

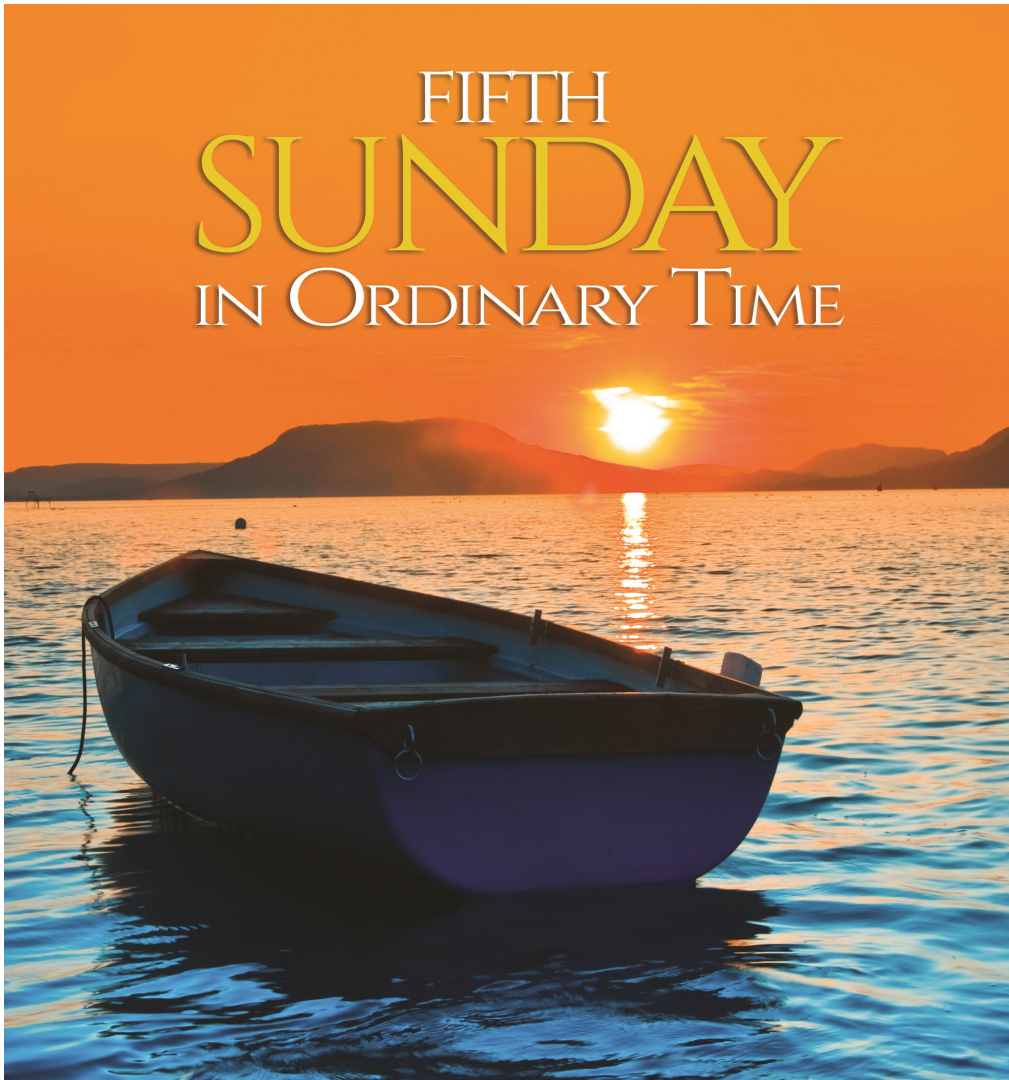


Welcome to the Parish Community of

# Sacred Heart

1627 GRAND AVENUE • WEST DES MOINES, IOWA 50265

## FIFTH SUNDAY IN ORDINARY TIME



Simon said in reply, "Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets." When they had done this, they caught a great number of fish and their nets were tearing. - Lk 5:5-6

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

### WEEKEND MASS SCHEDULE

Saturday  
4:00 pm

Sunday  
8:00 am

9:30 am Family Mass

11:15 am

1pm Spanish Mass

### Daily Mass

Monday through Friday 8:00 am

### RECONCILIATION

Saturday 2:30 pm to 3:30 pm

### ADORATION

1st Tuesday, every month  
8:30 am—7 pm

### TELEPHONE NUMBERS

Parish Office Phone: 225-6414

School 223-1284

Sacred Heart Plus 226-9662

[www.sacredheartwdm.org](http://www.sacredheartwdm.org)

Facebook: @SacredHeartWDM

### FR. CHRIS HARTSHORN, PASTOR

[chris.hartshorn@sacredheartwdm.org](mailto:chris.hartshorn@sacredheartwdm.org)  
225-6414, ext. 310

### FR. LUIS MEJIA, PAROCHIAL VICAR

[luis.mejia@sacredheartwdm.org](mailto:luis.mejia@sacredheartwdm.org)  
225-6414, ext. 313



JANUARY 10, 2019 • 5TH SUNDAY IN ORDINARY TIME

## WELCOME

### Welcome to all our visitors, newcomers and parishioners!!

If you are new to our faith community and are interested in becoming a member of Sacred Heart Catholic Church, please stop by the Parish Office or call 225-6414, for a New Member Packet. We have programs and activities available for everyone.

#### SACRAMENT OF BAPTISM

Baptismal prep classes are typically offered the last Monday of each month at the home of a Sacred Heart parishioner. Email Sarah at [msschiltz@gmail.com](mailto:msschiltz@gmail.com) and AJ at [AmandaJeanKelley@gmail.com](mailto:AmandaJeanKelley@gmail.com) for more information.

#### RCIA

We offer a comprehensive class for adults wanting to become Catholic. Contact Casey at [Casey.conner@sacredheartwdm.org](mailto:Casey.conner@sacredheartwdm.org) for information.

#### SACRAMENT OF MARRIAGE

Registered and participating members of the Parish, contact the Parish Office **six months, or more**, in advance. Preparation classes are **required**.

#### ANNULMENT INFORMATION

Let us walk you through the healing process of annulment. Contact Deacon Ed Garza, Fr. Luis or Fr. Chris to discuss the first steps.

#### SACRED HEART PARISH STAFF

**Rev. Mr. Ron Myers**, Deacon 226-8466

**Rev. Mr. Randy Horn**, Deacon 224-1113

**Rev. Mr. Ed Garza**, Pastoral Care, Deacon  
[ed.garza@sacredheartwdm.org](mailto:ed.garza@sacredheartwdm.org) 225-6414, ext. 315

**Casey Conner**, RCIA Director  
[casey.conner@sacredheartwdm.org](mailto:casey.conner@sacredheartwdm.org) 225-6414, ext. 309

**Sarah Sheerin**, Youth Ministry Director  
[sarah.sheerin@sacredheartwdm.org](mailto:sarah.sheerin@sacredheartwdm.org) 225-0546

**Loralee Chase**, Adult Faith Ministry and Communications  
[loralee.chase@sacredheartwdm.org](mailto:loralee.chase@sacredheartwdm.org) 225-6414, Ext. 309

**Kayla Richer**, Children's Faith Formation Director  
[kayla.richer@sacredheartwdm.org](mailto:kayla.richer@sacredheartwdm.org) 225-6414, Ext. 319

**Karla Willis**, Hispanic Ministry Director  
[karla.willis@sacredheartwdm.org](mailto:karla.willis@sacredheartwdm.org) 225-6414, Ext. 304

**Leah Mohlman**, Minister of Music and Liturgy  
[leah.mohlman@sacredheartwdm.org](mailto:leah.mohlman@sacredheartwdm.org) 225-6414, Ext 318

#### SACRED HEART SCHOOL STAFF

**Jane Kinney**, Principal  
[jane.kinney@sacredheartwdm.org](mailto:jane.kinney@sacredheartwdm.org) 223-1284, Ext. 142

**Scott Ehlinger**, Vice Principal  
[scott.ehlinger@sacredheartwdm.org](mailto:scott.ehlinger@sacredheartwdm.org) 223-1284, Ext. 140

Visit our website at [www.sacredheartwdm.org](http://www.sacredheartwdm.org) for a full list of committees and ministries that you can get involved with at Sacred Heart.

## WEEKEND MINISTRY SCHEDULE

SATURDAY/SUNDAY, Feb 16/17

#### 4:00 PM

**Servers:** Seamus Auen-Ryan, Jack Carver, Maxwell Millhollin

**Lectors:** Michael O'Meara, Greg Madden, Sally Robson

#### 8:00 AM

**Servers:** Michael McAuliff, Dylan & Caitlin Webb

**Lectors:** Bob Douglas, Nathan Hardisty, Mike McColley

#### 9:30 AM

**Servers:** Anna Chase, Ava Johnson, Patrick Warren

**Lectors:** Heather & Olivia Strang, Mary Barnum

#### 11:15 AM

**Servers:** Madalyn & Emma Ellis, Jesus Montelongo

**Lectors:** Jessica Watson, Michael Jennings, Ed Kordick

## MASS INTENTIONS FOR THE WEEK

Sat.	Feb 9	4:00 pm	Kenny Nielsen & Erik Nielsen
Sun.	Feb 10	8:00 am	Joe Burch Jr.
		9:30 am	Bob & Julie Carroll Family
		11:15 am	Ann Howe
		1:00 pm	Sacred Heart Parishioners
Mon.	Feb 11	8:00 am	Red Cronin
Tues.	Feb 12	8:00 am	Dale Ferguson
Wed.	Feb 13	8:00 am	Guido Fenu
Thurs.	Feb 14	8:00 am	Jim Belisle
Fri.	Feb 15	8:00 am	Rex Haley
Sat.	Feb 16	4:00 pm	Gertrude Simms
Sun.	Feb 17	8:00 am	Faith Dold
		9:30 am	Richard Book
		11:15 am	Cosmas Spears
		1:00 pm	Sacred Heart Parishioners

## READINGS FOR THE WEEK

Sunday:	Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8 [1c]/ 1 Cor 15:1-11 or 15:3-8, 11/Lk 5:1-11
Monday:	Gn 1:1-19/Ps 104:1-2a, 5-6, 10 and 12, 24 and 35c [31b]/Mk 6:53-56
Tuesday	Gn 1:20—2:4/Ps 8:4-5, 6-7, 8-9 [2]/Mk 7:1-13
Wednesday:	Gn 2:4b-9, 15-17/Ps 104:1-2a, 27-28, 29bc-30 [1a]/Mk 7:14-23
Thursday:	Gn 2:18-25/Ps 128:1-2, 3, 4-5 [1]/Mk 7:24-30
Friday:	Gn 3:1-8/Ps 32:1-2, 5, 6, 7 [1a]/Mk 7:31-37
Saturday:	Gn 3:9-24/Ps 90:2, 3-4abc, 5-6, 12-13 [1]/ Mk 8:1-10
Sunday:	Jer 17:5-8/Ps 1:1-2, 3, 4, 6 [40:5a]/ 1 Cor 15:12, 16-20/Lk 6:17, 20-26

### Vision of our Catholic Community of Sacred Heart:

Imagine  
if...each of  
us told just  
one person.

Sharing the Good News  
of God's Love through  
Active Apostleship

Divine Renovation at Sacred Heart





*If I can be of assistance to you or a loved one, please contact me. I have many resources to share with you.*

Deacon Ed Garza  
ed.garza@sacredheartwdm.org



## BACK TO THE HEART OF VALENTINE'S DAY

This article was written by: [Issues I Face](#)

When we think of Valentine's Day, we often think of red roses, candy in heart-shaped boxes, mushy valentines, and winged cherubs flying about shooting starry-eyed lovers with arrows. But did you know that the origin of Valentine's Day, or Saint Valentine's Day, comes from the life and death of a man who died rather than giving up his faith?

### THE HISTORICAL ORIGINS

According to author Martha Zimmerman, the date traditionally celebrated as Valentine's Day finds its origin in the Roman festival of romance called Lupercalia, when the gods Juno and Pan were honored. It was a fertility festival or a lover's holiday looking forward to the return of Spring. In the fifth century, in an attempt to abolish the pagan festival, Pope Gelasius changed Lupercalia and its February 15 date to February 14 and called it Saint Valentine's Day. Even though the names and the date were changed, the emphasis continued to be on love. Why? Some authorities credit Geoffrey Chaucer with originating the custom of linking Valentine's Day with lovers. No link between the day and lovers exists before the time of Chaucer, thus leading some to conclude that it was this famous English author who connected the day with lovers. The fullest and earliest description of the tradition occurs in Chaucer's "Parliament of Fowls" composed around 1380. Since that time it has been traditional to connect St. Valentine's Day with love.

### WHO WAS THE REAL VALENTINE, AND WHY DID HE HAVE A DAY NAMED AFTER HIM?

Valentine was a Roman Christian who, according to tradition, was martyred during the persecution of Christians in the third century by Emperor Claudius II. The only thing certain about the day we remember as St. Valentine's Day is that it commemorates a martyrdom. Claudius II declared all Christians illegal citizens. By his definition, they were guilty of treason because Roman citizens were required by law to worship the Emperor by declaring publicly, "Caesar is Lord!" Of course, this is something no Christian could do. Tradition states that prior to his death, Valentine continued to minister in prison by witnessing to his prison guards. One of the guards was a good man who had adopted a blind girl. He asked Valentine if his God could help his daughter. As the tradition goes, Valentine prayed and the girl was given her sight.

When the Emperor heard about this, he was furious that Valentine was still making converts even in prison, so he sentenced Valentine to death. Just before being led out to his execution, Valentine wrote a note to the jailer's daughter, signing it, "From your Valentine." The first valentine was really an expression of faith. Growing out of this story we participate in a custom of sending cards to people we love. Over time the word "Saint" has been dropped from St. Valentine's Day, further obscuring the origins of this holiday.

### VALENTINE'S DAY IS A DAY TO EXPRESS YOUR LOVE IN ACTION, NOT TO EMPHASIZE HOW MUCH YOU SPENT

Instead of chubby cherubs, sappy cards, too much candy, and soon-wilted flowers, why not point your family toward the true significance of St. Valentine's Day this year? Re-inject it with the original intent and meaning. It is all about unconditional love ... the kind of love you'd give your life up for. It is not about spending money on cards and gifts, but spending a part of your time and self for someone else you care about. Celebrate it by doing a good deed for someone, or thinking of someone you love first before considering your own wants. Visit the sick or lonely and show them a little love and attention. Give of yourself in honor of the man for whom the day is named.





**Student Ministry at Sacred Heart offers spiritual, service and social opportunities to teens in grades 9-12. Contact Sarah Sheerin, Director of Youth Ministry, for more information at 225-0546 or [Sarah.sheerin@sacredheartwdm.org](mailto:Sarah.sheerin@sacredheartwdm.org).**

## **Faith in Action- Spring Break Service- FORMS DUE WEDNESDAY!**

A great opportunity to serve in our very own neighborhood while having fun with other area teens! This is a 4 day/3 night event during spring break. Information and applications are available (due by February 13). Please grab one next to the SMASH bulletin board in the Vestibule. Contact Sarah with any questions.

## **Ice Skating Rescheduled for February 20**

Hopefully it will be much warmer this time! Join other area youth groups in a FREE night of ice skating, fun, and fellowship. Bring \$1 to rent skates if you need them, snacks are also available for purchase. **Please turn in your permission form to Sarah by Wednesday, February 13- new permission forms needed for those who already turned in theirs**

## **UPCOMING EVENTS**

Feb. 10	Teen Choir sings at 9:30 Mass
Feb. 13	SMASH on Wednesday, 6:30
Feb. 20	SMASH on Wednesday, 6:30
Feb. 24	Teen Choir rehearsal, 6:30-8
Feb. 27	SMASH on Wednesday, 6:30
Mar. 3	Teen Choir sings at 11:15 Mass
Mar. 6	NO SMASH- Ash Wednesday
Mar. 8	Fish Fry Fundraiser
Mar. 13	Confirmation 2019, 6:30 Parish Center
Mar. 13	SMASH on Wednesday, 6:30
Mar. 15	Fish Fry Fundraiser
Mar. 17-20	FIA- Spring Break Service Retreat
Mar. 20	NO SMASH- Spring Break
Mar. 22	Fish Fry Fundraiser

## **SMASH on Wednesdays**

Come join us in the Social Room (basement of the church). We eat good food, play fun games, and have great talks about faith, life, and everything in between. It's FREE and no sign up is needed, so bring a friend!

For more information or to see a full calendar of events go to [www.sacredheartwdm.org](http://www.sacredheartwdm.org) or contact Sarah

For latest updates  
Find, Follow and Like us!

@SMASHwdm  
Facebook: Sacred Heart  
Youth Ministry



**Kayla Richer, Director**  
[kayla.richer@sacredheartwdm.org](mailto:kayla.richer@sacredheartwdm.org)  
**Debbie Chalik, Coordinator**  
[debbie.chalik@sacredheartwdm.org](mailto:debbie.chalik@sacredheartwdm.org)  
**Marcia Schaul, Office Associate**  
[marcia.schaul@sacredheartwdm.org](mailto:marcia.schaul@sacredheartwdm.org)



## **Welcome Young Families to Mass By Debbie Chalik**

Last week I offered some tips on taking children to Mass. This week I would like to talk about WELCOMING children at Mass.

Here's a newsflash: children can be wiggly, silly, ornery, impatient, moody, tired, disrespectful, distracted, sleepy, grouchy, obnoxious, irritating and stubborn at Mass. Those of us around young families (or families with teenagers) can do a lot to help!

More than once my husband and I have watched a young mother, by herself, with one, two, three or more children, struggling during Mass. Just last week we sat across from a mom who had two sons, one who turned into a formless blob when she tried to get him to stand for the Gospel. It was the weirdest thing!

When I see families at church, well behaved or NOT, my only thought is that they are at Mass. If you have a chance, the next time you sit by a family, stop them as they leave and thank them for taking the time to bring their children. It will help make the hard work worthwhile!

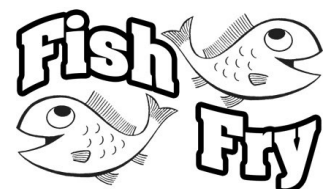
## **CFF Calendar**

### **February**

13	CFF
16	9-11:00 am Blessing Cup Workshop (English)
17	2-4:00 pm Blessing Cup Workshop (Spanish)
20	CFF
27	CFF

## **VOLUNTEERS NEED FOR LENT FISH FRYS**

Many volunteers are needed to help set up, cook, serve, and clean up at the Lenten Fish Frys. We also welcome donations of pies and baked goods for the dessert sale. If you'd like to help at this fun and DELICIOUS event visit [www.sacredheartwdm.org/fish-fry](http://www.sacredheartwdm.org/fish-fry) and click the "Volunteer" button or contact Sarah Sheerin at [sarah.sheerin@sacredheartwdm.org](mailto:sarah.sheerin@sacredheartwdm.org) or 225-6414. Volunteers receive a discounted meal.



## FOR ALL PARISHIONERS

### GRATEFUL HEART ~ GIVING HEART



Having made the decision to live stewardship as the way of life, one might ask, how do I know that my decision is the right size? God tells us in Malachi 3:10: "Bring the whole tithe into the storehouse, that there may be food in my house, and try me in this, says the Lord of hosts: shall I not open for you the floodgates of heaven, to pour down blessings upon you without measure?"

Pope John Paul II uses the story of the rich young man to illustrate that we must first, accept the truth about ourselves as creatures utterly dependent on God's grace. Second, we must really choose to act in accordance with His divine will for us. And thirdly, we must be willing to give away everything trusting that paradoxically we will gain it all back in abundance.

So, what is the right size? Here is a helpful hint: after prayerful thought about the size of our gift, when we do not find ourselves making excuses for its size, when we know in our hearts it is sacrificial, that we have been completely honest with God and ourselves, then our gift is of the proper size. (Adapted from unknown author) "Then he said to the crowd, 'Take care to guard against all greed, for though one may be rich, one's life does not consist of possessions.'"

-Luke 12:15 ~Excerpt from Spiritual Benefits of Tithing, Catholic of Diocese of Wichita



### INCLEMENT WEATHER

If Sacred Heart School is CLOSED due to snow or ice, Mass, Children's Faith Formation classes and all meetings and choir rehearsals will also be cancelled. If it should clear off during the day, all of the above events will remain cancelled. Please tune in to a local radio or TV station for weather closing announcements. If school is DELAYED, 8:00 am Mass will be held at 8:00 am, as usual.



**Our deepest sympathy and prayers to the families of the following ...**

Parishioner Ida Mae Skultety

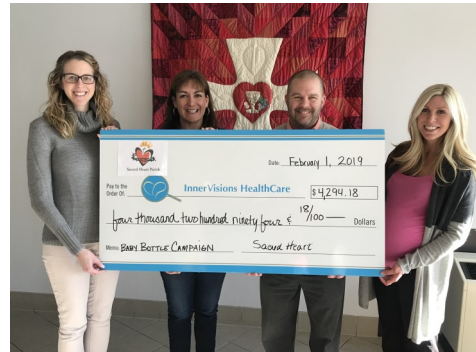
**...God grant them eternal rest**



**Like and Follow!**  
**Facebook.com/SacredHeartWDM**

### BABY BOTTLE CAMPAIGN SUCCESS!

The Respect Life Committee at Sacred Heart would like to extend a huge thank you for your participation in the InnerVisions Baby Bottle Campaign, which raised \$4,294.18 so far!! This will go a long way in helping the women and babies who are served by the compassionate medical staff at InnerVisions HealthCare on a daily basis. Over 300 bottles were passed out, and already 175 have returned, but if you have any additional bottles, please deliver them directly to InnerVisions in West Des Moines. God bless you for helping our life-affirming ministry!



# FORMED<sup>®</sup>

THE CATHOLIC FAITH.  
ON DEMAND.

**FREE access: [www.sacredheartwdm.formed.org](http://www.sacredheartwdm.formed.org)**

Before you commit to giving something up for Lent, commit to Mass!



*Ash Wednesday is March 6*



## WOMEN'S GUILD

### APPLICATION FOR FUNDS

Each year the Guild disperses a few thousand dollars to various charitable organizations, many of which are Sacred Heart ministries. Applications can be found on the webpage at [www.sacredheartwdm.org/womens-guild](http://www.sacredheartwdm.org/womens-guild)

Criteria used when evaluating requests:

- Is the requested contribution intended to fully fund a project or provide a portion of funding?
- Will the monetary gift make an impact in our Parish, West Des Moines community and/or Central Iowa, or will the recipients be largely Regional, National, or International?
- Does the recipient organization support family, children, health services or housing services?
- Is this gift designed to supplement funds for an ongoing service, or is this a one-time-only special project?

**Submission Deadline: April 30, 2019.**

For further information, contact: **Stephanie Latting at 515-225-4402 or [stlatting@aol.com](mailto:stlatting@aol.com)**

### FEED VICTIMS OF DOMESTIC VIOLENCE

More helping hands than ever will be needed to make approximately four dozen healthy casseroles for women and children under protection of the Family Violence Center. Please join the Women's Guild at its next Night of Service on Tuesday, Feb. 19 in the Parish Center, beginning at 6:30 pm. Additional volunteer activities for that evening will be announced soon. Contact Guild President Sheri Kobalt at [my4dees@aol.com](mailto:my4dees@aol.com) with any questions.

## ST. VINCENT DE PAUL AT SACRED HEART

*"To be involved in the service of Jesus is a sacred trust to which we have been invited." St. Vincent de Paul*

### February Volunteer Opportunities/Service Hours

#### Every Friday - Rosary 3:00 pm

Manor Care Health Service, 5010 Grand Ridge Dr. West Des Moines. Join the residents as we pray the rosary. No sign-up needed.

#### Thursday, February 28 – Bingo 6:30 pm – 7:30 pm

Fountain West Health Care Center, 1501 Office Park Dr. West Des Moines. Volunteers needed to help residents during a fun evening of bingo. No sign-up needed

#### More Student service hour opportunities include:

- 1) Organizing student activities for special events such as the annual Friends of the Poor Walk, Phyllis Davis Linen Drive, Operation Santa Claus and annual golf outing;
- 2) Childcare for children of students in adult education classes in evenings and weekend;
- 3) Assisting our store staff by sorting and hanging clothing at 1426 Sixth Avenue store;
- 4) Serving food at evening food pantries on the first and third Tuesday of each month evening;
- 5) Packing food boxes at evening food pantries.

To schedule a time for the items above contact the office manager at 515.282.8327 or [secretary@svdpdsm.org](mailto:secretary@svdpdsm.org).

## "KNIGHT'S CORNER"

### KNIGHTS OF COLUMBUS COUNCIL #9632

### JOIN THE KNIGHTS!

**Call (515) 554-0904**

**Email: [grandknightwdm@gmail.com](mailto:grandknightwdm@gmail.com)**

### NEWS

- **Sacred Heart Blood Drive:** Thursday, February 28. Look for the separate bulletin announcement for more details on the "Gift of Life" opportunity you provide when you give blood
- **Our February business meeting on Monday the 18<sup>th</sup> is less a meeting and more a mid-winter social.** Get it onto your calendar and join your fellow knights for a game night. More details to follow
- **2019 Annual Dues!** Prompt payment of council dues will be appreciated

### CALENDAR

#### FEBRUARY

February 17, Sunday: 2<sup>nd</sup> and 3<sup>rd</sup> degree installations at St. Pius

February 18, Monday: Business meeting...starts early...look for more details shortly

February 28, Thursday: KC Blood Drive from 2:00 to 6:30 in parish center

*Show me your faith with no actions and through my actions  
I will show you my faith*

[www.sacredheartwdmkofc.org](http://www.sacredheartwdmkofc.org)

## MEN'S RETREAT AT SACRED HEART

**Welcome.**  
There is **More to Life**

This fun group of men invite YOU to join them for the next Welcome (CRHP) Men's Retreat.



**March 9-10**

**8am Saturday—3pm Sunday**

**Reserve your spot by registering at:**

[www.sacredheartwdm.org/welcome](http://www.sacredheartwdm.org/welcome)

Leadership Team: Pat Murphy, Eric Branstad, Brian Sittig, Chris Halterman, Derek Trobaugh, Jeff Schwarte, Scott Day, Michael Lentsch, Deacon Randy Horn, Dave Reichart, Ivan Esquivel



## IOWA CATHOLIC MEN'S CONFERENCE

**"Glorifying God by Your Lives" Iowa Catholic Men's Conference** is thrilled to invite you to the **7th annual Conference March 30, 2019 at St. Francis of Assisi in West Des Moines**. This day of spiritual encouragement will feature National speaker and author, Deacon Harold Burke Sivers, Deacon Randy Kiel, psychotherapist and counselor, and Deacon Tom Brady, spiritual director and retired Army COL., who will witness to the universal call to "Glorify God by Your Lives".

Bishop Pates will join in a panel discussion with the presenters on "Being Called and Sent."

In addition, a Spanish tract features Ambiorix Padilla, an internationally known speaker. You don't want to miss this event.

Tickets can be purchased on-line at:  
[www.iowacatholicmensconference.com](http://www.iowacatholicmensconference.com)  
[www.iowacatholicradio.com](http://www.iowacatholicradio.com)

## LADIES MOSAIC LUNCHEON



Ladies, join us for our next Mosaic Luncheon on Thursday, February 21 at St. Augustin's Church. Our featured guest is John Pridmore. He is a nationally known speaker on the power of God's love and mercy. His conversion story is amazing and you will not want to miss it. Doors open at 11:30 and lunch is from 12-1. You can register at [www.iowacatholicradio.com](http://www.iowacatholicradio.com) or call 223-1150.



**CARE-A-THON**  
Make your donation today!

**Do you want to help connect people with Christ?**

**You can February 18th - 22nd by giving to our Spring Fundraiser!**

**Tune-In to**  
Iowa Catholic Radio!  
1150 AM | 94.5 FM

**Or Support us online at**  
[IowaCatholicRadio.com](http://IowaCatholicRadio.com)  
515.223.1150

## YOU ARE INVITED TO A CONCERT!

The Drake Choir invites you to a benefit concert on Saturday, February 16 (7:30 pm) in support of their May 2019 international tour. The concert in Sheslow Auditorium will feature individual performances of vocal jazz, Broadway tunes, opera, pop, and folk music, as well as a variety of choral works. Tickets are \$25 for non-students and \$5 for students of any age and can be obtained at [www.drake.edu/choralperformances](http://www.drake.edu/choralperformances) or at the door. For further information, email [aimee.beckmann-collier@drake.edu](mailto:aimee.beckmann-collier@drake.edu).

## MUSICIANS—JOIN ENCOUNTER

Encounter is a group of musicians that comes together on the **first Friday** of every month to give of ourselves and our talents back to Christ. On the first Fridays of every month at 7 pm we gather at St. Pius X Catholic Church for a night or worship with music, confession, fellowship and most of all adoration. We have dedicated an hour to this once a month and also with us ending the night in prayer. Our group wants to send an invitation out to all of the parishes to get more involvement from the diocese as we are one body, together in Christ. Contact Brody McCarthy at [brodym@stmarysdsms.org](mailto:brodym@stmarysdsms.org) or 515-251-7568 with questions. Or, just show up!

## MEMORIAL SERVICE FOR FR. MERZ

Father Gene Merz, SJ, one of the founders of Emmaus House, died on Jan. 16. The staff and Board of Directors of Emmaus will hold a memorial service for Father Merz on Sunday, Feb. 24, from 3 to 5 p.m. at the Our Lady of Peace Chapel at the Bishop Drumm Care Center in Johnston. The service will include prayer for the ongoing ministry of Emmaus, so beloved by Father Merz. All are welcome.



## HIGH SCHOOL SENIOR RETREAT

Radix is a weekend retreat option for all high school seniors throughout the diocese. Registration for this spring's retreats, happening on March 1-3 and April 5-7, is open now. Find out more at [www.dmdiocese.org](http://www.dmdiocese.org)

## CATHOLIC LECTURE SERIES

**Andy Milam, C.T.A.**

*What are Shrines and Why They are Part of the Faith*  
 February 23 at St. Augustin Parish Hall  
 7:00 pm Refreshments, 7:30 pm Lecture, 8:30pm Q&A

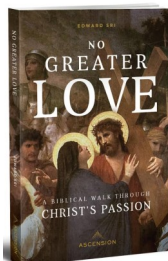


Andy is the marketing coordinator for the Grotto of the Redemption in West Bend, Iowa and will share about the Grotto as well as the discuss what makes a shrine a shrine and explain the role of shrines in Catholic culture and in our own domestic churches.



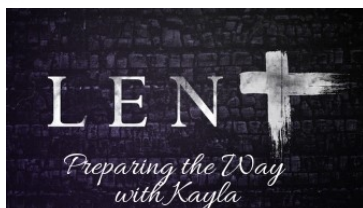
## It's time to start thinking about Lent!

Do One New Thing! We have something for everyone this year. Small groups, Bible Studies, Reflection, At-home, Individual, No homework, A Challenge or On-line! Many of our offerings will require registration! Please visit our website to choose which is best for you (or choose them all) and get registered. Classes will be capped and supplies will need to be ordered. Visit: [www.sacredheartwdm.org/Lent](http://www.sacredheartwdm.org/Lent) and then scroll down to the faith formation section.



Bible 101:  
Opening the  
Bible

**Into the Desert**  
A Lenten Study on Prayer



## PRIDMORE AT SACRED HEART—FEB. 21

PLEASE JOIN US FOR ANOTHER VERY SPECIAL

**HAPPY HOUR**  
DO YOU BELIEVE IN MIRACLES?

**JOHN PRIDMORE**

**EX GANGSTER | CATHOLIC SPEAKER AND AUTHOR**

**John Pridmore** was a serious "face" in London's East End; he was immersed in London's violent criminal underworld. His Jackets were tailored to hold his machete and knuckledusters. His drug deals made him wealthy. Then something happened.... a change that only God's love and mercy could bring about. His powerful story has inspired hundreds of thousands to grow in their understanding of God and experience God's love and mercy in their lives.

**Do not miss his incredible story** Come to any or all of these events

MONDAY, FEBRUARY 18	WEDNESDAY, FEBRUARY 20	THURSDAY, FEBRUARY 21	THURSDAY, FEBRUARY 21
ST FRANCIS PARISH 7075 Ashworth Road West Des Moines	ST AMBROSE CATHEDRAL 607 High Street Des Moines	IOWA CATHOLIC RADIO LUNCHEON 12:00 - 1:00	SACRED HEART CHURCH 1627 Grand Ave West Des Moines
5:30 MASS	5:30 MASS	ST AUGUSTIN PARISH HALL Sponsored by Iowa Catholic Radio Out Reach Committee	5:30 MASS
6:15 HAPPY HOUR TALK in the Pastoral Center	6:15 HAPPY HOUR TALK in the New Pastoral Center		6:15 HAPPY HOUR TALK in the Parish Hall

For more information contact: MaryJo Harty at [maryjoharty@icloud.com](mailto:maryjoharty@icloud.com) or Heidi Grace at [heidigrace@gmail.com](mailto:heidigrace@gmail.com)

## ITALY PILGRIMAGE—ONLY A FEW SPOTS LEFT

Rome, Assisi, Siena, Florence, & Orvieto! 10 days in Italy with your own personal tour guide AND Fr. Chris for only \$3970/person (included: airfare, luggage handling, local tours, many meals and a Papal Audience). The pilgrimage is filling up and there are only a few spots left. Registration will be first come first serve until all spots are full. Contact Fr. Chris in the office 515-225-6414 or our Travel Guide Anne Marie 515-865-4900 as soon as possible to reserve your spots on this pilgrimage. [www.sacredheartwdm.org/faithevents](http://www.sacredheartwdm.org/faithevents).



## EMMET CAHILL BACK AT SACRED HEART!

Sold-Out Carnegie Hall Debut

IRELAND'S  
LEADING TENOR

**EMMET CAHILL**

Live In Des Moines  
SATURDAY, MARCH 23, 2019  
7:00 PM

SACRED HEART CATHOLIC CHURCH  
FUNDRAISER

\$30 General Admission  
\$45 Meet & Greet + Concert  
Starts 5:30 pm

BUY TICKETS AT  
**EMMETCAHILL.COM**



## IMAGINE IF....

You made it a point to meet one new person at Mass each week. Then remember their name and say hello to them next week. Put a large checkmark in your photo directory for each new person you meet. Imagine how much smaller Sacred Heart would feel! Don't have your photo directory yet? If you got your photo taken for the directory, the office has a free directory for you. Contact Tonia at 515-225-6414 if you cannot make it in during office hours and we can leave one for you in the lobby mailbox.

## FOOD PANTRY COLLECTION

Sacred Heart has a special collection on the 3<sup>rd</sup> full weekend of the month to benefit the Des Moines Area Religious Council (DMARC) Food Pantry. This collection will occur next weekend (**February 16/17**). Sacred Heart gives over \$50,000 each year to the food pantry. Thank you for your generosity.

## WEEKDAY EMOE's NEEDED

Sacred Heart is in need of Eucharistic Ministers for 8am daily Mass. We are happy to work around your availability as well as train you if needed. One day every week/month or just every once in awhile, it is up to you! If you are interested in helping with this morning Mass ministry, contact Mary Mathis at 515-557-0503 or email: [mathisjm@msn.com](mailto:mathisjm@msn.com).

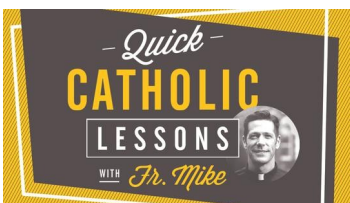
## SACRED HEART BLOOD DRIVE-Feb 28

The Knights of Columbus are once again sponsoring our semi-annual Blood Drive, to be held on Thursday, February 28th from 2:00 – 6:30 PM in the Parish Center. For an appointment, please contact Bill Wieland at 515-321-7980, or you can also schedule your appointment online at [www.lifeservebloodcenter.org](http://www.lifeservebloodcenter.org). Be Christ like and give the "Gift of Life" by donating blood. Thank you for your continuing support of the Sacred Heart Blood Drives.



## YOUNG ADULTS—THIS IS FOR YOU!

Video! Discussion! Friends! Fun! (all in just 45min/week)



Sunday's 6pm  
SMASH room  
Beginning Feb 10  
NEW start date!  
FREE

Please register below so we will be sure to have plenty of supplies. [www.sacredheartwdm.org/young-adult-ministry](http://www.sacredheartwdm.org/young-adult-ministry)

\*The SMASH room has been relocated to the lower level of the church. The doors on the south side (Grand Ave) of the church lobby will be unlocked for entry!

## ACTIVE APOSTLE SHOUT OUT!



This is Coby Konkol. As a teen, Coby realized he wanted to be an Active Catholic and committed to getting Confirmed in 2017. Since then, Coby has been an Active Apostle at Sacred Heart. He attends almost all of the SMASH events including the mission trip and the recent ski trip. But he doesn't stop there. Coby actively participates in Mass. You have probably even seen him distributing the Eucharist on Sunday's as an EMOE. Thank you, Coby for making your faith a priority! We notice you and your example inspires us all!

## MARRIAGE PREPARATION SPONSOR COUPLES NEEDED FOR SACRED HEART

Would you help us assist with marriage preparation for Sacred Heart parishioners? Consider getting trained as a marriage preparation sponsor for engaged couples. The next training session is **April 6 from 1-5pm** through the Diocese of Des Moines. Please contact Tonia (515-225-6414) if you are interested in this important ministry! She will make sure you are registered for the training. After you are trained the commitment level and schedule are very flexible!



**STEPHEN  
MINISTRY**

**Stephen Ministry seeks to be a living presence of the caring Christ to our parish community. Stephen Ministry is a one-to-one ministry provided by trained caregivers who seek to bring Christ's healing love to all who are experiencing life's challenges. For more information Contact Deacon Ed at 225-6414 or 249-7946**

## FAMILY MASS VOLUNTEERS NEEDED

Our volunteer sign up for Jr. Ushers and Donut hosts is **empty!** Please consider volunteering in one of these ways so we can keep the Family Mass going!

**Jr. Ushers**—Start the 9:30 Mass with the greeting and take the basket to the altar during the collection. Kids can do this with a friend if they would prefer.

**Donuts Hosts**—Donuts are ordered, payed for, and delivered each week. All you have to do is set up, serve and clean up. Great family, ministry or teen service hour activity.



Sign up for either of these at [www.sacredheartwdm.org/family-mass](http://www.sacredheartwdm.org/family-mass) or contact the Family Mass Coordinators Tiffany or Megan at : [shcfamilymasscoordinator@gmail.com](mailto:shcfamilymasscoordinator@gmail.com)

## BIENVENIDOS

### Bienvenidos a todos nuestros visitantes, los recién llegados y feligreses !!

Si usted es nuevo en nuestra Parroquia y desea ser miembro de la Iglesia Católica Sagrado Corazón, por favor pase por la oficina parroquial o llame al 515-225-6414 para facilitarle el Registro de Nuevo Miembro. Tenemos programas y actividades disponibles para todas las edades. Ofrecemos el programa RICA para quienes deseen convertirse en Católicos. La lista con los nombres de los miembros del personal pastoral, miembros del Comité y presidentes de los ministerios y sus números de teléfono se encuentran bajo esta sección.

### HORARIOS DE MISA EN FIN DE SEMANA

Sábado.....4:00 pm  
Domingo....8:00, 9:30, 11:15 am; 1:00 pm Misa en Español  
Misa Diaria.....Lunes a Viernes 8:00 am

### SACRAMENTO DE RECONCILIACIÓN

Sábado.....2:30 pm to 3:30 pm

### NÚMEROS TELEFÓNICOS

Teléfono de la Parroquia: 225-6414 Fax: 225-0286  
Formación en la Fé para niños (CFF).....225-6414  
Ministerio de Jóvenes.....225-0546  
[www.sacredheartwdm.org](http://www.sacredheartwdm.org)

### SACRAMENTO DEL BAUTISMO

Miembros registrados y participantes de la Parroquia deben contactar a la oficina parroquial para inscribirse en las clases obligatorias para Padres y padrinos. A los padres se les pide comunicar su solicitud antes del nacimiento de sus hijos.

### SACRAMENTO DEL MATRIMONIO

Miembros registrados y participantes de la Parroquia, se les pide contactar a la oficina parroquial con **seis meses, o mas de anticipación** de la fecha prevista para el matrimonio. Clases de preparación matrimonial son requeridas.

### RECIENTE LLEGADOS

Nuevos parroquianos por favor registrarse por teléfono o en la oficina parroquial entre las 8:00 am y 3:30 pm. Para cambios de domicilio, o si dejan la parroquia por favor comuníquese con la oficina parroquial al teléfono 515-225-6414

### COMITES Y PRESIDENTES DE MINISTERIOS

Si Ud. Esta interesado en pertenecer a algunos de los Ministerios de la parroquia, favor comunicarse: 515-225-6414, extension 313.

### SACERDOTES SAGRADO CORAZON

**PADRE CHRISTOPHER HARTSHORN,**  
**PARROCO**

[chris.hartshorn@sacredheartwdm.org](mailto:chris.hartshorn@sacredheartwdm.org) 225-6414, ext. 310

**PADRE LUIS MEJIA,**  
**VICARIO PARROQUIAL**

[luis.mejia@sacredheartwdm.org](mailto:luis.mejia@sacredheartwdm.org) 225-6414, ext. 313

**KARLA WILLIS,**  
**DIRECTORA DEL MINISTERIO HISPANO**  
[karla.willis@sacredheartwdm.org](mailto:karla.willis@sacredheartwdm.org) 225-6414, ext. 304

## RINCÓN DE LOS CABALLEROS" CABALLEROS DE COLON CONCILIO #9632

### "RINCÓN DE LOS CABALLEROS"

**¡SEA PARTE DEL GRUPO!**

**Llame al (515) 554-0904**

**o mande un correo electrónico al**

**[grandknightwdm@gmail.com](mailto:grandknightwdm@gmail.com) para más información**

### NOTICIAS

- **Evento para la donación de sangre:** Jueves, 28 de febrero. Se puede encontrar más información del evento y como su donación de sangre ayuda a otros en el artículo llamando el "Gift of Life".
- **La reunión mensual del mes de febrero es el lunes, 18 de febrero. Este mes tendremos una reunión social.** Por favor guarde la fecha y venga a pasar tiempo con otros Caballeros. Tendremos juegos y otras diversiones. Más detalles siguen en las semanas que vienen.
- **Cuotas del 2019** – Pedimos que los miembros del concilio paguen la cuota anual lo más pronto posible. ¡Gracias!

### CALENDARIO

#### FEBRERO

Domingo, 17 de febrero: Instalaciones de los segundo y tercer grados en la iglesia, St. Pius

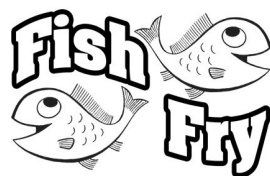
Lunes, 18 de febrero: Reunión mensual...empieza temprano... más información en las semanas que vienen.

Jueves, 28 de febrero: Evento de Donación de Sangre, 2pm-6:30pm en el Parish Center

Ensenyame su fe sin acciones y con mis acciones te ensenyo mi fe

[www.sacredheartwdmkoec.org](http://www.sacredheartwdmkoec.org)

### ¡Ya viene Cuaresma y con eso, la Cena de Pescado (Lenten Fish Fry en inglés) semanal!



Acompañenos para disfrutar todo lo que puedes comer de pescado frito, horneado, o en forma de tacos. También se sirve pizza, pasta, varios platos de acompañamiento, y bebidas cada viernes durante la temporada de Cuaresma (8 al 29 de marzo; 5 y 12 de abril).

**Tiempo:** Se sirve comida desde las 5:30pm hasta las 7:00pm

**Costo:** \$9 para edades 11 para arriba, \$5 para niños de 3-10 años de edad, niños que tienen menos de 3 años comen gratis, pago máximo por familia es \$35. Tiquetes vendidos en la puerta del evento.

**Sitio:** el gimnasio de Sacred Heart School

Se vende postres y hay actividades para los niños en el "Kid's Corner" incluyendo paginas para colorear, juegos y otras diversiones. Todos los fondos recaudados benefician al Programa de Jóvenes aquí en el Sagrado Corazón. Por favor comuníquese con Sarah Sheerin usando la información que sigue con cualquier pregunta.  
[sarah.sheerin@sacredheartwdm.org](mailto:sarah.sheerin@sacredheartwdm.org) o 225-6414.