

## **Year 1 Practices**

### **Lifelong Discipleship Pathway**

#### **2023 – 2024**

*St. Joseph Church takes seriously Jesus' command to "go and make disciples of all nations." We are committed to helping our youth grow into lifelong disciples of Jesus. The following practices are intended to guide our youth into the fullness of life that Jesus offers. We as a church want to help our youth take up their crosses and follow Jesus.*

#### **1. DISCIPLESHIP or QUAD groups with a mentor**

- Disciples follow Jesus and learn from others who are following Jesus.
- Four students will gather weekly with a mentor.
- Youth may sign up for a Quad group with friends or meet new people.
- Quad group get togethers take place on scheduled weeks after Sunday Youth Mass or at a mutually convenient time for both youth and mentor.
- Quad group get togethers occur at the parish or at a public place such as a coffee shop or outdoor setting.

#### **2. Youth Mass**

- Disciples gather on the Lord's Day to hear the Word of God and to be nourished by the Bread of Life.
- Youth attend 5:30 pm Sunday Youth Mass each week. Parents and Mentors are welcome.
- From time to time, the mentor will invite the youth in his or her Quad to worship at another scheduled Sunday Mass. The youth may praise God with their Mentor at that other mass rather than attend that day's 5:30 pm Mass. The Mentor will keep track.

#### **3. Large Group Forums**

- Disciples gather together with other disciples to build one another up.
- All the Quads have the opportunity to gather together to share a formational experience.
- Two Large Group Forums are scheduled. Note that the schedule identifies if parents and/or sponsors are also expected to attend as part of the Discipleship Pathway.

#### **4. Christianity in Action**

- Disciples learn to "love one another."
- Mentors will invite the Youth to explore who their hearts break for, in other words, who do they have empathy for. Mentors will encourage the youth to figure out a way to collectively serve those people during the course of the year.

#### **5. Confirmation Retreats**

- Disciples have the opportunity to encounter Jesus during retreat experiences.
- Youth will have an overnight retreat during advent and a one-day retreat during Lent.
- Parents are expected to attend the information meeting for the Yr. 1 Confirmation Overnight Retreat.
- Overnight Retreat Date To Be Determined.

**6. Prayer**

- Disciples speak with and listen to Jesus the Lord.
- Mentors will share how they pray, inviting youth to practice prayer.

**7. Conversation of Faith**

- Disciples respond to the invitation of Jesus, the Lord.
- In the fall of 2023, Youth and their Parent(s) meet with their mentor and a Confirmation Team Member for a 20 – 30 minute Conversation of Faith to discern the youth's response to Jesus' invitation to be His disciple.
- This conversation may be scheduled through the Front Office

**REGISTRATION DETAILS**

**1. Completion and return of registration forms with \$100 program fee before Oct. 2, 2023**

- *Please fill out every line of the Registration form. Don't leave information blank.*

**2. Submission of a copy of Candidate's Baptism certificate and Birth Certificate**

- *To be turned in with Registration form.*

**3. Selection of a Confirmation Sponsor and submission of a completed Confirmation Sponsor Information Form due on Sunday, November 5, 2023**

- *Form can be found on the last page of the Registration packet.*

**4. Parents register for Adult Faith Formation. They may select either the *Salvation History Overview* or the *Introduction to the Liturgy*. (If parents have already completed one of these, they are encouraged to enroll in the other.)**