

ST. MARY'S ELEMENTARY

FEBRUARY LUNCH MENU 2024

Everyday Options:

Hamburger
or
Cheeseburger
w/ Chips
& Daily Veggie

Cheese Pizza
w/ Chips
& Daily Veggie

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Crispy Chicken Sandwich w/ Veggies w/ Ranch & French Fries <u>Healthy Option:</u> Baked Potato (w/ Bacon, Cheese, Sour Cream, Butter, & BBQ Sauce)	2 French Toast Sticks w/ Sausage Patty, Breakfast Potatoes, & Fruit <u>Healthy Option:</u> Grilled Steak Dinner w/ Mashed Potatoes & Steamed Veggies
5 Chicken Nuggets w/ French Fries & Green Beans <u>Healthy Option:</u> Crispy Chicken Salad (Lettuce, Crispy Chicken, Roasted Corn, Tomatoes, Cucumber, Cheese, Ranch Dressing)	6 Mexican Lasagna (Ground Meat, Refried Beans, Cheese & Tortillas) w/ Spanish Rice, & Roasted Corn <u>Healthy Option:</u> Taco Salad w/ Taco Meat, Lettuce, Diced Tomatoes, Shredded Cheddar, Roasted Corn, & Ranch Dressing	7 Beef & Cheese Lasagna w/ Garlic Bread & Steamed Veggies <u>Healthy Option:</u> Grilled Chicken Caesar Salad (Lettuce, Grilled Chicken, Parmesan Cheese, Croutons, Caesar Dressing)	8 Grilled Cheese Sandwich w/ Vegetable Medley & French Fries <u>Healthy Option:</u> Baked Potato (w/ Bacon, Cheese, Sour Cream, Butter, & BBQ Sauce)	9
12 Popcorn Chicken w/ Mashed Potatoes & Green Beans <u>Healthy Option:</u> Crispy Chicken Salad (Lettuce, Crispy Chicken, Roasted Corn, Tomatoes, Cucumber, Cheese, Ranch Dressing)	13 Bean & Cheese Burritos w/ Roasted Corn & Spanish Rice <u>Healthy Option:</u> Taco Salad w/ Taco Meat, Lettuce, Diced Tomatoes, Shredded Cheddar, Roasted Corn, & Ranch Dressing	14 Mozzarella Pasta Bake w/ Garlic Bread & Roasted or Steamed Veggies	15 Chicken Parmesan w/ Marinara, Vegetable Medley, & Cheese Stick <u>Healthy Option:</u> Baked Potato (w/ Bacon, Cheese, Sour Cream, Butter, & BBQ Sauce)	16 Waffles w/ Breakfast Potatoes & Yogurt
19 Chicken Tenders w/ French Fries & Green Beans <u>Healthy Option:</u> Crispy Chicken Salad (Lettuce, Crispy Chicken, Roasted Corn, Tomatoes, Cucumber, Cheese, Ranch Dressing)	20 Cheese Quesadillas w/ Roasted Corn & Spanish Rice <u>Healthy Option:</u> Taco Salad w/ Taco Meat, Lettuce, Diced Tomatoes, Shredded Cheddar, Roasted Corn, & Ranch Dressing	21 Chicken Alfredo w/ Garlic Bread & Steamed Veggie <u>Healthy Option:</u> Grilled Chicken Caesar Salad (Lettuce, Grilled Chicken, Parmesan Cheese, Croutons, Caesar Dressing)	22 Meatball Sub w/ Steamed Veggies & Chips <u>Healthy Option:</u> Baked Potato (w/ Bacon, Cheese, Sour Cream, Butter, & BBQ Sauce)	23 French Toast Sticks w/ Breakfast Potatoes, & Yogurt
26 Corn Dogs w/ Mac N Cheese and Green Beans <u>Healthy Option:</u> Crispy Chicken Salad (Lettuce, Crispy Chicken, Roasted Corn, Tomatoes, Cucumber, Cheese, Ranch Dressing)	27 Cheese Enchiladas w/ Ranch Style Beans & Spanish Rice <u>Healthy Option:</u> Taco Salad w/ Taco Meat, Lettuce, Diced Tomatoes, Shredded Cheddar, Roasted Corn, & Ranch Dressing	28 Three Cheese Tortellini w/ Garlic Bread & Caesar Salad <u>Healthy Option:</u> Grilled Chicken Caesar Salad (Lettuce, Grilled Chicken, Parmesan Cheese, Croutons, Caesar Dressing)	29 Grilled Cheese Sandwich w/ Vegetable Medley & French Fries <u>Healthy Option:</u> Baked Potato (w/ Bacon, Cheese, Sour Cream, Butter, & BBQ Sauce)	