


commend me to Jesus and Mary † so that, at thy request, † they may grant me remission of my sins, † perseverance, † the love of God, † charity for all mankind, † and the special grace [*here mention your intentions* †] of which I stand in need at this present time. † O my powerful Protectress, † let me not lose my soul, † but obtain for me that, † through the merits of Jesus Christ † and the intercession of Mary, † I may have the happiness of seeing them, † of loving and praising them with thee † for all eternity. Amen.

Our Father ♣ Hail Mary ♣ Glory Be To The Father

Practice: When you pray to Saint Anne do not fail to ask of her the love of Jesus and Mary. It is the most beneficial prayer you can offer and it will always be granted.

Third Day


ELOVED of Jesus, Mary and Joseph, † Mother of the Queen of Heaven, † take us, and all who are dear to us, † under thy special care. † Obtain for us the virtues † thou didst instill into the heart of her † who was destined to become the Mother of God, † and the graces with which thou wast endowed. † Sublime model of Christian womanhood! † Pray that we may imitate thy example † in our homes and families, † listen to our petitions, † and obtain our requests. † Guardian of the infancy and childhood † of

the most Blessed Virgin Mary, † obtain the graces necessary for all † who enter the marriage state, † that imitating thy virtues they may sanctify their homes, † and lead the souls entrusted to their care † to eternal glory. Amen.

Our Father ✠ Hail Mary ✠ Glory Be To The Father

Practice: Ask of God, through the intercession of Saint Anne and of Saint Joachim, the virtues proper to your state of life and the grace to worthily fulfill all its obligations.

Fourth Day

LORIOUS Saint, I kneel in confidence at thy feet † for thou also hast tasted the bitterness and sorrow of life. † My necessities, the cause of my tears, † are as follows: [*Here mention your intention* †]. Good Saint Anne, † thou, who didst suffer much † during the twenty years that preceded thy glorious maternity, † I beseech thee, by all thy sufferings and humiliations, † to grant my prayer. † I pray thee, through thy love for thy glorious spouse, † through thy love for thy immaculate child, † through the joy thou didst feel at the moment of her happy birth, † not to refuse me. † Bless me, † bless my family and all who are dear to me, † so that some day we may all be with thee † in the glory of heaven † for all eternity. Amen.