

# 2

## BREATH

CREATED FOR RELATIONSHIP WITH GOD

### OBJECTIVE

To understand that you were created to be in relationship with God and through this relationship, you will find fullness of life.

### DID YOU KNOW?

God created us to know Him. The gift of reason, or intellect, is geared toward that knowledge. As the author of all truth, God would not reveal Himself in a way that is contrary to the gift of right reason, for that would be contradictory to His plan.

**\*\*CCC** stands for the Catechism of the Catholic Church. Catechism means teaching. You can access the CCC for free online by searching “CCC” and the paragraph number. The website is <https://scborromeo2.org/catechism-of-the-catholic-church>

### IMPORTANT INFORMATION

**Always begin in prayer.**

**“O Lord, you have searched me and known me. You know when I sit down and when I rise up; you discern my thoughts from far away. You search out my path and my lying down, and are acquainted with all my ways. Even before a word is on my tongue, O Lord, you know it completely. For it was you who formed my inward parts; you knit me together in my mother’s womb. I praise you, for I am fearfully and wonderfully made.”**

**Psalm 139: 1-4, 13-14**

### LOGIN TO FORMED.ORG

#### 5 EASY STEPS

1. Go to Formed.org
2. Click “Sign Up”
3. Select “I belong to a Parish Organization”
4. Look for Sacred Heart Parish, West Des Moines, IA and hit select
5. Create a free account with your name and email (Save this information for next time you want to watch)

### LESSON



**WATCH VIDEO #1 SYMBOLON THE JOURNEY TRINITY, FAITH AND THE GOD THAT IS LOVE THEN ANSWER THE QUESTIONS ON PAGES 2-3.**



**WATCH VIDEO #2 SYMBOLON DIVINE REVELATION THEN ANSWER THE QUESTIONS ON PAGES 4-6.**

**Please turn this make up lesson into your small group leader and Julie Sokolowski by emailing to [julie.sokolowski@sacredheartwdm.org](mailto:julie.sokolowski@sacredheartwdm.org)**

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**QUESTIONS TO ANSWER FOR VIDEO #1 SYMBOLON "THE JOURNEY: TRINITY, FAITH, & THE GOD WHO IS LOVE"**

**WATCH SEGMENT 1 (4 MIN) AND RESPOND TO THE FOLLOWING QUESTIONS.**

1. Why do you think two of Jesus' disciples didn't recognize Him on the road to Emmaus?

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2. Why would our faith be foolish if Jesus hadn't risen from the dead? (See 1 Corinthians 15: 17-19)

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**WATCH SEGMENT 2 (5 MIN) AND RESPOND TO THE FOLLOWING QUESTIONS.**

3. Why did God make us?

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4. Why do you think God wants you to know that He is not solitary?

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5. How does the love between a husband and wife reflect the inner life of God?

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### SEGMENT 3 (3 MIN)

6. James 2:19 reads: "You believe that God is one: you do well. Even the demons believe and shudder." James is saying that demons believe in God and yet do not have faith. How is faith more than believing?

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7. What difference does knowing that God is love make in your faith? In your life?

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8. What do you think faith looks like? (How does a person who has faith look differently from those who do not have faith?)

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### SEGMENT 4 (3 MIN)

9. How do you respond to God in faith? If you have not yet responded to God in faith, how will you respond to God in faith now?

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### SUMMARY OF THE MAIN POINTS IN THE VIDEO:

- God, who is infinitely perfect and blessed in himself, did not create us to increase his own happiness. He freely chose to create us out of his own love and goodness, so that we could share in his blessed life (CCC 1, 293). \*\*\*SEE NOTE REGARDING THE CATECHISM ON PAGE 1
- We were created by the God who is love and we re made for his love. As St. Augustine says, “Our hearts are restless until they rest in him.” (CCC 27-30).
- At every moment of our lives, God draws near to us, calling us to seek him, to know him and to love him (CCC 1).
- There is only one God (CCC 200-202) but this one God has revealed himself as a communion of three persons: Father, Son and Holy Spirit (CCC 321).
- By sending the Son and the Holy Spirit to us, God has revealed his “inmost secret”- that his very being is a communion of love. As the Catechism teaches, “God himself is an eternal exchange of love, Father, Son and Holy Spirit, and he has destined us to share in that exchange (CCC 221).
- God expresses the one divine nature in three personal ways. As the Catechism teaches, “We worship one God in the Trinity and the Trinity in unity, without either confusing the persons or dividing the substance; for the person of the Father is one, the Son’s is another and the Holy Spirit’s is another; but the Godhead of the Father, Son, and the Holy Spirit is one, their glory equal, their majesty coeternal” (CCC 266).
- Faith is our response to God who has made himself known to us. Faith has two key aspects- on one hand, it is an assent of our minds to all that he has revealed. On the other hand, it is a personal adherence to God in which we entrust our lives to him (CCC 150).

### QUESTIONS TO ANSWER FOR VIDEO #2 SYMBOLON DIVINE REVELATION

#### WATCH THE FIRST SEGMENT (4 MIN) AND WRITE A RESPONSE TO THESE QUESTIONS.

10. There are many people who say they believe in God and that God is love. However, they are hesitant to say that we can know with confidence who God is and what His will is for our lives. Why do think this is so?

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**WATCH THE SECOND SEGMENT (6 MIN) AND WRITE A RESPONSE TO THESE QUESTIONS.**

11. Simply stated, Divine Revelation means “God has spoken truth to us for our salvation,” and the Church understands her mission to safeguard and communicate this revealed truth. How do the “keys of the kingdom” given from Jesus to Peter (Matthew 16:18) demonstrate this mission?

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12. What does it mean that Jesus is the fullness of God’s Revelation of Himself to us?

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13. What are three examples that demonstrate that the Bible alone is not enough?

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**WATCH THE THIRD SEGMENT (4 MIN) AND WRITE A RESPONSE TO THESE QUESTIONS.**

14. What is Sacred Tradition? (See CCC 76)

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15. What three components make up Divine Revelation, our deposit of faith?

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16. What happens if one of these components is removed?

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**WATCH THE FOURTH VIDEO SEGMENT (2 MIN) AND WRITE A RESPONSE TO THIS QUESTION.**

17. Do you accept the God given authority of the Catholic Church?

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18. Jesus is calling you and inviting you to experience life to the full. What do you think that looks like?

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### SUMMARY OF THE MAIN POINTS OF THE VIDEO

- God has chosen to reveal himself and make known to us his loving plan of salvation so that we can know him and love him (CCC 50-52).
- God gradually communicated himself and his will through deeds and words in salvation history culminating in the person of Jesus Christ, the Son of God made man, who is the fullness of Divine Revelation (CCC 53-65).
- The revelation of Jesus Christ was handed on in the Church orally through Sacred Tradition and in writing through Sacred Scripture (CCC 75-79).
- This “Deposit of faith” contained in Sacred Scripture and Tradition was entrusted by the apostles to the teaching office of the Church, called the Magisterium, for its authentic interpretation (CCC 84-85).
- To know and understand God’s revelation, a Christian needs Sacred Tradition, Sacred Scripture, and the Magisterium. Each are so connected in the transmission of Divine Revelation that one cannot stand without the others (CCC 95).

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### REFLECTION QUESTIONS FOR PERSONAL PRAYER

1. Jesus says in the Bible, "Come follow me." Envision Jesus saying that to you right now. How would you respond? What fears or hesitations might you have about following Jesus in your life? Remember that Jesus repeatedly said, "Do not be afraid."
2. As in any relationship, a relationship with God involves conversation. What can you do this week to make more time for prayer- for talking to God- in your life? Choose a time of day that you will reserve for getting to know God better. Set it as an appointment in your calendar with a reminder so that you don't forget. (H.A.B.I.T.S. take time to form).
3. Jesus called those who came to him to believe in him, that they might have life abundant. Not everyone, however, answered the call to follow him. How will you respond?
4. Jesus said, **"I am the way, the truth, and the life. No one comes to the Father except through me"** (John 14:6). Do I really accept Jesus' revelation as the standard of truth for my life, or do I tend to make up my own moral and religious truth? Do I believe that the Gospel of Jesus Christ measures my life, or do I view myself as measuring him, picking and choosing what I want to accept from Christ's teachings and setting aside what I don't want to follow?
5. What can I do this week to allow God's revelation to guide me more in my life – in my moral decisions, in my prayer, in my relationships and in what I consider most important in life? How can I entrust my life more to Jesus and follow God's ways more?

### FAMILY DISCUSSION QUESTIONS

1. What is the biggest take away your teen had from the video "Symbolon: The Journey?"
2. Why do you think God wants to be with us on our journey?
3. How is faith our response to God's invitation?
4. What is the biggest take away your teen had from the video "Symbolon: Divine Revelation?"
5. How is faith more than believing?
6. What are some characteristics of Jesus that you want to emulate?
7. Is it possible to look for Jesus in others? How is this done?

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