



ST. ANASTASIA FLAME OF LOVE

SPREAD THE EFFECT OF GRACE

Steeple Aflame



Pilgrim Virgin



Patron Saint



OF THY FLAME OF LOVE OVER ALL OF HUMANITY

All Generations Will Call Me Blessed



MAGNIFICAT

And Holy Is His Name

SHE WHO SHALL RISE UP AGAIN

## ST. ANASTASIA FLAME OF LOVE LOGO DESCRIPTION

*Our logo incorporates the signs and symbols specific to the birth of the Flame of Love Apostolate at St. Anastasia Parish, Newtown Square, PA on June 5, 2015*

**Colors:** Parish colors are Maroon & Gold. Maroon & Gold represent Patience in Battle, Victory, & Generosity; Red represents Warrior/Military Strength; Blue represents Truth & Loyalty; Green represents Hope; White represents Peace & Sincerity; Tan represents Worthy Ambition.

**Church Steeple:** On Holy Saturday, April 4, 2015, a photo was taken of our church with its steeple aflame and a small white cross beneath it. This was our sign to begin the Flame of Love Cenacles of Reparation in our parish after 3 years of prayer and discernment. Our Parish currently has 4 Flame of Love Cenacles of Reparation as of March 10, 2020.

**Pilgrim Virgin Statue:** We began a Flame of Love Pilgrim Virgin Statue Ministry in May of 2018 after the passing of our fellow parishioner and First Flame of Love National Director, Tony Mullen. Parishioners welcome Our Lady's Flame of Love Statue into their homes for a week. There is a binder explaining the Apostolate and Cenacle prayers that accompanies the Pilgrim Virgin. Families are now learning the prayers and inviting other family members and friends to join them. The Effects of Grace of the Flame of Love prayers will blind Satan and save souls.

**St. Therese:** We invited Fr. James Blount, SOLT, to our parish to celebrate a Memorial Mass on April 14, 2019 for Tony Mullen's one-year anniversary. The Holy Spirit prompted Father to return one month later to offer a Healing Mass with St. Michael and the Angels in May. While staying at our parish rectory, Father noticed an elevator. This inspired him to choose St. Therese as the perfect Patron Saint for our Parish Flame of Love Apostolate! Just as the "elevator inspiration" led St. Therese to see the arms of the Father lifting her easily to Heaven, so too, the Flame of Love can lift people to Heaven more easily by blinding Satan. We present St. Therese as our intercessor with our rectory's "elevator button" hidden among her roses. We ask her intercession to help us find a short and easy way to preserve and spread the Flame of Love at St. Anastasia Parish.

**Magnificat:** We captured the Flaming Heart with the "Magnificat" because Father Blount suggested we pray the Magnificat at every Flame of Love Cenacle and rejoice!

**Wings of the Angels:** We recognized all the graces received from the Healing Mass with St. Michael and the Angels on May 14, 2019, as we wrapped our logo and St. Anastasia's Flame of Love Apostolate in the protective Wings of St. Michael and the Angels.

**Meaning of St. Anastasia's Name:** "She who shall rise up again."

**Mission:** Our mission "to blind Satan and save souls" led us to incorporate the words, "*Spread the effect of grace of thy Flame of Love over all of humanity.*" These words, integral to the Flame of Love prayers, will blind Satan and allow souls to respond to God's graces of repentance. This is our goal. This is our prayer. This is our mission. Amen!

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*“The grace from the Flame of Love of My Mother’s Immaculate Heart will be to your generation what Noah’s Ark was to his generation.” --- Our Lord to Elizabeth Kindelmann*

St. Anastasia Church Steeple picture taken by parishioner on April 4, 2015 after discerning whether to begin Flame of Love Cenacles at our parish. We asked the Lord for a sign and saw our Steeple Aflame with a smaller Cross beneath the larger Cross. To us, the smaller Cross symbolized Our Lady at the foot of the Cross interceding for the conversion of the world. We accepted this as our sign to begin our Flame of Love Cenacles of Reparation on June 5, 2015.



### **A GREAT MIRACLE WILL BE ACCOMPLISHED**

**VIRGIN MARY:** *"United with you, I will perform a miracle that the scientists of the world will try to imitate to no avail, being completely beyond their power. Only the wisdom of pure and God-loving souls will be able to understand that, as they possess God and His infinite secrets.*

*Yes, my little one, we will put out fire with fire: the fire of hatred with the fire of love. The fire of Satan's hatred hurls its flames so high that he believes his victory is at hand. But my Flame of Love will blind Satan. I have placed this Flame of Love in your hands, and soon it will reach its destination, and the flames which spring from my love will quench the fire of hell. My Flame of Love, with its unimaginable light and beneficent warmth, will wrap the earth. To accomplish this, my little one, I need sacrifice, your sacrifice and the sacrifice of many such that the minds and hearts where the infernal hatred is burning may receive the soft light of my Flame of Love...Do you know what you represent? You are a sparkle of light enkindled in my Flame of Love. The light you receive from me enlightens souls. The greater the number of souls who sacrifice and watch in prayer, the greater the power of my Flame of Love on earth will be. Hence, line-up in close ranks because it is with the power of sacrifice and prayer that the flash of hellish hatred will be overcome. Evil will diminish gradually, the burning flame of hatred will be put out, and the splendor of my Flame of Love will fill all regions of the earth."* (Excerpts from the Spiritual Diary of Elizabeth Kindelmann pgs. 79-80).



The following prayers are basic to the Flame of Love Holy Hour.

**Teachings on the Flame of Love and on the Devout Life** - The Leader may choose from the materials on the website. [www.flameoflove.us/resources](http://www.flameoflove.us/resources)

**1 - Intentions** (Our Priests, the Dying, Souls in Purgatory, Families, Personal Petitions)

**2 - We offer ourselves to the Heavenly Father thru all the wounds of our Savior, Jesus Christ:**

We kiss the wound of your Sacred Left Hand, with sorrow deep and true. †  
 We kiss the wound of your Sacred Right Hand, with sorrow deep and true. †  
 We kiss the wound of your Sacred Left Foot, with sorrow deep and true. †  
 We kiss the wound of your Sacred Right Foot, with sorrow deep and true. †  
 We kiss the wound of your Sacred Side, with sorrow deep and true. †

**3 - Pray the Rosary and insert in each Hail Mary the petition to the Flame of Love:**

Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, **spread the effect of grace of Thy Flame of Love over all of humanity**, now and at the hour of our death. Amen.\*

**4 - After each decade pray the Fatima prayer, the prayer to the Holy Spirit, and Sing Ave Maria:**

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those who are in most need of Thy Mercy.  
 Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.  
 [Sing "Ave Maria"]

**5 - Hail Holy Queen – Let Us Pray** (O God...)

**6 - Unity Prayer:**

My Adorable Jesus,  
 May our feet journey together.  
 May our hands gather in unity.  
 May our hearts beat in unison.  
 May our souls be in harmony.  
 May our thoughts be as one.  
 May our ears listen to the silence together.  
 May our glances profoundly penetrate each other.  
 May our lips pray together to gain mercy from the Eternal Father. Amen.

**7 - My Adorable Jesus,**

We ask you to take us in spirit before your Eucharistic Presence throughout the world. (pause for silent reflection)

**8 - Blessed Lady,**

Take us and place us where we belong in the Divine Fire. Share with us your Immaculate Conception. (pause for silent reflection)

**9 - Prayer to Saint Joseph:**

Oh, Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

Oh, Saint Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord, so that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most Loving of Fathers.

Oh, Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. Saint Joseph, Patron of departed souls, pray for me. Amen.

**10 - Prayer to Saint Michael the Archangel:**

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host, by the Power of God, cast into hell, Satan and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

**11 - Plenary Indulgence:** Pray for the intentions of the Holy Father (Our Father, Hail Mary, Glory Be)

**12 - Meditate on all the wounds of Jesus Christ. Repeat Step No. 2.**

**13 - Final Blessing:** Bless each other with Holy Water (optional) (form circle, if possible)

\* When we say the "effect of grace", we include the conversion of sinners, the blinding of Satan and the New Pentecost and whatever other gifts God will give to His Church and humanity through His Mother.



### **Propagation Prayer – Flame of Love**

Mary, Heavenly Mother, you love your children so much that you offer us to your Divine Son, Jesus, on the Cross, to obtain for us the Heavenly Father's forgiveness, so that all who believe in Him may receive eternal life.

With filial confidence we pray to you, Blessed Virgin, that with the Flame of Love of your Immaculate Heart, kindled by the Holy Spirit, you will ignite the hearts of all humanity so that, like you, we will have a perfect love for God and neighbor.

Help us to transmit this Holy Flame to all people of goodwill so that the Flame of Love will extinguish the fire of hatred everywhere on earth, and Jesus, Prince of Peace, will be the King and Center of all hearts, in the Sacrament of Love on the Throne of our altars. Amen.

(This prayer was personally approved by Pope Paul VI.)

### **Prayer to Spread the Flame of Love to the United States as it Spread in Philadelphia**

Holy Trinity, through the merits of our Adorable Jesus, we beg You through the power of the Flame of Love of the Immaculate Heart of Your Mother and our Mother, to show us the National Plan and Structure, and to give us the resources to spread the Flame of Love Movement everywhere in the United States, as you have done in Philadelphia! Amen!

### **MAGNIFICAT/CANTICLE OF MARY (LUKE 1:46-55)**

*My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior for He has looked with favor on His lowly servant. From this day all generations will call me blessed: The Almighty has done great things for me, and holy is His Name. He has mercy on those who fear Him in every generation. He has shown the strength of His arm, He has scattered the proud in their conceit. He has cast down the mighty from their thrones and has lifted up the lowly. He has filled the hungry with good things, and the rich He has sent away empty. He has come to the help of His servant Israel for He has remembered His promise of mercy, the promise He made to our fathers, to Abraham and His children forever. Amen.*

**CONSECRATION OF THE FLAME OF LOVE APOSTOLATE (U.S.)  
TO THE IMMACULATE HEART OF MARY**

**MARCH 25, 2017**

**Lady of Mt. Carmel, Queen of Heaven and earth, and our Mother, through whom Almighty God has deigned to extend the most powerful Grace to mankind since the Word became Flesh, we consecrate to your Immaculate Heart, completely and forever, the Flame of Love Apostolate, formed to assist you in saving your children, accelerating your Triumph, and welcoming the Second Pentecost of the Holy Spirit, by spreading the effect of grace of your Flame.**

**We ask you to guide us in this, your apostolate, so that our planning conforms to your wishes and our efforts are always performed in your name – the Holy Name of Mary.**

**Enable us to grow, under your guidance, so that the effect of this Flame of Love grace will spread over all of humanity. Send us additional priests, and the faithful, who will embrace your endeavors, and help our apostolate to expand throughout this entire country and beyond.**

**Cover us with your Scapular of protection and your mantle of unity, harmony, and love; keep us steeped in humility so we do not falter. Strengthen us against the attacks of the enemy. Grant us the desire to share in the Redemptive activity of Your Divine Son. Keep us strong, active and resolute; grant that our inevitable frustrations and failures will make us more determined than ever to continue our efforts, increasing your glory and, thereby, the glory of Jesus, our Savior. We ask nothing in return but the pleasure of serving you.**

**Strengthen us in prayer and contemplation so that our apostolic actions may conform to your will and exceed your expectations.**

**Most Blessed Trinity, please approve our consecration and, through Mary, our Mother, enable our apostolate to return lost sheep to Your merciful bosom for all eternity. Amen.**

**JESUS      MARY      JOSEPH**

***ST. ANASTASIA FLAME OF LOVE CENACLES  
LITANY OF OUR SAINTS!***

**MARY, MOTHER OF THE CHURCH, *Pray for us!***  
**MARY, QUEEN OF APOSTLES, *Pray for us!***  
**MARY, MOTHER OF THE HIGH PRIEST, JESUS CHRIST, *Pray for us!***  
**MARY, MOTHER OF ALL PRIESTS, *Pray for us!***  
**ST. JOSEPH, PROTECTOR OF THE CHURCH, *Pray for us!***  
**ST. PETER, *Pray for us!***  
**ST. JAMES, *Pray for us!***  
**ST. JOHN THE APOSTLE, *Pray for us!***  
**ST. THOMAS THE APOSTLE, *Pray for us!***  
**ST. BARNABAS, *Pray for us!***  
**ST. LOUIS DE MONTFORT, *Pray for us!***  
**ST. THOMAS AQUINAS, *Pray for us!***  
**ST. PHILOMENA, *Pray for us!***  
**ST. THERESE, THE LITTLE FLOWER, *Pray for us!***  
**ST. CATHERINE OF SIENA, *Pray for us!***  
**ST. ANTHONY, *Pray for us!***  
**ST. JOHN MARIE VIANNEY, *Pray for us!***  
**ST. PAUL, *Pray for us!***  
**ST. DENIS, *Pray for us!***  
**ST. FRANCIS, *Pray for us!***  
**ST. CLARE, *Pray for us!***  
**ST. ALPHONSA, *Pray for us!***  
**ST. MARY MAGDALENE, *Pray for us!***  
**ST. TERESA BENEDICTA OF THE CROSS (EDITH STEIN), *Pray for us!***  
**ST. MICHAEL THE ARCHANGEL & ALL CHOIRS OF ANGELS, *Pray for us!***  
**ST. ANASTASIA, *Pray for us!***  
**ALL SAINTS IN HEAVEN, *Pray for us!***

## **WHY THESE SAINTS?**

**THEY HAVE INTERCEDED DURING THE BIRTH OF THE ST. ANASTASIA FLAME OF LOVE APOSTOLATE AND HAVE CONTINUED TO HELP “TO PRESERVE AND TO SPREAD” THE FLAME OF LOVE THROUGH THEIR PRAYERS, LOVE, DIRECTION & SUPPORT.**

*The church is under attack, and we need Mary as Mother, who desires to save her children.*

*The church grew under the loving guidance of the Queen of Apostles. Our priests need our help more than ever. We’re responsible for praying & sacrificing for them daily.*

*St. Joseph protected the Holy Family and he will protect the Church. Saints Peter, James & John were the Lord’s favorites. They understood Jesus more than the others.*

*St. Thomas went to India and is the Patron Saint of India. The First-Class Relic of St. Barnabas arrived as the “Son of Encouragement” for our Cenacles exactly when we needed encouragement.*

*St. Louis de Montfort is the Marian Saint who promoted Consecration to Mary. Many parishioners have consecrated themselves to Mary.*

*St. Thomas is the Patron Saint of Students and a theologian, who will help us lead souls to Jesus, through Mary.*

*St. Philomena is the Patron Saint of the Children of Mary. She’s known for purity. We need her intercession.*

*St. Therese is now the “Patron Saint of St. Anastasia Flame of Love Cenacles,” as suggested by Fr. James Blount, SOLT.*

*St. Catherine of Siena talked to Popes, so we ask her intercession to bring the Flame of Love to all priests.*

*St. Anthony is the best intercessor to find lost souls and bring them back to Jesus. He’s also the Patron Saint for Tony Mullen, fellow parishioner and First National Director for the Flame of Love, who entered eternal life in March 2018. May Tony Rest in Peace.*

***St. John Vianney is the Patron Saint for priests. All Flame of Love Cenacles pray for priests. Will you join us?***

***St. Paul was courageous, lived for God and was an outstanding Apostle for Gentiles. We're asked to follow his example.***

***St. Denis preached for miles holding his head after being beheaded! We need and pray for saints on earth to preach the Gospel!***

***St. Francis & St. Clare had a pure love for God and each other. They're a great example for our marriages & families.***

***St. Alphonsa had great zeal and offered all sicknesses up for the conversion of sinners. We're called to follow her example.***

***St. Mary Magdalene loved Jesus wholeheartedly. She experienced deliverance from evil, so we ask her intercession to be freed to love!***

***St. Teresa Benedicta/Edith Stein was an atheist, so we ask her help in reaching out to atheists with the Effects of Grace of the Flame of Love.***

***St. Michael & the Nine Choirs of Angels are helping us to blind Satan and save souls through the Flame of Love of the Immaculate Heart of Mary. What exactly does that mean? The soul would have the opportunity to respond to God's grace without the interference of the devil. A soul has free will and can choose good or evil. Let's pray all souls choose God and desire to live in His Divine Will.***

***St. Anastasia's name means, "She who shall rise up again" or "Resurrection." We pray Our Lord will bring dead bones back to life again through the Sacramental life of the Church, as we intercede in our Flame of Love Cenacles of Reparation.***

***All Saints in Heaven have supported and helped us along this journey.***

***We love them, and we know they certainly love and pray for us!***

***We thank the Angels of God and all the Holy Saints for their intercession! We are grateful!***

## ***PRAYER TO RECEIVE THE FLAME OF LOVE***

The prayer begins with a renewal of the Baptismal promises:

**Do you renounce Satan? – I do.**

**Do you renounce all his works? – I do.**

**Do you renounce all his seductions? – I do.**

**Do you believe in God the Father Almighty, Creator of heaven and earth? – I do.**

**Do you believe in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried? – I do.**

**Do you believe that Jesus descended into hell; and on the third day rose from the dead, ascended into heaven and now sits at the right hand of God, the Father Almighty? – I do.**

**Do you believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting? – I do.**

**Imagine yourself clothed in white garments, a symbol of your Baptism and of your future life in Heaven with the saints and angels.**

**Imagine an enormous Fire. You enter into that Fire. Do not be afraid. The Fire is Jesus Himself, The Flame of Love. You are not alone; Mary is with you. You are in the deepest part of Her Heart, immersed in her Flame of Love. Mary fills you with great desires so that you want to receive more and more of this Flame. Surrender to the Flame and to have Him consume your whole life.**

**This Flame (Jesus Himself), is the pearl of great price, the treasure hidden in the field, the whole purpose of your life. Allow the Flame to enter your being. Allow Jesus to fill your imagination and memory. Close your eyes and imagine Jesus living within you. Imagine Jesus in the mysteries of the rosary.**

**He is conceived in Mary's womb. He sanctifies John the Baptist and Elizabeth. He is born into the world. The Shepherds and the Wise Men can see God's human face. At forty days, He fills the temple with light. At twelve, He fills that same temple with His teachings.**

## ***PRAYER TO RECEIVE THE FLAME OF LOVE***

**At 30, Jesus is baptized. He receives the Holy Spirit and hears the Father's voice. He changes water into wine. He preaches, heals, drives out demons and proclaims that the Kingdom is at hand. He reveals His full glory to Peter, James and John. On the night before His death, He says, "This is My Body," and "This is My Blood."**

**He goes to the Garden where He accepts the Father's will. He gives Himself over to men whom Satan uses as his instruments. He accepts the wounds on His back and the thorns upon His head. He accepts the cross, walks to Calvary and dies for you.**

**His soul leaves His body and enters into eternal glory. Jesus' glorified soul reenters His body, glorifies it and raises it from the dead. He appears to His disciples, tells them to make disciples of all nations, and ascends to the Father's right hand. He sends the Holy Spirit upon the disciples, takes His mother into heaven, body and soul, and then, makes her Queen of all the Angels and Saints.**

**After imagining Jesus in these gospel stories, allow the Flame to come to your will. You welcome Him, and He enters your heart. You have invited Jesus to be the center of your life. He is your King. Place this fire on the lampstand and Jesus' light will flood you.**

**When you receive the Flame with others, you experience the Communion of Saints. When one receives, all are blessed. When all receive, each is more blessed.**

**Right now, Our Lady embraces you and pours out her Flame of Love in great abundance. This is a holy and sacred moment. She sends this Flame into your heart. The Flame leaps from her heart to yours. She gives the Flame without limits. The Flame of Love is so great that She suffers until the Flame leaves Her Heart and goes to yours, because it belongs in our hearts. She gives the Fire far beyond your capacity to receive. She gives the gifts that were meant for others, but they did not receive. Receive this Flame for everyone – for yourself, your family, your friends. You will not realize all she has done for you this day. The effects will unfold slowly and powerfully. Be still. The prayer is complete. Our Lady is pouring out the effects of Grace of the Flame of Love.**



**FLAME OF LOVE PILGRIM VIRGIN STATUE**

**ST. ANASTASIA FLAME OF LOVE PILGRIM VIRGIN STATUE TESTIMONIES**  
**September 2018 – September 2019**

**“I thoroughly enjoyed my week with The Flame of Love Pilgrim Virgin Statue in my home. It brought such comfort & joy in my heart. I am so glad that I read the binder that came with the statue. It gave me a better understanding that Our Lady wants to give this special grace & pass it on to others. I am most grateful for this precious time with Our Blessed Mother, Mary.” M.D.**

**“Our family had the privilege of receiving one of our two parish Pilgrim Virgin Flame of Love statues in our home this year, and it was an extra special grace to have ‘her’ with us during the week of our daughter’s birthday. While we pray the FOL prayers as a family daily, it was a special gift to have this marvelous sacramental in our presence. Receiving the FOL statue from one of its guardians, praying as a family in front of her flaming heart and outstretched hand and passing ‘her’ on to the next parishioner who was entrusted to her care, helped bring to life both the physical and spiritual passing on of the Flame of Love to others in union with the Blessed Mother and Her Son Our Lord, the Flame Himself. We look forward to another ‘visit’ with her this year.” C.S.**

**“Having the FOL Pilgrim Virgin Statue in my home for a week is a blessing. Praying with Our Blessed Mother daily renews my Catholic faith. I view this time with the FOL Pilgrim Virgin Statue as a mini retreat.” J.S.**

**“I received the FOL Pilgrim Virgin statue on Mother’s Day weekend; the first Mother’s Day after my Mom passed away. I felt Our Lady’s comfort, love and support in my grief. She ‘knew’ this sorrow, and I ‘knew’ I was not alone.” C.F.**

**“The Pilgrim Virgin Statue helped me with the following: alleviate feelings of loneliness, feeling sorry for myself/better self-control against possible addictive behavior/opening up areas in my life where deeper healing is needed/better able to turn problems over to Jesus and allowing His solution to evolve/easier to do penance and detach from things and habitual activities/easier to turn to prayer during the day or night/thinking more compassionately about difficult people/stronger sense of Jesus, Mary, the Saints, departed loved ones’ presence and that they are praying for me/more energy to attack necessary chores that I really don’t want to do/not dwelling on upcoming unpleasant events and knowing I’ll have the grace when I need it and just keep going forward.” Anonymous**

**“When the Flame of Love Statue is present in our house, there is a peaceful spirit that can be felt throughout the home. The Statue is prominently placed where it can be easily seen by us and all that enter our home. Gazing upon the Statue, you feel her inviting you to spend time with her. It might be a short break during a busy day or planned daily prayer. Anytime spent with her leaves us feeling uplifted spiritually and blessed to have been in her presence.” T.S.**

**“The Pilgrim Virgin Flame of Love Statue was with me for my birthday! Just having her presence in my home was such a gift! Two of my 3 daughters live out of town and they both came home this week, so my husband and I had all 3 daughters together (our home church) with Mary as our center! I prayed the Flame of Love rosary this week and found that it was a much easier transition than I expected! I wish the Pilgrim Statue could spend more time with me, but I’m happy to pass her on to bless others. She brought a beautiful peace over my home!” B.K.**

**“The Pilgrim Virgin is the Flame of Love, who lives in our hearts. I am honored to share a week with Our Lady in prayer, with reciting the rosary’s Glorious Mysteries, and again with the Luminous Mysteries and the Joyful Mysteries. Her statue’s presence in our home is a blessing. Come Holy Spirit, living in Mary, fill my heart with praise to God for giving us Mary as our Spiritual Mother.” J. S.**

**“We were blessed to have the Flame of Love Statue in our home this week...there was a beautiful, calming peace. I spent time alone with the Flame of Love and prayed for the entire world that we all learn to live in Our Lord’s peace. I am so honored to have her here with us and looking forward to the effects unfold slowly and powerfully in the days after, but I am just so honored and blessed to have her here with us now.” G. D.**

**“We were honored and blessed to have Our Lady as a visitor in our home this week, especially on the Feast Day of her Queenship! I usually pray the Flame of Love as I am going about other tasks, but I was thrilled to find the time to spend a devoted Flame of Love Holy Hour on her Feast Day! My granddaughter was especially impressed at how Our Lady is crushing the head of the serpent!” M. F.**

**“A religious statue staying with me? In my private space, my refuge? My formative years living at home had never included religious statuary, although my mother, a by-product of her Russian Orthodox heritage, adored the unique religious art form of the icon, and treasured those I brought back to her from several journeys throughout Russia. But ‘A Flame of Love’ Lady evoked fiery memories of extravagantly decorated Madonna and adorned variations in not a few Central and South American Shrines and villages I had visited in past years.**

**St. Anastasia now has its ‘very own’ Flame of Love Lady offered to us and for us as a Devotional Pilgrim on a sustained spiritual journey. As a wanderer through life, I felt an intense attraction to Her Mission and to the actual physical representation I am so familiar with as I pray in a pew before but beneath Her each time I come to worship at St. Anastasia. You surely know the rest: She came, She saw, She conquered! I, a secular pilgrim, a lowly one on life’s spiritual journey did not even have enough sense to realize my need, how very pathetic was the state in which I floundered. Mary’s presence imbued the very air I breathed, strengthening me, yes, caressing my soul, soothing my physical frailty. Anyone who gives Mary, The Flame of Love, an entry into home, head, and heart, brings Our Lord as well. You will never be the same, nor will you wish to be! ‘O Blessed Lady, Spread the effect of Grace of Thy Flame of Love over all of Humanity.’ Dare to become Enflamed!” M.C.**

**"I loved having the Flame of Love Pilgrim Virgin Statue in my home. Peace permeated the room, my home and my heart. I prayed with our Mother and shared all my secrets with her. I know she entrusted everything I gave to her to Our Lord on behalf of my family. I hope to invite her into my home again this year to share with my family. Whether they pray or not, I do, and the effects of grace of the Flame of Love will manifest slowly and powerfully in all our hearts. I'm so grateful to Jesus for sharing his Mother with us!" P. D.**

**"Did you ever need to pray someone 'out' of your life because they were a bad influence on you? Did you ever need to pray an addiction out of you and your household? Do you need help in your marriage? I did, and still do. Sometimes, you just need someone and something tangible to hold onto during the storms of life. For me and my household, it was Our Lady in the Flame of Love Pilgrim Virgin Statue. Our Lady always brings Jesus, who is the Flame of Love. I can say the Flame of Love burned away much pain and left behind new birth, new life, and more hope!" Anonymous**

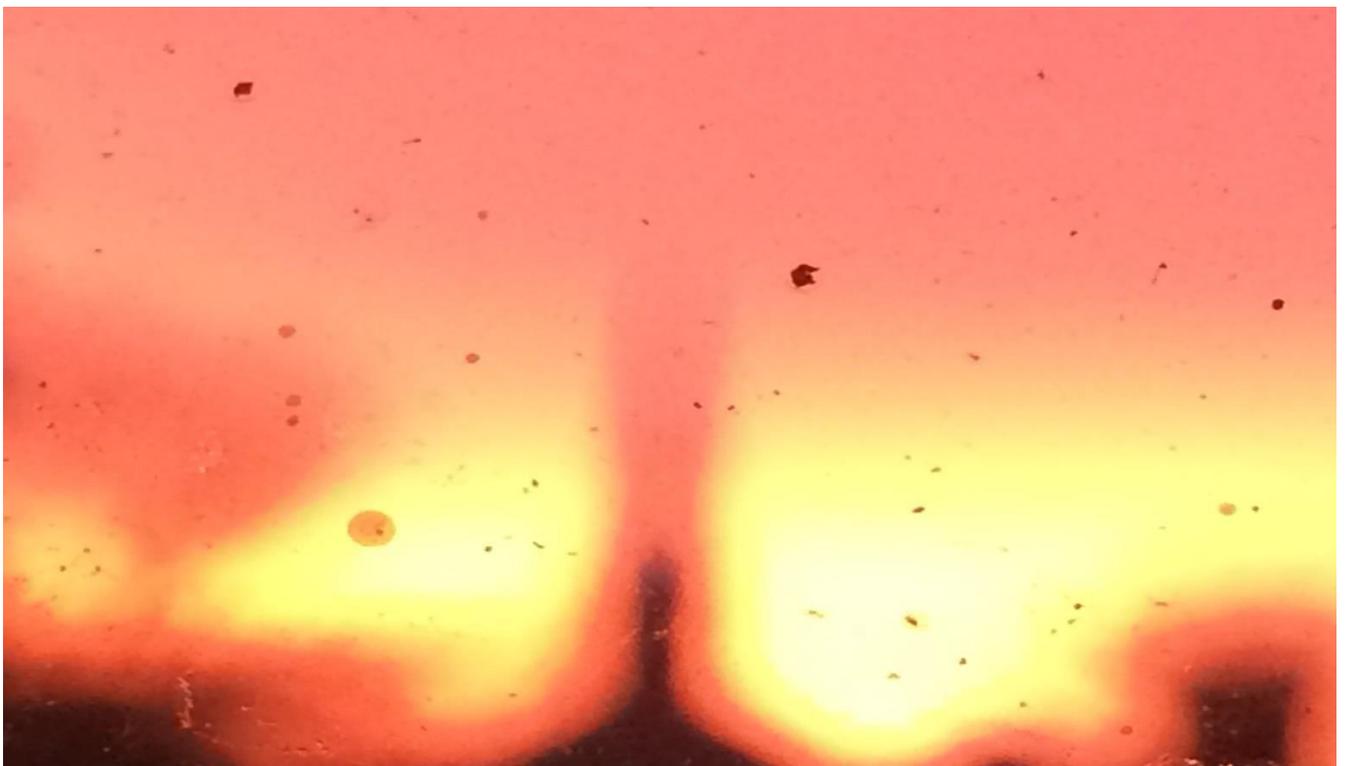
**"I pray you receive the same solace, peace and consolation bestowed upon me during Our Lady's sojourn in my home." M. C.**

**"The first day Our Lady was with me, I noticed a big difference in my daughter's mood. She was much more upbeat after a setback after surgery. During the week, I prayed the Holy Hour prayers, my daughter remained optimistic about her recovery. Actually, she has been encouraging me, rather than the other way around! Funny how Jesus and Mary work things out!" M. D.**

**\*\*\*The Flame of Love Pilgrim Virgin Statue is available to visit your home for a week! The unique promise of the Flame of Love (which is Jesus Himself), is to blind Satan and save souls. This is a signal grace God has given to us *"for such a time as this."* Please prayerfully consider inviting Our Lady into your home. Testimonies of peace, comfort, healing and hope abound with those who have opened their door to the Flame of Love Pilgrim Virgin Statue. More information about the Church-approved Devotion is available in the binder that accompanies the statue. To reserve your week, please go to SignUpGenius @ <https://www.signupgenius.com/go/10c084babaa2ea3ff2-theflame> or contact Clare @ 610-355-7798.\*\*\***

**May the Flame of Love of the Immaculate Heart of Mary  
burn brightly in all our hearts,  
and may we pass the Flame on to all we meet.  
Amen!**

After three years of Flame of Love Cenacles @ St. Anastasia Church, steeple pictures were taken by a parishioner on November 6, 2018 to be used in display for the parish ministry fair. Three pictures were taken consecutively. Pictures 2 & 3 appear to show the steeple ablaze with fire embers moving from one picture to the next. For your discernment.



**LUKE 12:49:**

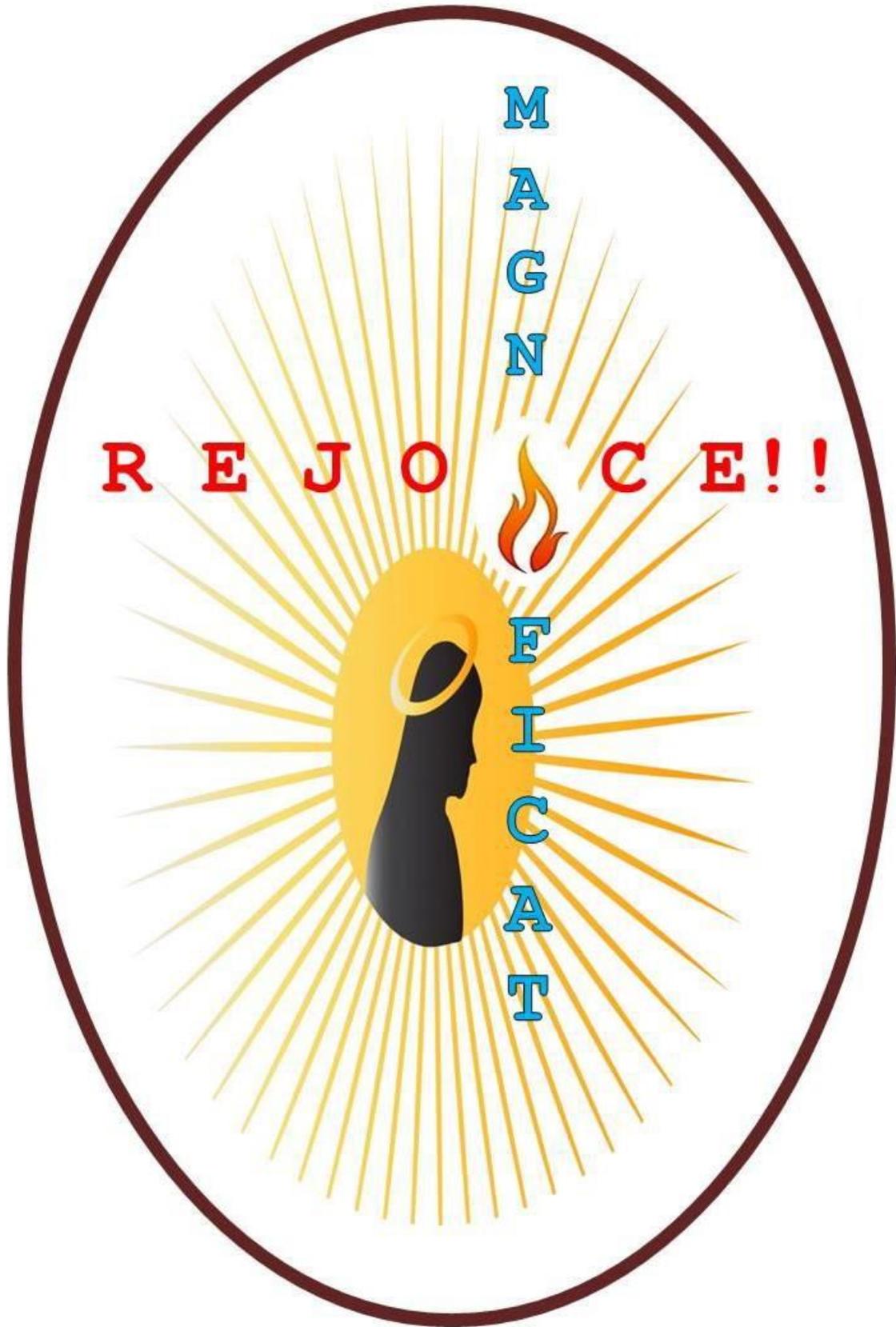
***"I CAME TO CAST FIRE UPON THE EARTH;***



***...AND WOULD THAT IT WERE ALREADY KINDLED!"***

**St. Anastasia Flame of Love Cenacles:  
Monday-Saturday after 8:00 AM mass in Chapel.  
Thursday evening 7:30-8:30 in Church.  
Friday afternoon 3:00-4:00 in Chapel. All are welcome!**

Section II



## **FLAME OF LOVE FEAST DAY – FEBRUARY 2** **THE FEAST OF CANDLEMAS**

**VIRGIN MARY:** *“On the feast of Candlemas, my beloved sons will introduce the Flame of Love of my heart in procession, so that, in such fashion, it becomes a living fire in the hearts, in the souls. Everything must be prepared in such a way that it spreads like wildfire.”*

(Excerpts from the Spiritual Diary of Elizabeth Kindelmann p. 39)

February 2<sup>nd</sup> is also the Feast Day of the Presentation of the Lord, the Feast Day of the Purification of the Blessed Virgin Mary and the Feast Day of Our Lady of Good Success. Is this all a coincidence? Is there a deeper meaning here? Why would the Mother of God make a personal request to have the Feast Day for Our Lady of Good Success and the Flame of Love be the same date of February 2<sup>nd</sup>?

Listed below are points made by Fr. James Blount, SOLT in his homily at Malvern Retreat House on July 26, 2019 for the Flame of Love National Conference.

- The Blessed Mother appeared to a cloistered Conceptionist sister, Mother Mariana de Jesus Torres, in Quito, Ecuador between 1582-1634.
- The messages given to Mother Mariana, approved by the Church, describe the difficult days of crisis we find ourselves living in the Catholic Church and society today. However, the Blessed Mother promises to bring victory to the world!
- When it appears as though the enemy has won, Our Blessed Mother will come down from Heaven with Jesus and chain Satan in hell.
- There is a link between the same day of February 2<sup>nd</sup> for both Feast Days for Our Lady of Good Success and the Flame of Love.
- The Victory promised by Our Lady of Good Success in Quito, Ecuador on 2<sup>nd</sup> of February almost 500 years ago would be fulfilled on the 2<sup>nd</sup> of February through the messages given to Elizabeth Kindelmann between 1961-1981 for the Flame of Love!
- The Flame of Love fulfills Mary’s promise to bring Victory to the world!
- Jesus is the Flame of Love. It is His nature to burn as He is a Living Flame.
- Jesus desires to transform us into Flames of Fire.
- The Flame of Love is Eucharistic. All of the above goes back to the Mass.
- The Triumph of the Immaculate Heart of Mary is the Eucharistic Heart of Jesus!
- Do not lose hope! Mama says to double your prayers now! Blind Satan with prayer!
- Let us put on the armor of God! Let us take up our Flame of Love Rosary and pray asking Our Lady of Good Success to hasten Heaven’s Victory over Satan.
- We will see the Effects of Grace of the Flame of Love!
- *“I grant to all the grace to see the results of their labors on behalf of my Flame of Love in each soul, in your country and in the entire world. You, who are laboring and making sacrifices for the prompt outpouring of My Flame of Love, you will see it.”*  
---The Blessed Virgin Mary to Elizabeth Kindelmann Compendium excerpt p. 85

## **NOVENA TO OUR LADY OF GOOD SUCCESS**

### **\*Hail Mary Most Holy, Beloved Daughter of God the Father**

Through the intercession of Mother Mariana de Jesus Torres,  
grant thy good success to this request (name request).

Our Father, Hail Mary, Glory Be...

Saint Michael, pray for us.

### **\*Hail Mary Most Holy, Admirable Mother of God the Son**

Through the intercession of Mother Mariana de Jesus Torres,  
grant thy good success to this request (name request).

Our Father, Hail Mary, Glory Be...

Saint Gabriel, pray for us.

### **\*Hail Mary Most Holy, Most Faithful Spouse of the Holy Ghost**

Through the intercession of Mother Mariana de Jesus Torres,  
grant thy good success to this request (name request).

Our Father, Hail Mary, Glory Be...

Saint Raphael, pray for us.

### **\*Hail Mary Most Holy, Temple and Sacrament of the Most Holy Trinity**

St. Michael, St. Gabriel, St. Raphael, pray for us.

Our Lady of Good Success,  
thou who art the all-powerful intercessor before the Most Holy Trinity,  
deign to hear and answer my request,  
so long as it contributes to the salvation of my soul  
and the glory and exaltation of Holy Mother Church.

Hail Holy Queen...

Amen.

*There is a link between the same day of February 2<sup>nd</sup> for both Feast Days for Our Lady of Good Success and the Flame of Love. The same day was a special request of Our Lady!*

*Flame of Love Feast Day*



*February 2nd*

*Our Lady of Good Success Feast Day*



*February 2nd*



*St. Michael*



*St. Gabriel*



*St. Raphael*

*Pray For Us*

## **Prayers that are essential to the Flame of Love Movement:**

### **Prayer # 1: Make the Sign of the Cross Five Times**

*Jesus told Elizabeth, "A great battle awaits you, but you will conquer in the sign of the cross. When you make the cross, think of the three Divine Persons. Make the sign of the cross five times, while thinking of my Five Wounds. Always look at my eyes bathed in blood. Tell everyone all that I tell you." (p. 17)*

- *Our Prayer Cenacles of Reparation begin and end by making the sign of the Cross 5 times with meditation on the 5 Wounds as Jesus requested.*

### **Prayer #2: The Prayer of Jesus (The Unity Prayer)**

My Adorable Jesus,

May our feet journey together.  
May our hands gather in unity.  
May our hearts beat in unison.  
May our souls be in harmony.  
May our thoughts be as one.  
May our ears listen to the silence together.  
May our glances profoundly penetrate each other.  
May our lips pray together to gain mercy from the Eternal Father.

*Jesus said, "Through this prayer, Satan will be blind and souls will not be led into sin." (p. 25)  
The Lord explained, "Satan being blind signifies a worldwide triumph of my Sacred Heart, the freedom of souls and a full opening of the road of salvation." (p. 87)*

### **Prayer #3: The Hail Mary: The Addition of the Important Petition**

Hail Mary, full of grace, the Lord is with Thee,  
blessed are Thou among women,  
and blessed is the fruit of Thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners,  
**spread the effect of grace of Thy Flame of Love over all of humanity,**  
now and at the hour of our death. Amen.

*For a long time, I did not dare to record Our Lady's petition, "When you pray the Hail Mary, include the following petition, 'Spread the effect of grace of thy Flame of Love over all of humanity.'" When the bishop asked why this should be done, Jesus explained, "Because of the Holy Virgin's efficacious pleas, the Most Blessed Trinity granted the outpouring of the Flame of Love. For her sake, you must place this prayer in the Hail Mary" (February 2, 1982).  
Mary said, "I want to awaken humanity by this petition. This is not a new formula but a constant supplication." (p.45-p.46)*

# St. Michael Chaplet



*Saint Michael The Archangel, Protect Us!*

## CHAPLET of ST. MICHAEL

*Saint Michael, appearing one day to Antonia d'Astonac, a most devout Servant of God, told her that he wished to be honored by nine salutations corresponding to the nine Choirs of Angels, which should consist of one Our Father and three Hail Marys in honor of each of the angelic choirs.*

1. By the intercession of St. Michael and the celestial Choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. Amen.
2. By the intercession of St. Michael and the celestial Choir of Cherubim, may the Lord vouchsafe to grant us grace to leave the ways of wickedness to run in the paths of Christian perfection. Amen.
3. By the intercession of St. Michael and the celestial Choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. Amen.
4. By the intercession of St. Michael and the celestial Choir of Dominions, may the Lord give us grace to govern our senses and subdue our unruly passions. Amen.
5. By the intercession of St. Michael and the celestial Choir of Powers, may the Lord vouchsafe to protect our souls against the snares and temptations of the devil. Amen.
6. By the intercession of St. Michael and the celestial Choir of Virtues, may the Lord preserve us from evil and suffer us not to fall into temptation. Amen.
7. By the intercession of St. Michael and the celestial Choir of Principalities, may God fill our souls with a true spirit of obedience. Amen.
8. By the intercession of St. Michael and the celestial Choir of Archangels, may the Lord give us perseverance in faith and in all good works, in order that we gain the glory of paradise. Amen.

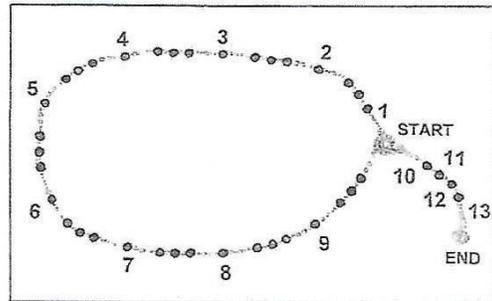
## Promises of St. Michael

*Whosoever would practice this devotion in his honor, before receiving Holy Communion, would have an escort of nine angels chosen from each one of the nine choirs. In addition, for the daily recital of these nine salutations, he promised his continual assistance and that of all the holy angels during life, and, after death, deliverance from purgatory for themselves and their relations.*

*Related from the life of Antonia d'Astonac,  
Vol. III Chapter LXXIV.*

Make a sincere Act of Contrition (page 15), and pray the following invocation on the medal:

- O God, come to my assistance.
- O Lord, make haste to help me.
- Glory be to the Father (page 78)



Follow the diagram: 1-9, say one Our Father and three Hail Marys after each of the following nine salutations in honor of the nine choirs of angels.

9. By the intercession of St. Michael and the celestial Choir of Angels, may the Lord grant us to be protected by them in this mortal life and conducted hereafter to eternal glory. Amen.

On the remaining 4 beads say, one Our Father each in honor of St. Michael, St. Gabriel, St. Raphael and your Guardian Angel.

*The chaplet is concluded with the following prayers:*

O glorious Prince St. Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King, and our admirable conductor, thou who dost shine with excellence and superhuman virtue, vouchsafe to deliver us from all evil, who turn to thee with confidence, and enable us by thy gracious protection to serve God more and more faithfully every day.

V. Pray for us, O glorious St. Michael, Prince of the Church of Jesus Christ.

R. That we may be made worthy of His promises.

Almighty and Everlasting God, who by a prodigy of goodness and a merciful desire for the salvation of all men, hast appointed the most glorious Archangel, St. Michael, Prince of Thy Church, make us worthy, we beseech Thee, to be delivered by his powerful protection from all our enemies, that none of them may harass us at the hour of death, but that we may be conducted by him into the august presence of Thy Divine Majesty. This we beg through the merits of Jesus Christ Our Lord. Amen.

*Indulged by Blessed Pope Pius IX.  
Imprimatur: Constantis, Feb. 1897, ABEL, Episc. Const. et Abr.*

## Prayers Recommended by Fr. James Blount, SOLT

On June 19, 2013, Archbishop Angelo Becciu, Secretary of State Office, Vatican, conveys, "His Holiness, Pope Francis, invoking the protection of the Immaculate Heart of Mary, is pleased to impart his Apostolic Blessing, which he extends to the Movement of 'The Flame of Love of the Immaculate Heart of Mary.'" First, Fr. Blount recommends that you have Masses celebrated for the intergenerational healing of your family and thanksgiving.

### PRAYER FOR RELEASE FROM ANCESTRAL CURSES:

Catholic Prayer for the Release from Ancestral Curses; revealed to Barnabas Nwoye:

*Eternal Father, You are the Only Immortal God, God Who is Love, merciful and kind.*

*Look at Your only-begotten Son, Jesus Christ, and have mercy.*

*I offer You the pains of His scourging at the pillar, His Wounds and Blood for all Your people who are living under the weight of the curse due to the sins of their ancestors and their disobedience for breaking the covenant they made with You. May you set us free through the scourging of Your Son, heal us through His Wounds and save us through His Precious Blood. Amen.*

*Precious Blood of Jesus Christ - release us from curses.*

*Holy Wounds of Jesus Christ - heal our wounds.*

*By Your scourging - seal us. Amen.*

"All who are under curses and constantly say this prayer shall be free from their curses. Any family that is suffering from the curse of sins committed by their forefathers, who makes a 144-day novena through this prayer, will be freed. All who break a covenant and are supposed to die shall be saved and also be released from their curse if they constantly say this prayer and repent. My children, how terrible will it be to fall into God's anger! Turn from your sins and live. I love you all. Be healed."

### THE FIAT OF THE ETERNAL FATHER

say every morning

*My Beloved Father*

*Thy will be done on earth as it is in Heaven.*

*Be Thou my Father. Be always my Eternal Father. Do not leave my soul. Do not abandon me. Do not leave me out of Your sight, my Father, for I am Your child, whom You have created to please You, to adore You, to honor You, living my days as You have given me the license to live it.*

*(I offer up this Fiat through Mary, to Jesus, to You, Eternal Father.)*

"Day after day, my children, say that in your mind. That will be the way you will say your FIAT to your Father. And I your Father will open My arms like this (and He stretched out his arms) and I everyday will gather you in My arms and I will hold you and I will rock you as your BELOVED MOTHER (Blessed Mother) rocks each baby in her arms. For yes, you are My children. Remember the FIAT of each day as you live.

As you do this from the beginning of the day, I promise you, My children, I guarantee you I will cover you in My arms. I will send you My angels with St. Michael to protect you and all the saints of your baptisms and of your devotions to be with you during the day to guide you and assist you.

I promise you, you will feel the power of My great LOVE for you that I will send you day in and day out. But you have to offer me - everyday - as you get up in the morning - that FIAT."

Mary's Call • 12400 Olive • Kansas City, MO 64146  
816-942-9783 • Fax 816-942-4313 • raymc777@yahoo.com



### THE UNITY PRAYER

**My Adorable Jesus,  
May our feet journey together.  
May our hands gather in unity.  
May our hearts beat in unison.  
May our souls be in harmony.  
May our thoughts be as one.  
May our ears listen to  
the silence together.  
May our glances  
profoundly  
penetrate each other.  
May our lips pray together to  
gain mercy from the Eternal Father.  
Amen.**

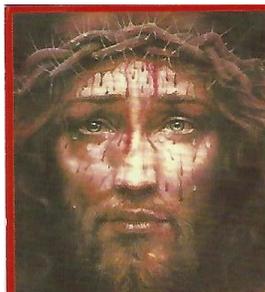


**O BLESSED LADY,  
SPREAD THE EFFECT OF GRACE OF THY  
FLAME OF LOVE OVER ALL OF HUMANITY**

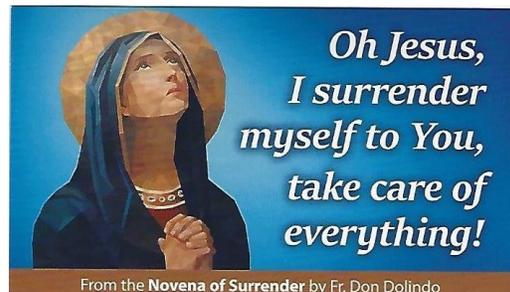


[www.flameoflove.us](http://www.flameoflove.us)

[www.llamadeamor.org](http://www.llamadeamor.org)



**MOST PRECIOUS  
BLOOD  
OF JESUS CHRIST,  
SAVE US AND THE  
WHOLE WORLD.**



**Oh Jesus,  
I surrender  
myself to You,  
take care of  
everything!**

From the **Novena of Surrender** by Fr. Don Dolindo

**O Jesus I Surrender Myself to You**  
A Prophet of our Time Don (Fr) Dolindo Ruotolo

On November 19, 1970 Don (Fr) Dolindo Ruotolo died at the age of 88. Padre Pio once said of this priest from Naples, Italy, "The whole of paradise is in your soul." His name "Dolindo" means "Pain" and his life was rich with this pain. As a child, a teenager, a seminarian and a priest, he experienced humiliation, which was the realization of the prophetic words of a bishop who said "You will be a martyr, but in your heart, not with your blood."

In his profound humility, he was able to hear the words of God. Even with his hidden life he was one of the greatest prophets of the last century. He wrote to Bishop Hnilica in 1965 that a new John will rise out of Poland with heroic steps to break the chains beyond the boundaries imposed by the communist tyranny. On this postcard, he wrote words of consolation for Poland and all the countries suffering under the communist regime. This prophecy was realized in the papacy of John Paul II.

In his tremendous suffering, Dolindo became more and more a child who lived his self-offering to the Divine Father. "I am totally poor, a poor nothing. My strength is my prayer, my leader is the will of God which I let take me by the hand. My security over the uneven path is the heavenly mother Mary."

One of the treasures from the words which Jesus spoke to Dolindo was the teaching about total abandonment to God. In this novena, Jesus is talking to Don Dolindo and also to you.

Words of Jesus to Don Dolindo Ruotolo

**Day 1**

Why do you confuse yourselves by worrying? Leave the care of your affairs to me and everything will be peaceful. I say to you in truth that every act of true, blind, complete surrender to me produces the effect that you desire and resolves all difficult situations.

O Jesus, I surrender myself to you, take care of everything! (10 times)

**Day 2**

Surrender to me does not mean to fret, to be upset, or to lose hope, nor does it mean offering to me a worried prayer asking me to follow you and change your worry into prayer. It is against this surrender, deeply against it, to worry, to be nervous and to desire to think about the consequences of anything. It is like the confusion that children feel when they ask their mother to see to their needs, and then try to take care of those needs for themselves so that their childlike efforts get in their mother's way.

Surrender means to placidly close the eyes of the soul, to turn away from thoughts of tribulation and to put yourself in my care, so that only I act. Saying "You take care of it."

O Jesus, I surrender myself to you, take care of everything! (10 times)

**Day 3**

How many things I do when the soul, in so much spiritual and material need turns to me, looks at me and says to me; "You take care of it," then close its eyes and rests. In pain you pray for me to act, but that I act in the way you want. You do not turn to me, instead, you want me to adapt to your ideas. You are not sick people who ask the doctor to cure you, but rather sick people who tell the doctor how to. So do not act this way, but pray as I taught you in the Our Father: "Hallowed be thy Name", that is, be glorified in my need. "Thy kingdom come", that is, let all that is in us and in the world be in accord with your kingdom. "Thy will be done on Earth as it is in Heaven", that is, in our need, decide as you see fit for our temporal and eternal life.

If you say to me truly: "Thy will be done". Which is the same as saying: "You take care of it". I will intervene with all my omnipotence, and I will resolve the most difficult situations.

O Jesus, I surrender myself to you, take care of everything! (10 times)

#### **Day 4**

You see evil growing instead of weakening? Do not worry, Close your eyes and say to me with faith: "Thy will be done, You take care of it." I say to you that I will take care of it, and that I will intervene as does a doctor and I will accomplish miracles when they are needed. Do you see that the sick person is getting worse? Do not be upset, but close your eyes and say "You take care of it." I say to you that I will take care of it, and that there is no medicine more powerful than my loving intervention. By my love, I promise this to you.

O Jesus, I surrender myself to you, take care of everything! (10 times)

#### **Day 5**

And when I must lead you on a path different from the one you see, I will prepare you; I will carry you in my arms; I will let you find yourself, like children who have fallen asleep in their mother's arms, on the other bank of the river. What troubles you and hurts you immensely are your reason, your thoughts and worry, and your desire at all costs to deal with what afflicts you.

O Jesus, I surrender myself to you, take care of everything! (10 times)

#### **Day 6**

You are sleepless; you want to judge everything, direct everything and see to everything and you surrender to human strength, or worse- to men themselves, trusting in their intervention,- this is what hinders my words and my views. Oh how much I wish from you this surrender, to help you and how I suffer when I see you so agitated! Satan tries to do exactly this: to agitate you and to remove you from my protection and to throw you into the jaws of human initiative. So, trust only in me, rest in me, surrender to me in everything.

O Jesus, I surrender myself to you, take care of everything! (10 times)

#### **Day 7**

I perform miracles in proportion to your full surrender to me and to your not thinking of yourselves. I sow treasure troves of graces when

you are in the deepest poverty. No person of reason, no thinker, has ever performed miracles, not even among the saints. He does divine works whosoever surrenders to God. So don't think about it any more, because your mind is acute and for you it is very hard to see evil and to trust in me and to not think of yourself. Do this for all your needs, do this all of you and you will see great continual silent miracles. I will take care of things, I promise this to you.

O Jesus, I surrender myself to you, take care of everything! (10 times)

#### **Day 8**

Close your eyes and let yourself be carried away on the flowing current of my grace; close your eyes and do not think of the present, turning your thoughts away from the future just as you would from temptation. Repose in me, believing in my goodness, and I promise you by my love that if you say "You take care of it." I will take care of it all; I will console you, liberate you and guide you.

O Jesus, I surrender myself to you, take care of everything! (10 times)

#### **Day 9**

Pray always in readiness to surrender, and you will receive from it great peace and great rewards, even when I confer on you the grace of immolation, of repentance and of love. Then what does suffering matter? It seems impossible to you? Close your eyes and say with all your soul, "Jesus, you take care of it." Do not be afraid, I will take care of things and you will bless my name by humbling yourself. A thousand prayers cannot equal one single act of surrender, remember this well. There is no novena more effective than this:

"O Jesus, I surrender myself to you, take care of everything!"

O Jesus, I surrender myself to you, take care of everything! (10 times)

Mother, I am yours now and forever.

Through you and with you I always want to belong completely to Jesus.



## WHAT OUR LORD & OUR LADY WANT US TO DO DAILY

*First, PRAY for the GRACE to fast...*

**MONDAY** – “On Monday, **pray** for the **Holy Souls**, offering a strict **fast (until six)** and prayer during the night. Each time you fast, you will **free a priest’s soul from Purgatory**. Whoever practices this fast will themselves be freed within eight days after their death.”

**TUESDAY** – “On Tuesday, **pray** for the **family** and **make spiritual communions** for each member. My Mother will take each under her protection. Offer night prayer for them. Invoke St. Joseph every day. He will help you.”

**WEDNESDAY** – “On Wednesday, **pray** for **priestly vocations**. Many young men have these desires, but they do not meet anyone to help them to gain the goal. Your night vigil will gain abundant graces.”

**THURSDAY** – “On Thursday, **make reparation to the Blessed Sacrament**. Offer the strict fast **(until six)** and night prayer for the twelve priests.”

**FRIDAY** – “On Friday, immerse yourself in My Sacred Passion. During the day, meditate on the Way of the Cross. From noon to three, adore My Sacred Wounds.” (Note, this can be done even at work or school.) **(Fast until I expired at three o’clock.)**

**SATURDAY** – “On Saturday, venerate My Mother in a special way. Seek the grace of a holy death for priests in their final agony. Priest souls in heaven will intercede for you.”

**SUNDAY** – Concerning Sunday, the Redeemer gave no specific instructions.

- Excerpts from the ***Flame of Love Diary*** (simplified version), p.18

*Last, join a Flame of Love Prayer Cenacle! Keep fanning the Flame!*

## A Spiritual Communion

### To Make for Each Member of Your Family

Jesus asked for this in the simplified version of the *Flame of Love Diary*, p.18:

*“On Tuesday, pray for the family and make spiritual communions for each member. My Mother will take each under her protection. Offer night prayer for them. Invoke St. Joseph every day. He will help you.”*

*My Jesus, help (name of family member) to believe deeply  
that Thou art truly present in the Most Blessed Sacrament.  
Grant him/her to love Thee above all things and to long for thee in his/her soul.  
If he/she cannot now receive Thee sacramentally,  
please come at least spiritually into his/her heart.  
Inspire him/her to embrace Thee, and to unite himself/herself entirely to Thee.  
Never permit him/her to be separated from Thee. Amen.*

### Prayer to St. Joseph

St. Joseph, protect our home.  
Pour fourth heaven’s blessings upon each member of our family.  
Remain in our midst.  
Help us to live in love, harmony, peace, joy, prayer and faith.  
May the wholesome fear of God strengthen us,  
that virtue may adorn what we do, and our way may lead to heaven.  
To you this day, I give the key to our dwelling place.  
Lock out all things that could do us harm.  
Lock my home and loved ones in the Hearts of Jesus and Mary.  
This I beg of you, that our days may be like your days  
in the holy home of Nazareth. Amen.

## Prayers

### Daily Consecration Prayer

By Fr. Michael E. Gaitley, MIC

I, \_\_\_\_\_, a repentant sinner, renew and ratify today in your hands, O Immaculate Mother, the vows of my Baptism. I renounce Satan and resolve to follow Jesus even more closely than before.

Mary, I give you my heart. Please set it on fire with love for Jesus. Make it always attentive to his burning thirst for love and for souls. Keep my heart in your most pure Heart that I may love Jesus and the members of his Body with your own perfect love.

Mary, I entrust myself totally to you: my body and soul, my goods, both interior and exterior, and even the value of all my good actions. Please make of me, of all that I am and have, whatever most pleases you. Let me be a fit instrument in your immaculate and merciful hands for bringing the greatest possible glory to God. If I fall, please lead me back to Jesus. Wash me in the blood and water that flow from his pierced side, and help me never to lose my trust in this fountain of love and mercy.

With you, O Immaculate Mother – you who always do the will of God – I unite myself to the perfect consecration of Jesus as he offers himself in the Spirit to the Father for the life of the world. Amen.

To Jesus through Mary



Morning Glory Consecration Prayer  
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Immaculate Conception of the B.V.M.

### ACT OF CONSECRATION OF THE FAMILY TO THE DIVINE MERCY

O Jesus, you showed us your infinite compassionate love by exhausting the very last drop of blood and water from your body. From this day forward, with full confidence, we entrust our families to your Divine Mercy. We abandon our past, our present and our future. We place into your wounds all of our wounds which are caused by lack of love, understanding and trust. Jesus, expel Satan and all evil from our families, free us from the consequence of sin and protect us from further harm. Heal our wounds. May our families learn to venerate your Divine Image that they will never perish but experience your loving mercy. Amen.

Imprimatur + John J Myers, D.D., J.C.D.,  
Archbishop of Newark, New Jersey 07/12/2013  
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### Daily Offering Prayer

O my Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart in union with the Holy Sacrifice of the Mass throughout the world, in reparation for sins, for the intentions of my family and friends, for the Holy Father, the Church and the souls in purgatory.

Thank You Lord for all Your gifts and blessings. Please keep us safe today in Your love and grace, through the intercession of our Blessed Mother Mary and all the angels and saints. Amen.

### Forgiveness

And Jesus said, "Father, forgive them, for they know not what they do..." Luke 23:34

#### Forgiveness is a decision, not a feeling.

Say: "I forgive you, \_\_\_\_\_, in the Name of Jesus Christ, now and forever."

#### Bless the person who hurt or offended you.

Say: "Lord Jesus, bless \_\_\_\_\_, richly, now and forever."

#### Give thanks to God for allowing the wound.

Say: "I thank You, Lord, and I thank you, \_\_\_\_\_, for this wound, which I beg You, O Lord, to unite to Your most holy wounds, for it is by Your wounds that we are healed." Isaiah 53:5, 1 Peter 2:24

#### Praise God, who allowed it to happen because He loves you.

Say: "I praise You, Lord, and I glorify You for Your heavenly plan to save me and lead me to perfect joy! Thank you, Lord!"

Fr. James Blount, S.O.L.T.

### Prayer for Priests

Ever-living God and Father of us all,  
you give to your Church the Priesthood of your Son, Jesus,  
and by the power of the Holy Spirit,  
you provide holy priests for a holy people.

We pray for all our priests,  
who announce the Word of God  
and celebrate the Sacraments,  
for those who are young and those who are old,  
for those who serve in difficult and trying circumstances,  
for those who are faithful and those who are faltering, and  
for those who have died.

We entrust all our priests to the Sacred Heart of Jesus  
and to the Immaculate Heart of Mary,  
that they may persevere with fidelity  
to you and to your Church.

With Saint John Vianney, patron of priests,  
we pray that our priests may never fail to lead us to you.

We ask this through Christ our Lord.  
Amen.



Holy Priests for a Holy People  
The Archdiocese of Philadelphia  
Observance of the Year of the Priest

# Litany of Humility

O Jesus! meek and humble of heart, Hear me.

From the desire of being esteemed,

**Deliver me, Jesus.**

From the desire of being loved...

From the desire of being extolled ...

From the desire of being honored ...

From the desire of being praised ...

From the desire of being preferred to others...

From the desire of being consulted ...

From the desire of being approved ...

From the fear of being humiliated ...

From the fear of being despised...

From the fear of suffering rebukes ...

From the fear of being calumniated ...

From the fear of being forgotten ...

From the fear of being ridiculed ...

From the fear of being wronged ...

From the fear of being suspected ...

That others may be loved more than I,

**Jesus, grant me the grace to desire it.**

That others may be esteemed more than I ...

That, in the opinion of the world,

others may increase and I may decrease ...

That others may be chosen and I set aside ...

That others may be praised and I unnoticed ...

That others may be preferred to me in everything...

That others may become holier than I, provided that I may become as  
holy as I should...





## **Prayer to Our Lady of Sorrows for the Souls in Purgatory**

*O Most Blessed Virgin Mary, my Mother,  
I turn to you in supplication and by that sword  
which pierced your sorrowful heart  
at beholding your beloved Son, Jesus Christ,  
suffer on the cross, I pray and ask thee  
to help the holy souls in Purgatory and  
particularly those for whom I now pray N.N.*

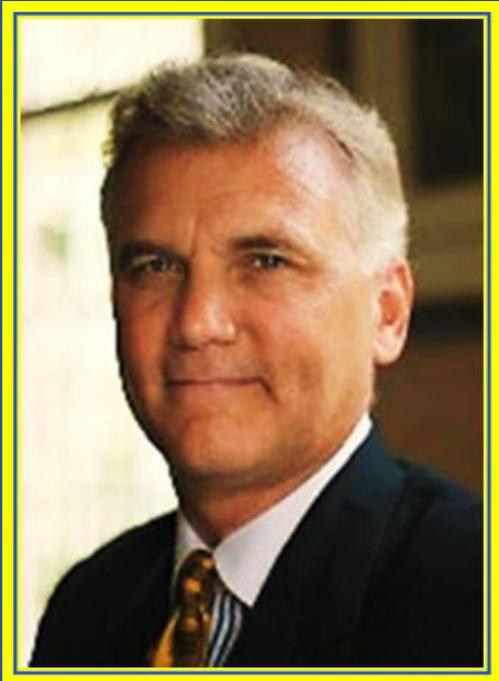
*Mother of Sorrows, Queen of Martyrs,  
for the love of your Divine Son  
whose Precious Blood was shed for us,  
help us, who are in danger*

*not only of falling into Purgatory  
but of losing our souls forever in hell,  
with your powerful intercession.  
O Mary our Mother, Mother of Grace,  
Mother of Mercy, pray for us  
now and at the hour of our death.*

*O Eternal Father,  
through the most Precious Blood of Jesus  
and through the Sorrows of Mary,  
have pity upon the holy souls in Purgatory.  
Amen*

# Introspections

**ANTHONY MULLEN  
FORMER NATIONAL DIRECTOR**



**THE FLAME OF LOVE  
OF THE IMMACULATE HEART  
OF MARY**

**Tony Mullen  
1956 – 2018**

In memory of our dear friend in Christ,  
who took the first steps in the  
Flame of Love Movement in our country,  
We kneel in thanksgiving to Our Lord,  
For your leadership, your guidance,  
Your discernment, and your peace.

It gives us great Joy for the  
Vision and Love you shared with us;  
So we may follow in your footsteps.

As we journey on in this mission,  
We trust God to draw others to this walk.  
May the Light of the Flame of Love lead us.  
May we embrace the Holy Spirit to guide us.  
May we be enriched by the graces flowing  
From our Blessed Mother's heart.

Dear Tony, we ask for your intercession.

We plea for protection from above.

We beg for strength and courage  
To carry this Flame to whom the Lord calls...  
Knowing that we are Children of the Father  
Consecrated to bring His Grace, His Mercy,  
And His Love to our brothers and sisters  
In this Family of God. We pray in unity that  
Thy Divine Will be done. Amen.

*myconsecration.org  
flameoflove.us*

Rejoice! Oh Highly Favored Children Of Our Mother,  
For Your Reward In Heaven  
For All Eternity Will Be Great!

Onward We March Together Behind Our Mother  
And Our Adorable Jesus!

Mother, We Ask You Today, As We Bask In The Joy Of  
The Flame Of Love To Send Even More Extraordinary  
Blessings Through Your Flame Of Love Grace  
On Each One Of Us And All Humanity!

Our Souls Magnify The Lord And Our Spirits Rejoice In God, Who Is Our Savior!



We dedicate this Flame of Love Prayer Book  
to the Most Blessed Trinity and the Immaculate Heart of Mary,  
as well as St. Joseph, Terror of Demons.

We acknowledge St. Anastasia's Quarantined Class of 2020!  
We pray for abundant graces and blessings  
for them and their families.



Raj Johnson entered into Eternal Life on 8/16/21.  
Raj was a faithful prayer warrior, (along with his wife Lovely),  
in our Flame of Love cenacles. We can be assured of his  
continued intercession for our parish family!

Eternal Rest grant unto Raj, O Lord,  
and let perpetual light shine upon him.  
May his soul and all the souls of the faithful departed  
through the Mercy of God, Rest in Peace. Amen!

**Third Printing – August 22, 2021**  
**Feast of The Queenship of Mary**

**HELPERS IN THE CAUSE  
COMPENDIUM PAGE 85:**

**“PUT IMMEDIATELY INTO ACTION THE OUTPOURING OF GRACES OF MY FLAME OF LOVE. TO YOUR GROUP, I GIVE A WONDERFUL STRENGTH TO ALL AND TO EACH ONE IN PARTICULAR. YOUR RESPONSIBILITY IS GREAT BUT YOUR WORK WILL NOT BE IN VAIN. THERE MUST NOT BE A SINGLE SOUL MISSING IN THIS COMMON EFFORT.”**

**“DO NOT BE PASSIVE ABOUT MY SACRED CAUSE: IT WILL BE THROUGH THE FEW, THE LITTLE ONES, AND THE HUMBLE THAT THIS GREAT OUTPOURING OF GRACES THAT MUST BEGIN WHICH WILL SHAKE THE WORLD. NONE OF THOSE CALLED MUST EXCUSE THEMSELVES OR REFUSE MY INVITATION. ALL OF YOU ARE MY LITTLE INSTRUMENTS.”**

**“I GRANT TO ALL THE GRACE TO SEE THE RESULTS OF THEIR LABORS ON BEHALF OF MY FLAME OF LOVE IN EACH SOUL, IN YOUR COUNTRY AND IN THE ENTIRE WORLD. YOU, WHO ARE LABORING AND MAKING SACRIFICES FOR THE PROMPT OUTPOURING OF MY FLAME OF LOVE, YOU WILL SEE IT.”**

**“NOW THAT MY FLAME OF LOVE HAS CONQUERED YOUR SOUL, YOU MUST SEEK WITH ALL YOUR MIGHT EVERYTHING I HAVE ENTRUSTED YOU. I GIVE TO EVERYONE THE POWER TO ACT. BY THE EFFECT OF GRACE OF MY FLAME OF LOVE, I WILL ENKINDLE A LIGHT IN YOUR SOUL SO THAT YOUR INITIAL TRUST REMAINS COURAGEOUS.”**