

Our Lady of Guadalupe

A parish with open arms and caring hearts

January 27, 2019



A Teacher's Prayer

Lord,

Enable me to teach
with WISDOM,
for I help to shape
the mind.

Equip me to teach
with TRUTH,
for I help to shape
the conscience.

Encourage me to
teach with VISION,
for I help to shape
the future.

Empower me to
teach with LOVE,
for I help to shape
the world.

Mass Times

Saturday Vigil - 5:30 PM

Sunday Mornings - 8:30 AM and 11:00 AM

Weekday Mass - Wednesday, Thursday, and Friday - 9:00 AM

Holy Day Masses - Listed inside bulletin and on parish website

Sacrament of Reconciliation - Saturdays - 4:15 PM to 5:00 PM
(or by appointment through the Parish Office)

OLG Parish - 7000 35th Avenue SW, Seattle, WA 98126
www.olgseattle.org - parishoffice@olg.seattle.org - Phone: 206-935-0358

OLG Parish School - 3401 SW Myrtle, Seattle, WA 98126 - www.guadalupe-school.org
Phone: 206-935-0651



From the Pastor's Desk

A Powerful Gentle Voice Silenced

Last week the world lost an important, powerful, yet gentle voice, Mary Oliver. A rare poet with insight into simple things in the world. If you thought you knew all there was to know about a duck or lily pad, read some Mary Oliver poetry. As a pastor, who tries to preach, I found her work very helpful because she clearly knew how to observe our world. Many of you in the parish describe a world too busy with little time for observation and reflection. Read some Mary Oliver poetry as a way of recapturing the beauty of life observed rather than life on the run.

May her words help us all to know what to do with this one wild and beautiful journey we all call life. Give her works a read.

Catholic Schools Week

Beginning this weekend, and running through the week, our parish will join the church in America in recognizing the history and importance of Catholic education for the church and our nation.

OLG parishioners can be justly proud of the faculty, students and families engaged with our school. Our large Christmas tree lit up West Seattle during Advent and Christmas while the light of our school has offered direction for our students for generations.

Take time to visit our school, a wonderful place to learn about our God of gladness and joy.

Fr. Jack

Upcoming Word & Communion Services

Wednesday, February 20th
Thursday, February 21st
Friday, February 22nd

New Pastoral Center Office Hours

Monday - Thursday **8:30 a.m. to 4:00 p.m.** and Friday - **8:30 a.m. to 3:00 p.m.**

If you just need to drop something off, you can put it in the mail drop to the left of the front door, by the bench.



Prayer & Liturgy

Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Dana Coman	Michael Keefe	Danny Padon
Marina Felix	Frank Kinner	Albert Peter
Paula Grady	Hudson Langhams	Tom Plummer
Mark Hoynes	Mason Langhams	William Tyler Raymz
Sharon Lyons-Huber	Dr. Kenneth McKin	Elizabeth Spry
Mayola Jackson	Frances Nitkey	Bill Thompson
Vernon Jackson		

Mass Intentions

Mass of Remembrance for Barbara Raucci & Rebecca Foreneau - February 1st
 Mass of Remembrance for Lydia Spaminato - February 6th
 Mass of Remembrance for Lydia Spaminato - February 7th
 Mass of Remembrance for Lydia Spaminato - February 8th
 Mass of Remembrance for Patricia Hyde & Carol Vizzore - February 14th
 Mass of Remembrance for Patricia Hyde & Carol Vizzore - February 15th
 Mass of Remembrance for Carol Vizzore - February 27th
 Mass of Remembrance for Carol Vizzore - February 28th

Mass Prayer Cards

Did you know that it has been a long-standing Catholic tradition to ask for a Mass to be celebrated in behalf of another person who is sick, who has died, or who is in need of prayer in other ways? The Mass is the best way Catholics pray and it is a special way to offer prayers on behalf of another person. In addition, our parish has beautiful prayer cards that can be sent to the person or their family, informing them of the special Mass. There is no cost, although many make a small donation (\$15 and up). For more information, contact the Parish Office.

Los Misales en Español

Están ahora disponibles para que cualquiera los use. Están en el estante trasero detrás de la última banca. Le pedimos que los devuelva después de la Misa para que estén disponibles para que otros los utilicen. [SPANISH MASS MISSALS are now available for anyone to use. They are on the back shelf behind the last pew. We ask that you return them after Mass so they are available for others to use.]

BUSINESS OF THE WEEK

Beth Percival

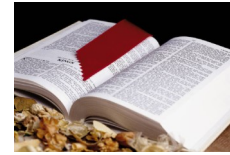
Financial Advisor

4700 42nd Ave SW, Suite 520, Seattle, 98116

206-938-1718

Beth.Percival@edwardjones.com

Edward Jones - making sense of investing



Scripture Readings

January 27th

Third Sunday In Ordinary Time

Reading 1: Nehemiah 8:2-4a, 5-6, 8-10

Reading 2: 1 Corinthians 12:12-30

Gospel: Luke 1:1-4, 4:14-21

February 3rd

Fourth Sunday In Ordinary Time

Reading 1: Jeremiah 1:4-5, 17-19

Reading 2: 1 Corinthians 12:31 - 13:13

Gospel: Luke 4:21-30

Planning On Getting Married?

Congratulations! Our Lady of Guadalupe wants to support you in the best way possible as you embark on this very important commitment in your lives - whether you are being married here at OLG or at another parish. This includes assistance in planning your wedding ceremony, providing quality marriage preparation, and a wonderful wedding coordinator. We even have great venues for your reception. You can find more information on our parish website, including frequently asked questions, which is intended to answer a few of the questions which are most likely on your mind at this time. It may also help you to raise some questions which haven't yet occurred to you, but which will be important for you to consider as you make plans for your wedding. For more information, contact Helen at 206- 935-0358, heleno@olgseattle.org.

Congratulations And God's Blessings

Last weekend we celebrated the RCIA Rites of Acceptance and Welcome: Catechumens (those not baptized): *Jill Arbow and Darnell Metcalf*, and Candidates (those already baptized): *John Crone, Tom Stafford, and Kat Woods*. These catechumens and candidates have shown that the beginnings of the spiritual life and the fundamentals of Christian teaching have taken root in them. They have now publicly stated their desire to learn more about the Catholic faith and follow the ways of Christ and will now enter into a more intense time of formation. The Rite asks them what they ask of the Church and their response was: *They ask the Church to continue to support them on their faith journey. They also ask the Church to work for greater integrity and accountability among its bishops and priests. And they ask you, the people of Our Lady of Guadalupe, to surround them and their families with faith, love and encouragement, and welcome them into the parish family.*

Please continue to keep them in your prayers.

Faith Formation

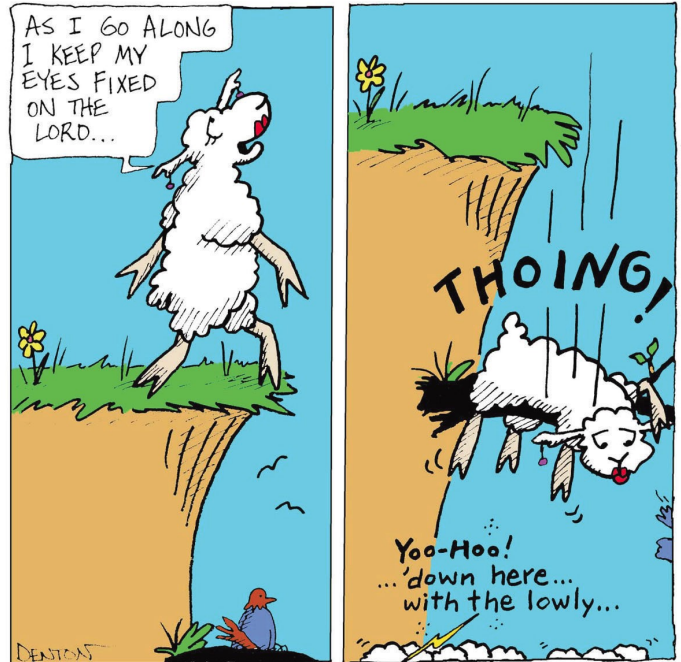


This Week's Readings at Mass He's From Where?

- Nehemiah 8:2-4a, 5-6, 8-10 - Ezra reads the Law
- 1 Corinthians 12:12-30 - Analogy of the body
- Luke 1:1-4 - Beginning of Jesus' preaching

Questions of the Week

1. Who do you know from the background of no reputation who has made a positive impression or impact on you? Maybe they were from a tiny town, or went to a little-known college, or didn't go to college at all, or in some way rose above their station.
2. Which of Jesus' lines about what he was anointed to do strikes you as most exciting or hopeful? Why?



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"The Spirit of the Lord is upon me ... he has anointed me to bring glad tidings to the poor."

Sheepish Question:

With my eyes fixed on Jesus, where does his Spirit lead me this week?



Save The Date!

June 24th - June 28th

Vacation Bible Camp

Pastoral Care



Home Ministries

If you or anyone you know is in need of the **Sacrament of the Eucharist**, the **Sacrament of Anointing**, or other Home Ministries, let us know by calling Marion Kari at 935-0358, ext. 113.

Special Event At Our Lady Of Guadalupe Parish In Partnership With Providence Mount St. Vincent

In our bulletin, you will find a flyer entitled "Letting It Go, Letting It Grow" which we are very excited to present on **February 16th** from 9:30 a.m. to 2:30 p.m. in the Walmesley Gym. As we journey in our new year, it is a good time to take stock and to prioritize the things that are important to us. If you are assisting your parents in downsizing, or if you are planning to move into retirement living, this workshop is for you. If you have aging parents and want to learn how to have conversations around issues of developing a thoughtful plan, this workshop is for you. Please see our flyer and plan to come and be inspired by our three wonderful speakers and meet vendors who can connect you with resources.

Our Lady of Guadalupe Parish and Providence Mount St. Vincent Present

Community Speaker Series: *Living Well, Dying Well*

Letting it Go, Letting it Grow

Creating vision and space for your *whole* life

Saturday, February 16th

9:30 a.m. – 2:30 p.m.

- Opening Remarks by Fr. Jack Walmsley
- Setting the Stage with Donna Oiland, Radiant Joy Ministries
- Exhibitor Introductions
- Program and Interactive Workshop with Rebecca Crichton
- Lunch
- Pulling it all Together and Practical next Steps

Our Lady of Guadalupe Church
7000 35th Ave SW — Walmesley Hall

The New Year is often a time for clarifying our values, getting organized, cleaning and downsizing. It's also a wonderful time to take inventory of financial affairs and planning. This workshop will help you clarify your priorities, purpose, personal mission and values, and develop a thoughtful plan.

Fr. Jack Walmsley, Rebecca and Donna will inspire, engage and entertain you with their insight into — creating the "WHY", the inspiration, and the "HOW" for creating a vision and space for your *whole* life.

All are Welcome!

- Exhibitors onsite to connect you with resources
- Coffee, Refreshments and lunch
- \$10 donation suggested



Rebecca Crichton
E.D. NW Center for Creative Aging

"Rebecca facilitates groups and workshops related to Positive Psychology and Creative Aging at venues in the Seattle area. She shares what she has discovered that works to help adults sustain their vitality, and find purpose and pleasure in a life well-lived."



Fr. Jack Walmsley
Pastor at Our Lady of Guadalupe Church



Donna Oiland
Radiant Joy Ministries



OUR LADY OF
GUADALUPE
CATHOLIC PARISH



RSVP and for Questions/Directions: Marion Kari at 206-935-0358



Outreach Ministry

Catholic Advocacy Day: Catholics For The Common Good

Raise your voice for the common good this legislative session! Join with hundreds of Catholics as we put our faith in action to advocate for just policies at Catholic Advocacy Day in Olympia on **Thursday, February 7**. The day will include briefings on legislative issues, Mass, and appointments with legislators. Issues may include economic justice, housing, education, health care, environment, life, and restorative/criminal justice. You don't have to talk if it's not your thing. Your presence alone will witness your concern and commitment. **Register at** www.ipic.org/cad/ or 206-223-1138 by **January 28**. Sponsored by: Washington State Catholic Conference, Catholic Community/Housing Services, St. Vincent de Paul Society, and Intercommunity Peace and Justice Center.

Help Stock Our Care Kits

OLG makes kits to hand out to those in need you encounter on the streets. We are currently collecting items for our kits. Please consider dropping off any of the following in the marked green box in the church narthex: travel toothbrushes with covers (or individually wrapped) and mini toothpaste, dental floss, tampons (wrapped in plastic not paper), solid stick deodorant, razors and shaving cream, non-cotton hats and mittens, non-cotton socks, hand warmers, protein bars, lotion, lip balm, disinfecting wipes, travel comb or hairbrush, travel sized box of cotton swabs, and zip lock quart and gallon sized bags. Please, no old or partially used products!! Feel free to take kits from the church or parish office to hand out as well!

Join Us For The January Community Meal

All are invited to this free, sit-down meal on **Sunday, January 27th** at 1:00 p.m. in the Walmesley Center. Come meet others in the community and enjoy a wonderful meal. This month's meal is provided by OLG.

Mental Health Ministry

The Mental Health Ministry Committee invites you to find out how YOUR parish and faith community can provide understanding and support to those suffering from mental illness and their families. Attendees will receive specific tools and resources from parishes that have been offering this support to their parishioners and families impacted by mental illness. Come to one of the following FREE workshop luncheon events. **Wednesday, February 13th** at Holy Family Parish, Kirkland OR **Wednesday, March 20th** at St. Luke's Parish in Shoreline from 11:30 a.m. to 1:30 p.m. Lunch provided. Register for a luncheon by emailing ericac@seattlearch.org.

Cultural Humility Training 2.0

OLG Immigrant Ministry is excited to host Anjolie Ganti, MSW, MPH and Karla Garcia, MHP, MSW, LICSW from the Church Council of Greater Seattle on **Thursday, February 21st** at 7:00 p.m. in the Walmesley Center for Cultural Humility Training 2.0. Following our October introduction, we will go more in-depth in this second cultural humility training. At this workshop, we will learn skills for being present with people from different cultural and/or socioeconomic backgrounds and for monitoring our own inner processes. There will be time to practice these skills through role-playing, coaching, and other techniques. All are welcome, even if you did not attend the first session. Suggested donation of \$10. For more information, contact Jennifer at jibach@olgseattle.org or 206-935-0358, Ext. 120.

Am I Sleeping Through The Ecological Crisis? A Retreat Based On The Teaching Of Integral Ecology In Laudato Si'

All are invited to this free retreat day at St. James Cathedral from 8:00 a.m. to 3:00 p.m. on **Saturday, February 9th**. With presenter Sr. Alexandra Kovats, CSJP, this retreat will help us reflect on how a healthy lifestyle can influence global warming. The retreat will give us an opportunity to listen to the voice of God, discern the Holy Spirit's movement in our lives, and take action as stewards of God's Creation. Lunch is provided. RSVP by **February 4th** to Patrick Barredo at 206-382-4515 or pbarredo@stjames-cathedral.org.

St. Vincent de Paul Helps Federal Employees With Rent Assistance And Food

If you or a friend are a Federal Employee adversely impacted by the government shutdown, know that St. Vincent de Paul is here to help. SVdP wants all to know that they can help with food, free clothing, personal hygiene supplies, etc. at the Georgetown Food Bank (5972 4th Ave S). The Food Bank is open T/Th/F/Sa from 11:00 a.m. to 2:00 p.m. For more information or help with other services, call the SVdP hotline at 206-767-6449.

Catholic Relief Services Spotlight

When private charities and the government work together to solve problems, it can make a world of difference! When Catholic Relief Services started working with the federal government's "USAID" agency in Niger, there was widespread and extensive chronic malnutrition. After 5 years of hard work, CRS and USAID helped to reduce the rate of stunting among Nigerian children by 5.5%. To learn more about the benefits of CRS's collaboration with USAID, visit www.crs.org!

Take Action To Support Refugees And Asylum-Seekers

Earlier this month, the Catholic Church in the U.S. celebrated National Migration Week, learning more about the needs and circumstances of migrants around the world. You can help support refugees and asylum-seekers by advocating on a variety of issues including support for refugee resettlement and asylum protections in the U.S. Visit greateras1.org/category/action-alerts to take action through Church World Service, an interdenominational agency with an internationally recognized operation that has resettled nearly half a million refugees since its inception.



Catholic School's Week continues January 28th – February 1st ...

Monday, Jan. 28th - Parent/Volunteer Appreciation Day

Tuesday, Jan. 29th - Day of Giving & Staff Appreciation Day

Wednesday, Jan. 30th - Winter Concert 7:00 pm in the church

Thursday, Jan. 31st – Special Persons' Day & All-School Mass

Friday, Feb. 1st – Student Appreciation Day

How can you help?

- Encourage families to attend the Open House
Sunday, January 27th 9:00 am -1:00 pm
- Join us at the Winter concert Wednesday, January 30th 7:00 pm
- Volunteer Thursday, January 31st 8:30 am to 11:15 am - Volunteer to make an OLG student's day and be a special person for family or friends who are unable to come. If you have free time Thursday, January 31st from 8:30 am to 11:15 am, contact Carrie Morrissey or Shelley Bradley to volunteer at (206) 935-0651.



OLG Community

50+ Social Activities Group

Our monthly breakfast in February at the Chelan will be replaced with our **Valentine** potluck on the Walmesley Center stage. We will gather at **noon on Thursday, February 14th** and bring a potluck dish to share. Beverages will be provided.

A - G	H - M	N - Z
Salad	Main Dish	Dessert

Come join us for lunch and camaraderie. We'd love to see you!

Loop The 'Lupe 2019: We Want You!!!



Volunteers are needed to keep one of our most exciting events growing in 2019: **Loop the Lupe!** "The Loop", which includes an obstacle course, a Youth Dash for kids under 8 plus the 5K run/walk & "Senior Saunter" (events without obstacles), will take place **Saturday, June 8th** at Walt Hundley Playfield. We need people who can assemble obstacles, people who can help with publicity, school parents looking for fun service hours, and more! Come to an informational meeting (with cookies!) on **Wednesday, January 23rd at 7:00 p.m.** in the Pastoral Center downstairs meeting room to learn more. Contact event organizer Brian Callanan at 206-459-4292 or callanan.seattle@gmail.com with questions. **GET IN THE LOOP!!!**



Caring For God's Creation

BRING YOUR OWN! Convenient food and drinks are essential to our busy lives. That convenience comes at a price, both monetary and environmental. The trick is making reusable things just as convenient as disposable ones. Try keeping reusable things with you. Put them in your bag, in your car, anywhere you're likely to need them. When you use reusable stuff, you save money, reduce your trash, and lessen the impact of that trash on the environment. More to come.

If you or someone you know is suffering after abortion, confidential, non-judgmental help is available. Visit Hope-AfterAbortion.org, or call Project Rachel Ministry's national, toll-free number: 1-888-456-HIOPE (4673)

Due You Like To Plan Parties Or Events?

Do we have an event for you! On **Saturday, February 16th**, Bishop Mueggenborg will celebrate the sacrament of Confirmation with our parishioners and we want to host a reception for this special occasion. If interested, contact Helen at 206-935-0358, heleno@olgseattle.org.

Key Change

Very soon, the Walmesley Center enter keys will be changed. The building is being changed to a card reading system. If you need entry into the building, please contact Sal at salp@olgseattle.org to arrange for a trade out for your key.

2019 Free Throw Competition!

Show off your basketball skills! Our Lady of Guadalupe Council Knights of Columbus are sponsoring a Free Throw Competition for all boys and girls ages 9 to 14. It will be held **Sunday, February 17th** at 1:00 p.m. The competition will be held at The Walmesley Center Gym, 3410 SW Myrtle St., Seattle. Each boy and girl age group champion will be eligible to advance to the District Competition to be held in February. You must provide proof of age (birth certificate, etc.).

Come Celebrate Community At Camp Second Chance!

Camp Second Chance residents are opening their home to the larger community to share food, art and conversation.

9701 Myers Way S, Seattle, WA 98108

Sunday, February 10th from 1:00 p.m. to 4:00 p.m.

Please bring cookies and snacks to share and/or books to donate to the camp's Little Library.....or just come as you are.

Everyone is Welcome!

Volunteers Needed To Help With First Communion Banners

We need banner templates cut out of felt and fusing needs to be ironed to fabric squares. Work can be done at home. If interested, please contact Helen at 206-935-0358, heleno@olgseattle.org.

**For more "Community Events",
please visit our website at www.olgseattle.org**

From The Pastoral Center



Give By Text!

Simply send a text message to 206-745-4559 with the amount you would like to contribute (example: \$20). Within a few minutes, you'll be sent a text with a link to register. Click on the link and enter your cardholder name and debit or card information. Once your registration is complete, you will receive a text verification and a receipt of your donation via email.

For future giving, send a text with the amount you wish to give, and it will process automatically!

You can even text "repeat" to make it a recurring donation. Give by Text is one of the fastest, easiest ways to give. We hope you enjoy this new way to share your generosity, and we **thank you** for supporting Our Lady of Guadalupe!

Pastoral Center
Phone: 206-935-0358
Fax: 206-935-1230

Parish Staff
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fr.jack@olgseattle.org - X107

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Pete Shepherd - Parish Administrator
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Peggy Behnken - Administrative Asst.
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Sal Pagan - Facilities Supervisor
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Jennifer Ibach - Pastoral Asst. for Outreach
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Ann Sager - Music
sager206@msn.com

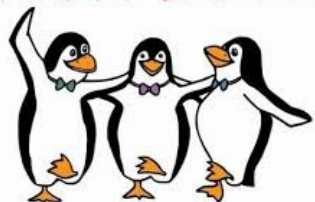
Gail Neudorfer - Bookkeeper
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Sandy Plummer
Safe Environment Coordinator
Bulletin Editor
sandyp@olgseattle.org - X111

Debt Elimination Update

THANK YOU, THANK YOU, THANK YOU!

Happy Dance



Your generous donations are
what make this happen!!

\$95,674

Current amount of building loan.

Our Lady Of Guadalupe School

Anton Kramer, Principal

akramer@guadalupe-school.org 206-935-0651 - X102

CATHOLIC SCHOOLS WEEK IS HERE! - As we head into a week of celebrating OLG School and all other Catholic schools, we would like to extend a heartfelt thank you to all of our supporters. From parishioners to parents, to extended families, alumni and other friends, your prayers, time and donations provide for us in ways both spiritual and physical. We are grateful for all you do to make our school the wonderful, welcoming and warm community it is.

OPEN HOUSE SUNDAY, JANUARY 27TH - Our Open house is this Sunday. Please stop in to visit our school and see how we are *Growing in the Light of Christ!* - Academic Excellence, Focus on Service to Others, Arts, Music, Spanish, Extracurricular Activities, Extended Care, Faith-filled Environment.

NCEA DAY OF GIVING TUESDAY, JANUARY 29TH - Our School Fund Drive is currently at 55% of our goal, with pledges totaling \$49,000 of our \$90,000 budget. Tuesday is the national *Many Gifts, One Nation: A Day of Giving to Catholic Schools* event and thanks to a generous donor, the first \$2,000 we receive will be MATCHED! That's right, you can double your donation when you give through the link on the front page of the school website at guadalupe-school.org.

SPECIAL PERSONS' DAY, THURSDAY, JANUARY 31ST - Thank you to those who have volunteered to be a Special Person for a child at our Special Persons' Day on Thursday, January 31st. Please plan to arrive at the school by 8:30 a.m. You will attend Mass at 9:15 a.m., then move on to light refreshments and social time with your student. Due to space constraints, we will not be serving a full brunch this year. The event will end at 11:15 a.m. **We are still in need of a few more volunteers;** if you are able and willing to serve, please contact Shelley Bradley at 206-935-0651 or sbradley@guadalupe-school.org.