

Welcome to the Parish Community of

Sacred Heart

Church illustration by Sheri George

1627 GRAND AVENUE • WEST DES MOINES, IOWA 50265

WHAT IS HAPPENING AT SACRED HEART



KNIGHTS OF COLUMBUS PANCAKE BREAKFAST AND BOY SCOUT SUNDAY—FEBRUARY 5, 2017

FEBRUARY 12, 2017 • 6TH SUNDAY IN ORDINARY TIME

WELCOME

Welcome to all our visitors, newcomers and parishioners!!

If you are new to our faith community and are interested in becoming a member of Sacred Heart Catholic Church, please stop by the Parish Office or call 225-6414, for a New Member Packet. We have programs and activities available for everyone. We offer RCIA for adults who wish to become Catholic. The names of the pastoral staff members, committee members and ministry chairperson, and their phone numbers are listed on this page.

SACRED HEART PASTORAL STAFF

Pastoral staff members are available to help parishioners when they are celebrating the good times or hurting during times of crisis. Consider contacting the following pastoral staff members to help you through a difficult time.

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org 225-6414, ext. 310

FR. LUIS MEJIA, PAROCHIAL VICAR

luis.mejia@sacredheartwdm.org 225-6414, ext. 313

SACRED HEART PARISH STAFF

Rev. Mr. Ron Myers, Deacon 226-8466

Rev. Mr. Randy Horn, Deacon 224-1113

Deacon Ed Garza, Pastoral Care

ed.garza@sacredheartwdm.org 225-6414, ext. 315

Sheila Bales, Director of Music/Worship & Wedding Coordinator

sheila.bales@sacredheartwdm.org 225-6414, ext. 318

Casey Conner, RCIA Director

casey.conner@sacredheartwdm.org 225-6414, ext. 309

Deanna Lane, Youth Ministry Director

deanna.lane@sacredheartwdm.org 225-0546

Loralee Chase, Family Ministry

loralee.chase@sacredheartwdm.org 225-6414, ext. 309

Kayla Richer, Children's Faith Formation Director

kayla.richer@sacredheartwdm.org 225-6414, Ext. 319

Karla Serio, Hispanic Ministry Director

karla.serio@sacredheartwdm.org 225-6414, Ext. 304

SACRED HEART SCHOOL STAFF

Jane Kinney, Principal

jane.kinney@sacredheartwdm.org 223-1284, Ext. 142

Mary Jo Kever, Vice Principal

maryjo.kever@sacredheartwdm.org 223-1284, Ext. 140

VISIT US ON THE WEB AT: www.sacredheartwdm.org

WEBMASTER: Debbie.Chalik@sacredheartwdm.org

WEEKEND MASS SCHEDULE

Saturday 4:00 pm

Sunday 8:00, 9:30, 11:15 am; 1pm Spanish Mass

Daily Mass Monday through Friday 8:00 am

SACRAMENT OF RECONCILIATION

Saturday 2:30 pm to 3:30 pm

TELEPHONE NUMBERS

Parish Office..... Phone: 225-6414 Fax: 225-0286

School 223-1284

Children's Faith Formation 225-6414

Youth Ministry 225-0546

Sunday Faith Formation Preschool 225-6414

Parish Center Scheduling 225-6414

Weekday Preschool..... 226-2146

Sacred Heart Plus. 226-9662

www.sacredheartwdm.org

SACRAMENT OF BAPTISM

Registered and participating members of the Parish, contact the Parish Office to register for **required** Baptism Classes. Parents are asked to call **before** the birth of their child.

SACRAMENT OF MARRIAGE

Registered and participating members of the Parish, contact the Parish Office **six months, or more**, in advance. Preparation classes are **required**.

NEWCOMERS

Please register by phone, or in person, at the Parish Office between 8:00 am and 3:30 pm. For address changes, or if leaving the parish, please call the Parish Office at 225-6414.

COMMITTEE & MINISTRY CHAIRPERSONS

Art & Environment Pam Douglas, 224-0032

Board of Religious/Academic

Education Tara Nelson, 991-4432

Children's Liturgy of the

Word Coordinator Mary Zug, 225-6414

Knights of Columbus..... Enrique Cruz-Garcia, 771-6212

Prayer Line..... Wynanda Ferguson, 225-7200

ed.garza@sacredheartwdm.org

St. Vincent de Paul..... Rita Dette, 223-6095

Teresa Kordick, 224-9274

Women's Guild Barb Baker, 339-1561

Pastoral Council..... Carol Smith, 771-3082

CSmith5plus1@msn.com

Young Adult Director Jennifer Leon 225-6414

shyoungadults@sacredheartwdm.org

BULLETIN DEADLINES: *log onto our web site for information about deadlines and submission guidelines.*

MISSION STATEMENT

The mission of Sacred Heart Parish is to be the spiritual focal point for the Catholic Christian community in our portion of the Diocese of Des Moines. This community:

- ✦ Believes and proclaims that Jesus Christ is Lord;
- ✦ Calls its people to experience and put into practice the love of Jesus Christ;
- ✦ Draws its people into the social and spiritual life of the parish so that each has a sense of belonging;
- ✦ Seeks to help its members take on the "mind of Christ" through prayer, study and worship;
- ✦ Uses and returns the gifts and talents God has given; Is itself a sign calling its members to hear and respond in ministry to the spiritual and temporal needs of people within the parish and beyond.



If I can be of assistance to you or a loved one, please contact me. I have many resources to share with you.

Deacon Ed Garza
ed.garza@sacredheartwdm.org



THE BAGS WE CARRY

Last year at this time my parent's health declined and they needed to leave their home and move into assisted living. My siblings and I had to clean out the house and prepare it to be sold. We were under a deadline and had to clean out the house within a matter of a couple of weeks. One of my siblings asked, "Why did mom and dad hold onto this junk?"

That question brought to mind an article I came across a few weeks ago called, The Bags You Carry by Michael Brown. Michael Brown writes articles on Spiritual Healing which is a subject dear to my heart. I will paraphrase his article as I feel it is an important topic that we, as Catholics, need to ponder.

As they say, you can't take it with you. There is no U-Haul behind a hearse. Stuff literally buries us! If this is in your life, clear out that attic. Clean the basement. Empty your closet of anything that is worthless. Give unused items to Goodwill. They are needless baggage. There is also "baggage" in our spirits. This is more damaging still. **This you do take with you.**

There is the baggage of bad habits. When we have them, they collect around us. There are "bags of flesh from overeating". There are emotional bags. Worry causes us sleeplessness and "bags under our eyes". There is "baggage from past relationships". We have "bags of guilt". We have "bags of resentment". We have "bags of jealousy". We have "bags of past wounds". We have bags filled with heavy, maudlin memories.

Sin is a bag. Go to confession; attend mass, read scripture, especially passages that deal with "spiritual baggage." When we're laden with junk, we're stuck in place. We procrastinate. We can't move freely. Your "spiritual baggage" weighs you down. The Cross of Christ is light. Take up your cross and follow Him and leave behind everything that weighs you down.

"A time to keep, and a time to cast away" (Ecclesiastes 3:6).

The **Steven Ministry Core team** is currently meeting to "roll out" the program. Steven Ministry will be an excellent program to help us discard the "emotional baggage" we all carry around.

Our Prayer Shawl volunteers will be meeting on the following Monday's nights at 6:30 pm., Feb 13, March 13, and April 24. Meetings are held at Hamilton's West on Western Parkway. If you need more information please contact me.

Home Bund Parishioners Needing A Communion Visit: If you or a loved one are homebound and would like to receive the Eucharist, please contact me so arrangements can be made.

Our deepest sympathy and prayers to the families of the following ...

Brother John Reese
Brother of parishioner Jerry Reese
Colleen Lewton
Sister of parishioner Mike O'Meara

...God grant them eternal rest



REFLECTIONS FOR THE WEEK

Step One: Listen to the Word

When you hear the word commandment, what do you feel? What did Jesus mean when he said he did not come to **abolish** but to **fulfill** the law of the prophets?

Step Two: Look into your Life

- **Question for Children:** Which rules cause you the most difficulty? Why?
- **Question for Youth:** In your own words, describe what the spirit of God's law is.
- **Question for Adults:** Have you considered that laws are made with love? Do you accept God's love through his laws?

YOUTH MINISTRY "SMASH"



Student Ministry at Sacred Heart offers spiritual, service and social opportunities to teens in grades 9-12. Contact Deanna Lane, Director of Youth Ministry, for more information at 225-0546 or Deanna.Lane@sacredheartwdm.org.

NCYC

Save the Date for NCYC 2017 – November 16-19

The National Catholic Youth Conference (NCYC) is an exciting three day experience of prayer, celebration, community and discipleship for Catholic teens and their adult leaders. Participants enjoy awesome speakers, live music, inspiring large keynote sessions, a variety of workshops, and powerful liturgies. Perhaps best of all, teens are part of an enormous community of peers who love Jesus, who embrace their Catholic heritage and are proud to show it.

When: November 16-19, 2017

Where: Indianapolis, IN—Lucas Oil Stadium and the Indianapolis Convention center

Who: Teens who will be in 9th-12th grade during the 2017-18 school year (*current 8th-11th graders*) and adult chaperones

How: We'll travel by bus with about 500 other teens from the Diocese of Des Moines and stay at a hotel near the convention center.

Fundraising: If you are considering attending NCYC, plan to volunteer at this year's Lenten Fish Frys to help pay for your trip.

More information and Registration details coming soon

CLASS OF 2017 – SAVE THE DATE: Graduating seniors will be honored at a **special Mass and Brunch at Sacred Heart on Sunday, May 7**. All Sacred Heart seniors and their families are invited to attend the 9:30 Mass which will include a recognition and blessing followed by brunch in the parish center. Invitations with more details will be sent out in April. Mark your calendars today!

UPCOMING EVENTS:

February 12	Teen Choir rehearsal 6:30-8:00
February 15	Ice Skating at Brenton Plaza (in place of regular SMASH)
February 19	Teen Choir rehearsal 6:30-8:00
February 22	SMASH on Wednesday 6:30
February 26	Teen Choir at 11:15 Mass
March 1	Ash Wednesday—NO SMASH
March 3	Fish Fry 5:30-7:00
March 5	Teen Choir rehearsal 6:30-8:00
March 8	Confirmation Class
March 8	SMASH on Wednesday 6:30

CHILDREN'S FAITH FORMATION "CFF"



Kayla Richer, Director
kayla.richer@sacredheartwdm.org
Debbie Chalik, Coordinator
debbie.chalik@sacredheartwdm.org
Marcia Schaul, Office Associate
marcia.schaul@sacredheartwdm.org



Feb	12	9:30 am—PS—SHS
	15	4:30 or 6:30 pm—CFF—SHS
	18	10 am—12:30 pm Hispanic Blessing Cup Workshop
	19	9:30 am—PS—SHS
	22	4:30 or 6:30 pm—CFF—SHS
	25	8:30—11 am, Blessing Cup Workshop
	26	9:30 am—PS—SHS
Mar	1	No CFF—Ash Wednesday
	4	9 am—First Eucharist Retreat
	5	9:30 am—PS
	8	4:30 or 6:30 pm—CFF—SHS
	8	6:30 pm—2017 Confirmation Class
	12	NO Preschool
	15	NO CFF
	19	NO Preschool

CFF = Children's Faith Formation

SHS = Sacred Heart School

PS = Preschool

WHAT IS CHILDREN'S LITURGY OF THE WORD AT MASS?

Children age **Kindergarten and older** who wish to participate will be invited forward by the priest to join their teachers and other participants in the Children's Liturgy of the Word program after the Opening Prayer at the 9:30 Mass each Sunday. **Please do not send children younger than Kindergarten to participate in this program.** A preschool program is provided for children age 3 and up at the school each Sunday during the academic year.

Children's Liturgy participants will follow the same Mass procedure as adults but on a level appropriate to their understanding. We will be using the Children's Lectionary and the children will hear a reflection relating to the Gospel reading which they can understand.

The children will return to you at the Offering so please be watching for your child at this time.

Please watch the bulletin for any changes in the dismissal schedule. Dismissal is every Sunday with the exception of holiday weekends. You can find the monthly Children's Liturgy Dismissal schedule under the Children's Faith Formation section of the bulletin.

Adult assistants are always needed to help with "crowd control" during dismissal. Please join the group as we gather at the front of the church - there is no need to sign up beforehand.

FINANCIAL MESSAGE - January 2017

TITHES - Monthly

Actual: \$214,466
 Budget: \$180,000 (based on historical giving by month)
 Overage/(Shortfall): \$2,481
 YTD* over/(short): \$34,466 - For entire fiscal year, we were OVER by this amount

*the church's fiscal year begins July 1

ANNUAL DIOCESAN APPEAL

Assessment: \$251,660
 Pledged: \$ 273,579
 Paid to Date: \$271,897
 Number of Participating Parishioner Families: 743

SHARING GOD'S GIFTS

Goal: \$2,505,000
 Pledged: \$2,114,391
 Paid to Date: \$1,547,397
 Number of Participating Parishioner Families: 531

SACRED HEART BOARD OF RELIGIOUS AND ACADEMIC EDUCATION

The Sacred Heart School Board is now taking applicants to begin serving for the 2017-18 school year. The term for each school board member is three years. We are looking for parishioners with diverse professional backgrounds who are dedicated to upholding the mission of the Sacred Heart School. If interested, please submit a brief summary of your background to Tara Nelson at taramnelson@yahoo.com.

Did you make a New Year's resolution to strengthen your marriage?

Join our new marriage enrichment ministry, The Third Option, which meets the first and third Monday of the month from 7:00-9:00 pm in the Mercy Hospital Conference Rooms, 1111 6th Ave East Tower in Des Moines. The Third Option is an on-going support group for marriages to help struggling couples develop better understanding, sensitivity and trust. For more info visit: <http://www.dmdiocese.org/the-third-option.cfm>



SACRED HEART SCHOOL NEWS

Please turn in Box Tops for Education to help earn money for Sacred Heart School. Collection boxes are located in the gathering space and also outside the church office.

SATURDAY/SUNDAY, February 18/19	4:00 PM	Servers: Nathaniel & Matthew Zug, Louis Hartkop Lectors: Michael O'Meara, Mary Zug, Rob Walker
	8:00 AM	Servers: Evan Pollard, Grace Kelly, Rebecca Celsi Lectors: Dorothy Pisarski, Nathan Hardisty, Ann Michelson
	9:30 am	Servers: Jacob Spooner, Aidan Joyce, Neal Stoll Lectors: Joan Miller, Greg Madden, Charlie Schumacher
	11:15 am	Servers: Daniel Musel, Emily Nguyen, Elise Carver Lectors: Susan Pinneke, Leon Hofer, Tom Cunningham

MASS INTENTIONS FOR THE WEEK

Sat.	Feb 11	4:00 pm	Red Cronin
Sun.	Feb 12	8:00 am 9:30 am 11:15 am 1:00 pm	The Chia Family Edward & Mabel McGinnis Albert Negrete Sacred Heart Parishioners
Mon.	Feb 13	8:00 am	Margaret Diaz
Tues.	Feb 14	8:00 am 10:00 am	Christel Cashman Jack Saffell, Gilbert & Bridget Rocha
Wed.	Feb 15	8:00 am	Bill Heisler
Thurs.	Feb 16	8:00 am	Dale Ferguson
Fri.	Feb 17	8:00 am	Anita Gerth
Sat.	Feb 18	4:00 pm	Larry & Ruth Youngwirth
Sun.	Feb 19	8:00 am 9:30 am 11:15 am 1:00 pm	John Gallagher Everett Clingan Marie Bell Sacred Heart Parishioners

READINGS FOR THE WEEK—2/12

Sunday:	Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34/ 1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37
Monday:	Gn 4:1-15, 25/Ps 50:1, 8, 16bc-17, 20-21/ Mk 8:11-13
Tuesday:	Gn 6:5-8; 7:1-5, 10/Ps 29:1a, 2, 3ac-4, 3b, 9c-10/Mk 8:14-21
Wednesday:	Gn 8:6-13, 20-22/Ps 116:12-15, 18-19/ Mk 8:22-26
Thursday:	Gn 9:1-13/Ps 102:16-21, 29, 22-23/ Mk 8:27-33
Friday:	Gn 11:1-9/Ps 33:10-15/Mk 8:34--9:1
Saturday:	Heb 11:1-7/Ps 145:2-5, 10-11/Mk 9:2-13
Next Sunday:	Lv 19:1-2, 17-18/Ps 103:1-4, 8, 10, 12-13/ 1 Cor 3:16-23/Mt 5:38-48

FOR ALL PARISHIONERS



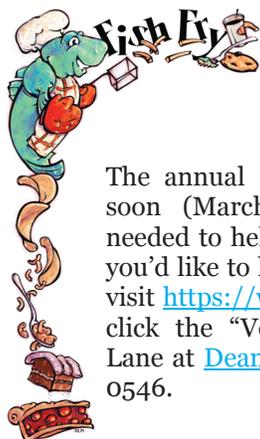
HUNGER BANQUET

Before you begin the liturgical season of Lent; a time of spiritual growth through prayer, fasting, and almsgiving, the CRS (Catholic Relief Services) Rice Bowl offers you an opportunity to journey this Lent in solidarity with the poor.

Thursday, February 23, 2017
Sacred Heart Parish Center
6:00 pm – 7:30 pm

Free-Will offering with proceeds to CRS Rice Bowl
Guest Speaker: Kirtimayi Mishra, Head of Office,
CRS India
(her only Des Moines area speaking event)

Reservations suggested
RSVP to Robyn Leon 991-0999 or
robynbird62@yahoo.com



FISH FRY FRIDAYS ARE COMING SOON ... VOLUNTEERS NEEDED

The annual Lenten Friday Fish Frys are coming soon (March 3-April 7). Many volunteers are needed to help set up, cook, serve, and clean up. If you'd like to help at this fun and DELICIOUS event visit <https://www.sacredheartwdm.org/fish-fry> and click the "Volunteer" button or contact Deanna Lane at Deanna.lane@sacredheartwdm.org or 225-0546.

SERRA CLUB OF DES MOINES

The DSM Serra Club supports our men and women pursuing a Catholic Vocation, and prays for more Vocations. Learn more about your local Serra Club by attending a dinner with Bishop Pates on Sunday evening February 26th at Sacred Heart Parish Hall at 5:30 PM. **There is NO COST to attend!** Contact Jerry Murphy for details and to RSVP at: 249-6176; wdmurphy5@gmail.com.

CENTER FOR SOCIAL MINISTRY

Longing for a safe place to talk about social issues through the lens of your Catholic faith? JustFaith is an inspiring and energizing program that engages participants in Jesus's life and witness and our Gospel call to love and serve others. In community with other participants, you'll share a spiritual journey of faith and compassion that is life-giving. For more information about JustFaith or to find out where groups are being offered in the Des Moines area this spring or fall, visit www.centerforsocialministry.org or contact Susie Tierney at the Center for Social Ministry, 515-782-3054 centerforsocialministry@gmail.com. Follow us on Facebook.

"KNIGHT'S CORNER"

KNIGHTS OF COLUMBUS COUNCIL #9632

NEWS

First reminder—the women's guild and knights St. Patrick's Day dinner party is next month on Monday, March 20, in the parish center. Invitations will be going out early next month.

Thanks for the great support of our Scared Heart Boy Scouts at last weekend's pancake breakfast. Your freewill gifts totaled over \$1,000. That's BIG and big thanks goes out to everyone who worked, enjoyed and supported the scout's breakfast.

Please keep the dues payments coming. Re-mailings and notifications cost money and time. This will be very much appreciated by your new financial secretary, Norton Hatlie. Call me at 224-6451 if you have questions or haven't received a dues notice.

First degree knights, it's not too late to move forward. An upcoming (no cost) exemplification is this Sunday afternoon at St. Pius parish in Urbandale. See the calendar below.

CALENDAR

February

This weekend, Sunday afternoon: 2nd and 3rd degree exemplification at St. Pius in Urbandale at 1:00. Arrive at 12:30 for registration.

February 20, Monday evening: Business meeting with new member installation beginning at 6:30

March

March 1, Wednesday: ASH WEDNESDAY

March 9, Thursday: Blood drive in the parish center

March 12, Sunday: Pancake Breakfast 8:30-11:00AM

March 20, Monday evening: St. Patrick's Day guild and knights party in the parish center

www.sacredheartwdmkofc.org

POST ABORTION SUPPORT GROUP BEGINS IN FEBRUARY

Women suffering emotionally or spiritually after an abortion often feel alone. InnerVisions HealthCare is beginning another 8 week support group in February. It is normal to grieve after any pregnancy loss. You matter to us and we believe you deserve healing and support. To inquire confidentially - call [515-779-9347](tel:515-779-9347) and talk to Jenny.

CATHOLIC CHARITIES

St. Mary's Family Center needs volunteers on Wednesday morning (8:45 am – 12:30 pm) and all day Friday (9:00 am - 12:30 pm and 12:30 pm - 3:45 pm). Contact Brooke at 262-7290 to volunteer or ask questions



GIFT—GROWING IN FAITH TOGETHER
ADULT FAITH FORMATION TEAM

DO ONE NEW THING FOR LENT 2017



Mark your calendar for Saturday, March 4th! Start with Mass at 4pm and stay for a "Soup Supper with Sister"

We welcome Sr. Marie Heses to Sacred Heart. Sister Heses served alongside Saint Teresa of Calcutta for 27 years as a Missionary of

Charity. Let her talk inspire you this Lent. RSVP requested to plan for food. Childcare available. RSVP on our website: www.sacredheartwdm.org/events-1 or email loralee.chase@sacredheartwdm.org

5 week Bible study – A Biblical Walk Through the Mass

As Catholics, the Mass is the center of our Faith. We can celebrate it every day. We know all the responses, all the gestures. But do we know what it all means? In A Biblical Walk Through the Mass, Dr. Edward Sri takes us on a unique tour of the Liturgy. This 5 week study explores the biblical roots of the words and gestures we experience in the Liturgy and explains their profound significance. Great study for beginners as well as the "grad student"! Anyone who would like to learn about the Mass would enjoy this study. (Feb 27, Mar 6, no class over Spring Break, Mar 20, Mar 27, and April 3). Register for this study on-line at www.sacredheartwdm.org/learn Limited space available.

\$25 due at the first class. Childcare available with advance notice. . Two class times to chose from daytime or evening. **Monday mornings**, 10am-noon with Maren in the conference room **or Monday evenings**, 6:45-8:15pm with Anne and Kathy in the multi-purpose room

MAGNA 24

The MAGNA 24 men's group has over 30 members who come when they can on the 2nd and 4th Monday of every month at 7pm in the library for weekly Gospel reflection and faith sharing. If you are interested in joining this group, you are welcome to come to any meeting to check it out! February meeting dates are February 13 and February 27.

SAVE THE DATE—SACRED HEART BLOOD DRIVE 3-9-17

Sacred Heart parish, in conjunction with the KC's, are sponsoring a blood drive on Thursday afternoon/evening, March 9th at the Sacred Heart parish center. We will be calling to set up appointments in mid-February. Further details soon!!!

SAVE THE DATE



The Sacred Heart School Staff is hosting a Pasta Dinner/Bingo Benefit for Jay Flaws, our long-time PE Teacher who has been diagnosed with cancer.

**Sunday, February 26th
4:00-6:30 PM**

**SHS Gym & Multipurpose Room
Reserve your tickets using the following SHS website link:**

<https://sacredheartschoolwdm.org/documents/2017/2/Flaws%20Invite-1.pdf>

Please refer questions to the SHS Office at 223-1284.

OUR LIBRARY IS UNDER CONSTRUCTION

We need books! We are busy making our library at Sacred Heart GREAT. We have already scanned over 1000 books and resources into an on-line library catalog that we will soon roll out to everyone. Please consider donating your previously loved resources to our library. There is a special shelf marked for donations so our librarian, Jim, can get each donated item into the database before it gets shelved. We thank you for leaving your donations on that shelf. Look to the left just inside the door. We are especially in need of resources in Spanish as well as current publications.

EMPLOYMENT OPPORTUNITY

The Vocations Department of the Diocese of Des Moines has an immediate opening for an Administrative Assistant who is a practicing Catholic and passionate about vocations. Please go to our website www.dmdiocese.org/diocesan-job-openings.cfm for more information.



Celebrate National Marriage Week 2017 with *Amoris Laetitia*

National Marriage Week:
Every February 7-14, it is an opportunity to promote, celebrate and strengthen marriage

Amoris Laetitia:
Pope Francis's exhortation "The Joy of Love," (April 2016) about marriage and family life

- "The word of God tells us that the family is entrusted to a man, a woman and their children, so that they may become a communion of persons in the image of the union of the Father, the Son and the Holy Spirit" (no. 29).
- "Every family should look to the icon of the Holy Family of Nazareth" (no. 30).
- "No one can think that the weakening of the family as that natural society founded on marriage will prove beneficial to society as a whole" (no. 52).
- "The sacrament [of marriage] is a gift given for the sanctification and salvation of the spouses" (no. 72).
- "The Church is a family of families, constantly enriched by the lives of all those domestic churches" (no. 87).
- "In our families, we must learn to imitate Jesus' own gentleness in our way of speaking to one another" (no. 100).
- "Love opens our eyes and enables us to see, beyond all else, the great worth of a human being" (no. 128).

For more resources on *Amoris Laetitia*, visit www.usccb.org/issues-and-action/marriage-and-family/amoris-laetitia.cfm

For resources to prepare for marriage or strengthen your marriage and family, visit www.foryourmarriage.org



United States Conference of Catholic Bishops
Secretariat of Laity, Marriage, Family Life and Youth

ST. JOSEPH EDUCATION CENTER

The Saint Joseph Educational Center announces its spring event, *When the Way Out Seems Out of Reach: Preventing and Coping with Suicide*. It will be held on April 1st at St Boniface in Waukee! This will be a free workshop from 8:30am-12:30pm, with local therapist Randy Kiel. Limited seating available! Free will offering will be taken for refreshments. To register, visit sjeciowa.org and click on the *Our Next Event* box.

DAY IN THE LIFE

Do you have a nagging feeling that God may be calling you to priesthood? Have you ever wondered what the seminary is like? The diocesan vocations office is hitting the road in the coming weeks, taking young men who are considering the seminary on trips to a couple of Midwest seminaries to see what they're like. See the campus, visit with seminarians and learn more about discernment. Contact Father Joe Pins for more information at 515-237-5050 or jpins@dm.diocese.org.

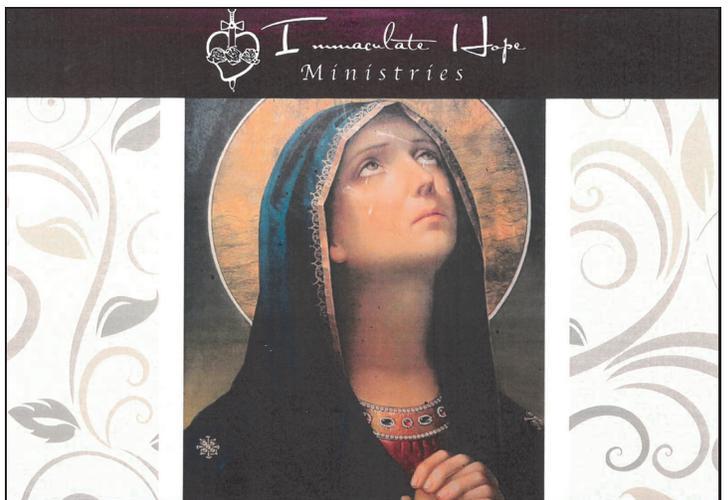
"KNOW YOUR RIGHTS" WORKSHOPS

President Donald J. Trump issued executive orders that affect the immigrant and refugee communities. As a church, we would like to protect our communities, advocating for their rights and providing them information about their rights.

We are offering a series of "Know Your Rights" workshops for the community. We are working in collaboration with some immigration attorneys to talk about rights and also to provide legal counsel to people who need it.

We will have workshops in the following parishes:

- Sacred Heart - West Des Moines**—Feb. 12 at 2:15 pm
- Our Lady of the Americas - DM**— Feb. 26 at 2 pm
- Christ the King - DM**— March 5 at 4:30 pm
- Corpus Christi - Council Bluffs**—March 5 at 3:15 pm



Pregnancy & Infant Loss Couples Retreat

A healing retreat for any couple that has experienced any type of pregnancy or early infant loss.

WHERE:

Christ the King Parish Center
820 Porter Ave, Des Moines, IA 50315

WHEN:

Saturday, March 11th, 2017, 9am-4pm
(A light breakfast and lunch will be provided.)

COST:

Free! Child care is available!

Email Deacon Joel Schmidt at schmidt.joel@gmail.com to register today!

Christ the King is hosting a healing retreat for any couple who has experienced any type of pregnancy or infant loss on Saturday, March 11th, 2017. The retreat will run from 9 am until 4 pm (a light breakfast and lunch are provided), and is located in the Parish Pastoral Center, 820 Porter Ave, Des Moines, IA 50315. Childcare is available! There is no cost to the retreat, in order to register contact Deacon Joel Schmidt at Schmidt.joel@gmail.com

COUNSELING SERVICES

The Catholic Charities counseling program now has an intern available to see therapy clients who do not have insurance. Anyone who is not covered under health insurance is eligible to see the therapy intern for a fee based on family income and number of people in the household. Contact our receptionist, Cheryl Maes at [515-237-5045](tel:515-237-5045) for more information or to set up an appointment.

CATHOLIC TUITION ORGANIZATION

CTO is accepting online applications for the 2017-2018 school year at www.FAIRapp.com. Tax returns can also be uploaded when applying online. If your application is complete by the deadline of April 7, you will know your tuition assistance by mid-May. For questions on the application, contact Jeanne at jwells@dmdiocese.org.

The St. Joseph Educational Center presents

**When the Way Out Seems Out of Reach:
Preventing & Coping with Suicide**

**Saturday, April 1, 2017
8:30am-12:30pm
St Boniface Church, Waukee**

Includes keynote speaker Randy Kiel, break-out sessions, refreshments, and Q&A opportunity.

Teens high school age and up are welcome.

**Limited seating available!
To RSVP, visit sjeciowa.org/our-next-event
and click on the registration link.**



ADULT MISSION TRIP TO HAITI RESET! Have you ever felt called to go on a mission trip? Have you sent your kids on a mission and secretly wished you were going along?

The dates for an adult mission to Haiti have been reset for March 5-10. We'll be working with Saint Teresa of Calcutta's order, the Missionaries of Charity, in their orphanage and the Hospital For the Dying, as well as in a parish. We will be led by Fr. Michael Mitchell and celebrate Mass each day. Cost is \$700 for registration, accommodations and all meals. Airfare is additional.

Contact marilyn@glane@gmail.com to learn more about this opportunity to serve others. ***Are You Being Called to Make a Difference?***

CONOZCA SUS DERECHOS

Luego de reportes de palabras discriminatorias y hechos en contra de miembros de la comunidad Hispana local y a consecuencia de un cambio de actitud nacional sobre la inmigración, la Diócesis de Des Moines ha iniciado una serie de talleres "Conozca sus Derechos" para la comunidad Hispana, la cual está sufriendo un creciente temor y ansiedad.

Los talleres, que se llevan a cabo en español, son dirigidos por abogados de inmigración locales que son parte de la organización Justicia para Nuestros Vecinos (Justice for our Neighbors es su nombre en inglés). Ellos comparten esta información para estudiantes, maestros, proveedores de servicios sociales y al público en general. Hay cuatro más programados:

- n12 de febrero. 12, 2:15 p.m., Iglesia Sacred Heart, West Des Moines
- n26 de febrero, 2 p.m., Iglesia de Nuestra Señora de las Américas, Des Moines
- n5 de marzo, 4:30 p.m., Iglesia Christ the King, Des Moines
- n5 de marzo, 3:15 p.m., Iglesia Corpus Christi, Council Bluffs

DÍA EN LA VIDA

¿Tienes ese sentimiento constante de que Dios puede estarte llamando al sacerdocio? ¿Te has preguntado cómo es la vida del seminario? La oficina de vocaciones de la diócesis saldrá de viaje en las próximas semanas y llevará a jóvenes que están pensando en asistir al seminario a visitar un par de seminarios en el medio-oeste para que vean cómo son. Visiten el campus, conversen con seminaristas y aprendan sobre el discernimiento. Comuníquese para más información con el Padre Joe Pins al 515-237-5050 o jpins@dm-diocese.org.

ORGANIZACIÓN DE COLEGIATURAS CATÓLICAS (CATHOLIC TUITION ORGANIZATION)

CTO (por sus siglas en inglés) está recibiendo solicitudes para el año escolar 2017-2018 en www.FAIRapp.com. Usted puede cargar su declaración de impuestos cuando aplica en línea. Si envía su solicitud antes del 7 de abril que es la fecha límite, se le hará saber sobre su asistencia para colegiatura a mediados del mes de mayo. Para más preguntas sobre la solicitud, envíe un mensaje a Jeanne a jwells@dmdiocese.org.

BIENVENIDOS

Bienvenidos a todos nuestros visitantes, los recién llegados y feligreses !!

Si usted es nuevo en nuestra Parroquia y desea ser miembro de la Iglesia Católica Sagrado Corazón, por favor pase por la oficina parroquial o llame al 515-225-6414 para facilitarle el Registro de Nuevo Miembro. Tenemos programas y actividades disponibles para todas las edades. Ofrecemos el programa RICA para quienes deseen convertirse en Católicos. La lista con los nombres de los miembros del personal pastoral, miembros del Comité y presidentes de los ministerios y sus números de teléfono se encuentran bajo esta sección.

HORARIOS DE MISA EN FIN DE SEMANA

Sábado.....4:00 pm
Domingo 8:00, 9:30, 11:15 am; 1:00 pm Misa en Español
Misa Diaria.....Lunes a Viernes 8:00 am

SACRAMENTO DE RECONCILIACIÓN

Sábado.....2:30 pm to 3:30 pm

NÚMEROS TELEFÓNICOS

Teléfono de la Parroquial: 225-6414 Fax: 225-0286
Formación en la Fé para niños.....225-6414
Ministerio de Jóvenes..... 225-0546
www.sacredheartwdm.org

SACRAMENTO DEL BAUTISMO

Miembros registrados y participantes de la Parroquia deben contactar a la oficina parroquial para inscribirse en las clases obligatorias para Padres y padrinos. A los padres se les pide comunicar su solicitud antes del nacimiento de sus hijos.

SACRAMENTO DEL MATRIMONIO

Miembros registrados y participantes de la Parroquia, se les pide contactar a la oficina parroquial con **seis meses, o mas de anticipación** de la fecha prevista para el matrimonio. Clases de preparación matrimonial son requeridas.

RECIEN LLEGADOS

Nuevos parroquianos por favor registrarse por teléfono o en la oficina parroquial entre las 8:00 am y 3:30 pm . Para cambios de domicilio, o si dejan la parroquia por favor comunicarse a la oficina parroquial al teléfono 515-225-6414

COMITES Y PRESIDENTES DE MINISTERIOS

Si Ud. Esta interesado en pertenecer a algunos de los Ministerios de la parroquia, favor comunicarse: 515-225-6414, extension 313.

SACERDOTES SAGRADO CORAZON

PADRE CHRISTOPHER HARTSHORN,
PARROCO

chris.hartshorn@sacredheartwdm.org 225-6414, ext. 310

PADRE LUIS MEJIA,
VICARIO PARROQUIAL

luis.mejia@sacredheartwdm.org 225-6414, ext. 313

KARLA SERIO,
DIRECTORA DE MINISTERIO HISPANO
karla.serio@sacredheartwdm.org 225-6414, ext. 304

REQUISITOS PARA EL SACRAMENTO DEL BAUTIZO

- El niño(a) debe tener 6 años o menos. Si su niño(a) tiene más de 6 años, tendrán que comunicarse con las oficinas de Educación Religiosa para inscribirlos en la doctrina religiosa. Deberán de atender clases por un año antes de bautizarse.
- Las clases de bautizo para padres y padrinos son los primeros Martes de cada mes.
- Los padres de familia deberán de estar registrados en la parroquia. Pueden pasar por las oficinas para llenar la hoja de registro.
- Las clases son los primeros **Martes de cada mes de 5 a 7 pm**. Aquí está el horario para los siguientes 3 meses:
 - Martes 1ro de Diciembre
 - Martes 5 de Enero
 - Martes 2 de Febrero
- Para registrarse, pueden llamar a las oficinas al 225-6414 x 304 o con Rosario después de la Misa de la 1:00 pm

“RINCÓN DE LOS CABALLEROS” CABALLEROS DE COLON CONSEJO #9632

NOTICIAS

Primer recuerdo – El Gremio de Mujeres y los Caballeros tendrán una cene el lunes, 20 de marzo para celebrar el día de San Patricio en el salón parroquial. Las invitaciones van a empezar a salir por correo al principio del próximo mes.

Les queremos dar las gracias por el generoso apoyo de nuestros Niños Exploradores del Sagrado Corazón. El desayuno de panqueques recaudo más de \$1000 en fondos que fueron donados al programa. Muchas gracias a todos los quien trabajaron el desayuno y a todos quien lo soportaron.

Las cartas detallando la cuota de socio para los Caballeros de Colón salieron por coreo al principio de enero. Por favor regrese el pago lo más pronto posible para ayudar a evitar más gastos postales. El nuevo secretario de financia, Norton Hatlie, se los agrádesese. Por favor contacte al Señor Hatlie al número 224-6451 si tienen preguntas o no han recibido su cuota.

Caballeros del Primer Grado, no es muy tarde para seguir adelante en grados. Va ver una Ejemplificación gratis en la Iglesia de St. Pius este domingo en la tarde. Más información está disponible en el calendario que sigue.

CALENDARIO

Febrero

2/12, domingo: Ejemplificación en la iglesia St. Pius, 1pm.

Registración empieza a las 12:30pm

2/20, lunes: Reunión de los Caballeros. Empezamos a las 6:30 con instalación de nuevo miembros.

Marzo

3/1, miércoles: Miércoles de Cenizas

3/9, jueves: Evento para donación de sangre en el salón parroquial

3/12, domingo: Desayuno de panqueques, 8:30am-11am

3/20, lunes: Cena celebrando el día de San Patricio en el salón parroquial.