


the most Blessed Virgin Mary, † obtain the graces necessary for all † who enter the marriage state, † that imitating thy virtues they may sanctify their homes, † and lead the souls entrusted to their care † to eternal glory. Amen.

Our Father ✠ Hail Mary ✠ Glory Be To The Father

*Practice:* Ask of God, through the intercession of Saint Anne and of Saint Joachim, the virtues proper to your state of life and the grace to worthily fulfill all its obligations.

#### *Fourth Day*

 **G**LORIOUS Saint, I kneel in confidence at thy feet † for thou also hast tasted the bitterness and sorrow of life. † My necessities, the cause of my tears, † are as follows: [*Here mention your intention* †]. Good Saint Anne, † thou, who didst suffer much † during the twenty years that preceded thy glorious maternity, † I beseech thee, by all thy sufferings and humiliations, † to grant my prayer. † I pray thee, through thy love for thy glorious spouse, † through thy love for thy immaculate child, † through the joy thou didst feel at the moment of her happy birth, † not to refuse me. † Bless me, † bless my family and all who are dear to me, † so that some day we may all be with thee † in the glory of heaven † for all eternity. Amen.

Our Father ✠ Hail Mary ✠ Glory Be To The Father

*Practice:* Patience under suffering is the shortest road to heaven, and a great sign of predestination. When crosses overtake you, ask Saint Anne to give you patience and resignation to bear them.

*Fifth Day*



REAT Saint, how far I am from resembling thee, † I so easily give way to impatience and discouragement; † and so easily give up praying † when God does not at once grant my request. † That is why I am so wretched † and so poor in virtue. † Prayer is the key to all heavenly treasures † and I cannot pray, because my weak faith † and languid confidence fail me † at the slightest delay of divine mercy. † O my powerful Protectress, † come to my aid, † cause my confidence and fervor, † supported by the promises of Jesus Christ, † to redouble in proportion † as the trial to which God in His goodness subjects me † is prolonged, † that I may thus obtain, like thee, † more than I can venture to ask. † In future I will remember † that I am made for heaven † and not for earth, † for eternity and not for time; † that consequently I must ask, above all, † the salvation of my soul † which is assured to all who pray properly † and who persevere in prayer. Amen.

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