

Our Lady of Guadalupe

A parish with open arms and caring hearts

March 8, 2020



Be Merciful, O Lord, for we have sinned. -Psalm 51

Mass Times

Saturday Vigil - 5:30 PM

Sunday Mornings - 8:30 AM and 11:00 AM

Weekday Mass - Wednesday, Thursday, and Friday - 9:00 AM

Holy Day Masses - Listed inside bulletin and on parish website

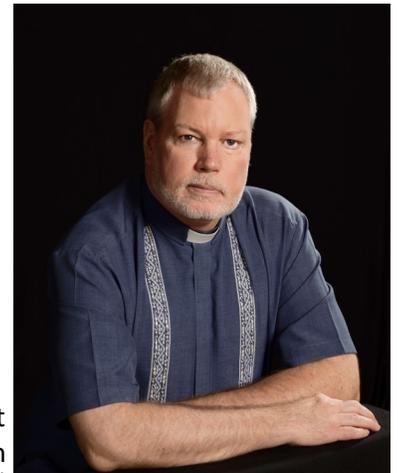
Sacrament of Reconciliation - Saturdays - 4:15 PM to 5:00 PM
(or by appointment through the Parish Office)

OLG Parish - 7000 35th Avenue SW, Seattle, WA 98126

www.olgseattle.org - parishoffice@olgseattle.org - Phone: 206-935-0358

OLG Parish School - 3401 SW Myrtle, Seattle, WA 98126 - www.guadalupe-school.org
Phone: 206-935-0651

From the Pastor's Desk



Dear Brothers and Sisters in Christ,

With the corona virus spreading in our nation and region, I thought it might be helpful for me to reiterate and to amplify here in my pastor's bulletin column, the comments I made prior to my homily last weekend for the 1st Sunday of Lent. As yet, no official instruction has come from the Archdiocese of Seattle in regard to measures that parish communities are required to take in regard to this matter. Prudence, common sense, care and caution—but by no means alarm, much less panic—are the measures for us to keep in mind and to strive to adhere to. Concretely this means the following:

Remember that drinking Blood of Christ from the Communion cup is permitted, but optional. If you are at all nervous or hesitant, simply participate in Holy Communion by receiving only the consecrated host. Remember the Church's "Doctrine of Concomitance", which holds that Christ is received whole and entire—Body, Blood, Soul and Divinity—under either or both of the sacred species, the consecrated host (the Body of Christ) and/or the consecrated wine (the Blood of Christ).

There is no need or requirement for people to hold hands during the Lord's Prayer, or to shake hands during the Sign of Peace. Feel free not to do either or both of these actions, if you are at all nervous or hesitant. Also, be careful not to force these actions on those around you. At all times, charity and respect are to be shown to each and to all.

If you are sick in any way, please stay home and get better. See a doctor if the symptoms are flu-like or if the illness is getting worse. It is **not** a sin to miss Mass if illness is the reason for staying home. If you can, honor the Sabbath by reading the Scripture readings of the day and by praying the prayers of the Mass. You can do this by having a Missal at home, or by going to our OLG website and following the links to our liturgical resources pertaining to our weekend Masses.

Be sure to wash your hands frequently (the most effective way to maintain hygiene) and/or to use a 66% alcohol-based hand sanitizer (also good, but not as good as hand washing).

And, of course, let us all pray for those already directly affected by the corona virus, and for our human family, as we strive to deal effectively with and to overcome the spread of this troublesome disease.

A blessed Lent, and good health, to all,

Fr. Kevin



OUR LADY OF GUADALUPE CATHOLIC PARISH

7000 35TH AVENUE SW • SEATTLE WA 98126 • P 206 935 0358 • F 206 935 1230 • OLGSEATTLE.ORG

4th March 2020

Dear Brothers and Sisters in Christ,

While I was on a recent visit with my family in California (February 14th – 20th) matters became public about two teachers at Kennedy Catholic High School (KCHS) in Burien whose employment at the school came to a premature end due to their decision to enter into same-sex marriages with their respective partners. Clearly this matter generated lots of controversy and debate. Some were deeply angered and offended, and the whole situation led to anxiety and concern for many people, myself included. Due to additional factors and important events at OLG that coincided with the issue at KCHS, it has been very difficult to comment on the KCHS matter in as timely a manner as I would otherwise have wanted.

My purpose in this letter is not to offer an assessment or to take sides on what happened at KCHS. I have no direct responsibility for, much less authority over, what happens at any of our Catholic schools in the Archdiocese of Seattle, save for our own Catholic grade school here at OLG. The purpose of this letter is to assure all of you that I will do my best to help Our Lady of Guadalupe Church to remain and to increase as a parish community where all are welcome, where all are respected, and where all are treated with the human dignity that they deserve as human beings created in the image and likeness of God. I will do my best to help us all here at OLG to grow as individuals and as a community, as children of God and as disciples of our Lord Jesus, who strive under grace to be faithful to the example of mercy, compassion, justice and hospitality that our Lord himself showed to everyone, and to the truth and wisdom that he proclaimed and taught to everyone. I consider this my solemn duty as a baptized and confirmed Christian, and as an ordained Catholic priest and pastor.

As pastor, I want to assure everyone here at OLG that I am available and willing to listen, and that I will do my sincere best to try and understand where people are coming from, why they think and believe and act as they do, and to carefully think through, consult on and pray over important and consequential matters that confront us. As I shared in the homily I gave at our Sunday morning Masses on February 23rd, the first Sunday following the initial emergence of the story coming out of KCHS, I believe this matter is in large part an example of a family disagreement wherein members of the same family, the Catholic Church, all children of God, all brothers and sisters in Christ, are having a hard time sorting through an extremely important issue on which they strongly differ. As we all move forward in our lives as children of God, and as disciples of Christ, I urge us all to turn more deeply and prayerfully to the Lord himself, he who is our Way, our Truth and our Life. May we always request his guidance, ask his strength, seek his wisdom and beseech his love, so that, whatever we say and do, it will be consistent with his way, faithful to his truth and so increase in us his life.

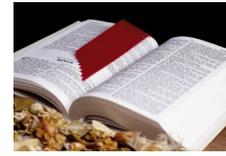
Grace and peace to all,

Fr. Kevin

Father Kevin Duggan
Pastor



Prayer & Liturgy



Scripture Readings

March 8th - Second Sunday Of Lent

Reading 1: Genesis 12:1-4a

Reading 2: 2 Timothy 1:8-10

Gospel: Matthew 17:1-9

March 15th - Third Sunday Of Lent

Reading 1: Exodus 17:3-7

Reading 2: Romans 5:1-2, 5-8

Gospel: John 4:5-42

Journey Of The Elect

Beginning next Sunday, we will join in prayer for our Elect as they participate in the ancient ceremonies called the Scrutinies that symbolize the spiritual purification taking place in their lives as they prepare for baptism. Through these Scrutinies, blessings and anointings, the Elect are encouraged to reflect more deeply on their own spiritual challenges and weaknesses. At the same time, these rites offer powerful prayers of faith, hope and strength on their behalf, calling upon God's grace and mercy to penetrate their entire lives. Please continue to keep them in your prayers.

Lenten Prayer Partners For The Elect

The Church tells us that it is the entire parish's responsibility to support and welcome those preparing for baptism, confirmation and Eucharist this Easter. One of the many ways you can do this is to become a prayer partner for one of our Elect. You are asked to pray every day for him/her during Lent, asking for God's blessings and guidance. Also, notes and cards will be collected during Holy Week to be given to the Elect before Easter. Prayer cards are available at the place of prayer located in the church near the Blessed Sacrament Chapel, where you can also learn more about each of them in our Book of the Elect (which is also on our website). Your prayers make a difference!

"Environmental Stations Of The Cross"

This Lenten season, consider praying, at least once, the Stations of the Cross prepared by the Care for Creation Ministry of Holy Rosary and Our Lady of Guadalupe parishes. An online flip book version is also available on our parish website and look for printed copies near the doors of the church.

Let Us Pray For...

We will hold our brothers and sisters, listed below, in prayer for a month. If you would like to have us pray beyond this month for anyone, please notify our parish office and we will keep their name on the list for the time that you have requested.

Pat Bago	Ave Groth	Mason Langhams
Geri Mazzoni Barnett	Jordan Groth	Carolyn Longshore
Knox Burnett	Shelley Helland	Estella Mangaliman
Carlos & Claudia Caballero	Adrienne Hoesley	Dr. Kenneth McKim
Jean Campbell	Sharon Lyons-Huber	Mary Olson
Mel Dennis	Estevan Israel	Dan Reandeau
Sophie Briore Denommee	Mayola Jackson	Fred Robinson
Francis Xavier Duggan	Vernon Jackson	Rita Sexton
Oscar Emmanuel	Tessa Gray LaBellarte	John Sullivan
Albert Encarnacion-Gonzales	Hudson Langhams	Gene Underwood
Kim Fulton		

Mass Requests

Memorial Mass for Tony La Russa - Wednesday, March 11, 2020
Special intention Mass for Morgan Hegge - Thursday, March 12, 2020
Memorial Mass for John Betting - Friday, March 13, 2020

PROGRAM COORDINATOR FOR BAPTISM AND YOUTH CONFIRMATION PROGRAMS

Our Lady of Guadalupe Parish is seeking a half-time coordinator for our baptism and youth confirmation programs. This includes preparation and formation of parents/guardians and preparation of confirmation candidates in the middle school. Prior experience in theology or faith formation required. Ability to work most Sundays until 1:00 p.m. Bilingual preferred. Contact employment@olgseattle.org for the full job description and application. Position open until filled.

For more information about "Prayer and Liturgy" go to www.olgseattle.org and click on the "Grow In Faith" tab.

BUSINESS OF THE WEEK

ALKI
LUMBER

West Seattle's Full Service
LUMBER YARD

AlkiLumber.com | 206-932-7700

Pastoral Council Members

- Matt Procriv: Chair - Princess Ayers, Anne-Marie Herron, Tim Hunt, David Meza, Jason Pankow, Liz Santos

Finance Council Members

- Maryann Crissey: Chair - Marc Christiansen, Brenda Croft, Colleen Hardy, Dan Merlino, Rachelle Snyder, Benjamin Reilly



Home Ministries

Have you ever wanted to serve the Homebound in our community? If you feel called by the Holy Spirit, we have a place for you as a Eucharistic Minister! For more information, please call Marion Kari at 206-935-0358, Ext. 113 or email marionk@olgseattle.org.



Suggestions For Families On How To Increase Your Global Awareness On World Hunger With Your Children During Lent



Lent can be a good time to have family discussions and to raise awareness of those throughout the world and in our own community of West Seattle who do to have enough food to eat. Here are some suggestions for family activities during Lent:

- Studies show that almost two-thirds of the world live on a diet of mostly rice and beans. During Lent, choose a meal consisting of only these two ingredients. Encourage each family member to help prepare the meal. Some dinner topics can be: What do we know about people around the world? How do we increase in our world, the need for peace and justice for people of all races? End the meal with a special prayer that each member can contribute to on ending hunger in our local community and around the world.
- Look in your family pantry and decide what food you would want to donate to the St. Vincent de Paul Pantry during Lent. When shopping for groceries for the week, you can also make this a topic of discussion as a family to purchase food to donate. Before bringing food items to Mass, say a prayer as a family over the food that it will bless those who receive it.



"This is my beloved Son with whom I am well pleased; listen to him."

Sheepish Question:

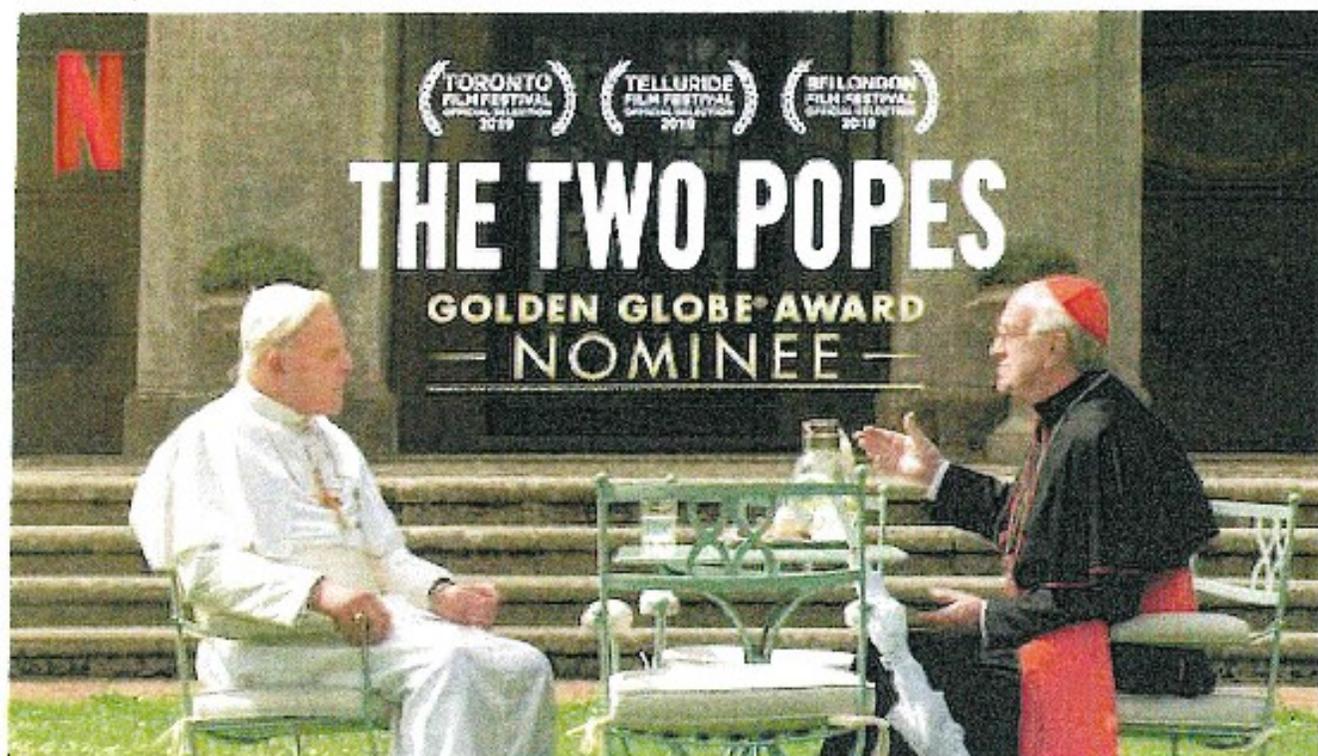
Where, recently, have I seen or experienced the glory (Godliness) of Jesus? How can that bolster me when times get tough?

This Week's Readings at Mass Human or Divine?

- **Genesis** 12:1-4 - Call of Abraham
- **2 Timothy** 1:8b-10 - Exhortation to faithfulness
- **Matthew** 17:1-9 - Jesus transfigured

Questions of the Week

1. Can you relate to Jesus more as a human or more as God? How so?
2. Have you had an experience of being asked to trust Jesus/God even though you couldn't understand something with your mind?



TUESDAY, MARCH 10

6:30 pm

Pastoral Center



**Bring your dinner and/or
favorite movie treats.**

Popcorn & lemonade provided!

REFUGEE STORIES

Sunday, March 22

*There are currently an estimated 25.9 million refugees around the world, with the highest level of displacement ever recorded. Who are these refugees? What causes them to flee? How does our country decide how many and whom to accept? Join us for **lunch and a panel discussion** to learn together. Panelists include Caroline Okello, from the St. James Immigrant Assistance program, and OLG parishioners who came here as refugees from Vietnam.*

*Sponsored by OLG Immigrant Ministry
12:30pm | School Hall*



Photograph: Express Newspapers/Getty Images



Join your fellow parishioners,
your family
and our neighbors
for a free, meatless, Lenten meal
provided by
OLG Catholic Relief Services
parish ambassadors.



**OUR MENU WILL FEATURE
2020 RICE BOWL RECIPES
FROM
VIETNAM, KENYA AND HONDURAS**

**Friday, March 13th, 2020
6:00 pm to 8:00 pm**

Through CRS Rice Bowl, we journey with members of our
human family around the world, and commit our
Lenten prayers, fasting and almsgiving to deepening
our faith and serving those in need.





Outreach Ministry

CREATE

Multimedia Youth Art Contest

Are you an artist in grades 7-12? Enter the Catholic Campaign for Human Development (CCHD) *Creating on the Margins* art contest by **Tuesday, March 31**. This year's theme is "More than a Roof" and focuses on the national housing affordability and homelessness crisis. Learn more at usccb.org/about/catholic-campaign-for-human-development/multimedia-youth-contest/index.cfm

GATHER

Catholic Relief Services Rice Bowl Meatless Supper

Come enjoy a delicious, meatless meal with fellow parishioners and neighbors while learning more about what your Rice Bowl donations support. Try the Rice Bowl recipes from this year's featured countries (Vietnam, Honduras and Kenya) on **Friday, March 13** from 6:00 p.m. to 8:00 p.m. in the Walmesley Center. Drop in when you can. Free and open to all!

LEARN

Safe Parking Update

Things continue to be busy as we prepare for guests. The port-a-potty has motion-sensor puck lights installed and regular cleaning service has started. The hut now has a table, chairs, puck lights, a heater, a coffee pot, fridge, and a microwave as well as some flyers about upcoming events, a little welcome basket, etc. The keycode pad is on the door so it's now accessible to volunteers. We have some signs up and the keyless entry for the basement has been installed. Our volunteers are ready to go. All we need is the people, whom we hope will have arrived by the time you read this. Thank you to Sal for all his hard work! If you are interested in volunteering with this program, contact Jennifer at jibach@olgseattle.org.

Catholic Relief Services: Get to Know Us

You've heard of the Rice Bowl Lenten program but how much do you know about Catholic Relief Services, the NGO behind the bowls? Learn more about where your donations go: <https://impact.crs.org/stories/december/>

LIKE: A Documentary about the Impact of Social Media

Are we addicted to social media? St. Anthony Parish in Renton invites you to a screening of "LIKE" on **Wednesday, March 18** at 7:00 p.m. Featuring experts on social media, technology, psychology, and education, LIKE sheds light on the impact of social media in our lives, especially for children and teens. Screening followed by a panel discussion of local experts on social media and family life. Free and open to all ages.

LEARN (Continued)

Dignity of Work and the Rights of Workers

The Dignity of Work and the Rights of Workers is one theme of Catholic Social Teaching. Work is about more than simply earning a living; it is a way to use our gifts to participate in God's creation and promote the common good. Unemployment, underemployment, and failure to uphold the rights of workers affront the dignity we have as human persons. Our faith reminds us to never take advantage of others and to always prioritize people over profit. Workers have the right to be treated fairly, receive just wages, and to have a healthy work environment. We must work to ensure that all persons' rights are respected. Visit <http://www.povertyusa.org/learn> to learn more.

40th Anniversary of St. Oscar Romero's Martyrdom

All are invited to a Commemoration of the 40th anniversary of St. Oscar Romero's martyrdom on **Saturday, March 21**. The day will begin with a Bilingual Mass at St. James Cathedral at 10:00 a.m. presided by Bishop Eusebio Elizondo. At 11:15 a.m., there will be presentations on the life and legacy of St. Oscar Romero (in English by Deacon Dennis Kelly and in Spanish by Edwin Ferrera, Director for Hispanic Ministry). This is a free event and light refreshments will be offered at the end of Mass and before the presentation.

Refugee Stories

There are currently estimated to be 25.9 million refugees around the world, with the highest level of displacement ever recorded. Who are these refugees? What causes them to flee? How does our country decide how many and whom to accept? What is the process like? Join the OLG Immigrant Ministry for lunch and a panel discussion on **Sunday, March 22** at 12:30 p.m. to learn together. Panelists include Caroline Okello, Community Activation Coordinator for the St. James Immigrant Assistance program, and OLG parishioners who came here as refugees from Vietnam.

SERVE

Day of Service 2020: Several Spaces Still Left

Over 180 people have signed up for the Day of Service on **Saturday, March 28**! If you missed signups, don't fret...we still have openings with several projects. Check out the website for more information and sign up soon: <http://www.olgseattle.org/day-of-service>. **All registered participants will soon hear from their project leads with more information.**

GIVE

Catholic Relief Services Rice Bowl: Meet Trinh

Trinh's family are farmers in Vietnam who have been affected by climate change. What would you do if your source of nutrition was threatened? How can we support those whose livelihoods are vulnerable to weather? Visit crsricebowl.org to read more about Trinh and her family. There's even a video! You can also try a meatless recipe from Vietnam at home or at our Rice Bowl Supper.



OLG Community

Caring For God's Creation

A weekly tip on Caring for Our Common Home



Save The Date! An Ecology Fair marking the 50th anniversary of Earth Day and the 5th anniversary of Pope Francis's landmark environmental encyclical "Laudato Si" will be held from 10:00 a.m. to 2:00 p.m. **Saturday, April 18**, at the Walmesley Center at Our Lady of Guadalupe Parish. Exhibitors will include organizations working in various ways to protect our environment. The event is presented by the Care for Creation Ministry of OLG and Holy Rosary.

Inside The Loop!

Watch for updates on this year's Loop the 'Lupe here every week! The event is happening **June 6, 2020**. It's a FUN way for your family to support OLG! www.loopthelupe.com

A note from Race Director Brian Callanan:

Hey everyone! Race registration is OPEN! We have some great options for everybody, from our Obstacle Course 5K to the 5K Run/Walk to the Youth Dash and Senior Saunter. **NEW THIS YEAR:** Want to support the race, but maybe you don't quite feel like getting off the sofa? We have a new option called "Lounge Chair Looper," and you even get a race shirt! REGISTER NOW and get your whole family signed up! www.loopthelupe.com



The Two Popes

"The Two Popes" will be shown on **Tuesday, March 10th** at 6:30 p.m. in the Pastoral Center, downstairs. Inspired by true events, this story explores the relationship between Pope Benedict XVI and Cardinal Jorge Mario Bergoglio - destined to become Pope Francis. As Benedict enters his final year as Pope, the two discuss their troubled pasts, the events that led them to the priesthood, and the Catholic Church's future.

What To Do With Old Palms

Since the palms are blessed, it is important that old palms are not thrown into the trash. You can place them in the basket in the church vestibule or put them in your compost bin or bury them, where they will be able to return to the earth.

What Are You Doing For Lent?

Check out our parish website for a variety of Lenten resources, including fasting and abstinence regulations, Lenten reflections and children's resources including "Lent in 60 seconds with Legos"!

The Women's Spiritual Book Group

The Women's Spiritual Book Group will begin a new Bible study on **Thursday, March 5th** entitled "The Seven Last Words of Christ."

The Seven Last Words of Christ from the cross, as recorded in the gospels, have been the subject of many traditional devotions and prayers over the centuries, especially for Lent and Holy Week. These seven short sentences, uttered by Jesus as he endured his crucifixion are filled with significance and meaning. They are both brief and poignant, capturing the depth of Jesus' mercy, physical suffering, emotional torment and spiritual isolation. If we want to meditate on Christ's experience of the Passion, we can turn to the Master himself as he spoke to those nearest to him and to his Father. (Rich Cleveland)

Our group meets on the 1st and 3rd Thursday of every month at 9:45 a.m. (just after the 9:00 a.m. Mass) in the Pastoral Center. This new Bible Study on Jesus' Passion will begin on **Thursday, March 5th**. All women are invited to attend. For more information, please call the parish office at 206-935-0358.

**For more "Community Events",
please visit our website at www.olgseattle.org**



From The Pastoral Center

“For it is
in
giving
that
we
receive.”

- St. Francis of Assisi

The Way I Give And The God I Have

If I give so that I will be rewarded....
God is Santa Claus

If I give so that I claim an exemption
on my tax form....God is a CPA

If I give so I can impress my friends....
God is my PR Agent

If I give to avoid punishment....
God is a bandit

If I give so that I can express my love
and so that others may hear the gospel....
God is God

Online Giving

Here, at Our Lady of Guadalupe, we provide online giving for your convenience. Visit our website at <https://olgseattle.org> for the Donate Button.

Our Lady Of Guadalupe School - Anton Kramer, Principal
akramer@guadalupe-school.org 206-935-0651 - X102

Pastoral Center

Phone: 206-935-0358 - Fax: 206-935-1230

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Anton Kramer - OLG School Principal

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Michelle Scheving - Parish Administrator

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Marla Petronzio - Administrative Asst.

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Sal Pagan - Facilities Supervisor

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Marion Kari - Pastoral Care/Family Faith

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Jennifer Ibach - Pastoral Asst. for Outreach

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Ann Sager - Music

sager206@msn.com

Gail Neudorfer - Bookkeeper

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Sandy Plummer

Safe Environment Coordinator

Bulletin Editor

sandyp@olgseattle.org - X111

“OLG: Many Parts, One Body”

Thank you for supporting our school auction on Saturday! We had a packed house at our “Spring Fling” event! There is still time to make a donation to our Fund-A-Need (school security package), click *Donate Now* on the home page of the school web site (<https://www.guadalupe-school.org/>), or contact Rebecca (rarcarese@guadalupe-school.org) 206-935-0651.

Join us at March 19th’s All School Mass, led by the 6th and 1st grade at 9:00 a.m.

The **Over 65 Spring Luncheon** will take place on Sunday, **March 29th** 1:00 p.m. at the School Hall. Our 5th grade class is looking forward to serving this community meal!