

# SACRED HEART CATHOLIC CHURCH

WEST DES MOINES



## WEEK OF SEPTEMBER 12, 2021

### DAILY MASS

8 am (Monday - Friday)

### WEEKEND MASS SCHEDULE (MISAS)

#### **Saturday**

4 pm

#### **Sunday**

9 am

11 am

1 pm (en español)

5 pm

### RECONCILIATION (RECONCILIACIÓN)

#### **Saturday**

2:30 pm—3:30 pm

Reconciliation Room in the Gathering Space

### ADORATION (HORA SANTA)

First Tuesday of Every Month

*primer martes de cada mes*

Following 8 am Mass

Healing Service and Benediction

*Servicio de Sanación y Bendición*

6 pm

### OFFICE HOURS (HORAS DE OFICINA)

Monday — Friday (*de lunes a viernes*)

8 am — 3:30 pm

1627 Grand Avenue

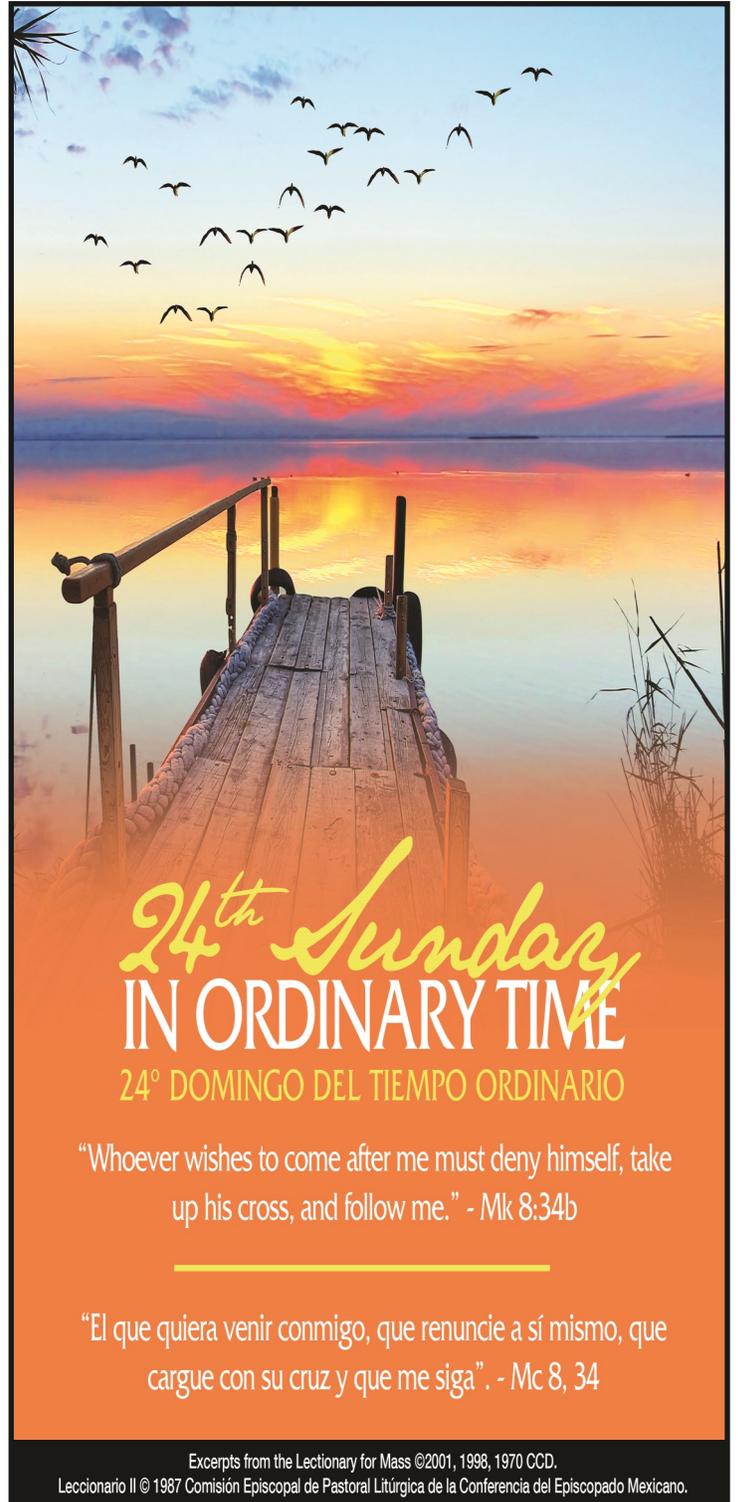
West Des Moines, Iowa 50265

Parish Office (*oficina*) (515) 225-6414

Sacred Heart School (*escuela*) (515) 223-1284

[www.facebook.com/SacredHeartWDM/](https://www.facebook.com/SacredHeartWDM/)

[www.sacredheartwdm.org](http://www.sacredheartwdm.org)



# WELCOME

If you are new to our Sacred Heart Parish and wish to be a member of the Sacred Heart Catholic Church, please stop by the parish office or call 515-225-6414 to facilitate the New Member Registration. We have programs and activities available for all ages. We offer the RCIA program for those who wish to become Catholics. [We invite you to become involved as an Active Apostle at Sacred Heart Parish!](#)

# BIENVENIDOS

Si usted es nuevo al Sacred Heart (Sagrado Corazón) y quiere ser se miembro, por favor pase por la oficina de la iglesia para obtener el paquete de registración. También se puede facilitar un paquete por correo si llama al 515-225-6414. Si usted necesita ayuda en español, por favor llame al 515-225-0546 para comunicarse directamente con la Directora del Ministerio Hispano. Tenemos programas y actividades para todas edades. También ofrecemos el programa de RICA para los quienes desean convertirse a la fe católica o los quienes necesitan terminar sus sacramentos de iniciación. [¡Los invitamos a participar como Apóstoles Activos en la Parroquia de Sacred Heart!](#)

## SACRED HEART PARISH CONTACTS



**FR. CHRIS HARTSHORN,  
PASTOR**  
chris.hartshorn@sacredheartwdm.org



**FR. LITTO THOMAS,  
ASSOCIATE PASTOR**  
litto.thomas@sacredheartwdm.org

**Rev. Mr. Ed Garza**, Deacon

**Rev. Mr. Randy Horn**, Deacon

**Rev. Mr. Ron Myers**, Deacon

### SACRED HEART MINISTRY STAFF

**Joan Miller**, Becoming Catholic Director  
joan.miller@sacredheartwdm.org

**Leah Mohlman**, Minister of Music and Liturgy  
leah.mohlman@sacredheartwdm.org

**Sue Reichart**, Adult Faith Ministry Director  
sue.reichart@sacredheartwdm.org

**Sarah Kelly**, Youth Ministry Director  
sarah.kelly@sacredheartwdm.org

**Chris Corrice**, Family Formation Director  
chris.corrice@sacredheartwdm.org

**Kayla Richer**, Family Formation Director  
kayla.richer@sacredheartwdm.org

**Karla Vaquerano Willis**, Hispanic Ministry Director  
karla.willis@sacredheartwdm.org (515) 225-0546

### SACRED HEART SCHOOL STAFF

**Scott Ehlinger**, Principal  
scott.ehlinger@sacredheartwdm.org

**Susan Battani**, Vice Principal  
susan.battani@sacredheartwdm.org

**PLEASE PRAY FOR**  
*POR FAVOR ORE POR*

Andy Crouse	Cora Newcomb
Joanie DeWitt	Linda Reihsen
Viola Dubay	Steph Salana
Vicki Ferin	Colleen Salazar
Florence Fligg	Gabe Savala
Tony Giorgio	Olivia Steffensmeier
Ella Harkin	Lyle Veach
Mary Ann Hilderbrand	Heather and Mary
Ali Lasell	

*Please let us know of if you would like us to pray for you.  
Please call the office at 515-225-6414.*

*Por favor déjenos saber si usted conoce una persona quien necesita oraciones de la comunidad. Comuníquese con Karla.*

**OUR DEEPEST SYMPATHY AND PRAYERS  
TO THE FAMILIES OF THE FOLLOWING...**

**Jerry Brown**  
*Father of Parishioner April Pottridge*

**Angela Martinez**  
*Parishioner*

**Omar Sanchez Aguilar**  
*Parishioner*

**...GOD GRANT THEM ETERNAL REST**

**Divine Renovation at Sacred Heart**

**VISION OF OUR CATHOLIC  
COMMUNITY OF SACRED HEART:**

**Sharing the Good News of God's Love  
through Active Apostleship**



**Sacred Heart Catholic**

**SACRED HEART MASS INTENTIONS**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>
9:00 am Mass Mass Intention: Theresa Nielsen	7:30 am Parish Rosary	7:30 am Parish Rosary	7:30 am Parish Rosary	7:30 am Parish Rosary	7:30 am Parish Rosary	
11:00 am Mass Mass Intention: Gary Julius	8:00 am Mass Mass Intention: Ray Kammermeier	8:00 am Mass Mass Intention: Kevin Wilson	8:00 am Mass Mass Intention: Shelley Gaunt	8:00 am Mass Mass Intention: Robert Scarpino	8:00 am Mass Mass Intention: Frances Mary Thompson	2:30 pm-3:30 pm Reconciliation Gathering Space Reconciliation Room
1:00 pm Mass (En Español) Mass Intention: James Avla Hedinger	6:30 pm Parish Rosary		8:30 am Parish Prayer Group <i>Drop in. All are welcome.</i>			4:00 pm Mass Mass Intention: Vigie Frye
5 pm Mass Mass Intention: Special Intention for the Vasquez Family						6:00 pm Hora Santa

## Remembering Casey Conner



Celebrate Casey Conner's birthday on Sunday, November 14, 2021 doing what she loved best – running a race and celebrating Mass! The annual Capital Pursuit race was moved from its typical September timeframe to land squarely on Casey's special day. Get signed up for the race of your choice – either a 10 mile run or a 5k run/walk – by accessing their website <http://www.capitalstriders.org/capital-pursuit>. On the registration page, please indicate that you are joining our team – Casey's Birthday Party – and include password 111469. Capital Pursuit plans to spotlight Casey and the team in an upcoming media blast. Sign up today! The early bird discount ends on August 31.

Not able to attend the race or want to keep the birthday celebration going all day? Then please join us later that day at the 5 p.m. Mass at Sacred Heart. Plan to wear your Capital Pursuit race shirt or Casey Conner commemorative shirt which is currently in the design stage. More details on the t-shirt will be forthcoming so watch for the order form. The Casey Conner t-shirt is available to racers and non-racers alike. Any questions can be directed to [lisa.schwarte@sacredheartwdm.org](mailto:lisa.schwarte@sacredheartwdm.org). Save the date and hope to see you there!

## Saddle Up Auction Tickets On Sale Now!



Tickets for the 2021 Sacred Heart School auction are now on sale! Visit the school auction website, or simply scan this QR code to purchase your tickets now. The Saddle Up Auction will take place Saturday, Oct. 2 at JR's SouthPork Ranch located at the Iowa State Fairgrounds. Tickets are \$40 each (\$35 to have virtual bidding access only).



## St. Vinnie's Corner

Congratulations to Sacred Heart's Bill Ehm! Bill has been elected as President of our District Council. We wish you all the best Bill and thanks for being our new leader. St. Vincent de Paul is made up of conferences that are mainly Parish based. So our SVdP group at Sacred Heart is called a conference. The District Council consists of all the area Parish Conferences in our Diocese. There are 4 Sacred Heart Vincentians on the Board at District Council! Thank you to Sacred Heart and all the Vincentians that volunteer their time for St. Vincent de Paul.

The outgoing President of the District Council is Sacred Heart's Chuck Korte. We thank Chuck for his dedication, time and leadership throughout the years. Chuck leads with a deep faith that inspires the rest of us. Thank you Chuck!

## ACTIVE APOSTLE SHOUT OUT!

### Melissa Blankenhagen



There are many ways to be an active apostle, and Melissa Blankenhagen fills many of those roles. Most importantly, she is a mother who puts Sunday Mass and the Catholic faith of her family first. You will see her and her family at weekend masses even when they have just gotten off an airplane. They may have been tired and travelworn, but mass is more important than rest and a nice shower. So there she was a shining example to her children that Christ wants you at his dinner table, even if you are not dressed in your best. You can also see her serve many Sundays as an Extraordinary Minister of Holy Communion, distributing the Body of Christ to her fellow parishioners. Her respect and reverence for the Eucharist shows every time she holds up the consecrated host and looking you in the eye says "the Body of Christ".

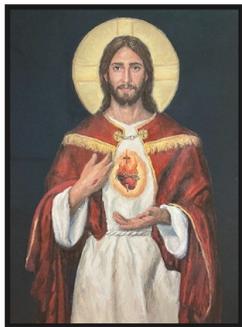
We need all kinds of active apostles. If you are struggling to get your family to mass, know that you are welcome, whether your child is a little loud or has a hard time sitting still, or you have just come from the airport. Additionally, if you are interested in serving as an Extraordinary Minister of Holy Communion, please contact Leah Mohlman at [leah.mohlman@sacredheartwdm.org](mailto:leah.mohlman@sacredheartwdm.org)

### *Apóstol Activo: Melissa Blankenhagen*

*"Hay muchas formas de ser un apóstol activo, y Melissa Blankenhagen cumple muchos de esos roles. Lo más importante, es que es una madre que antepone la misa dominical y la fe católica de su familia primero. Ustedes la verán a ella y a su familia en misa de fin de semana, incluso cuando acaban de bajarse de un avión. Puede que hayan estado cansados y desgastados de viajar, pero misa es más importante que el descanso y una buena ducha. Entonces, ella fue un ejemplo brillante para sus hijos de que Cristo te quiere en su mesa, incluso si no estás vestido/da con sus mejores ropajes. También puede verla servir muchos domingos como Ministra Extraordinaria de la Sagrada Comunión, distribuyendo el Cuerpo de Cristo a sus compañeros feligreses/sas. Su respeto y reverencia por la Eucaristía se manifiesta cada vez que levanta la hostia consagrada y mirándote a los ojos dice "el Cuerpo de Cristo".*

*Necesitamos todo tipo de apóstoles activos. Si está luchando para que su familia vaya a misa, sepa que son bienvenidos, aunque su hijo sea un poco bullicioso o tenga dificultades para sentarse quieto, o si acaba de llegar del aeropuerto. Además, si está interesado en server como Ministro Extraordinario de la Sagrada Comunión, comuníquese con Leah Mohlman por correo electrónico a [leah.mohlman@sacredheartwdm.org](mailto:leah.mohlman@sacredheartwdm.org).*

## 12 Promises of the Sacred Heart of Jesus – Promise #9



As a community named for and dedicated to the Sacred Heart of Jesus, we celebrate and learn about His most Sacred Heart.

Jesus appeared to St. Margaret Mary in a series of visions where she heard Him make twelve promises to those who had a dedication to His Sacred Heart. For a complete listing of the

twelve promises, visit our website, [sacredheartwdm.org/12-promises-of-the-sacred-heart-of-jesus](http://sacredheartwdm.org/12-promises-of-the-sacred-heart-of-jesus).

### Promise #9: I will bless every place in which an image of my Heart is exposed and honored.

The King of love is waiting for us to invite Him into our homes, business, organizations, and parishes. Enthronement is a ceremony where we do just that. We ask Jesus to rule in our lives wherever we find ourselves. Enthronement is a step in deepening our faith life and knowing that God is God and we are not. By welcoming Jesus as King, we unite ourselves to his reign of love.

Enthronement requires three essential elements:

1) We need to choose freely to welcome Jesus; it is a choice. A time of preparation through prayer helps us to prepare our hearts to accept Him and is a symbol of that yes.

2) The family or individuals need to expose a blessed image or statue of the Sacred Heart in a “prevalent place.” That means somewhere you will see and encounter it on a regular basis and be reminded of your commitment to honor Him.

3) We must make a formal act of enthronement. It does not need to be anything elaborate or time-consuming. Resources for enthronement can be found at [welcomehisheart.com/shop](http://welcomehisheart.com/shop)

Enthronement is the kickoff ceremony or the launching pad, not the finish line!

God wants to bless us in abundance; all we need to do is to trust and be open to the Holy Spirit. God himself cannot be outdone, and by enthroning Jesus in our homes, we are inviting Him to be the head of our homes so we can receive His graces in a new way.

Did you know our parish office was consecrated this year on the Feast of the Sacred Heart of Jesus? Please stop by and see our beautiful artwork!



## 12 Promesas del Sagrado Corazón de Jesús – Promesa #9

*Como una comunidad nombrada y dedicada al Sagrado Corazón de Jesús, celebramos y aprendemos sobre Su mas Sagrado Corazón.*

*Jesús se le apareció a St. Margaret Mary en una serie de visiones donde ella Lo escucho asiendo doce promesas para todos los que tuvieran dedicación a Su Sagrado Corazón. Para una lista completa de las doce promesas, visite nuestro sitio web, [sacredheartwdm.org/12-promises-of-sacred-heart-of-jesus](http://sacredheartwdm.org/12-promises-of-sacred-heart-of-jesus).*

### **Promesa #9: Bendeciré cada lugar que tenga la imagen de mi Corazón expuesto y honrado.**

*El Rey del amor esta esperando para que nosotros lo invitemos a nuestros hogares, a nuestros negocios, organizaciones, y parroquias. Entronizamiento es una ceremonia donde se hace eso precisamente. Le pedimos a Jesús que reine en nuestras vidas donde quiera que nos encontremos. Entronizamiento es un paso en profundizar nuestra vida de fe y el saber que Dios es Dios y nosotros no los somos. Al bienvenir a Jesús como Rey, nos unimos a su reino de amor.*

### **Entronizamiento requiere de estos 3 elementos esenciales:**

*1) Necesitamos escoger la bienvenida a Jesús libremente; es una opción. Tiempo de preparación en forma de oración nos ayuda a preparar nuestro corazón para aceptarlo a El y es un símbolo de ese Si.*

*2) La familia o individuo necesita exponer una imagen bendecida o una estatua del Sagrado Corazón en un “lugar predominante”. Eso significa en un lugar donde lo vaya a ver regularmente, para que sea recordado de su compromiso a honrarlo.*

*3) Necesitamos hacer un acto formal de entronizamiento. No necesita ser algo elaborado o que consuma mucho tiempo. Recursos para el entronizamiento pueden ser encontrados en [welcomehisheart.com/shop](http://welcomehisheart.com/shop)*

*Entronizamiento es una ceremonia de empiezo, no la línea final!*

*Dios quiere bendecirnos en abundancia; todo lo que necesitamos hacer es confiar en él e invitar al Espíritu Santo. Dios mismo no puede ser superado, y por entronizar a Dios en nuestro hogar, nosotros lo invitamos a ser la cabeza de nuestro hogar para poder receiver Sus gracias en una nueva manera.*

*¿Usted sabía que nuestra parroquia fue consagrada este ano en el Festival del Sagrado Corazón de Jesús? ¡Por favor pase y vea nuestra bella arte!*

## Women's Guild Updates

### Membership Drive

This weekend, guild volunteers will gather at the church exits after each Mass to share informational flyers about the Guild, its service projects, and the opportunity to become a member. This year, the Guild will gather on the second Tuesday of the month for most meetings (except December and March). Membership remains at \$20/year for active members and free for those over the age of 80. We welcome donations from anyone who wants to support our work on behalf of parish ministries and the community.

### Save the Date—bring a friend! Fall Friendship Night

Join us for the Women's Guild's Fall Friendship Night on Monday, September 13!

- We will pray the rosary with other parishioners at 6:30 in the church. Then, we will gather in the Parish Center at 7 pm.
- New associate Pastor Fr. Litto Thomas will welcome us and share his life story. We will hold a short mixer activity to become acquainted.
- Find out how we support our parish and community ministries and nonprofits. Enjoy refreshments provided by the board.
- Pick up 8x8 pans to prepare casseroles for the family violence center. Recipes are available or make your own. Return frozen casseroles at our Oct. 12 meeting. Guild volunteers will deliver them.

Questions: Mary Kay Suckow: [mksuckow@gmail.com](mailto:mksuckow@gmail.com) or Janet Branscum: [jbranscum@centurylink.net](mailto:jbranscum@centurylink.net)

### Time to Pay Dues

New: Venmo@shguild with phone code: 6451. Or send checks to:

- Kathy Hatlie, 1208 57th pl., wdm, ia 50266
- Or place your check in a sealed envelope in the Women's Guild mail slot near parish office.

Dues this year remain at \$20 except for our members over the age of 80. For all new or renewing members, whether paying via venmo or by check, please share your membership status below and contact information.

\_\_\_\_\_ Please accept this \$20 as a new or returning member to help the guild with its service projects.

\_\_\_\_\_ Guild members over the age of 80 pay no dues.

\_\_\_\_\_ I can't be an active member but want to donate to help with service projects.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/zip \_\_\_\_\_

Phone: \_\_\_\_\_

Email \_\_\_\_\_

Questions: Mary Kay Suckow: [mksuckow@gmail.com](mailto:mksuckow@gmail.com) or Janet Branscum: [jbranscum@centurylink.net](mailto:jbranscum@centurylink.net)

## Successful School Supplies Drive

We are so grateful for the continued support throughout Sacred Heart of our annual school supplies and backpack drive. In time for the start of a new school year, the guild provided 32-filled backpacks within our parish, 26-filled backpacks to Hillside Elementary and four bags of school supplies to West Des Moines Human Services.

### Back-to-school Treats for Teachers

The Guild provided a colorful table of snacks for the sacred heart school staff on Tuesday, August 17 in the staff lounge. This is one of a few times each school year that we show our support and gratitude for all that the teachers and staff provide to the students.

### Connection Café: This Fall

The Guild continues to assist in filling the lunch sacks that our sacred heart St. Vincent de Paul group prepares twice monthly. We provide the desserts—bars, cookies—either made or bought. To sign up:

<https://www.signupgenius.com/go/10c0d4aa4ac2fa1f94>

**-cafe.** We request a total of 30 zip lock bags with two treats in each bag, from each volunteer.

### Catholic Worker House Meal: Oct. 30

The guild is once again preparing a meal for the Catholic Worker House. The date is set for Saturday, Oct. 30.

Questions: Stephanie Latting at [stlatting@aol.com](mailto:stlatting@aol.com) or

515.250.1629. To donate food items: [https://](https://www.signupgenius.com/go/10c0d4aa4ac2fa1f94-catholic2)

[www.signupgenius.com/go/10c0d4aa4ac2fa1f94-catholic2](https://www.signupgenius.com/go/10c0d4aa4ac2fa1f94-catholic2).

### Baptismal Cloths

More volunteers are needed to make the baptismal cloths given to families as they receive this sacrament at sacred heart. It only takes a little bit of time to cross stitch these. All supplies are provided. Questions or to volunteer: Anne Baumhover at: [anniebwdm@hotmail.com](mailto:anniebwdm@hotmail.com).

## Sacred Heart Alumni and Parents



Join the new  
Sacred Heart Alumni Club TODAY!

[www.sacredheartwdm.org/alumni](http://www.sacredheartwdm.org/alumni)

## Sacred Heart Knight's Corner

### Upcoming Events

- September 16 – Blood Drive
- September 18 – Can Collection Drive

### Sacred Heart Blood Drive - Thursday, 9-16-2021



The Knights of Columbus are sponsoring our semi-annual Sacred Heart Blood Drive, to be held on Thursday, September 16, 2021 from 2:00 – 6:30 PM in the Parish Center. For an appointment, please schedule online at

[https://donor.lifefervebloodcenter.org/donor/schedules/drive\\_schedule/170862](https://donor.lifefervebloodcenter.org/donor/schedules/drive_schedule/170862) or by contacting Blood Drive Chairperson, Todd Bindel, at 515.710.7810 or [todd.bindel@gmail.com](mailto:todd.bindel@gmail.com). There continues to be a critical need for blood, so please prayerfully consider giving the "Gift of Life" by donating blood that will benefit those in need. Thank you supporting the Sacred Heart Blood Drive.

### Special Collection for Seminarians



In September, the Des Moines Diocese is holding a Special Collection for Seminarians. Sacred Heart is blessed to have **TWO** Seminarians - Simon Zamoni and Liam Dale. Formation of a priestly vocation is a commitment of deep prayer and financial support on the part of the entire faith community and each seminarian. Our priests are called by God to be men of communion. As men of communion, Christ is the sustaining force for these men along with the people to whom they minister. Our support as a community will help with tuition, room and board, healthcare and other needs related to inviting men to consider priesthood. Keep Simon and Liam in your prayers and help them continue their journey to the priesthood. Every gift, regardless of the size, is vital and we thank you for your generosity. Gifts may be made online at [dmdiocese.org/giving](http://dmdiocese.org/giving) or returned to the diocese.



### Support the Sisters of Charity of Nazareth



The pioneer spirit of the Sisters of Charity of Nazareth began in a log house in Kentucky. That spirit continues today in the United States and across the Indian Ocean, to the Himalayan mountains, over the Caribbean Sea, and to the Kalahari Desert, where you will find the Sisters as they continue to follow the vision of their foundress and the love of God, with creativity and perseverance. To learn more about the Sisters of Charity or to donate to their ministry, please visit <https://scnfamily.org/>.

## Join a Small Group this Fall!

- Don't know where to start? **The Search** is the perfect place for you! Join Aaron and Lauren Elliot as they walk with you on your faith journey beginning Thursday, September 30th at 7PM.
- **St. Joseph Consecration** - The Pope has declared this the year of St. Joseph! Now is the time of St. Joseph! Join this group and become aware of the many wonders of St. Joseph. Various days and times available.
- **GriefShare** - It hurts to lose someone. Find help at Griefshare, a caring group of Sacred Heart parishioners who know exactly how you feel. Tim and Beth Nielsen will walk alongside you through one of life's most difficult experiences. Beginning Thursday, September 30th at 6:30PM.
- "Bible Sisters" is back in action! Their new study will be: Jesus: The Way, the Truth, and the Life, a powerful 10 week study on the Life of Christ. They meet at 9:00AM on Thursdays and will begin this study on Thursday, September 16th. Join this FUN group of women as they explore the life of Jesus. A \$30 fee will cover the cost of study guide materials. Contact Sue Reichart at [sue.reichart@sacredheartwdm.org](mailto:sue.reichart@sacredheartwdm.org) for details.
- You can check out other small groups on our website at [www.sacredheartwdm.org/small-groups/](http://www.sacredheartwdm.org/small-groups/)!

## Sacred Heart Library Resources

*¿Buscando recursos católicos? ¡No problema! La Iglesia Sacred Heart ofrece una biblioteca llena con libros católicos. Se ofrece libros para una variedad de edades y en inglés e español. Estos libros se pueden rentar para llevar a casa y disfrutar en familia.*

Looking for Catholic Resources? No problem! Sacred Heart Church offers a library filled with great catholic books for all ages! You can check out books to take home and enjoy as a family. Come take a look today!

## Stephen Ministry is Here for YOU!

Sacred Heart currently has 14 Stephen Ministers and 6 Stephen Leaders. Stephen Leaders establish and direct Stephen Ministry. Stephen Leaders train and give ongoing instruction to Stephen Ministers. Stephen Ministers are lay people trained to provide one-to-one Christ centered care to those hurting. If you are interested in becoming a Stephen Minister or have any questions about Stephen Ministry please contact any of the Stephen Leaders: Ed Garza (515-249-7946), Tamara Garza (515-681-5103), John Mathis (515-557-0506), Mary Mathis (515-557-0503), Brian Abeling (515-321-8539) or Janna Abeling (515-537-9458).

# PILGRIMAGE TO THE HOLY LAND

Caesarea  
Haifa  
Tiberias  
Sea of Galilee  
Cana  
Nazareth  
Bethlehem  
Jerusalem

Hosted By  
**FR. CHRIS HARTSHORN**  
Pastor ~ Sacred Heart Parish

**10 DAYS: SEPTEMBER 13 - 22, 2022**



**\$3999 FROM  
DES MOINES**

(Air/land tour price is \$3299 plus  
\$700 government taxes/airline  
surcharges)



*Featuring: Roundtrip air from Des Moines, first class/select hotels, breakfast & dinner daily, comprehensive sightseeing with a professional English-speaking local guide, entrance fees, portorage, hotel taxes and service charges.*

**FOR A BROCHURE WITH COMPLETE DETAILS, PLEASE CONTACT OR DETACH & MAIL TO:**

Fr. Chris Hartshorn  
Sacred Heart Parish  
1627 Grand Avenue  
West Des Moines, IA 50265  
Tel: (515) 225-6414 Ext. 310  
Email: [chris.hartshorn@sacredheartwdm.org](mailto:chris.hartshorn@sacredheartwdm.org)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**NAWAS INTERNATIONAL TRAVEL, INC.**

**GET YOUR SERVICE HOURS DONE  
AT SACRED HEART CHURCH!**

*We need childcare helpers for our new  
Family Formation Program,  
the first Wednesday of each month.  
2 easy service hours!*

*Visit the Sign Up to Volunteer:*

**[www.signupgenius.com/go/  
30E084BAAAB28A2F58-family](http://www.signupgenius.com/go/30E084BAAAB28A2F58-family)**



**Win FREE  
SHS Tuition  
for One Year!**



Pony up and get your raffle tickets as part of this year's Saddle Up Auction benefiting Sacred Heart School. Scan this QR code to purchase tickets for \$10 each.



- **Grand Prize: One FREE year of tuition (\$4,000 cash equivalent for winners without SHS students)**
- 2nd prize: Yeti cooler and ice pack (\$300 value)
- 3rd prize: All Clad Immersion Blender (\$100 value)
- 4th prize: Medcursor Handheld Percussion Massage Gun (\$80 value)

*The winner will be announced Saturday, Oct. 2 at the 2021 Saddle Up Auction and does not need to be present to win. Winners not attending the auction will be notified by email or phone.*



**Hora Santa - Holy Hour**

Con alabanzas y oraciones

**Sabado, 9/18  
6pm-7pm**



Sacred Heart Parish  
1627 Grand Ave  
West Des Moines, IA 50265



A PRAYER EXPERIENCE THAT COMBINES  
THE ROSARY WITH CORE STRENGTHENING,  
STRETCHING AND MOVEMENT.

**SOULCORE CLASSES**

BEGINNING AUGUST 18TH  
WEDNESDAYS 9 AM  
OUR LADY OF GUADALUPE ROOM

BEGINNING AUGUST 19TH  
THURSDAYS 6:30 PM  
OUR LADY OF GUADALUPE ROOM

*All are  
Welcome!*

*Bring a  
Friend!*

PLEASE CONTACT MARY ANNE & MARK CONWAY  
MCONWAY@COPPER.NET OR (515) 225-7246

Society of St. Vincent de Paul

## Friends of the Poor Walk

Saturday, September 25, 2021

2-mile walk/run through scenic  
Scotch Ridge Nature Trail  
Carlisle, Iowa

8:30 a.m. – Registration at south side of Middle School

9:30 a.m. – Opening prayer and walk begins  
with staggered start

11:00 – Closing prayer and prizes

Beverages and snacks provided

T-shirts available

Bring family, friends and even your dog!

Register and/or donate online:

[www.fopwalk.org/event/2603](http://www.fopwalk.org/event/2603)

**FUNDS RAISED HELP US HELP OTHERS**

DESIGNATE MONEY TO YOUR DM AREA CONFERENCE/NEIGHBORHOOD



Contact Moe Kauzlarich for more info.

515-778-3596

[www.fopwalk.org/event/2603](http://www.fopwalk.org/event/2603)

A fundraising event of the National Council (SDPUSA).



Mark your calendars now for the

## 2021 Fight Food Insecurity Golf Fundraiser Friday, September 17, 2021 Copper Creek Golf Club

1 out of 10 Polk County Residents suffer from lack of food. All proceeds from this event will go towards keeping our healthy food pantries open to help ensure that nobody goes hungry. Thank you for your continued support and helping us help others.

Registration & details on our website  
[www.svdpsm.org](http://www.svdpsm.org)

# MEMORIAL MASS



## FOR THE UNBORN

*A Memorial Mass for all the lives lost through the violence of abortion. Together we will plead to the Lord to stop the evil of abortion.*

**SEPTEMBER 25, 2021**

Diocesan Shrine of Our Lady of Mount  
Carmel & Divine Mercy

### GROTTO

Join us September 25, noon at the Grotto for this important Memorial Mass to remember and pray for the millions of babies whose lives were lost through abortion. At this Mass, we will pray for the unborn and for the women and men suffering from the tragic effects of abortion. Feel free to bring your lawn chair to sit on.

All are invited...please share and invite friends and family.

More information contact: Tom Hanson  
[tehanon4@msn.com](mailto:tehanon4@msn.com) 515.770.7648

Want to create a lasting legacy at Sacred Heart Parish or school? It's simple! You can do this in your will, a life insurance policy or other beneficiary designations.



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