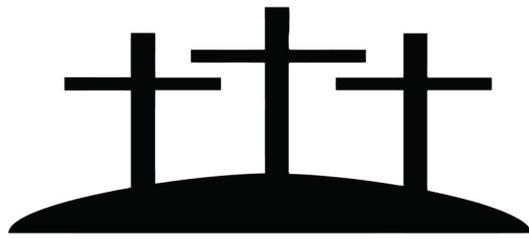




**Is God calling you to be a priest?**  
 "Trust in the Lord with all your heart... He will direct your path."  
 (Proverbs 3:5-6)

[www.beapriest.ca](http://www.beapriest.ca)



**Online Summer Retreat at Villa Loyola**

**Theme:** Who is Jesus Christ? Exploration of the 'I am' Sayings of Jesus

**Dates:** August 17-21, 2020

Who is God? When Moses asked that question before the burning bush more than 3000 years ago, the mysterious response was "I AM". A millennium later, that strange name received a face, and that face began to teach. In the sixth chapter of John's Gospel, Jesus Christ, the Word made flesh, left a series of statements about his identity, known as the seven "I am" sayings. Enigmatic yet meaningful, they elaborate the identity, personality, and intention of the God-with-us. Drawing from the natural world and the Old Testament, the seven images offer a rich understanding of the nature of Jesus.

I invite you to join me on Zoom for this five day retreat. Together we will explore all seven of the "I am" sayings, with a daily 9 am conference, Eucharist at 2 pm and time for sharing at 7 pm. Personal direction can be offered through Skype. Following the arc of the Spiritual Exercises of St. Ignatius, the retreat will provide points for meditation, with the goal bringing about our deeper transformation in the light of Christ and into the embrace of our Creator.

**Director:** Fr. John O'Brien, S.J.  
**Cost:** Free. Tax receipts given for donations to Villa Loyola  
**Registration:** by email [Loyola@isys.ca](mailto:Loyola@isys.ca)

**"You are never too old to set another goal or to dream a NEW DREAM."**

**C.S. LEWIS**



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**'CALLED TO SERVE' HIGHLIGHTS VOCATION STORIES**

Everyone has a story. In this new series "Called to Serve" we profile various people who God has called to serve the Church and highlight their journey of discernment and faith in their lives.

In this episode, we profile Fr. Pat Woods, a priest of the Diocese of Sault Ste. Marie, and Pastor of St. Jerome's Church in Sault Ste. Marie. Fr. Pat shares his emotional journey of his life's struggles and setbacks, even on the brink of losing his life, and how God powerfully intervened to help him discover that he had more to offer in this world.

The episode is available here: [https://youtu.be/NhnCv\\_LE5w0](https://youtu.be/NhnCv_LE5w0)



# ST. VERONICA'S CHURCH

**INFORMATION**  
**559 Douglas St**  
**Sault Ste Marie**  
**P6C 1V3**  
**Ph: (705) 253-9411**  
**Hall: (705) 253-4352**  
**[veronicasm@shaw.ca](mailto:veronicasm@shaw.ca)**

**SUNDAY JULY 19, 2020**  
**SIXTEENTH SUNDAY IN**  
**ORDINARY TIME**

**Reconciliation**  
 By Appointment

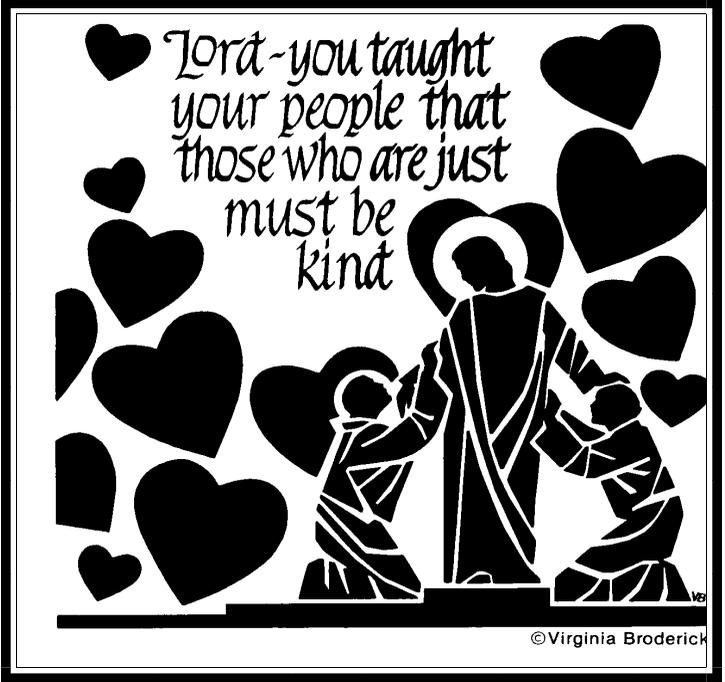
**Baptism :**  
 Expectant parents welcome to register, and speak with Fr. Ron after Mass

**Matrimony :**  
 Must register at least eight months in advance. Book the Church before the hall.

**Communion at Home :**  
 Lay ministers are available to bring Communion to shut-ins. Phone the parish office.

**Prayer-Line :**  
 Rose Marie Spina  
 254-4064  
 Angela Filice 253-8607  
 (Italian)

**Visiting & Card Ministry:**  
 If you wish to send cards or have someone visit people who are confined to their homes. Contact the parish office.



**Parish Priest:**  
 Fr. Ron Ambeault

**Parish Council Chair:**  
 Santa De Marco

**Children Sacramental Prep. Coordinator**  
 Fran Boyle

**CWL President:**  
 Rose Linklater

**Knights of Columbus**  
 John Sullivan

**Parish Secretary:**  
 Lisa Maville

**"Let us learn to live with kindness, to love everyone, even when they do not love us."**

- Pope Francis

**REGULAR CHURCH OFFICE HOURS**  
**CLOSED UNTIL FURTHER NOTICE**

**WEEKLY OFFERINGS**

During this time, we will be collecting donations during Mass on Saturdays or you can please choose to drop off your donation envelopes at our office any time by depositing your envelope in the mail slot of the office door. Thank you to all who give!  
 Website: [veronica.church](http://veronica.church)

**MASS AT ST. VERONICA'S CHURCH EVERY SATURDAY AT 4:00 PM - Limit of 48 people per Mass on a first come first serve basis.**

**TELEVISED MASS ON SHAW CABLE Channel 10 and on BLUE CURVE 105 Every Sunday at 9:00 AM**

**TELEVISED ONLINE MASS Every Sunday**  
 Website: [veronica.church](http://veronica.church)  
 \*check website for time

## **WEEKLY MASS SCHEDULE**

**Televised Mass on SHAW CABLE CHANNEL 10 and  
BLUE CURVE CHANNEL 105 - Every Sunday at 9:00 AM**

**Televised Online Mass Every Sunday**

**Website: [veronica.church](http://veronica.church)**

**\*check website for time**

**Seventeenth Sunday in Ordinary Time**

**Saturday, July 25, 2020**

**4:00 PM MASS**

**Mass Intentions:**

**Curly and Albert Vanderburg by Carol Vanderburg.**

**Ed Smilanetz by wife Carol.**

**Gino and Nina Finateri by the family.**

**For the intentions of all parishioners of St. Veronica's.**



### **AUTO-DEPOSIT E-TRANSFERS FOR DONATIONS**

A new convenient way we are now accepting donations is through Auto-Deposit E-Transfer. Send your E-Transfer to [veronicassm@shaw.ca](mailto:veronicassm@shaw.ca) and the donation will automatically be deposited into our Parish's account without the need to create a question or answer! If you are not registered with our Parish, please include your address with the E-Transfer for a tax receipt. Thank you all for your continued support!

### **Walking Meditation**

There is a Zen tradition called “walking meditation” which invites us to do exactly what we do all the time: walk! But now we are invited to walk with awareness, slowly, mindfully. Not walking in order to hurry from here to there, but walking for its own sake and to be purely in the present moment, enjoying each step we take. If we transform our daily walks into a meditation, our feet will take each step with awareness. Our breathing and our stepping will be in harmony and our mind will be free to find peace and joy. And to cause peace and joy to flow through us to others. As far back as 1930, Romano Guardini, the great Catholic liturgist, also spoke of the sacramentality of walking: “Walking is the expression of essentially human nobility. The upright carriage of the who masters one’s self, who bears one’s self along calmly and quietly - that is a human privilege.” Walking upright means being a human.

But we are even more than just human. Scripture says that we are the “offspring of God, reborn of God to a new life.” Imagine! We should walk as though we remembered that Christ lives in us. His body dwells in our flesh; his blood circulates in our veins. For “they that eat my flesh and drink my blood, abide in me and I in them.” Guardini goes on to say “The knowledge of this mystery could find its expression in walking rightly, joyfully, with graceful and firm movement. It could be a profound fulfillment of the command: ‘Walk before me and be perfect.’”

We can transform our “daily constitutional” into walking meditation. Breathing and stepping in rhythm. Watching the firm, joyful steps we take. Walking in the faith that Christ is formed in us; that all that we do has become part of Christ’s life in us.

