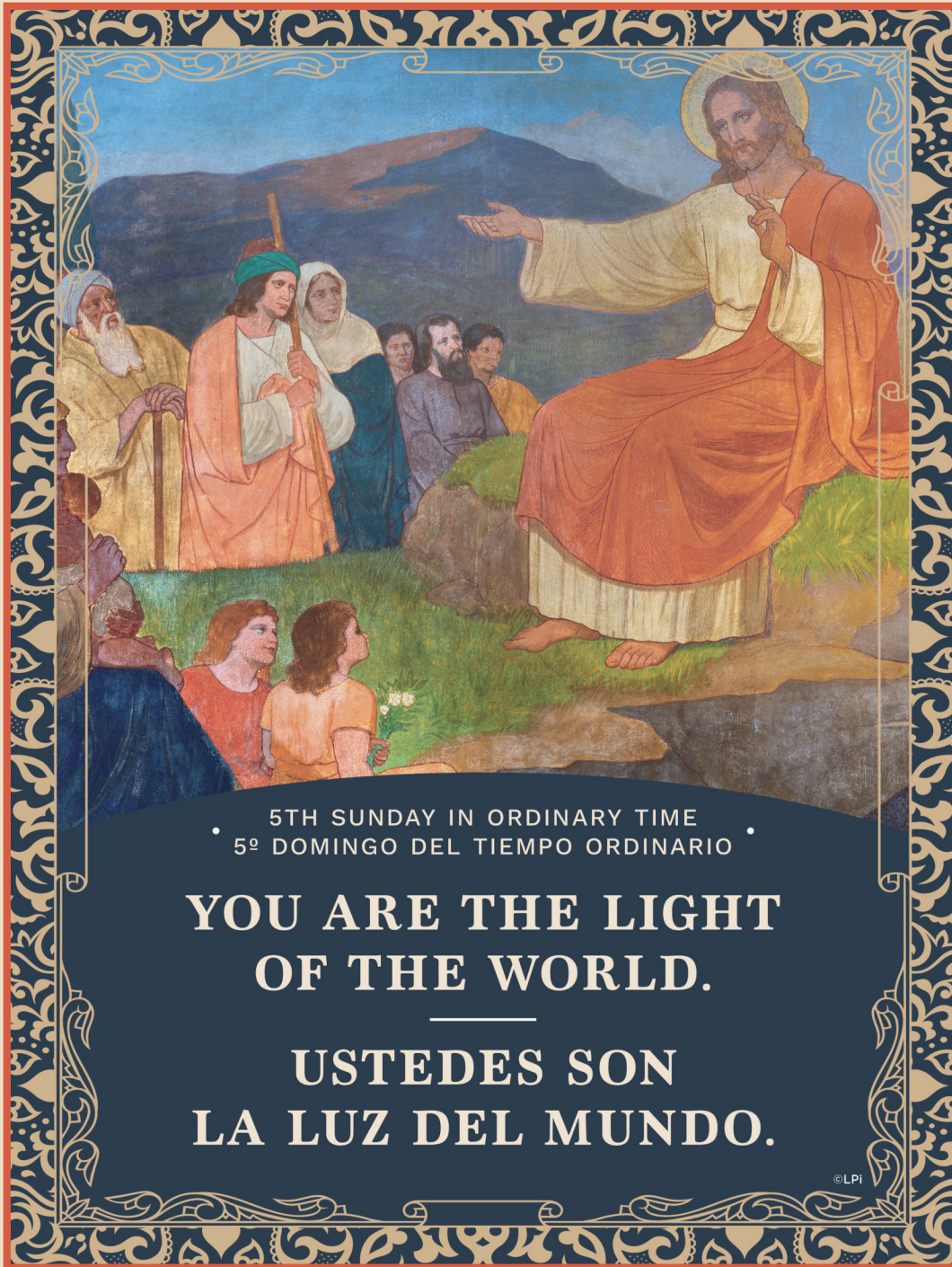


Sacred Heart Catholic



Sagrado Corazón Católico



5TH SUNDAY IN ORDINARY TIME
5º DOMINGO DEL TIEMPO ORDINARIO

**YOU ARE THE LIGHT
OF THE WORLD.**

**USTEDES SON
LA LUZ DEL MUNDO.**

©LPI



Become a member today!
¡Hágase socio hoy mismo!

You can donate online! It's easy!
Puede donar en línea. Es muy fácil.



1627 Grand Avenue
West Des Moines, Iowa 50265

February 8, 2026
8 de Febrero 2026

(515) 225-6414
www.sacredheartwdm.org

Mass Intentions**Saturday, February 7**

3:00 p.m. Reconciliation

4:30 p.m. † Galen Tietz

Sunday, February 8

7:30 a.m. † Rosie Yurgae

9:30 a.m. † George Humphrey

11:30 a.m. † Sacred Heart Parishioners

1:00 p.m. † Animas del Purgatorio (*en Español*)**Monday, February 9**

8:00 a.m. † Elizabeth Olsem

6:00 p.m. Parish Rosary

Tuesday, February 10

8:00 a.m. † Joe Burch Jr.

8:30 a.m. - 7 p.m. Adoration of the Holy Eucharist

5:30 p.m. Reconciliation

Wednesday, February 11

8:00 a.m. † Paula Burch

9:10 a.m. † Gillermo Campos

Thursday, February 12

8 a.m. † Lubavs Family

6 p.m. Devotion to the Sacred Heart

Friday, February 13

8:00 a.m. † Betty Jean Doerfler

Please Pray For/For Favor Ore Por

Zarah Attivi	Kayelynn Menneke
Bob Brackett	Beverly Miller
Mason Brackett	Edna Miranda de Souza
David Butler	Amanda Morris
Erik Cleveland	Tom Munoz, Jr.
Devin Cooper	Toni Murillo
Craig Correy	James Olberding
Carmen Gooding	Joe Olsasky
Ted Gorman	Rachel Ong
Harriet Lee Gulbranson	Julie Peterson
Jenny Elder	Rich Phannenstill
Theo Herrity	Shepherd Platt
Rita Hinners	Linda Ramirez
J Judkins	Dixie Rushing
Diedre Kuhn	Diane Schenkler
Dario Lenarduzzi	Anthony Scavo
Kathy Lenarduzzi	Gage Smith
Sebastian H. Lopez	Duane Sporrer
Jannae Lutter	Annie Mae Swim
Lisa Lutter	Gary Waechter
Veronica Lutter	Jeff Yost
Paul McCarthy	Theresa Yost

If you have a prayer request, please call the office at 515-225-6414 or send an email to office@sacredheartwdm.org. Please include: **'Prayer Request'** in the subject line. Names will be removed after **sixty** days.

*Si tiene una petición de oración, llame a la oficina al 515-225-6414 o envíe un correo electrónico a office@sacredheartwdm.org. Por favor incluya: **"Petición de oración"** en el asunto. Los nombres serán eliminados después de **sesenta** días.*

Our deepest sympathy and prayers for the family of the following.

Mike Nash

Brother of Mary Kay Suckow

2026 Saturday Mass Intentions

We discovered a technical issue that impacted our online Mass intentions calendar, resulting in the loss of Saturday Mass intentions for 2026. If you had a Saturday intention scheduled, we kindly ask you to contact the Sacred Heart Church office at office@sacredheartwdm.org or (515) 225-6414 so we may assist you. We are sorry for the inconvenience and are grateful for your understanding.

PARISH MISSION

WEDNESDAY, MARCH 4 - 6:30PM IN THE SANCTUARY



with Mari Pablo of
The Evangelical Catholic

JESUS AND LENT:

The blessings of
Prayer, Fasting
and Almsgiving



Annual Contribution Statements

Annual contribution statements were sent this past week to all households contributing \$250 or more in 2025. For those who have an email on file, they were electronically sent. Paper statements were sent if we do not have an email on file. If you did not receive a statement and would like one, please call the office and we will send one out. Thank you for your generous support of Sacred Heart Parish and its ministries.

National Marriage Week February 7-14

The USCCB declared February 7-14 as National Marriage Week! Check out ways to strengthen your relationship in the Marriage section of the Parish Library!

St. Vinny's Corner

In the first reading this Sunday, the Lord says to share your bread with the hungry. We have a group of dedicated volunteers that go and pick up food from local Hy-Vee stores that otherwise would be discarded. These items are then taken to area shelters for distribution to the hungry. In December, our volunteers picked up 21.5 carts of food, distributed the items to 15 sites while driving 181 miles in 11.25 hours. We thank our volunteers for sharing food with the hungry! **Are you in need?** Please contact the Parish office and we will contact you.

Knights Updates

Mark your calendars for these upcoming winter events!

Food, Friendship & Fun Night THIS Saturday

This weekend, **Saturday, February 7**, is our first "Food, Friendship & Fun Night" event of 2026. This parish family event begins around 5:30 (following 4:30 Mass) in the parish center with a Pasta dinner, and then onto bingo, a 50/50 raffle, bag toss, and lots more (finished and home by 8:00). This is a parish-wide, freewill-offering, event co-sponsored by the Women's Guild and Knights of Columbus.

Can and Bottle Drive on Saturday, February 14

Save those Super Bowl 5¢ redeemables for our next drive in the church/school parking lot from 9-noon. If **Saturday the 14th** doesn't work into your schedule, drop your items off anytime the Thursday or Friday before in the coned-off area at the west end of the parking lot. Funds go to student and family support at Sacred Heart School.

Pancake Breakfast on Sunday, February 15

Join us for this month's breakfast of hot pancakes, sausages, biscuits, fellowship and more. We'll be serving from **8 am to 11 am** in the parish center. St. Margaret's Ministry's Night To Shine will be the breakfast's beneficiary of the freewill collection.



Night to Shine
TIM TERROW FOUNDATION

★★★★
**They shine.
You make it possible.**
★★★★

Your \$80 donation to Sacred Heart's St. Margaret's Ministry makes this magical evening possible for one guest.

Please donate today:



sacredheartwdm.org/online-giving



"SING TO THE LORD A NEW SONG;
SING TO THE LORD, ALL THE EARTH.
SING TO THE LORD, BLESS HIS NAME;
PROCLAIM HIS SALVATION DAY AFTER DAY."
PS 96:1-2

"SING A NEW SONG"

**A CATHOLIC WORLD PREMIER
CONCERT SERIES**

**THURSDAY, FEB. 12TH
AT 7 PM
SACRED HEART
CATHOLIC CHURCH
WEST DES MOINES**




WHO: The finest local Catholic and professional musicians, 5-6 featured composers, local parish music directors, as well as featured composer: Patrick McGuire

WHAT: FREE choir+string orchestra concert featuring world premiere pieces by renowned local and international composers

WHY: Evangelize the world—starting in our diocese—through beautiful music by commissioning and performing brand new works of sacred music

FEATURED COMPOSER: PATRICK MCGUIRE

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AROUND THE PARISH

WWW.SACREDHEARTWDM.ORG



Wednesday, February 18th
Miércoles 18 de Febrero

8:00 am Mass
9:10 am Mass
12 pm Ash Distribution Service (No Mass)
5:30 pm Mass
7:00 pm Misa en Español



www.sacredheartwdm.org/lent

Nourish for Parents Support Group for Children with Disabilities & Mental Health Challenges

This support group encourages and empowers parents in their caregiver roles offering practical, emotional and spiritual support through faith. The location for this monthly meeting will be at Sacred Heart Parish on **February 14th** from 9:30-11:00. Child care is provided. To register your child/children before each meeting, please visit:

[www.dmdiocese.org/events?](http://www.dmdiocese.org/events?category=Deaf+%26+Disability+Ministry)

category=Deaf+%26+Disability+Ministry

We 'd love you to join us! Please contact Kate McInroy kmcinroy59@gmail.com or Anna Wholey awholey@gmail.com.

Casseroles for Families in Need

Please bring casseroles on **Saturday, February 7th and Sunday, February 8th!** We ask that you drop the casseroles off in the Parish Center freezer after any Mass on Sunday. For recipes and details, please visit our website at:

www.sacredheartwdm.org/family-violence-center-casserole

THE FORGE CONFERENCE

SATURDAY, FEBRUARY 28, 2026
8:30AM-3:30PM | DES MOINES, IOWA

World-Class Speakers

DEEP FORMATION

SACRAMENTAL GRACE

BROTHERHOOD

The FORGE Conference 2026 is an event for any man looking to succeed against the threats of the modern world. This landmark event will empower current and future fathers to flourish in their day-to-day lives. Come to Des Moines for world-class speakers, deep formation, sacramental grace, and brotherhood with 1000+ other men!

Iowa Events Center
730 3rd St, Des Moines, IA 50309

The conference is open to males ages 16 or older.

FOR MORE INFORMATION OR TO REGISTER, VISIT
MYFORGE.ORG/CONFERENCE2026

- Jason Evert**
Author, International Speaker, CEO at Chastity Project
- Dr. Edward Sri**
Vice President - FOCUS, Theologian, Author
- Matthew Breuninger, Ph.D.**
Author, Psychologist, Speaker
- Paul J. Kim**
Speaker, Evangelist, Musician
- John Bishop, Ph.D.**
Executive Director - FORGE, Theologian
- Tim Carney**
Author, Senior Columnist at the Washington Examiner, Senior Fellow at the American Enterprise Institute
- Bishop William Joensen**
Bishop of Des Moines
- Ricky Stanzi**
University of Iowa Quarterback
- Dan Spencer**
Founder, Director - Legacy of Faith

SACRED HEART MEET AND GREET

Come to the Feast

I love a good charcuterie.

When you mix wine, cheese, meats, and other yummy foods, good things happen!

Similarly, when the people of our parish gather and mix, good things happen!

Come and meet other Sacred Heart Parishioners! We provide the wine and massive charcuterie and childcare. You provide your awesome self and a willingness to meet others!

Please RSVP and/or if you want childcare, email Stacy at Stacy.Halbach@Sacredheartwdm.org

Thursday Night, Feb 26th 6pm-8pm
Sacred Heart Parish Center
1627 Grand Avenue
West Des Moines, Iowa 50265

We hope this flyer isn't too cheesy for you.

Lent at Sacred Heart Catholic 2026



Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday on February 18th. It's a period of preparation to celebrate the Lord's Resurrection at Easter on April 5th. During Lent, we seek the Lord in prayer by reading Scripture; we serve by giving alms; and we practice self-control through fasting.

Get Ready for Lent

Saturday, February 14 & Sunday, February 15
Come to Parish Center after 4:30 pm, 9:30 am, 11:30 am, and 1 pm Masses
Free crafts and activities for families! Get activities to do there or take home to help your family with ideas to Fast, Pray, and Give Alms! There's a prize for each kid who visits all three stations!

Cruce: Daily Lenten Meditations

Guided journal and meditation for the Season of Lent. Sign up to reserve a copy.

1% Challenge

Begins February 18th
Commit to pray for 15 min. a day during Lent.
Sign banner in the Gathering Space.

Parish Mission

Wednesday, March 4th
Expect a night of reflection lead by dynamic speaker, Mari Pablo of Evangelical Catholic on March 4th at 6:30 pm in the Sanctuary

Stations of the Cross

Walk the footsteps of Jesus and pray the Stations of the Cross
Fridays During Lent
12:40 pm School Stations
5:30 pm Stations in English
7:00 pm Stations in Spanish*
*Mass in Spanish will follow the 7:00 pm Stations of the Cross

Soup Supper and Communal Reconciliation

Wednesday, March 11th
5 pm - 7 pm Soup Supper - Parish Center
7 pm Communal Reconciliation in the Church

Fish Fry Dinners

Fridays During Lent
Sacred Heart School Gym
5:30 pm - 7 pm
February 20, 27 & March 6, 13, 20, 27

COME TO MASS

Every Weekday 8 am (30 minutes)
Every Saturday 4:30 pm
Every Sunday 7:30 am, 9:30 am (Children's Liturgy & donuts), 11:30 am, 1 pm (in Spanish)

ADDITIONAL LENT MASSES

Wednesday, February 18 - Ash Wednesday 8 am, 9:10 am, 12 pm (Ash Distribution Service/No Mass) 5:30 pm, 7 pm (in Spanish)
Sunday, March 29 - Palm Sunday
Thursday, April 2 - Holy Thursday 7 pm, Adoration after Mass until 12 midnight
Friday, April 3 - Good Friday Service 7 pm
Saturday, April 4 - Easter Vigil 8 pm
Sunday, April 5 - Easter Sunday

CONFESSION (English and Spanish)

Every Tuesday 5:30 pm
Every Saturday 3 pm

ADORATION OF THE HOLY EUCHARIST

Every Tuesday 8:30 am - 7 pm



www.sacredheartwdm.org/lent

PADRE EMMANUEL BASSEY
PASTOR ASOCIADO

emmanuel.bassey@sacredheartwdm.org

PERSONAL DEL MINISTERIO

Mónica Meredith,

Director del Ministerio Hispano

monica.meredith@sacredheartwdm.org

José Batres,

Formación Familiar

jose.batres@sacredheartwdm.org

MISAS

Domingo 1:00 pm (en Español)

RECONCILIACIÓN

Sábado 3:00 pm—4:00 pm

Martes 5:30 pm

HORA SANTA

Martes 8:30 am-7:00 pm

SERVICIO DE SANACIÓN Y BENDICIÓN

Primer Martes



"CANTA UNA NUEVA CANCIÓN" 

**UN CICLO DE CONCIERTOS
 CATÓLICOS DE ESTRENO MUNDIAL**

**JUEVES, 12 DE
 FEBRERO A LAS 7 PM
 IGLESIA CATÓLICA DEL
 SAGRADO CORAZÓN
 WEST DES MOINES**



COMPOSITOR DESTACADO: PATRICK MCGUIRE

QUIÉNES: Los mejores músicos católicos y profesionales locales, 5-6 compositores destacados, directores musicales de parroquias locales, así como el compositor destacado: Patrick McGuire.

QUÉ: Concierto GRATUITO de coro y orquesta de cuerda con piezas estrenadas mundialmente por compositores locales e internacionales de renombre.

POR QUÉ: Evangelizar el mundo - empezando por nuestra diócesis- a través de una música hermosa, encargando e interpretando nuevas obras de música sacra.

MISIÓN PARROQUIAL

MARTES, 3 DE MARZO - 6:30 PM EN EL SANTUARIO



con Mari Pablo de
 The Evangelical Catholic

JESUS Y LA CUARESMA

Las bendiciones de
 la oración, el ayuno
 y la limosna



SACRED HEART CATHOLIC CHURCH

7

WEEK OF FEBRUARY 8, 2026

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org

FR. EMMANUEL BASSEY, ASSOCIATE PASTOR

emmanuel.bassey@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon

ed.garza@sacredheartwdm.org

Rev. Mr. Bob Glaser, Deacon

glaserR@diodav.org

(515) 225-6414 Sacred Heart Catholic Church Office (Oficina)

(515) 223-1284 Sacred Heart School (Escuela)

www.sacredheartwdm.org

office@sacredheartwdm.org

www.facebook.com/SacredHeartWDM/



BULLETIN SUBMISSIONS

The weekly submission deadline is 10 am on the Monday before the weekend bulletin.

Submissions must be print-ready and emailed to

bulletin@sacredheartwdm.org

DAILY MASS

Monday - Friday 8:00 am

WEEKEND MASS SCHEDULE (MISAS)

Saturday 4:30 pm

Sunday 7:30 am, 9:30 am, 11:30 am, 1:00 pm (en Español)

RECONCILIATION (RECONCILIACIÓN)

Saturday 3:00 pm - 4:00 pm

Tuesday 5:30 pm

Gathering Space Reconciliation Room

ADORATION (HORA SANTA)

Tuesday 8:30 am - 7 pm

OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 3:30 pm

Tuesday/martes 7:30am - 3:30 pm

Wednesday/miércoles 7:30 am - 3:30 pm

Thursday/jueves 7:30 am - 3:30 pm

Friday/viernes 7:30 am - noon