

# Our Lady of Guadalupe

7000 35th Avenue SW , Seattle, Washington, 98126

January 08, 2017



*"The destiny of every person is symbolized in the journey of the Magi of the East: our life is a journey, illuminated by the lights which brighten our way, to find the fullness of truth and love which we Christians recognize in Jesus, the Light of the World." - Pope Francis*

## Mass Times

**Saturday Vigil** - 5:30 PM

**Sunday Mornings** - 8:30 AM and 11:00 AM

**Weekday Mass** - Wednesday, Thursday, and Friday - 9:00 AM

**Holy Day Masses** - 9:00 AM and 7:00 PM

**Sacrament of Reconciliation** - Saturdays - 4:15 PM to 5:00 PM (or by appointment through the Parish Office)

**OLG Parish** - [www.olgseattle.org](http://www.olgseattle.org) - [parishoffice@olg.seattle.org](mailto:parishoffice@olg.seattle.org) - Phone: 206-935-0358

**OLG Parish School** - 3401 SW Myrtle, Seattle, WA 98126 [www.guadalupe-school.org](http://www.guadalupe-school.org)

Phone: 206-935-0651



## **From the Pastor's Desk**

### **2017 For OLG**

Happy new year to all members of our parish. I am looking forward to this coming year with all of you. First, I wish to thank everyone who participated in our Christmas Liturgies and Advent Penance Services. Our choir, Starry Crowns and all our Liturgical Ministers deserve such credit for their ministries. Thank you to the Liturgical Decoration Committee who prepared our renovated worship space.

### **New Year Thoughts**

*A single sunbeam is enough to drive away many shadows.* - St. Francis of Assisi

*Above all, watch with glittering eyes the whole world around you because the greatest secrets in life are hidden in the most unlikely of places. Those who don't believe in magic will never find it.* - Roald Dahl

### **What Is Coming?**

Hopefully by Easter, or shortly after, our new Baptismal font should be in. We have picked out the stone and are awaiting to hear back about the cost. Remember, the funds for the font are already in hand, thus the font does not add to our debt. The church will be available to us during the construction. One of the most significant elements to be renewed during the past fifty years of church life has been the reclaiming of the importance of our baptism into the life, death and resurrection of Jesus. This will be evident as you approach the new font and read.... *"Our Baptism has changed us, given us a new and glorious hope, and empowered us to bring God's redeeming love to all, especially the poor in whom we see the face of Christ."* - Pope Francis

School open house and Catholic Schools Week will be at the end of the month and early February. I encourage all parishioners to attend and see the major ministry of our parish. If you have children or grandchildren, come and scout out the possibility of our school for you and those children you love.

Hopefully, by this time next year, our parish will be debt free. We have been conducting a quiet debt reduction campaign for a number of months and in mid January we will launch a parish wide campaign to eliminate the debt in order to move more freely into our future. I am looking forward to giving you the good news and the details of our final efforts to eliminate our debt.

Hopefully, we will have explored new possibilities for our parish being involved in the homeless ministries. Our woman's homeless shelter is now closed and after talks with the Wheel/Share sponsoring group, it was decided that we would involve ourselves in other ways. Thank you to all who supported the shelter with your prayer, meals and supportive attitude.

Fr. Jack

### **Don't Be Bitter, Be Better**

*by Daniel J. Cellucci, CEO Discerning Insights About Leadership (DIAL)*

*"The absence of reaction is a sign of death! Consequently, the good cases of resistance - and even those not quite so good - are necessary and merit being listened to, welcomed and their expression encouraged."* - Pope Francis

I like to be liked. I also take great pride in my work. Put those together and it means I can take criticism pretty hard. Thankfully, early in my career, someone I trusted challenged me - "Dan, do you want to hear how good you are or do you want to hear how you can be better? Stop being defensive and listen for the opportunity." Since that challenge, I've been grateful for the moments when I have been able to discern the learning from someone's reaction to my leadership. When I've focused less on the fact they were resisting, it has made me a more intentional leader and it's pushed me to remember their dignity as a Child of God. Listening to learn rather than listening to retort will continue to be among my new year's resolutions. I wish you well with yours!

# Prayer & Liturgy



## Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Lucy Budde	David Haywood	Hudson Langhams
Marianne Carroll	Sharon Lyons-Huber	Mason Langhams
Robin DeLong		

...and for those who have recently passed -  
Arlene Lutz and William Suver

## The Sacrament Of Anointing Of The Sick

January 21st following the 5:30 p.m. Mass, and  
January 22nd following the 8:30 a.m. and 11:00 a.m. Masses

## Centering Prayer

January 14th - DeMazenod Room at 10:30 a.m.

**For more information about "Prayer and Liturgy"  
go to [www.olgseattle.org](http://www.olgseattle.org) and click on the  
"Grow In Faith" tab.**



## Scripture Readings

*This Week*

### The Epiphany Of The Lord

Reading 1: Isaiah 60:1-6

Reading 2: Ephesians 3:2-3a, 5-6

Gospel: Matthew 2:1-12

*Next Week*

### Second Sunday In Ordinary Time

Reading 1: Isaiah 49:3, 5-6

Reading 2: 1 Corinthians 1:1-3

Gospel: John 1:29-34

## Planning On Getting Married?

Congratulations! Our Lady of Guadalupe wants to support you in the best way possible as you embark on this very important commitment in your lives, including assistance in planning for wedding ceremony, providing quality marriage preparation, and a wonderful wedding coordinator. We even have great venues for receptions. You can find more information on our parish website, including frequently asked questions, which is intended to answer a few of the questions which are most likely on your mind at this time. It may also help you to raise some questions which haven't yet occurred to you but which will be important for you to consider as you make plans for your wedding. For more information, contact Helen at 206-935-0358, [heleno@olgseattle.org](mailto:heleno@olgseattle.org).

## Baptismal Preparation

If you are expecting or welcoming a new little one into your family, Congratulations! This is the perfect time to focus on Baptismal preparation. We are delighted that you are a part of our faith community, and are happy to assist you in baptizing your child. To get started, simply email, or call, to arrange a time to meet with our Baptism Coordinator. Our Baptism One class is offered quarterly, so it is best to plan ahead. Our next class is coming up quickly on February 4, 2017. Be sure to arrange your interview in time to be registered for this class. Contact Vicki Quinn [vickiq@olgseattle.org](mailto:vickiq@olgseattle.org), or 206-935-0358, Ext. 115.

BUSINESS OF THE WEEK

**Howden - Kennedy  
Funeral Home of West Seattle  
Len R. Burton—Harden  
Funeral Director**

7601 35th Avenue SW, Seattle, 98126-3229  
206-932-0356 \* Fax: 206-938-1665  
Email: [howdenkennedy@yahoo.com](mailto:howdenkennedy@yahoo.com)  
Web: [howdenkennedy.com](http://howdenkennedy.com)

# Faith Formation



## Mark Your Calendars Family Faith Formation Schedule

### Faith Formation Programs for the Month of January

- **January 8th - Family Faith Sunday** - Solemnity of the Epiphany of the Lord with procession with the Wise Men during the 11:00 a.m. Mass.
- **January 15th -**  
**No Faith Formation classes including Little Lambs - Dr. Martin Luther King Holiday**
- **January 22nd - Regular Schedule**
- Sacramental Prep Year One and Two, 3rd-8th grade; RCIA for older children - 9:30 a.m. to 10:45 a.m. - located in parish school
- Children's Liturgy of the Word - 11:00 a.m. Mass - Dismissal from the church
- Little Lambs, Lord Lions, and Good News Bears 10:45 a.m. to 12:00 p.m. - located in the school. Little Lambs located in the preschool classroom in the parish hall (basement of the school. Please come to the front entrance of the school to get to the classroom).
- **January 29th -**  
**No Faith Formation classes including Little Lambs - Catholic Schools Week**

Check website at [www.olgseattle.org](http://www.olgseattle.org) Faith Formation for the schedule of all our Faith Formation programs for the year.

## Are You Curious About Pope Francis And His Message Of Joy And Mercy? Would You Like To Learn More About The Catholic Christian Faith?

You are invited to come to an ongoing inquiry group that meets on Wednesday evenings to ask questions and learn more about Catholicism (no strings attached!) For more information, please contact Helen Oesterle at 206-935-0358, Ext 108 or [heleno@olgseattle.org](mailto:heleno@olgseattle.org). You can also find more information at our parish website.

## Our Christmas Eve Children's Mass Truly Was A "Holy Night."

"Thank You" to all of the children and families who participated in our Christmas Eve Children's Pageant Mass. We had wonderful shepherds, angels and stable animals, as well as our Holy Family - Mary, Joseph and Baby Jesus! This is such a special tradition here at Our Lady of Guadalupe parish, and we truly could not tell the greatest story every told without our special families, catechists and volunteers.

O' Come let us adore Him,  
O' Come let us adore Him,  
O' Come let us adore Him,  
Christ the Lord!

Merry Christmas and a blessed New Year!  
Our Lady of Guadalupe Faith Formation Team.

## Being The Light Of Hope For Others As A Family In The New Year!

A wonderful way to help our children learn about service to others is to introduce them to people who have found ways to make a difference in our world. It is important for our children to understand that God created the resources of our world for all of us to share and that all of us can learn from the ideas of others. Making quote cards is a fun activity to do together and all you will need will be paper and crayons or makers. Here are some inspirational quotes to put on your quote cards. Discuss, as a family, who you want to be the recipient of your hopeful cards. This is a great way to start the New Year together as a family!

*We need to see the light of hope and to be people who bring hope to others.* - Pope Francis

*Keep Jesus Christ in your hearts and you will recognize His face in every human being.* - Pope John Paul II

*If you can't feed a hundred people, then feed just one.* - Mother Teresa

*Christ has no body but yours, no hands, no feet on earth but yours.* - Saint Teresa of Avila

*It is impossible to stop as long as there are poor people to be helped.* - Saint Louis Guanella

*Live simply so that others may simply live.* - Saint Elizabeth Ann Seton





# Outreach Ministry

## **Catholic Relief Services' One On The Journey: A Solidarity Prayer Walk**

During National Migration Week (January 8th - 14th), we invite you to take some time for reflection using the *One on the Journey Solidarity Prayer Walk* displayed around the perimeter of the church. The Solidarity Prayer Walk invites you into a special experience of prayer, solidarity and kinship. Developed by Catholic Relief Services, this mediation takes us on a spiritual journey into the heart of our deepest selves and back out into this world with a greater understanding of who we are and who we are called to be. Using photography and written reflection, this self-guided mediation invites you into the heart of who we are - **One** body in Christ - and to pray in a special way with and for our sisters and brothers around the world. Take time to open your heart, listen to the Spirit and allow yourself to be lovingly drawn along on the path of discipleship. The Church will be open for reflection on the following dates and times: January 7th after Mass, January 8th after the 8:30 a.m. Mass, January 10th from 7:00 p.m. to 8:00 p.m., January 11th - 13th after morning Masses and January 15th after the morning Masses.

### **St. Vincent de Paul**

*King Melchior: Have you seen a Child the color of earth, the color of thorn? His eyes are sad, His hands are those of the poor, as poor He was born. Incense, myrrh, and gold we bring to His side, and the Eastern Star is our guide.*

*Mother: Yes I know a child the color of earth, the color of thorn. His eyes are sad, his hands are those of the poor, as poor he was born. But no one will bring him incense or gold, though sick and poor and hungry and cold. He's my child, my son my darling my own. (Words taken from Amahl and the Night Visitors by Gian Carlo Menotti)*

### **2017 Community Meal Dates**

Ten months out of the year, OLG hosts a free, restaurant style Community Meal in the Walmesley Center. Everyone in the community is invited to attend. The goal is to provide a quality meal once a month for those in our community, in particular for those who may not regularly have a hot meal. Please join us on any or all of the following dates from 1:00 p.m. to 2:00 p.m.

**January 29th, February 26th, March 26th, April 30th, May 21st, June 25th, August 27th, September 24th, October 29th and December 17th.**

### **Day Of Service**

#### **Save The Date For March 25th**

Each year, OLG heads out into the community for a Day of Service. Last year, over 150 volunteers visited 9 sites in the greater Seattle area. This year's Day of Service will take place on Saturday, March 25th. It will include some new sites as well as some of the most popular ones from past years. Registration will begin in the new year, so keep an eye on the bulletin and our website.

## **Faith Sharing Groups To Discuss Pastoral On Poverty**

*"...We heard in the voices of people who are poor, both a plea for mercy and a desire to participate fully in the life of their communities. Reflecting on what we heard, we recognize the urgent need for action to alleviate the suffering that has become epidemic in every city, town and community in our state."* -Who is My Neighbor 1

Who is my Neighbor? That is the question the bishops of Washington State have taken up in their newly released pastoral letter on poverty. After spending a year listening to those in our state who are struggling to get by, the bishops have offered us a short letter sharing what they have seen and learned. They have encouraged all parishes to reflect on this together and have offered us a wonderful study guide to do just that. This Lent, we invite you to join a faith sharing group to study the letter in community. Groups will meet for three, 2-hour sessions to read the letter, pray, discuss and learn. We hope this time together will help us encounter the stories of those living on the margins, lead us to a new understanding, deepen our faith, and help us to collectively continue to take action. Look for registration details soon.

### **Youth Tutoring Positions In 2017**

Resolve to make a difference in your community this New Year! The Youth Tutoring Program (YTP) serves over 400 at risk students in 1st - 12th grade who live in six affordable public housing communities across Seattle, including High Point. Tutors and students work 1on1 to foster the best mentoring and tutoring relationship. The students come from diverse backgrounds - representing many nationalities, cultures, languages and religions. The program runs from Monday through Thursday with afternoon and evening hours available. Minimum commitment is one hour per week. Visit <http://www.ccsww.org/ytp> for more information and to get started as a volunteer. For questions and more information, contact [volunteerYTP@ccsww.org](mailto:volunteerYTP@ccsww.org) or 206-328-5659.

### **PAX Christi 2017**

#### **Profession Of Vow Of Nonviolence**

"Nonviolence: A Style of Politics for Peace" is the theme chosen by Pope Francis for his yearly message for the 2017 Church-sponsored World Day of Peace (January 1). ***"The world is in a state of war in bits and pieces."*** ***"The name of God cannot be used to justify violence. Peace alone is holy . . . Not war!"*** - Pope Francis.

In the footsteps of Jesus and Pope Francis, Pax Christi Seattle and JustFaith Grads invite all to attend a Vigil Mass with Bishop Elizondo and Fr. Whitney on Saturday evening of the Martin Luther King Jr. weekend. During the Mass, willing participants will be invited to profess the Pax Christi Vow of Nonviolence. **Saturday, January 14th**, at 5:00 p.m. at St. Joseph Parish (732 18th East, Seattle, 98112). For more information, contact Deacon Denny Duffell at [duffelldennis@gmail.com](mailto:duffelldennis@gmail.com).



# Pastoral Care

## Home Ministries

If you or anyone you know is in need of the **Sacrament of the Eucharist**, the **Sacrament of Anointing**, or other Home Ministries, let us know by calling Marion Kari at 935-0358, ext. 113.

## Prayers And Squares Quilt Ministry Continues To Serve Our Community With Love

The beautiful quilts that you see in the back of our church are quilts made by our Prayers and Squares ministry team which meets on the first Tuesday of each month from 1:00 p.m. to 3:00 p.m. in the Parish Pastoral Center. If you want to join our ministry, please call the parish office at 206-935-0358. It does not matter if you have been a quilter for years or have no experience and just want to learn, please come and fellowship with some wonderful ladies who serve our community so faithfully.

Quilts become prayer quilts as a result of the prayers that are tied into them. When a request for a prayer quilt is made from a family, we ask for any special prayer intentions that we can make available for our community to pray for when tying the prayer knots. When the prayer quilt is presented, they can feel each prayer by all of the prayer knots that are tied just for them. Here is what you do:

- Pick up untied thread and make a square knot (right over left, then left over right). Pull the knot firmly against the surface of the quilt.
- Offer a prayer for the person who will receive the quilt. Please remember that person in your regular prayers throughout the week.

**Samaritan**  
Center of Puget Sound

John Baumann, M. Div. LMHC  
Counseling & Psychotherapy Services  
206-527-2266, ext. 385  
425- 830-9614 (cell)

## I Choose Love. . .

*by Max Lucado*

No occasion justifies hatred; no injustice warrants bitterness.  
I choose love. Today I will love God and what God loves.

## I Choose Joy . . .

I will invite my God to be the God of circumstance.  
I will refuse the temptation to be cynical . . .  
the tool of the lazy thinker. I will refuse to see  
people as anything less than human beings,  
created by God. I will refuse to see any problem as  
anything less than an opportunity to see God.

## I Choose Peace . . .

I will live forgiven. I will forgive so that I may live.

## I Choose Patience . . .

I will overlook the inconveniences of the world.  
Instead of cursing the one who takes my place, I'll  
invite him to do so. Rather than complain that the  
wait is too long, I will thank God for a moment  
to pray. Instead of clenching my fist at new  
assignments, I will face them with joy and courage.

## I Choose Kindness . . .

I will be kind to the poor, for they are alone. Kind to the rich,  
for they are afraid. And kind to the unkind, for  
such is how God has treated me.

## I Choose Goodness . . .

I will go without a dollar before I take a dishonest one.  
I will be overlooked before I will boast.  
I will confess before I will accuse. I choose goodness.

## I Choose Faithfulness . . .

Today I will keep my promises.  
My debtors will not regret their trust. My associates  
will not question my word. My wife will not  
question my love. And my children will never fear  
that their father will not come home.

## I Choose Gentleness . . .

Nothing is won by force. I choose to be gentle.  
If I raise my voice may it be only in praise.  
If I clench my fist, may it be only in prayer.  
If I make a demand, may it be only of myself.

## I Choose Self-Control . . .

I am a spiritual being. . .  
After this body is dead, my spirit will soar.  
I refuse to let what will rot, rule the eternal.  
I choose self-control. I will be drunk only by joy.  
I will be impassioned only by my faith.  
I will be influenced only by God.  
I will be taught only by Christ. I choose self-control.  
Love, joy, peace, patience, kindness, goodness,  
faithfulness, gentleness, and self-control.  
To these I commit my day.  
If I succeed, I will give thanks.  
If I fail, I will seek his grace.  
And then, when this day is done,  
I will place my head on my pillow  
and rest.



### **OLG CYO Volleyball - 2017**

Registration is now open for grades 4th through 8th. Boys volleyball teams are combined by grades - 5th and 6th grade will be one team and 7th and 8th grade will be one team. Cost is \$90 per child. Sibling discounts do apply to second and third children from the same family. Practices will begin Monday, January 30, 2017 with the first matches beginning Saturday, February 25, 2017. Teams will practice twice a week Monday through Thursday. Exact days and times will not be known until closer to the start of practice.

In the event we don't have enough players for one team, we will seek out help from neighboring parishes to combine teams so kids have a chance to play.

The link to register your son/daughter for volleyball is:

<https://reg.sportspilot.com/106079/leagues>

Registration will close at 10:00 p.m. on January 13, 2017

Erin Pedras is the volleyball coordinator this year. If you have any questions, you can e-mail her directly at [erinpedras@centurylink.net](mailto:erinpedras@centurylink.net).

Thanks for being a part of OLG CYO volleyball. We're looking forward to a great season!

### **March For Life In Olympia**

On Monday, January 23, 2017, there will be a bus at Holy Rosary in West Seattle picking up those who would like to attend the March for Life in Olympia. The bus will travel from Holy Rosary to St. Martins in Lacey for the Mass for Life with the Archbishop and then continue on to Olympia for the March for Life on the Capital steps. For seat reservations, and more information, please contact Rose Rangel at 206-475-9333 or email [rangel.r.l@hotmail.com](mailto:rangel.r.l@hotmail.com) (Buses are arranged by the Seattle Archdiocesan Council of Catholic Women.)

### **50 Plus Funsters**

January 12th - Breakfast at Be's 9:30

### **Holy Land Pilgrimage**

Hosted by Pati and Paul Heath

With Fr. Ed Hislop

**June 5 - 14, 2017**

(10 days)

\$4,499 from Missoula

For more information see brochures in the back of the church.

### **Sandwiches For St. Martin de Porres**

When Ed Jose, from Catholic Community Services, spoke at our Masses last Sunday, he mentioned that OLG made tuna sandwiches for the men at St. Martin de Porres. If you are interested in helping, the sandwich makers meet on the second Wednesday of every month at 8:30 a.m. in the Walmesley Center kitchen. Call Susan Underwood at 206-937-0549 for more information, or just show up.

### **Potluck With Our Friends At The High Point Community Mosque**

Mark your calendars for Friday, January 20th at 6:00 p.m. in the Walmesley Center. Join us for an evening of food and fellowship as our parish will host a potluck meal for our neighbors, who hosted us last year. Come join us, make some new friends, and enjoy some great food. Please bring a dish that serves 6-8 persons and follow Halal dietary guidelines:

- No pork or shell fish.
- If dish includes gelatin, please use from a non-animal source.
- No alcohol or artificial vanilla (which contains alcohol).
- Use only cheese and yogurt that comes from bacterial cultures

Signups are now being taken to help coordinate the potluck. Please go to our parish website or contact Helen at 206-935-0358, [heleno@olgseattle.org](mailto:heleno@olgseattle.org)

**For more "Community Events",  
please visit our website.**

SAVE

OLG DAY OF SERVICE

*March 25, 2017*

Join us for our  
4th Annual Service Day.  
More details to follow in  
January. Check out the  
Day of Service webpage at  
[www.olgseattle.com](http://www.olgseattle.com)

**Tentative Project Lineups:**

Tri County Food Bank - Burlington  
Treehouse for Foster Children - Seattle  
Nature Consortium - West Seattle  
AIDNW (Advocates for Immigrants in Detention NW) - Tacoma  
Santa Teresita - West Seattle  
White Center Community Lunch - White Center  
Books to Prisoners - Seattle  
Rainier Valley Food Bank - Seattle  
Family Support in Walmsley Center - West Seattle  
Transitional Resources - West Seattle



do small things  
with GREAT LOVE

OLG



## *From The Pastoral Center*



### ***Stewardship Giving Made Easy Visit [www.olgseattle.org](http://www.olgseattle.org)***

If you are looking for a more convenient way to make planned or additional financial contributions to support our parish ministries and programs, we encourage you to look at our electronic giving options. Visit our parish website to learn more. Go to [www.olgseattle.org](http://www.olgseattle.org) and click on the "Online Giving" button.

### ***OLG School Happenings***

Donna Ramos, Principal  
[dramos@guadalupe-school.org](mailto:dramos@guadalupe-school.org)  
206-935-0651 - X102

Pastoral Center  
Phone: 206-935-0358  
Fax: 206-935-1230

Parish Staff  
Fr. Jack Walmesley  
[fr.jack@olgseattle.org](mailto:fr.jack@olgseattle.org) - X107

Helen Oesterle - Pastoral Associate  
[heleno@olgseattle.org](mailto:heleno@olgseattle.org) - X108

Pete Shepherd - Parish Administrator  
[pshepherd@olgseattle.org](mailto:pshepherd@olgseattle.org)

Peggy Behnken - Administrative Asst.  
[peggybe@olgseattle.org](mailto:peggybe@olgseattle.org) - X114

Sal Pagan - Facilities Supervisor  
[salp@olgseattle.org](mailto:salp@olgseattle.org) - X112

Marion Kari - Pastoral Care/Family Faith  
[marionk@olgseattle.org](mailto:marionk@olgseattle.org) - X113

Jennifer Ibach - Pastoral Asst. for Outreach  
[jibach@olgseattle.org](mailto:jibach@olgseattle.org) - X120

Vicki Quinn—Baptism Coordinator  
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Sandy Plummer  
Safe Environment Coordinator  
Bulletin Editor  
[sandyp@olgseattle.org](mailto:sandyp@olgseattle.org) - X111

### **Catholic Schools Week is coming!**

Catholic Schools Week will be celebrated January 30th through February 3rd this year, and it is the start of the enrollment season for OLG School. We will be hosting our annual Open House on Sunday, January 29<sup>th</sup> from 9:00 a.m. to 1:00 p.m. Come explore our diverse and dynamic program and see what Catholic Schools can offer to you and your family!

For more information, please contact Carrie Morrissey at 206-935-0651 or [cmorrissey@guadalupe-school.org](mailto:cmorrissey@guadalupe-school.org).