

# Our Lady of Guadalupe

7000 35th Avenue SW , Seattle, Washington, 98126

February 12, 2017



*Where our brothers and sisters suffer rejection and abandonment we will lift our voice on their behalf. We will welcome them and receive them. They are Jesus and the Church will not turn away from Him.*

- US Bishops, January 30, 2017

## Mass Times

**Saturday Vigil** - 5:30 PM

**Sunday Mornings** - 8:30 AM and 11:00 AM

**Weekday Mass** - Wednesday, Thursday, and Friday - 9:00 AM

**Holy Day Masses** - 9:00 AM and 7:00 PM

**Sacrament of Reconciliation** - Saturdays - 4:15 PM to 5:00 PM (or by appointment through the Parish Office)

**OLG Parish** - [www.olgseattle.org](http://www.olgseattle.org) - [parishoffice@olg.seattle.org](mailto:parishoffice@olg.seattle.org) - Phone: 206-935-0358

**OLG Parish School** - 3401 SW Myrtle, Seattle, WA 98126 [www.guadalupe-school.org](http://www.guadalupe-school.org)

Phone: 206-935-0651



## ***From the Pastor's Desk***

### ***Thank You For Riding The Wave***

As most of you know, our community is striving to become debt free by Christmas 2017. Thank you to parishioners who are making pledges and gifts from assets to help the community. Thank you as well to parishioners and children who are placing gifts of cash in the envelopes marked, "Unlocking the Door to the Future". This past week, a grade school aged parishioner made a personal contribution of \$100 to debt elimination. We also received gifts of \$15,000 to \$5. The tide is coming in. Thank you.

The image I have for our debt relief is that of the tide. The tide is relentless in its movement and made up of large waves and small waves. Everyone's participation makes the difference. We will be reporting our progress as the tide rolls in. Watch the bulletin and website.

### ***Baptismal Font Construction Beginning***

This week we should see the start of construction on our new permanent baptismal font. The floor will be opened and construction will involve placing the plumbing, pumps and mechanical installations under the floor. The church will be fully available during this time and all our normal parish life will continue. Please remember that money has already been given for the font and this will add nothing to our debt. Thank you to all who are making this possible. We hope to have the font ready for Easter! Alleluia!

### ***Did You Know?***

The Archdiocese provides two priest chaplains who cover the downtown hospitals. To arrange a visit, contact the Pastoral Care Department in the hospital. These chaplains are available 24/7. I encourage you to use them. The VA hospitals also have chaplains available for your pastoral needs.

Our parish, through the Annual Catholic Appeal, supports these ministries of pastoral care. Thank you for your generosity toward the Appeal that funds these services.

### ***Fr. Jack Asked***

Recently, I met an acquaintance who was retiring after years of marriage counseling with couples. Here are some thoughts for Guadalupe marriages.

- Don't fear change; change can cause growth.
- Graciously forgive; love is not proud.
- Respect your spouse and their privacy.
- Compliment your spouse in public; public praise goes a long way.

### ***What Do Other Parishes Receive?***

One of the ways to support a parish or school is through bequests. During the fiscal year 2015-2016, parishes reported receiving \$2,444,643. 27 parishes received 57 bequests - some received more than one. The average bequest was \$42,888, the highest single bequest was \$428,000.

OLG recently hosted a seminar on planned giving. If you would like to consider a planned gift, you can call the parish for the Office of Planned Giving at the Chancery or Pete Shepherd at the Parish Office.

# Prayer & Liturgy



## Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Pat Bago	Sharon Lyons-Huber	Rose Moran
Lucy Budde	Hudson Langhams	Jim Suttle
Robin DeLong	Mason Langhams	Lois Yanzzie
David Haywood		

## Word And Communion Services For March

Wednesday, March 22nd  
Thursday, March 23rd  
Friday, March 24th

## Exercise Extreme Caution Regarding Your Valuables

There is a couple that has been going to churches and community centers in West Seattle and stealing purses, wallets, and other valuables. One of our parishioners was a victim this past weekend following the celebration of First Reconciliation in the church. So please protect your valuables, and if you see any suspicious activity report it to the staff. To see a photo of the suspects, go to the parish website and look under OLG news on the homepage.

## Note About The New Font

We are about ready to get started on the new font. If all goes well, we will be cutting a hole in the floor on the 15th of February. Boring, electrical, mechanical, plumbing, concrete work and finishes all to follow. **All Masses will be in the church, however the back of the main pews will be closed off during weekday Masses.** I hope you are as excited as I am to see things come to fruition and I thank you for your understanding during the construction.

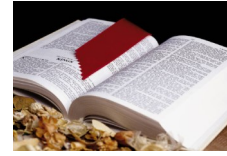
Sal Pagan, Facilities

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## Scripture Readings

*This Week*

### Sixth Sunday In Ordinary Time

Reading 1: Sirach 15:15-20

Reading 2: 1 Corinthians 2:6-10

Gospel: Matthew 5:17-37

*Next Week*

### Seventh Sunday In Ordinary Time

Reading 1: Leviticus 19:1-2, 17-18

Reading 2: 1 Corinthians 3:16-23

Gospel: Matthew 5:38-48

## Lenten RSVP Series

### (Ritual, Sharing, Verse and Prayer)

Lent is less than a month away and we are offering a six-week, parish-wide series based on the Washington State Bishops' Pastoral Letter on poverty, "Who Is My Neighbor?" and the weekly Lenten Gospel. RSVP is designed to build closer relationships and foster a deeper spirituality in our parish community. It is a great way to get to know people and grow in your faith. Small groups gather in parishioners' homes or at the parish to pray and reflect on the readings for the upcoming Sunday's Mass. If you are new to the program, please fill out the form in the back of church or in this week's bulletin. You can return it to the office or place it in the collection basket. You can also register online. There are a variety of options for meeting times to accommodate your schedule. For more information, please contact Helen Oesterle at 206-935-0358, Ext. 108; [heleno@olgseattle.org](mailto:heleno@olgseattle.org).

## Congratulations And God's Blessings

Last weekend we celebrated the RCIA Rites of Acceptance and Welcome with: Catechumen (those not baptized): **Mark Sexauer**; and Candidates (those already baptized): **Matthew Bliesner** and **Frances Parks**. They have now publicly stated their desire to learn more about the Catholic faith and follow the ways of Christ and will now enter into a more intense time of formation. Please continue to keep them in your prayers.

**For more information about "Prayer and Liturgy" go to [www.olgseattle.org](http://www.olgseattle.org) and click on the "Grow In Faith" tab.**

# Faith Formation



## Mark Your Calendars Family Faith Formation Schedule

### Faith Formation Programs for the Month of February

#### February 12

- Sacramental Prep Year One and Two, 3rd-8th grade; RCIA for older children - 9:30 a.m. to 10:45 a.m. - located in parish school
- Children's Liturgy of the Word - 11:00 a.m. Mass - Dismissal from the church
- Little Lambs, Lord Lions, and Good News Bears 10:45 a.m. to 12:00 p.m. - located in the school. Little Lambs located in the preschool classroom in the parish hall (basement of the school. Please come to the front entrance of the school to get to the classroom).

#### February 19 – No Faith Formation classes including Little Lambs – President's weekend

## Important Announcement To All Parents And Guardians Who Have Their Children Enrolled In Our 2016-2017 Faith Formation Programs.

In our efforts to protect our vulnerable population, on March 19, 2017, all of our Faith Formation classes, with the exception of our Little Lambs and Lord Lions classes, will offer one sexual abuse prevention course to your youth. The Archdiocese of Seattle has integrated abuse prevention material into our Faith Formation and Youth Ministry curriculum in the context of teaching our youth about our Catholic faith.

In creating a safe space for our youth, we can teach and show them the ways of Christ in a safe environment conducive to learning. Keeping our minor's safe starts with you. We ask that you take part in this effort in extending the Archbishop's effort to help evangelize our youth in a safe place.

To help you understand what your youth will be offered, we ask you to visit: <http://www.seattlearchdioceses.org/SEP/faithformation.aspx>. This will provide you with "Parent/Guardian Resources", to inform you about the curriculum being used, also making available the actual lessons.

It is important to note, that as the guardian, you have the right to opt your child out of this lesson. You may do so by clicking on the link "Opting Out". You will need to fill out this form with your Catechetical Leader. This announcement is to notify you of the Archdiocese's new initiative to provide abuse prevention curriculum to our youth in Faith Formation/Your Ministry. For your added convenience, a letter will be given to all of our families along with a copy of the Archdiocese Q&A about the abuse prevention program as well as a copy of the curriculum and the form if you chose to opt-out of this training on March 19th. If you have any questions, please do not hesitate to contact Marion Kari at [marionk@olgseattle.org](mailto:marionk@olgseattle.org).



# Outreach Ministry

## **St. Vincent de Paul**

She called me in the middle of my schedule for the day. The police had posted a notice that she had to get her camper out of Burien before 7:00 a.m. the next morning...but her battery was dead and she didn't know how to drive the camper. By nightfall, I found her parked behind a fast food restaurant hugging her dog and rocking back and forth with hunger pains and terror. Thankfully, I found a fellow Vincentian who brought his jumper cables, jumped the battery and drove the camper to another back street inside the Seattle City limits. May God keep her safe until the painfully slow housing process finds her permanent housing for herself and her teenage daughter - and we can tide her through.

## **2017 Community Meal Dates**

Ten months out of the year, OLG hosts a free, restaurant style Community Meal in the Walmsley Center. Everyone in the community is invited to attend. The goal is to provide a quality meal once a month for those in our community, in particular for those who may not regularly have a hot meal. Please join us on any or all of the following dates from 1:00 p.m. to 2:00 p.m.

**February 26th, March 26th, April 30th, May 21st, June 25th, August 27th, September 24th, October 29th and December 17th.**

## **Day Of Service**

Each year, OLG heads out into the community for a Day of Service. Last year, over 150 volunteers visited 9 sites in the greater Seattle area. This year's Day of Service will take place on Saturday, March 25th. It will include some new sites as well as some of the most popular ones from past years. To register, stop by the table in the narthex after Mass or go to [www.olgseattle.org/day-of-service](http://www.olgseattle.org/day-of-service).

## **Community Meal: Help Spread A Little Love This Month**

Help us spread a little love in the community this month by putting on a fabulous Community Meal! The Community Meal is served at OLG each month and offers a free meal for anyone in the area who wishes to attend. We are looking for people who can help on Sunday, February 26th in the Walmsley Center with set up (9:45 a.m.), serving and visiting with guests (12:30 p.m.), and cleanup (1:30 p.m.). You don't need to stay for the whole day; only for your shift. *This month, we are in need of a cook, so if you have that talent, please consider sharing it with us!* If you are not able to help that day, you can participate by dropping off a homemade or store-bought dessert for our guests (any time after 9:45 a.m.). If you're able to serve, please contact Colleen at [collduff@gmail.com](mailto:collduff@gmail.com).

## **Sacred Heart Respite Center, McAllen, TX Trip**

**New Trip:** On the 2nd weekend of January, OLG Social Justice Minister, Jennifer Ibach, spoke about her experiences serving immigrants and refugees at the Humanitarian Respite Center in McAllen, Texas. Now, two women from OLG are planning to return to McAllen in mid-February from February 14th to February 22nd. If you can travel at short notice and are interested in joining them, or getting more information, call or email Nancy Holmes at 206-605-3913, or [holmesna63@gmail.com](mailto:holmesna63@gmail.com).

## **Join Us For Catholic Advocacy Day**

Every year, hundreds of Catholics from across the state participate in Catholic Advocacy Day, coordinated by Catholic Community Services, the Intercommunity Peace & Justice Center and the Washington State Catholic Conference. This year's theme is "Be a Neighbor and an Advocate for All", which spans a variety of legislative issues including economic justice, housing and life issues. Other priority issues that may be addressed include education, health care, the environment, and immigration. Join us on Thursday, March 16th from 9:00 a.m. to 3:00 p.m. in Olympia for Mass, briefings of legislative issues, stories of how your advocacy makes a difference, and appointments with your legislators. This is a well-organized event where first-time advocates can learn the ropes and transportation is provided! Be sure to register by February 24th at: <http://ipjc1.wufoo.com/forms/s1ciqibl0sp8h8a/>. For registration questions, call 206-223-1138 or email [catholicadvocacyday@ipjc.org](mailto:catholicadvocacyday@ipjc.org).



# Pastoral Care

## Home Ministries

If you or anyone you know is in need of the **Sacrament of the Eucharist**, the **Sacrament of Anointing**, or other Home Ministries, let us know by calling Marion Kari at 935-0358, ext. 113.

## Prayers And Squares Quilt Ministry Continues To Serve Our Community With Love

Prayers and Squares officially became a Chapter Member #1158 on October, 20, 2014. As a ministry, over 60 quilts have been made and presented, each a special gift of love and hope.

The beautiful quilts that you see in the back of our church are quilts made by our Prayers and Squares ministry team which meets on the first Tuesday of each month from 1:00 p.m. to 3:00 p.m. in the Parish Pastoral Center. If you want to join our ministry, please call the parish office at 206-935-0358. It does not matter if you have been a quilter for years or have no experience and just want to learn, please come and fellowship with some wonderful ladies who serve our community so faithfully.

Quilts become prayer quilts as a result of the prayers that are tied into them. When a request for a prayer quilt is made from a family, we ask for any special prayer intentions that we can make available for our community to pray for when tying the prayer knots. When the prayer quilt is presented, they can feel each prayer by all of the prayer knots that are tied just for them. Here is what you do:

- Pick up untied thread and make a square knot (right over left, then left over right). Pull the not firmly against the surface of the quilt.
- Offer a prayer for the person who will receive the quilt. Please remember that person in your regular prayers throughout the week.

**Samaritan**  
Center of Puget Sound

John Baumann, M. Div. LMHC  
Counseling & Psychotherapy Services  
206-527-2266, ext. 385  
425- 830-9614 (cell)

## It's Been Cold Outside!

Retirement Connections of Puget Sound publishes a book of resources and they can be reached at [www.RetirementConnections.com](http://www.RetirementConnections.com) - 1-800-462-1316. Here are a few that will help with energy bills and estate planning:

### ENERGY RESOURCES

- Catholic Community Services - 253-383-3697
- Low-Income Home Energy Assistance Program (LIHEAP) - 360-725-2857
- MDC (Tacoma Residents) - 253-572-5557
- Pacific Power Financial Assistance - 888-221-7070
- Pierce County Department of Community Connections - 855-798-4328
- Pierce County Energy Assistance Program (EAP) - 253-798-4400
- Snohomish County, Weatherization Program, 3001 Rockefeller Ave, Everett, 98201 - 425-388-3880
- Snohomish Human Services Department - 425-388-3880

### ESTATE PLANNING

- Edward Jones, Stephanie Santeford  
15235 Aurora Ave N #101 Shoreline, 98133 - 206-362-2843
- Estate Planning Council of Seattle - 206-504-4968
- Lutheran Community Services - Senior Scene - 253-772-5687
- Rehmkne Law, PS  
1021 Regents Blvd, Fircrest, 98466 - 253-460-3190
- Sound Generations - Senior Rights Assistance  
2208 2nd Ave, #100, Seattle 98121- 206-448-3110/888-435-3377
- Tacoma-Pierce County Bar Association -  
Volunteer Legal Services Program - 888-387-7111

## A Prayer For Winter

We give thanks for the blessing of winter.  
Season to cherish the heart.  
To make warmth and quiet for the heart.  
To make soups and broths for the heart.  
To cook for the heart and read for the heart.  
To curl up softly and nestle with the heart.  
To sleep deeply and gently at one with the heart.  
To dream with the heart.  
To spend time with the heart.  
A long, long time of peace with the heart.  
We give thanks for the blessing of winter.  
Season to cherish the heart.

Amen.



## 50 Plus Funsters

February Events:

### CORRECTION

**February 21st** - Potluck in Walmesley Center. Doors open at 10:45 a.m. Please bring food items listed for the spelling of your last name.

A - G - SALAD     H - MIL - DESSERT

MIM - Z - HOT DISH

At the pot luck, we will be taking names for Taproot Theatre.

## Parish Potluck With The High Point Mosque Community

Please join us on **Friday, February 17th** from 6:00 p.m. to 8:00 p.m. for an evening of food and fellowship with our neighbors as we break bread and share stories with one another. To help plan the potluck, you are asked to either go to our website and sign up for a dish that serves 6-8 people or call or email Helen. There are some special dietary guidelines, but they are easy to follow. Suggested meals and recipes can be found on the insert in today's bulletin or on our website or Facebook page. If you would like to help, please let Helen know - 206-935-0358 or [heleno@olgseattle.org](mailto:heleno@olgseattle.org).

## Order Your OLG Parish T-Shirt And Pay Down Our Parish Debt!

New orders are being taken for our parish t-shirts to help promote our parish while also raising money to pay down our debt! The t-shirt is a light blue and has our parish motto: *Our Lady of Guadalupe - A Parish with Open Hands and Caring Hearts!* \$15 each with proceeds going to our Debt Reduction Campaign. Order forms are available in the back of church, at the parish office, or on our parish website. Deadline for this order is February 28th! Order now in time for our OLG Service Day on March 25th!

**For more "Community Events", please visit our website.**

## Time To Step Up For Loop The 'Lupe!

Thanks to everyone who's been volunteering for the Loop the 'Lupe obstacle course and fun run, which is happening June 4th (sooner than you think)! We need help constructing/putting together/managing five obstacles:

- A tire agility course
- Balance beams
- Climbing walls
- Mud pit
- Squirt gun alley

We also need some people to take lead role on promoting the event. For more details, contact Brian Callanan at 206-459-4292 or [callanan.seattle@gmail.com](mailto:callanan.seattle@gmail.com). Thanks!

## Young Adult Spring Retreat

Join us April 28th through May 1st for a super-charged long weekend retreat. We will be led by two priests from the Community of St. John (flying in from Denver, CO), who strive to give "the most of the best to the thirstiest." We will engage heart, mind and body as we pray, study and get outside together for three days. Space is limited to 20 participants in order to provide a deeper and more personal experience. We expect to fill quickly! Visit [www.eagleeyeministries.org](http://www.eagleeyeministries.org) to get an idea of what you can expect and to learn more about the work of the Community of St. John. For more information about the retreat and to register, please contact Kalene Morris at [morriskalene@gmail.com](mailto:morriskalene@gmail.com). Retreat cost is \$200. Please register by February 15th.

## New On The Parish Website And Facebook Page

Do you want to learn more about the US Bishops response to President Trump's recent executive order regarding immigrants and refugees? You can find the full text along with other resources to help inform and motivate you to put your faith into action. [www.olgseattle.org](http://www.olgseattle.org)

## Holy Land Pilgrimage

Hosted by Pati and Paul Heath

With Fr. Ed Hislop

**June 5 - 14, 2017**

(10 days)

\$4,499 from Missoula

For information and reservations call 406-249-8149 or email [heaths@bresnan.net](mailto:heaths@bresnan.net)

# OUR LADY OF GUADALUPE T-SHIRTS ORDER YOURS NOW!!!

\$15 per person

NAME \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE # \_\_\_\_\_

T-SHIRT SIZE Youth (*please circle*) S M L XL  
Adult (*please circle*) S M L XL 2XL 3XL

# OF T-SHIRTS X \$15 = \_\_\_\_\_ \*Please make check out to OLG

Next order due no later than February 28<sup>th</sup>!

## OUR LADY OF GUADALUPE



A PARISH WITH

OPEN HANDS AND CARING HEARTS

**PROCEEDS GO TO DEBT REDUCTION CAMPAIGN!!**





## ***From The Pastoral Center***

### ***Stewardship Giving Made Easy Visit www.olgseattle.org***

If you are looking for a more convenient way to make planned or additional financial contributions to support our parish ministries and programs, we encourage you to look at our electronic giving options. Visit our parish website to learn more. Go to [www.olgseattle.org](http://www.olgseattle.org) and click on the "Online Giving" button.

### ***OLG School Happenings***

**Donna Ramos, Principal**  
[dramos@guadalupe-school.org](mailto:dramos@guadalupe-school.org)  
206-935-0651 - X102

**Pastoral Center**  
Phone: 206-935-0358  
Fax: 206-935-1230

**Parish Staff**  
**Fr. Jack Walmesley**  
[fr.jack@olgseattle.org](mailto:fr.jack@olgseattle.org) - X107

**Helen Oesterle - Pastoral Associate**  
[heleno@olgseattle.org](mailto:heleno@olgseattle.org) - X108

**Pete Shepherd - Parish Administrator**  
[pshepherd@olgseattle.org](mailto:pshepherd@olgseattle.org)

**Peggy Behnken - Administrative Asst.**  
[peggybe@olgseattle.org](mailto:peggybe@olgseattle.org) - X114

**Sal Pagan - Facilities Supervisor**  
[salp@olgseattle.org](mailto:salp@olgseattle.org) - X112

**Marion Kari - Pastoral Care/Family Faith**  
[marionk@olgseattle.org](mailto:marionk@olgseattle.org) - X113

**Jennifer Ibach - Pastoral Asst. for Outreach**  
[jibach@olgseattle.org](mailto:jibach@olgseattle.org) - X120

**Vicki Quinn—Baptism Coordinator**  
[vickiq@olgseattle.org](mailto:vickiq@olgseattle.org) - X115

**Ann Sager - Music**  
[sager206@msn.com](mailto:sager206@msn.com)

**Gail Neudorfer - Bookkeeper**  
[gailn@olgseattle.org](mailto:gailn@olgseattle.org) - X118

**Sandy Plummer**  
**Safe Environment Coordinator**  
**Bulletin Editor**  
[sandyp@olgseattle.org](mailto:sandyp@olgseattle.org) - X111

Thank you to everyone who supported OLG School during Catholic Schools Week. From judging our students' TED talks to visiting on Special Person's' Day, coming to our Open House and making financial contributions, we are blessed to have such a supportive faith community. We continue to be the incredible school that we are because of the support from our parish and school families. We are truly appreciative of all you do.

THANK YOU!!!