

Welcome to the Parish Community of

Sacred Heart

Church illustration
by Sheri George

1627 GRAND AVENUE • WEST DES MOINES, IOWA 50265



A STUDENT'S PRAYER AT THE BEGINNING OF THE SCHOOL YEAR

We give you praise, O God,
for everything that is new and beautiful,
for everything which holds promise and brings us joy.

Bless us as we start this new year
with our friends and teachers
Help us to make the most of every chance we have
to start afresh.

May we show love to one another and to all.
May the new beginning of this school year
remind us that you give us chances to start over
again and again.

Help us to forgive others
as we receive your forgiveness.
Help us to learn and to work together.

Help us to listen when we should
and to know the best words when we speak
and when it is better not to speak.

We thank you for our friends.
Help us to be good friends this year.

Help us to be patient
with ourselves and with others.
Bless our school and keep us safe.
Be with us as we travel each day.
Help us to be aware of your love
shown to us in the people around us.

Bless all those who care for us
In school and at home.

Help us show our care for them
and to say sorry when we need to.
May the Blessed Mother Mary protect us
And help us to live as well as we can
Giving thanks and glory to God as she did.

AUGUST 28, 2016 • 22ND SUNDAY IN ORDINARY TIME

WELCOME

Welcome to all our visitors, newcomers and parishioners!!

If you are new to our faith community and are interested in becoming a member of Sacred Heart Catholic Church, please stop by the Parish Office or call 225-6414, for a New Member Packet. We have programs and activities available for everyone. We offer RCIA for adults who wish to become Catholic. The names of the pastoral staff members, committee members and ministry chairperson, and their phone numbers are listed on this page.

SACRED HEART PASTORAL STAFF

Pastoral staff members are available to help parishioners when they are celebrating the good times or hurting during times of crisis. Consider contacting the following pastoral staff members to help you through a difficult time.

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org 225-6414, ext. 310

FR. LUIS MEJIA, PAROCHIAL VICAR

luis.mejia@sacredheartwdm.org 225-6414, ext. 313

SACRED HEART PARISH STAFF

Rev. Mr. Ron Myers, Deacon 226-8466

Rev. Mr. Randy Horn, Deacon 224-1113

Deacon Ed Garza, Pastoral Care

ed.garza@sacredheartwdm.org 225-6414, ext. 315

Sheila Hancock, Director of Music/Worship & Wedding Coordinator

sheila.hancock@sacredheartwdm.org 225-6414, ext. 318

Casey Conner, RCIA Director

casey.conner@sacredheartwdm.org 225-6414, ext. 309

Deanna Lane, Youth Ministry Director

deanna.lane@sacredheartwdm.org 225-0546

Rosario Manzano, Hispanic Ministry Coordinator

rosario.manzano@sacredheartwdm.org 225-6414, ext. 304

Loralee Chase, Family Ministry

loralee.chase@sacredheartwdm.org 225-6414, ext. 309

Kayla Richer, Children's Faith Formation Director

kayla.richer@sacredheartwdm.org 225-6414, Ext. 319

SACRED HEART SCHOOL STAFF

Jane Kinney, Principal

jane.kinney@sacredheartwdm.org 223-1284, Ext. 142

Mary Jo Kever, Vice Principal

maryjo.kever@sacredheartwdm.org 223-1284, Ext. 140

VISIT US ON THE WEB AT: www.sacredheartwdm.org

WEBMASTER: Debbie.Chalik@sacredheartwdm.org

WEEKEND MASS SCHEDULE

Saturday..... 4:00 pm

Sunday..... 8:00, 9:30, 11:15 am; 1pm Spanish Mass

Daily Mass..... Monday through Friday 8:00 am

SACRAMENT OF RECONCILIATION

Saturday..... 2:30 pm to 3:30 pm

TELEPHONE NUMBERS

Parish Office.....Phone: 225-6414 Fax: 225-0286

School..... 223-1284

Children's Faith Formation..... 225-6414

Youth Ministry 225-0546

Sunday Faith Formation Preschool..... 225-6414

Parish Center Scheduling..... 225-6414

Weekday Preschool 226-2146

Sacred Heart Plus. 226-9662

www.sacredheartwdm.org

SACRAMENT OF BAPTISM

Registered and participating members of the Parish, contact the Parish Office to register for **required** Baptism Classes. Parents are asked to call **before** the birth of their child.

SACRAMENT OF MARRIAGE

Registered and participating members of the Parish, contact the Parish Office **six months, or more**, in advance. Preparation classes are **required**.

NEWCOMERS

Please register by phone, or in person, at the Parish Office between 8:00 am and 3:30 pm. For address changes, or if leaving the parish, please call the Parish Office at 225-6414.

COMMITTEE & MINISTRY CHAIRPERSONS

Art & Environment Pam Douglas, 224-0032

Board of Religious/Academic

Education.....Chris Wilson, 480-5472

Tara Nelson, 991-4432

Children's Liturgy of the

Word Coordinator Mary Zug, 225-6414

Knights of Columbus..... Enrique Cruz-Garcia, 771-6212

Prayer Line Wynanda Ferguson, 225-7200

ed.garza@sacredheartwdm.org

St. Vincent de Paul Rita Dette, 223-6095

Teresa Kordick, 224-9274

Women's Guild Barb Baker, 339-1561

Pastoral Council.....Carol Smith, 771-3082

CSmith5plus1@msn.com

Young Adult DirectorJennifer Leon 225-6414

shyoungadults@sacredheartwdm.org

BULLETIN DEADLINES: *log onto our web site for information about deadlines and submission guidelines.*

MISSION STATEMENT

The mission of Sacred Heart Parish is to be the spiritual focal point for the Catholic Christian community in our portion of the Diocese of Des Moines. This community:

- ✦ Believes and proclaims that Jesus Christ is Lord;
- ✦ Calls its people to experience and put into practice the love of Jesus Christ;
- ✦ Draws its people into the social and spiritual life of the parish so that each has a sense of belonging;
- ✦ Seeks to help its members take on the "mind of Christ" through prayer, study and worship;
- ✦ Uses and returns the gifts and talents God has given; Is itself a sign calling its members to hear and respond in ministry to the spiritual and temporal needs of people within the parish and beyond.



If I can be of assistance to you or a loved one, please contact me. I have many resources to share with you.

Deacon Ed Garza
ed.garza@sacredheartwdm.org



This week's article is part 3 of The Healing Power of Forgiveness by Ty Bollinger of the Mayo Clinic.

Even if You Can't Forget, Learn to Forgive: The old adage "forgive and forget" sounds nice, but let's face it: forgetting isn't always feasible. Severe emotional and physical traumas can inflict lasting damage. So much so that truly forgetting they ever happened is sometimes an impossibility. But the forgiving part is *always* possible, and it's the only way to ultimately release the pain and oppression brought on by the offense requiring forgiveness.

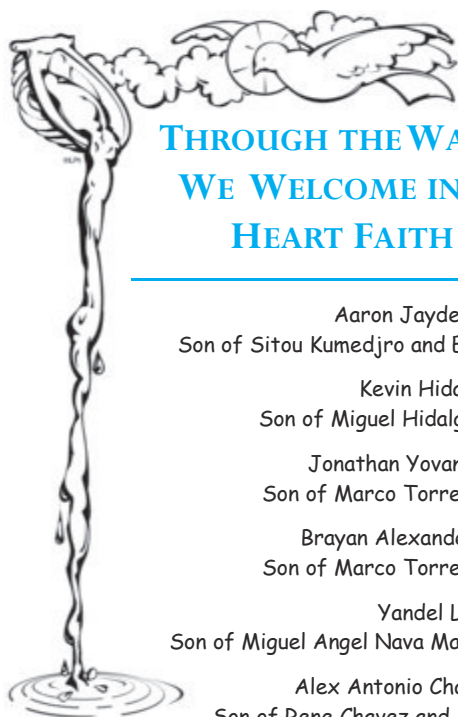
There's another saying that says refusing to forgive someone is like drinking poison and waiting for the other person to die. Remember: it's not about *justifying* someone else's bad behavior against you, but rather *releasing* all the negative energy that it sent your way in order to find peace. This in turn will help your other relationships, promote spiritual and psychological wellbeing, reduce stress and blood pressure, boost your immunity, and help bring lasting joy and happiness into your life.

Some Helpful Tips for Learning How to Forgive:

- Reflect on your own shortcomings and think of instances in which you needed forgiveness from another person. Doing this will help you empathize with someone else who might need your forgiveness.
- Consider the immeasurable value and power of forgiveness, both for yourself and others.
- Stop thinking of yourself as a victim and start taking the moral high ground in every situation where you feel offended or harmed. Doing this will help release the oppressive control that someone else's offense has on your life.
- Actively choose to forgive in order to perpetuate a culture of reconciliation, healing, and peace. Oh, how our world needs these things, doesn't it?

On a final and important note... Often the most harmful "grudges" we hold onto are against members of our own family and past friends, whose transgressions against us years or decades ago are all the more painful because they were people we trusted. And often this harmful anger and angst is buried so deep that we don't realize how much it is harming us. That is, until we consciously "look it in the eye," recognize it for what it is, and decide to let go and forgive. Then it can feel like a thousand pounds were lifted off our hearts, and indeed even our physical and mental health can improve!

I hope all of you found this three part series on forgiveness and healing beneficial. If you would like to explore this issue further please contact me at 225-6414. I would love to discuss with you further. A great place to start is the confessional. The Sacrament of Reconciliation will go a long way in bringing healing and peace into your life.



THROUGH THE WATERS OF BAPTISM WE WELCOME INTO OUR SACRED HEART FAITH COMMUNITY

Aaron Jayden Kumedjro
Son of Sitou Kumedjro and Ekua Dodji Simons-De Fanti

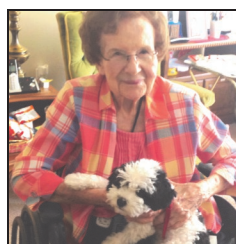
Kevin Hidalgo Julio
Son of Miguel Hidalgo and Susana Julio

Jonathan Yovani Torres Silva
Son of Marco Torres and Araceli Silva

Brayan Alexander Torres Silva
Son of Marco Torres and Araceli Silva

Yandel Lagunes
Son of Miguel Angel Nava Maldonado and Teresa Lagunes

Alex Antonio Chavez-Manjarrez
Son of Rene Chavez and Dulce Manjarrez-Nuñez



Cubby Bear, Sacred Heart Pastoral Care Therapy dog, with parishioner Mary Versackas.

OFFICE HOURS: Beginning Monday, August 29, the parish office hours will be from 8 am to 3:30 pm.

Our deepest sympathy and prayers to the families of the following ...

Parishioner Betty Wells
John Gallagher
Father of Parishioner, Anne Baumhover

...God grant them eternal rest

YOUTH MINISTRY "SMASH"



Student Ministry at Sacred Heart offers spiritual, service and social opportunities to teens in grades 9-12. Contact Deanna Lane, Director of Youth Ministry, for more information at 225-0546 or Deanna.Lane@sacredheartwdm.org.

MARK YOUR CALENDAR!

Student Ministry at Sacred Heart (SMASH) is gearing up for a fun and faith-filled fall! Mark your calendars and plan to join us! Watch for your fall newsletter in the mail mid to late August with more details on these and other events. Check out the complete calendar at www.sacredheartwdm.org - click on "Faith Formation" then "SMASH/Youth Ministry"

- **August 27** ... Sacred Heart "ParishFest" 5:00-8:30 pm (formerly known as the Parish Picnic) Service opportunities from noon-8:30 pm - Sign up available online at www.sacredheartwdm.org
- **September 7** ... Confirmation 2016 Session 6:30-8:00 pm
- **September 10-11** ... Confirmation 2017 Rite of Enrollment and Orientation meetings after each Mass this weekend.
- **September 14** ... Back to SMASH Bash 6:30-8:00 - Join us as we kick off another great year of SMASH on Wednesday nights. Open to all 9th-12th graders.
- **September 24-25** ... Christ Our Life Conference in Downtown Des Moines - There are many amazing speakers that appeal to youth and adults alike. Check it out at www.christourlifeiowa.com
- **September 25** ... Teen Choir rehearsals begin. 6:30-8:00 in the church - Contact Deanna.lane@sacredheartwdm.org if you are interested in joining this group.
- **October 5** ... Confirmation 2016 session and Rehearsal 6:30-8:00 - Candidate and a parent must attend.
- **October 9** ... Confirmation last names A-J - 4:00 pm.
- **October 16** ... Confirmation last names K-Z - 4:00 pm.
- **October 23** ... DCYC - Diocesan Catholic Youth Conference featuring Paul J. Kim at Dowling.



ADORATION

Sacred Heart Parish continues to have Adoration every First Tuesday of the month. The Exposition of the Blessed Sacrament will occur after 8:00 am Mass & reposition will be at 7:00 pm. *Our next opportunity for Adoration will be Tuesday, September 6th.* You

are welcome to stop in anytime from 8:00 am to 7:00 pm. Please use the North Church Doors - the other doors will be locked. In the event of a funeral, Adoration will be suspended for the duration of the funeral and will resume after the funeral for the remainder of the day. For more information, visit the Sacred Heart website under "worship".

PREFERRING NOTHING TO HIM WHO
PREFERRED NOTHING TO US,
CLINGING TENACIOUSLY TO HIS LOVE,
STANDING BY HIS CROSS WITH
LOYALTY AND COURAGE ... THIS IS
WHAT IT MEANS TO DO THE WILL OF
THE FATHER.
ST. CYPRIAN

CHILDREN'S FAITH FORMATION "CFF"



Kayla Richer, Director

kayla.richer@sacredheartwdm.org

Debbie Chalik, Coordinator

debbie.chalik@sacredheartwdm.org

Marcia Schaul, Office Associate

marcia.schaul@sacredheartwdm.org



Registration for Children's Faith Formation:

If you have not yet registered for Children's Faith Formation, please register on-line immediately! Go to the web page: www.sacredheartwdm.org. On the Home page, watch the scrolling banner and look for the image listed below.

- To register for Sunday Preschool, click on the image of the *daisies*.
- To register for Wednesday CFF, click on the image of the *praying girl*.
- To register for 2017 Confirmation, click on the image of the *bishop*.

Please call the CFF office if you have questions at 515-225-6414, ext. 316. We are on summer hours, so leave a message and we will return your call. If you wish to email us, send your email to: debbie.chalik@sacredheartwdm.org.

RCIA—RITE OF CHRISTIAN INITIATION OF ADULTS

WOULD YOU INVITE SOMEONE TO LEARN MORE ABOUT BECOMING CATHOLIC? The Catholic Church is a beautiful repository for the many, many graces and gifts that God wants to share with all of us. Do you know someone who is not Catholic but might be open to learning more about all the Catholic Church has to offer? The Catholic Church has a process called RCIA (Rite of Christian Initiation of Adults) that is used to guide unbaptized persons through the process of becoming Catholic. We also use a modified form of RCIA for baptized Christians who were formed in the Christian faith in another Christian denomination and would now like to join the Catholic Church.

We welcome new inquirers at any time, and encourage you to contact us so we can help you with your questions and walk you through the steps to becoming Catholic. There is no pressure or obligation to join the Church as you learn what being Catholic is all about. To learn more, contact Casey Conner at casey.conner@sacredheartwdm.org or call 515-225-6414 ext. 309. More information can also be found on the parish website: www.sacredheartwdm.org/rcia.

"Sacred Heart and the community have made me feel at home. My journey through RCIA has changed my life." -Rebecca, new member 2014.

ALREADY CATHOLIC? Consider becoming an RCIA sponsor. See the parish website for more details: www.sacredheartwdm.org/rcia.

◆ MARRIAGE SPONSOR COUPLES NEEDED

Sacred Heart is in need of several sponsor couples to help prepare engaged couples for the Sacrament of Marriage. This is such a rewarding ministry and will strengthen your own marriage by learning and growing together with the newly engaged couple. Time commitment: most marriage preparation ministers are matched up once a year with new couples for 4-5 meetings. This is based on your own schedule and is very flexible. You will be fully trained by the Diocese and then matched up with couples to begin their journey together in marriage. **Next training session is Sunday Oct. 2nd, 1-5 pm at Sacred Heart.** Please contact Pam in the church office to register for the training. 515-225-6414.

◆ CASSEROLES FOR THE FAMILY VIOLENCE CENTER

"FOR I WAS HUNGRY AND YOU GAVE ME FOOD" — Matthew 25:35
The Sacred Heart Women's Guild is coordinating efforts to provide 20 casseroles each month to the Family Violence Center here in Des Moines. **YOU CAN HELP—PLEASE MAKE A CASSEROLE!** Each casserole should be in an 8 X 8 aluminum container, frozen, and labeled with the recipe, and thawing/cooking instructions taped to the outside. Casseroles may be put in the Parish Center freezer when you come to Mass on September 3/4. Please call Judy Schwartz at 556-7788 if you would like to make one or more casseroles over the course of the year.

◆ WALK THAT MORE MAY EAT

The Des Moines Area Hunger Hike is the opening event of the World Food Prize week. Taking place on the second Sunday each October, the Hunger Hike serves as a visible witness to the concern about hunger, both locally and globally. Hundreds of people of all ages, a coalition of institutions, organizations, denominations, and faiths gather to "walk that more may eat."

Since 1969, Hikers have raised over 1 million dollars to help alleviate the problem of hunger in our community and abroad. Donations are distributed among nonprofit agencies and programs that provide food to those in need. Over 96% of funds are allocated for food purposes, with less than 4% covering the required insurance, publicity and postage expenses.

To participate in the Hunger Hike on October 9, request a packet by emailing info@desmoineshungerhike.org and begin collecting donations. Online donations may be made at desmoineshungerhike.org. Like us on Facebook at facebook.com/desmoineshungerhike.

Looking for ways to volunteer? We have many ways to participate in the Hunger Hike, such as serving as a guide along the route or helping hand out food and drink at the end of the Hike. Please let us know if you are available to help some way on Hike Day!

**TO BE GRATEFUL IS TO RECOGNIZE
THE LOVE OF GOD IN EVERYTHING HE
HAS GIVEN US - AND HE HAS GIVEN US
EVERYTHING.**

THOMAS MERTON

SATURDAY/SUNDAY, Month, Year	4:00 PM Servers: Hunter Cruchelow, Giselle & Jose Sanchez Lectors: Mark & Gail Stelmacher, Tom Robson
	8:00 AM Servers: Elizabeth & Patrick Warren, Caitlin Webb Lectors: Steve Boeckman, Brian Sweeney, Judy Blessington
	9:30 AM Servers: Jake Olson, Emelia Pugh, Megan Schwarte Lectors: Sally Robson, Bette Fetterman, Jody Judge
	11:15 AM Servers: Abigail Reinhardt, Catalina & Phillip Samaniego Lectors: Susan Pinneke, Jessica Watson, Steve Herzog

Mass Intentions for the Week

Sat.	Aug 27	4:00 pm	Harriet Voit
Sun.	Aug 28	8:00 am	William Shinkle
		9:30 am	Gerry Julich
		11:15 am	Merritt & Veronica Lutter
		1:00 pm	Sacred Heart Parishioners
Mon.	Aug 29	8:00 am	Luella TeKippe
Tues.	Aug 30	8:00 am	Don Markowski
Wed.	Aug 31	8:00 am	Joe Dougherty
Thurs.	Sep 1	8:00 am	Theresa Spear
Fri.	Sep 2	8:00 am	Gerry & Judy Cernohous
Sat.	Sep 3	4:00 pm	Rosalio Rocha
Sun.	Sep 4	8:00 am	Connie Hill
		9:30 am	Dick Miller
		11:15 am	Charlene Hunter
		1:00 pm	Sacred Heart Parishioners

Readings for the Week of August 28:

Sunday:	Sir 3:17-18, 20, 28-29/Ps 68:4-7, 10-11/ Heb 12:18-19, 22-24a/Lk 14:1, 7-14
Monday:	1 Cor 2:1-5/Ps 119:97-102/Mk 6:17-29
Tuesday:	1 Cor 2:10b-16/Ps 145:8-14/Lk 4:31-37
Wednesday:	1 Cor 3:1-9/Ps 33:12-15, 20-21/Lk 4:38-44
Thursday:	1 Cor 3:18-23/Ps 24:1-6/Lk 5:1-11
Friday:	1 Cor 4:1-5/Ps 37:3-6, 27-28, 39-40/ Lk 5:33-39
Saturday:	1 Cor 4:6b-15/Ps 145:17-21/Lk 6:1-5
Next Sunday:	Wis 9:13-18b/Ps 90:3-6, 12-17/Phlm 9-10, 12-17/Lk 14:25-33

WOMEN'S GUILD

Find the Women's Guild page on the website under "organizations"

WOMEN OF SACRED HEART HELP US REACH OUR MEMBERSHIP GOAL!!! JOIN THE WOMEN'S GUILD

The Sacred Heart Women's Guild provides a social connection for all ladies of the parish, plus gives assistance and financial aid, not only to our parish, but the community.

Our goal is to double our current membership. This will enable us to provide even greater aid to the parish and community. Although your assistance in events is greatly appreciated and encouraged, please consider becoming a Guild member, even if you choose not to participate in meetings or service events.

To join, come to friendship night September 13th, or visit our table at the parish picnic, and before and after all masses on September 10th & 11th and September 17th & 18th.

To join by mail, complete the following information and return along with a check for \$20 payable to Sacred Heart Women's Guild to: Kathy Hatlie, 1208 57th Pl., West Des Moines, IA 50266 or place in the Women's Guild mail slot in the parish office.

Name _____

Address _____

Phone _____

Email _____

Sacred Heart Catholic Church Blood Drive

**Thursday, September 1, 2016
2:00 PM – 7:00 PM
Sacred Heart Parish Center**



As we approach Labor Day weekend, the need for blood becomes even more critical. What a perfect time to donate a pint of blood and provide the gift of life to someone in need. It only takes about an hour of your time, but the rewards of your donation will be eternal.

The need for blood is ongoing, so if you can help us out, please contact Steve Miller at 515-229-6820, or email him at sjdcbmiller@gmail.com to set up an appointment. Thank you and God bless you for your gift of life.

**Sponsored by
Sacred Heart KC's**

Please bring a valid form of identification, such as your donor ID card or driver's license

For more information:
800.287.4903
lifeservebloodcenter.org

 **LifeServe**
BLOOD CENTER
Caring for you, sharing for life.

"KNIGHT'S CORNER"

KNIGHTS OF COLUMBUS COUNCIL #9632

NEWS

This weekend, Saturday, after the four o'clock Mass is our parish's annual picnic, now called "Parishfest." Please come for the food, fun and fellowship this event offers each year. Bring the family. There is no cost to join in Parishfest.

There is a need and Sacred Heart is responding. The KCs are again sponsoring a blood drive this week on Thursday, September 1, in the parish center from 2-7. Look for the sign-up schedules to be released soon. If you can help with set-up, tear-down or in the canteen area, please give either Bill Wieland (321-7980) or Steve Miller (229-6820) a phone call.

Save the date for our first pancake breakfast following the summer break. Due to scheduling conflicts it is one week later than our normal second Sunday of the month spot. Nevertheless, please join us Sunday morning, September 18, from 8:30 to 11:00 in the parish center.

Also save the date for our annual Sacred Heart golf outing. This year it will be on Friday, September 23, again at Legacy Golf Course in Norwalk. It will be a morning shotgun start with a lunch and program to follow. Look for sign-up information coming shortly here and elsewhere in the bulletin.

CALENDAR

AUGUST

THIS WEEKEND, Saturday: Sacred Heart annual "Parishfest" picnic following Saturday Mass

SEPTEMBER

September 1, Thursday: SH KC blood drive in the parish center—2:00 to 7:00 PM

September 18, Sunday: Pancake breakfast in the parish center

September 19, Monday: Monthly business meeting

www.sacredheartwdmkofc.org



Council Grand Knight Enrique Cruz and District Deputy Dick Brdicko



Enrique Cruz Garcia residing over his first meeting as Grand Knight

BELOW: Knight Fritz Nordengren showing the council a new magazine his publishing company is proposing, highlighting the arts department at Dowling Catholic High School.



FOR YOUR INFORMATION



SACRED HEART ST VINCENT DE PAUL SOCIETY

We are a service based Society. Please come and join us in this year of Mercy to serve the less fortunate.

Our members volunteer as little or as often as their time permits.

School Families- we are a fantastic way for your students to get service hours!

Our purpose is to help people in need, in a confidential manner through various charitable works and services.

Some examples include:

- working at the food pantry
- monthly Bingo party at Fountain West
- bread delivery to area shelters
- monthly meal prep and serve at Connection Cafe
- food baskets at Thanksgiving and Christmas
- monetary assistance based on qualified need
- Phyllis Davis Linen Drive
- Truck Donation Collection
- September Friends of the Poor Walk
- Assistance at 6th Ave. District Store
- and so much more!

Upcoming Events:

August 31st- Meals from the Heartland
September 4th, 11th, 18th, 25th- Bread Delivery
September 7th- Monthly Meeting
September 18th- Friends of the Poor Walk
September 20th - Food Pantry
September 22nd- Bingo at Fountain West

SACRED HEART SCHOOL NEWS

- Food, drink, music, and fun are guaranteed! Buy your tickets today for Sacred Heart School's Annual Fundraising Auction. Tickets are only \$40 each and can be purchased online at <https://sacredheartwdm.ejoinme.org/Rocktoberfest2016>. Grab your SHS Alumni buddies and plan to rock out in your old grade school gym!!
- Can't attend the auction, but still want to be involved? Please visit the website and consider donating to this great cause. Items like lawn care services, carpet cleaning, organization assistance, etc. are great prizes! Other items such as basketball and football tickets to ISU, Iowa, UNI games, wine, beauty products, etc. are also welcome. For questions about donating please contact Aubrey Leisinger at 319-239-0179 or aubreyleisinger@gmail.com.
- Substitute Teachers Needed!! Are you interested in becoming a substitute teacher at Sacred Heart School? Please visit the school website for more information (www.sacredheartschoolwdm.org/job-opportunities) or contact Carla Mosher directly at carla.mosher@sacredheartwdm.org for more information regarding this opportunity.

SACRED HEART PARISH / KNIGHTS OF COLUMBUS ANNUAL GOLF OUTING

Friday, September 23, 2016

Legacy Golf Club, Norwalk, Iowa

Registration: 7:00AM

Shotgun Start: 8:00AM

Cost: \$85.00 / Golfer - \$340 / Foursome

Registration fee includes:

- Greens fees for 18 holes with a cart
- Coffee, Juice & Casey's breakfast pizza prior to the event from 7-8 am
- Burger & Brat lunch with all the fix'ns following the event
- Two complimentary beverage tickets good for beer, water, soda or Gatorade

All proceeds go to support the Sacred Heart
Pastoral Care Ministry Program

Contests * Food * Prizes * Fun
Longest Putt
Closest to the Pin
Longest Drive (men and women)

Yes, I / we would love to Participate in the outing. Enclosed is my/our check for \$ _____ for the following golfers:

- 1) _____
- 2) _____
- 3) _____
- 4) _____

If you do not have a complete foursome we will pair you up with a group.

No, I / we are not available to golf but would still like to support the Parish Nurse Program. Please accept our gift of \$ _____

Please make all checks payable to:

Sacred Heart Parish Golf

Please return your check and registration form to:

Sacred Heart Parish Office

1627 Grand Ave

West Des Moines, Iowa 50265

Early Bird Registration discount (by September 11)

Return your check and registration form prior to September 11th
and your cost per golfer is only \$80.00

Note: The event will be scored in two (2) separate flights with prizes being awarded to the 1st and 2nd place foursomes in each flight.

Sponsorship Opportunity

I / we would like to have a sponsorship sign(s) on a hole(s). This sign can be for a company, organization or in honor or memory of an individual. Cost of sponsorship is \$175.00 for one sign per hole.

Contact Brian Anstoetter at 515-975-9863 for more details on sponsorships.

◆ SINGER SONGWRITER SARAH HART

Sarah Hart, singer, songwriter, storyteller, speaker and parent extraordinaire is coming to Ss. John and Paul, Altoona, this September! She will lead a morning of renewal on Saturday, September 17th. Check-in and refreshments start at 8:30 am with the renewal from 9 am-12 noon. There is no fee, but there will be an opportunity to give a free will offering. Registration is required, online at www.ssjohnpaul.org/fall-renewal-morning, or call Sr. Virginia Jennings, 967-3796. Treat yourself and come be renewed in body, mind and spirit.

◆ SUPPORTIVE CARE IOWA

As part of the bishops' statewide Supportive Care Iowa initiative, the Diocese of Des Moines is seeking people interested in becoming volunteer Advance Care Planning Facilitators. We are also interested in training people to make educational presentations for parishes regarding end-of-life issues. If interested, please contact Sister Jude Fitzpatrick, at 515-237-5048.

Advance Care Planning Facilitators will assist Catholics in your geographical area in executing advance directives in accord with Catholic moral teaching. We will meet with individuals on a one-to-one basis, and without charge. Training: Completion of six online course modules from Respecting Choices (about 6 hours) and a workshop (9-4:30 p.m.) to be offered within the diocese. Cost of the training will be covered; there will be no out-of-pocket cost. Desired background: health care professional, pastoral care staff member at a health care facility; parish nurse/health minister; attorney.

Presenters for Parish Education Programs will present programs on Catholic teaching on end-of-life issues and advance directives in your geographical area. Format: Power Points will be provided for use in two versions: 1) with voice narration already included, and 2) plain Power Points with narration given by onsite presenter with help from a text provided. The presenter will field comments and questions from participants.

Training: A 1- to 1 ½-hour webinar will be offered to walk presenters through the Power Points and answer any questions they may have about Church teaching. Desired background: parish nurse/health minister, member of an ethics committee at a health care facility, health care professional, pastoral care staff member at a health care facility.

◆ PREGNANCY AND INFANT LOSS RETREAT

Christ the King is hosting a healing retreat Saturday, September 3 for any couple who has experienced any type of pregnancy or infant loss. The retreat will run from 9 am until 4 pm (a light breakfast and lunch are provided), and is located in the Parish Pastoral Center, 820 Porter Ave, Des Moines. Childcare is available. There is no cost to the retreat, in order to register contact Deacon Joel Schmidt at Schmidt.joel@gmail.com

◆ PLEASE REMEMBER IN YOUR PRAYERS

Those involved in "The Third Option" - a new DM ministry supporting couples who are struggling in their marriages or those who wish to grow in the skills necessary to make marriage thrive.

◆ NEWSPAPER READERSHIP SURVEY

Thank you to everyone who completed a readership survey for The Catholic Mirror. We will evaluate all of the responses and use your feedback to make stronger our communication strategy.

◆ NEWSPAPER SUBSCRIPTION DRIVE

Please support The Catholic Mirror subscription campaign so we can continue this important evangelization ministry.

◆ EMPLOYMENT OPPORTUNITY

The Office of Catholic Schools is looking for an Advocate to assist with Hispanic students in the Diocese of Des Moines. Specifically, this position will be focused on serving Spanish speaking parents and students within the Diocesan Catholic schools by supporting ongoing admissions and retention efforts. This position will report to the Superintendent but will coordinate with principals in each of the Diocesan schools and work with the Hispanic Ministry Office. Please send resume to hr@dmidiocese.org

◆ FALL BALL & REUNION DANCE

Saturday September 24, 2016 from 7 to 11 pm at St. Augustin Catholic Church - 545 42nd Street, Des Moines, IA (North West corner of 42nd & Grand Ave.) Band "THE HEART BEATS"

Ppen to all singles and married CAST alumni. MEMBERS \$5 - NON MEMBERS \$10 which includes membership in CAST for balance of 2016. For additional information call: Jan Murphy, President at 515-238-3990, or email: castdesmoines@hotmail.com. CAST is a Non-Denominational group—All faiths welcome!

◆ BEGINNING EXPERIENCE FOR PEOPLE WHO ARE WIDOWED, DIVORCED OR SEPARATED

What if the worst thing you think could happen does and you are widowed, separated, or divorced? What if life changes in the blink of an eye? How do you cope? How do you deal with the grief, loss and pain? Beginning Experience can help, you do not have to suffer alone. We know how you feel, we have gone through the same things you are going through. Join us for three open houses on September 9th, 16th and 23rd at St. Augustin Church at 42nd and Grand Ave. From 7-8:30 You are not alone, let us show you how we got through our grief. You can still have a good life and Beginning Experience can help. Questions contact Dana Reed at 515-975-3745

◆ INNERVISIONS HEALTHCARE EVENT

How about a nice steak for a good cause? Each fall, some local councils of the Knights of Columbus sponsor a Dinner Dance which benefits InnerVisions HealthCare, an unplanned pregnancy and STD medical clinic in West Des Moines. It's a pro-life, Christ-centered medical facility which also provides important resources to its many clients. Come support them on September 17 in exchange for a steak dinner, dancing, and live/silent auctions! Tickets: \$50/person; \$320/tables of 8. For more information: www.ivhcare.org/2016DinnerDance or contact development@ivhcare.org.



GIFT—GROWING IN FAITH TOGETHER

ADULT FAITH FORMATION TEAM

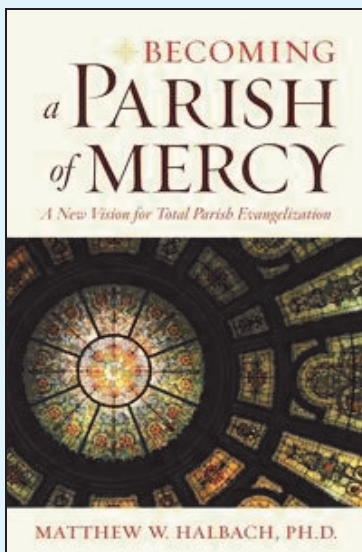
CONTINUE THE YEAR OF MERCY AT SACRED HEART!

Tuesday, September 20 at 7pm - FREE! You're Invited to a Book Launch Party for Dr. Matthew Halbach's new book, *Becoming A Parish of Mercy*.

Dr. Halbach will speak about his book and sign copies for all attendees. Sacred Heart is the first parish in the Diocese to host an author talk and signing of the newest book on Mercy within parish evangelization.

Dr. Matthew Halbach is the Director of the St. Joseph Educational Center, which supports adult faith formation in the 23 parishes of the Des Moines region.

Wine and hors d'oeuvres will be available. RSVP to Loralee.chase@sacredheartwdm.org



VIDEO SERIES coming this Fall: don't like homework? no time?...this course is for YOU!

Bishop Barron is on a new journey to unlock the truth behind the Catholic Church's most influential people. *CATHOLICISM: The Pivotal Players* is a multi-part film series that illumines a handful of saints, artists, mystics, and scholars who not only shaped the life of the Church but changed the course of civilization. Learn about St. Francis, St. Thomas Aquinas, St. John Henry Newman, St. Catherine of Siena, Michelangelo and many more pivotal players! *weekly video and discussion *no at home preparation or study. \$20 for the 13 week course. *Wednesday daytime, 1-2pm *Tuesday evening 7-8pm. Sign up today online (www.sacredheartwdm.org/learn) or email (loralee.chase@sacredheartwdm.org)



Fall Bible Studies open for registration
3 ways to sign up!

1—online: www.sacredheartwdm.org/learn

2-email/phone: loraleechase@sacredheartwdm.org
225-6414 ext 309

3-paper: Sign-up binder in gathering space!



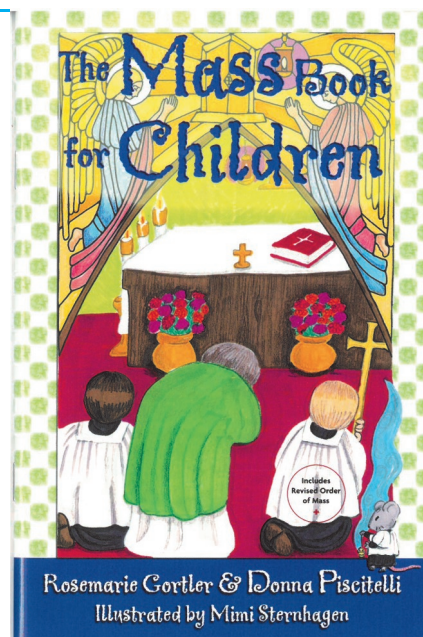
All of these and MORE! Descriptions on the webpage.

FOR YOUR INFORMATION

This is a delightful way to introduce your little ones to Jesus in the Eucharist!

With its captivating writing style and charming art, *The Mass Book for Children* not only teaches young children the parts of the Mass but also shows them why joining in this joyful gathering is an experience of love.

The books are located in the Gathering Space. Feel free to use one during Mass and then simply return it when you are finished.



◆ SAVE THE DATE!!!

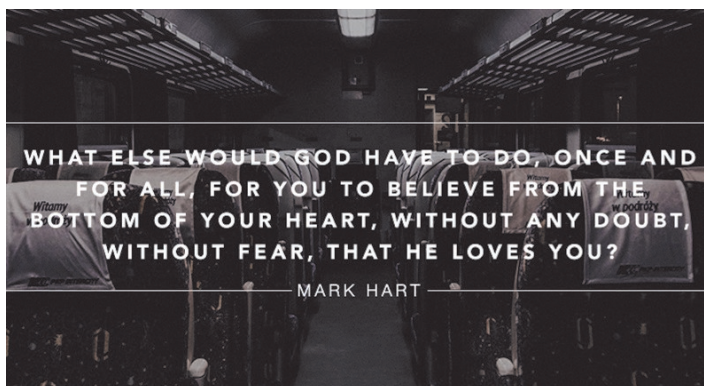
Sacred Heart Parish Annual Golf Outing - Friday, September 23rd, 2016, at the Legacy Golf Club in Norwalk, IA. Shotgun start at 8:00 am. Fun, Food Fellowship & Great prizes. Registration information will be published as it becomes available.

◆ EXTRAORDINARY MINISTER OF EUCHARIST TRAINING

There will be a training session for new Extraordinary Ministers of the Eucharist on Monday, September 12 at 7 pm in the sanctuary. These training sessions are held every six months. If you would like to participate in this ministry, please let us know. You may RSVP to Sheila.hancock@sacredheartwdm.org to reserve a place.

◆ COME AND PRAY FOR AMERICA

Our country is in need of prayers, healing and understanding. Please join us in the parish for the rosary at 6:30 on Monday evenings. Please extend an invitation to neighbors and friends. Enter through the north doors of the sanctuary.



BIENVENIDOS

Bienvenidos a todos nuestros visitantes, los recién llegados y feligreses !!

Si usted es nuevo en nuestra Parroquia y desea ser miembro de la Iglesia Católica Sagrado Corazón, por favor pase por la oficina parroquial o llame al 515-225-6414 para facilitarle el Registro de Nuevo Miembro. Tenemos programas y actividades disponibles para todas las edades. Ofrecemos el programa RICA para quienes deseen convertirse en Católicos. La lista con los nombres de los miembros del personal pastoral, miembros del Comité y presidentes de los ministerios y sus números de teléfono se encuentran bajo esta sección.

HORARIOS DE MISA EN FIN DE SEMANA

Sábado.....4:00 pm

Domingo 8:00, 9:30, 11:15 am; 1:00 pm Misa en Español

Misa Diaria.....Lunes a Viernes 8:00 am

SACRAMENTO DE RECONCILIACIÓN

Sábado.....2:30 pm to 3:30 pm

NÚMEROS TELEFÓNICOS

Teléfono de la Parroquia: 225-6414 Fax: 225-0286

Formación en la Fé para niños.....225-6414

Ministerio de Jóvenes..... 225-0546

www.sacredheartwdm.org

SACRAMENTO DEL BAUTISMO

Miembros registrados y participantes de la Parroquia deben contactar a la oficina parroquial para inscribirse en las clases obligatorias para Padres y padrinos. A los padres se les pide comunicar su solicitud antes del nacimiento de sus hijos.

SACRAMENTO DEL MATRIMONIO

Miembros registrados y participantes de la Parroquia, se les pide contactar a la oficina parroquial con **seis meses, o mas de anticipación** de la fecha prevista para el matrimonio. Clases de preparación matrimonial son requeridas.

RECIENTE LLEGADOS

Nuevos parroquianos por favor registrarse por teléfono o en la oficina parroquial entre las 8:00 am y 3:30 pm. Para cambios de domicilio, o si dejan la parroquia por favor comunicar a la oficina parroquial al teléfono 515-225-6414

COMITES Y PRESIDENTES DE MINISTERIOS

Si Ud. Esta interesado en pertenecer a algunos de los Ministerios de la parroquia, favor comunicarse: 515-225-6414, extension 313.

SACERDOTES SAGRADO CORAZON

PADRE CHRISTOPHER HARTSHORN, PARROCO

chris.hartshorn@sacredheartwdm.org 225-6414, ext. 310

PADRE LUIS MEJIA,

VICARIO PARROQUIAL

luis.mejia@sacredheartwdm.org 225-6414, ext. 313



Porque hay tantos matrimonios destruidos en nuestra sociedad. Será que las parejas no entienden la misión verdadera del matrimonio. Muchas veces los matrimonios fracasan porque no han entendido las obligaciones cristianas del matrimonio que se resume en una sola palabra amar a Dios más que tu esposa y esposo e hijos. Muchos hermanos se perturban con el mensaje evangelio, "Aquel que no deje padre madre e hijo por mi causa no es digno del reino de los cielos"

Una vez bautizados, nosotros somos miembros de una nueva familia, con nuevas obligaciones. Nuestras obligaciones familiares trascienden a un nuevo grado de entendimiento. A través de la nueva familia somos capaces de amar, conocer la verdad, velar por la justicia, y por la libertad. Una de las razones por las cuales la Iglesia peregrina de Cristo sigue caminando después de 2000 años; es porque nos hemos sabido mantener unidos como cuerpo a la cabeza que es Jesucristo. Mis querido hermanos el verdadero cristiano es aquel que fomenta la unidad con sus Iglesia.

(Autograph)

◆ CRISTO NUESTRA VIDA

Espero esté muy bien. Adjunto esta la información en español sobre la Conferencia Católica Cristo Nuestra Vida para que la pongan por favor en los boletines de sus parroquias. He estado distribuyendo volantes en todas las parroquias y tenemos más si ustedes necesitan. Solo déjenme saber.

Este año la conferencia es el 24 y 25 de Septiembre, tendremos interpretación al español de toda la conferencia y también tendremos una sesión en español con el presentador Jesse Romero el 24 de Septiembre a las 7:00pm. Les agradecería mucho si nos pudieran ayudar a promover esta gran conferencia.

Aprecio mucho su colaboración y apoyo. No duden en contactarme si tienen alguna pregunta.

CONFERENCIA CATOLICA CRISTO NUESTRA VIDA (CHRIST OUR LIFE)



Marquen la fecha en su calendario el 24 y 25 de Septiembre en la Arena de Wells Fargo en Des Moines, IA.

Esta es una conferencia muy bonita que nos ayuda a profundizar nuestra fe, aprendiendo y escuchando las enseñanzas y testimonios de presentadores católicos. Tendremos interpretación al español de toda la conferencia y además una sesión en español con el presentador Jesse Romero el sábado 24 de Septiembre a las 7:00pm. El costo del boleto para entrar a la conferencia es de \$25 para adultos y \$15 para estudiantes.

Busque los volantes informativos de la conferencia en su parroquia. Si desea más información puede llamar a la oficina del Ministerio Hispano al 515 237-5011

Los programas de radio en español

Nosotros invitamos a escuchar programas de radio en español.

Fortaleciendo Nuestra Fe	Saturdays at 12:00pm	La Reina 1260AM
La Linea de la Esperanza	Wednesday at 11:00am	La Reina 1260AM
La Hora de Cristo Rey	Thursdays at 11:00am	La Ley 105.5 FM