend with drop-ins welcome. For more information, please contact the parish office at 206-935-0358.

Handicap Seating

Many of you have noticed that the two front rows have cushions. Some of our fellow parishioners, who are handicapped or have difficulty walking, are encouraged to occupy these seats allowing the presider and cup minister to bring Communion directly to you.

If this seating is full, or not available, an usher may assist you in storing the walker or wheel chair out of the passage ways for the safety of those using the aisle.

Occasionally, these seats may be reserved. In that case, an usher can assist you finding an appropriate seat towards the front.

**For more "Community Events",
please visit our website.**

Clean Rags Needed

If anyone has an abundance of clean kitchen rags that they would like to get rid of, our Walmesley Center Kitchen could use them. Please contact Sal at 206-935-0358

Need Part-Time Gym Manager

With upcoming CYO basketball and volleyball seasons beginning in December, 2016, we have a need for a part-time gym manager. If interested, contact Sal at 206-935-0358.

You Are Invited

The Filipino Community at Holy Family, Seattle, invites each one of you to celebrate Simbang Gabi with them with a nine-day novena of Masses immediately preceding Christmas. It is a great source of spiritual nourishment to all of us, as we prepare ourselves for the celebration of the birth of our Lord, Jesus Christ. They would be honored if you would join and help them continue this sacred tradition, which was started 23 years ago, at Holy Family. The novena Masses start at 6:30 p.m. on Thursday, December 15th, and end on Friday, December 23rd.

All Souls Memorial Table

Items from our All Souls Memorial Table were moved to the north cabinet in the church narthex (next to the Usher's Closet). Thank you for sharing these items with our parish.

Seattle Girl's Choir

Celebrate the season with an evening of Christmas music composed for the sublime pairing of harp and treble women/s vices. Seattle Girls' Choir invites you to *Carmina Angelorum* on Sunday, December 18th at 7:30 p.m. at Holy Rosary Church. Ticket link seattlegirlschoir.org/calendar. Tickets also available at the door that evening.



ADVENT RECONCILIATION

WEDNESDAY, DECEMBER 14, 7:00 PM

&

SATURDAY, DECEMBER 17, 1:00 PM

Christ commissioned the Church, in the power of the Holy Spirit, to continue his work of healing and salvation through the forgiveness of sins (2 Cor 5:18-20) This Sacrament celebrates the forgiveness of our sins, reconciles us to the Church, provides peace, serenity of conscience, spiritual consolation, and increased spiritual strength to resist the temptation of sin in our lives. (Catechism 1496)

The regular celebration of this sacrament is essential to the Christian life in order to be healed from our sins and failings so we can more faithfully live out our baptism.

"Do not forget that God forgives all, and God forgives always."

—Pope Francis



From The Pastoral Center

Stewardship Giving Made Easy Visit www.olgseattle.org

If you are looking for a more convenient way to make planned or additional financial contributions to support our parish ministries and programs, we encourage you to look at our electronic giving options. Visit our parish website to learn more. Go to www.olgseattle.org and click on the "Online Giving" button.

OLG School Happenings

Donna Ramos, Principal
dramos@guadalupe-school.org
206-935-0651 - X102

OLG School Is Hiring!

Do you love to work with kids? Our Extended Day Care (EDC) program is hiring for shifts Monday through Friday from 7:00 a.m. to 8:30 a.m. and 2:45 p.m. to 6:00 p.m. on school days. Responsibilities include playing with kids, assisting with homework and overseeing crafts and other activities. Come join us, we have lots of fun!

Scrip Program Returns

A great way to support OLG School, the Scrip program allows you to buy gift cards to popular stores and restaurants at face value, and a portion of the proceeds will be returned to the school. You can give to the school simply through the purchases that you are already making!

To place your scrip orders, you need to create a ShopWithScrip® account. Go to www.ShopWithScrip.com and click on the 'How to Enroll' button at the top of the page. Next, click "Join Your Scrip Program." You will need to enter OLG School's unique enrollment code (C5687EF41L612). This code allows the ShopWithScrip system to link your account activity to the school. Next, fill in all the required information and click 'Register.' You will be asked to select two challenge questions and provide answers, which will be required if you forget your password. Keep in mind that your answers are case-sensitive.

Cards will be available for pick up at the school office approximately one week after order. Call 206-935-0651 to check availability.

Pastoral Center
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