

Sacred Heart Catholic



Sagrado Corazón Católico



7th SUNDAY OF EASTER

"I have given them the glory you gave me, so that they may be one, as we are one,
I in them and you in me, that they may be brought to perfection as one."

- Jn 17:22-23a

7º DOMINGO DE PASCUA

"Yo les he dado la gloria que tú me diste, para que sean uno, como nosotros
somos uno. Yo en ellos y tú en mí, para que su unidad sea perfecta".

- Jn 17, 22-23

Become a member today!
¡Hágase socio hoy mismo!



1627 Grand Avenue
West Des Moines, Iowa 50265

JUNE 1, 2025
1 JUNIO 2025

You can donate online! It's easy!
Puede donar en línea. Es muy fácil.



(515) 225-6414
www.sacredheartwdm.org

Mass Intentions

Saturday, May 31

4:30 p.m. † Herrity & Phannenstill Families

Sunday, June 1

7:30 a.m. † Joseph Nizzi

9:30 a.m. † Gerry Koch

11:30 a.m. † Sacred Heart Parishioners

1:00 p.m. † Jose Muñoz (*en Español*)

Monday, June 2

8:00 a.m. † Darrell Valdez

Tuesday, June 3

8:00 a.m. † Casey Connor

8:30 a.m. - 7 p.m. Adoration

5:30 p.m. Reconciliation

6:00 p.m. Healing Service and Benediction

Wednesday, June 4

8:00 a.m. † Ray Kammermeier

Thursday, June 5

8:00 a.m. † Abby Clingan

6:00 p.m. Devotion to the Sacred Heart of Jesus

Friday, June 6 - FIRST FRIDAY MASS

8:00 a.m. † Gene Clerkin

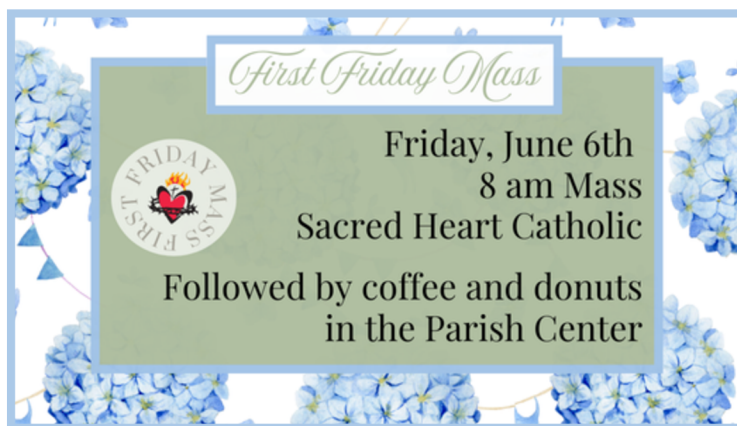
Please Pray For/Por Favor Ore Por

Bob Brackett
Mason Brackett
Michelle DeVore Brainard
David Butler
Carmen Gooding
Rick Cordaro
Christopher Eldredge
Diane Freeman
Estelle Heirigs
Rita Hanners
J Judkins
Kathleen Letz
Sebastian H. Lopez
Lisa Lutter
Veronica Lutter

Kayelynn Menneke
Beverly Miller
Amanda Morris
Tom Munoz, Jr.
Toni Murillo
Rich Phannenstill
Ila Plascencia
Linda Ramirez
Dixie Rushing
Diane Schenkler
Anthony Scavo
Mark Severino
Gage Smith
Mary Stoffel
Jeff Yost

If you have a prayer request, please call the office at 515-225-6414 or send an email to office@sacredheartwdm.org. Please include: **'Prayer Request'** in the subject line. Names will be removed after **sixty** days.

Si tiene una petición de oración, llame a la oficina al 515-225-6414 o envíe un correo electrónico a office@sacredheartwdm.org. Por favor incluya: **"Petición de oración"** en el asunto. Los nombres serán eliminados después de **sesenta** días.



First Friday Mass

Friday, June 6th
8 am Mass
Sacred Heart Catholic

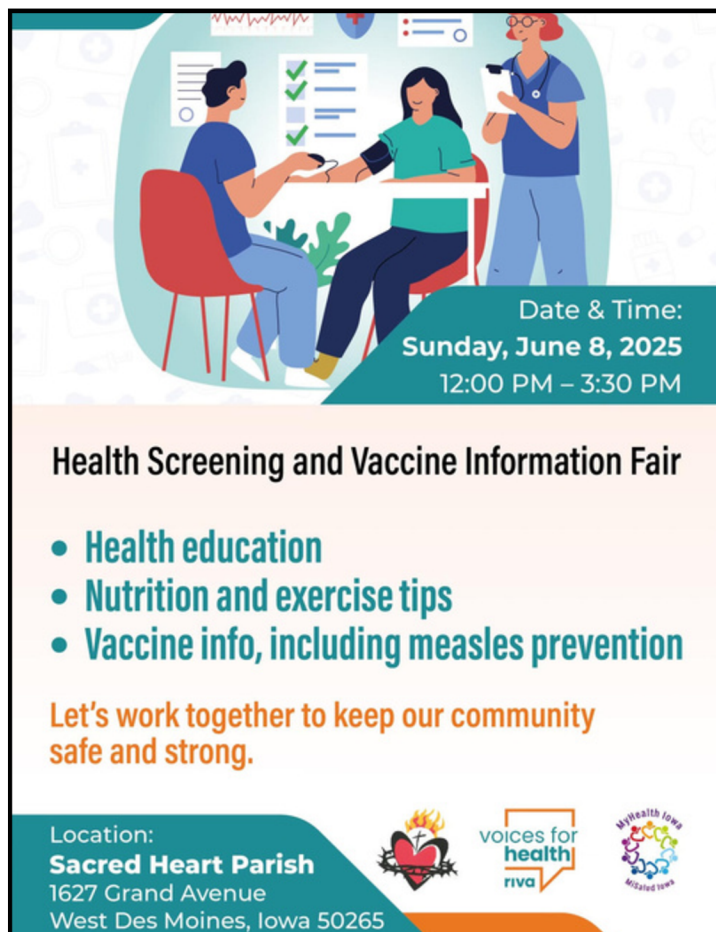
Followed by coffee and donuts
in the Parish Center



Casseroles Needed
for the
Family Violence Center

Please bring casseroles on
Saturday, June 7th and
Sunday, June 8th! We ask
that you drop the casseroles
off in the Parish Center
freezer before the Sunday
11:30 am Mass.

sacredheartwdm.org/family-violence-center-casseroles




Date & Time:
Sunday, June 8, 2025
12:00 PM – 3:30 PM

Health Screening and Vaccine Information Fair

- Health education
- Nutrition and exercise tips
- Vaccine info, including measles prevention

Let's work together to keep our community
safe and strong.

Location:
Sacred Heart Parish
1627 Grand Avenue
West Des Moines, Iowa 50265



Knights Updates: Can and Bottle Drive

Save your 5¢ redeemables for our **Saturday, May 31**, collection drive in the church/school parking lot from **9 am - 12 pm noon**. If Saturday morning doesn't work into your schedule, drop your items off anytime the Thursday or Friday before in the coned-off area at the west end of the parking lot. 100% of the funds go to student and family support at Sacred Heart School.

St. Vinny's Corner

This week we wanted to highlight Connection Café. This is a program that provides free lunch to the homeless and low-income individuals. Twice a month, SVdP purchases food items, prepares the meal and then goes to St. John's Lutheran in Des Moines to serve lunch. In the winter we provide hot entrees. In March, we were able to provide 278 meals. The Women's Guild provides delicious cookies too! Thank you! Plus, we thank Sacred Heart parishioners for supporting our mission to serve the needy.

Are you in need? Please contact us through the Parish office.

Help with Refugees in Our Community

The Refugee Community Assistance (RCA) program is local non-profit organization that has been working with refugee families and assisting them with the difficult task of resettling in the greater Des Moines metro area.

There are THREE ways to help: **Donate, Volunteer, Bring Supplies**. There is a great need for your help TODAY! Visit Refugee Community Assistance website to get involved!

www.refugeecommunityassistance.org/

Help Water the Outside Church Flowers

Sacred Heart Catholic has seven outside flower pots that need to be watered throughout the week! **Do you love gardening** or would you like to help with the NEW Flower Watering Ministry for spring and summer?! If you are able to help, email businessmanager@sacredheartwdm.org or call (515) 225-6414.

Candy Donations Needed!

Sacred Heart Catholic is planning to have a big presence at the West Des Moines Independence Day Parade so we will need LOTS of candy to throw! If you are able to donate bags of parade candy, please leave them in the basket in the Gathering Space by June 15th. Thank you!



Support the Annual Diocesan Appeal TODAY!

Your gift to the Annual Diocesan Appeal (ADA) ensures the Church's mission of serving the people of God in southwest Iowa can continue. The ADA allows us to prepare disciples for the domestic church, invite and welcome people into communion, cultivate a culture of servant leadership and draw young people into a deeper communion.

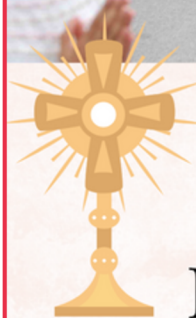
Scan the QR code to make a secure online gift. There is no need to fill out a form, your parish office will be notified of your donation!



www.dmdiocese.org/resources/stewardship/ada



Corpus Christi Procession



Special INVITATION



FOR: All children who received their First Communion this year!

WHAT: Join us to lead the Corpus Christi Procession

WHEN: Sunday, June 22nd following the 11:30 am Mass (around 12:25 pm)

WHERE: Sacred Heart Catholic Church



*All 2025 First Communicants-
please wear your beautiful dresses
and outfits for the Procession!*



Feast Day Celebration Food Trucks Announced

Sacred Heart Catholic is excited to announce the following food trucks are confirmed for the 2025 Celebration on **Friday, June 27th: Graziano Bros, Jethro's BBQ, Kona Ice, Kulinary Khaos, El Burrito Loco, Hawaiian Grill and Sweet Swirls!!** The Celebration begins with Mass at 5:30 pm followed by a Party in the Parking Lot from 6:30 pm - 9:30 pm!!



Help with Mowing at the Sacred Heart



We need your help to mow and trim the church and school grounds, along with Father Chris' and Father Emmanuel's residences. We have four riding mowers, three walk-behind mowers, and three grass trimmers available to use. We need nine volunteers each Wednesday. With that number, the time required for each volunteer should be 1 ½ to two hours. Please scan the QR code or contact Mark Christian at MJC.UH1H@gmail.com or cell (515) 205-6237. Steve Boeckman at steve.boeckman@gmail.com, or cell (515) 490-2279.

Lisa's Tree Ready for Volunteers



Lisa's Tree is a new powerful online platform that helps people connect with others, serve those in need, and grow in faith. Lisa's Tree was

created and launched by our own Sacred Heart Parishioner Jeff Schwarte in loving honor of his wife Lisa Schwarte who passed away in 2023.

Lisa's Tree was founded on the believe that small acts of kindness can build a stronger community. Volunteering has never been easier – this streamlined app allows you to connect your parishioners and make a meaningful impact, all while fostering a deeper sense of community and service. Together, we can make a big difference in the lives of those around us. If you are interested in getting involved as a volunteer for service with Lisa's tree, please visit the website at <https://www.lisas-tree.com>.



SACRED HEART OF JESUS

Feast Day Celebration!

¡Fiesta y Celebración Del!

FRIDAY, JUNE 27, 2025
VIERNES, 27 DE JUNIO, 2025

5:30 PM MASS/MISA
6:30 PM - 9:30 PM PARTY IN THE PARKING LOT
CELEBRACION EN EL ESTACIONAMIENTO

MASS | FOOD TRUCKS | LIVE MUSIC | BEER & WINE
MISA | CAMIONES DE COMIDA | MÚSICA EN VIVO | CERVEZA Y VINO

BRING A CHAIR!

SACRED HEART CATHOLIC CHURCH 1627 GRAND AVENUE WEST DES MOINES
sacredheartwdm.org/feast-day-celebration



Faith Formation Registration is OPEN!

¡La inscripción para la Formación en la Fe está ABIERTA!

www.sacredheartwdm.org/registration-payment

REGISTER TODAY!!
¡REGÍSTRESE HOY MISMO!



HELP YOUR KIDS
GROW IN THEIR FAITH!

Sacramental Preparation (grades 2-6)

Preparation for First Communion
Clase de preparación para Primera Comunión

Sacramental Preparation (grades 7-12)

Preparation for First Communion
Clase de preparación para Primera Comunión

Faith Formation class (grades K,1,3,4,5,6)

Continuous education in the Catholic Faith for students not in a SacPrep class
Educación continua en la Fe Católica (clases de religión)

Teen Faith Formation (grades 7-12)

Continuous education in the Catholic Faith in group format
Educación continua en la Fe Católica en grupos
EDGE (grades 7-8)
SMASH (grades 9-12)

Confirmation Preparation (grades 9-12)

Preparation for Confirmation
Preparación para la Confirmación

Stories from the Heart



Everyone has a story. In Stories from the Heart, we share inspiring, true stories from Sacred Heart parishioners: the real-life experiences that have deepened their faith, filled them with grace, and led them to a closer relationship with Jesus Christ and His church.

Sarah Schiltz - Little Mustard Seeds



**Sacred Heart Parishioner
Sarah Schiltz**

"From a young age, I just always felt this draw to Catholicism." That's how parishioner Sarah Schiltz, a convert, describes the slow but steady process that led her to the Catholic faith. Born and raised in Southwest Iowa, Sarah began her spiritual journey in a loving Christian family and was baptized in the Methodist church, but as an adult she found she needed more. Fortunately, she could look back on a series of "little mustard seeds" people had planted in her life. When she was ready, those seeds took off and grew.

For example, Sarah's childhood friend Ann was Catholic, and whenever Sarah came for a sleepover, they would go to Mass. It made a huge impression. From the time they walked through the door, something felt different. "I loved the reverence," says Sarah, who could tell from all the bowing and kneeling that something important was happening. "To see someone down on their knees, I mean, Methodists didn't do that."

In third grade, Ann gave Sarah her first rosary—another mustard seed—which she promptly hung on her bedpost in the firm belief it would protect her from harm. "I still have it to this day," she says, adding that she and Ann have remained friends over the years.

Sarah's faith stayed with her over the years, too, but little girls grow up and life can get complicated. By 2006, Sarah found herself a single mom of two whose "smart, strong, and independent" approach to life wasn't working. Introduced to Sacred Heart parish by the Schiltz family, Sarah started meeting with Sister Maggie O'Toole, who gave her useful spiritual advice and helped her through the difficult but healing process of annulling her first marriage. This paved the way for her engagement to Matt, a cradle Catholic, in December of that year.

But that was just the beginning. The mustard seeds Sister Maggie had planted also led to Sarah becoming Catholic in the spring of 2007, along with her two kids who were baptized on Easter morning. By the time she and Matt were married in September, the whole family was Catholic, and eager to put their faith into practice.

Looking back, Sarah calls 2007 a huge, God-given year. "It was overdue...God did provide so many times for me, and I didn't totally get it. So it just felt like a huge thank you. Like, 'Here, I get it now.'"

Now a mom of four, Sarah has worked since 2023 for Pulse Life Advocates, a job she loves and was led to by—you guessed it—a series of mustard seeds. Between faith, family, and career, Sarah has followed all those little seeds to find a life she treasures, with God at the center. "I just want to do His will. His plans are always better than what I can come up with."

Stories from the Heart can be found on our Sacred Heart Church website at sacredheartwdm.org/stories-from-the-heart or by following the QR code. Please send comments/questions about Stories from the Heart to Andrea Vij at realfaithstories@gmail.com.



PADRE EMMANUEL BASSEY

PASTOR ASOCIADO

emmanuel.bassey@sacredheartwdm.org

PERSONAL DEL MINISTERIO**Mónica Meredith, Director del Ministerio Hispano**

monica.meredith@sacredheartwdm.org

José Batres, Formación Familiar

jose.batres@sacredheartwdm.org

MISAS

Domingo 1:00 pm (en español)

RECONCILIACIÓN

Sábado 3:00 pm—4:00 pm

Martes 5:30 pm

HORA SANTA

Martes 8:30 am-7:00 pm

SERVICIO DE SANACIÓN Y BENDICIÓN

Primer Martes



Fecha y hora:
Domingo 8 de junio de 2025
12:00 PM – 3:30 PM

Feria de evaluaciones de salud e información sobre vacunas

- Educación sobre la salud
- Consejos de nutrición y ejercicio
- Información sobre vacunas, incluyendo la prevención del sarampión

Trabajemos juntos para mantener segura y fuerte a nuestra comunidad.

Lugar:

Parroquia del Sagrado Corazón
1627 Grand Avenue
West Des Moines, Iowa 50265



Procesión del Corpus Christi

especial
INVITACIÓN

PARA: Todos los niños que recibieron su ¡Primera Comunión este año!

QUE: Únete a nosotros para dirigir la Procesión del Corpus Christi

CUANDO: Domingo, 22 de junio a las 12:25 pm

DONDE: Iglesia Católica del Sagrado Corazón

Todos los niños que recibieron su Primera Comunión este año! por favor usen sus hermosos vestidos y trajes para la Procesión!

ESTRELLAS DE MARIA

Mujeres en Formación:
Mujeres en Acción.

5 de Junio, Jueves

7 pm – 9 pm

Iglesia de Sacred Heart
Centro parroquial

Estrellas de Maria SH
WhatsApp group



SACRED HEART CATHOLIC CHURCH

WEEK OF JUNE 1, 2025

7

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org

FR. EMMANUEL BASSEY, ASSOCIATE PASTOR

emmanuel.bassey@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon

ed.garza@sacredheartwdm.org

Rev. Mr. Bob Glaser, Deacon

glaserR@diodav.org

(515) 225-6414 Sacred Heart Catholic Church Office (Oficina)

(515) 223-1284 Sacred Heart School (Escuela)

www.sacredheartwdm.org

office@sacredheartwdm.org

www.facebook.com/SacredHeartWDM/



BULLETIN SUBMISSIONS

The weekly submission deadline is 10 am on the
Monday before the weekend bulletin.

Submissions must be print-ready and emailed to

bulletin@sacredheartwdm.org

DAILY MASS

Monday - Friday 8:00 am

WEEKEND MASS SCHEDULE (MISAS)

Saturday 4:30 pm

Sunday 7:30 am, 9:30 am, 11:30 am, 1:00 pm (en Español)

RECONCILIATION (RECONCILIACIÓN)

Saturday 3:00 pm - 4:00 pm

Tuesday 5:30 pm

Gathering Space Reconciliation Room

ADORATION (HORA SANTA)

Tuesday 8:30 am - 7 pm

OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 3:30 pm

Tuesday/martes 7:30am - 3:30 pm

Wednesday/miércoles 7:30 am - 3:30 pm

Thursday/jueves 7:30 am - 3:30 pm

Friday/viernes 7:30 am - noon