

Our Lady of Guadalupe

A parish with open arms and caring hearts

December 08, 2019



Dear Jesus,

You entered our world on Christmas as the Prince of Peace. This Advent, as we strive to become the best version of ourselves, fill us with a deep and abiding peace. Help us share that peace with everyone we encounter, especially those who need it most.

Amen.

Mass Times

Saturday Vigil - 5:30 PM

Sunday Mornings - 8:30 AM and 11:00 AM

Weekday Mass - Wednesday, Thursday, and Friday - 9:00 AM

Holy Day Masses - Listed inside bulletin and on parish website

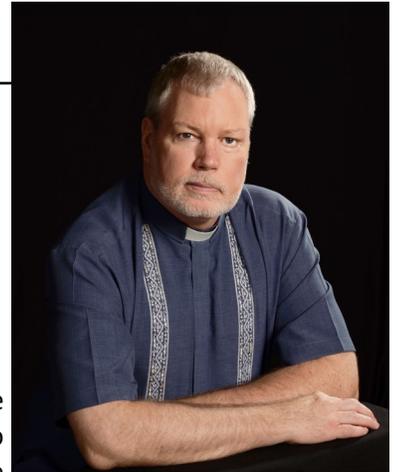
Sacrament of Reconciliation - Saturdays - 4:15 PM to 5:00 PM
(or by appointment through the Parish Office)

OLG Parish - 7000 35th Avenue SW, Seattle, WA 98126

www.olgseattle.org - parishoffice@olgseattle.org - Phone: 206-935-0358

OLG Parish School - 3401 SW Myrtle, Seattle, WA 98126 - www.guadalupe-school.org
Phone: 206-935-0651

From the Pastor's Desk



Dear Sisters and Brothers in Christ,

As our Advent vigil of prayer and preparation moves forward toward the celebration of Christ's Nativity and the start of the Christmas season, I want to remind everyone of the opportunities available to you to celebrate the Sacrament of Reconciliation—a. k. a., Penance.

The remaining Fridays of Advent, December 13th and 20th (5:30 – 6:30 p.m.)

Our usual Saturday confessions on December 14th and 21st (4:15 – 5:00 p.m.)

Our two Communal Reconciliation Services:

Wednesday, December 11th (7:00 p.m.)

Saturday, December 14th (10:00 a.m.)

These Advent Communal Reconciliation Services (Form II of the Rite of Penance) will begin with the proclamation of God's Word and a brief reflection on the Biblical message of repentance and mercy. There will be a communal Examination of Conscience, a prayerful expression of our sorrow for our sins (Act of Contrition) and a prayerful petition for mercy and forgiveness.

For those who wish or need to do so, once the communal service has concluded, myself and at least one other priest will remain to be available to any folks who wish or need to go to private, individual confession and thereby to receive the sacramental absolution from sin that the Sacrament of Reconciliation offers and provides through the ministry of the priest.

Remember, the Catholic Church teaches that there are many ways whereby our "venial" sins may be forgiven—going to Mass, praying for forgiveness in a genuine spirit of repentance and trust, acts of charity and kindness, sincerely offering forgiveness to those who have wronged us, giving alms in a true spirit of sorrow for one's own sins and sincere love for one's neighbor in need. It is only our "mortal" sins that require sacramental absolution in order for us to be forgiven, save under extraordinary and exceptional circumstances where confessing privately to a priest might not be possible.

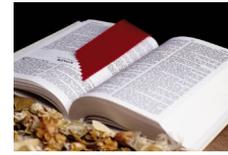
If you haven't gone to confession in quite a while and are nervous and/or uncertain as to what to say or do, please don't worry about it. Come any way. The priest will guide you through it and help you every step of the way. All you need to do is to examine your conscience beforehand—using, for example, the Ten Commandments on the Book of Exodus, Chapter 20—so that you will know the sins you need to confess.

A blessed Advent to all,

Fr. Kevin



Prayer & Liturgy



Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Geri Mazzoni Barnett	Mary Gould	Dr. Kenneth McKim
Rose Betzina	Ava Groth	Rose Moran
Austin Brooks	Jordon Groth	Sr. Maria Nguyen
Carlos & Claudia Caballero	Adrienne Hoesley	George Niznansky
James Cabiao	Sharon Lyons-Huber	Mary Olson
Jean Campbell	Estevan Israel	Judy Puckett
Marjorie Carmody	Mayola Jackson	Dan Reandeau
Mel Dennis	Vernon Jackson	Fred Robinson
Francis Xavier Duggan	Tessa Gray LaBellarte	Rita Sexton
Oscar Emmanuel	Hudson Langhams	Donna Simonson
Albert Encarnacion-Gonzales	Mason Langhams	John Sullivan
Kim Fulton		Carol Young

and for those who have recently passed...John Musso

Mass Requests

Memorial for Jim Henluk - Wednesday, December 11, 2019
 Special Intention for Pete Wright - Thursday, December 12, 2019
 Memorial for Charlotte Dominico - Friday, December 13, 2019
 Special Intention for Jordan Groth & Eva Groth - Sunday, December 15, 2019

Feast Of The Immaculate Conception Monday, December 9th

Even though this is not a holy day of obligation, Fr. Kevin will be celebrating a 9:00 a.m. Mass that Monday morning.

BUSINESS OF THE WEEK

HARVEY
FUNERAL HOME
 Serving Catholic Families
 Thomas Harvey
 206-632-0100
 harveyfuneral.com

Scripture Readings

December 8th - Second Sunday Of Advent

Reading 1: **Isaiah 11:1-10**

Reading 2: **Romans 15:4-9**

Gospel: **Matthew 3:1-12**

December 15th - Third Sunday Of Advent

Reading 1: **Isaiah 35:1-6a, 10**

Reading 2: **James 5:7-10**

Gospel: **Matthew 11:2-11**

Celebrating The Season Of Advent

Check out our parish website for a variety of resources, including blessings for your tree, creche and Advent wreath. There are also Advent daily meditation booklets still available in the back of church.

Christmas Flower Donations

It is that time of year to begin planning for our Christmas celebrations. The Arts and Environment Committee is hard at work creating another wonderful place for worship and prayer and your donations can help with this effort. Envelopes are in the pews. You can also donate at our parish website. Donations in honor or in memory of a loved one are also possible (which we will publish in our bulletin). Thank you for your generosity!

For more information about "Prayer and Liturgy" go to www.olgseattle.org and click on the "Grow In Faith" tab.

Pastoral Council Members

- Matt Procriv: Chair - Princess Ayers, Anne-Marie Herron, Tim Hunt, David Meza, Jason Pankow, Liz Santos

Finance Council Members

- Maryann Crissey: Chair - Marc Christiansen, Brenda Croft, Colleen Hardy, Dan Merlino, Rachelle Snyder, Benjamin Reilly



Home Ministries

Have you ever wanted to serve the Homebound in our community? If you feel called by the Holy Spirit, we have a place for you as a Eucharistic Minister! For more information, please call Marion Kari at 206-935-0358, Ext. 113 or email marionk@olgseattle.org.

Tips For Staying Active In Cold Weather

There is a wide range of indoor activities to choose from, whether it's in a class or on your own.

- Step out:** Have you joined a mall-walking group? It's an excellent way to get some good walking exercise. The flat, clean surfaces are ideal for walking, and many malls open early to allow for mall-walking, so you don't have to worry about big crowds.
- Get wet:** Another great indoor activity that allows you to exercise without fear of falling or stress on your joints is water aerobics. Lots of places, like community pools, offer these classes to help you do strength and balance exercises, along with some light cardio. Not a "joiner"? No problem, swimming laps is relaxing, fun, and good for you.
- Stretch:** Yoga is a way to stretch and stay limber. Many organizations offer chair yoga classes; it's ideal for anyone with limited mobility or balance issues. Along with participating in classes, you can also find several online guided videos on chair yoga.

With a couple of things in mind, you can safely continue your outdoor regimen for winter.

- Dress for the weather:** Layer up against colder temperatures, rain, and wind. Don't forget a hat or hood, gloves, and scarf to keep your head, neck, and hands warm and dry.
- It's all about traction:** Use water-resistant footwear. Look for a good grip with the ground and proper ankle support.
- Remember your warm-up:** A longer stretching phase and slower movements at the beginning of your workout help reduce the risk of muscle or tendon injury.
- Be smart:** Use extra caution and good sense to avoid any situations that could trip you up, such as walking over slippery, dark places.

Staying active is important! Aim for about 30 minutes or more of physical exercise most days of the week. With these tips in mind, you can keep active year-round.



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“He shall judge the poor with justice, and decide aright for the land’s afflicted.”

Sheepish Question:

How can I enhance my feelings of compassion with a deeper sense of justice?

This Week's Readings at Mass

John Was On Fire!

- **Isaiah 11:1-10** - The rule of Emmanuel
- **Romans 15:4-9** - Prayer of encouragement
- **Matthew 3:1-12** - John the Baptist

Questions of the Week

1. Who in your life is on fire for justice and repentance? What can you learn from them?
2. What can you do this coming week to “prepare the way of the Lord”?



Advent Family Prayer

Heavenly Father, your son, Jesus, is your greatest gift to us. A great sign of your love. Guide us as we strive to walk in that love together as a family this Advent. As we prepare our hearts for Christmas, bring us closer to each other and to your son. Give us the grace and strength we need every day. Help us to always trust in you. Come, Lord Jesus, lead all people closer to you. Come and dispel the darkness of our world with the light of your love. Amen



OUR LADY OF GUADALUPE ADVENT & CHRISTMAS SCHEDULE

ADVENT COMMUNAL RECONCILIATION SERVICES

Wednesday, December 11

7:00 PM

Saturday, December 14

10:00 AM *(note time change)*

In addition to our regular weekly Saturday evening individual Confessions from 4:15 – 5:00pm, there will also be individual Confessions from 5:30 – 6:30pm on the Fridays, December 6th, 13th and 20th.



CHRISTMAS EVE

Children's Mass with Gospel Pageant

3:00 PM

Family Mass

5:30 PM *(note time change)*

Traditional Mass

10:00 PM

CHRISTMAS DAY

Traditional Mass

10:00 AM

MARY, MOTHER OF GOD

January 1

10:00 AM



**Please invite your families and friends to join us as we
celebrate the Advent and Christmas seasons.
Everyone is welcome!**



Christmas Eve Gospel Pageant
Welcome all Shepherds, Angels and Stable Animals
to our Christmas Eve Family Mass!

Our Lady of Guadalupe has a wonderful tradition of inviting all children who want to participate in our Christmas Eve Family Mass, December 24th at 3:00 p.m. to participate in the reenactment of the Christmas story. If your child wants to be a part of this special tradition in our community, here is what you will need to do as a family:

- Attend a mandatory rehearsal on **Wednesday, December 18th starting at 6:30 p.m. and will conclude at 7:30 p.m. in our church.** Costume assignments will be made at the rehearsal to give time to make sure all the children have what they want and need in terms of their costume. We will rehearse the Gospel story to make sure that all who are participating will be comfortable with the format. Parents and Guardians who want to volunteer, bring snacks and to help organize the children the day of the pageant, will have an opportunity to sign up on Wednesday December 18th.
- We will have a second rehearsal on December 24th at 2:00 p.m., which is also mandatory, so that we can give as much support to the children, enabling them to tell the greatest story ever told in a prayerful and meaningful way.
- Please note, that any additional children who may come during the Christmas Eve Family Mass and have not participated in the two required rehearsals, will have an opportunity to be part of our procession to the crèche and the blessings of our baby Jesus, as we want all children to have a role if they choose during this special Mass.

If you should have any questions about our Christmas Eve Family Mass at 3:00 p.m., please do not hesitate to contact Marion Kari at 206 935-0358 Ext. 113, or email:

marionk@olgseattle.org



Outreach Ministry

GIVE

Giving Tree Thanks!

OLG's Giving Tree tags were taken at a record speed this year! Thank you for your generosity! Please return the gift by **12/15**. Didn't get a tag? Consider a Gift of Hope tag through Catholic Relief Services. You can buy mosquito nets, educational supplies, food, and more to support programs around the world! <https://gifts.crs.org/>

PRAY

Pray to End Hunger

Bread for the World invites all to join them in ongoing prayers to end hunger at home and abroad. They believe it is possible to end hunger, but not without God. When we pray, God listens. Will you join them in this movement to pray faithfully for an end to hunger and poverty? Sign up at <https://www.bread.org/> for bi-monthly prayer suggestions and other resources about our neighbors who need our prayers.

GATHER

Simbang Gabi Commissioning Mass

All are invited to join Archbishop Etienne and Catholics from around the Archdiocese for this festive, colorful and prayerful Advent celebration on Saturday, **December 14** at 11:00 a.m. at St. James Cathedral. This Filipino tradition ushers in Simbang Gabi, a novena of Masses meant to honor the Blessed Virgin Mary. Reception to follow. Look for more information soon about the novena with our local community.

December Community Meal

All are invited to the Community Meal on **Sunday, December 15** from 1:00 p.m. to 2:00 p.m. in the Walmesley Center. This is a free monthly meal for all in the greater community who wish to attend. Join us for fellowship and great food. This month's meal is hosted by Holy Rosary.

SERVE

Help Plan the 2020 Day of Service

Planning is underway for the 2020 Day of Service, coming up on March 28. Join our team to help pick volunteer sites and get the word out to the community! Our next meeting is **Friday, December 13** at 8:30 a.m. in the Pastoral Center. Want to help but can't make the meeting? We need people to research agencies, organize data, market, shop, and manage signups. This is a great short-term project that counts towards school volunteer hours! *Information*, Karen, fittonkaren@gmail.com.

SERVE(Continued)

Volunteer at the 2020 Seattle/King County Clinic

This February, Seattle/King County Clinic will bring together healthcare organizations, civic agencies, non-profits, private businesses and volunteers from across the State to produce a giant free health clinic at the Seattle Center. The four-day, volunteer-driven clinic provides free dental, vision, and medical care to anyone in the region who struggles to access and/or afford healthcare. *Information*, seattlecenter.org/volunteer

LEARN

Ethical Trade Shopping Guide

Looking for ways to support Ethical Trade companies this holiday season? Check out the Shopping Guide at ethicaltrade.crs.org for home décor, food, jewelry, apparel and more!

Safe Parking Information Meeting - POSTPONED

The Safe Parking meeting is postponed while we work out all the details. We want this program to be a success so we're taking the time we need to get it organized well. Look for a new date soon!

ACT

Civilize It: Dignity Beyond the Debate

With another election cycle in full swing, we are invited to consider what it means to love our neighbors in the midst of a divisive climate. We are called to bring the best of ourselves and our faith to the public square. The U.S. Catholic Bishops invite Catholics to pledge to civility, clarity, and compassion in the public square and to call on others to do the same. Take the pledge and learn more at: www.wearesaltandlight.org/civilize-it

Support Child Trafficking Survivors

Urge your senators to support and cosponsor S.661, the Child Trafficking Victims Protections and Welfare Act of 2019. S.661 will require Customs and Border Protection (CBD) to develop guidelines for the treatment of children in custody, which includes the provision of basic necessities. It will also require CBD to assign licensed child welfare professionals to identify victims of trafficking and ensure provisions are made to prevent family separation by assisting in reuniting separated families. Visit ipjc.org/legislative-action-center/ to take action today!

Catholic Relief Services: Support Migrants Worldwide

In today's world, no one should have to move from their home to access nutritious foods and yet, it is the reality for many. We believe we can ensure all people enjoy peaceful, healthy lives at home. This very minute, families around the world are depending on you. So act boldly. Join us to pave the path to peace for refugees and migrants. Visit www.crs.org/get-involved/lead-way for more information.



OLG Community



Caring For God's Creation

This week we learned of a young sperm whale who had over 220 pounds of garbage in its stomach, mostly plastic!! Consider purchasing bracelets made from the plastic collected from our oceans and give as Christmas presents. To learn more, go to 4Ocean.com, whose purpose is to end the ocean plastic crisis by cleaning the ocean and coastlines while working to stop the inflow of plastic by changing consumption habits.



Loop The 'Lupe Needs You!

We're less than six months away from Loop the 'Lupe, the obstacle course 5K fundraiser OLG holds each summer. The date of the upcoming event is **Saturday, June 6th**. "The Loop" raised more than \$12,000 in 2019 to go towards maintenance costs for the Walmesley Center, but to continue our success, we need a lot of volunteers! Please join us for a brief meeting in the narthex after all the Masses on **December 14th and 15th**. Holiday snacks will be provided, and we'll keep it short! Contact Brian Callanan for more information at callanan.seattle@gmail.com or 206-459-4292 to learn more.

New Sunday Envelopes Coming

When you receive your Sunday envelope packet for January, you may notice a few changes. We have a new envelope supplier. The supplier change reduces our cost of providing envelopes. If you do not receive your envelopes, or have any concern arising from the change, please contact Marla in the parish office. Thanks for using the envelopes, and for your continued support of the parish. If you would prefer to give electronically, you can set that up from the parish website.

Catholic Relief Services Ethical Trade Sale Pre-Ordered Frozen Lumpias

The pre-orders of frozen lumpia by The Young Ladies Grand Institute will be delivered on **December 15th** and can be picked up from 11:00 a.m. to 1:00 p.m. at the southeast entrance of the Walmesley Center.

GIVE BY TEXT

TXT—206-745-4559

and enter an amount

50+ Social Activities Group

MONTHLY - On the 2nd Thursday of the month, at about 9:30 a.m., come to The Chelan for our breakfast meeting. Come after Mass, 9:30 a.m. is just a goal. Come anytime just once or come monthly to have a voice in helping to choose our upcoming activities.

At our December breakfast meeting, **December 12th** we will discuss going to taproot Theater or Burien Actors Theater next spring.

Questions: Call Judy Killion at 206-285-3329 or email damdifkn0@aol.com



Parish Grounds Committee Being Explored

Do you have a love of gardening and plants? Have you ever thought our parish grounds could use a little more TLC? Maybe you would like to be part of a Grounds Committee to help with the upkeep and improvement of our outdoor spaces. If so, please contact parish administrator Pete Shepherd by email petes@olgseattle.org.

Pastoral Assistant For Administration

Our Lady of Guadalupe, a growing West Seattle parish with a Vatican II spirit, is recruiting for a full time parish administrator. This position assists the pastor by providing oversight and direction of parish finances and stewardship, technology, human resources, compliance and facilities. This is a challenging position with growth opportunities, and will work with a committed staff team and an engaged parish. For more information and application materials, email paasearch@olgseattle.org. Position open till filled. Successful candidate will start in January 2020. Complete salary and benefit package.

For more "Community Events",
please visit our website at www.olgseattle.org

From The Pastoral Center



THANK YOU TO THE 346 GUADALUPE FAMILIES WHO HAVE RENEWED THEIR COMMITMENT TO SUPPORT THE PARISH IN 2020!

These parish families have pledged \$638,422 for parish operations in 2020. We are so grateful to you for your generous response.

If you have not yet made your pledge to 2020, please consider investing in your parish's future. You can do this online at OLGSEATTLE.ORG or scan the QR code below with your smartphone. Or, do it the old fashioned way by coming into the parish office and completing a pledge form. We'd love to see you.



Our Lady Of Guadalupe School

Anton Kramer, Principal

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Pastoral Center

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Pete Shepherd - Parish Administrator

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Sal Pagan - Facilities Supervisor

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Sandy Plummer

Safe Environment Coordinator

Bulletin Editor

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"OLG: Many Parts, One Body"



OLG School's Advent journey began this week, with school-wide prayers on Mondays and Wednesdays all month long. Stay tuned for photos of this blessed experience!

Giving Tuesday - Thank you to all who chose to donate to OLG School on Giving Tuesday! Click on *Giving Tuesday* on the school web site for a spotlight of the community outreach projects by class. This event kicks off our annual School Fund Drive. To participate, click *Donate Now* on the school web site.

Thank You CYO and all our volunteers for the second year lighting of our great tree at the highest point in Seattle!

The **OLG School Auction** planning is underway! If you are a business owner or know a business in the community that supports OLG, we would love to speak with you about partnerships for the upcoming auction. Please contact Rebecca Arcarese, Development Director at rarcarese@guadalupe-school.org or our web site www.guadalupe-school.org/fundraising/auction.