

Welcome to the Parish Community of

Sacred Heart

Church illustration
by Sheri George

1627 GRAND AVENUE • WEST DES MOINES, IOWA 50265

MASS SCHEDULE

Saturday

4:00 pm

Sunday

8:00 am

9:30 am Family Mass

11:15 am

1 pm en Español

Daily Mass

Monday through Friday 8:00 am

Reconciliation

Saturday 2:30 pm to 3:30 pm

Adoration

Every Tuesday during Lent

8:30 am—7 pm

Next: March 17th

Parish Office Phone (515) 225-6414

Sacred Heart School (515) 223-1284

Sacred Heart Plus (515) 226-9662

www.sacredheartwdm.org

Facebook: @SacredHeartWDM

HORA SANTA Y CONFESIONES

21 de marzo a las 6pm

¡Acompáñenos para una hora llena de oración, alabanzas y adoración del Santísimo!

El Padre Nipin también estará presente para oír confesiones.

ADORATION & RECONCILIATION

March 21st at 6 PM

Join us for a traditional Latino hour of Adoration with song, and prayer!

Fr. Nipin will also be hearing confessions.

MARCH 15, 2020 • 3RD SUNDAY OF LENT

WELCOME

If you are new to our Sacred Heart Parish and wish to be a member of the Sacred Heart Catholic Church, please stop by the parish office or call 515-225-6414 to facilitate the New Member Registration. We have programs and activities available for all ages. We offer the RICA program for those who wish to become Catholics. [We invite you to become involved as an Active Apostle at Sacred Heart Parish!](#)

BIENVENIDOS

Si usted es nuevo al Sacred Heart (Sagrado Corazón) y quiere ser se miembro, por favor pase por la oficina de la iglesia para obtener el paquete de registraci3n. Tambi3n se puede facilitar un paquete por correo si llama al 515-225-6414. Si usted necesita ayuda en espa3ol, por favor llame al 515-225-0546 para comunicarse directamente con la Directora del Ministerio Hispano. Tenemos programas y actividades para todas edades. Tambi3n ofrecemos el programa de RICA para los quienes desean convertirse a la fe cat3lica o los quienes necesitan terminar sus sacramentos de iniciaci3n. [¡Los invitamos a participar como Ap3stoles Activos en la Parroquia de Sacred Heart!](#)

SACRED HEART EVENTS: THE WEEK OF MARCH 15, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
8:00 am Mass	7:30 am Rosary	7:30 am Rosary	7:30 am Rosary	7:30 am Rosary	7:30 am Rosary	2:30 pm Reconciliation English and En Espa3ol
9:30 am Mass	8:00 am Mass	8:00 am Mass	8:00 am Mass	8:00 am Mass	8:00 am Mass	4:00 pm Mass
11:15 am Mass	1:00 pm Little Rock Bible Study	8:30 am—7 pm Adoration	4:30 pm/6:30 pm NO CFF!		8:30 am Lectio Bible Study	6:00 pm Grupo de Oraci3n
1:00 pm Mass En Espa3ol	5:30 pm Women's Guild/KOC St. Pat's Dinner	5:45 pm SoulCore	6:30 pm NO SMASH!		9:00 am Veil Removed: Study	
	6:30 pm Rosary	7:00 pm Financial Peace			5:30 pm Stations of the Cross	
	6:30 pm Veil Removed: Study				5:30 pm Fish Fry	
					7:00 pm Viacrucis	

Divine Renovation at Sacred Heart

VISION OF OUR CATHOLIC COMMUNITY OF SACRED HEART:

Sharing the Good News of God's Love through Active Apostleship

FEBRUARY FINANCIALS

Monthly Budget:	\$ 155,000
Monthly Actual:	\$ 139,289
Overage/(Shortfall):	(\$ 15,711)
YTD* overage/(shortage):	\$ 55,197

*The church's fiscal year begins on July 1

MESSAGE OF THE WEEK

What are you thirsting for?

MASS INTENTIONS

Saturday, March 14	4:00 pm	Special Intention for Bob and Mary Brackett
Sunday, March 15	8:00 am	Charles Koch
	9:30 am	John Gallardo
	11:15 am	Mary, Keith, and Sara Beaty
	1:00 pm	Sacred Heart Parishioners
Monday, March 16	8:00 am	Sr. Mary Margaret O'Toole
Tuesday, March 17	8:00 am	Bob and Julie Carroll Family
	10:00 am	Grace Isaacs/Fountain West
Wednesday, March 18	8:00 am	Kathleen Heivilin
Thursday, March 19	8:00 am	Shiuvaun Dougherty
Friday, March 20	8:00 am	Joe Carr
Saturday, March 21	4:00 pm	Sharon Blubaugh
Sunday, March 22	8:00 am	Lucy DeMarco
	9:30 am	Ron Vasquez
	11:15 am	Todd Asher
	1:00 pm	Sacred Heart Parishioners

PLEASE PRAY FOR *POR FAVOR ORE POR*

Irene Castelline
Connie McGinn
Casey Conner
Viola Dubay
Vigie Fry
Gene McLaughlin
Tina Cannon

Amy Jo & Jon Finnegan
Dale Mason
Gavin McCoy
Linda Ashby-McFarlane
Teresa Kordick
Lisa Budde
Gary Julius

Please let us know of if you would like us to pray for you. Call the office or Deacon Ed at 515-225-6414.

Por favor déjenos saber si usted conoce una persona quien necesita oraciones de la comunidad. Comuníquese con Karla.

OUR DEEPEST SYMPATHY AND PRAYERS TO THE FAMILIES OF THE FOLLOWING...

Terry Strawhecker
Father of Parishioner Troy Strawhecker

...GOD GRANT THEM ETERNAL REST

WEEKEND MINISTRY SCHEDULE Saturday, March 21/Sunday, March 22

4:00 PM

Servers: Allison Gonyo, Griffin Grabe, Mary Lawler
Lectors: Gail Stelmacher, Mark Stelmacher, Sally Robson

8:00 AM

Servers: Camila Manzano, Payton Nichols, Phillip Samaniego
Lectors: Jeff Austin, Marie Austin, Catalina Samaniego

9:30 AM

Servers: Noah Andersen, Ava Johnson, Matthew Wiskus
Lectors: Penelope Pugh, Jody Judge, Joan Miller

11:15 AM

Servers: Charlotte Chance, Anna Chase, Emily Nguyen
Lectors: Ed Kordick, Sarah Kidawa, Michael Jennings

If you are homebound or hospitalized, or will be hospitalized, and would like a visit from the Pastoral Staff or need Anointing of the Sick, please contact the Parish Office. Our priests and pastoral care minister will be happy to make a pastoral visit if you wish. ed.garza@sacredheartwdm.org

The Lord speaks to us in many ways. He does so through the scriptures, the sacraments, the teachings of the church, and at times through supernatural ways. All of us have experienced or know someone who has, events that have no explanation but the Lord's intervention. For a new feature in this weekly column I would like to share such stories from our parishioners. The following is one by parishioner Mike Kamentz. I want to thank him for sharing his story of God's love for His people. If you have a story you would like to share please contact me by phone (225-6414) or email (ed.garza@sacredheartwdm.org). God Bless you all through this Lenten season.

A Father's Love Endures

By Mike Kamentz

Every day I find myself thinking of my father. Ever since his death many years ago, I believe he has been looking out for my family and me like a guardian angel. How do I know? I believe if you have a major event in your life and you notice a coincidence related to it, often that is God's way of saying that it was done according to His will. I've had several coincidences related to my dad over the years.

On March 24, 1980, I was working at the St. Regis Paper Company. My dad had been battling cancer for over two years. My brother-in-law shows up at my work and tells me I need to go to Xavier Hospital. I found my dad unconscious and having convulsion on a large table. I decided to hold his hand. After about two minutes, he passed away. When I turned to look for the nurses, the first thing I saw was the clock on the wall. It was exactly 1:41 a.m.

On May 5, 1985, I moved from Dubuque to West Des Moines to start a new job. I asked God for a sign that everything would be alright. When I stepped outside, I saw a double rainbow. At this moment, a car was driving down the street. The driver was going slowly so that he could check out the rainbow. The license plated number was 141. I later found out that my grandfather's draft number for World War I was also 141.

There have been many other incidents, aside from the recurring number, that lead me to believe my dad is watching over us. One involved my sister Lisa, who lives in Dubuque with her twin, Teresa. When my parents would go out for the evening, dad showered, shaved and put on a suit and tie. He would always wear a lot of after shave lotion. One winter day, Lisa was driving. She saw the car in front of her sliding on black ice, so Lisa slowed down. The semi-truck behind her didn't notice her reduction in speed and crashed into her. The rear end of her car then whipped out into the adjacent lane and she was broadsided by another semi-truck. The driver's side of her car was destroyed. All the windows were blown out except one. Her car was pushed off the road. Lisa didn't have a single scratch on her. She said, "The first thing I realized after the crash was that I could smell dad's after shave." That's when I knew that our dad was not only looking after me, but also Lisa.



You Belong to God

You are not what you do, although you do a lot. You are not what you have collected in terms of friendships and connections, although you might have many. You are not the popularity that you have received. You are not the success of your work. You are not what people say about you, whether they speak well or whether they speak poorly about you. All these things that keep you quite busy, quite occupied, and often quite preoccupied are not telling the truth about who you are. I am here to remind you in the name of God that you are the Beloved Daughters and Sons of God, and that God says to you, "I have called you from all eternity and you are engraved from all eternity in the palms of my hands. You are mine. You belong to me, and I love you with an everlasting love."

Henri Nouwen

YOUTH MINISTRY “SMASH”

Student Ministry at Sacred Heart offers spiritual, service and social opportunities to teens in grades 9-12. Contact Sarah Sheerin, Director of Youth Ministry, for more information at 225-6414 ext. 320 or Sarah.sheerin@sacredheartwdm.org.

Fish Fry Help

It's not too late to sign up for helping at the Sacred Heart Fish Fry Fridays! Please go online to: <https://signup.com/go/LDHEhcX> to help out. 8th-12th graders can earn money for any SMASH activity OR service for Dowling/Silver Cord/Confirmation.

Se pide Ayuda para las Cenas de Pescado

Todavía hay tiempo para apuntarse para ayudar con las Cenas de Pescado de la parroquia. Por favor use el siguiente link: <https://signup.com/go/LDHEhcX>, para apuntarse. Jóvenes en grados 8-12 pueden ganar fondos que pueden usar para cualquier actividad de SMASH O horas de servicio comunitaria para Dowling/Silver Cord/Confirmación.

Upcoming Schedule:

March 15-18 Faith in Action Service Retreat
15-18 de marzo Faith in Action – Retiro de Jóvenes
March 18 NO SMASH- Spring Break
18 de marzo NO HAY SMASH – Vacaciones de la Primavera
March 20 Fish Fry Friday
20 de marzo Cena de Pescado

For latest updates find, follow and like us!
Sigue nuestras redes sociales!
@SMASHwdm
Facebook: Sacred Heart Youth Ministry

YOUR HELP IS NEEDED!

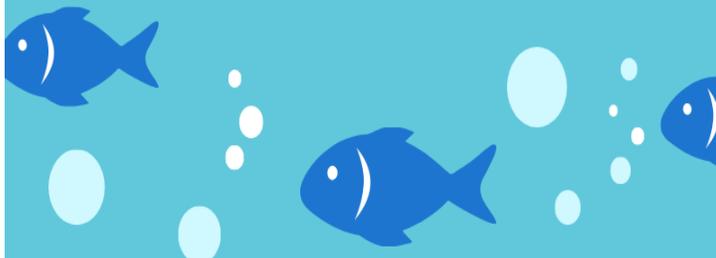
At Sacred Heart Fish Fry Fridays

Sign up here: <https://signup.com/go/LDHEhcX>

Contact Sarah for more information

515-225-6414

sarah.sheerin@sacredheartwdm.org



CHILDREN’S FAITH FORMATION “CFF”

Life without Caramel Corn

By Debbie Chalik

Children’s Faith Formation Coordinator

My grandmother was a great cook. Her mashed potatoes had STICKS of butter. Her candy was even better.

Every year, we would help her make Christmas candy. One of my favorite treats was her caramel corn.

Her recipe was not like any I have ever experienced. It was sticky and gooey, and never became crunchy. It actually melted in your mouth. That is because the recipe included Eagle Brand.

Eagle Brand is sweeten condensed milk. If I remember correctly, it has at least 1,000 calories and includes the daily minimum requirement for sugar for several years.

I loved grandma’s caramel corn so much that when I graduated from college and moved into my first apartment, I decided I would make it for dinner. I ate the entire batch. I got sick. If my mom had been there, she would have told me I would get sick. I have never made caramel corn for dinner again.

My grandma’s caramel corn is a lot like sin. It might sound like a good idea, but it is not. Sometimes you need a guide to remind you what is right, and what is not.

I have heard more than once that the Catholic Church has too many rules. But what if those rules are in place for our benefit and not the other way around. Maybe avoiding what is bad for us is a good thing.

It’s Lent and time to consider the consequences of sin. Maybe Mother Church really does know best.

Very important events:

March	18	NO CFF
	25	CFF
	31	Parish Reconciliation Service; 6 pm Dinner, 7 pm Reconciliation
April	1	Final CFF

Palm Sunday April 5

Begin Mass in Parish Center

Saturday 4 pm, *6:30 pm

Sunday 8, 9:30, 11:15, *1 pm

* en español

Holy Thursday April 9: 7 pm

Good Friday April 10: 7 pm

Easter Vigil April 11: 7:30 pm

All Triduum services will be bilingual

Easter Sunday April 12

8, 9:30 (PC and Church)

11:15, *1pm * en español

Communal Penance



Sacred Heart will offer a Communal Penance on Tuesday, March 31st at 7 pm following Adoration. Please visit www.sacredheartwdm.org for more information.

Servicio de Reconciliación Cuaresmal

Sacred Heart ofrecerá un servicio penitencial para la comunidad el martes 31 de marzo a las 7 pm después de La Hora Santa. Visite www.sacredheartwdm.org para más información.

Communal Penance Dinner



The Sacred Heart Reconciliation dinner is back by popular demand! Please join us on Tuesday, March 31st. You will not want to miss it. Maid-rites, macaroni and cheese, desserts, and Fr. Nipin trivia are highlights of this dinner! Dinner will be ready at 6 p.m. in the Parish Center. Bring your family, bring a friend and enjoy some fellowship. Conclude your evening with our beautiful communal Reconciliation service in the church at 7 p.m. Childcare will be provided. If you are interested in making donations or volunteering for childcare please contact Jeanne Sandahl jmsandahl@gmail.com. See you there!

Cena antes del Servicio de Reconciliación Cuaresmal

De regreso por demanda popular, el martes 31 de marzo, ofrecemos de nuevo el evento de Cena y Servicio de Reconciliación Cuaresmal. ¡No te lo vas a querer perder! Traigan a toda la familia para disfrutar una cena gratis de macarrones con queso, sándwiches de carne, y postres. También tendremos un juego de trivia del Padre Nipin. Cena empieza a las 6pm en el Parish Center y seguimos con el servicio de Reconciliación en la iglesia a las 7pm. Se ofrece cuidado de niño. Por favor comuníquese con Karla Vaquerano Willis, 515-225-0546 si tiene preguntas.

Fund-a-Chair



Our Parish Center chairs are showing their age! We have 300 chairs in our Parish Center that need to be replaced. We started this campaign with enough money for 86 chairs. Can you fund a chair...or 3? One chair =\$75. To be a part of this great improvement, donate on-line by visiting www.sacredheartwdm.org/fund-a-chair, drop a check in the collection basket with "Fund a Chair" in the MEMO or scan this QR code for easy one-click giving. Check the poster in the Gathering Space to see our progress toward ALL NEW CHAIRS!



Prayer Shawl Gathering

The next Prayer Shawl Ministry get together will be **Monday, March 23rd at 6:30 pm** at Hamiltons on Westown Parkway. We gather together to knit or crochet shawls which are then given to those who need comfort in our community. If you like to knit or crochet, join us! Yarn will be provided. Please feel free to bring a friend or two! If you can't make it and would still like to participate or if you have any questions please contact Ed at 225-6414 or Becky Pepper at 225-2008. The recipients of the prayer shawls greatly appreciate the prayers and love the shawls represent from our parish community.

Weekly Adoration



Spend some peaceful, quiet time with Our Lord every Tuesday during Lent. Pick your time during 8:30 am to 7:00 pm. Stay as long or short as it works for you.

Adoration dates are March 17th, March 24th, March 31st, and April 7th. Please use the north church doors - the other doors will be locked.

Adoración del Santísimo

Se ofrece adoración del Santísimo cada martes durante cuaresma, de 8:30am-7pm. Venga a pasar un poco de tiempo escuchando lo que Él quiere para ti. Las fechas son el 17, 24, y 31 de marzo y el 7 de abril. Por favor use las puertas al norte del santuario que miran a la escuela. Las otras puertas estarán con llave. La puerta está marcada con un rotulo que dice "Adoration".

Bulletin Changes

As part of our parish Divine Renovation, you might notice that our bulletin has a new look! We will be incorporating changes in the next several bulletins to make it more updated and readable. At Sacred Heart Parish, we are blessed to have a huge community of Active Apostles who provide so many wonderful services and activities! We want to provide updated information to all parishioners in the best format possible! Thanks for understanding!

Food Pantry Collection

Sacred Heart has a special collection one weekend of the month to benefit the Des Moines Area Religious Council (DMARC) Food Pantry. This collection will occur next weekend (**March 21/22**). Thank you for your generosity.

Annual Diocesan Appeal



A big "Thank You" to everyone who gave a gift this past weekend to the Annual Diocesan Appeal. Every person's gift is important. Remember, when we reach our parish goal, any additional gifts stay right here for our use. For those who have not made their

pledge, please join us in supporting the vital programs & services throughout the Diocese that no single individual or parish can offer.

Simply fill out a pledge card and place it in the offertory basket or drop it in the mail. Pledge cards and envelopes are at the Welcome Center in the gathering space. You can skip the paper and donate online at <https://www.dmdiocese.org/giving/annual-diocesan-appeal>.

Thank you for your generosity and your support of the Annual Diocesan Appeal.

MAGNA 24 Mens Group Meetings

The MAGNA24 men's group will hold regular meetings on Monday, March 23rd, April 13th and April 27th at 7 pm.

Our Sacred Heart men's group, MAGNA24, meets the 2nd and 4th Mondays of the month at 7 pm in the library. If you have been looking to make connections to men of faith at Sacred Heart, this is for you. This is an informal, come when you can, faith sharing group. We use the Magnificat publication as our guide and membership includes a subscription. New members are welcome! Just show up or contact Bryan at 515-720-4853 for more information.

Traveling for Spring Break?

Download the app “**Mass Times for Travel**” for your mobile device before you hit the beach/slopes. Prefer to view it on your desktop? Go to **Masstimes.org**. Attending Mass at another parish will enhance your family’s travel experience and give you an opportunity to experience a different church and parish community. Masstimes.org is an excellent website and is a free ministry to traveling Catholics, listing Mass times by city, state or zip code.

St. Vincent de Paul Raffle Tickets

Look for SVdP after Masses the weekend of April 19th! We are raffling off cash prizes at our Annual Golf Outing on May 21st @ Copper Creek Golf Course. For more info: <http://svdpdsm.org/news-events/chip-in-fore-charity-2020/>

40 items/40 day Lenten Challenge

During this season of Lent we are called to deepen our faith through fasting, prayer and almsgiving. You can **help us, help others by** selecting an item of clothing EACH DAY to donate to St. Vincent de Paul. For more info: <http://svdpdsm.org/our-stores/>

St. Vincent de Paul Donation Truck: 5/2

Our donation truck will be in the Sacred Heart Church Parking lot on May 2nd from 9am-3pm to accept your donations. Tax receipts will be available. For list of items accepted please see our website: svdpdsm.org/our-stores/

HyVee Reusable Bag Sales in March Support the Sacred Heart Food Pantry

Go to any HyVee store and purchase a \$2.50 Red My Heart reusable bag, use the tag to identify Sacred Heart School Food Pantry and HyVee will donate \$1/bag. March is Sacred Heart School Food Pantry month at the HyVee at 1900 Grand Ave. so all Red My Heart bags sold during the month of March will result in a \$1 donation! Money will be used for food purchases.

Fifth Sunday Collection for SVdP

After Masses the weekend of March 26th and March 27th, there will be an extra collection for the St. Vincent de Paul Society. This is the main source of funding for all of the wonderful and generous activities SVdP does to support others in need! We thank you for your generosity so that we can help others help themselves!

Six Dates for Catholic Couples

You loved it! "Leap of Faith, Leap of Love" was such a fantastic evening! Date nights strengthen our marriage so let's have another date night. Introducing 'Six Dates for Catholic Couples' starting Saturday, March 28th! For more information, please visit sacredheartwdm.org/sixdates.

Easter Flower Envelopes

Envelopes will be located in the gathering space and North and South church doors for donations for the Easter flowers. A donation towards Easter flowers will go toward making the church beautiful this upcoming Easter Season.

Donaciones para Flores

Estamos buscando gente para donar directamente al fondo para comprar flores para Semana Santa. Sobres pueden ser encontrados en el lobby de la iglesia y también por las puertas del santuario. Todas las donaciones recibidos en estos sobres irán para la compra de flores.

Guild Night of Service: March 24

From the Heartland; For the Hungry

Women’s Guild members are invited to volunteer for the next Meals from the Heartland packaging night. Join us from 6 pm to 8 pm on Tuesday, March 24 for this service project. Please arrive 15 minutes early for instructions from the Meals from the Heartland staff. Please pull your hair up/back and don’t wear jewelry that could be caught up in the processing. We need up to 20 volunteers. Please sign up here: www.signupgenius.com/go/10CoD4AA4AC2FA1F94-womens3

Guild Grants Open to Parish Ministries

Annually, the Women’s Guild raises funds to support Sacred Heart Church and School. If your ministry or program might benefit from this support, the required Application for Funds’ is on Sacred Heart Parish’s website at www.sacredheartwdm.org/news. Hard copies of the form are available in the church gathering space. The deadline is April 30. For answers to questions or to send in your form, the contact person is: Stephanie Latting at 515-225-4402; stlatting@aol.com; 717 22nd St., West Des Moines, IA 50265.

Save the Date: Cyber Safety Talk

The Women’s Guild will host Neil Schultz, retired from the Polk County Sheriff’s Department, for a cyber safety presentation in the parish center at 6:30 pm on Monday, April 6.

Women’s Guild and Knight of Columbus St. Pat’s Celebration

This invite-only social and dinner event is this Monday evening, March 16, in the parish center. The social begins at 5:30 with dinner and entertainment following.

Coronavirus/Influenza Concerns

With the cold and flu season upon us and growing coronavirus concerns, we want to assure Sacred Heart parishioners that we are following Bishop Joensen’s recommendations to keep all parishioners safe and healthy. To continue good hygiene practices, Sacred Heart is reintroducing hand sanitizers for the use of Eucharistic Ministers at Mass. Several hand sanitizer dispensers will be available at the altar, by the ambo, and by the baptismal font. We ask that Eucharistic ministers use some before getting in place to receive and distribute communion.

We will continue to offer Eucharist distribution of the chalice at Mass. However, if you have a cough or are just getting over a cold, or if you are susceptible to illness, please refrain from receiving the cup. Please be assured that the reception of Holy Communion under either species is full Eucharistic communion with Christ. Sacred Heart also follows proper purification and sanitation practices of the vessels for Holy Communion and Holy Water fonts.

At this time, we will also continue shaking hands during the Sign of Peace. If you feel unwell, it is appropriate to smile and bow to those around you during this time of the Liturgy as acknowledgement of our communion together before we receive the Eucharist.

If you are sick, it is acceptable to stay home from Mass. Bishop Joensen reminds us “there is no ‘sin’ in doing so—and, in fact, it represents an act of charity for the entire parish.” We greatly appreciate your mindfulness of the health of others and the well-being of our greater community.

Man-Up, March (Catholic Fellowship for Men/Evening Event)

"Living and Evangelizing the Catholic Faith as a College Student/Athlete"

An Interview with Blake Clark, ISU Football Player and former Dowling Catholic Quarterback

Joe Stopulos, host of the popular Iowa Catholic Radio program, "Man-Up" will interview Blake Clark, who leads a huge Bible Study program on the ISU campus.

Joe spoke at and helped lead the recent "Iowa Catholic Men's Conference". With some 700 men in attendance Joe and the leadership team are on a mission to break 1000 participants in 2021. He will challenge us to boldly live our Faith by participating in Dynamic Men's Small groups.

Blake will share some of the challenges he faced in leading Dowling Catholic to a State Football Championship and his challenges in confronting the culture as a young Catholic man in our secular society. Join us for this inspiring interview.

The St. Boniface Knights of Columbus will provide our food and beverages.

Bring a buddy and join us for all of part of this event:

Monday Evening/March 23rd
St. Boniface Catholic Church, 1200 Warrior Lane, Waukee
Rosary: 5:20 P.M., Holy Mass: 5:45 P.M.
Fellowship/Dinner/Program: 6:30 P.M.

Register for this event at <https://www.iowacatholicradio.com/events>

Life of St. Joseph Talk

Joe Teeling will be giving a talk about St. Joseph: A Model for Fatherhood—Insights on the lessons we can learn from an underappreciated but highly important Saint. The talk will be held on Saturday, March 21 at St. Augustin Parish Hall. Light refreshments will be served at 7 pm and the lecture will begin at 7:30 pm. Joe is currently the president of Blackbird Fund Management and has been in the insurance and financial services industry in Des Moines for over 38 years. He is the co-founder and current board president of Iowa Catholic Radio. He is the father of five adult children and he and his wife Leslie are members of St. Augustin Parish.

Communal Penance List:

- 3/22/2020 at 1 PM St. Boniface, Waukee
- 3/24/2020 at 6:30 PM St. Joseph, Des Moines
- 3/25/2020 at 6:30 PM Assumption, Granger
- 3/25/2020 at 7 PM St. Theresa Church of the Child Jesus, Des Moines
- 3/26/2020 at 7 PM St. Pius, Urbandale
- 3/26/2020 at 7 PM Ss. John and Paul, Altoona
- 3/28/2020 at 10 AM Basilica of St. John, Des Moines
- 3/29/2020 at 1 PM St. John the Apostle, Norwalk
- 3/29/2020 at 1 PM St. Mary, Elkhart
- 3/29/2020 at 3 PM St. Mary's of Nazareth, Des Moines
- 3/31/2020 at 6:30 PM St. Luke the Evangelist, Ankeny
- 3/31/2020 at 7 PM Sacred Heart, West Des Moines**
- 4/1/2020 at 6 PM St. Augustin, Des Moines

NPM Passion Musical Presentation

Please join Holy Trinity Parish, the Knights of Columbus and the Des Moines Chapter of the National Association of Pastoral Ministers (NPM) for the Passion of our Lord according to John, presented entirely in music and narration. Friday, March 27, 2020, 5:30 p.m. at Holy Trinity Catholic Church, 2926 Beaver Ave, Des Moines. Hosted by Holy Trinity Catholic Church, the Knights of Columbus and the Des Moines Chapter of the National Association of Pastoral Musicians (NPM). Fish dinner, provided by the Knights of Columbus, available for purchase following the program.

Catholic's DIVORCE HEALING Program

Christ the King is pleased to present a DVD ministry to men and women who have suffered from divorce: *The Catholic's DIVORCE SURVIVAL Guide*. The 12-week program features 30-minute DVD shows each week that cover topics of shock, denial, anger, grief, guilt, forgiveness, money, the courts, the kids, the ex-spouse, annulment, dating, sexuality, spirituality, remarriage or staying single, and much more. Find comfort and counsel consistent with Catholic teachings. The program will begin on March 23rd in The Blessed Mother Room, 820 Porter Ave, Des Moines, on the Christ the King Campus. For more information, or to register, contact Deacon Tony Valdez at 515-979-2301 or email him at t.valdez@me.com Visit www.catholicsdivorce.com

Special Mass for Coronavirus Victims

Monsignor Chiodo, Pastor of St. Anthony, invites everyone around the Diocese to a special Mass for the victims of Coronavirus and for protection against the virus. The Mass is Saturday, March 21st 8:30am at St. Anthony Church, 15 Indianola Road in Des Moines.

FISH FRY FRIDAYS



AT SACRED HEART CHURCH



AGES 11 & UP - \$10
AGES 3-10 - \$5
2 & UNDER - FREE
FAMILY MAX - \$40

PROCEEDS BENEFIT
YOUTH MINISTRY
PROGRAMS AT
SACRED HEART

JOIN US FROM

5:30-7PM

FEB 28

MARCH 6

MARCH 13

MARCH 20

MARCH 27

APRIL 3



ALL YOU CAN EAT:
HAND BATTERED FRIED FISH,
LEMON-PEPPER BAKED FISH,
FISH TACOS, CHEESE PIZZA,
MAC & CHEESE, SIDES & DRINKS

HOMEMADE DESSERTS
AVAILABLE FOR PURCHASE

CONTACT SARAH WITH QUESTIONS 225-6414
SARAH.SHEERIN@SACREDHEARTWDM.ORG



Men's Welcome Weekend Wrap-Up

Last weekend at Sacred Heart, 28 men enjoyed a great weekend of sharing at the Men's Welcome Retreat.



Sacred Heart Knight's Blood Drive a Huge Success

A **BIG THANK YOU** to all Sacred Heart parishioners who participated in the KC sponsored blood drive on March 5th. Out of the 59 scheduled appointments, the LifeServe blood center team was able to collect blood from 50 of those donors, for a grand total of 57 units of blood. We learned that one unit of donated blood helps save or impact up to 3 lives, so our drive will help save or sustain up to 171 lives, a new record for a Sacred Heart blood drive. Absolutely wonderful!!! Your continued support is greatly appreciated!!!

SAVE THE DATE

The next KC sponsored blood drive at our SH Parish Center is scheduled for Thursday, September 10, 2020.



Active Apostle Shout Out! Judy Schwartz



Judy Schwartz has been working hard to help feed families at the Family Violence Center. Judy coordinates the monthly casseroles from volunteers and gets them delivered to the Family Violence Center where they are given to families in need. This year, Judy even added the favorite tried and true recipes on the Sacred Heart website and made them available in the gathering space to make it even easier for people to participate. Thank you, Judy, for seeing Jesus in people in our community and feeding them when they really need our help! We are proud to call you a great Active Apostle at Sacred Heart!

Baby Bottle Campaign Success

The Respect Life Committee at Sacred Heart would like to extend a big **THANK YOU** for your participation in the InnerVisions Baby Bottle Campaign, which raised over \$4,901! This will help the women in crisis and their unborn babies who are served by the compassionate medical staff at InnerVisions on a daily basis, especially with the recent opening of the new clinic in South Des Moines. About 185 of the 340 bottles distributed were returned -- if you have any additional bottles, please deliver to InnerVisions in West or South Des Moines.



STATIONS OF THE CROSS VIACRUCIS

Every Friday during Lent in the sanctuary
Cada VIERNES durante Cuaresma en el Santuario

Come and Pray as a Community!
¡Vengan a compartir con su comunidad!

5:30pm - in English
7pm - en español

Stop into the school after Stations to enjoy a delicious fish dinner. All funds go to Youth Ministry.

Pasen a cenar en la escuela antes de la oración en español para disfrutar de una cena deliciosa que también apoya al Ministerio de Jóvenes

Domingo de Ramos Fin de semana del 4/5 de Abril

Misa empieza en el Parish Center

En ingles: sabado a las 4pm, y
domingo a las 8, 9:30, y 11:15 am

En español: sabado a las 6:30pm y
domingo a las 1pm

Jueves Santo 9 de abril: 7 pm

Viernes Santo 10 de abril: 7 pm

Vigilia Pascual 11 de abril: 7:30 pm

Celebramos el Triduo bilingüemente

Domingo de Resurrección 12 de abril

8, 9:30 (PC and Church)

11:15, 1pm en español

CENA DE PESCADO FRITO

EN SACRED HEART CHURCH



EDADES 11 AÑOS+ \$10
3-10 AÑOS \$5
NIÑOS 0-2 AÑOS GRATIS
MAXIMO POR FAMILIA \$40

TODA LA GANANCIA
BENEFICIA AL
PROGRAMA DE JÓVENES
DEL SAGRADO CORAZÓN

ACOMPÁÑENOS
DE 5:30-7PM

FEB 28

MARZO 6

MARZO 13

MARZO 20

MARZO 27

ABRIL 3



TODO LO QUE PUEDES COMER:
PESCADO FRITO O HORNEADO,
TACOS DE PESCADO,
PIZZA Y MACARRONES DE QUESO,
VARIOS ACOMPAÑAMIENTOS Y
BEBIDAS DISPONIBLES

SE VENDE POSTRES

COMUNIQUESE CON SARAH SI TIENE PREGUNTAS: 225-6414
SARAH.SHEERIN@SACREDHEARTWDM.ORG

SACRED HEART PARISH CONTACTS



FR. CHRIS HARTSHORN, PASTOR
chris.hartshorn@sacredheartwdm.org



**FR. NIPIN SCARIA THAKIDIPURATHU,
PAROCHIAL VICAR**
FrNipin@sacredheartwdm.org

Parish Office Phone (515) 225-6414
Sacred Heart School (515) 223-1284
Sacred Heart Plus (515) 226-9662

www.sacredheartwdm.org
Facebook: @SacredHeartWDM

Rev. Mr. Ed Garza, Pastoral Care, Deacon
ed.garza@sacredheartwdm.org

Rev. Mr. Randy Horn, Deacon

Rev. Mr. Ron Myers, Deacon

Joan Miller, RCIA Director
joan.miller@sacredheartwdm.org

Leah Mohlman, Minister of Music and Liturgy
leah.mohlman@sacredheartwdm.org

Sue Reichart, Adult Faith Ministry Director
sue.reichart@sacredheartwdm.org

Sarah Sheerin, Youth Ministry Director
sarah.sheerin@sacredheartwdm.org

Kayla Richer, Children's Faith Formation Director
kayla.richer@sacredheartwdm.org

Karla Vaquerano Willis, Hispanic Ministry Director
karla.willis@sacredheartwdm.org (515) 225-0546

SACRED HEART SCHOOL STAFF

Jane Kinney, Principal
jane.kinney@sacredheartwdm.org

Scott Ehlinger, Vice Principal
scott.ehlinger@sacredheartwdm.org