



Physical Touch

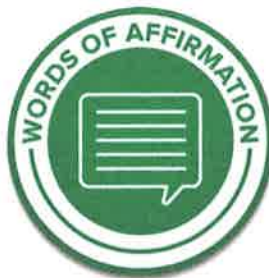
Giving affectionate, age-appropriate touches on a regular basis are an important way to show love and concern to the child whose love language is physical touch.

- Identify family members whose love language is Physical Touch.
- What are examples of affectionate, age-appropriate touches you can express towards your child(ren)?
- Identify specific kinds of Physical Touch you plan to put into action this week towards your child(ren).

Family Member: _____ Physical Touch: _____

Family Member: _____ Physical Touch: _____

Family Member: _____ Physical Touch: _____



Words of Affirmation

If your child's love language is words of affirmation, they feel valued and loved when you give you unsolicited compliments and praise.

- Identify family members whose love language is Words of Affirmation.
- What are examples of words of affirmation you can say to your child(ren)?
- Identify specific words of affirmation that come to mind that you want to share with your child(ren) this week.

Family Member: _____ Quality Time: _____

Family Member: _____ Quality Time: _____

Family Member: _____ Quality Time: _____



Quality Time

Spending time together with your child and them receiving your full, undivided attention makes them feel loved.

- Identify family members whose love language is Quality Time.
- What are examples of ways you can spend Quality Time with your child(ren)?
- Identify what ways you will spend Quality Time with your child(ren) this week.

Family Member: _____ Quality Time: _____

Family Member: _____ Quality Time: _____

Family Member: _____ Quality Time: _____



Receiving Gifts

If your child's love language is receiving gifts, they enjoy receiving thoughtful gifts, both on special occasions and for no reason at all. The gift doesn't need to be extravagant or expensive. It is the thought and effort behind the gift that makes your child feel loved.

- Identify family members whose love language is Receiving Gifts.
- What are examples of gifts you can give your child(ren)?
- Identify specific Gifts you plan to give to your child(ren) this week.

Family Member: _____ Gift(s): _____

Family Member: _____ Gift(s): _____

Family Member: _____ Gift(s): _____



Acts of Service

Children feel loved when others do things to help them.

- Identify family members whose love language is Acts of Service.
- What are examples of appropriate acts of service you can do for your child(ren)?
- Identify specific Acts of Service you plan to put into action for your child(ren) this week.

Family Member: _____ Acts of Service: _____

Family Member: _____ Acts of Service: _____

Family Member: _____ Acts of Service: _____