SACRED HEART CATHOLIC CHURCH

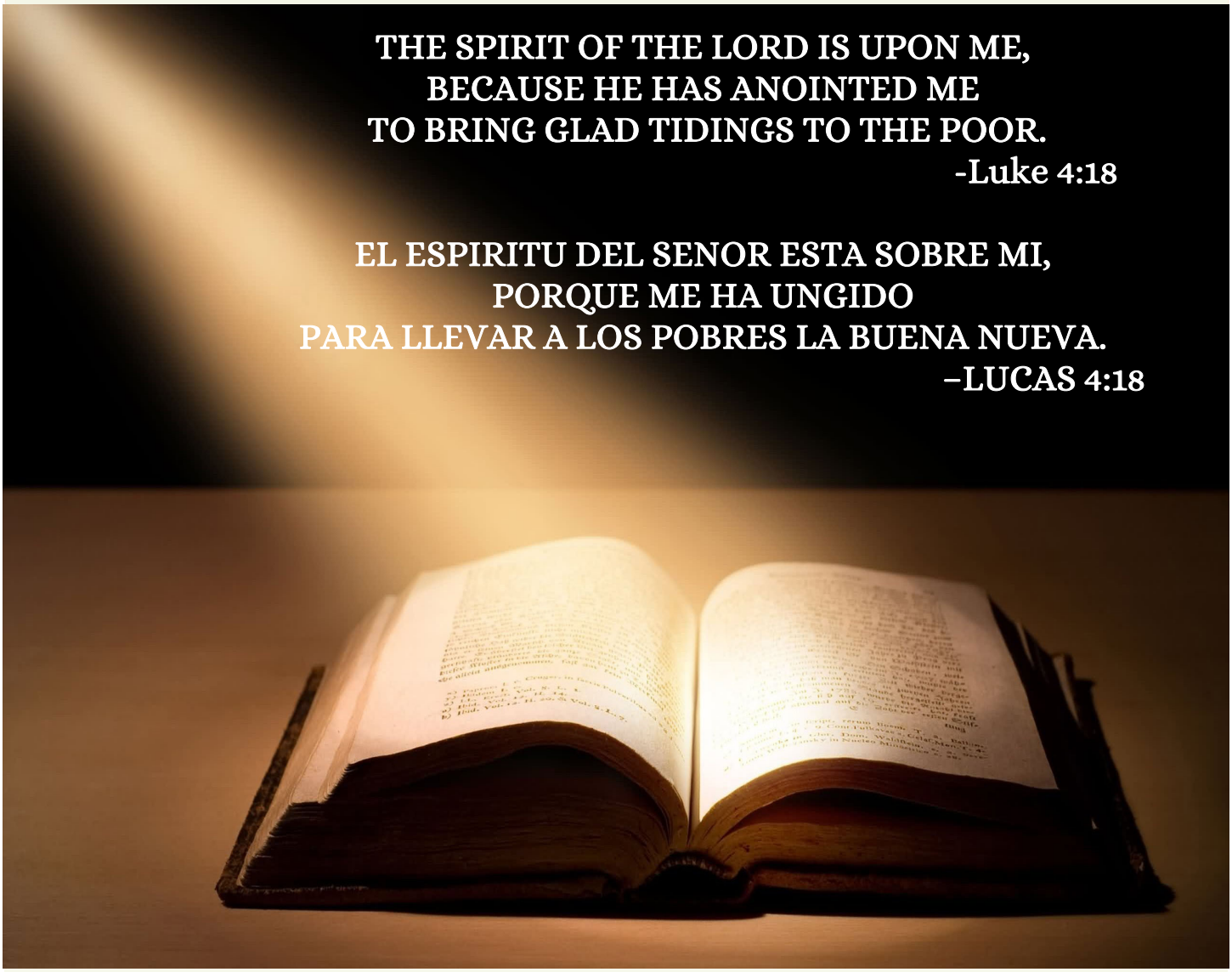
10800 HENDERSON RD., VENTURA, CA 93004 (805) 647-3235; FAX (805) 647-8087
Visit us on the WEB at: **www.sacredheartventura.org**
Email us at: **rectory@sacredheartventura.org**

Parish Office Hours: Monday - Friday 8:30AM - 4:30PM Saturday Closed & Sunday 8:00AM - 2PM

Rev. Al Ezeonyeka, Administrator - Rev. Daniel O'Sullivan, Pastor Emeritus
Dcn. John Barry - Dcn. Phil Conforti - Dcn. Fernando Flores - Dcn. Humberto Guzman

SACRED HEART SCHOOL

10770 Henderson Rd., Ventura, CA 93004 (805) 647-6174



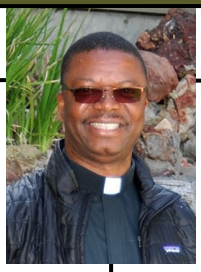
PARISH MISSION STATEMENT

"Our mission is to offer every person in our community a life-changing encounter with Jesus Christ"

DECLARACIÓN DE LA MISIÓN PARROQUIAL

"Nuestra misión es ofrecerle a cada persona en nuestra comunidad un encuentro que cambia la vida con Jesucristo "

From the desk of Fr. Al Ezeonyeka



Though Many, We Are One Body!

Part 2

Members of good or functional families often show a lot of love, selflessness, respect and appreciation toward one another. They recognize that every member of the family is a gift and brings something special to table. Nobody is looked down on, disrespected, taken for granted or even thought to be useless. Like other families, members of functional families have their differences with one another. They make mistakes like others. They face all kinds of problems and challenges. However, because of the bond of mutual love between them, they are able to overcome their differences, problems and challenges and continue to thrive.

Conversely, members of bad or dysfunctional families often exhibit selfishness, disrespect, mutual lack of love and appreciation toward one another. They are not ready to make selfless sacrifices for the common good of the family. Because of their self-centeredness, they often don't appreciate or recognize how special each member is. They see each other as a burden rather than a gift. For that reason, they often end up grumbling, complaining, bickering and arguing too much against each other. Consequently, lack of mutual love and forgiveness often leads to them falling apart in the face of problems and challenges. Fundamentally, these problems are indicative of the absence of God or at least, lack of genuine fear of God among members.

Our parish churches are families of God's children. Thus, using the body as a metaphor, St. Paul instructs us on how to be healthy and functional families. We are all one in Christ, he insists. And for the common good of all, the Spirit has given each person a gift:

> *As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit. 1 Cor 12:1-3*

So for our parish family to function well and effectively, members must mutually love and respect each other, they must be willing to not only invest their God given gifts in the parish, but they must mutually recognize and appreciate each other's gifts. No individual or ministry or group is more relevant in the parish than the other. No contribution is too small or too big. Each parishioner and/ or ministry is very important and cannot be neglected or over looked. And so if we are united in mutual love; if we mutually recognize and appreciate each other; if we are generous in using what God has giving us in the parish, we shall soon build a healthy and thriving family of God's children at Sacred Heart Parish.

Desde el escritorio de P. Al Ezeonyeka

Aunque muchos, somos un cuerpo!

Parte 2

Los miembros de familias buenas o funcionales a menudo muestran mucho amor, desinterés, respeto y aprecio hacia los demás. Reconocen que cada miembro de la familia es un regalo y trae algo especial a la mesa. Nadie es menospreciado, es faltodo el respeto, tomado por sentado o incluso considerado inútil. Al igual que otras familias, los miembros de familias funcionales tienen sus diferencias entre sí. Cometen errores como los demás. Se enfrentan a todo tipo de problemas y retos. Sin embargo, debido al enlace de amor mutuo entre ellos, pueden superar sus diferencias, problemas y retos y seguir prosperando.

Por el contrario, los miembros de familias malas o disfuncionales a menudo muestran egoísmo, falta de respeto, falta de amor mutuo y aprecio mutuo. No están listos para hacer sacrificios desinteresados por el bien común de la familia. Debido a su egocentrismo, a menudo no aprecian ni reconocen lo especial que es cada miembro. Se ven el uno al otro como una carga en lugar de un regalo. Por esa razón, a menudo terminan refunfuñando, quejándose, discutiendo, dimes y diretes demasiado entre ellos. En consecuencia, la falta de amor mutuo y el perdón a menudo los lleva a desmoronarse en frente a los problemas y desafíos. Fundamentalmente, estos problemas son indicativos de la ausencia de Dios o, al menos, la falta de temor genuino de Dios entre los miembros.

Nuestras iglesias parroquiales son familias de los hijos de Dios. Por lo tanto, al utilizar el cuerpo como una metáfora, San Pablo nos enseña cómo ser familias saludables y funcionales. Todos somos uno en Cristo, insiste. Y para el bien común de todos, el Espíritu le ha dado a cada persona un regalo:

> *Como un cuerpo es uno, aunque tiene muchas partes, y todas las partes del cuerpo, aunque muchas, son un solo cuerpo, así también Cristo. Porque en un Espíritu todos fuimos bautizados en un solo cuerpo, ya fueran judíos o griegos, esclavos o personas libres, y todos fuimos dados a beber de un Espíritu. 1 Cor 12: 1-3*

Por lo tanto, para que nuestra familia parroquial funcione bien y efectivamente, los miembros deben amarse y respetarse mutuamente, deben estar dispuestos a no solo invertir sus dones otorgados por Dios en la parroquia, sino que deben reconocerse y apreciarse mutuamente. Ningún individuo o ministerio o grupo es más relevante en la parroquia que el otro. Ninguna contribución es demasiado pequeña o demasiado grande. Cada feligrés y / o ministerio es muy importante y no puede ser descuidado o sober mirar. Y así si estamos unidos en el amor mutuo; si nos reconocemos mutuamente y nos apreciamos mutuamente; Si somos generosos al usar lo que Dios nos ha dado en la parroquia, pronto construiremos una familia saludable y próspera de los hijos de Dios en la Parroquia del Sagrado Corazón.

youthministry@sacredheartventura.org

Every time it rains it takes me back to a night in college that could have been worse than it turned out to be. One night I was out with my girlfriend and some of our friends and we were on our way to get dinner. It had been raining and as I was getting on the freeway I was driving a little too fast and as I ended up spinning out on the freeway with a car full of people. No one hurt and the only damage to the car was cosmetic and we were able to immediately drive away. As we were driving away one of our friends was freaking out so bad that we had to pull off into a neighborhood and let her get out of the car. After she had some time to cool off a bit our friend didn't want to be with us anymore and we ended up just going back to my house so she could go home. Ever since that night that person refuses to talk to me, even now over a decade later she won't talk to me. I think about that night a lot and the grudge that person has towards me. I have been thinking about it a lot more lately because I have been dealing with a lot of teens who are holding grudges against each other. Jesus calls us to forgive one another, yet we tend to chose when we forgive and when we hold grudges. We need to work on forgiveness, especially in our daily lives, and learn to forgive especially when its the hardest. Don't hold grudges, but rather seek reconciliation and move forward. Our lives are too short to hold grudges and should be more filled with love.

Upcoming Events
January 30-Youth Group
January 31-Edge
February 3-Year 1

youthministry@sacredheartventura.org

Cada vez que llueve, me lleva a una noche en la universidad que podría haber sido peor de lo que resultó ser. Una noche salí con mi novia y algunos de nuestros amigos y estábamos en camino a cenar. Había estado lloviendo y mientras subía a la autopista, estaba conduciendo un poco demasiado rápido y cuando terminé girando en la autopista con un auto lleno de gente. Nadie lastimó y el único daño en el auto fue cosmético y pudimos alejarnos inmediatamente. Cuando nos estábamos alejando, una de nuestra amiga se estaba volviendo loca y tuvimos que irnos a un vecindario y dejar que saliera del auto. Después de que ella tuvo algo de tiempo para calmarse un poco, nuestra amiga ya no quería estar con nosotros y terminamos regresando a mi casa para que ella pudiera irse a su casa. Desde esa noche, esa persona se niega a hablar conmigo, incluso ahora, más de una década después, no me habla. Pienso mucho en esa noche y en el rencor que esa persona tiene hacia mí. Lo he estado pensando mucho más últimamente porque he estado lidiando con muchos adolescentes que tienen rencor entre ellos. Jesús nos llama a perdonarnos unos a otros, sin embargo, tendemos a elegir cuándo perdonamos y cuando guardamos rencor. Necesitamos trabajar en el perdón, especialmente en nuestra vida diaria, y aprender a perdonar, especialmente cuando es lo más difícil. No guardes rencor, sino que busca la reconciliación y sigue adelante. Nuestras vidas son demasiada cortas para guardar rencor y deberían estar más llenas de amor.

Próximos Eventos
30 de enero-Grupo de jóvenes
31 de enero-Edge
3 de febrero-año 1

SACRED HEART SCHOOL

office@sacredheartschoolventura.org

Open House Today!

Sunday, January 27th, Sacred Heart School holds its **Annual Open House** from 12-2p and everyone is invited to visit our campus, see our classrooms, and meet our teachers. This Open House continues our celebration of Catholic Schools' Week with this year's theme, **Catholic Schools: Learn. Serve. Lead. Succeed**. All are invited! Please contact the school office at 805.647.6174 and visit our website, http://sacredheartschoolventura.org/ if you would like more information about enrollment at our school or about all of our school events

SACRED HEART SCHOOL

office@sacredheartschoolventura.org

Puertas Abiertas hoy!

El domingo, 27 de enero, la Escuela del Sagrado Corazón celebra su Puertas Abierta Anual de 12-2p y todos están invitados a visitar nuestra escuela, ver nuestros salones y conocer a nuestros maestros. Esta Puertas Abierta continúa nuestra celebración de la Semana de las Escuelas Católicas con el tema de este año, Escuelas Católicas: Aprender. Servir. Dirigir. Tener éxito. ¡Todos están invitados! Comuníquese con la oficina de la escuela al 805.647.6174 y visite nuestro sitio web, http://sacredheartschoolventura.org/ si desea obtener más información sobre la inscripción en nuestra escuela o sobre todos nuestros eventos escolares

EUCHARISTIC ADORATION

Every Friday 9a.m.- Saturday 8:30a.m.

Those things, good Lord, that we pray for, give us the grace to labor for. -St. Thomas More

Come and spend one hour of adoration with our Savior on Friday at 9, 10, or 11pm or Saturday at 12am. Call Elaine 805-659-4931

Friday Holy Hour is at 7 p.m. Español is recited on the 1st & last Friday of each month. All other Friday's are in English.

"COULD YOU NOT WATCH ONE HOUR WITH ME?"
-MARK 14:37

WEEKLY OFFERING
OFRENDA SEMANAL
January 13, 2019

Unrestricted Income	
Parish Support:	$ 11,925.47
Children's Envelopes:	180.36
Solemnity of Mary:	160.00
Christmas:	191.00
Immaculate Conception:	100.00
Restricted Income:	
Capital Improve:	1,689.00
SH School Support:	510.00
St. Vincent de Paul:	1,520.00
Youth Ministry Support:	225.00
RE Support:	200.00
Pick a Project:	100.00
Religious Retirement:	100.00

TOTAL OFFERINGS: $16,900.83
Thank you for your continued support!
¡Gracias por su continuo apoyo!

WORDS OF WISDOM….
PALABRAS DE SABIDURÍA….

LOVE IN OUR WORKS

Our Lord does not care so much for the importance of our works as for the love with which they are done. —Teresa of Ávila

AMOR EN NUESTRAS OBRAS

A nuestro Señor no le importa tanto la grandeza de nuestras obras como le importa el amor con que las hacemos.—Teresa de Avila

Mass Intentions FOR THE WEEK

Intenciones de la Semana

(†)Deceased (-)Intentions

Sunday, Jan 27, 2019
5:30 pm **(Sat)** † Anthony Kim Nguyen
- Carol & Al Bohner
7:30 am - Carol Roth
- Mary Gilbert
9:00 am † Rudolph Roman
- James & Pat Henschel
10:30 am - Marie Abato
† Jess & Dela Ramirez
12:00 pm - Parishioner's of Sacred Heart
5:30 pm - Joseph Lyons
† Antonia Pillado Licudine

Monday, Jan 28, 2019
7:00 am - Barbara Zielsdorf
8:30 am † Lupe Carmen Gonzales

Tuesday, Jan 29, 2019
7:00 am † Msgr. Arnold Biedermann
† Mary Lou Beltran
8:30 am † Georgia Garcia

Wednesday, Jan 30, 2019
7:00 am † Vicky Garcia
8:30 am - Parishioner's of Sacred Heart
7:00 pm - Parishioner's of Sacred Heart

Thursday, Jan 31, 2019
7:00 am - John & Mary Gilbert
8:30 am † Rudolph Roman

Friday, Feb 1, 2019
7:00 am † Fred Zielsdorf
8:30 am † Edward Friel
† Henry Joseph & Ann Julia Wibbelmann
7:00 pm Holy Hour / Confessions

Saturday, Jan 26, 2019
8:30 am † Cecelia Dung Nguyen
- Louise Warnert
4:00 pm Confessions

INTERCESSION / Intercesiones
PRAY FOR…./ Oremos por….

The Sick / Enfermos:
Cruz Araiza, Paul Yenney, Jose Raigoza Galvas, Dominick Dominguez, Jessie Sanchez, Roco Tam Dinh

Died in Christ / Murio en Cristo:
Carlos Ortega, Bennie Garcia, Jamile Yateem

Religious Education
Educación Religiosa

Sr. Margaret Mary re@sacredheartventura.org

Classes this week are

- Sunday, January 27th, 9:00AM for 1st and 2nd year communion grades 1-7 and post-communion grades 3-8.
- Sunday, January 27th, 10:30AM for 1st and 2nd year communion grades 1-4, post-communion grades 3-8, pre-kindergarten and kindergarten.
- Tuesday, January 29th 6:30PM for middle school.
- Wednesday, January 30th, 4:00PM for 1st and 2nd year communion grades 1-7 and post-communion grades 3-8.

Mass attendance will be taken after all masses this weekend. Please have your child check in at the east end of the church.

Congratulations to our students who made their first confession this past week. There are 68 children in this class and we are proud of them and their families.

First year interviews will finish this week and are scheduled for Sunday, January 27th, Tuesday, January 29th, and Wednesday, January 30th.

Reminder to parents of 2nd year communion students: There is FIRST COMMUNION PARENT MEETING on Monday, February 4th, at 7:00PM in Biedermann Hall. The meeting is required. One parent must attend; no children allowed. The meeting should take about an hour and important information regarding First Communion will be shared.

FOOD PANTRY

Sunday, February 3, is the next Sunday set for the Food Pantry. Please bring your non-perishable food items and place them in the red bins located outside the church doors. Through your generosity Sacred Heart parishioners have been a great help to the many hungry families in our area. Thank you for your continued support.

DESPENSA DE ALIMENTOS

El Domingo, 3 de Febrero, es la próxima fecha para la despensa de alimentos. Por favor traiga sus alimentos no-perecederos y colóquelos en los contenedores rojos ubicados en la entrada de la iglesia. Gracias a su generosidad, los feligreses del Sagrado Corazón han sido una gran ayuda para las muchas familias hambrientas de nuestra región. Gracias por su continuo apoyo.

Volunteers needed to change the slides during the mass you attend
even if you go to a different mass time

The view is stunning from the choir loft!

Please consider volunteering to change the slides during the mass you attend. All you need to do is change the slides (simply pressing a computer key).

Training will be provided. Super simple! :)

CONTACT: Kathy Rosten,
SHC Community Relations
805-551-4238 or
kathyrosten@sacredheartventura.org

SACRED HEART
CATHOLIC CHURCH
ENCOUNTER JESUS CHRIST

CANCER AWARENESS PRAYER SERVICE

SERVICIO DE ORACIÒN DE CONOCIMIENTO SOBRE EL CÀNCER

January 31st
7:00pm

ORBIS UNUS ORANS

@ Sacred Heart Church
10800 Henderson Road
Ventura, 93004

Sacred Heart Church and Blue Army of Our Lady of Fatima invites you to our Cancer Awareness Prayer Service. We will pray for those impacted by cancer; patients, survivors, and caregivers.

La Iglesia del Sagrado Corazón y el Ejército Azul de Nuestra Señora de Fátima, les invita a nuestro Servicio de Oración de Conocimiento sobre el Cáncer. Rezaremos por los pacientes, sobrevivientes y cuidadores que han sido afectados por el cáncer.

The University Series 2019

IMPORTANT DATES:

January 26-27 Kick-Off Weekend. Catalogs and pre-registration materials will be distributed at all Masses at participating parishes.

Pre-registration opens for discounted tickets. Purchase your Season Pass or register for individual presentations at: www.theuniversityseries.org.

February 18 Pre-registration closes.

March 7- April 12 The University Series is in session.

View course descriptions and more information at www.theuniversityseries.org

Contact us at office@theuniversityseries.org

805-496-0222 Ext. 119

Like us on Facebook at: The University Series

Follow us on Twitter at: TheUniversityS

The University Series strives for excellence because our Catholic faith deserves our very best efforts.

La serie universitaria 2019

Fechas importantes:

26-27 de enero Inicio de fin de semana. Los catálogos y los materiales de preinscripción se distribuirán en todas las misas en las parroquias participantes. La preinscripción se abre para entradas con descuento. Compre su Pase de temporada o regístrese para presentaciones individuales en www.theuniversityseries.org.

18 de febrero Cierra la preiregistración.

7 de marzo al 12 de abril. La serie universitaria está en sesión. Ver las descripciones de los cursos y más información en www.theuniversityseries.org

Contáctenos en loffice@theuniversityseries.org

805-496-0222 ext. 119

Busquenos en Facebook en: The University Series

Síguenos en Twitter en: TheUniversityS

La serie universitaria se esfuerza por la excelencia

Porque nuestra fe católica merece nuestros mejores esfuerzos.

DIVINE MERCY CHAPLETS

Eucharistic Apostles of the Divine Mercy would like to invite everyone to join them in praying the Chaplet of the Divine Mercy at 3 p.m. every Friday. Rosary to our Lady will follow.

February 10 is World Marriage Day. World Marriage Day honors husband and wife as head of the family, the basic unit of society. It salutes the beauty of their faithfulness, sacrifice and joy in daily married life. Take the time today to tell your spouse how much your marriage means to you. Plan to enrich your marriage by attending the next **Worldwide Marriage Encounter** Weekend: April 26-28 in Simi Valley. Early registration is highly recommended. For more information contact Ed and Jo Lara at 818-848-6729 or go online at www.twocanlove.org We help make good marriages better.

VIRTUS

Febrero 2 del 2019
Hora: 9:00am

El taller de VIRTUS
"Protegiendo a los Niños de Dios,
se presentado por
Diacono Fernando Flores y Juliet Tamayo

"Manteniendo Viva la Promesa"
Recertificación
Hora: 2:00pm

Lugar: Salón Parroquial,
Sagrado Corazón Ventura
10800 Henderson Rd, Ventura. 93010.

Para más información o para registrarse,
llamar a la Oficina del Ministerio Hispano
(805) 647-3235 Ext: 311

No se admiten menores de 18 años de edad.

Fingerprinting /Huella digital

Friday, February. 1, 2019
MARY STAR OF THE SEA (Room 7 & 8)
463 W. Pleasant Valley Road
OXNARD 93033
Pls. call for appt. (805) 486-6133

Saturday, February 23, 2019
SACRED HEART CHURCH (Sr. Center)
10800 Henderson Road
VENTURA 93004
Pls. call for appt. (805) 647-3235x300

PROMISE TO PROTECT PLEDGE TO HEAL

DID YOU KNOW?

Learn how to help children suffering from trauma

With mass shootings, natural disasters, and the social climate today, our children are living in a world that can be very scary at times. Children who have suffered from trauma, through abuse, loss, or another tragedy, may have different ways of viewing the world through the distorted lens of their fears and worries, and often need the help of trusted adults to guide them through their emotions. Many children use denial as their first coping method, so getting them to talk about what's happened and explore how they're feeling and what scares them now is important. Consider consulting someone with expertise in child development – a psychologist, counselor or experienced teacher might have suggestions as to how best to support a child in the aftermath of a frightening experience. For a copy of the full VIRTUS® article "A Parent Handout for Helping Children Heal," visit http://www.la-archdiocese.org/org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx

PROMESA DE PROTEGER COMPROMISO PARA SANAR

¿SABÍA QUE?

Aprenda cómo ayudar a los niños que sufren trauma

Con los tiroteos en masa, los desastres naturales y el clima social de hoy, nuestros niños viven en un mundo que a veces puede ser muy aterrador. Los niños que han sufrido trauma, abuso, pérdida u otra tragedia pueden tener diferentes formas de ver el mundo a través de la distorsionada realidad de sus temores y preocupaciones. Por esta razón, estos niños con frecuencia necesitan la ayuda de adultos de confianza que los guíen a través de sus emociones. Muchos niños usan la negación como su primer método de afrontamiento, por lo que es importante que hablen sobre lo que sucedió y exploren cómo se sienten y qué los asusta ahora. Considere la posibilidad de consultar a alguien con experiencia en desarrollo infantil. Un psicólogo, un consejero o un maestro experimentado podría tener sugerencias sobre la mejor manera de ayudar a un niño después de una experiencia aterradora. Para obtener una copia del artículo completo de VIRTUS® "A Parent Handout for Helping Children Heal" (Un folleto para padres de familia para ayudar a los niños a sanar), visite http://www.la-archdiocese.org/org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx.

God's Word for Children

Third Sunday in Ordinary Time

Jesus read words of the prophet Isaiah from a scroll (Luke 4:18).
Isaiah described what God sent Jesus to do.
Solve the math problems to fill in the missing words.

bring glad tidings to the _____ (10 + 10)	7=captives
proclaim liberty to _____ (16-9)	8=free
give sight to the _____ (5+7)	10=Lord
let the oppressed go _____ (20-12)	12= blind
proclaim a year acceptable to the _____ (7+3)	20= poor

The Little Ones

Jim Burrows

I too have decided, after investigating everything accurately anew,
to write it down in an orderly sequence for you,
most excellent Theophilus, so that you may realize the certainty
of the teachings you have received. Lk 1:3-4

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Scripture from the New American Bible, rev. ed., © 2010, 1991, 1986, 1970, CCD. Used with permission.

Los Más Pequeños

Jim Burrows

También a mí me ha parecido conveniente, después de haberlo investigado
todo con diligencia desde el principio, escribírtelas ordenadamente,
excelentísimo Teófilo, para que sepas la verdad precisa acerca
de las cosas que te han sido enseñadas. Lc 1:3-4

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Scripture from *La Biblia de las Américas* ® © 1986, 1995, 1997, The Lockman Foundation. Used by permission.

Each one of us is an important part of God's family.
Every part of our human bodies is important, too!
Pick one of the numbers that make each sentence true.

2 5 1

We have ___ nose.

We have ___ fingers on each hand.

We have ___ mouth.

We have ___ ears.

We have ___ toes on each foot.

We have ___ head.

We have ___ eyes.

We have ___ arms.

We have ___ legs.

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SACRED HEART PARISH OFFICES

OFFICE STAFF:	**805-647-3235**
Karen Oishi, Office Manager	Ext. 301
Vivian Nichols, Business Manager	Ext. 305
Aurora Gonzales, Secretary	Ext. 300
Gema Servin de la Mora, Bulletin Editor	Ext. 304
Kathy Rosten, Community Relations	Ext. 304
	or 805-551-4238
SACRED HEART SCHOOL:	**805- 647-6174**
Christine Benner, Principal	
SHS PARENT TEACHER COUNCIL	**805-647-6174**
Anna Jordon, President	
RELIGIOUS EDUCATION OFFICE:	**805-647-3235**
Sister Margaret Mary Scott, S.N.D., Director	Ext. 306
FINANCE COUNCIL	**805-647-3235**
Sandra Repede	
HISPANIC MINISTRY (Ministerio Hispano):	**805-647-3235**
Deacon Fernando Flores, Director	Ext. 311
YOUTH MINISTRY:	**805-647-3235**
Justin Wilburn	Ext. 313
MAINTENANCE MANAGER	**805-647-3235**
Gabriel Garcia	Ext. 312
SCRIP OFFICE:	805-**647-0713**
Shaune Ramirez	
Annulments:	**213-637-7680**
Dcn. John Barry	**213-924-9272**

LITURGICAL MINISTRIES

ALTAR SERVERS MINISTRY:	**805-525-0010**
Sandie Dominguez	
BEREAVEMENT MINISTRY:	**805-659-2416**
Michele Kipp	
INFANT BAPTISMS:	**805-620-0454**
Dcn. Phil Conforti	
LECTOR COORDINATOR:	**805-644-4586**
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EUCHARISTIC COORDINATOR:	**805-647-3235**
Gema Servin de la Mora	Ext. 304
MARRIAGE COORDINATOR:	**805-647-4843**
Carmen Gomez Lee	
MINISTRY TO THE SICK:	**805-525-0010**
Sandie Dominguez, Facilitator	
USHERS MINISTRY:	**805-647-4843**
Joe Lee	
MUSIC DIRECTOR & CHILDREN'S CHOIR:	**805-647-3235**
Steve Hinojosa	Ext. 314

CORDINADORES DE LITURGIA

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Maria Lopez	**805-433-1944**
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George Cady	

RELIGIOUS SERVICES /SERVICIOS RELIGIOSOS

WEEKEND EUCHARIST:

Saturday: 5:30 p.m. (Healing Mass 2nd Saturday of each Month)
Sundays: 7:30 a.m., 9:00 a.m., 10:30 a.m.
12:00 noon (Español), and 5:30 p.m.

DAILY MASS SCHEDULE:

Monday-Friday: 7:00, 8:30 a.m.
Wednesday 7:00pm.(Español),
(Healing Mass 2nd Wednesday of each Month)
Saturday: 8:30 a.m.

CONFESSION SCHEDULE:

Friday: 7:00 p.m. - 8:00 p.m.
Saturday: 4:00 p.m. - 5:00 p.m.

DEVOTIONS

Morning Prayer: Monday - Friday 6:40 am, 8:15 am
Rosary: Monday—Friday 6:25 am 9:00 am
Saturday 6:00 am * Sunday 7:00am
Holy Hour: Friday 7-8 p.m. in English except
for the first & last Friday of the Month.
Hora Santa: Primero y Ultimo Viernes del mes en Español
Divine Mercy Chaplet & Rosary: Friday 3 p.m.

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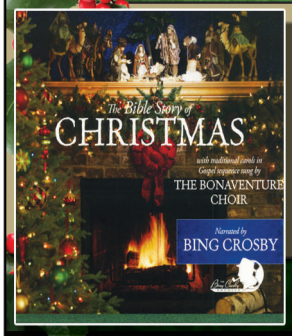

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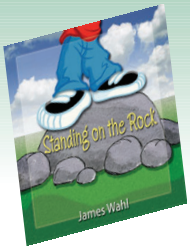

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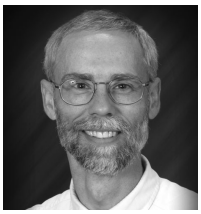

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