SACRED HEART CATHOLIC CHURCH

DAILY MASS
8 am (Monday - Friday)

WEEKEND MASS SCHEDULE (MISAS)
Saturday
4:30 pm

Sunday
7:30 am
9:30 am
11:30 am
1 pm (en español)

RECONCILIATION (RECONCILIACIÓN)
Saturday
3:00 pm—4:00 pm
Gathering Space Reconciliation Room

ADORATION (HORA SANTA)
First Tuesday of Every Month
primer martes de cada mes
Following 8 am Mass
Healing Service and Benediction
Servicio de Sanación y Bendición
6 pm

OFFICE HOURS (HORAS DE OFICINA)
Monday/lunes 7:30 am - 5:30 pm
Tuesday/martes 7:30 am - 5:30 pm
Wednesday/miércoles 7:30 am - 6:30 pm
Thursday/jueves 7:30 am - 5:30 pm
Friday/viernes 7:30 am - noon

STAFF CONTACTS

FR. CHRIS HARTSHORN, PASTOR
chris.hartshorn@sacredheartwdm.org

FR. LITTO THOMAS, ASSOCIATE PASTOR
litto.thomas@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon
ed.garza@sacredheartwdm.org

Rev. Mr. Bob Glaser, Deacon
glaserR@diodav.org

SACRED HEART MINISTRY STAFF

Joan Miller, Becoming Catholic Director
joan.miller@sacredheartwdm.org

Leah Mohlman, Music and Liturgy Coordinator
leah.mohlman@sacredheartwdm.org

Sue Reichart, Adult Faith Ministry Director
sue.reichart@sacredheartwdm.org

Julie Sokolowski, Youth Ministry Director
julie.sokolowski@sacredheartwdm.org

José Batres, Family Formation Director
jose.batres@sacredheartwdm.org

Kayla Richer, Family Formation Director
kayla.richer@sacredheartwdm.org

Mónica Meredith, Hispanic Ministry Director
monica.meredith@sacredheartwdm.org

SACRED HEART SCHOOL STAFF

Scott Ehlinger, Principal
scott.ehlinger@sacredheartwdm.org

Susan Battani, Vice Principal
susan.battani@sacredheartwdm.org

Bulletin Submissions
The weekly submission deadline is 10 am on the Monday before the weekend bulletin. Submissions must be print-ready and emailed to ***bulletin@sacredheartwdm.org****.*

For submission guidelines, please visit:
www.sacredheartwdm.org/bulletin-submission-information

WELCOME

If you are new to our Sacred Heart Parish and wish to be a member of the Sacred Heart Catholic Church, please stop by the parish office or call 515-225-6414 to facilitate the New Member Registration. We have programs and activities available for all ages. We offer the RCIA program for those who wish to become Catholics. We invite you to become involved as an Active Apostle at Sacred Heart Parish!

BIENVENIDOS

Si usted es nuevo al Sacred Heart (Sagrado Corazón) y quiere ser se miembro, por favor pase por la oficina de la iglesia para obtener el paquete de registración. También se puede facilitar un paquete por correo si llama al 515-225-6414. Si usted necesita ayuda en español, por favor llame al 515-225-0546 para comunicarse directamente con la Directora del Ministerio Hispano. Tenemos programas y actividades para todas edades. También ofrecemos el programa de RICA para los quienes desean convertirse a la fe católica o los quienes necesitan terminar sus sacramentos de iniciación. ¡Los invitamos a participar como Apóstoles Activos en la Parroquia de Sacred Heart!

CONTACT US

ADDRESS
1627 Grand Avenue
West Des Moines, Iowa 50265

PARISH OFFICE PHONE (oficina)
(515) 225-6414

SACRED HEART SCHOOL PHONE (escuela)
(515) 223-1284

EMAIL
office@sacredheartwdm.org

WEBSITE
www.sacredheartwdm.org

FACEBOOK
www.facebook.com/SacredHeartWDM/

MASS INTENTIONS

Sunday, January 29
7:30 a.m. ǂ Peter and Anna Graff
9:30 a.m. ǂ Louise Serena
11:30 a.m. ǂ Margaret & Calvin Meinecke
1:00 p.m. ǂ Sacred Heart Parishioners

Monday, January 30
8:00 a.m. ǂ Patrick Leon

Tuesday, January 31
8:00 a.m. ǂ Kathleen Grosland

Wednesday, February 1
8:00 a.m. ǂ Theresa Nielsen
9:30 a.m. ǂ Anita Westerhaus

Thursday, February 2
8:00 a.m. ǂ Errol Garr

Friday, February 3
8:00 a.m. ǂ Leo Graff

Saturday, February 4
4:30 p.m. ǂ Fred & Heidi Butterwegge

Through the waters of Baptism,

Henry and Nora Knust
Children of Joshua and Alissa Knust

Ella Stein
Daughter of Alex and Mandi Stein

we welcome you to Sacred Heart!

Our deepest sympathy and prayers for the families of the following.

Jerry Reese
Former parishioner

George Williams
husband of parishioner Marcia Williams

May God grant them eternal rest.

'SEE YOU SOON' RECEPTION FOR FR. LITTO

Saturday, Feb. 4th & Sunday, Feb. 5th

Please mark your calendar for the weekend of Saturday, February 4th and Sunday, February 5th to say 'See You Soon' to Fr. Litto Thomas. We will host thank you receptions after all Masses for Fr. Litto in the Sacred Heart Parish Center. Fr. Litto will be moving to St. Patrick's Parish in Perry in February. He will be greatly missed!

HOLY HEROES

Holy Heroes Mass worksheets for kids are available every weekend at the North and South entrances and at the Hospitality center. Pick up a new worksheet every Sunday, then check the bulletin for the correct answers!

1. green
2. a. Zephaniah
3. Kingdom
4. a. The Corinthians
5. Lord
6. Matthew
7. c. Mountain
8. "Blessed are the ___ "
9. "The Beatitudes___."
10. Eight (8)

PLEASE PRAY FOR
POR FAVOR ORE POR

Mary Barnum
Leda Candido
Joe Cimino
Craig Correy
Andy Crouse
Don DeVore
Joanie DeWitt
Brian Dubay
Viola Dubay
Florence Fligg
Rhonda Gammell
Jan Glenn
Matty Harman
Nancy Harvey
Arlene Herlein
Ali Lasell
Brooks Mack
John McRoberts
Shannon Moses
Linda Rameriz
Ron Rice
Sharon Roenfeld
Paul Roth
Steph Salana
Colleen Salazar
Gabe Savala
Lisa Schwarte
Olivia Steffensmeier
Michael Thompson
Michele Thompson
Lori Tiffaney
Lyle Veach
Linda Waechter
Anne Marie Wilkinson
Abby Woodson
Crystal
Heather and Mary
Rachel

Please let us know of if you would like us to pray for you. Please call the office at 515-225-6414.

Por favor déjenos saber si usted conoce una persona quien necesita oraciones de la comunidad.

CASSEROLES NEEDED FOR THE FAMILY VIOLENCE CENTER

Bring Casseroles on Feb. 4th and Feb. 5th

"For I was hungry and you gave me food, thirsty and you gave me drink, a stranger and you welcomed me." Matthew 25:35

We will be collecting casseroles for the Family Violence Center on Saturday, February 4th and Sunday, February 5th. The goal is to provide **35 casseroles** every month. We can do that! Please drop the frozen casserole off in the parish center freezer before the Sunday 11:30 am Mass. For recipes and directions, please visit: **https://sacredheartwdm.org/family-violence-center-casseroles** Note: We ask, PLEASE do not drop off casseroles throughout the month, as the freezer is used for other church events.

MASK SECTION IN CHURCH

Our mask section in church will return to regular seating in February. We welcome you to wear a mask as you feel comfortable.

WHERE ARE MY ENVELOPES?!

Our envelope supplier is experiencing a shortage of supplies and labor. We are told it will be at least March before they can fulfill our order. But there is good news! Now is an excellent time to switch to ACH tithing! ACH giving is a zero-cost way to give to Sacred Heart. No need to remember to bring an envelope each week. No need to "catch up" if you are away from Sacred Heart for the weekend. Sacred Heart will take care of everything! To switch, please call Mary in the church office at 515-225-6414. In the meantime, blank tithing envelopes are at the north and south entrances and the Welcome Center. We are sorry for any inconvenience.

SPONSOR COUPLE TRAINING

Sacred Heart is in need of Catholic couples to journey with our engaged couple. If you are interested in learning more about this ministry please reach out to Tonia in our parish office at: 515-225-6414 or **tonia.martin@sacredheartwdm.org.** The Diocese is hosting a sponsor couple training at the Catholic Pastoral Center on **Saturday, March 4 from 1-4 p.m**. Participants can join this training in person, or via zoom. Registration for this session is Feb 16th! Looking forward to hearing from you.

NATIONAL MARRIAGE WEEK

February 7th through - February 14th

Spend a few minutes each day strengthening your relationship by participating in the at-home marriage retreat. Find resources and download materials from the USCCB. **https://www.usccb.org/resources/home-marriage-retreat-national-marriage-week-2023**

Catholic Schools Week 2023
January 29–February 4

www.NCEA.org/csw #CSW23

Date	Activities	Theme & Dress
Saturday, Jan. 28 Sunday, Jan 29 "Celebrating our Parish"	Sacred Heart school students will serve as readers at Mass: 4:30 Saturday, 9:30 and 1:00 Sunday	Wear school uniforms
Monday, Jan. 30 "Celebrating our Community"	Catholic Schools Week kickoff Faith Families meet	**"Cheering for Sacred Heart"** Wear Sacred Heart spirit shirt or school colors
Tuesday, Jan. 31 "Celebrating our Students"	Teachers read to other classes Special treat for lunch	**"Curl up with a good book"** Wear pajamas, flannel, or something cozy
Wed. Feb. 1 "Celebrating our Nation & World"	9:30 All-School Mass 11:50 Dismissal/No Buses/No Lunch	**"Dress up for Jesus!"** Wear your best as we celebrate our faith at Mass
Thursday, Feb. 2 "Celebrating Vocations"	Special notes written by students to community members	**"Jesus Moves Us"** Wear active wear (No yoga pants)
Friday, Feb. 3 "Celebrating Faculty & Staff"	Students write notes to the staff at SHS All School Variety Show	**"All-Star Staff"** Wear something from your group, club, team, or sport

Sacred Heart School

ST. VINNIE'S CORNER

We thank you for your generosity this weekend during our 5th Sunday Collection. This is how we raise the funding to help those in crisis. We could not assist others without the generous support of YOU- Sacred Heart Parishioners! We are so humbled by your support.

How do you contact us to discuss your needs? Please contact the Parish office and we will be in touch with you.

What do we do with the money we raise? We provide rent/utility and food assistance to those that qualify for our help. We have had several families come to us in 2022 after a family member was hospitalized causing a loss in income. These families quickly got behind on their rent and utilities. Thank you for blessing us with funding to assist these fellow parishioners on a short-term basis.

In addition, we help many others. We make sandwich lunches and serve them at Connection Café one or two times a month. Twice a year, we assemble and fill shoe boxes with personal care products for the clients at Connection Cafe. We manage and administer the food pantry at Sacred Heart School. Each week we lead the Rosary at Promedica and Walnut Ridge Care Centers. Several of our volunteers pick-up day-old bread several times per week and deliver to shelters in Des Moines. We supply our downtown food pantry with personal care products such as deodorant, shampoo, toothbrushes, toothpaste, etc.

Thank you for your generous donations to St. Vincent de Paul. God Bless.

KNIGHTS OF COLUMBUS #9632

Can/Bottle Drive

Mark your calendar for the Knights next collection drive on **Saturday, February 18, from 9-noon** in the church/school parking lot. Stop by with your redeemable 5¢ bottles and cans and the knights will help unload them from your vehicle. All proceeds go to tuition assistance at Sacred Heart School.

WOMEN'S GUILD UPDATE

Farewell Reception for Fr. Litto—Feb. 4

The Women's Guild will host Fr. Litto's Farewell Party after the 4:30 pm mass on Saturday, Feb. 4. We will serve various pies and ice cream plus other desserts. We need Guild members to provide the treats and to assist with serving and clean-up. Please drop off donations by 4 pm on Feb. 4 in the parish center. To allow us to track donations, please sign up here: https://www.signupgenius.com/go/10C0D4AA4AC2FA1F94-frlittos. If you have questions, feel free to contact Guild President Stephanie Latting at 515.250.1629 or at stlatting@aol.com.

Food Pantry Service Projects - Feb. 7

A birthday cake is a rare treat for those in tough times. Can you help us put together some fun and easy cake kits for the DMARC food pantry? We will make the kits from donations at our Feb. 7 meeting. Plain cake mixes, vanilla frosting, cans of lemon lime soda, candles, and disposable pans will all be accepted and can be dropped off in the red bin in the kitchen. You can sign up here to donate those items: Sacred Heart Women's Guild: Food Pantry Birthday Cake Boxes (signupgenius.com). If the online sign-up form is full, we still welcome your donations and will simply make more kits. We also request that parishioners consider donating food items to the pantry, especially peanut butter, whole-grain cereal, and canned fruit. You can use the red bin in the parish center kitchen for those DMARC pantry donations, too.

Fish Fry Fridays

These wonderful Lenten community events, hosted by the Knights of Columbus and Women's Guild, are coming soon! Look for the sign-up link in upcoming Women's Guild communications. We will need lots of volunteer workers and dessert donations, especially pies! The proceeds received from the Fish Fries supplement the Guild's grants program. Those are funds which we distribute to parish ministries and to community nonprofits each spring.

Save the Date!

Sacred Heart Church

VBS JUNE 12TH-16TH

Grades Kindergarten-5th

Go ahead and mark your calendars. More information coming soon.

Contact: Tracey Stein @ twilson_rn@yahoo.com with other questions or if interested in helping.

KNIGHTS OF COLUMBUS

Spelling Bee

All School aged children in grades 4-7 are welcome!

Saturday, February 4th

Check in at 8:30 AM
Competition begins at 9 AM
Sacred Heart Parish Center

MORE INFO ON REGISTRATION
SACREDHEARTWDM.ORG/2023-SPELLING-BEE

SOULCORE

MIND, BODY, SOUL

SoulCore is an invitation to integrate body & soul in prayer, fully orienting the heart & mind toward Christ, while discovering the beauty of the rosary; A gentle path to grow in virtue, interior peace & strength.

FEBRUARY 2023
TUESDAY 7 - 5:30 TO 6:30 PM
WEDNESDAY 8 - 9:00 TO 10:00 AM
TUESDAY 21 - 5:30 TO 6:30 PM

MARCH 2023
TUESDAY 7 - 5:30 TO 6:30 PM
WEDNESDAY 8 - 9:00 TO 10:00 AM
TUESDAY 21 - 5:30 TO 6:30 PM
WEDNESDAY 22 - 9:00 TO 10:00 AM

LOCATION: Our Lady of Guadalupe Room

FEBRUARY 2023 - Off Site
WEDNESDAY 1 - 5:30 TO 6:30 PM
WEDNESDAY 15 - 9:00 TO 10:00 AM
SUNDAY 19 - 3:00 TO 4:00 PM
Contact us for more details and to register.

CONTACT MARY ANNE & MARK CONWAY WITH QUESTIONS OR TO SCHEDULE A SOULCORE ROSARY WITH A SMALL GROUP
EMAIL @ MCONWAY@COPPER.NET

HELP SUPPORT YOUTH MINISTRY

ADULTS $50

Kids $30

Please put "YM" in the comment box in Venmo

- **Venmo (please put YM in memo)**
- **Check made out to Sacred Heart**
- **Cash**

Contact Julie Sokolowski to purchase
julie.sokolowski@sacredheartwdm.org

**PADRE LITTO THOMAS,
PASTOR ASOCIADO**
litto.thomas@sacredheartwdm.org

PERSONAL DEL MINISTERIO
Mónica Meredith, Director del Ministerio Hispano
monica.meredith@sacredheartwdm.org

MISAS
Domingo 1:00 pm (en español)

RECONCILIACIÓN
Sábado 3:00 pm—4:00 pm

HORA SANTA
Primer martes de cada mes
Después de la misa de las 8 de la mañana
6:00 pm Servicio de Sanación y Bendició
6:30 pm Tercer sábado de cada mes

HORAS DE OFICINA
lunes 7:30 am - 5:30 pm
martes 7:30 am - 5:30 pm
miércoles 7:30 am - 6:30 pm
jueves 7:30 am - 5:30 pm
viernes 7:30 am - noon

CLASE DE BAUTISMO
5:00 pm El segundo lunes de cada mes

SECCIÓN DE MÁSCARAS EN LA IGLESIA

Nuestra sección de máscaras en la iglesia volverá a los asientos habituales en febrero. Te invitamos a llevar una máscara si te sientes cómodo.

CAZUELAS PARA EL CENTRO DE VIOLENCIA FAMILIAR

Trae cacerolas el 4 y 5 de febrero

Estaremos recolectando cazuelas para el Centro de Violencia Familiar el sábado 4 y domingo 5 de febrero. La meta es proveer 35 cazuelas cada mes. Por favor deje la cazuela congelada en el congelador del centro parroquial antes de la misa del domingo a las 11:30 am. Para recetas e instrucciones, por favor visite: ***https://sacredheartwdm.org/family-violence-center-casseroles*** *Nota: Les pedimos, POR FAVOR, no dejar cacerolas durante todo el mes, ya que el congelador se utiliza para otros eventos de la iglesia.*

CALL TO THE PERMANENT DIACONATE

On December 26, 2022 (Feast of St Stephen). Bishop Joensen announced the 'Call' to Inquiry for the Permanent Diaconate. Announcement of the" Call" begins the Application and Inquiry phase of the five-year formation process that will lead to Ordination the summer of 2028.

The Permanent Diaconate is an ancient and sacred ministry of service dating back to the time of the apostles. The Diocese of Des Moines has a long and rich history dating back more than fifty years with men that have responded to this ministry of service for the church and those around them. The church welcomes the faithful to ask themselves if they are being called by God to serve the Church through this commitment to Holy Orders.

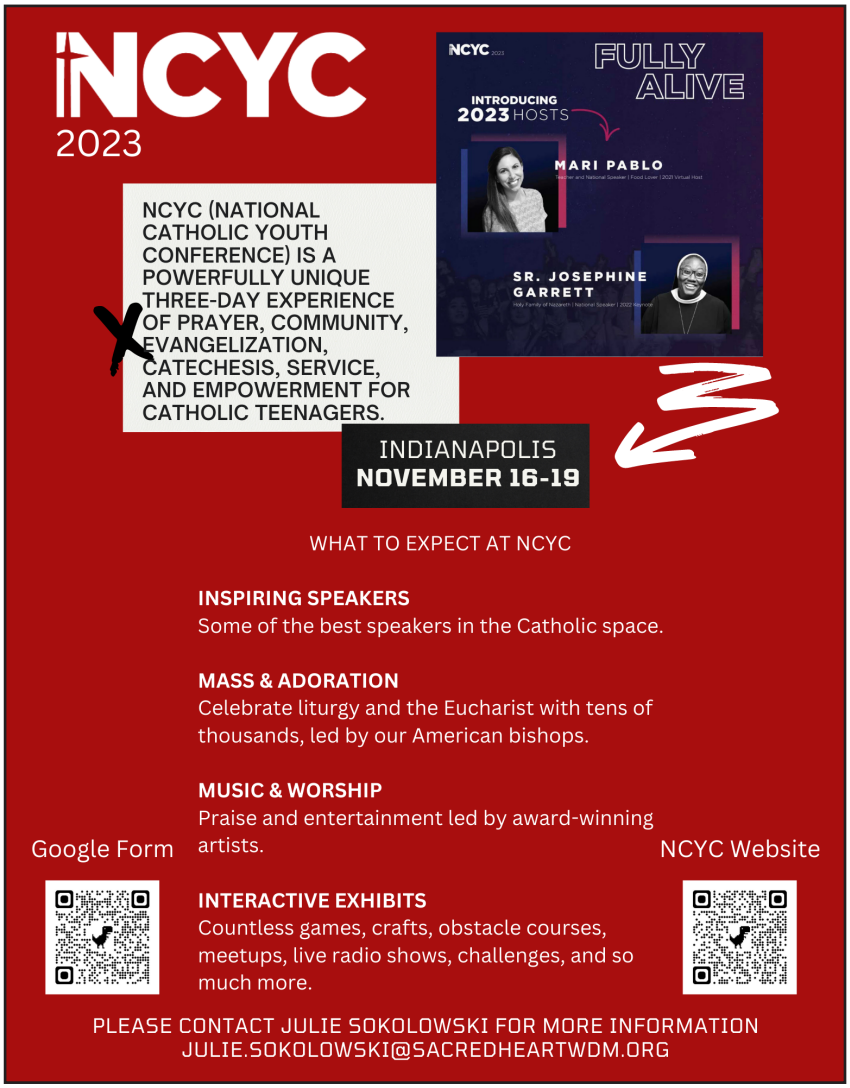
There will be Information Meetings at several locations throughout the Diocese. The meetings include information about the requirements for admission into the Deacon Formation Program and an explanation of the ongoing process of discernment to the diaconate. Men interested in learning about the role of deacons in the Diocese of Des Moines are invited to attend one of upcoming information meetings.

Monday, January 30th St. Joseph, Winterset
6:30 p.m. - 8:30 p.m.

Saturday, February 4th St. Patrick, Neola
9:30 a.m. - 11:30 a.m.

Thursday, February 9th St. Pius X, Urbandale
6:30 p.m. - 8:30 p.m.

Please note: If married, both the man and his wife are required to attend an information meeting before requesting an application to formation. If you already attended an information night in 2022, you do not need to attend again unless your spouse did not accompany you. Please contact vocations@dmdiocese.org or jhouston@dmdiocese.org with questions.



DCHS EVENING OF STYLE

The DCHS Evening of Style is a unique and fun filled night for those that enjoy all things fashion related. Join the Maroon community for dinner, drinks, shopping and a fashion show modeled by current students and faculty. The Evening of Style will be held **Thursday, February 9 at 6:00 pm** at St. Boniface in Waukee, Iowa. This event supports the mission and students of Dowling Catholic High school. Reserve your table at **dowlingcatholic.org/events** or contact Carolyn at 515.222.1095. Tables are limited!

CELTIC MUSIC CONCERTS

The Celtic Music Association of Iowa is celebrating their 30th anniversary with concerts for 2023. The Drowsy Lads on Feb. 18. Aoife Scott on March 18. All concerts are at the Franklin Junior High Event Center at 4801 Franklin Ave., Des Moines. Doors open at 7pm, concerts start at 8pm. General admission tickets are $30 and available at Cooney's, Up Tempo and Cindy's Boutique or on the website at **thecma.org** through Eventbrite and at the door.

BABY CLOTHING DONATION DRIVE THRU AT MARY'S HELPING HANDS

February 10, 9am-4pm

On February 10, at MHH headquarters we will be holding a drive thru to drop off donations of gently used & new items for Mary's Helping Hands to share with those in need. If you do not have items to donate but still feel called to give, you can make a donation online at **www.maryshelpinghandsiowa.org**. Location: 4950 Pleasant St. Suite B, West Des Moines, IA 50266

WORLD DAY OF PRAYER FOR CONSECRATED LIFE

Thursday, February 2, 2023

"Consider your own calling, brothers and sisters…" We are all called to bear witness to Christ in our lives. Could you be called to do so as a priest, deacon, or consecrated religious? **Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day.** May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation. Serrans work to further their common Catholic faith. You are invited to join us in creating a culture of vocations. Email **dm@serrainternational.org** or visit our website: **dmserra.com.**

MAN-UP WEST, FEB. 2023:

Bishop Joensen returns to Man-Up West

We are honored that our February speaker will be Bishop William Joensen. He will speak to us on the topic of "Love is Everything': Pope Francis, St. Francis de Sales, and the late Pope Emeritus Benedict XVI on the Love of God". **Friday, February 10th, Noon/St. Francis of Assisi Parish.** Due to possible space limitations, we highly encourage you to register for this event at: **www.iowacatholicradio.com**.

HOLY TRINITY JOB OPENING

Holy Trinity Parish has a FT opening for the position of Operations Manager. For the full job description and more information, please visit: **https://holytrinitydm.org/church/explore-holy-trinity-church/employment-opportunities/**

1. Elementary (Half Week)	June 6-9, 2023	$330
2. Elementary	June 11-16, 2023	$430
3. Junior High	June 18-23, 2023	$445
4. Elementary	June 25-30, 2023	$445
5. Junior High	July 2-7, 2023	$430
6. High School	July 9-14, 2023	$430
7. Elementary	July 16-21, 2023	$445
8. High School	July 23-28, 2023	$445
9. Junior High	July 30-Aug 4, 2023	$445
10. Elementary	Aug 6-11, 2023	$445
11. Elementary (Half Week)	Aug 13-16, 2023	$330

FOR STUDENTS ENTERING 3RD GRADE THROUGH HIGH SCHOOL GRADUATION IN THE '23-'24 SCHOOL YEAR

STMCENTER.COM | PANORA, IA