

Sacred Heart Catholic



Sagrado Corazón Católico



19th SUNDAY IN ORDINARY TIME

Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. - Mt 14:28-29

19° DOMINGO DEL TIEMPO ORDINARIO

Entonces le dijo Pedro: "Señor, si eres tú, mándame ir a ti caminando sobre el agua". Jesús le contestó: "Ven". Pedro bajó de la barca y comenzó a caminar sobre el agua hacia Jesús. - Mt 14, 28-29

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Become a member today!
¡Hágase socio hoy mismo!

You can donate online! It's easy!
Puede donar en línea. Es muy fácil.



1627 Grand Avenue
West Des Moines, Iowa 50265

August 9, 2026
9 de Agosto 2026

(515) 225-6414
www.sacredheartwdm.org

Saturday, August 8

4:30 p.m. † Tony and Grace Montognese

Sunday, August 9

7:30 a.m. † Ripperger Family

9:30 a.m. † Francine Ryan

11:30 a.m. † Sacred Heart Parishioners

1:00 p.m. † Tom Muñoz (*en Español*)**Monday, August 10**

8:00 a.m. † Karen Hedding

Tuesday, August 11

8:00 a.m. † Julius and Elizabeth Waskosky

11:30 a.m. - 7 p.m. Adoration of the Holy Eucharist

5:30 p.m. Reconciliation

'Due to a funeral, Adoration will begin at 11:30 a.m.'**Wednesday, August 12**

8:00 a.m. † Mike Nash

Thursday, August 13

8:00 a.m. † Gene Clerkin

Friday, August 14

8:00 a.m. † Kayleigh Dawn Marie Ellison

Saturday, August 159:00 a.m. **Feast of the Assumption Mass** † Isabella Tomaszewska11:00 a.m. **Feast of the Assumption Mass** † En Español4:30 p.m. **Sunday Mass** † Peter A. Nielsen

**Through the waters of Baptism,
we welcome you to the Sacred Heart Catholic family!**

Jeremy Emiliano and Eithan Ramon Gomez

Children of: Ramon Gomez Colin and Angeles Jovana Castillo

Jasiel Isaias Martinez Lucas

Child of: Silvestre Constatino Martinez Carmona and Deisi Azusena Lucas Luna

Genevieve Marie Curran

Child of: James Daniel Curran and Mary Jean Curran

Camila Garcia Santoyo

Child of: Omar Garcia Estudillo and Paula Garcia Santoyo

Jose Luis Mondragon Cervantes

Child of: Jose Luis Mondragon Lopez and Rosalva Cervantes Rubio

**Rejoicing with you in your blessed union!
May Christ's peace and love enrich your marriage always!**

**Jose Manuel Lopez Martinez
and Nancy Lopez (Chairez Equivel)**

**Our deepest sympathy and prayers
for the family of the following:**

Antonio Colacino
Parishioner

Margaret (Dodie) Larkin
Parishioner

Bob Murray
Parishioner

Please Pray For/For Favor Ore Por

Zarah Attivi	Tracie Thomas
Andrea Emilia Bernabey	Beverly Miller
Mason Brackett	Rosie Moreno
Carmen Lee Brown	Edna Miranda de Souza
Erik Cleveland	Amanda Morris
Craig Correy	Tom Munoz, Jr.
Matt Deaver	Toni Murillo
Ron Ferden	James Olberding
Chris Foster	Joe Olsasky
Carmen Gooding	Julie Peterson
Ted Gorman	Rich Phannenstill
Harriet Lee Gulbranson	Melissa Platt
Elaine Hageman	Shepherd Platt
Theo Herrity	Linda Ramirez
Rita Hanners	Diane Schenkler
Bill Howard	Anthony Scavo
Kenny Huffaker	Joan Snoberger
Jessica J.	Gage Smith
Judkins Family	Duane Sporrer
Diedre Kuhn	The Stogner Family
Sebastian H. Lopez	Annie Mae Swim
Jannae Lutter	Gary Waechter
Lisa Lutter	Jeff Yost
Veronica Lutter	Theresa Yost
Paul McCarthy	Greg

If you have a prayer request, please call the office at 515-225-6414 or send an email to office@sacredheartwdm.org. Please include: **'Prayer Request'** in the subject line. Names will be removed after **sixty** days.

*Si tiene una petición de oración, llame a la oficina al 515-225-6414 o envíe un correo electrónico a office@sacredheartwdm.org. Por favor incluya: **"Petición de oración"** en el asunto. Los nombres serán eliminados después de **sesenta** días.*

Please pray for Sacred Heart family and friends currently serving in the United States Military:

Brad	Dennis	Adam
John	Chuck	Christopher
Nate	Skylar	Jackson
Ryan	Maren	Fred
Bradyn	Alex	Gabe
Joey	Reid	Marcos
Doug	Kyle	
Henry	Jazziel	

*If you would like to add someone to the list,
please email bulletin@sacredheartwdm.org*



RUN FOR THE ROSES
2026 • SPIRIT OF SHS



SAVE THE DATE
Saturday, November 14, 2026
Ron Pearson Center, West Des Moines

A CATHOLIC CONFERENCE FOR OUR SEARCHING SOULS

CHRIST OUR LIFE HIGH SCHOOL TRACK

WORSHIP. FRIENDS. REAL FAITH.
Young people, this is YOUR moment! Experience amazing music, inspiring speakers and powerful Adoration.

BISHOP JOSEPH ESPAILLAT **CRYSTALINA EVERT** **FATHER DAVID MICHAEL MOSES** **CHRIS STEFANICK** **GABE CASTILLO**

**SATURDAY
SEPTEMBER 26**
12:30PM - 5:45PM

AT THE CASEY'S CENTER

FREE ADMISSION

**SCAN THE QR CODE TO GET YOUR TICKET!!
(AND TO GET YOUR PIZZA!)**



NAWAS INTERNATIONAL TRAVEL

PILGRIMAGE TO PORTUGAL, FRANCE & SPAIN

Featuring Fatima, Lourdes & Barcelona

11 DAYS: FEBRUARY 15 - 25, 2027

Visiting
LISBON * FATIMA * SALAMANCA * AVILA * MADRID
LOURDES * MONTSERRAT * BARCELONA

Hosted by
FR. CHRISTOPHER HARTSHORN
Pastor ~ Sacred Heart Parish

\$4179 PER PERSON FROM ATLANTA
(Air/land tour price is \$3479 plus \$700 government taxes/airline surcharges)



Have you donated to the 2026 Annual Diocesan Appeal (ADA) Yet?

Thank you to the hundreds of Sacred Heart parishioners who have already donated to the 2026 Annual Diocesan Appeal! **We have raised 97% of our goal reaching \$336,575!** Every gift — large or small — helps us move closer to 100% of our \$345,508 goal!

If you haven't yet had the opportunity to make your gift, there's still time. You can go online to donate today at www.dmdiocese.org/giving. We hope that you prayerfully consider giving to support our worthy ministries, both with the Diocese and here at Sacred Heart. A gift to the ADA is truly a gift to Sacred Heart!

Let's finish strong and reach our goal together! Thank you for your generosity, your faith, and your continued support of Sacred Heart!



ROAD CLOSURE: 16th and Grand Avenue

The intersection at 16th and Grand Avenue will be closed until the middle of October. *Thank you for your patience as the city works on this project.*

- You will be able to enter the north (school) parking lot by driving south on 16th from Ashworth.
- You will also be able to enter from Grand Avenue via 14th Street then turning left onto Mountain Avenue.
- The parking lot south of the church will remain open.
- Please do NOT enter the school parking lot through the side driveway on the west side of the campus. This is an exit only drive.

St. Vinny's Corner

Last week, we listed how we help to feed the hungry. We also try to help those in financial trouble. St. Vincent de Paul will meet with people that reach out to us for assistance. We discuss their problems, pray with them and discuss their plans for the future. Often times, we refer people to other agencies for help. In some cases, we are able to assist with a small amount of financial assistance with rent or utility help. Are you in need? Please contact St. Vincent de Paul through the Parish office.

Attention: Faith Formation Families!

Attention all Families! Those who have registered for Family Formation (K-6) will have Family Orientation on August 26th from 6pm-7pm in the school gym. We will go over important information about this year's program! Please arrive 15 minutes early to ensure you get your family's folder! For any questions, contact Stacy Halbach Stacy.halbach@sacredheartwdm.org

¡Atención, familias de la formación en la fe!

¡Atención a todas las familias! Aquellos que se han inscrito en la Formación Familiar (K-6) tendrán la Orientación Familiar el 26 de agosto de 6 p.m. a 7 p.m. en el gimnasio de la escuela. ¡Revisaremos información importante sobre el programa de este año! Por favor, lleguen 15 minutos antes para asegurarse de recibir la carpeta de su familia. Para cualquier pregunta, contacten a Jessica: Jessica.pancho@sacredheartwdm.org.



**GOOD FOOD
GREAT DISCUSSION
ALL ARE WELCOME!**

**REGISTER TODAY AT
SACREDHEARTWDM.ORG**

ALPHA

EXPLORE THE MEANING OF LIFE

"Invite friends and family
who are searching to ALPHA.
Then accompany them through
the 11 life-changing weeks..."
Fr. Chris Hartshorn

Alpha





Help St. Margaret's Ministry Raise Money for Night to Shine

St. Margaret's Ministry is **collecting gift baskets and gift cards for the annual Night to Shine Raffle**, and we'd love your help!

Whether you're a local business, a family, or an individual, gifts of any size or value are greatly appreciated. No donation is too small! Every item helps make this unforgettable event even more special for our Night to Shine guests. For more information, please contact Beth Zavala at Zavala.beth@gmail.com.

- **Donation Deadline: August 20**
- **Drop-Off Location: Sacred Heart Parish Office**

The Night to Shine Raffle will take place August 23 & 24 after all Masses. Thank you for your generosity and for helping create a joyful, memorable experience for so many wonderful people!

New Procedure for Low Gluten Hosts



Sacred Heart Church has begun rolling out a new procedure for distributing low-gluten hosts at communion each Mass. From here on, we'll have an extra Eucharistic minister at the communion

station near our baptismal font at every Mass. If you are gluten-intolerant you may simply approach this communion station and say "low-gluten," and the extra minister will step forward to distribute a low-gluten host. This way, gluten intolerant communicants will no longer have to go to the sacristy before Mass and prepare a pyx for the altar.

If you can consume our normal wheat hosts without any significant issues, we ask that you kindly please refrain from receiving the low-gluten hosts, so that they may always be available to those with a highly sensitive allergy. Thank you!

**ALL WOMEN ARE INVITED TO
ATTEND THE
SACRED HEART WOMEN'S GUILD
FALL FRIENDSHIP NIGHT**

SEPTEMBER 28, 2026
6:00 PM REGISTRATION
6:30 PM MEETING
SACRED HEART PARISH CENTER
FOOD...FUN...FELLOWSHIP

**FROM THE
ALTAR
TO THE
STREETS**

AUGUST — THE HIDDEN WORK OF LOVE

“Love proves itself by deeds.”
— ST. THÉRÈSE OF LISIEUX,
Story of a Soul

Most acts of charity are done in hiddenness. They happen in homes, parishes, classrooms, hospitals, food pantries, and shelters. The Kingdom of God is often built through ordinary faithful acts offer with extraordinary love.

THIS MONTH'S INVITATION:
Perform one *hidden act of charity* this month without seeking recognition.
Let your love be known by what it does, not by who notices.

LEARN MORE
Scan the QR code to learn how you can support Catholic Charities Food Pantry.

RECEIVE CHRIST. BE CHRIST. SERVE CHRIST IN OTHERS.

PADRE EMMANUEL BASSEY**PASTOR ASOCIADO**

emmanuel.bassey@sacredheartwdm.org

PERSONAL DEL MINISTERIO**Mónica Meredith****Director del Ministerio Hispano**

monica.meredith@sacredheartwdm.org

Jessica Pancho**Formación Familiar**

jessica.pancho@sacredheartwdm.org

MISAS

Domingo 1:00 pm (en Español)

RECONCILIACIÓN

Sábado 3:00 pm—4:00 pm

Martes 5:30 pm

HORA SANTA

Martes 8:30 am-7:00 pm

SERVICIO DE SANACIÓN Y BENDICIÓN

Primer Martes

Nuevo procedimiento para las hostias con bajo contenido en gluten

La Iglesia del Sagrado Corazón ha comenzado a poner en marcha un nuevo procedimiento para distribuir hostias con bajo contenido en gluten durante la comunión en cada misa. A partir de ahora, contaremos con un ministro eucarístico adicional en el puesto de comunión situado junto a la pila bautismal en cada misa. Si eres intolerante al gluten, solo tienes que acercarte a este punto de comunión y decir «bajo en gluten», y el ministro adicional se acercará para entregarte una hostia baja en gluten. De esta forma, los comulgantes intolerantes al gluten ya no tendrán que acudir a la sacristía antes de la misa para preparar una píxide para el altar.

Si puedes consumir nuestras hostias normales de trigo sin ningún problema significativo, te pedimos que, por favor, te abstengas de recibir las hostias con bajo contenido en gluten, para que estén siempre disponibles para aquellas personas con una alergia muy sensible. ¡Gracias!

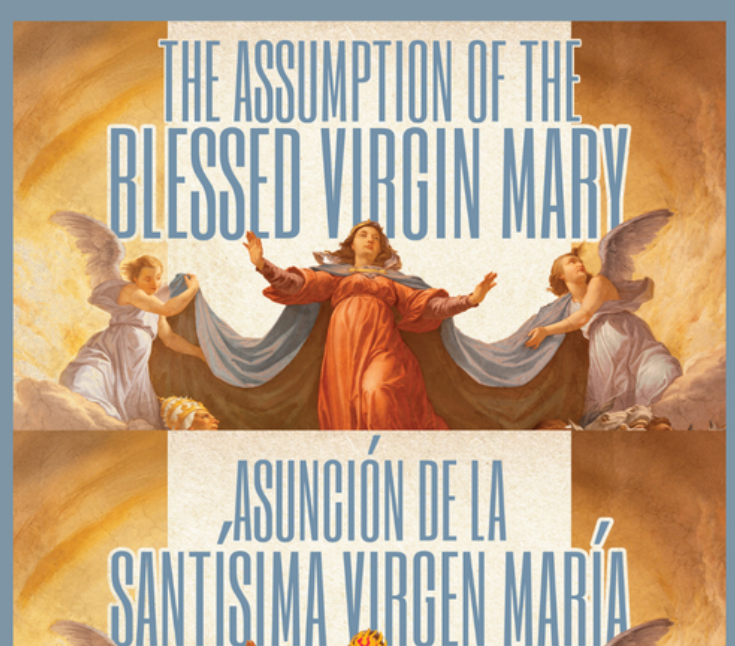
**CIERRE DE CARRETERA:
Calle 16 y Grand Avenue**

ESTA SEMANA se cerrará el cruce de la calle 16 con Grand Avenue hasta mediados de Octubre.



- Podrás acceder al aparcamiento norte (el de la escuela) conduciendo hacia el sur por la calle 16 desde Ashworth.
- También podrá acceder desde Grand Avenue por la calle 14 y girando a la izquierda en Mountain Avenue.
- El aparcamiento situado al sur de la iglesia permanecerá abierto.
- Por favor, NO acceda al aparcamiento de la escuela por el acceso lateral situado en el lado oeste del recinto. Se trata de una vía de salida exclusiva.

Gracias por su paciencia mientras el ayuntamiento lleva a cabo este proyecto.



Saturday, August 15th
Sábado, 15 de Agosto

9 am Mass
11 am Mass (en Español)

*We will also celebrate our regular
4:30 pm Sunday Mass on Saturday, August 15th*

SACRED HEART CATHOLIC CHURCH

WEEK OF AUGUST 9, 2026

7

FR. CHRIS HARTSHORN, PASTOR

chris.hartshorn@sacredheartwdm.org

FR. EMMANUEL BASSEY, ASSOCIATE PASTOR

emmanuel.bassey@sacredheartwdm.org

Rev. Mr. Ed Garza, Deacon

ed.garza@sacredheartwdm.org

Rev. Mr. Bob Glaser, Deacon

glaserR@diodav.org

(515) 225-6414 Sacred Heart Catholic Church Office (Oficina)

(515) 223-1284 Sacred Heart School (Escuela)

www.sacredheartwdm.org

office@sacredheartwdm.org

www.facebook.com/SacredHeartWDM/



BULLETIN SUBMISSIONS

The weekly submission deadline is 10 am on the
Monday before the weekend bulletin.

Submissions must be print-ready and emailed to

bulletin@sacredheartwdm.org

DAILY MASS

Monday - Friday 8:00 am

WEEKEND MASS SCHEDULE (MISAS)

Saturday 4:30 pm

Sunday 7:30 am, 9:30 am, 11:30 am, 1:00 pm (en Español)

RECONCILIATION (RECONCILIACIÓN)

Saturday 3:00 pm - 4:00 pm

Tuesday 5:30 pm

Gathering Space Reconciliation Room

ADORATION (HORA SANTA)

Tuesday 8:30 am - 7 pm

OFFICE HOURS (HORAS DE OFICINA)

Monday/lunes 7:30 am - 3:30 pm

Tuesday/martes 7:30am - 3:30 pm

Wednesday/miércoles 7:30 am - 3:30 pm

Thursday/jueves 7:30 am - 3:30 pm

Friday/viernes 7:30 am - noon