

### **Our Father:**

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.  
  
Amen.

### **Hail Mary:**

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death.  
  
Amen.

### **Glory be:**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning,  
is now, and ever shall be, world without end.  
  
Amen.

### **The Guardian Angel Prayer:**

Angel of God, my guardian dear, To whom God's love commits me here,  
  
Ever this day, be at my side, To light and guard, Rule and guide.  
  
Amen

### **Act of Contrition**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good. I have  
sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin  
no more, and to avoid whatever leads me to sin.  
  
Amen