

Sacred Heart Catholic



Sagrado Corazón Católico



3RD SUNDAY OF LENT

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

Jesús le dijo: "Si conocieras el don de Dios y quién es el que te pide de beber, tú le pedirías a él, y él te daría agua viva". - Jn 4, 10



Become a member today!
¡Hágase socio hoy mismo!

1627 Grand Avenue
West Des Moines, Iowa 50265

March 8, 2026
8 de Marzo 2026

You can donate online! It's easy!
Puede donar en línea. Es muy fácil.



(515) 225-6414
www.sacredheartwdm.org

Mass Intentions

Saturday, March 7

3:00 p.m. Reconciliation

4:30 p.m. † Don Lang

Sunday, March 8

7:30 a.m. † Bill Hickman

9:30 a.m. † Sacred Heart Parishioners

11:30 a.m. † Rachel Murillo

1:00 p.m. † Animas del Purgatorio (*en Español*)

Monday, March 9

8:00 a.m. † John Mathis

Tuesday, March 10

8:00 a.m. † Mike Murillo

8:30 a.m. - 7 p.m. Adoration of the Holy Eucharist

5:30 p.m. Reconciliation

Wednesday, March 11

8:00 a.m. † Ron Kuhlman

9:10 a.m. † Sue Brody

Thursday, March 12

8 a.m. † Philip Brower

6 p.m. Devotion to the Sacred Heart

Friday, March 13

8:00 a.m. † Marcie Coleman

5:30 p.m. Stations of the Cross

7:00 p.m. Stations of the Cross (*en Español*)

Please Pray For/ Por Favor Ore Por

Zarah Attivi	Kayelynn Menneke
Bob Brackett	Beverly Miller
Mason Brackett	Edna Miranda de Souza
David Butler	Amanda Morris
Erik Cleveland	Tom Munoz, Jr.
Devin Cooper	Toni Murillo
Craig Correy	James Olberding
Jenny Elder	Joe Olsasky
Chris Foster	Rachel Ong
Carmen Gooding	Julie Peterson
Ted Gorman	Rich Phannenstill
Harriet Lee Gulbranson	Melissa Platt
Theo Herrity	Shepherd Platt
Rita Hinnens	Linda Ramirez
Jessica J.	Dixie Rushing
Diedre Kuhn	Diane Schenkler
Larry Lane	Anthony Scavo
Kathy Lenarduzzi	Gage Smith
Sebastian H. Lopez	Duane Sporrer
Jannae Lutter	The Stogner Family
Lisa Lutter	Annie Mae Swim
Veronica Lutter	Gary Waechter
Paul McCarthy	Jeff Yost
	Theresa Yost

If you have a prayer request, please call the office at 515-225-6414 or send an email to office@sacredheartwdm.org. Please include: **'Prayer Request'** in the subject line. Names will be removed after **sixty** days.

*Si tiene una petición de oración, llame a la oficina al 515-225-6414 o envíe un correo electrónico a office@sacredheartwdm.org. Por favor incluya: **"Petición de oración"** en el asunto. Los nombres serán eliminados después de **sesenta** días.*

Our deepest sympathy and prayers for the family of the following.

Michael Guthrie

Brother of Maureen Dempsey

Through the waters of Baptism, we welcome you to the Sacred Heart Catholic family!

Kai Gael Bravo Camacho & Matias Gael Bravo Camacho

Children of Ronald Jose Bravo Valerin & Maria Irene Camacho Montenegro

Robert Warren Hanse

Child of Andrew William Hanse & Alexandria Christine Quinn

Antonio Rubio Victoriano & Montserrat Rubio Victoriano

Children of Antonio Rubio Cervantes & Bonifacia De Rubio Victoriano

2026 ANNUAL
DIOCESAN
APPEAL

Sowing God's Spirit

Cultivating Connections, Encountering Christ, Growing Disciples





12%
FAITH FORMATION & MINISTRIES



12%
CATHOLIC CHARITIES & OTHER CONTRIBUTION



31%
CLERGY CARE & VOCATIONS



9%
WORSHIP, TRIBUNAL & COMMUNICATIONS



7%
CATHOLIC SCHOOLS



29%
PARISH SERVICES & DIOCESAN ADMINISTRATION

\$345,508

Our Parish Goal

YOUR GIFT CREATES ENCOUNTERS
The ADA provides almost 65% of the funding needed to support the parishes and ministries of the Des Moines Diocese



Sacred Heart Blood Drive: Thursday, March 12 Share the Gift of Life!



<https://bit.ly/3NpStMm>

March 12, 2026
2:00 pm - 6:30 pm
Parish Center

We invite you to join us for the Sacred Heart Knights of Columbus Blood Drive on **Thursday, March 12, 2026**.

Our community continues to face a critical need for blood, and time and again our parishioners have answered that call with generosity and compassion. We are deeply grateful for the incredible support shown at past Sacred Heart Blood Drives, which have truly been a blessing to so many.

If you are eligible to donate and feeling well, we ask you to prayerfully consider giving once again. Your donation has the power to save lives and make a meaningful difference in our community. If you are able to donate this year, please use the link to schedule your appointment.

Casseroles for Families in Need

Please bring casseroles on Saturday, March 7th and Sunday, March 8th! We ask that you drop the casseroles off in the Parish Center freezer after any Mass on Sunday. For recipes and details, please visit our website: www.sacredheartwdm.org/family-violence-center-casserole

Knights of Columbus Pancake Breakfast NEXT Sunday, March 15

Join us for this month's breakfast of hot pancakes, sausages, biscuits, fellowship and more next weekend on Sunday, March 15th. We'll be serving from 8 am to 11 am in the parish center.

St. Vinny's Corner

We continue to have people reach out to SVdP for assistance. Most of those that contact us are in crisis due to job loss, personal illness or illness in the family, car troubles, etc. Many families live paycheck to paycheck and when change and hardship occurs, short term help is needed. When our clients call us, we arrange for an in person visit. We pray with them, assess their needs, their plan for the future and how to go forward despite the challenges. There are a lot of resources in our community that can assist those in need. **Are you in need? Please contact St. Vincent de Paul through the Parish office.**

Vacation Bible School: June 8th - 12th!

Registration is now open for Vacation Bible School! Get ready to blaze the trail at this summer's wilderness-themed VBS, where kids will embark on an adventure to discover the Sacraments and how God's grace guides us every step of the journey.



REGISTER:

<https://forms.gle/4jQZxrPXvaoo3Z5M7>



SIGN UP TO VOLUNTEER:

<https://forms.gle/cKXGU7TMmGfyetZg6>

June 8-12, 2026
9:00-11:30 am

TK/Kindergarten - 5th
(26-27 school year)

Sacred Heart School
1601 Grand Avenue
West Des Moines

Registration fee:
\$35 per student.

Financial assistance is available.

Registration deadline:
April 30, 2026

For more information, email vbs@sacredheartwdm.org

Women's Guild Notices

Thank you to everyone who attended our February meeting to hear Stacy Halbach, Assistant Director of Faith Formation at Sacred Heart speak about "Being a faith-filled woman in today's world." If you missed this wonderful presentation, it was recorded & is on the Sacred Heart website under the Women's Guild tab. Also, please be on the lookout for the invitation & plan to attend the Women's Guild & Knights of Columbus annual **St. Patrick's Day dinner** being held on **Monday, March 16th** in the Parish Center. Appetizers & drinks will be served starting at 5:00 pm with a delicious dinner consisting of a traditional corned beef & cabbage dinner & dessert catered by G-Mig's restaurant. Cost of the meal is \$30 & please RSVP to Norton Hatlie when you receive the invitation. The **2026 annual Women's Guild Grant Application** is now available on the church website. If you know of an organization who would benefit from this Grant, please fill the Application out. **DEADLINE IS MARCH 31ST** and can be mailed or emailed to the addresses on the Application, or dropped off in the church office.



SACRED HEART CATHOLIC CHURCH

SOUP SUPPER COMMUNAL RECONCILIATION

CENA DE SOPA RECONCILIACIÓN COMUNITARIA

WEDNESDAY,
MARCH 11TH
MIÉRCOLES,
11 DE MARZO



6 PM - 7 PM SOUP SUPPER
CENA DE SOPA

7 PM COMMUNAL RECONCILIATION
RECONCILIACIÓN COMUNITARIA



www.sacredheartwdm.org/soupsuppercommunalreconciliation

Annual Soup Supper and Communal Reconciliation

On **Wednesday, March 11th**, Sacred Heart will hold our annual delicious Soup Supper in the Parish Center from **6 pm - 7 pm**. Then, we welcome you to attend **Communal Reconciliation in the Church at 7 pm on Wednesday, March 11th**.

Welcome God's grace into your life through the healing power of the Sacrament of Reconciliation. Come for food and stay for forgiveness!

Help to Bring Food and Volunteer for the Soup Supper

We're looking for volunteers to bring a pot of soup to share at our Soup Supper & Communal Reconciliation on **Wednesday, March 11th** at Sacred Heart Catholic Church. Your soup will help create a warm and welcoming evening for our parish family before we gather for Reconciliation at 7 PM.



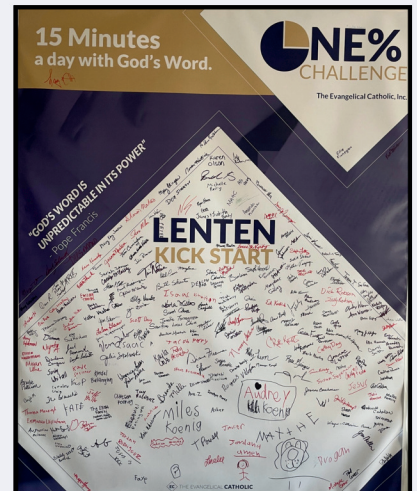
www.signupgenius.com/go/10CoE49A5AA2AA1F58-62366723-communal#/

Take the 1% Challenge this Lent! Sign the Banner in the Gathering Space!



Spend more time with Jesus this Lent.

1% of our day is only 14 minutes and 24 seconds. The 1% Challenge is to spend 1% of our day praying during Lent. Are you up for the challenge? If so, **please sign the banner in the Gathering Space**. For more information, pick up a challenge card at Mass.



THE SACRED HEART KNIGHTS OF COLUMBUS ARE SPONSORING A
CANNED AND DRY FOOD DRIVE DURING LENT

“FORTY CANS FOR LENT”

ALL ITEMS COLLECTED WILL BE DONATED WEEKLY TO THE WEST DES
MOINES HUMAN SERVICES FOOD PANTRY AND THE FAMILIES
FORWARD BIDWELL FOOD PANTRY

Food items may include

Canned Fruit, Canned Vegetables, Canned Soups, Canned & Dry Beans, Vermicelli,
Pasta, Peanut Butter, Canned Tuna, Canned Chicken, Oatmeal/Boxed Cereal, Boxed
Rice, Jelly in a plastic jar, Canned Ravioli, Canned Tomato Sauce/Paste, Instant
Potatoes, Mac and Cheese Boxes



Our Goal is \$500 cash/Venmo donations or 1000 pounds of Food Items

We welcome any cash donations and encourage the use of Venmo
for electronic cash donations. (Pantries can purchase in bulk at
lower cost)

Sacred Heart K of C
@954-9632



The Sacred Heart Knights of Columbus Council # 9632

“Thanks you for your Donations!”



ANNUAL DIOCESAN APPEAL

The ADA provides more than 2/3 of the funding
needed to support the parishes in the Diocese
of Des Moines . Your gift makes a difference !



Scan the QR code or visit
DMDIOCESE.ORG/GIVING

Lent 2026
PRAYER. FASTING. ALMSGIVING.
Cuaresma 2026
ORACIÓN. AYUNO. LIMOSNA.



STATIONS OF THE CROSS

Via Crucis



Fridays during Lent
Viernes de Cuaresma

5:30 pm Stations of the Cross
7:00 pm Via Crucis en Español*

*Seguida Misa en Español



FISH FRY DINNERS

Cenas de pescado frito



Fridays during Lent
February 20, 27 March 6, 13, 20, & 27
5:30 pm - 7 pm

Cost:
\$15/adults;
\$7/children ages 5-12;
free/children age 4 and
under;
\$47/family maximum

Entrees: Baked
and fried fish, fish
tacos and cheese
pizza

Sides: Mac and
cheese, fries,
baked potatoes
and rolls



**PADRE EMMANUEL BASSEY
PASTOR ASOCIADO**

emmanuel.bassey@sacredheartwdm.org

PERSONAL DEL MINISTERIO**Mónica Meredith,****Director del Ministerio Hispano**

monica.meredith@sacredheartwdm.org

José Batres,**Formación Familiar**

jose.batres@sacredheartwdm.org

MISAS

Domingo 1:00 pm (en Español)

RECONCILIACIÓN

Sábado 3:00 pm—4:00 pm

Martes 5:30 pm

HORA SANTA

Martes 8:30 am—7:00 pm

SERVICIO DE SANACIÓN Y BENDICIÓN

Primer Martes

**¡Acepta el reto del 1 % esta Cuaresma!**

El 1 % de nuestro día son solo 14 minutos y 24 segundos. El reto consiste en dedicar el 1 % de nuestro día a rezar durante la Cuaresma. ¿Te animas a aceptar el reto? Si es así, firma el cartel que hay en el espacio de reunión. Para obtener más información, recoge una tarjeta del reto en la misa.

Guisos para familias necesitadas

¡Por favor, traigan guisos el sábado 7 de marzo y el domingo 8 de marzo! Les pedimos que dejen los guisos en el congelador del Centro Parroquial después de cualquier misa del domingo. Para recetas y detalles, por favor visiten nuestro sitio web:

www.sacredheartwdm.org/family-violence-center-casserole

**Campaña de donación de sangre del Sagrado Corazón:
Jueves, 12 de Marzo****¡Comparte el regalo de la vida!**

<https://bit.ly/3NpStMm>

Le invitamos a unirse a nosotros en la campaña de donación de sangre de los Caballeros de Colón del Sagrado Corazón el jueves 12 de marzo de 2026.

Nuestra comunidad sigue enfrentándose a una necesidad crítica de sangre, y una y otra vez nuestros feligreses han respondido a esa llamada con generosidad y compasión. Estamos profundamente agradecidos por el increíble apoyo mostrado en las anteriores campañas de donación de sangre del Sagrado Corazón, que han sido una verdadera bendición para muchos.

Si usted es elegible para donar y se siente bien, le pedimos que considere con espíritu de oración la posibilidad de donar una vez más. Su donación tiene el poder de salvar vidas y marcar una diferencia significativa en nuestra comunidad.

Si puede donar este año, utilice el enlace para programar su cita.

¡Por favor, no se pongan de pie sobre los reclinatorios!

¡Los reclinatorios no están hechos para ponerse de pie sobre ellos! Cuando alguien se pone de pie sobre ellos, especialmente sobre las patas, pueden romperse y necesitar reparaciones costosas. Padres, por favor, ayuden a recordar a los niños: ¡NO se pongan de pie sobre las patas de los reclinatorios! ¡Gracias por ayudarnos a cuidar nuestra hermosa iglesia!

Escuela Bíblica de Verano**Aventuras en la naturaleza: a través de los sacramentos**

Prepárense para abrir camino en la escuela bíblica de verano de este año, cuyo tema es la naturaleza, donde los niños se embarcarán en una aventura para descubrir los sacramentos y cómo la gracia de Dios nos guía en cada paso del camino.

Fechas: del 8 al 12 de junio de 2026.

Horario: de 9:00 a 11:30 a. m.

Lugar: Sacred Heart School, 1601 Grand Ave,
West Des Moines

Grados: TK/Kindergarten-5.º (año escolar 26-27)

Cuota de inscripción: 35 \$ por alumno. Hay ayuda financiera disponible.

Fecha límite de inscripción: 30 de abril de 2026.

ESCANEA PARA INSCRIBIRTE



SACRED HEART CATHOLIC CHURCH

7

WEEK OF MARCH 8, 2026

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org

FR. EMMANUEL BASSEY, ASSOCIATE PASTOR

emmanuel.bassey@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon

ed.garza@sacredheartwdm.org

Rev. Mr. Bob Glaser, Deacon

glaserR@diodav.org

(515) 225-6414 Sacred Heart Catholic Church Office (Oficina)

(515) 223-1284 Sacred Heart School (Escuela)

www.sacredheartwdm.org

office@sacredheartwdm.org

www.facebook.com/SacredHeartWDM/



BULLETIN SUBMISSIONS

The weekly submission deadline is 10 am on the Monday before the weekend bulletin.

Submissions must be print-ready and emailed to

bulletin@sacredheartwdm.org

DAILY MASS

Monday - Friday 8:00 am

WEEKEND MASS SCHEDULE (MISAS)

Saturday 4:30 pm

Sunday 7:30 am, 9:30 am, 11:30 am, 1:00 pm (en Español)

RECONCILIATION (RECONCILIACIÓN)

Saturday 3:00 pm - 4:00 pm

Tuesday 5:30 pm

Gathering Space Reconciliation Room

ADORATION (HORA SANTA)

Tuesday 8:30 am - 7 pm

OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 3:30 pm

Tuesday/martes 7:30am - 3:30 pm

Wednesday/miércoles 7:30 am - 3:30 pm

Thursday/jueves 7:30 am - 3:30 pm

Friday/viernes 7:30 am - noon