



SACRED HEART CATHOLIC CHURCH

DAILY MASS

8 am (Monday - Friday)

WEEKEND MASS SCHEDULE (MISAS)

Saturday
4:30 pm

Sunday
7:30 am
9:30 am
11:30 am
1 pm (en español)

RECONCILIATION (RECONCILIACIÓN)

Saturday
3:00 pm—4:00 pm
Gathering Space Reconciliation Room

ADORATION (HORA SANTA)

First Tuesday of Every Month
primer martes de cada mes
Following 8 am Mass
Healing Service and Benediction
Servicio de Sanación y Bendición
6 pm

OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 5:30 pm
Tuesday/martes 7:30 am - 5:30 pm
Wednesday/miércoles 7:30 am - 6:30 pm
Thursday/jueves 7:30 am - 5:30 pm
Friday/viernes 7:30 am - noon

PARISH *mission*

EUCCHARISTIC REVIVAL
FEATURING
FR. CRAIG VASEK



Fr. Craig Vasek is one of only 50 priests in the nation who has been chosen to travel the country to speak about the Real Presence of Christ in the Eucharist. Fr. Vasek will also be presiding at Sacred Heart Masses the weekend of Saturday, November 12th and Sunday, November 13th.

Eucharistic Revival
at Sacred Heart Catholic
Sunday, November 13th at 6:30 pm
&
Monday, November 14th at 6:30 pm

SIGN UP ONLINE TO VOLUNTEER
OR TO REQUEST A PROJECT!
WWW.SACREDHEARTWDM.ORG/LOVE



LOVE IN THE
HEART OF CHRIST

SACRED HEART DAY OF SERVICE
SATURDAY, NOVEMBER 12, 2022



STAFF CONTACTS

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org

FR. LITTO THOMAS, ASSOCIATE PASTOR

litto.thomas@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon

SACRED HEART MINISTRY STAFF

Joan Miller, Becoming Catholic Director
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SACRED HEART SCHOOL STAFF

Scott Ehlinger, Principal
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Susan Battani, Vice Principal
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WELCOME

If you are new to our Sacred Heart Parish and wish to be a member of the Sacred Heart Catholic Church, please stop by the parish office or call 515-225-6414 to facilitate the New Member Registration. We have programs and activities available for all ages. We offer the RCIA program for those who wish to become Catholics. We invite you to become involved as an Active Apostle at Sacred Heart Parish!

BIENVENIDOS

Si usted es nuevo al Sacred Heart (Sagrado Corazón) y quiere ser se miembro, por favor pase por la oficina de la iglesia para obtener el paquete de registraci3n. Tambi3n se puede facilitar un paquete por correo si llama al 515-225-6414. Si usted necesita ayuda en espa3ol, por favor llame al 515-225-0546 para comunicarse directamente con la Directora del Ministerio Hispano. Tenemos programas y actividades para todas edades. Tambi3n ofrecemos el programa de RICA para los quienes desean convertirse a la fe cat3lica o los quienes necesitan terminar sus sacramentos de iniciaci3n. ¡Los invitamos a participar como Ap3stoles Activos en la Parroquia de Sacred Heart!

CONTACT US

ADDRESS

1627 Grand Avenue
West Des Moines, Iowa 50265

PARISH OFFICE PHONE (oficina)

(515) 225-6414

SACRED HEART SCHOOL PHONE (escuela)

(515) 223-1284

EMAIL

office@sacredheartwdm.org

WEBSITE

www.sacredheartwdm.org

FACEBOOK

www.facebook.com/SacredHeartWDM/

MASS INTENTIONS

Sunday, October 9

7:30 a.m. † Gregg Zoll
9:30 a.m. † John Gallardo
11:30 a.m. † Neil Wright
1:00 p.m. † Sacred Heart Parishioners

Monday, October 10

8:00 a.m. † Paul and Marion Thomas

Tuesday, October 11

8:00 a.m. † Birdie Dolan

Wednesday, October 12

8:00 a.m. † Carolyn Kuble
9:30 a.m. † Margaret Rodriguez

Thursday, October 13

8:00 a.m. † May Huse

Friday, October 14

8:00 a.m. † Mario Rocha

Saturday, October 15

4:30 p.m. † Kathleen Burris

Through the Waters of Baptism,

Mac Hinners

Son of Adam and Jillian Hinners

Cyrus Becker

Son of Robert and Leah Becker

Remy Holihan

Daughter of Elizabeth Baker

Liam Pacheco

Son of Jonathan Pacheco and Alondra Berber

we welcome you to Sacred Heart!

Our deepest sympathy and prayers for the families of the following.

Bill Andersen

Brother of Parishioner Gerry Koch

May God grant them eternal rest.

HOLY HEROES

Holy Heroes Mass worksheets for the kids are available every weekend at the North and South entrances and at the Hospitality center. Pick up a new worksheet every Sunday, then check the bulletin for the correct answers!

- | | |
|---------------------------------|---------------------------|
| 1. Kings | 7. chained |
| 2. b. Plunge into the Jordan | 8. live |
| River 7 times | 9. ten |
| 3. in Israel | 10. a. show themselves to |
| 4. He would not accept the gift | the priests |
| 5. His saving power | 11. c. Samaritan |
| 6. b. Timothy | 12. faith |

PLEASE PRAY FOR

POR FAVOR ORE POR

Dennis Bell
Steve Bowman
Leda Candido
Joe Cimino
Andy Crouse
Joanie DeWitt
Viola Dubay
Florence Fligg
Rhonda Gammell
Jan Glenn
Nancy Harvey
Becky Kramer
Ali Lasell
Brooks Mack
John McRoberts
Shannon Moses
Cora Newcomb
Linda Rameriz
Ron Rice
Sharon Roenfeld
Paul Roth
Steph Salana
Colleen Salazar
Gabe Savala
Lisa Schwarte
Olivia Steffensmeier
Michael Thompson
Michele Thompson
Lori Tiffaney
Vittorio Tramontin
Lyle Veach
Linda Waechter
Anne Marie Wilkinson
Abby Woodson
Crystal
Heather and Mary
Rachel

Please let us know of if you would like us to pray for you. Please call the office at 515-225-6414. *Por favor déjenos saber si usted conoce una persona quien necesita oraciones de la comunidad.*

DEACON SUNDAY

Sunday, October 9th

Please join the St. Serra Club of Des Moines today, Deacon Sunday, in praying for our deacons, praising God for their gift of service and charity. God bless our Deacons!

THAT THING YOU DO (AT MASS)

THE GOSPEL

Have you ever noticed that the Gospel readings are always elevated in the Mass to seem more important than the other readings? Why is that? Well, because they contain the very word of Christ.

Have you ever noticed what happens around the Gospel to give it more distinction and privilege? Who participates and how do they participate?

Let's do a playback of what happens at Mass.

First, the Deacon stands up and goes to the altar to pick up the Book of the Gospels. He then processes with the book raised above his head to the Ambo. Did you know that the Deacon alone is the only one who may proclaim the Gospel at Mass. However, if a Deacon is not present, the Priest or Bishop will step in to take his place.

Notice there is a lit candle beside the Ambo? This represents the "Light of Christ". Christ is present with us in the Word. Think of it as a beacon to let us know that this is the place where the Word will be proclaimed and the Word can give us direction on our journey.

There were a couple of other things that happen simultaneously with the Deacon walking to the Ambo. We as a community take a new posture. We stand up. We stand as one body, one community for Christ. We stand attentively awaiting the Word.

The choir leads us in singing a joyous song, "The Alleluia". Alleluia is a Hebrew word that means "Praise the Lord". We sing our praises in anticipation of Christ speaking to us in the words of His Holy Gospel.

During Lent, things are a little different aren't they? For Lent, "The Alleluia" is temporarily removed from the Mass to remind us of the penitential nature of our journey. During this time, we await the privilege of worshipping God again as the angels do beginning again at Easter.

As the Deacon or celebrant says, "A reading from the holy Gospel according to...", we perform a gesture or action that expresses an act of faith or our commitment to the words of the Gospel. We make the sign of the cross on our forehead, lips and hearts. As we make this gesture, we prayed: "Christ always be on my mind, on my lips and in my heart." We show by this gesture--by this act of faith--our desire to open ourselves to the word and allow what we heard to change us and allow the word to help us to become the best versions of ourselves. At each Mass, we perform this gesture to renew our vow of commitment at each Gospel reading.

After the Gospel was read, we respond by saying "Praise to you, Lord Jesus Christ." We praise our Lord for giving us the Word and we praise Him for all He has done for us through His life, death and resurrection. Praise to you, Lord Jesus Christ! Amen.

ST. VINNIE'S CORNER

Consider this quote by Leo Buscaglia, *"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest complement, or the smallest act of caring, all of which have the potential to turn a life around."*

We are living in very uncertain times with accelerating costs of food and fuel plus changing employment situations. It does not take much for bills to pile up. The families and people we assist often have to choose which bills to pay. It can be a frightening time.

At St. Vincent de Paul, we try to provide smiles, encouraging words and listen without judgement to those that come to us for help. We are aware that it does not take much to get overwhelmed when there is any sort of crisis. Our goal is to provide assistance where we can and refer people to available resources where they can get help.

Do you need help? Are you overwhelmed? Please contact us through the Parish office so that we can get in touch with you.

As always, thank you Sacred Heart Parish for your support so that we can help others, help themselves!

STEPHEN MINISTRY

What does Stephen Ministry mean and why is this ministry named Stephen? In the book of Acts, chapter 6, Stephen was chosen to provide caring ministry to those in need. Since the time of the Apostles, caring ministry has been considered a hallmark of the Christian faith community. Stephen Ministry is at Sacred Heart for those in need. We have trained ministers that would love to be a part of your healing process. Please contact Deacon Ed Garza @ 515-249-7946 or Tamara Garza @ 515-681-5103 if you have any questions about Stephen Ministry.

JOIN THE SACRED HEART TEAM!

Coordinator of Family Formation

Part-Time, Hourly, 20 hrs/week, bilingual (English/Spanish) required. The Coordinator of Family Faith Formation is a member of the larger Family Formation Team who works in collaboration to accomplish the vision. The position has an emphasis for planning, implementing, supporting and evaluating of family-based formation, parent-led sacramental preparation programs and youth offerings for Sacred Heart families with children from K through 6th grade. See full job descriptions and apply at sacredheartwdm.org/employment

OCTOBER: HOLY ROSARY MONTH

We invite you to join us for the Holy Rosary in the Our Lady of Guadalupe room a **half hour before the 4:30 pm or 9:30 am Mass during the month of October.**

SACRED HEART STUDENT COUNCIL FUNDRAISER

From October 1 through 31 all shoppers at www.tinysaints.com will have the option to select Sacred Heart Student Council from a dropdown menu during checkout to support our fundraiser.



With more than 200 saint charms and keychains at just \$5.00 each, Tiny Saints offers simple affordable gifts and collectibles that are guaranteed to bring a smile. Supporters can enjoy shopping for their favorite saints, patron saints, and even learn about new saints while browsing!

Support the Sacred Heart Student Council and share the love of the saints as we prepare for ALL SAINTS DAY on November 1!

PRAYER SHAWL MEETING

Tuesday, October 17th

The Prayer Shawl Ministry will meet on Monday, October 17th at 6:30 pm in the St. Joseph's Room. We gather together to knit or crochet, then give to those who need comfort in our community. Yarn will be provided. For more information, please contact Becky Pepper at 515-225-2008.

KNIGHTS OF COLUMBUS #9632

Pancake Breakfast

Join us this weekend on **Sunday, October 9th for our October pancake breakfast from 8 am to 11 am** in the parish center. Our breakfasts are for sharing fellowship and supporting the ministries of our parish and community. InnerVisions Healthcare will be the beneficiary of the freewill offering received at the breakfast.

October is Knights of Columbus Month

Catholic men of Sacred Heart, mark your calendar for our annual "Oktoberfest" social on **Monday evening, October 17**. This will be an opportunity to socialize with and learn about the Knights of Columbus over dinner and beverages beginning at 6:30 in the parish center. No RSVP needed.

Need some Tootsie Rolls? Just in time for Halloween!

Help us finish off our annual Campaign for Intellectual Disabilities by purchasing, by the box, our remaining inventory of Tootsie Rolls. They will be available and on sale this and next weekend after each Mass.

Tool Chest Raffle for Mary's Helping Hands

The Knights will hold a raffle for a tool chest on wheels this and next weekend after each Mass. All proceeds benefit Mary's Helping Hands. Each raffle ticket is \$10.



WOMEN'S GUILD UPDATES

October 8-16: Winter Wearables Drive

We welcome all sizes of newly or gently used coats, hats, mittens, scarves, boots, and socks. Please put your donations in the blue bins in the gathering space during the weekends of Oct. 8-9 & Oct. 15-16.

October 20: Meals from Heartland Night of Service

Join us in a night of food packaging for the hungry. Please follow this link to sign up:

www.signupgenius.com/go/10CoD4AA4AC2FA1F94-sacred



Stories from the Heart



Everyone has a story. In a new monthly feature we share inspiring, true stories from Sacred Heart parishioners: the real-life experiences that have deepened their faith, filled them with grace, and led them to a closer relationship with Jesus Christ and his Church.

Kevin Butterwegge

Five years ago, Kevin Butterwegge felt something change inside him, and he still can't explain it. He wasn't looking for change. He had a wonderful job, a loving wife, and a family that attended Mass regularly. He proudly anticipated his 30th year of sobriety after overcoming a drug and alcohol addiction. By all measures Kevin was a successful man in charge of his own life.

But something was pulling him closer to the Church, and he decided to lean into it. He prayed and read the Catechism, which gave him a better understanding of the Sacraments. He realized that his "check-the-box" approach to Catholicism wasn't enough. He began to hunger for more. Kevin soon felt yet another pull, this time to re-examine his life and confront his past. This difficult process lasted several weeks. "I went as far back as I could take my memory, all of the sin that I had lived in, and I catalogued it and wrote it on a piece of paper."



Sacred Heart Parishioner
Kevin Butterwegge

He listed his actions as a youth when, as Kevin puts it, "I fell into every sort of wrong thing you could possibly get involved in." He listed every sin he could remember, and it was so painful that he had to take breaks. "It was hard to look at all the things I had to look at," he says. But he didn't stop.

When he finished, Kevin took his list to church. He entered the confessional where Father Nipin was waiting, knelt down, and unfolded his sheet of paper. What happened next changed everything. "From my heart, for the first time in my life, I confessed all of the sin that I had inside me. And when I walked out of confession and hit my knees to say penance, I could feel God's mercy. There was no doubt He had forgiven me." In that moment, by the grace of God, a man who wasn't looking for change experienced the most profound change of his life.

Something was pulling Kevin closer to the Church, and he decided to lean into it.

From there, Kevin says, his faith has exploded. He now tries to live a life that leads others to Christ, and he believes telling his story is an important part of that. He encourages us to go deeper instead of just going through the motions, to really get to know Christ and form a relationship with Him. As Kevin explains, "Our souls are on the line."

Please send comments/questions about Stories from the Heart to Andrea Vij at realfaithstories@gmail.com.

Welcome. CRHP 2.0

There is **More** to **Life**

We all have an insatiable desire for happiness. We all want to feel like we belong. We all want to find friends who will walk with us through life's challenges. Join us for our upcoming **Women's Welcome Weekend**. It is a wonderful experience hosted by our parish that will inspire you to find clarity and purpose in your life, form meaningful relationships, and approach your life with renewed energy and a fresh perspective.

WHEN: Saturday, October 15, 2022
8 am - 10 pm

Sunday, October 16, 2022
8 am - 3 pm

WHERE: Sacred Heart Parish and School

The 2022 Women's Welcome Weekend will **NOT** be overnight. The two day weekend retreat is FREE and includes meals and snacks. It's amazing how just one yes can change your life. We hope to see you there! To learn more, please contact Joan Bindel at bindeltijn@gmail.com or Sue Reichart at sue.reichart@sacredheartwdm.org.



Online Registration available by scanning the QR code or visiting: <https://sacredheartwdm.org/welcome>



HELP FILL BOXES OF JOY - PARISH SERVICE PROJECT

Sacred Heart Catholic will be collecting donations to fill Boxes of Joy through September and October. Our goal is to **fill 100 boxes!** Please see the list of items that are needed to fill the boxes. An Amazon Smile list has been created to make your shopping super easy. You may also donate money that will cover the cost of shipping the boxes to the recipients. We will have **collection boxes in the Gathering Space on the weekends of October 22/23 and October 29/30**. Please join us on **Wednesday, November 2 from 6:30-8:00 pm in the Sacred Heart School Gym** to pack the boxes. Boxes of Joy is a program from Cross Catholic Outreach. Their mission is to mobilize the global Catholic Church to transform the poor and their communities materially and spiritually for the glory of Jesus Christ. Your gift empowers us to serve the poorest of the poor by channeling life-changing aid through an international network of dioceses, parishes and Catholic missionaries.





MUNDO HISPANO SAGRADO CORAZÓN

WWW.SACREDHEARTWDM.ORG

PADRE LITTO THOMAS, PASTOR ASOCIADO

litto.thomas@sacredheartwdm.org

PERSONAL DEL MINISTERIO

Mónica Meredith, Director del Ministerio Hispano
monica.meredith@sacredheartwdm.org

Chris Corrice, Director de Formación Familiar
chris.corrice@sacredheartwdm.org

MISAS

Domingo
1 pm (en español)

RECONCILIACIÓN

Sábado
3:00 pm—4:00 pm

HORA SANTA

Primer martes de cada mes
Después de la misa de las 8 de la mañana
6:00 pm Servicio de Sanación y Bendición
6:30 pm Tercer sábado de cada mes

HORAS DE OFICINA

lunes 7:30 am - 5:30 pm
martes 7:30 am - 5:30 pm
miércoles 7:30 am - 6:30 pm
jueves 7:30 am - 5:30 pm
viernes 7:30 am - noon

CLASE DE BAUTISMO

5:00 pm El segundo lunes de cada mes

MINISTERIO HISPANO
SAGRADO CORAZÓN, WEST DES MOINES

CONCIERTO DE
PABLO CASTRO

28 & 29 OCTUBRE 2022
6.30 PM - 9.00 PM

TODOS ESTÁN INVITADOS

EN EL SALÓN DE LA PARROQUIA



SAGRADO CORAZÓN, WEST DES MOINES
RECAUDACIÓN DE FONDOS PARA EL MINISTERIO HISPANO

GRAN RIFA

PREMIO
65 INCH SAMSUNG 4K SMART TV

ESTÁS INVITADO AL CONCIERTO DE
PABLO CASTRO

Octubre 28 & 29, 2022
06.30 Pm
1627 Grand Ave.
West Des Moines IA

EL DÍA DEL SORTEO: 29 DE OCTUBRE DURANTE EL CONCIERTO

Todas las donaciones a esta rifa ayudarán a nuestro Ministerio Hispano del Sagrado Corazón a prosperar.

PRECIO DE LA DONACIÓN
\$20

WWW.SACREDHEARTWDM.ORG





STEPHEN MINISTRY

Stephen Ministers are laypeople – Christian men and women – trained to provide one-to-one care to people experiencing a difficult time in life, such as grief, divorce, job loss, chronic or terminal illness, relocation, or separation. If you or someone you know needs a Stephen Minister, or have questions about our Ministry, call or text Brian Abeling (515)321-8539, Janna Abeling (515)537-9458 or Colleen Nelligan (214) 789-9729.

HELP BRING SNACKS FOR BECOMING CATHOLICS



Would you be interested in providing snacks for one of our Becoming Catholic sessions? Help us give a warm welcome to our Becoming Catholic inquirers who are exploring joining the Catholic faith! Snacks would need to be for about 15 people. **Please scan the QR code below to sign up on the Signup Genius page.** Please mark items and leave in Parish kitchen by 6:00 p.m. on class date. Thank you for your hospitality!

HELP WITH SACRED HEART MOWING & TRIMMING



Sacred Heart needs your help in mowing & trimming grass on the church/school grounds along with Fr Chris' residence located just north of the church. We have 3 riding mowers plus 3 walk behind mowers available to use. To volunteer, please <https://sacredheartwdm.org/knights-of-columbus> or scan the QR code. Thank you!

Rosary Rally

Saturday, October 15th
12 noon – please arrive by 11:40 am
Sacred Heart Parish Center

Halloween Party

Sacred Heart Church in West Des Moines is having a Halloween Party for our friends in our parish and the community with special needs. We invite all people with special needs to attend. Costumes are recommended, but not required. Food and fun will be provided. This event is being sponsored by SMASH, our teen group, and the Sacred Heart Disability Ministry.

WHAT: Halloween Party

WHEN: Wednesday, October 19th

TIME: 6:30 – 8:00 p.m.

WHERE: Sacred Heart Parish Center, 1627 Grand Ave. WDM

RSVP # of guests (and questions) : Beth Zavala: zavala.beth@gmail.com

Get a head start on your New Year's financial goals

Your money. Your story. Your life.

THIS CHANGES EVERYTHING.

DAVE HANLEY'S
FINANCIAL Peace UNIVERSITY

Financial Peace University will help you to take control of your money, plan for your future and transform your life.

6:30–8:30 PM
 Nov. 8th, 15th, 22nd, 29th
 Dec. 6th, 13th, 20th
 Jan. 3rd, 10th

Sacred Heart Catholic
 1627 Grand Ave, WDM

Registration link

Cost: \$99.99 for online materials and registration

10 AROUND THE DIOCESE

WWW.SACREDHEARTWDM.ORG

DIACONATE INFORMATION MEETINGS

The Permanent Diaconate is an ancient and sacred ministry of service dating back to the time of the apostles. Deacons are ministers of Charity, the Word and the Altar. The Church welcomes faithful to ask themselves if they are being called by God to serve the Church through this commitment to holy orders.

Men interested in learning about the role of deacons in The Diocese of Des Moines are invited to attend one of upcoming information meetings. The meetings, which are from 6:30-8:00 p.m., will include information about the requirements for admission into the Deacon Formation Program and an explanation of the ongoing process of discernment to the diaconate.

Oct 13	Christ The King	Des Moines
Oct 17	St Thomas Aquinas	Indianola
Oct 24	OLIH	Ankeny
Oct 24	S.S. Peter and Paul	Alantic
Nov 10	St Boniface	Waukee
Nov 17	St Patrick's	Missouri Valley

Please contact deacondesmoines@gmail.com or vocations@dmdiocese.org, if you have questions,

CATHOLIC DIVORCE SURVIVAL GUIDE

Need support after your divorce or separation? The Catholic's Divorce Survival Guide is a series of gatherings where you can find support consistent with Catholic teaching. Those who've experienced divorce or separation, consider joining us starting **Oct. 17 at Sacred Heart Parish in West Des Moines**. Questions? Contact Adam Storey at astorey@dmdiocese.org.

DES MOINES REGIONAL CATHOLIC SCHOOLS

Bishop Joensen has named four clergy members to the Regional Board - Fr. Raphael Assamah, Fr. Dan Kirby, Fr. Mark Neal, Fr. Joseph Pins. These pastors join the lay members who were introduced last spring as well as Superintendent Donna Bishop and Bishop Joensen who are also on the regional board. For more updates, please visit: www.dsrmrcsplan.org



Land of the free because of the brave.
Join us as we honor and celebrate those who serve our country.

Veterans Day

Friday, November 11, 2022 | 9:00 A.M.

Ceremony will take place inside McLaren's Chapel

MCLAREN'S RESTHAVEN CHAPEL & MORTUARY
RESTHAVEN CEMETERY
West Des Moines
McLarensResthavenChapel.com
515-225-7225

Every Detail Remembered™ | **Dignity®**
MEMORIAL

Whole life insurance and annuities underwritten by American Memorial Life Insurance Company, Rapid City, SD.

TALKING ABOUT SEX FROM THE DEPTHS OF OUR FAITH

SATURDAY
NOVEMBER 5
6:15PM

HOSTED BY ST AUGUSTIN,
SACRED HEART, AND OTHER
LOCAL PARISHES



Dr. Swafford will give a talk for parents **ONLY** on the subject of talking to their children about love and sexuality on Sat., November 5th at St. Augustin parish hall. The event will begin at 6:15pm (speaker begins at 6:30pm). We'll have some light refreshments (cookies).

