



SEPTEMBER 2019

St Mary's School

Lunch Prices

K-5 \$2.25

6-8 \$2.35

Monday

No School

Tuesday

Corn Dog
Peanut Butter Sandwich

Green Beans
Bush's Baked Beans
Strawberry Cups
Ice Cream

Wednesday

Chicken Tenders
Turkey & Cheese Sandwich

Cesar Salad
Whole Kernel Corn
Chilled Pears
WG Cheez-it Cracker

Thursday

Pasta w/Chicken Alfredo
& Bread Stick

Ham & Cheese Sandwich
Steamed Broccoli
Carrot Coins
Apples & Oranges

Friday

Cheese Dippers w/
Pizza Sauce

Peanut Butter & Jelly
Sandwich
Steamed Peas / Veggies & Dip
Applesauce
Jonny Pops

Chicken Nuggets

Peanut Butter Sandwich
Smiley Face Potatoes
Steamed Broccoli
Applesauce
Chocolate Chip / Cinnamon
Bites

Chicken Fajita
Ham & Cheese Sandwich

Garden Salad
Cheesy Refried Beans
Mixed Fruit
Whole Grain Cookie

Spaghetti w/ Meat Sauce
Turkey & Cheese Sandwich

Cesar Salad
Whole Kernel Corn
Diced Peaches
Whole Grain Breadstick

Hamburger on WG Bun
Ham & Cheese Sandwich

Lettuce and Tomato
Bush's Baked Beans
Sweet Potato Wedges
Grapes

Scrambled Eggs
Peanut Butter & Jelly
Sandwich

Cinnamon Pancakes
Green Beans
Fresh Veggies
Strawberry Cups & OJ Cup

Hot Dog on WG Bun
Peanut Butter Sandwich

Steamed Broccoli
Bush's Baked Beans
Diced Pears
Yogurt

Soft Shell Taco
Ham & Cheese Sandwich

Garden Salad
Carrot Coins
Applesauce
Chocolate Pudding

Chicken Patty on WG Bun
Turkey & Cheese Sandwich

California Blend Vegetables
Whole Kernel Corn
Apples & Oranges

Beef Nachos
Ham & Cheese Sandwich

Lettuce & Tomato
Refried Beans
Green Beans
Diced Peaches
Pretzel

Yogurt Parfait Bar
(Vanilla & Strawberry)

Peanut Butter & Jelly
Sandwich
Oven Roasted Potatoes
Fresh Veggies & Dip
Mandarin Oranges & OJ

Pepperoni or Cheese Pizza
Peanut Butter Sandwich

Cesar Salad
Bush's Baked Beans
Chilled Pears

Chicken & Gravy
Turkey & Cheese Sandwich

Mashed Potatoes
Steamed Peas
Mixed Fruit
Whole Grain Bread Slice

Sloppy Joe on WG Bun
Ham & Cheese Sandwich

Whole Kernel Corn
Carrot Coins
Pineapple Tidbits
Sports Bites/Goldfish Graham

Orange Chicken
w/Brown Rice

Ham & Cheese Sandwich
Steamed Asian Veggies
Green Beans
Dice Peaches
Whole Grain Cookie

Grilled Cheese Sandwich
Peanut Butter & Jelly
Sandwich

Tomato Soup
Fresh Veggies & Dip
Applesauce
Goldfish Crackers

Chicken Tenders
Peanut Butter Sandwich

Whole Kernel Corn
Bush's Baked Beans
Grapes
WG Cheez-it Cracker

A choice of one Skim, Skim Chocolate, or 1% White milk is served with each school lunch. Additional milk may be purchased for \$.35 each.

*For students who cannot tolerate milk sugar (lactose), Lactose Free Milk is provided upon "written parent request".

In the operation of the Child Nutrition Programs, no child will be discriminated against because of race, gender, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to The Secretary of Agriculture, Washington, D.C. 20250.