



THE NATIONAL SHRINE OF OUR LADY OF LA SALETTE

SHRINE - RETREAT CENTER - WELCOME CENTER

947 Park St. Attleboro, MA - 508-222-5410 - www.lasaletteattleboroshrine.org

Shrine Director - Fr. Flavio Gillio, MS

Retreat Center Director - Fr. Ted Brown, MS

Superior - Fr. Brian Schloth, MS

Masses

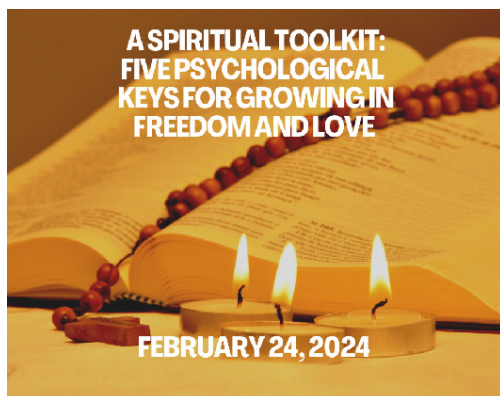
Monday - Saturday
12:10pm
Saturday Evening (Sunday Vigil)
4:30pm
Sunday
9:30am; 12:10pm

Confessions

Monday-Friday
1:00-2:00pm
Saturday-Sunday
1:00-4:00pm

Healing Services

January 28, 2024
2:00pm - English
February 4, 2024
2:30pm - Spanish
February 18, 2024
2:00pm - Portuguese



**A Spiritual Toolkit: 5 Psychological
Keys for Growing
in Freedom and Love**

lasaletteretreatcenter.org/spiritualtoolkit

LA SALETTE SHRINE

508-222-5410

www.lasaletteattleboroshrine.org
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LA SALETTE RETREAT CENTER

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RELIGIOUS ARTICLES STORE

508-236-9090

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**CONGRATULATIONS
LENA SHANTY!**

JAN. 15, 2024

Martin Luther King Day

Celebrating Excellence: Lena Shanty's Remarkable Achievement

Join us in applauding Lena Shanty, a dynamic and vibrant youth member of our beloved Salette Malayali Community, who has made us extremely proud by winning the "Martin Luther King Essay Contest Title" for the second consecutive year. Her outstanding essay, read in front of state leaders on January 15, 2024, Martin Luther King Day, was not only a showcase of her tremendous talent but also a reflection of her profound understanding and respect for Dr. King's legacy.

We hope that her accomplishments serve as a source of inspiration for all the youth familiar with our La Salette Shrine, and we eagerly await the opportunity to recognize further young talents.

Lena, you are more than just a winner; you are a role model to many. Congratulations on your well-earned success!

LITURGICAL CORNER
All About LENT!



To most people, prayer, fasting and almsgiving pretty much sums up what this 40-day penitential season is all about. But why does the Church even have Lent?

Throughout the year, we're not always conscious of our sins, or focusing on our relationship with God, or even growing as His disciples. So for six weeks, roughly forty days, the Church sets this time aside to give us an opportunity to be more conscious of our sins and place ourselves on a path of true conversion. So why is the Lenten season forty days and not 30 or 20 or some other number?

Forty days is the traditional number of disciplines, devotions, and preparations in the Bible. Moses stayed on the Mountain of God for forty days (Exodus 24:18, 34:28). Elizah traveled forty days before reaching the cave where he had his vision (1 Kings 19:8). The prophet Jonah announced to the people of Nineveh that they had forty days to repent (Jonah 3:4). Most importantly, prior to undertaking his ministry, Jesus spent forty days in the wilderness praying and fasting (Matthew 4:2).

Jesus gave us this example of a penitential retreat by spending prayerful time in the desert preparing for his ministry while reflecting on God's will and determining how he would make that happen.

Lent offers us the same opportunity: to withdraw from our routine and evaluate our spiritual progress or regression. We do this through reflection and repentance. In this way, we can deepen our relationship with God, draw closer to Him, and pray for the strength to resist temptation.

During this time, we seek the Lord in prayer and by reading Sacred Scripture, practice self-control through fasting, and serve others through giving alms. Easy to do? On the contrary. It is, however, a time which calls us to a true conversion of our heart as we seek to follow Christ's will more faithfully.



SHRINE CHURCH
SANCTUARY LAMP

During the month of JANUARY, the Shrine Church Sanctuary Lamp will burn for:

AUGUSTO BARBOSA

Anyone wishing to have a loved one or special intention remembered should call the Shrine Secretary at 508-222-5410 and place their request. The monthly offering is \$75.

Experience a Spiritual Treasure:
The Cross of Gratitude



From Saturday, January 20, 2024
to Sunday, February 4, 2024

The Cross of Gratitude is currently on display in our Shrine Church until February 4, 2024. The Cross of Gratitude has been blessed by the last three Popes:

John Paul II, Benedict XVI, and Francis.

It has traveled through more than 46 nations, exemplifying faith's unifying power in a diverse world. Its presence in our Shrine Church provides an unparalleled opportunity for personal veneration, reverence, and devotion.

Don't pass up this unique opportunity to witness and experience the Cross of Gratitude. Visit the Shrine Church before February 4, 2024.

Upcoming Events
Men's Weekend Retreat
"Comfort My People"



**From Friday, February 2, 2024
to Sunday, February 4, 2024**

This is your last opportunity to reserve your spot on a remarkable spiritual and faith journey that can reshape your year ahead.

The retreat "Comfort My People," centered on the life-affirming theme of joy, provides a one-of-a-kind opportunity to examine the essence of a joyful life from a biblical and Christian perspective. This retreat will be a step toward a life full of more joy, deeper knowledge, and renewed purpose.

www.lasaletteretreatcenter.org/menretreat

Women's Weekend Retreat: "Comfort My People"

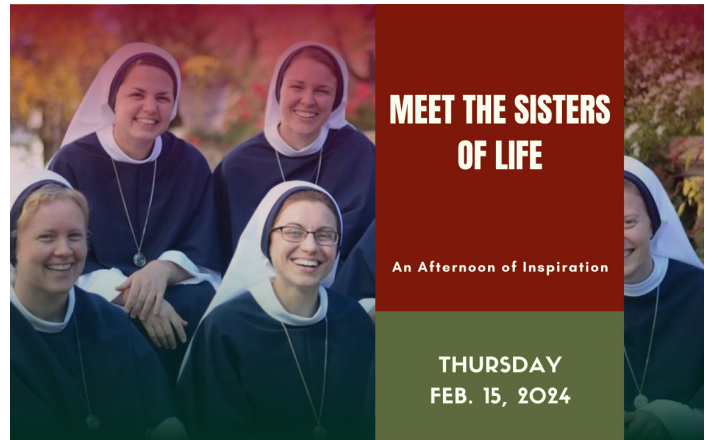


**From Friday, February 9, 2024
to Sunday, February 11, 2024**

Join us for the Women's Retreat *"Comfort My People"* (February 9-11, 2024), a journey into comfort and compassion suited to Catholic women's spiritual needs, a retreat that promotes healing and restoration through enriching presentations, inspiring stories, and heartfelt conversations. It is an opportunity to find your way, get closer to God, and reaffirm your role as a woman empowered to bring comfort and compassion to today's world.

www.lasaletteretreatcenter.org/womenretreat

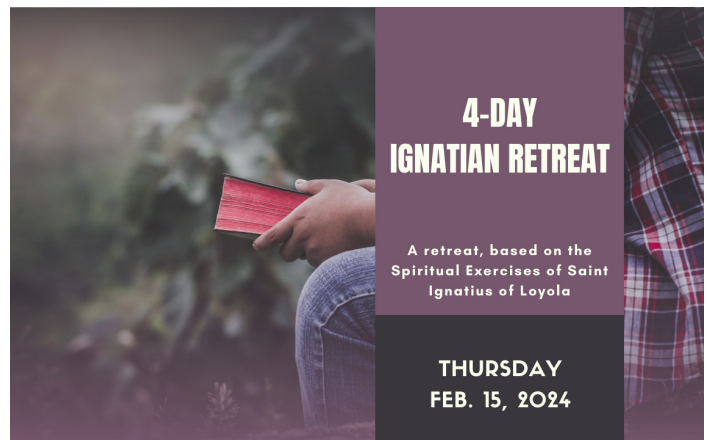
An Afternoon of Inspiration:
Meet the Sisters of Life



**Thursday, February 15, 2024
3:00 p.m. - 5:00 p.m. - Welcome Center**

Discover oin us on Thursday, February 15, 2024, from 3:00 to 5:00 p.m. at the Welcome Center for a truly uplifting and enlightening experience. This is your chance to meet the remarkable Sisters of Life: Sr. Mary Margaret Hope, Sr. Maeve Nativitas, and Sr. Maria Frassati. The Sisters of Life are not just nuns; they are guardians of hope and champions of the sacredness of all human life. By listening to their experiences, grasping their missions, and being inspired by their lifelong love, this 'meet and greet" event can offer you valuable insights. Be sure to mark your calendar. Join us for a delightful and thought-provoking afternoon. Join a meaningful conversation with others who want to make a difference.

4-Day Ignatian Retreat

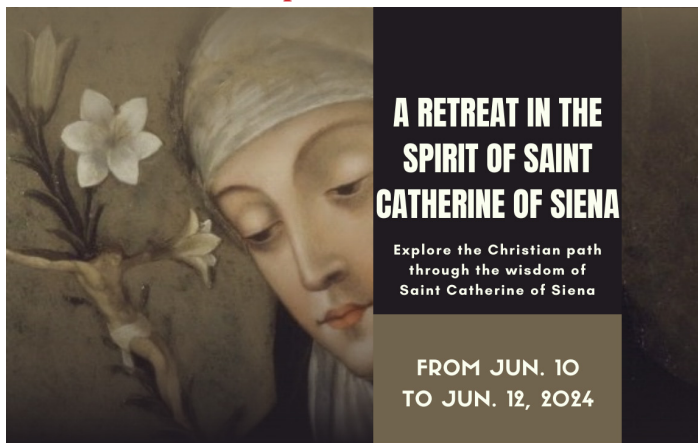


**From Thursday, March 21, 2024
to Sunday, March 24, 2024**

A retreat, based on the Spiritual Exercises of Saint Ignatius of Loyola, that will help you navigate the intricate landscape of your inner life, and explore, understand, and accept the moves inside your heart that can tell you a lot about your way to God.

www.lasaletteretreatcenter.org/interiormovements

A Retreat in the Spirit of St. Catherine of Siena



**From Monday, June 10, 2024
to Wednesday, June 12, 2024**

With Saint Catherine of Siena, you will explore the Christian journey as one of self-knowledge and embracing the loving truth of the Cross of Christ's blood.

For the Cross is Love's fire, and Mary is the chariot of this fire that sets in motion a New Creation. The world without God cannot extinguish this fire that comes from the heart of God.

www.lasaletteretreatcenter.org/catherineofsienaretreat

Eight-Day Ignatian Retreat with Fr. Jeff Putthoff, SJ From Monday, July 8 to Monday, July 15, 2024

Experience the profound and enlightening 8-Day Ignatian Retreat led by Jesuit Father Jeff Putthoff, SJ. This immersive journey offers a unique opportunity to delve deep into the *Spiritual Exercises of St. Ignatius of Loyola*, fostering self-reflection, discernment, and a stronger connection with God. Participants will engage in guided meditations, prayerful contemplation, and one-on-one spiritual direction with Fr. Jeff. For more information call 508-222-8530 or visit:

www.lasaletteretreatcenter.org/eightdayretreat

Support La Salette Vocations!

The *National Shrine of Our Lady of La Salette* and *La Salette Retreat & Conferene Center* invite you to support new La Salette Vocations by hosting the "*Traveling Statue of Our Lady of La Salette*" for a month.

You will pledge to pray the Rosary every day for new La Salette vocations (Fathers, Brothers, and Sisters).

If interested, please contact:

lasalettेशrinedirector@gmail.com

Let us join together in prayer and promote and sustain new vocations with the Missionaries of Our Lady of La Salette (Fathers and Brothers) and with the La Salette Sisters.

Other Upcoming Events

Monday, January 22, 2024 - Learn to Sing Harmony. From 6:30 p.m. to 8:00 p.m.

www.lasaletteretreatcenter.org/singharmony

Friday, February 2, 2024 - Silent Adoration. From 1:00 p.m. to 2:00 p.m.

Friday, February 2, 2024 - Sacred Heart Fridays. From 9:30 a.m. to 1:00 p.m.

www.lasaletteretreatcenter.org/sacredheartfridays

Saturday, February 3, 2024 - Winter Market. From 9:00 a.m. to 1:00 p.m.

Monday, February 5, 2024 - The Synod on Synodality: Ruin or Blessing for the Church? From 6:00 p.m. to 7:00 p.m.

www.lasaletteretreatcenter.org/synod

Saturday, February 24, 2024 - A Spiritual "Toolkit": 5 Psychological Keys For Growing in Freedom and Love. From 9:30 a.m. to 4:00 p.m.

www.lasaletteretreatcenter.org/spiritualtoolkit

Saturday, March 2, 2024 - Celtic Spirituality. From 10:00 a.m. to 4:00 p.m.

www.lasaletteretreatcenter.org/celticspirituality

Weekly Collections

All of our ministries here at the Shrine are only possible thanks to generous donations from people like you! With gratitude - Thank you!

MASS COLLECTIONS

Jan. 6 – Jan. 7:	\$ 1285.86
Jan. 6 (Philippine Mass):	\$ 415.71
Jan. 13 – Jan. 14:	\$ 1834.06
Jan. 14 (French Mass):	\$ 356.00
Jan. 14 (Spanish Mass):	\$ 168.00

DONATION BOXES

Jan 1 – Jan. 7:	\$ 982.73
Jan. 8 – Jan. 14:	\$ 409.20

Heavenly Thought

"Gratitude to God should be as regular as our heartbeat."