

Welcome to the Parish Community of

Sacred Heart

Church illustration
by Sheri George

1627 GRAND AVENUE • WEST DES MOINES, IOWA 50265



15th Sunday IN ORDINARY TIME

Jesus summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits. - Mk 6:7

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

JULY 15, 2018 • 15TH SUNDAY IN ORDINARY TIME

WELCOME

Welcome to all our visitors, newcomers and parishioners!!

If you are new to our faith community and are interested in becoming a member of Sacred Heart Catholic Church, please stop by the Parish Office or call 225-6414, for a New Member Packet. We have programs and activities available for everyone. We offer RCIA for adults who wish to become Catholic. The names of the pastoral staff members, committee members and ministry chairperson, and their phone numbers are listed on this page.

SACRED HEART PASTORAL STAFF

Pastoral staff members are available to help parishioners when they are celebrating the good times or hurting during times of crisis. Consider contacting the following pastoral staff members to help you through a difficult time.

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org 225-6414, ext. 310

FR. LUIS MEJIA, PAROCHIAL VICAR

luis.mejia@sacredheartwdm.org 225-6414, ext. 313

SACRED HEART PARISH STAFF

Rev. Mr. Ron Myers, Deacon 226-8466

Rev. Mr. Randy Horn, Deacon 224-1113

Deacon Ed Garza, Pastoral Care

ed.garza@sacredheartwdm.org 225-6414, ext. 315

Casey Conner, RCIA Director

casey.conner@sacredheartwdm.org 225-6414, ext. 309

Sarah Sheerin, Youth Ministry Director

sarah.sheerin@sacredheartwdm.org 225-0546

Loralee Chase, Adult Faith Ministry and Communications

loralee.chase@sacredheartwdm.org 225-6414, Ext. 309

Kayla Richer, Children's Faith Formation Director

kayla.richer@sacredheartwdm.org 225-6414, Ext. 319

Karla Willis, Hispanic Ministry Director

karla.willis@sacredheartwdm.org 225-6414, Ext. 304

Leah Mohlman, Minister of Music and Liturgy

leah.mohlman@sacredheartwdm.org 225-6414, Ext 318

SACRED HEART SCHOOL STAFF

Jane Kinney, Principal

jane.kinney@sacredheartwdm.org 223-1284, Ext. 142

Scott Ehlinger, Vice Principal

scott.ehlinger@sacredheartwdm.org 223-1284, Ext. 140

VISIT US ON THE WEB AT: www.sacredheartwdm.org

LIKE US ON FACEBOOK & TWITTER: @SacredHeartWDM

WEEKEND MASS SCHEDULE

Saturday..... 4:00 pm

Sunday..... 8:00, 9:30, 11:15 am; 1pm Spanish Mass

Daily Mass..... Monday through Friday 8:00 am

SACRAMENT OF RECONCILIATION

Saturday.....2:30 pm to 3:30 pm

TELEPHONE NUMBERS

Parish Office Phone: 225-6414 Fax: 225-0286

School 223-1284

Children's Faith Formation 225-6414

Youth Ministry225-0546

Sunday Faith Formation Preschool..... 225-6414

Parish Center Scheduling..... 225-6414

Weekday Preschool 226-2146

Sacred Heart Plus..... 226-9662

www.sacredheartwdm.org

SACRAMENT OF BAPTISM

Baptismal prep classes are typically offered the last Monday of each month at the home of a Sacred Heart parishioner. Email Sarah at msschultz@gmail.com and AJ at AmandaJeanKelley@gmail.com for more information.

SACRAMENT OF MARRIAGE

Registered and participating members of the Parish, contact the Parish Office **six months, or more**, in advance. Preparation classes are **required**.

NEWCOMERS

Please register by phone, or in person, at the Parish Office between 8:00 am and 3:30 pm. For address changes, or if leaving the parish, please call the Parish Office at 225-6414.

COMMITTEE & MINISTRY CHAIRPERSONS

Art & Environment..... Pam Douglas, 224-0032

Board of Religious/Academic

Education.....Amy Friedrich

amyfriedrich@msn.com

Children's Liturgy of the

Word Coordinator Veronica Mendez 225-6414

Knights of Columbus Tom Robson, 554-0904

tomrobson.tdr@gmail.com

Prayer Line Wynanda Ferguson, 225-7200

ed.garza@sacredheartwdm.org

St. Vincent de Paul Rolla Hermann, 223-0960

Bill Ehm, 210-5239

Women's Guild Sheri L. Kobolt, my4dees@aol.com

Pastoral Council Kevin MacFerrin, 321-8896

macferrin@gmail.com

Young Adult DirectorJennifer Leon 225-6414

shyoungadults@sacredheartwdm.org

BULLETIN DEADLINES: *log onto our web site for information about submission guidelines*

Vision of Our Catholic Community of Sacred Heart

Sharing the Good News of God's Love through Active Apostleship

Divine Renovation at Sacred Heart

Imagine if...
Every Mass
was as full as
Christmas Eve.



If I can be of assistance to you or a loved one, please contact me. I have many resources to share with you.

Deacon Ed Garza
ed.garza@sacredheartwdm.org



The Eternal Beauty of the Mass Part Two

By Marty Dybiez of website [Catholic Stand](http://CatholicStand.com)

The Liturgy of the Eucharist Is a “Time Machine”

I find it helpful to think of the Liturgy of the Eucharist as a veritable “time machine,” but one that operates in reverse. We usually think of a time machine as taking us to the past. The Liturgy of the Eucharist, however, *brings the past to us*. It makes present to us Jesus’ Last Supper and His Crucifixion. By going to Mass, we are able to be with Christ when He ate the Last Supper and when He was crucified. What friend of Christ, or even what person becoming interested in Him would not want to be there with Him? We do not fully understand the Last Supper unless we understand its connection to the Crucifixion, and vice versa. This connection was brilliantly brought to the screen in *The Passion of the Christ*. The several flashbacks to the Last Supper during the Crucifixion scene powerfully express the Eucharistic nature of the Crucifixion. So the Liturgy of the Eucharist is both a meal (due to the Last Supper) and a sacrifice (due to the Crucifixion).

A Meal and a Sacrifice

The Eucharist is a meal at which we eat the sacred Body and drink the Precious Blood of Jesus. At the consecration, the priest repeats the words of Jesus at the Last Supper: “Take this, all of you, and eat of it, for this is My Body” and “Take this, all of you, and drink from it, for this is the chalice of My Blood” ([Matthew 26:26](#); [Luke 22:19](#)). The *essence* of the ritual of the Eucharist thus comes from Jesus Himself. Over the centuries, men have changed certain inessential aspects of the Rite of Mass, such as the language that is used for the ritual. In the course of Church history, however, the essential has sometimes been confused with the inessential. Jesus chose to make the Passover meal His Last Supper. During the Last Supper, and then at the Crucifixion, Jesus revealed that He Himself is the sacrificial Lamb whose blood saves us from slavery to sin and death. Mass is rightfully also called the “Holy Sacrifice of the Mass” because a sacrifice occurs during the Liturgy of the Eucharist. The same three elements of ritual sacrifice in any religion are in the Liturgy of the Eucharist: (1) an altar of sacrifice; (2) that which is sacrificed upon the altar: a victim or offering; and (3) the one performing the sacrifice: a priest. The victim at Mass is Christ Himself. The bread that is consecrated into His Body is called the “Host” because the English word *Host* comes from the Latin word *hostia*, meaning “sacrificial victim.” The real priest at Mass is also Christ Himself, Who acts through the human priest. The Liturgy of the Eucharist is thus an unbloody sacrifice that makes present – not repeats – the bloody sacrifice of Christ on the cross at Calvary to save us from our sins. There are many ancient parts of Mass that we have inherited from our Christian ancestors. An under-appreciated part of Mass might

be words we use which were originally said thousands of years ago by characters in the Bible. When we say, “Glory to God in the highest, and on earth peace to people of God will,” we quote the multitude of the heavenly host in [Luke 2:14](#) that suddenly appeared after the angel of the Lord proclaimed the good news of the Messiah’s birth to the shepherds. In the *Nicene Creed*, when we say, “...and his kingdom will have no end,” we again quote an angel. Here it is Gabriel in [Luke 1:33](#) as he announces to Mary that she will conceive and bear a son to whom the Lord God will give the throne of David and who will rule over the house of Jacob forever. In the *Sanctus*, when we say “Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of your glory,” we quote yet more angels. This time it is the Seraphim in [Isaiah 6:3](#) who are crying out to each other as Isaiah sees the Lord in the Temple and receives his prophetic commission. In this case, the English word *hosts* means “armies of angels” and comes from the Latin *hostis*. In the remainder of the *Sanctus*, when we say “Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest,” we are quoting the crowds in [Matthew 21:9](#), [Mark 11:9-10](#), and [John 12:13](#) who cry out as Jesus enters Jerusalem to begin His Passion and who themselves are echoing [Psalm 118:25-26](#). *Hosanna* means “Grant salvation, Lord!” It is fitting that we quote those crowds as Jesus is about to “enter” Mass in sacramental form at the consecration. There are numerous times in the Mass when Jesus Himself is our source for the wording. As mentioned, the words of consecration are His, as of course are the *Lord’s Prayer* ([Matthew 6:9-13](#)) and the Sign of Peace ([John 14:27](#)). Likewise, when the priest says, “In the name of the Father, and of the Son, and of the Holy Spirit,” at both the beginning and the end of Mass, he is quoting Christ as He gives the Great Commission in [Matthew 28:19](#). We do the same whenever we make the *Sign of the Cross*. Furthermore, the priest quotes John the Baptists when he says, “Behold the Lamb of God, behold him who takes away the sins of the world” ([John 1:29](#)) and the people paraphrase those words right before that when we say, “Lamb of God, You take away the sins of the world.” We have already seen why Jesus is the Lamb of God. Finally, right before Communion we say, “Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.” In this we are paraphrasing the centurion in [Matthew 8:8](#) who amazed Jesus with his great faith as he asked Jesus to heal his servant. As the *Youth Catechism of the Catholic Church* (YOUCAT) puts it, we know we have matured in the faith when “Sunday obligation” makes as much sense as the phrase “kiss duty” would make to those who are in love. If we truly understand and know what to look for in the Mass, we will participate with the deepest love for its eternal beauty



Student Ministry at Sacred Heart offers spiritual, service and social opportunities to teens in grades 9-12. Contact Sarah Sheerin, Director of Youth Ministry, for more information at 225-0546 or Sarah.sheerin@sacredheartwdm.org.

WELCOME NEW DIRECTOR OF YOUTH MINISTRY, SARAH SHEERIN

Hello! My name is Sarah, and I was born and raised right here in West Des Moines. I grew up attending Sacred Heart Church, going through Religious Education and the high school youth ministry program. After graduating from Valley High School, I went on to Iowa State University to receive a Bachelor of Science in Accounting. Once I accomplished that, I went to Drake University to attain a Masters of Arts in Teaching Secondary Education. With that, I moved to Mason City, Iowa to be the business, economics, and technology teacher at Newman Catholic High School. After two years of teaching, I moved to Ireland for one year to be a missionary with NET Ministries.

When I was living in the Des Moines area, I volunteered in many youth related activities. I was involved with youth ministry here at Sacred Heart, a counselor and director at Catholic Youth Camp, and volunteering with Faith In Action during spring break. I am excited to step into the role of Director of Youth Ministry here at Sacred Heart because I have the opportunity to give back to a program that helped form me and allow me to explore my faith. I can't wait to be able to help the youth of this parish do the same!



Kayla Richer, Director
 kayla.richer@sacredheartwdm.org
Debbie Chalik, Coordinator
 debbie.chalik@sacredheartwdm.org
Marcia Schaul, Office Associate
 marcia.schaul@sacredheartwdm.org



REGISTRATION UPDATE

We are very excited for a new year! Anyone who has registered will receive a calendar soon if you have not received one. You can also find the calendar events on the calendar on the Sacred Heart Web Site.

The registration deadline for CFF was **June 30**. If you have a child who was registered in the CFF program last year and has not yet enrolled, please call the CFF office **immediately!**

Our first class will be on September 19 for grades Kindergarten through 8th grade. Confirmation candidates will receive a separate calendar. If you have any questions or concerns, please call our office! Have a great summer!

RCIA—RITE OF CHRISTIAN INITIATION OF ADULTS

WOULD YOU INVITE SOMEONE TO LEARN MORE ABOUT BECOMING CATHOLIC? The Catholic Church is a beautiful repository for the many, many graces and gifts that God wants to share with all of us. Do you know someone who is not Catholic but might be open to learning more about all the Catholic Church has to offer? The Catholic Church has a process called RCIA (Rite of Christian Initiation of Adults) that is used to guide unbaptized persons through the process of becoming Catholic. We also use a modified form of RCIA for baptized Christians who were formed in the Christian faith in another Christian denomination and would now like to join the Catholic Church.

We welcome new inquirers at any time, and encourage you to contact us so we can help you with your questions and walk you through the steps to becoming Catholic. There is no pressure or obligation to join the Church as you learn what being Catholic is all about. To learn more, contact Casey Conner at casey.conner@sacredheartwdm.org or call 515-225-6414 ext. 309. More information can also be found on the parish website: www.sacredheartwdm.org/rcia.

“Sacred Heart and the community have made me feel at home. My journey through RCIA has changed my life.” – Rebecca, new member 2014.

ALREADY CATHOLIC? Consider becoming an RCIA sponsor. See the parish website for more details: www.sacredheartwdm.org/rcia.

Catholic Charities

Helping people face adversity and empowering their success.

Catholic Charities serves the people of southwest Iowa when they find themselves in need of help. From basic needs of food and shelter, to empowerment programs that lead to housing, counseling services, education programs and more!

Envelopes can be found at the North & South Church doors and in the church lobby July 14th & 15th.



GRATEFUL HEART ~ GIVING HEART



Why does the Church often refer to tithing as “giving back?” Throughout sacred Scripture God tells us that everything belongs to God. He made the world and all that is in it. He made us and blessed us with absolutely every gift we have.

Our lives, our families, our healthy, our education, our unique talents and skills, our job and our income are all blessings from God, entrusted into our care for the good of all peoples. Thus, when we tithe we are really only giving back 10% of something that ultimately belongs to God anyway. The amazing thing is that our God is a generous and abundant God who lets us keep and enjoy 90% of all His blessings

FOOD PANTRY COLLECTION

Sacred Heart has a special collection on the 3rd full weekend of the month to benefit the Des Moines Area Religious Council (DMARC) Food Pantry. This collection will occur next weekend (**July 21/22**). Thank you for your generosity.

CELEBRATING SACRAMENTS

Through the waters of Baptism, we welcome you into our Sacred Heart Community!

Hadley Marie Johnson
Daughter of Joshua & Emily Johnson

Carlos Nerio Guzman
Son of Carlos & Mimi Guzman



Rejoicing with you in your blessed union!



Crystal (Maldonado) & Jacob Hedding

Our deepest sympathy and prayers to the families of the following ...

Richard Martin
Father of Nichole Martin Ingraham

Dorothy Cummings
Mother of parishioner Judy Quinn

Angie Marcellus
Mother of parishioner Karen Donohoe

Parishioner Margaret Martin

Dale Fricke
Brother of Katherine Potter

...God grant them eternal rest

SATURDAY/SUNDAY, July 21/22

4:00 PM

Servers: Jack Carver, Chance Charlotte, Mackenzie McFarland

Lectors: Mary Brackett, Gail & Mark Stelmacher

8:00 AM

Servers: Luke Reinhardt, Natalie Reuss, Luke Sheridan

Lectors: Bob Douglas, Ann Michelson, Brian Sweeney

9:30 AM

Servers: Matthew Wiskus, Maddie McElroy, Cole Weible

Lectors: Gabrielle Cahalan, Jonathan Tyma, Mary Barnum

11:15 AM

Servers: Daniel Musel, Cassie & Nick Rounds

Lectors: Tom Hunter, Michael Jennings

MASS INTENTIONS FOR THE WEEK

Sat.	July 14	4:00 pm	Bill & Anna Shinkle
Sun.	July 15	8:00 am	Jack & Anita Saffell
		9:30 am	Spcl. Intention for Mike Leick
		11:15 am	Flora Corza
		1:00 pm	Sacred Heart Parishioners
Mon.	July 16	8:00 am	Amelia Giudicessi
Tues.	July 17	8:00 am	Librada Olivos
Wed.	July 18	8:00 am	William & Josephine Norkaitis
Thurs.	July 19	8:00 am	Mary L. Miller
Fri.	July 20	8:00 am	Merallene Dooley
Sat.	July 21	4:00 pm	Ramon Rocha
Sun.	July 22	8:00 am	Kathy Streck
		9:30 am	Leo Derocher
		11:15 am	Phillip Bejarno
		1:00 pm	Sacred Heart Parishioners

READINGS FOR THE WEEK

Sunday:	Am 7:12-15/Ps 85:9-10, 11-12, 13-14 [8]/ Eph 1:3-14 or 1:3-10/Mk 6:7-13
Monday:	Is 1:10-17/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/ Mt 10:34--11:1
Tuesday:	Is 7:1-9/Ps 48:2-3a, 3b-4, 5-6, 7-8/Mt 11:20-24
Wednesday:	Is 10:5-7, 13b-16/Ps 94:5-6, 7-8, 9-10, 14-15 [14a]/Mt 11:25-27
Thursday:	Is 26:7-9, 12, 16-19/Ps 102:13-14ab and 15, 16-18, 19-21 [20b]/Mt 11:28-30
Friday:	Is 38:1-6, 21-22, 7-8/Is 38:10, 11, 12abcd, 16 [cf. 17b]/Mt 12:1-8
Saturday:	Mi 2:1-5/Ps 10:1-2, 3-4, 7-8, 14 [12b]/ Mt 12:14-21
Sunday:	Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 [1]/Eph 2:13-18/ Mk 6:30-34

WOMEN'S GUILD

SCHOOL SUPPLIES COLLECTON FOR STUDENTS IN NEED

Imagine how it must feel for a student starting classes in the fall to not have all of her/his needed school supplies. There are many in our community whose family incomes make this a challenging and uncomfortable situation for these children. Could you please help out? The Women's Guild is conducting its annual drive to collect school supplies, now through July 29th. You will find "alphabet" ornaments on the Jesse twig tree in the gathering space. Please take one or more. Once you buy the items listed, place your purchases in the large, blue can near the tree.

Items needed include: Crayola crayons, washable markers, highlighters, and colored and #2 pencils, black, blue and red ink pens, rulers with inches and centimeters, scissors, glue sticks. Elmer school glue, gum erasers, loose leaf paper and spiral notebooks and solid colored folders.



**STEPHEN
MINISTRY**

Stephen Ministry seeks to be a living presence of the caring Christ to our parish community. Stephen Ministry is a one-to-one ministry provided by trained caregivers who seek to bring Christ's healing love to all who are experiencing life's challenges For more information Contact Deacon Ed at 225-6414 or 249-7946

SACRED HEART GOLF OUTING FRIDAY AUGUST 10th LEGACY GOLF CLUB

Fun, Food, Fellowship & Great Prizes!
REGISTER as an individual or a team.

Hole sponsorship also available!

www.sacredheartwdm.org/GOLF

ALL PROCEEDS support Sacred Heart Pastoral Care



"KNIGHT'S CORNER"

KNIGHTS OF COLUMBUS COUNCIL #9632

JOIN THE KNIGHTS!

Call (515) 554-0904

Email: grandknightwdm@gmail.com

NEWS

New officer installation is this Monday. Our normal business meeting is replaced with a Mass and officer installation beginning at 6:00 in the church followed by dinner in the parish center. (You should have already reserved a place to attend the catered dinner. If not, please call Norton at 577-3644 immediately.)

Please check your calendars for these important upcoming dates:

- Monday evening, July 16--New officer installation Mass and dinner (replaces our normal monthly meeting)
- Friday morning, August 10--Annual golf outing at Legacy in Norwalk
- Friday and Saturday, August 24 & 25--Tootsie roll/CPID campaign at local HyVee and Fareway stores

Check out our new Facebook page. Once you get to it please click on the share button.

<https://www.facebook.com/knightsofcolumbuswdm/>

CALENDAR

July

July 16, Monday evening: New officer installation Mass and dinner at Sacred Heart

August

August 10, Friday morning: Sacred Heart Golf Outing at Legacy Golf Club in Norwalk

August 24/25, Friday and Saturday: Tootsie roll/CPID campaign

*Show me your faith with no actions and through my actions
I will show you my faith*

www.sacredheartwdmkofc.org

MAGNA24—JOIN THE MEN'S GROUP

If you have been looking to make connections to men of faith at Sacred Heart, this is for you. This is an informal, come when you can, faith sharing group. Membership includes a Magnificat subscription. New members are welcome! Just show up or contact Bryan at 515-720-4853 for more information.

MAGNA SUMMER SCHEDULE:

JULY: Only Meeting July 23rd (due to 4th of July holiday).

AUGUST: iCubs baseball game: Monday, August 6th. RSVP to Bryan ASAP! Discounted tickets for MAGNA men.

No Meeting August 13th. Regular meeting August 27.

SEPTEMBER: Back to the regular schedule of the 2nd and 4th Monday's.

LOVE IN THE HEART OF CHRIST PLANNING COMMITTEE HELP WANTED

Are you looking for one new way to reach out and become involved in our Sacred Heart community? Consider joining the planning committee for Love in the Heart of Christ, our parish service project. Our fabulous experienced leader from last year, Dorothy, will be at the helm again but she needs some help! Your time commitment is small but the impact from your support will be felt parish wide. Please contact Dorothy Lange at 309-339-2345 or danello@hotmail.com if interested!



Save the date: October 28.



**ITALY PILGRIMAGE WITH FR. CHRIS
JUNE 17-27, 2019**

Assisi, Orvieto, Florence, Siena, and Rome



★ Save the date! More details coming soon.

ST. VINCENT de PAUL SACRED HEART CONFERENCE NEWS AND NOTES

Quarterly St. Vincent de Paul Breakfast
July 22 at All Saints Catholic Church
 The St Vincent de Paul Society of Des Moines holds a quarterly breakfast for its members. This breakfast is also open anyone interested in learning more about the Society and is a great opportunity to meet current members. **Come join us on Sunday July 22nd after the 8 AM Mass**

Bingo Volunteers Needed – July 26
Service Hours Available – Sacred Heart Conference hosts **Bingo at Fountain West Heath Care Center** in the community room the 4th Thursday of every month from 7:00 pm – 8:00 pm. We help residents monitor their bingo cards and sharing the joy with them when they yell Bingo! All ages are welcome to volunteer and join in the fun. For more information on volunteering or dinner prior to bingo, contact Donna Blank at dblank@aol.com

Café Connection Volunteer Opportunities –
1st Monday of every month: Connection Cafe is a free lunch program for homeless and low-income individuals and families in Des Moines. Connection Café relies on the generosity of volunteer groups to serve lunch to over 100 guests 5 days a week. Please consider joining us on the first Monday of each Month in the Parish Hall at 10:30 am to prepare sandwiches and create dessert packets from the desserts generously provided by the Sacred Heart Women's Guild for distribution. Once completed we transport the food to Connection Café located in St. Paul's Cathedral at 815 High St. in downtown Des Moines and serve from Noon to 1:00pm. You are welcome to join us for the food preparation, serving food or both. For more information please contact Donna Blank at dblank@aol.com



CONSIDER BECOMING CATHOLIC!

Summer Information Sessions to learn more about the Catholic Church

What is it like to go through RCIA?

June 24, 2018, 6:30 p.m. – Sacred Heart School Multipurpose Room
 Hear from others who have recently become Catholic and ask questions on Catholic topics.

Paul Conner's Conversion Story

July 22, 2018, 6:30 p.m. – Sacred Heart School Multipurpose Room
 Paul Conner, RCIA team member, shares his story about growing up Catholic, why he left as a teenager, and what drew him back to the Catholic Church as an adult.

Tour of the Church

August 19, 2018, 6:30 p.m. – Sacred Heart Church Sanctuary
 Children's Faith Formation director Kayla Richer will lead us on a Tour of Sacred Heart Church. She will uncover the significance of the Stations of the Cross, the relic in the altar, the tabernacle, candles, and much more!

Casey Conner, RCIA director
casey.conner@sacredheartwdm.org
 515-224-6414 ext. 309



**ALL ARE WELCOME -
NO COMMITMENT REQUIRED!**



[Facebook.com/SacredHeartWDM](https://www.facebook.com/SacredHeartWDM)

FORMED

THE CATHOLIC FAITH.
ON DEMAND.

Sacred Heart's Summer Parish-wide Study

This study was chosen by Fr. Chris especially for Sacred Heart during the weeks of summer when the readings turn toward the Gospel of John and his discourse on the Bread of Life. This will be an at home/on the road study. Perfect for Summer!



more details: www.sacredheartwdm.org/formed

SHC NEED: NEW VESTMENTS

Sacred Heart is looking to purchase new vestments for our priests and deacons. We have been working hard since last fall to find just the right vestments for Sacred Heart. Something that reflects not only the church building, but the church people as well. Our current vestments do not match between the priests and deacons, and many of them are showing considerable wear and tear from the years of use every Sunday. The new priest and deacon vestments will match in material and pattern and will cover all of the different liturgical seasons. We are asking you, the assembly of Sacred Heart church to make a contribution to the purchase of these new vestments. If you wish to make a donation there are **bright orange envelopes** in the gathering space for you to use, any donation in these envelopes will go toward vestments. You can also **mail in or drop off** your donation to the parish office 1627 Grand Ave. West Des Moines, IA 50265 with an indication of the donation going toward vestments in the memo line, or a note included with the donation. Thank you to all those who contribute to the needs of Sacred Heart



SIGN UP FOR YOUR FREE PHOTO SESSION
***Free print photo included!**
August 6-11



ADDITIONAL APPOINTMENTS TIMES AVAILABLE

We have already taken over 300 family photos. Don't miss your opportunity! We would love ALL parishioners to be included in the photo directory as it is only reprinted every 5 years. This is your chance to update your information and receive a FREE 8x10 family photo just for showing up. You will also receive a free copy of the photo directory when it is published. NO PRESSURE to purchase. Photos are taken by LIFETOUCH photography. Book your time slot with the easy link on our website under the "about" tab. Call Tonia in the office to schedule, or use this link: <https://booknow.appointment-plus.com/YCK7zvmx/>



The Des Moines metro area has an active Catholic Runners group. We'll meet every second and fourth Saturday of the month at rotating locations to join for a prayer, a run, and then fellowship and reflection while stretching and cooling down. All ages and paces are welcome. Join the Facebook Group (Catholic Runners) for more information (non-Facebook website coming soon).

LOW GLUTEN HOSTS ARE AVAILABLE

We have what are called low gluten hosts. They are not totally gluten free so if you need to be gluten free we invite parishioners to consume the Precious Blood only, as it is gluten free. By definition the host has to contain wheat so it cannot be completely gluten free.

When you arrive at church for Mass please find one of the priests or the sacristan and let us know that you need a low gluten host. We will put a host in a small container called a pyx and place it on the center of the altar before Mass begins. When you come up to receive communion you will need to be in the line where the priest is distributing communion. Once you get to him for communion, just quietly tell him that you need the low gluten host. Please contact the parish office if you have any questions or concerns about this procedure.



CHRIST OUR LIFE

CATHOLIC REGIONAL
CONFERENCE

Experience the
Power of **ONE.**

If each of us invites just **ONE** person to this great conference, imagine the impact we will make! Join us in this effort to fill Wells Fargo Arena in Des Moines September 29 & 30!

Who will **YOU** invite?

For tickets and more information, go to ChristOurLifeIowa.com



SUMMER CATHEDRAL CONCERTS

Mark your calendars for Tuesday, **July 17** and Tuesday, **Aug. 28** beginning at 6pm. These will be the dates for our inaugural Cathedral Concerts, two events held on the outdoor plaza at the Catholic Pastoral Center at 601 Grand Ave. There will be live music, food from places such as The Outside Scoop & Tamales Industry, and beer from Confluence Brewery. Admission is free, but you'll likely want to bring some cash for food & drink. Additionally, we'll be showcasing at these events various local artists that you won't want to miss. Visit the Diocese website for the artists lineup! www.dmdiocese.org/cathedral-concerts.cf



CATHEDRAL CONCERTS
Live Music • Food & Drink • Local Art

ANNULMENT INFORMATION

If you have suffered a divorce and would like to begin the healing process of an annulment, let us walk with you! Visit our website for more information on the process. www.sacredheartwdm.org/annulment or contact Fr. Chris, Fr. Luis or Deacon Ed for assistance.

CHILDREN'S LITURGY OF THE WORD

At the 9:30 Family Mass we offer a special dismissal for children during the Liturgy of the Word. Children ages 5+ are welcome to dismiss during this time and follow our Children's Catechist into the Parish Center for a Liturgy of the Word at their level. All children will receive an activity sheet with the readings, illustrations, an activity and a family corner section to take home with them. Children younger than 5 are welcome to join us with an adult. Children will return to Mass before the offering.



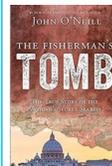
DON'T TAKE A VACATION FROM MASS

Download the app "**Mass Times for Travel**" for your mobile device before you hit the road this summer! Prefer to view it on your desktop? Go to Masstimes.org. Attending Mass at another parish will enhance your family's travel experience and give you an opportunity to experience a different church and parish community. Masstimes.org is an excellent website and is a free ministry to traveling Catholics, listing Mass times by city, state or zip code. Make this your summer challenge!



LIBRARIAN'S PICK OF THE MONTH

Be a Catholic Indiana Jones this summer!



Adults: [The Fisherman's Tomb: The True Story of the Vatican's Secret Search](#) by John O'Neill.



Kids: [Will Wilder and the Relic of Perilous Falls](#) by Raymond Arroyo

You will find these in our parish library!

BIENVENIDOS

Bienvenidos a todos nuestros visitantes, los recién llegados y feligreses !!

Si usted es nuevo en nuestra Parroquia y desea ser miembro de la Iglesia Católica Sagrado Corazón, por favor pase por la oficina parroquial o llame al 515-225-6414 para facilitarle el Registro de Nuevo Miembro. Tenemos programas y actividades disponibles para todas las edades. Ofrecemos el programa RICA para quienes deseen convertirse en Católicos. La lista con los nombres de los miembros del personal pastoral, miembros del Comité y presidentes de los ministerios y sus números de teléfono se encuentran bajo esta sección.

HORARIOS DE MISA EN FIN DE SEMANA

Sábado.....4:00 pm
Domingo....8:00, 9:30, 11:15 am; 1:00 pm Misa en Español
Misa Diaria.....Lunes a Viernes 8:00 am

SACRAMENTO DE RECONCILIACIÓN

Sábado.....2:30 pm to 3:30 pm

NÚMEROS TELEFÓNICOS

Teléfono de la Parroquia: 225-6414 Fax: 225-0286
Formación en la Fé para niños (CFF).....225-6414
Ministerio de Jóvenes..... 225-0546

www.sacredheartwdm.org

SACRAMENTO DEL BAUTISMO

Miembros registrados y participantes de la Parroquia deben contactar a la oficina parroquial para inscribirse en las clases obligatorias para Padres y padrinos. A los padres se les pide comunicar su solicitud antes del nacimiento de sus hijos.

SACRAMENTO DEL MATRIMONIO

Miembros registrados y participantes de la Parroquia, se les pide contactar a la oficina parroquial con **seis meses, o mas de anticipación** de la fecha prevista para el matrimonio. Clases de preparación matrimonial son requeridas.

RECIEN LLEGADOS

Nuevos parroquianos por favor registrarse por teléfono o en la oficina parroquial entre las 8:00 am y 3:30 pm . Para cambios de domicilio, o si dejan la parroquia por favor comuníquese con la oficina parroquial al teléfono 515-225-6414

COMITES Y PRESIDENTES DE MINISTERIOS

Si Ud. Esta interesado en pertenecer a algunos de los Ministerios de la parroquia, favor comunicarse: 515-225-6414, extension 313.

SACERDOTES SAGRADO CORAZON

**PADRE CHRISTOPHER HARTSHORN,
PARROCO**

chris.hartshorn@sacredheartwdm.org 225-6414, ext. 310

PADRE LUIS MEJIA,

VICARIO PARROQUIAL

luis.mejia@sacredheartwdm.org 225-6414, ext. 313

KARLA WILLIS,

DIRECTORA DEL MINISTERIO HISPANO

karla.willis@sacredheartwdm.org 225-6414, ext. 304

RINCÓN DE LOS CABALLEROS” CABALLEROS DE COLON CONCILIO #9632

“RINCÓN DE LOS CABALLEROS”

¡SEA PARTE DEL GRUPO!

Llame al (515) 554-0904

**o mande un correo electrónico al
grandknightwdm@gmail.com para más información**

NOTICIAS

Aprobamos los nuevos oficiales del concilio durante la reunión mensual el mes pasado para el nuevo año fiscal que empieza el 1 de julio. Le pedimos que por favor traten de atender la Misa y cena celebrando la instalación de los nuevos oficiales el lunes, 16 de julio. Invitaciones saldrán pronto.

Por favor reserve las fechas para estos eventos importantes:

- Lunes, 16 de julio, Misa y cena celebrando la instalación de los nuevos oficiales del concilio del Sagrado Corazón. Reemplaza la reunión mensual regular.
- Viernes, 10 de agosto – Excursión de golf anual de la parroquia en el Legacy Golf Club de Norwalk. Evento empieza en la mañana.
- Viernes y sábado, 24 y 25 de agosto – Campaña de los Tootsie Rolls y CPID en las tiendas locales de Hy-Vee y Fareway.

Tenemos una página de Facebook nueva. La dirección es <https://www.facebook.com/knightsofcolumbuswdm/>. Por favor visite y comparte la página con otros.

CALENDARIO

Julio

16 de julio, lunes: Misa y cena celebrando la instalación de los nuevos oficiales del concilio del Sagrado Corazón

Agosto

10 de agosto, viernes: Excursión de golf de la parroquia en el Legacy Golf Club de Norwalk

24/25 de agosto, viernes y sábado: Campaña de los Tootsie Rolls y CPID

COLECCIÓN DE ÚTILES PARA ESTUDIANTES

Imagínense como se siente un niño/a a empezar clases en el otoño sin los útiles necesarios. Hay muchos en nuestra propia comunidad quienes sus ingresos no alcanzan para comprar los útiles necesarios para sus hijos, haciendo una situación difícil para ellos. ¿Puedes ayudar? El Gremio de Mujeres tendrá su colecta anual de útiles de escuela, empezando hoy hasta el 29 de julio. Encontraras ornamentos en forma del abecedario en el “Jesse Tree” en el Lobby de la iglesia. Estos ornamentos tendrán útiles que se necesita comprar. Por favor compren los útiles pedidos y entrégalos en el recipiente azul a la par del árbol.

Útiles necesarios incluyen: lápices de cera, rotuladores, resaltadores, lápices (de color y regulares). lapiceros (con tinta color rojo, azul y negro), reglas que marcan centímetros y pulgadas, tijeras, pegamento, borradores, hojas de papel, cuadernos y carpetas de diferentes colores.