**The First Eucharist**

A group of people

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Mathew 26:26-30

**17**On the first day of the Festival of Unleavened Bread, the disciples came to Jesus and asked, “Where do you want us to make preparations for you to eat the Passover?” **18**He replied, “Go into the city to a certain man and tell him, ‘The Teacher says: My appointed time is near. I am going to celebrate the Passover with my disciples at your house.’” **19**So the disciples did as Jesus had directed them and prepared the Passover.

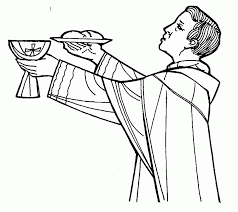
**20**When evening came, Jesus reclined at the table with the Twelve.

**26**While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, “Take and eat; this is my body.” **27**Then he took the cup, gave thanks, and gave it to them, saying, “Drink from it, all of you **28**for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.

**30**When they had sung a hymn, they went out to the Mount of Olives.

**At Mass Today**

We hear those same words when Father holds up the host and the cup. This is called the Consecration. It is a very holy time of the Mass. Everyone is quiet and focused on this because Jesus gave us the gift of his life and gave us the Eucharist.



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