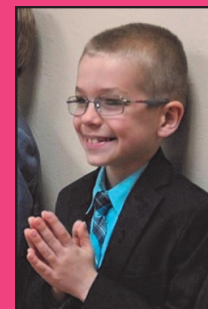
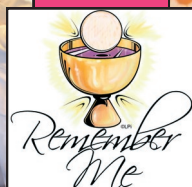
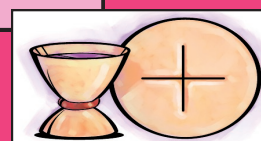


# Welcome to the Parish Community of Sacred Heart

Church illustration  
by Sheri George

1627 GRAND AVENUE • WEST DES MOINES, IOWA 50265

On April 16, April 23 and May 7, 125 students celebrated their First Eucharist at Sacred Heart Church



## FROM THE PASTOR'S DESK



Today we celebrate the great Feast of the Holy Trinity. The Catechism teaches us that by sending his only Son and the Spirit of Love in the fullness of time, God has revealed God's innermost secret: God is an eternal exchange of love, Father, Son and Holy Spirit, and God has destined us to share in that exchange (CCC #221). The Trinity dwells in us and by worshipping the Trinity, Father Son and Holy Spirit; we come to know the full truth about ourselves in love. As we celebrate Trinity Sunday today may we be reminded that we live in the communion of grace with the Trinity and by so doing our lives are broadened and raised up to the supernatural level of divine life. The invitation and challenge of this great feast today is for us to live our lives in God and for God - Father, Son & Holy Spirit. AMEN!

*Fr. Chris Hartel*

MAY 22, 2016 • MOST HOLY TRINITY

## WELCOME

### Welcome to all our visitors, newcomers and parishioners!!

If you are new to our faith community and are interested in becoming a member of Sacred Heart Catholic Church, please stop by the Parish Office or call 225-6414, for a New Member Packet. We have programs and activities available for everyone. We offer RCIA for adults who wish to become Catholic. The names of the pastoral staff members, committee members and ministry chairperson, and their phone numbers are listed on this page.

#### SACRED HEART PASTORAL STAFF

Pastoral staff members are available to help parishioners when they are celebrating the good times or hurting during times of crisis. Consider contacting the following pastoral staff members to help you through a difficult time.

##### FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org 225-6414, ext. 310

##### FR. LUIS MEJIA, PAROCHIAL VICAR

luis.mejia@sacredheartwdm.org 225-6414, ext. 313

#### SACRED HEART PARISH STAFF

Rev. Mr. Ron Myers, Deacon 226-8466

Rev. Mr. Randy Horn, Deacon 224-1113

Nancy Carlson, RN, Parish Nurse

nancy.carlson@sacredheartwdm.org 225-6414, ext. 315

Sheila Hancock, Director of Music/Worship & Wedding Coordinator

sheila.hancock@sacredheartwdm.org 225-6414, ext. 318

Casey Conner, RCIA Director

casey.conner@sacredheartwdm.org 225-6414, ext. 309

Deanna Lane, Youth Ministry Director

deanna.lane@sacredheartwdm.org 225-0546

Rosario Manzano, Hispanic Ministry Coordinator

rosario.manzano@sacredheartwdm.org 225-6414, ext. 304

Loralee Chase, Family Ministry

loralee.chase@sacredheartwdm.org 225-6414, ext. 309

Kayla Richer, Children's Faith Formation Director

kayla.richer@sacredheartwdm.org 225-6414, Ext. 319

#### SACRED HEART SCHOOL STAFF

Jane Kinney, Principal

jane.kinney@sacredheartwdm.org 223-1284, Ext. 142

Mary Jo Kever, Vice Principal

maryjo.kever@sacredheartwdm.org 223-1284, Ext. 140

VISIT US ON THE WEB AT: [www.sacredheartwdm.org](http://www.sacredheartwdm.org)

WEBMASTER: [Debbie.Chalik@sacredheartwdm.org](mailto:Debbie.Chalik@sacredheartwdm.org)

#### WEEKEND MASS SCHEDULE

Saturday..... 4:00 pm

Sunday..... 8:00, 9:30, 11:15 am; 1pm Spanish Mass

Daily Mass..... Monday through Friday 8:00 am

#### SACRAMENT OF RECONCILIATION

Saturday..... 2:30 pm to 3:30 pm

#### TELEPHONE NUMBERS

Parish Office.....Phone: 225-6414 Fax: 225-0286

School..... 223-1284

Children's Faith Formation..... 225-6414

Youth Ministry ..... 225-0546

Sunday Faith Formation Preschool..... 225-6414

Parish Center Scheduling..... 225-6414

Weekday Preschool ..... 226-2146

Sacred Heart Plus. .... 226-9662

[www.sacredheartwdm.org](http://www.sacredheartwdm.org)

#### SACRAMENT OF BAPTISM

Registered and participating members of the Parish, contact the Parish Office to register for **required** Baptism Classes. Parents are asked to call **before** the birth of their child.

#### SACRAMENT OF MARRIAGE

Registered and participating members of the Parish, contact the Parish Office **six months, or more**, in advance. Preparation classes are **required**.

#### NEWCOMERS

Please register by phone, or in person, at the Parish Office between 8:00 am and 3:30 pm. For address changes, or if leaving the parish, please call the Parish Office at 225-6414.

#### COMMITTEE & MINISTRY CHAIRPERSONS

Art & Environment ..... Pam Douglas, 224-0032

Board of Religious/Academic

Education.....Chris Wilson, 480-5472

Tara Nelson, 991-4432

Children's Liturgy of the

Word Coordinator ..... Mary Zug, 225-6414

SCRIP ..... Barb Horvath, 327-9489

Angela Lawler, 225-6604

Knights of Columbus.....Bill Wieland, 321-7980

Prayer Line ..... Wynanda Ferguson, 225-7200

nancy.carlson@sacredheartwdm.org

St. Vincent de Paul ..... Rita Dette, 223-6095

Teresa Kordick, 224-9274

Women's Guild ..... Barb Baker, 339-1561

Pastoral Council.....Dave Shinkle, 244-6821

Young Adult Director .....Jennifer Leon 225-6414

shyoungadults@sacredheartwdm.org

**BULLETIN DEADLINES:** *log onto our web site for information about deadlines and submission guidelines.*

#### MISSION STATEMENT

The mission of Sacred Heart Parish is to be the spiritual focal point for the Catholic Christian community in our portion of the Diocese of Des Moines. This community:

- ✦ Believes and proclaims that Jesus Christ is Lord;
- ✦ Calls its people to experience and put into practice the love of Jesus Christ;
- ✦ Draws its people into the social and spiritual life of the parish so that each has a sense of belonging;
- ✦ Seeks to help its members take on the "mind of Christ" through prayer, study and worship;
- ✦ Uses and returns the gifts and talents God has given; Is itself a sign calling its members to hear and respond in ministry to the spiritual and temporal needs of people within the parish and beyond.





*If I can be of assistance to you or a loved one on any faith and/or health concerns, please contact me. I have many resources to share with you.*

~Nancy Carlson, RN

Nancy.Carlson@sacredheartwdm.org

*In the blink of an eye, everything can change. So forgive often and love with all your heart. You may never have that chance again.*

**CARING FOR THE CAREGIVER:** It's difficult to care for yourself while care giving for your loved ones and friends. Many times there is a lack of time for wellness activities during your day. You try to exercise, shop for, and make nutritious meals. But it's rare that you ever get time to relax and catch your breath. Meditation, prayer, "filling your own well" take a back seat to the everyday demands. It is little wonder that caregivers find themselves stressed, face weight problems, and put off medical care for themselves. We know this isn't healthy for you or your loved ones. May I offer a few suggestions?

- **Engage in mindful love of yourself.** The first, best way to avoid unwanted caregiver weight gain is to make a vow to pay attention to yourself, just as much as you pay attention to the person in your care.
- **Pace yourself and plan ahead.** You can't possibly get everything done today. Do what you can and put off the rest. But include yourself in the day's priority list.
- **Don't skimp on sleep.** Take off your superhero cape at a reasonable hour and call it a day. Your loved one will survive without your hyper vigilance for seven or eight hours.
- **Let good enough be good enough.**
- **Thank your body for all it does for you.** Rub your feet. Stretch. Take a nap and eat some nourishing food.
- **Take time off.** The best way to recharge and reset your commitment to your own self-care is to get off the treadmill of life. Spend time outdoors if you can. Take a short walk. Appreciate yourself and everything around you. Lastly, don't hesitate to ask for help. No one expects you to do it alone. We are all in this together. It takes teamwork.
- **NEXT PRAYER SHAWL MEETING, MONDAY, MAY 23RD, 6:30-8 PM:** A Reminder that we have a Prayer Shawl meeting Monday, May 23rd at Hamilton's on Westown Parkway. We'll plan to meet from 6:30 to 8:00pm. Yarn and good company will be available! Hope you find your calendar free to join us. If you need a ride or have any questions, please contact Becky Pepper at [bpepperisu@aol.com](mailto:bpepperisu@aol.com) or Nancy Carlson at [nancy.carlson@sacredheartwdm.org](mailto:nancy.carlson@sacredheartwdm.org)

### REFLECTIONS FOR THE WEEK

- God fills us with love. How, this week, will you show your family - your mom, dad, brothers, sisters, grandparents, cousins - that you love them as God loves them?
- When Jesus left the world, He sent the Holy Spirit to be with us. Have you ever given something important to someone else as a sign of your love for them? Have you ever experienced the Holy Spirit as a similar gift to you?



### THROUGH THE WATERS OF BAPTISM WE WELCOME INTO OUR SACRED HEART FAITH COMMUNITY

Kendall Beckett

Daughter of parishioners Shawn & Margaux Beckett

Rosie Aylin Roman Resendiz

Daughter of Epifanio Roman Marin & Rocio Resendiz Galeana

**Our deepest sympathy and prayers to  
the families of the following ...**

Parishioner, Leo Kordick

Hilda Bruch

Grandmother of parishioner Chris Zug

**...God grant them eternal rest**

## YOUTH MINISTRY "SMASH"



*Student Ministry at Sacred Heart offers spiritual, service and social opportunities to teens in grades 9-12. Contact Deanna Lane, Director of Youth Ministry, for more information at 225-0546 or [Deanna.Lane@sacredheartwdm.org](mailto:Deanna.Lane@sacredheartwdm.org).*

**CONFIRMATION 2017 REGISTER NOW:** If you will be in at least 9th grade in the 2016-17 school year and have been enrolled in CFF or a Catholic school through 8th grade, you may NOW register for Confirmation preparation classes which will begin next fall. Visit [www.sacredheartwdm.org/confirmation](http://www.sacredheartwdm.org/confirmation) for more information and to complete the convenient online registration. **Register deadline is June 30.**



## GIFT—GROWING IN FAITH TOGETHER ADULT FAITH FORMATION TEAM

⇒MAGNA 24 welcomes special guest speaker, Adam Storey, Marriage and Family Life Ministry Director from the Diocese of Des Moines to the May 23rd meeting at 7pm in the church library. All men are welcome!

### ⇒ MAY IS THE MONTH WE DEDICATE TO MARY!

We have stocked our Lighthouse CD Kiosk in honor of Mary for the month of May. We offer a variety of talks on CD from famous Catholic speakers all about our Blessed Mother. These are perfect for long commutes, road trips or meditation time. We also have booklets for your reading pleasure on Our Lady Untier of Knots, Guadalupe and Fatima. Suggested Donation for CD's = \$4, booklets =



Fall and Summer Bible Studies open for registration  
3 ways to sign up!

1—online: [www.sacredheartwdm.org/learn](http://www.sacredheartwdm.org/learn)

2-email/phone: [loraleechase@sacredheartwdm.org](mailto:loraleechase@sacredheartwdm.org)  
225-6414 ext 309

3-paper: Sign-up binder in gathering space!



All of these and MORE! Descriptions on the webpage.

## CHILDREN'S FAITH FORMATION "CFF"



Kayla Richer, Director

[kayla.richer@sacredheartwdm.org](mailto:kayla.richer@sacredheartwdm.org)

Debbie Chalik, Coordinator

[debbie.chalik@sacredheartwdm.org](mailto:debbie.chalik@sacredheartwdm.org)

Marcia Schaul, Office Associate

[marcia.schaul@sacredheartwdm.org](mailto:marcia.schaul@sacredheartwdm.org)



Register NOW for Sunday Preschool, Wednesday CFF and 2017 Confirmation. It's time to register for the fall! Please go to the home page of our web site at: [www.sacredheartwdm.org](http://www.sacredheartwdm.org) and watch the scrolling banner for the link (Sunday Preschool = daisies; Wednesday CFF = praying First Eucharist girl; Confirmation = a family with the Bishop). **There are separate on-line registration forms for all three programs.**

Even if you attended last year, please register by June 30! Please call our office if you have questions!

## RCIA—RITE OF CHRISTIAN INITIATION OF ADULTS



On May 15th six RCIA candidates celebrated their Confirmation. Confirmation candidates are pictured left to right: Bryan Arndt, John Brees, Scott Hendricks, Jon Ingraham, Tiffany Pesek and Forest Purnell.

### ◆ FIFTH SUNDAY COLLECTION

Did you know the special fifth Sunday collection for St. Vincent de Paul is for your Sacred Heart St. Vincent de Paul Society? The money collected is used to help our parishioners and members of our community who may need temporary monetary assistance with utilities, rent, and other basic needs, as well as for various activities such as feeding the poor through Connection Cafe, or playing Bingo with senior citizens at a local retirement home. We will have this special collection next Sunday. Thank you in advance for your generosity.

For more information or to become a member of Sacred Heart St. Vincent de Paul, please contact Rita Dette at [rdbiowa@hotmail.com](mailto:rdbiowa@hotmail.com).

**FINANCIAL MESSAGE - April 2016****TITHES - Monthly**

Actual: \$150,092

Budget: \$155,000 (based on historical giving by month)

Shortfall: \$4,908

Shortfall for the fiscal year: \$37,852 (fiscal year begins 7/1)

**ANNUAL DIOCESAN APPEAL**

Assessment: \$251,660

Pledged: \$ 211,079

Paid to Date: \$191,179

Balance: \$60,481

Number of Participating Parishioner Families: 622

**LIGHT FOR TOMORROW**

Pledged: \$3,038,180

Paid to Date: \$2,832,287

Written Off: \$191,195

Pledges with outstanding balances: 32

Number of Participating Parishioner Families: 714

**SHARING GOD'S GIFTS**

Goal: \$2,505,000

Pledged: \$2,129,027

Paid to Date: \$1,311,047

Number of Participating Parishioner Families: 532

*"Do not neglect to do good and to share what you have,  
for such sacrifices are pleasing to God."  
(Hebrews 13:16)*

**Interested in becoming a member at Sacred Heart?**  
**Please Print**

Full Name(s): \_\_\_\_\_

Age of Children: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone# (H) \_\_\_\_\_ (C) \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

Zip code: \_\_\_\_\_

**Please check the best way to reach you:**
☐ Email    ☐ Text    ☐ Cell phone

Please drop off or mail to the Church office:

1627 Grand Ave. WDM, IA 50265

SATURDAY/SUNDAY, May 28/29

**4:00 PM****Servers:** Zachary Smith, Nathaniel & Matthew Zug**Lectors:** Jodene Areges, Mary & Megan Zug**8:00 AM****Servers:** Maya Freking, Joe Simmons, Louis Hartkop**Lectors:** Ann Michelson, Jerry Hancock,  
Mike McColley**9:30 AM****Servers:** Liam Dale, Andrew Lentsch,  
Reagan Hendricks**Lectors:** Sally Robson, Ed Kordick, Jonathan Tyma**11:15 AM****Servers:** Nick Bindel, Elise Carver, Abigail Reinhardt**Lectors:** Dorothy Pisarski, Kathy Vaughn, Tom Hunter

Sat.	May 21	4:00 pm	Larry Youngwirth, Jr.
Sun.	May 22	8:00 am	Lorraine Meehan
		9:30 am	Jim Murphy
		11:15 am	Lupe Compero & Martha Salazar
		1:00 pm	Sacred Heart Parishioners
Mon.	May 23	8:00 am	Mike Perlowski
Tues.	May 24	8:00 am	Red Cronin
Wed.	May 25	8:00 am	Loran Schiltz
Thurs.	May 26	8:00 am	Bill & Josephine Norkaitis
Fri.	May 27	8:00 am	Bridget Rocha
		9:00 am	Leo Kordick
Sat.	May 28	4:00 pm	Paul Thomas
Sun.	May 29	8:00 am	Gilbert & Bridget Rocha
		9:30 am	Gregoria Gallardo
		11:15 am	Mark Mulvihill
		1:00 pm	Sacred Heart Parishioners

**Readings for the Week of May 22:**

Sunday:	Prv 8:22-31/Ps 8:4-9/Rom 5:1-5/Jn 16:12-15
Monday:	1 Pt 1:3-9/Ps 111:1-2, 5-6, 9-10/Mk 10:17-27
Tuesday:	1 Pt 1:10-16/Ps 98:1-4/Mk 10:28-31
Wednesday:	1 Pt 1:18-25/Ps 79:8-9, 11, 13/Mk 10:32-45
Thursday:	1 Pt 2:2-5, 9-12/Ps 100:2-5/Mk 10:46-52
Friday:	1 Pt 4:7-13/Ps 149:1-6, 9/Mk 11:11-26
Saturday:	Jude 17, 20b-25/Ps 63:2-6/Mk 11:27-33
Next Sunday:	Gn 14:18-20/Ps 110:1-4/1 Cor 11:23-26/ Lk 9:11b-17



## FOR ALL PARISHIONERS



KC  
PANCAKE  
BREAKFAST  
5/15/16



## SACRED HEART YOUNG ADULTS

The Sacred Heart Young Adults group has returned after nearly 3 years! Anyone in their 20s and 30s is invited to come and grow in faith and community. Come join us for fellowship and to learn more about what is in store for the group. We will be meeting at the Grand Ave Hy-Vee Market Grille (1990 Grand Ave) on Saturday, June 11<sup>th</sup> at 1:30pm for our first social gathering. Feel free to email Jen and Laura at [shyoungadults@sacredheartwdm.org](mailto:shyoungadults@sacredheartwdm.org) with any questions or to let us know you are planning to attend. RSVP is not required but recommended to ensure enough space.



**GIFT—GROWING IN FAITH TOGETHER**  
ADULT FAITH FORMATION TEAM

### ⇒ SUMMER BIBLE STUDY

*"A Biblical Walk Through the Mass: Understanding What We Do in the Liturgy"* is a 5 week study program. The Mass is the center of our faith but do we really worship that way? This study explores the roots of the words and gestures we use in Mass and explains their significance. We will also offer a childcare program during the study for kids. Kids will learn about the Mass, the Rosary and the Saints through video and activities while parents are taking a "Walk Through the Mass". Mondays, 10-noon in the library with Maren. June 13, 20, 27, July 11, 18. \$25 for the adult program. Sign up on the website:

[www.sacredheartwdm.org/learn](http://www.sacredheartwdm.org/learn)  
or email [Loralee.chase@sacredheartwdm.org](mailto:Loralee.chase@sacredheartwdm.org)

## "KNIGHT'S CORNER"

### KNIGHTS OF COLUMBUS COUNCIL #9632

#### NEWS

Many thanks to the many member knights, family members, and friends who helped staff our concession stand at the Iowa state boys and girls' track and field meet at Drake stadium this past week.

Congratulations to our newest 4<sup>th</sup> degree members installed at last month's state convention: Jose (Francisco) Batres, Bob Blubaugh, Raul Dominguez, Jose Garcia, Bob Nandell and Tom Robson.

We've committed a \$1,000 of our knight's treasury towards Habitat for Humanity's 2016 home building project this summer. Our parish is not yet to its \$5,000 goal. If you can help with a financial gift please contact Pat Baumhover at 202-2165 or [pjb\\_7@hotmail.com](mailto:pjb_7@hotmail.com). Additional parish resources in the form of your time and talent will be needed as construction gets into high gear later this spring and into summer. This is a great parish-wide project where almost everyone can participate in some form.

#### CALENDAR

##### JUNE

June 20, Monday: Monthly business meeting

##### JULY

July 18, Monday: New Officer Installation Mass and dinner

[www.sacredheartwdmkofc.org](http://www.sacredheartwdmkofc.org)

## WOMEN'S GUILD

Find the Women's Guild page on the website under "organizations"

**School Supplies Collection** - Please consider donating school supplies for students in need for next year. See the cut-out letters on the tree in the vestibule for various supplies. We encourage parishioners to select a tag and bring the item back to church by the second weekend in May.

**Next Meeting:** May 17 at 6pm. Join the women's Guild for the last meeting of the year! Join us for a Potluck Salad Supper and enjoy stories and photos of beautiful blooms and community service from Mast Gardener Laurie Barrick.

##### **Volunteer Needed:**

- New board members are needed for next year's Women's Guild. Many hands make light work. Please contact Barb Baker if interested. 339-1561 or [barb.baker@sacredheartwdm.org](mailto:barb.baker@sacredheartwdm.org)

BUT IN THE END THEY WERE NOT CALLED SAINTS  
BECAUSE OF THE WAY THEY DIED, OR BECAUSE  
OF THEIR VISIONS OR WONDROUS DEEDS, BUT  
BECAUSE OF THEIR EXTRAORDINARY CAPACITY  
FOR LOVE AND GOODNESS, WHICH REMINDED  
OTHERS OF GOD.

— ROBERT ELLSBURG —

### ◆ SACRED HEART PASTORAL COUNCIL

The Pastoral Council has a couple of openings for the 2016-2017 board. We are looking for you if you are someone who would like to enhance the unity and cooperation among parishioners, foster the participation and communion among the people here at Sacred Heart. We meet once a month from September thru May, taking the summer off. The projects we oversee are Love in the Heart of Christ, Soles for Souls shoe drive, and the Soup Supper prior to the Communal Reconciliation Service during Lent. If interested please contact Carol Smith at 515-771-3082.

### ◆ DIOCESE OF DES MOINES CATHOLIC COMMUNICATION CAMPAIGN

Bishop Pates has asked for our support for the national Catholic Communication Campaign. In our lives, as well as our parish, technology and media are becoming more integral to how we communicate.

On a national level, the Catholic Communication Campaign collection provided funds for the unprecedented coverage of Pope Francis' visit to the US, and funds a strong website for Catholic News Service and the US Conference of Catholic Bishops. Fifty percent of funds collected remain in our diocese to support local communication projects. Last summer, with the support of the CCC, we launched a new website for vocations: [www.vocationsonline.com](http://www.vocationsonline.com). This summer, with the local share of the Catholic Communication Campaign, we will be developing a new diocesan website that is easier to navigate and incorporates more video.

With these projects in mind, our bishop has asked us to support the Catholic Communication Campaign. If you feel called to give a financial gift to this very important campaign, please send it directly to the Diocese: Diocese of Des Moines, 601 Grand Avenue, Des Moines, IA 50309.

### ◆ MEMORIAL DAY MASS AT GLENDALE CEMETERY

The tradition of a Mass on Memorial Day at Glendale Cemetery will continue this year. The Mass is scheduled to begin at 10:00 a.m. on Monday, May 30. If inclement weather becomes a factor, the Mass will be moved to St. Theresa Church at the corner of Merle Hay Road and University Avenue and will begin at 10:15 a.m. We hope many can join us for this prayerful remembrance of all of those who have died.

### ◆ ADULT MISSION TRIP TO HAITI

Have you ever wanted to go on a mission trip? Have you sent your kids on a mission and secretly wished you were going along?

An upcoming mission to Haiti for adults is set for October 30 - November 5. We'll be working with Mother Teresa's order, The Missionaries of Charity, in two of their facilities, an orphanage and the Hospital For the Dying, as well as in a parish. We will be led by a priest and celebrate Mass each day. Cost is \$750 for registration, accommodations and all meals. Airfare is additional.

Contact Marilyn Lane at [marilynlgane@gmail.com](mailto:marilynlgane@gmail.com) for more information about this unique opportunity.

*Are You Being Called to Make a Difference?*



### Memorial Day 2016

#### 85<sup>th</sup> Annual Service of Remembrance "A Day to Remember"

SAVE THE DATE: Monday, May 30, 2016

TIME: 11:00 AM

Bring a lawn chair or blanket

LOCATION: Resthaven Cemetery  
801 19<sup>th</sup> St. West Des Moines, Iowa

Military Honors By: American Legion  
Hispanic Post #731  
West Des Moines V.F.W. #8879  
Boy Scouts Troup #280



Following the ceremony join Holly Welch (our Swan Lady) to learn about Jack and Jill our swans who have added grace and beauty to our pond for over 60 years.



"For I was hungry and you gave me food, thirsty and you gave me drink, a stranger and you welcomed me."  
Matthew 25:35

We will be collecting casseroles again this year for the Family Violence Center the first full weekend of each month. The goal is to provide 20 casseroles each month. We can do that!! Here is what you do...

1. Make any casserole you want in an 8X8 aluminum container. (For example: ham and cheese potatoes, chicken and rice, shepherd's pie, chili, hot dogs and beans.)
2. Bake it.
3. Cool it.
4. Wrap it in aluminum foil.
5. Put the casserole in a Ziplock bag.
6. Include a slip of visible paper that says: "To the Family Violence Center".
7. Slip a recipe in the bag and sign it: "Your friends at Sacred Heart Catholic Church".
8. **Freeze it.**
9. Drop the frozen casserole off in the parish center freezer before the Sunday 11:15 Mass the first full weekend of the month. **Note:** We ask, PLEASE do not drop off casseroles throughout the month, as the freezer is used for other church events.

*Jennifer and David Smith and family will drop the casseroles off to the Family Violence Center. They have done this for many years! If you see them, stop and say "THANK YOU"!! They have done a great job!*

If you could spread the word and forward this link on to friends, that might make a big difference AND remember, this would be a great project for group service hours!

If you have questions, contact Judy Schwartz at 515-556-7788 or email at [itisjustmejms@gmail.com](mailto:itisjustmejms@gmail.com)





**COME ADORE OUR LORD  
IN THE BLESSED SACRAMENT**

**SAINT AUGUSTIN  
CORPUS CHRISTI PROCESSION**

**545 42ND STREET  
DES MOINES, IOWA**

**SUNDAY, JUNE 5TH  
3:00 PM**

**FOOD AND ENTERTAINMENT TO FOLLOW**

## ◆ JOB OPENING

The St. Joseph Educational Center (SJEC) has an opening for a Coordinator of Communications, Operations, and Events. The position is part-time and will help maintain the SJEC website and social media outlets, organize SJEC workshops and events, and coordinate all SJEC communications. More information about the job and applying may be found on the Dowling Catholic High School Job Board (<http://bit.ly/1xGwZr6>) as well as on the SJEC website ([www.sjeciowa.org](http://www.sjeciowa.org)). The SJEC hopes to serve its parishes by providing quality content both online and in the community.

## ◆ JOB OPENING

Saint Francis of Assisi Catholic Church in West Des Moines is seeking a full-time parish secretary. Applicants must be very welcoming, able to deal with many interruptions and corroborate with office staff to assist each other. Applicants should have experience with a multi-line phone system. Knowledge of Microsoft Office and the ability to learn specialized church software is needed. Must be well organized with good communication skills and a strong sense of confidentiality is required. An understanding of the Catholic Faith is desired. Duties include data entry, maintaining member records, sacramental data, and some mailings; posting financial contributions and generating deposits. This is a year-round position reporting to the pastor. Please email cover letter and resume to Fr. Ray McHenry - [rmchenry@saintfrancischurch.org](mailto:rmchenry@saintfrancischurch.org) by Friday, May 27, 2016.

## ◆ SOLES 4 SOULS

Soles 4 Souls is a Nashville based charity, founded in 2006. The collection of new and used shoes are redistributed through direct donations to people in need. Since they began Soles 4 Souls has distributed over 22 million shoes to people in over 127 countries. Give shoes. Give love...by simply donating your gently worn shoes in the boxes located in the Gathering Space the weekends of May 14/15 and May 21/22.

## Year of Mercy – Pilgrimage Walk

Sunday May 29

Holy Door



Our Lady of the  
Americas

Holy Door



St. Ambrose  
Cathedral

### Walk Options

Start Location (parking site)	Start Time Distance	Route	Finish
Birdland Marina (by Union Park) (Birdland Marina)	12:00 noon 2.5 mi	Bike Path Principal River Walk Grand Ave	St. Ambrose Cathedral
Our Lady of the Americas (Lutheran Hospital)	12:15 1.8 mi		
Chinese Pagoda (Robert D. Ray Drive)	12:40 0.8 mi		

At St. Ambrose with Fr. Dave Fleming and Fr. Dan Krettek

- Mercy Prayer Liturgy
- Reconciliation available

Questions? Call Bonnie Reed 276-6988 or Bill Cox 771-2206

Jesse Romero is

## FIERCE .....

about calling on us to be culture warriors for Christ.

This former LA County Deputy Sheriff and US kickboxing champion declares the power of spiritual warfare as he joins ten world-class speakers and musicians at Wells Fargo Arena September 24-25, 2016.

ChristOurLifeIowa.com

## Christ Our Life

Catholic Regional  
Conference



## ◆ LOOKING FOR A LIFE CHANGING GRADUATION GIFT?

Get the graduate tickets to the upcoming Christ Our Life conference! What better way to start out on their life path with a closer relationship with Jesus! Tickets available on line at ChristOurLifeIowa.com



## FOR YOUR INFORMATION

### Natural Family Planning Classes

The best in family planning

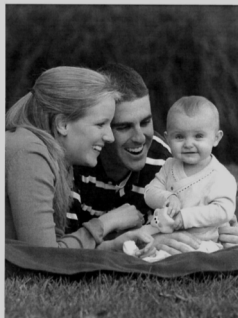
Natural Family Planning  
...and it can change your hearts in surprising ways!  
[www.ccli.org](http://www.ccli.org)

Dates: Saturdays (once a month for 3 months)  
beginning June 4th  
Location: St. Pius X Catholic Church, Urbandale

Time: 2:00 - 4:30 p.m.  
Cost: \$130 for all materials, classes,  
and one-year CCL membership

On-line registration required at [register.ccli.org](http://register.ccli.org)

Questions? Mark & Patty Conway  
(515) 276-0313  
[conirish@mchsi.com](mailto:conirish@mchsi.com)



### ◆ EMPLOYMENT OPPORTUNITY - BUSINESS MANAGER

Saint Augustin Catholic Church is seeking a full-time Business Manager. Responsible for parish accounting and finances and buildings and ground functions. This position provides financial analysis and statements to the Pastor, Finance Committee, Trustees, and the Diocese as required for oversight of parish operations. Send cover letter and resume to: St. Augustin Parish, Reverend Christopher Pisut, Pastor, 545 42nd Street, Des Moines, IA 50312. Also, you may email your cover letter and resume to [frpisut@staugustin.org](mailto:frpisut@staugustin.org). Position will remain open until filled.

### ◆ ASSUMPTION GRANGER HAS EMPLOYMENT OPPORTUNITIES

**Business Manager:** An individual in this position is responsible for the overall coordination and management of the Finance Office and the parish facilities. This is to be provided either directly or through the supervision of staff (both paid and volunteer) assigned to these duties. Individual must maintain a spirit of cooperation and collaboration with all parish staff. Candidate must be a practicing Catholic with strong Catholic values. Individuals interested must send their resume to Fr. Dominic Assim at [domassim@yahoo.com](mailto:domassim@yahoo.com)

**Youth Minister:** An individual in this part-time position works to foster the total personal and spiritual growth of the youth. The Youth Minister also seeks to draw young people to responsible participation in the life, mission and work of the faith community. Individual must be a practicing Catholic in good standing. Must have appropriate self-knowledge and ability to share the Catholic faith with young people. Must have 1-2 years of experience and Bachelor's Degree in Pastoral/Youth Ministry or Theology, Psychology, Religious Education, Social Work or the equivalent. Individuals interested must send their resume to Fr. Dominic Assim at [domassim@yahoo.com](mailto:domassim@yahoo.com)

### ◆ CUIDADO DE NUESTRO SANTUARIO

Por favor, abstenerse de poner goma de mascar debajo de las bancas y en el suelo de nuestro santuario. También, si usted trae cereales secos para que su hijo coma durante la Misa, por favor tenga cuidado de no dejarlos. Crea basura en el piso y en los asientos de las bancas. Gracias por su consideración.

## ANUNCIOS IMPORTANTES

### La Primavera

Latinos Unidos of Iowa, a 501(c)(3) non-profit organization, cordially invites you and your families to attend our annual "La Primavera" event! Current members, volunteers, sponsors, and community leaders will come together to support a silent auction to raise funds for scholarships awarded to Latino students attending Iowa colleges and universities.

The event will feature traditional Dominican food prepared by volunteers and board members and live entertainment by local Latino artists.

If you cannot attend, please consider making a donation to the organization to support educational opportunities for Latino students.

Latinos Unidos efforts include:

- Annual Latino Resources Fair
- Latino Community Recognition Picnic
- Latino Voter Registrations
- Annual Scholarship Dinner
- Iowa college/university visits
- Collaboration with community organizations

¡Están invitados a celebrar La Primavera con la organización, Latinos Unidos! Los fondos recaudados en este evento serán destinados a la creación de becas para estudiantes Latinos en colegios y universidades de Iowa.

Date: Saturday, June 4th  
Time: 6:00 pm—8:30 pm  
Location: Sacred Heart Catholic Church  
West Des Moines, IA 50265  
Admission: \$15 adults; \$5 children  
3 years or less enter free

Reservations are now being taken. For more information contact: Lena Avila Robison at 515-979-0770 or IowaLatina12@live.com or Wanda Mejia at wanda3000@msn.com

Sacred Heart Church  
West Des Moines, IA

LATINOS UNIDOS

FAIRWAY  
ECONOMICAL  
FOOD STORES

Reina  
12:00am

La Reina  
Magazine

### ◆ REQUISITOS PARA EL SACRAMENTO DEL BAUTIZO

- El niño(a) debe tener 6 años o menos. Si su niño(a) tiene más de 6 años, tendrán que comunicarse con las oficinas de Educación Religiosa para inscribirlos en la doctrina religiosa. Deberán de atender clases por un año antes de bautizarse.
- Las clases de bautizo para padres y padrinos son los primeros Martes de cada mes.
- Los padres de familia deberán de estar registrados en la parroquia. Pueden pasar por las oficinas para llenar la hoja de registro.
- Las clases son los primeros **Martes de cada mes de 5 a 7 pm**. Aquí está el horario para los siguientes 3 meses:
  - \* Martes 3 de Mayo
  - \* Martes 7 de Junio
  - \* Martes 5 de Julio
- Para registrarse, pueden llamar a las oficinas al 225-6414 x 304 o con Rosario después de la Misa de la 1:00 pm

## BIENVENIDOS

### Bienvenidos a todos nuestros visitantes, los recién llegados y feligreses !!

Si usted es nuevo en nuestra Parroquia y desea ser miembro de la Iglesia Católica Sagrado Corazón, por favor pase por la oficina parroquial o llame al 515-225-6414 para facilitarle el Registro de Nuevo Miembro. Tenemos programas y actividades disponibles para todas las edades. Ofrecemos el programa RICA para quienes deseen convertirse en Católicos. La lista con los nombres de los miembros del personal pastoral, miembros del Comité y presidentes de los ministerios y sus números de teléfono se encuentran bajo esta sección.

### HORARIOS DE MISA EN FIN DE SEMANA

Sábado.....4:00 pm

Domingo 8:00, 9:30, 11:15 am; 1:00 pm Misa en Español

Misa Diaria.....Lunes a Viernes 8:00 am

### SACRAMENTO DE RECONCILIACIÓN

Sábado.....2:30 pm to 3:30 pm

### NÚMEROS TELEFÓNICOS

Teléfono de la Parroquia: 225-6414 Fax: 225-0286

Formación en la Fé para niños.....225-6414

Ministerio de Jóvenes..... 225-0546

[www.sacredheartwdm.org](http://www.sacredheartwdm.org)

### SACRAMENTO DEL BAUTISMO

Miembros registrados y participantes de la Parroquia deben contactar a la oficina parroquial para inscribirse en las clases obligatorias para Padres y padrinos. A los padres se les pide comunicar su solicitud antes del nacimiento de sus hijos.

### SACRAMENTO DEL MATRIMONIO

Miembros registrados y participantes de la Parroquia, se les pide contactar a la oficina parroquial con **seis meses, o mas de anticipación** de la fecha prevista para el matrimonio. Clases de preparación matrimonial son requeridas.

### RECIENTE LLEGADOS

Nuevos parroquianos por favor registrarse por teléfono o en la oficina parroquial entre las 8:00 am y 3:30 pm. Para cambios de domicilio, o si dejan la parroquia por favor comunicar a la oficina parroquial al teléfono 515-225-6414

### COMITES Y PRESIDENTES DE MINISTERIOS

Si Ud. Esta interesado en pertenecer a algunos de los Ministerios de la parroquia, favor comunicarse: 515-225-6414, extension 313.

### SACERDOTES SAGRADO CORAZON

**PADRE CHRISTOPHER HARTSHORN, PARROCO**

[chris.hartshorn@sacredheartwdm.org](mailto:chris.hartshorn@sacredheartwdm.org) 225-6414, ext. 310

**PADRE LUIS MEJIA,**

**VICARIO PARROQUIAL**

[luis.mejia@sacredheartwdm.org](mailto:luis.mejia@sacredheartwdm.org) 225-6414, ext. 313

## ◆ DIÓCESIS DE DES MOINES SEXO ABUSO

El Consejero sobre Asistencia del Víctimas Sherry Knox es un empleado de Polk County Victim Services. Ella ayuda a víctimas de abuso sexual por parte del clero durante el proceso de la queja y buscando servicios de apoyo y consejería. Las partes interesadas pueden llamarle al 515-286-2028, o por email a [advocate@dmdioocese.org](mailto:advocate@dmdioocese.org) o [sherry.knox@polkcountyia.gov](mailto:sherry.knox@polkcountyia.gov) para reportar una queja o para solicitar apoyo o consejería.

## ◆ MARQUE SU CALENDARIO!

La Conferencia Católica Regional Cristo Nuestra Vida ("Christ Our Life") se realizará desde el 24 al 25 de Setiembre del 2016 en el Wells Fargo Arena. La página de internet está ya lista y contiene información de los presentadores y el costo de las entradas. Puede comprar entradas por medio del internet hasta Agosto del 2016. En las siguientes semanas estaremos distribuyendo marcadores de libros para este evento que dicen "MARQUE SU CALENDARIO" ("SAVE THE DATE"). Más información estará disponible en cuanto nos acerquemos más a la fecha de este evento espectacular.

## ◆ SOLO LA FE

Yo te he llamado por tu nombre, tú eres mío (Isaías 43: 1) ¿Por que Dios te llama? Considere la posibilidad de búsqueda de tu propósito de vida a través del programa JustFaith; un rico viaje espiritual basado en la doctrina social católica y se centra en la conexión de la compasión con las necesidades del mundo. Para obtener más información, póngase en contacto con Susie Tierney en el Centro de Pastoral Social, [centerforsocialministry@gmail.com](mailto:centerforsocialministry@gmail.com) o 515-782-3054.

## “RINCÓN DE LOS CABALLEROS” CABALLEROS DE COLON CONSEJO #9632

### NOTICIAS

Muchas gracias a todos los miembros de los Caballeros de Colón, sus familias y amigos que nos ayudaron en los puestos de concesiones de las carreras de Drake y en las carreras de las escuelas secundarias de jóvenes la semana pasada.

Felicitaciones a los nuevos caballeros de 4to grado que fueron nombrados el mes pasado en la convención estatal: José (Francisco) Batres, Bob Blubaugh, Raul Rodriguez, José García, Bob Nandell y Tom Robson.

Nos hemos comprometido con la cantidad de \$1,000 para construir una casa este verano de la organización "Habitat for Humanity". Nuestra parroquia de nuestra meta de \$5,000 teniendo cerca de \$3,800. Si pueden ayudar financieramente, por favor contactar a Pam Baumhover al teléfono 202-2165 o al correo electrónico [pjb\\_7@hotmail.com](mailto:pjb_7@hotmail.com). Recursos adicionales de la parroquia se necesitarán para construir esta casa. Por favor donen su tiempo y talentos cuando tengan la oportunidad de contribuir. Este es un proyecto de toda la parroquia donde todos podemos participar.

### CALENDARIO

#### JUNIO

Lunes 20 de Junio: Reunión regular de negocios de nuestro consejo.

#### JULIO

Lunes 18 de Julio: Nombramiento de los nuevos oficiales con Misa y cena.

[www.sacredheartwdmkofc.org](http://www.sacredheartwdmkofc.org)