

PRESENTS
OUR LENTEN RETREAT

Open
to Me...

The Gates of Paradise

Saturday, February 28th, 2026

Retreat Schedule:

9:00 AM: Saturday of the Souls Liturgy

11:00 AM: Light Breakfast

11:30 -2:30PM Presentations and Breakout Discussions

2:45PM Late Lunch

Group Wrap up

4:00 PM Vespers

Our
Speaker:



This retreat invites participants to identify what hinders a deeper relationship with Christ and with one another. Through reflection on the inner work God asks of us, we will explore how ministry to young people begins with our own ongoing conversion - our openness to transformation, healing, and renewal in Christ. Rooted in the spirit of Great Lent, we will turn to the Church's life-giving practices of prayer, self-emptying, worship, and community, so that we may live more fully in Christ and offer an authentic witness to the young people entrusted to our care.

Alexis Pappas is Director of the Effective Christian Ministry Cohort and has served with ECM since 2020. She previously spent twelve years as Pastoral Assistant at Holy Trinity-Holy Cross Greek Orthodox Cathedral in Birmingham, Alabama. She holds master's degrees in business and health services administration and is a certified Catechesis of the Good Shepherd teacher. Rooted in Matthew 11:28, her ministry centers on sharing the love and rest found in Christ. She and her husband Peter serve with OCMC in Guatemala, and she is the mother of four adult children.

PLEASE R.S.V.P. to presvyteraharriet@gmail.com by Feb. 23, 2026

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