

# OUR LADY OF THE MOUNTAIN CHURCH

2 EAST SPRINGTOWN ROAD · LONG VALLEY, NJ 07853

Phone: 908-876-4395

Fax: 908-876-3744

Web: [www.ourladyofthemountain.org](http://www.ourladyofthemountain.org)

## OUR MISSION STATEMENT

“Recognizing that we are the Body of Christ, the Catholic Community of Our Lady of the Mountain is called to live the Gospel. We desire to express our commitment to this call through praise-filled celebration, which culminates in our being sent into the community to actively reach out to others. Thus, we seek to grow in Christian love.”

In case of emergency – Priest for  
Anointing of the Sick: 201-841-4952

### STAFF

Rev. Marcin Michalowski, *Pastor*  
[frmarcin@comcast.net](mailto:frmarcin@comcast.net)

Rev. Michal Rybinski, *Parochial Vicar*  
[fr.michal.rybinski@gmail.com](mailto:fr.michal.rybinski@gmail.com)

KellyAnn Tell, *Religious Education Director*  
908-876-4003 / [dreolm@comcast.net](mailto:dreolm@comcast.net)

FOR EMERGENCIES ONLY during class  
times, on Sundays or Mondays, please call  
908-876-5024

Melissa Rivera, *Parish Bookkeeper*  
[melriveraolm@comcast.net](mailto:melriveraolm@comcast.net)

Aga McFeely, *Parish Secretary*  
[office@ourladyofthemountain.org](mailto:office@ourladyofthemountain.org)

Office Hours: Monday - Thursday 10am - 3pm  
Parish office Email:  
[office@ourladyofthemountain.org](mailto:office@ourladyofthemountain.org)

### MASS SCHEDULE

Saturday: 5:00 pm

Sunday: 8:00, 9:15, 10:45 am  
& 12:15 pm

Weekdays: 9:30 am (*Monday - Friday*)

### HOLY DAY OF OBLIGATION

Vigil: 7:00 pm

Holy Day: 9:30 am & 4:30 pm

### DEVOTIONS

Holy Hour: Monday: 7:00 - 8:00 pm  
Friday - Divine Mercy Devotion  
after morning Mass at 10:00 am

First Saturday - Exposition  
of the Blessed Sacrament  
9:00 - 10:00 am; Rosary at 9:30 am;  
Holy Mass at 10:00 am

**Marriage:** Preparation process should  
be made at least one year in advance.  
Please call the Parish Office for more  
information.

**Hospital Visitation:** Please notify the  
Parish Office when a member of the fam-  
ily is in the hospital or homebound.

**Baptism:** The Sacrament of Baptism is  
celebrated on the 2nd and 4th Sunday  
of the month at 1:30 pm (or during any  
mass on Sunday) or on the 1st Saturday  
of the month at 11:00 am. Please contact  
Fr. Michal for more information.

### RECONCILIATION

Monday: 7:00 pm - 8:00 pm

Saturday: 4:30 - 5:00 pm

First Saturday: 9:00 - 10:00 am

First Friday: 10:30 - 11:00 am

(*any day after morning Mass  
or by appointment*)

### Parish Trustees

Bruce Haskell  
Flavia Jacobs

### Parish Council

Karen Creamer

### Parish Finance Committee

John Creamer

### PARISH REGISTRATION

Registration forms are available in the office  
or can be found on the church website.



## MASS INTENTIONS

### SATURDAY, JANUARY 28 *St. Thomas Aquinas*

5:00pm Valenty, Anna & Andrew Michota  
Quentin Wagner  
Mary Jane Kafarski  
Eleanor Thomas

### 4<sup>TH</sup> SUNDAY IN ORDINARY TIME, JANUARY 29

8:00am Souls in Purgatory  
Salvatore Catrino  
9:15am Intentions of Fr. Marcin  
10:45am Michael Finn  
12:15pm Parishioners of OLM  
Joseph Oshinski Sr.  
Celese Marie Roa Balcon

### MONDAY, JANUARY 30

9:30am David Weir  
Robert Dower  
Ethan Cherubin

### TUESDAY, JANUARY 31 *St. John Bosco*

9:30am John Hague  
Healing of Jim Quinn

### WEDNESDAY, FEBRUARY 1

9:30am Peter Joseph Maliani

### THURSDAY, FEBRUARY 2 *Presentation of the Lord*

9:30am Kathleen Dunn  
Special Intention of Maria Rozycka

### FRIDAY, FEBRUARY 3 *First Friday*

9:30am Janet Tereman  
Alberto Pormento

### SATURDAY, FEBRUARY 4 *First Saturday*

10:00am Souls in Purgatory  
5:00pm Valenty, Anna & Andrew Michota  
Patricia Davis  
Janie Ann Phillips  
Anthony Longveira

### 5<sup>TH</sup> SUNDAY IN ORDINARY TIME, FEBRUARY 5

8:00am Parishioners of OLM  
9:15am Michael Finn  
10:45am Adalberto Aponte  
Ed J. Michonski Sr.  
12:15pm Clarafina Pino  
James Gleason  
Special Intention of Mary Gleason

## SUNDAY OFFERINGS

January 21-22.....\$4,482.10

Monthly.....\$280.00

Faith Direct for January.....\$12,058.50

**THANK YOU FOR YOUR GENEROSITY!!**



Join the parishioners who are using Faith Direct for automated giving to **OUR LADY OF THE MOUNTAIN CHURCH**. Faith Direct offers a safe and secure way to donate to our parish in this time of uncertainty. There is no cost to you, and the program provides a great benefit to our parish. **Sign up today by visiting [faith.direct/NJ568](http://faith.direct/NJ568) or text 'Enroll' to 908-651-9118** Thank you for your continued support of our parish family.



## THIS WEEK AT OLM

### Monday – Friday

9:10am Rosary before the daily Mass

### Monday, January 30

7-8:00pm Holy Hour  
6-7:00pm Religious Ed gr 8  
7:30-8:45pm Religious Ed gr 10

### Wednesday, February 1

During the Mass Novena to the Miraculous Medal

### Friday, February 3

After the Mass Adoration & Divine Mercy Devotion

### Saturday, February 4

9-10:00am Exposition of the Blessed Sacrament & Rosary

### Weekend February 4-5

5:00pm Teen Mass

## MASS INTENTIONS

Masses are available for intentions in the upcoming months. Please consider remembering a loved one or gifting a Mass intention to a grieving friend. There is a great comfort in knowing that someone special is being prayed for by hundreds of families. Living intentions are wonderful ways to show our love and support for others as well. To have Mass offered for someone special, please come in during the office hours or email [office@ourladyofthemountain.org](mailto:office@ourladyofthemountain.org).





Today in the Liturgy of the Church we celebrate the 4<sup>th</sup> Sunday in ordinary time. Everyone wants to be happy. God also wants us to be happy and created us to be happy. Happiness is not in question; the question is how to achieve happiness. When watching TV or reading magazines or newspapers we are given prescriptions for happiness. However, they are not prescriptions that will really make us happy. They are prescriptions that will make us unhappy.

What will make us truly happy, what will make us blessed? In our Gospel today Jesus gives us a prescription for real and genuine happiness - a prescription for blessedness - in the Beatitudes. Beatitudes are as important for our happiness as living according to the Ten Commandments. In the Beatitudes Jesus tells us that what is in our heart is vitally important for our happiness.

In the Beatitudes Jesus is praising certain values and attitudes and telling us if you have these values and attitudes, you will be close to God, you will be blessed. If we want to know what the heart of God is like we must look no further than the Beatitudes. Then knowing what the heart of God is like the Beatitudes invite us to imitate the heart of God. The Beatitudes teach us how to become more like God, how to reflect the goodness and beauty and truth in the heart of God, in the Sacred Heart of Jesus. It is true that the qualities and virtues praised in the Beatitudes are in some ways contrary to what is exalted and practiced in the world. That only tells us how far the world is from the heart of God because in the beatitudes we see the heart of God.

**CATHOLIC SCHOOLS WEEK**

Today is the start of National Catholic Schools Week, and Catholic schools have an important mission given to them by the Lord, and that mission is being communities of faith, knowledge, and service.

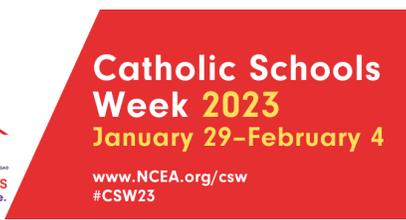
Pope Francis when a Cardinal wrote: "The education of children and young people is such an important task in forming them as free and responsible human beings. It affirms their dignity as a gift that flows from our original creation as children made in the image and likeness of God. And because education truly forms human beings, it is especially the duty and responsibility of the Church, who is called to serve mankind from the heart of God and in such a way like no other institution.

We need to gratefully accept the gift of Catholic tradition. We must be alert to the standards governments impose but never compromise our task to educate not just for college or a career, but for caring citizenship and for the salvation of souls.

We need to proclaim and witness our Catholic identity with grateful hearts. Catholic education is on the front lines of the New Evangelization to share as Pope Francis has put it the joy of knowing Jesus Christ personally. That requires standing up for basic human rights in word and action, including the right to life from conception to natural death, the dignity of every person in the years in between, for traditional marriage, for chastity, for religious freedom even when it may seem unpopular.

We humbly implore our Blessed Mother under her title of Our Lady of Guadalupe, Patroness of the Americas and Protectors of the Unborn, to intercede on our behalf that these efforts to end abortion are guided by mercy, compassion, and above all charity. -CATHOLIC BISHOPS OF NEW JERSEY-.

**The future of our country depends on what kind of education we will offer to children and young people.**



**On Thursday (February 2<sup>nd</sup>) we celebrate the Presentation of the Lord.** At 9:30am mass we will bless candles so if you have a candle you use for devotional purposes at home please bring it with you to church on Wednesday.

Forty days after Christmas, we celebrate the Lord who enters the Temple and comes to encounter his people. In the Christian East, this feast is called the "Feast of Encounter": it is the encounter between God, who became a child to bring newness to our world, and an expectant humanity, represented by the elderly man and woman in the Temple.

**BRING YOU CANDLE FOR BLESSING!**

## World Day for Consecrated Life - February 2, 2020



In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples.

### Prayer for Consecrated Persons

*God our Father, we thank you for calling men and women to serve in your Son's Kingdom as sisters, brothers, religious priests, consecrated virgins, and hermits, as well as members of Secular Institutes. Renew their knowledge and love of you, and send your Holy Spirit to help them respond generously and courageously to your will. We ask this through our Lord Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen*

**BLESSING OF THROATS** – Next Sunday we will conduct the traditional blessing of the throat at all weekend Masses in honor of the Feast of Saint Blaise, Bishop and Martyr, whose feast we celebrate next Friday (Feb.3). Saint Blaise was a 4th century Bishop in Armenia who had miraculously cured a boy who was choking. This blessing is just one reminder in the liturgical calendar of the Church's ministry for the health and healing of all people.



### SPECIAL THANK YOU!

#### My dear parishioners,

Thank you very much for thinking of me on my 40th birthday last week. Thank you for remembering me in many ways. Your kindness, prayers, beautiful cards, and gifts are appreciated by me.

I have received a number of cards from children from our religious education program. My dear young friends you made my day.

Many thanks to Fr. Michal and all those who helped him to prepare a birthday party for me. I do not know how it happens that everyone keeps this in secret.

Thank you for celebrating this beautiful moment with me. You made my day extra special. I am so blessed to have you my dear parishioners in my life. Your presence and prayers were the best gift for me. May God bless you abundantly.

## FROM FR. MICHAL

### Liturgy of the Word #3

The chants between the readings are primarily psalms. Among others, Hippolytus of Rome (+ 235), Tertullian (+ 220), and Athanasius (+ 373) wrote about psalms in the liturgy. Augustine (+ 430) and Leo the Great (+ 461) often mention their singing between the readings. After the first reading, the whole psalm was sung with a repeated antiphon, called the responsory, hence the name *psalmus responsorius*. The melody of the responsorial psalm developed into a melismatic (decorative) form in the 6th century, resulting in the shortening of the text. In the 9th century, the name *graduale* (from *gradus* = steppe) was adopted because the soloist sang it standing on the step, i.e., on the platform on which the pulpit stood.



An introductory verse is sung before the Gospel. This verse is framed by a joyful "Hallelujah," an acclamation in Lent in honor of Christ, who continues to proclaim his Gospel: "Glory to you, word of God" or "Glory to you, King of the ages."

When there is only one reading before the Gospel, it is possible to sing both chants, i.e., the Psalm and the Alleluia, or limit them to one. When a psalm is not sung, it should be recited. On the other hand, the acclamation before the Gospel should always be sung. If it is not sung, it can be omitted.

## BALTIMORE CATECHISM

### Q. 871. What do we mean when we say the Sacrament which contains the Body and Blood?

A. When we say the Sacrament which contains the Body and Blood, we mean the Sacrament which is the Body and Blood, for after the Consecration there is no other substance present in the Eucharist.

**Q. 872. When is the Holy Eucharist a Sacrament, and when is it a sacrifice?**

A. The Holy Eucharist is a Sacrament when we receive it in Holy Communion and when it remains in the Tabernacle of the Altar. It is a sacrifice when it is offered up at Mass by the separate Consecration of the bread and wine, which signifies the separation of Our Lord's blood from His body when He died on the Cross.

**Q. 873. When did Christ institute the Holy Eucharist?**

A. Christ instituted the Holy Eucharist at the Last Supper, the night before He died.

## KNIGHTS OF COLUMBUS

Inspiring, emotional, beautiful – just some of the adjectives used to describe the March for Life by Americans sharing the belief that life is precious from inception to natural death. All three parishes of our council (OLM, St Mark & St Luke) were represented.



### Reflection for the Week

*There are two ways of knowing how good God is: one is never to lose Him, and the other is to lose Him and then to find Him.*

Archbishop Fulton J. Sheen

If you would like to be a part of an international organization of nearly 2 million Catholic men whose principal work involves helping others in need, we'd like to meet you. The Knights of Columbus, Long Valley Council 10419 welcomes all Catholic Men age 18 and older. We are an active council and have a lot to offer – **Become a Knight!**

## MARCH FOR LIFE 2023



## FR. MARCIN'S SURPRISE 40<sup>TH</sup> BIRTHDAY

**A big thank you to everyone who helped make Fr. Marcin's day special.** We are grateful to so many volunteers for their help setting up, decorating, serving, cleaning, and just making this unforgettable evening for our Pastor. We also wanted to thank everyone who came to celebrate with us. We couldn't do it without you. May God Bless you! Please enjoy pictures from this beautiful night on the next page.







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# Welcome to Our Lady of The Mountain Parish

Our warmest welcome to all who celebrate with us! We thank God for you. If you are not registered or are moving along, please fill out this form and drop it in the collection basket or leave it at the Parish office. Thank you!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

- New Parishioner. Please send a welcome package.  Change of address and/or telephone number.  Moving, please remove from Parish registry.

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Typo negative.

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**Geraldine M. Kerr, Ph.D.** Parishioner  
[www.TheCenterforSpiritualAwakening.org](http://www.TheCenterforSpiritualAwakening.org)  
New ministry support groups beginning in September 2022 at St. Matthew the Apostle Church in Randolph NJ:  
• Ministry for the Bereaved • Ministry for Separated and Divorced  
Ministry for Trauma, Loss and Betrayal • Ministry for Marriage Education  
Call 908-813-8232 for more information and to reserve your space; seating is limited!

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