



Sacred Heart Catholic

WORLD
MARRIAGE DAY



2.13.22

EL DÍA MUNDIAL
DEL MATRIMONIO

WEEK OF FEBRUARY 13, 2022

DAILY MASS

8 am (Monday - Friday)

WEEKEND MASS SCHEDULE (MISAS)

Saturday

4:30 pm

Sunday

7:30 am

9:30 am

11:30 am

1 pm (en español)

RECONCILIATION (RECONCILIACIÓN)

Saturday

3:00 pm—4:00 pm

Reconciliation Room in the Gathering Space

ADORATION (HORA SANTA)

First Tuesday of Every Month

primer martes de cada mes

Following 8 am Mass

Healing Service and Benediction

Servicio de Sanación y Bendición

6 pm

OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 5:30 pm

Tuesday/martes 7:30 am - 5:30 pm

Wednesday/miércoles 7:30 am - 6:30 pm

Thursday/jueves 7:30 am - 5:30 pm

Friday/viernes 7:30 am - noon

1627 Grand Avenue

West Des Moines, Iowa 50265

Parish Office (*oficina*) (515) 225-6414

Sacred Heart School (*escuela*) (515) 223-1284

www.facebook.com/SacredHeartWDM/

www.sacredheartwdm.org

6th Sunday IN ORDINARY TIME



“Blessed are you when people hate you,
and when they exclude and insult you,
and denounce your name as evil
on account of the Son of Man.”
- Lk 6:22

“Dichosos serán ustedes cuando los
hombres los aborrezcan y los
expulsen de entre ellos, y cuando
los insulten y maldigan por causa del
Hijo del hombre”. - Lc 6, 22

WELCOME

If you are new to our Sacred Heart Parish and wish to be a member of the Sacred Heart Catholic Church, please stop by the parish office or call 515-225-6414 to facilitate the New Member Registration. We have programs and activities available for all ages. We offer the RCIA program for those who wish to become Catholics. [We invite you to become involved as an Active Apostle at Sacred Heart Parish!](#)

BIENVENIDOS

Si usted es nuevo al Sacred Heart (Sagrado Corazón) y quiere ser se miembro, por favor pase por la oficina de la iglesia para obtener el paquete de registraci3n. Tambi3n se puede facilitar un paquete por correo si llama al 515-225-6414. Si usted necesita ayuda en espa3ol, por favor llame al 515-225-0546 para comunicarse directamente con la Directora del Ministerio Hispano. Tenemos programas y actividades para todas edades. Tambi3n ofrecemos el programa de RICA para los quienes desean convertirse a la fe cat3lica o los quienes necesitan terminar sus sacramentos de iniciaci3n. [¡Los invitamos a participar como Ap3stoles Activos en la Parroquia de Sacred Heart!](#)

SACRED HEART PARISH CONTACTS



**FR. CHRIS HARTSHORN,
PASTOR**
chris.hartshorn@sacredheartwdm.org



**FR. LITTO THOMAS,
ASSOCIATE PASTOR**
litto.thomas@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon

Rev. Mr. Ron Myers, Deacon

SACRED HEART MINISTRY STAFF

Joan Miller, Becoming Catholic Director
joan.miller@sacredheartwdm.org

Leah Mohlman, Minister of Music and Liturgy
leah.mohlman@sacredheartwdm.org

Sue Reichart, Adult Faith Ministry Director
sue.reichart@sacredheartwdm.org

Sarah Kelly, Youth Ministry Director
sarah.kelly@sacredheartwdm.org

Chris Corrice, Family Formation Director
chris.corrice@sacredheartwdm.org

Kayla Richer, Family Formation Director
kayla.richer@sacredheartwdm.org

M3nica Meredith, Hispanic Ministry Director
monica.meredith@sacredheartwdm.org

SACRED HEART SCHOOL STAFF

Scott Ehlinger, Principal
scott.ehlinger@sacredheartwdm.org

Susan Battani, Vice Principal
susan.battani@sacredheartwdm.org

PLEASE PRAY FOR
POR FAVOR ORE POR

Joe Cimino	Paul Roth
Andy Crouse	Steph Salana
Joanie DeWitt	Colleen Salazar
Viola Dubay	Gabe Savala
Vicki Ferin	Patty Seiler
Florence Fligg	Olivia Steffensmeier
Rhonda Gammell	Michele Thompson
Mary Ann Hilderbrand	Lori Tiffaney
Ali Lasell	Lyle Veach
Brooks Mack	Anne Marie Wilkinson
Shannon Moses	Abby Woodson
Cora Newcomb	Heather and Mary
Pete Peterschmidt	

*Please let us know of if you would like us to pray for you.
Please call the office at 515-225-6414.*

*Por favor déjenos saber si usted conoce una persona quien
necesita oraciones de la comunidad.*

THROUGH THE WATERS OF BAPTISM,

Sebastain & Theodore Caradine
Sons of Diero & Susana Caradine

Lennon Wagner
Daughter of Nicholas & Jamie Wagner

WE WELCOME YOU TO SACRED HEART!

**OUR DEEPEST SYMPATHY AND PRAYERS
FOR THE FAMILIES OF THE FOLLOWING...**

Margaret Daly
Parishioner

Gabriel Miguel
Parishioner

MAY GOD GRANT THEM ETERNAL REST.

SACRED HEART MASS INTENTIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16	17	18	19
7:30 am Mass Mass Intention: Leo Graff 9:30 am Mass Mass Intention: Virginia Caparelli 11:30 am Mass Mass Intention: SH Parishioners 1:00 pm Mass Mass Intention: Thellman Thomas	7:30 am Parish Rosary 8:00 am Mass Mass Intention: Margaret Joan Ford 6:30 pm Parish Rosary	7:30 am Parish Rosary 8:00 am Mass Mass Intention: Marian Wolf	7:30 am Parish Rosary 8:00 am Mass Mass Intention: Judy Phelan 8:30 am Prayer Group for Staff Intentions <i>All are welcome!</i> 9:30 am Mass Mass Intention: Jill Dempsey	7:30 am Parish Rosary 8:00 am Mass Mass Intention: Marian Wolf 8:30 am Rosary Prayer Group Parish Center Library <i>All are welcome!</i>	7:30 am Parish Rosary 8:00 am Mass Mass Intention: Don Marean	8:30 am Parish February Refresh! 3:00 pm – 4:00 pm Reconciliation 4:30 pm Mass Mass Intention: Shirley Musselman 6:30 pm Hora Santa and Reconciliation

HAVE YOU HEARD ABOUT

Six Dates for Catholic Couples. yet?

Six Dates for Catholic Couples

Saturday, February 26th
Following 4:30 pm Mass

Plan your date night for Saturday, February 26th!

Before you go out for your February date night, join us at 4:30 pm Mass followed by appetizers and a brief DVD presentation on enriching your Catholic marriage!

Then, enjoy the night out with your spouse!
 Babysitting available!

Please RSVP to sue.reichart@sacredheartwdm.org by Thursday, February 24th! Indicate if you need babysitting services.

FEBRUARY 13, 2022

WORLD

Marriage

DAY

We will have a blessing for Married Couples
AT ALL MASSES THIS WEEKEND

SACRED HEART OF JESUS

FEAST DAY FUNDRAISERS

AVAILABLE IN THE CHURCH OFFICE

CHARM
 \$6 EACH
 4 FOR \$20

SIGNATURE SACRED HEART
 BLANK GREETING CARD
 PACK (10 CARDS) \$10

SAVE THE DATE **JUNE 24TH, 2022**

KNIGHTS OF COLUMBUS CAN AND BOTTLE DRIVE

Saturday, February 19th
 9 AM - 12 PM
 Sacred Heart Parking Lot

Save the cans and bottles from your Super Bowl Party!

Proceeds go to the
 Knights Scholarship for Sacred Heart School!

St. Vinnie's Corner

Today's Gospel is about the Beatitudes, which leads us to assess our own lives. At St. Vincent de Paul, we believe that people do the best they can with what they are given. As we all know, some days go better than others. And sometimes, despite all our best efforts, things go awry. That is when we need to turn to others for assistance. Setbacks and crises are part of everyone's life. We have to cope with job loss, illness, death of loved ones, etc. St. Vincent de Paul wants to help the poor in spirit, those that mourn, the meek, the hungry and anyone in need of assistance. We promise not to judge but to comfort you in your time of need. However, we need you to step forward and contact us. Our goal is to provide you with help so that you can become independent and succeed in life. Please call the Parish office and let us know how we can assist you. God Bless.

El Evangelio de hoy trata de las Bienaventuranzas, lo que nos lleva a evaluar nuestra propia vida. En San Vicente de Paúl, creemos que las personas hacen lo mejor que pueden con lo que se les da. Como todos sabemos, algunos días van mejor que otros. Y a veces, a pesar de todos nuestros esfuerzos, las cosas van mal. Es entonces cuando necesitamos recurrir a otros para que nos ayuden. Los contratiempos y las crisis forman parte de la vida de todos. Tenemos que hacer frente a la pérdida del trabajo, la enfermedad, la muerte de seres queridos, etc. San Vicente de Paúl quiere ayudar a los pobres de espíritu, a los que lloran, a los mansos, a los hambrientos y a cualquiera que necesite ayuda. Nos comprometemos a no juzgar, sino a consolarle en sus momentos de necesidad. Sin embargo, necesitamos que des un paso adelante y te pongas en contacto con nosotros. Nuestro objetivo es proporcionarle ayuda para que pueda ser independiente y tener éxito en la vida. Por favor, llame a la oficina de la Parroquia y háganos saber cómo podemos ayudarle. Que Dios te bendiga.

Stephen Ministers: *The After People*

Frequently friends will ask, "I know you are involved in Stephen Ministry. Can you tell me exactly what a Stephen Minister is?" I like to explain that Stephen Ministers are *The After People*.

Stephen Ministers are there:

...after you find the pink slip inserted with what is now your final paycheck.

...after your family and friends have heard your story one too many times, but you still need to talk it out.

Stephen Ministers are the "*After People*." We are ready to come alongside you – or your friends, neighbors, coworkers, or relative – and provide comfort and support for as long "after" as we are needed. Please contact John Mathis @515-557-0506 or Mary Mathis @ 515-557-0503 if you have any questions about *The After People*.

Join a Lenten Small Group!

- Don't know where to start? ***The Search*** is the perfect place for you! Join Aaron and Lauren Elliot as they walk with you on your faith journey! Weekly meetings will begin on **Thursday, March at 6 pm**. Childcare available. To register, please visit our website at www.sacredheartwdm.org/small-groups.
- ***Monday Morning Moms*** - Are you looking to make new friendships with other mothers at Sacred Heart? Join us on **Monday mornings at 9:45 am** in the Sacred Heart Church Parish Library. All moms welcome! Childcare available. Please RSVP to Joan Miller at joan.miller@sacredheartwdm.org with your reservation and number of children for babysitting.
- ***A Well-Built Faith*** - A cleverly developed study around a construction theme makes it easy and fun for any Catholic to know what they believe and to feel confident in sharing those beliefs with others. For those who want to explore the meaning of this book in a deeper way, we will be hosting a weekly book discussion group starting on **March 10 at 7:30 pm – 8:30 pm**. To register, please visit our website at www.sacredheartwdm.org/small-groups. Book cost is \$10.
- ***Lenten Companion: A Personal Encounter with the Power of the Gospel*** - If you liked *Rejoice*, you'll love this one! A daily Lenten meditation focused on the Sunday Gospel readings for you to pray at home on your own. Limited supply! Book cost is \$10. To reserve your book, please contact Sue Reichart at sue.reichart@sacredheartwdm.org.

Mary's Helping Hands

Are you looking for a wonderful volunteer opportunity where you can directly assist and touch the hearts of young families and babies in our community? Then Mary's Helping Hands is for you! We are a non-profit that supplies clothing and items for babies first year. Check out our website maryshelpinghandsiowa.org!

We need a volunteer receptionist on Friday mornings from 9:00-11:00 am at our office at 4150 Westown Parkway in West Des Moines. Responsibilities include phone management, and greeting clients as they come to pick up with orders. Please email us at maryshelpinghandssh@gmail.com and join our team of volunteers!

Knights of Columbus Update

The Knights will also host a Can and Bottle Redemption Drive on **Saturday, February 19th** from 9 am to 12 pm in the Sacred Heart parking lot. Save those cans and bottles from your Super Bowl party! Proceeds go to the Knights Scholarship for Sacred Heart School.

Saturday Morning, February 19

You are invited

February Refresh

HEARING GOD'S VOICE FROM
WITHIN

Saturday Morning, February 19

Featured Presenter:

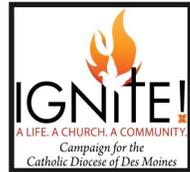
Addie Magruder from Ut Fidem
& guest speaker Rigoberto Cordero

- 8:30 Coffee and Light Breakfast
- 9:00 Program
- 11:30 Lunch



Registration Required
Daycare Provided
RSVP by scanning code

IGNITE Capital Campaign



The IGNITE capital campaign kicked off in January. Sacred Heart is blessed to have an amazing group of co-chairs. As a group they bring charismatic leadership, creativity, campaign experience and most importantly a love for Sacred Heart. They will be leading us to reach our Campaign Goal of \$2.85million. Thank you Sayer and Erica Martin, Steve and Lauri Freking, Brain and Shelly Hahn, and John and Kathleen Klein. If you are contacted for a lesser role please consider a big yes!

Campaña de capital IGNITE

La campaña capital IGNITE comenzó en enero. Sacred Heart tiene la suerte de tener un increíble grupo de copresidentes. Como grupo, aportan liderazgo carismático, creatividad, experiencia en campañas y, lo que es más importante, amor por Sacred Heart. Nos llevarán a alcanzar nuestra meta de campaña de \$2.85 millones. Gracias Sayer y Erica Martin, Steve y Lauri Freking, Brain y Shelly Hahn, y John y Kathleen Klein. Si lo contactan para un papel menor, ¡considere un gran sí!

Christ Our Life 2022

Have you saved the date? Do you have your tickets yet? Nationally renowned speaker Fr. John Ricardo is coming to the Christ our Life Conference this September 24-25. For event details, please visit: www.christourlifeiowa.com.

Sponsor Couple Training

The Diocese of Des Moines is hosting a sponsor couple training at Christ the King Parish on **Saturday, March 12th from 1-4 PM**. Participants can join this training in person or via zoom. This training will equip couples to use the FOCCUS instrument and assist the engaged as they prepare for marriage. Couples must register for this training. Please contact Tonia Martin at 515-225-6414 or tonia.martin@sacredheartwdm.org to learn how to register! To participate virtually, couples must be registered by March 3rd, so that materials may be mailed in advance.

St. John the Apostle Chicken Dinner

St. John the Apostle in Norwalk is hosting a Fried Chicken Feast in our parish hall on **Sunday, February 27th** from 10:30 a.m. to 1:30 p.m. Everyone is invited! The menu includes fried chicken, mashed potatoes and gravy, green beans, coleslaw, pie, coffee and tea. Adults \$10.00. Ages 6-12 \$5.00 and kids under 5 eat free! Auction items including a lawn mower, hand made quilt, designer cheesecake and more! For more information you can contact Gary and Mary Haselton at (515)321-3873 or the parish office at (515)981-4855.

Join us for the Sacred Heart February Refresh!



All parishioners and friends are invited to join us on **Saturday, February 19th at 8:30 am** for this special February Refresh event at Sacred Heart! The event will begin with a coffee and a light breakfast and then enjoy special guest speakers Addie Magruder and Rigoberto Cordero! A lunch will follow. Please follow the QR to register. Registration is required. Daycare available.

Girl Scout Cookies for Sale!



Did someone say cookies?!?! The Sacred Heart Girl Scout Troops will be selling cookies after all masses on Saturday, February 26th and Sunday, February 27th. We offer nine different kinds and they are \$5 per package (tax included). The varieties are Adventurefuls (New 2022 Cookie), Toast-yay, Lemonades, Shortbread, Thin Mints, Peanut Butter Patties, Carmel deLites, and Peanut Butter Sandwich.

- We will accept cash or check.
 - We also take donations for Cookie Share, which means cookies are donated to places like military organizations and local food banks.
 - If you would like to order and ship cookies to family and friends, please use the following link or QR code
- Proceeds from our cookie sales will help our troop do activities throughout the year. Thank you for your support and generosity.

SHS Job Opening: Food Service Director

Due to a retirement in the Sacred Heart School kitchen, the Food Services Director position is open. There are also utility jobs available in the kitchen. For more information, please contact Julie Katich or Deanna Konkol in the Sacred Heart School office at (515) 223-1284.

Faith Show in Spanish

Tune in to Fortaleciendo Nuestra Fe, a radio show in Spanish that focuses on topics related to the Catholic Church and the faith. Listen Saturdays at noon at La Reina 1260AM or 96.5FM or lareina1260.com.

Faith Show en Español

Sintonice Fortaleciendo Nuestra Fe, un programa de radio en español que se centra en temas relacionados con la Iglesia Católica y la fe. Escuche los sábados al mediodía en La Reina 1260AM o 96.5FM o lareina1260.com.

DO YOU WANT TO
CONNECT PEOPLE WITH CHRIST?
FEBRUARY 21-25

TUNE IN!

Care -A- Thon



1150 AM • 88.5 FM • 94.5 FM • 90.9 FM



OR DOWNLOAD THE IOWA CATHOLIC RADIO APP IN YOUR APP STORE!



Diocese of Des Moines Youth Ministry

RADIX

BE ROOTED. BE RADICAL.



A RETREAT FOR
HIGH SCHOOL SENIORS
\$150, FINANCIAL ASSISTANCE
AVAILABLE

2022 DATES:
APRIL 1-3

INFORMATION & REGISTRATION AT WWW.DMDIOCESE.ORG/RADIX
EMAIL JUSTIN WHITE AT WHITE@DMDIOCESE.ORG WITH QUESTIONS

Facebook: Diocese of Des Moines Youth Ministry
Instagram: @YCDesMoines
Twitter: @YCDesMoines
Hashtag: #RadixDSM

LIVE
SCOTTY MCCREERY

BENEFITTING THE IOWA CATHOLIC RADIO FOUNDATION
CELEBRATE COUNTRY CONCERT
JULY 24 at 7pm
IOWA EVENTS CENTER MAIN BALLROOM
Opening performance by Allie Colleen
celebratecountry.org

Iowa Catholic Radio Network
Des Moines, IA

Shamrocks & Shenanigans
A night of music, food, fun, and of course... shenanigans!
PRESENTED BY **MERCYONE**
March 12, 2022 • 6:00 to 10:00 p.m.
Benefiting Catholic Charities programs in SW Iowa • shamrock2022.givesmart.com

Time to buy your tickets to
Shamrocks & Shenanigans!
Join us for the 2022 SHAMROCKS & SHENANIGANS supporting Catholic Charities on Saturday, March 12, 2022 at Izaak Walton League in DSM.

Your ticket includes:

- Irish(ish) buffet & snacks
- shamrocks
- house wine & beer
- music
- games & prizes
- shenanigans
- a great night benefiting Catholic Charities!

REGISTRATION	
Tickets:.....	\$75
Table of 8:.....	\$600
Save \$100 if purchased before February 11!	
'Over the Rainbow' Table:.....	
	\$1000
• Promotion	
• Table Premiums	

Attire: Cocktail to Casual - Compete to be the 'Wearin' of the Green champion!

Purchase tickets online at shamrock2022.givesmart.com
by February 21, 2022 or contact
Holly @ 515-237-5027 or hackermann@catholiccharitiesdm.org

2022 Faith and Family Night Iowa Wild vs. Rockford IceHogs

Mark your calendar for **Friday, February 25th, at 7:00 pm** for the Faith and Family Night with the Iowa Wild! Discounted tickets at \$20/person sitting in the Attack Zone! There is an opportunity to skate on the ice after the game for anyone interested! Please contact Sue at sue.reichart@sacredheartwdm.org for ticket information!

Shamrocks & Shenanigans

Join us for 2022 Shamrocks & Shenanigans supporting Catholic Charities on **Saturday, March 12** at the Izaak Walton League in West Des Moines. Music, food and drink, games, prizes, and of course, lots of shenanigans! Click on this link to get your table today: <https://e.givesmart.com/events/pcO/>

Refugee Resettlement Volunteers and Donations Needed

Due to high client volumes, we need your help! We urgently need: Groups and individuals that can help with apartment setup moving furniture, people to help in our warehouse, organizing and gathering materials for apartment setup, drivers to help transport clients to appointments, trucks that could pick up donated furniture. (We are way behind!) Contact: volunteers@catholiccharitiesdm.org. We also need donations of kitchen tables. Contact for FURNITURE donations ONLY: donations@catholiccharitiesdm.org.

Upcoming Events at St. Benedict Center, Schuyler, NE, February - March 2022

- A Taste of Contemplative Prayer, February 18 – 20, retreat at *Saint Benedict Center, Schuyler*, with *Father Thomas Leitner, OSB*. "The present moment is the garment of God" (Martin Buber). Contemplative prayer is the opening of mind and heart to God, the Ultimate Mystery, beyond thoughts, words, and emotions. This retreat is for beginners on the contemplative journey. Social distancing and wearing a mask is recommended. Friday, 7:30 p.m. to Sunday after lunch. Register at www.StBenedictCenter.com or call (402) 352-8819.
- Lifted Up on the Cross, I Will Draw All People to Myself: The Passion according to John, March 26 – 27, retreat at *Saint Benedict Center, Schuyler*, with *Prior Joel Macul, OSB, STL*. On Good Friday each year, we hear the Passion according to John proclaimed. Today we will take a closer look at how Jesus' being lifted up is the goal of his life and the moment of forming a new people of God. In being lifted up, Jesus reveals and glorifies his Father and our Father.— Social distancing and wearing a mask is recommended. Saturday, 9:30 a.m. to Sunday after Lunch. Register at www.StBenedictCenter.com or call (402) 352-8819.

THE VEIL REMOVED PRESENTS

Fr. Mike Schmitz
GUEST SPEAKER

FEB. 22
AT 7PM CST

Mass: Why it's Truly the Power Hour!

WITH FR. MIKE SCHMITZ
FREE WEBINAR

LAST CHANCE TO SIGN UP!



Is missing Mass a big deal? Why do people refer to Mass as the 'power hour'? ... We are joined by special guest Father Mike Schmitz who explains exactly why Mass is important - no matter what age you are!

Join us on Tuesday, February 22 @ 7 PM CST for this FREE event!

Click below for details and to register.

<https://theveilremoved.com/signup-webinar5/>

HEALING SERVICE

AT

St. Ambrose Cathedral

7PM

EVERY 3RD WEDNESDAY
OF THE MONTH



What I love about you

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World Marriage Day
February 13, 2022

